

**Designated Doctor Education
Designated Doctor 101 Workshop Agenda
Location: 1601 Congress Avenue, Austin, Texas 78701
January 23, 2026 - 9:00 AM – 5:00 PM**

9:00 AM – 9:30 AM	<u>So You Want to be a Designated Doctor? First Steps for Success!</u>
9:30 AM – 10:00 AM	<u>Designated Doctor Role and Responsibilities</u>
10:00 AM – 10:30 AM	<u>Steps for Success When Examining an Injured Employee (IE)</u>
10:30 AM – 10:45 AM	Break (15 minutes)
10:45 AM – 11:15 AM	<u>Discussion of Forensic Evaluation</u>
11:15 AM – 11:45 AM	<u>Determining the Compensable Injury and Extent of Injury</u>
11:45 AM – 12:15 PM	<u>Maximum Medical Improvement Concepts (MMI)</u>
12:15 PM – 12:45 PM	Working Lunch
12:45 PM – 1:15 PM	<u>Impairment Rating Concepts (IR)</u>
1:15 PM – 1:45 PM	<u>Spine IR</u>
1:45 PM – 2:15 PM	<u>Upper Extremity IR</u>
2:15 PM – 2:45 PM	<u>Lower Extremity IR</u>

2:45 PM – 3:00 PM BREAK – 15 minutes)

Between 3:00 PM and 5:00 PM, attendees will divide into smaller groups and rotate through three separate stations for Spine/Neuro, Upper Extremity, and Lower Extremity.

3:00 PM – 3:40 PM	Discussion and Practical - <u>Spine and Neuro Exam</u>
3:40 PM – 4:20 PM	Discussion and Practical - <u>Upper Extremity Examination</u>
4:20 PM – 5:00 PM	Discussion and Practical - <u>Lower Extremity Exam</u>
5:00 PM	Adjournment