Division of Worker’s Compensation (DWC) Resource Center
Free Safety and Health Publications and DVDs/Video Loans

This page lists DWC’s free safety and health publications alphabetically and includes information about our free training DVDs/videos loans. Each of the publications can be downloaded free of charge from our web site at www.tdi.texas.gov/wc/safety/videoresources/index.html. Materials produced by the DWC Workplace Safety Program may be copied, reproduced, or republished with proper acknowledgment. Customers who do not have Internet access can contact the Resource Center for assistance at (800) 687-7080 toll free or in Austin at (512) 804-4620.

A
• Accident Investigation Safety Training Program*
• Accident Prevention Plan Checklist*
• Accident Prevention Plan for Small Businesses
• Accident Prevention Plan Sample (Word)*
• Aging and Driving Safety Training Program*
• Aging in the Workplace Fact Sheet*
• Agriculture: See Farm/Ranch Safety
• Allergies Questions and Answers*
• Asbestos Safety Training Program*
• Asphalt Safety Training Program*
• Attendance Roster for Safety Meetings*
• Automatic External Defibrillators Fact Sheet*

B
• Back Injury Prevention ESSI*
• Back Injury Prevention Safety Training Program*
• Back Injury Prevention (for Health-Care Industry) Safety Training Program*
• Bicycling Safety Fact Sheet*
• Biosafety Containers Fact Sheet*
• Bloodborne Exposure Control Plan-Self Audit Checklist
• Bloodborne Pathogen Exposure Control Plan Sample OSHA Written Program
• Bloodborne Pathogens Questions and Answers*
• Bloodborne Pathogens Safety Training Program*
• Bomb Threats Safety Training Program*

C
• CO Hazards from Small Gasoline Powered Engines*
• Cement Safety - Safety Training Program*
• Chainsaw Safety Training Program*
• Chemical Safety Fact Sheet*
• Chickenpox Fact Sheet*
• Chlorine Safety – Take 5 for Safety*
• Christmas Tree Safety Fact Sheet*
• Cold Weather Fact Sheet*
• Cold Weather: Frostbite Fact Sheet*
• Common Cold Fact Sheet*
• Compressed Gas Cylinders – Take 5 for Safety*
• Confined Space Safety Training Program*
• Confined Space Sample OSHA Written Program
• Construction Safety Activity Book for Kids
• Construction Safety Inspection Checklist*
• Control of Hazardous Energy Sample OSHA Written Program
• Cotton Dust Fact Sheet*

D
• Defensive Driving ESSI*
• Defensive Driving – Take 5 for Safety*
• Driving and Avoiding Roadway Crashes*
• Driving and Being Prepared Fact Sheet*
• Driving and Being Roadwise Fact Sheet*
• Driving and Merging Collision Prevention Fact Sheet*
• Driving and Using Cellular Phones Safety Training Program*
• Driving and Tailgating Fact Sheet*
• Driving at Work Checklist*
• Driving Distractions Fact Sheet*
• Driving Fatigue Prevention – Take 5 for Safety*
• Driving: Fleet Motor Vehicle Safety Training Program*
• Driving in Highway Construction Zones – Take 5 for Safety*
• Driving in the Fog Fact Sheet*
• Driving in the Rain – Take 5 for Safety*
• Driving in the Winter Fact Sheet*
• Driving: Jump-Starting a Car Battery Fact Sheet*
• Driving: Motorcycle Safety – Safety Training Program*
• Driving: Occupational Driving Safety Program Review Checklist*
• Driving: Occupational Driving Safety Programs – Workplace Program*

*Indicates that publication includes Spanish translation. This document last revised 4/19/18.
• Driving: Road Rage Fact Sheet*
• Driving Safety Tips – Take 5 for Safety*
• Driving: Staying Alert and Fit to Drive Safety Training Program
• Driving: Taxi and Delivery Drivers Safety Training Program*
• Driving: Truck Hijacking Prevention Fact Sheet*
• Driving: Vehicle Backing Fact Sheet*
• Driving: Vehicle Battery Safety – Take 5 for Safety
• Driving: Vehicle Safety Checklist*
• Driving with Anti-Lock Brake Systems Fact Sheet
• Drug-Free Workplace Resource Guide*
• Dump Truck Tipover Prevention Fact Sheet

E
• Electric Kilns Safety Training Program
• Electric Shock – Take 5 for Safety*
• Electrical Safety ESSI*
• Electrical Safety in the Home Activity Book for Kids
• Electrical Safety Training Program*
• Emergency Action Plan – Sample OSHA Written Program
• Emergency Management Fact Sheet*
• Emergency Procedures for Employees with Disabilities in Office Occupations Resource Guide*
• Emergency Response Planning for Hazardous Materials Safety Training Program
• Empty Skids and Pallets – Take 5 for Safety*
• ENG Camera and Live Truck Safety Fact Sheet*
• English-Spanish Dictionary of Occupational Safety & Health Terms (courtesy of Oregon Occupational Safety and Health Division)*
• Ergonomic Solutions: Baggage Handling ESSI*  
• Ergonomics and Food Servers – Take 5 for Safety
• Ergonomics for General Industry Workplace Program*
• Ergonomics in Offices Workplace Program*
• Ergonomics – Take 5 for Safety*
• Ergonomics: Workstation Adjustments
• Español-Ingles Diccionario de Terminos de Seguridad e Higiene en el Trabajo (courtesy of Oregon Occupational Safety and Health Division)*
• Excavation Safety Sample OSHA Written Program
• Excavation Safety Training Program*
• Excavation Safety Workplace Program
• Extension Cord Safety Fact Sheet*
• Eye Injury Prevention Fact Sheet*
• Eye Protection Safety Training Program*
• Eye Protection: Sunglasses Safety Fact Sheet*
• Eyewash Safety Workplace Program*

F
• Facts about SHARP
• Fall Protection for the Construction Industry*
• Fall Protection Sample OSHA Written Program
• Fall Protection Systems – Take 5 for Safety*
• Farm/Ranch Safety: Activity Book for Kids
• Farm/Ranch Safety: Agricultural Hand Signals Safety Training Program*
• Farm/Ranch Safety: Agricultural Machinery Safety ESSI*
• Farm/Ranch Safety: Agriculture and Child Safety – Safety Training Program*
• Farm/Ranch Safety: Animal Safety ESSI*
• Farm/Ranch Safety: Audit Checklist
• Farm/Ranch Safety: Equipment Fact Sheet*
• Farm/Ranch Safety: Equipment Hazards Safety Training Program*
• Farm/Ranch Safety: Livestock Handling Safety Training Program*
• Farm/Ranch Safety: Shop Safety ESSI*
• Farm/Ranch Safety: Tractor Rollover Prevention Safety Training Program*
• Farm/Ranch Safety: Tractor Safety ESSI*
• Farm/Ranch Safety Training Program
• Fault Tree Analysis Safety Training Program*
• Finger, Hand and Wrist Injuries – Take 5 for Safety*
• Fire Extinguishers Safety Training Program*
• Fire Prevention for Small Businesses*
• Fire Prevention Plan Sample OSHA Written Program
• Fire Safety: Flammable Liquids – Take 5 for Safety*
• Fire Safety: Portable Fire Extinguishers Safety Training Program
• Fire Safety Workplace Program*
• Fireworks Safety Fact Sheet*
• First Aid (Basic) ESSI*
• First Aid for Burns – Take 5 for Safety*
• First Aid Kits – Take 5 for Safety*
• First Aid for Severe Bleeding – Take 5 for Safety*
• Flash Flood Alert – Take 5 for Safety*
• Flu Control Measures for Healthcare Facilities Fact Sheet
• Flu Influenza – Take 5 for Safety*
• Fluid Replacement Fact Sheet*
• Foodborne Diseases Fact Sheet*
• Footwear Safety Fact Sheet*
• Forklift Safety – Proper Load Handling – Take 5 for Safety*
• Forklift Safety – Rules of the Road – Take 5 for Safety*

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Gardening & Back Injuries – Take 5 for Safety
Gasoline Safety – Take 5 for Safety
Gastroenteritis Fact Sheet
General Industry Self-Inspection Checklist
Golf Cart Safety Fact Sheet
Golf Cart Safety Training Program
Grain Auger Safety Training Program
Grain Handling Safety Training Program

Hand and Portable Power Tools – Take 5 for Safety
Hand and Power Tools Safety Training Program
Hand Hygiene Fact Sheet
Hand Protection from Chemical Exposure Safety Training Program
Hazard Communication Fact Sheet
Hazard Communication Safety Training Program
Hazard Communication Sample OSHA Written Program
Hazard Communication Workplace Program
Healthcare Facilities and Workplace Violence Prevention Safety Training Program
Healthcare Personnel Occupational HIV Transmission Prevention ESSI
Health Care Providers’ Computer Keyboards and Bacteria Hazards
Healthcare Provider Self Inspection Checklist
Health Recommendations for Relief Workers
Hearing Conservation Sample OSHA Written Program
Hearing Conservation Workplace Program
Hearing Protection Fact Sheet
Heat-Related Injury and Illness Prevention
Heat Stress Safety Training Program
High Rise Building Evacuations: Questions & Answers
Highway Safety Program in the Workplace
Highway Work Zone Safety Training Program
HIV and Its Transmission Fact Sheet
Holiday Safety Tips
House and Building Fires Fact Sheet
Hurricane Preparation Fact Sheet
Hurricane/Tornado Recovery Efforts and Clean-Up Hazards Fact Sheet
Hurry Up Can Hurt – Take 5 for Safety
Hypothermia Fact Sheet

Indoor Air Quality Fact Sheet
Inexperienced Workers Safety Training Program
Influenza Fact Sheet
Insect Bites and Stings Fact Sheet

Job Safety Analysis and Task Training ESSI
Job Safety Analysis Safety Training Program
Job Safety Fact Sheet

Kitchen Safety: Microwave Ovens – Take 5 for Safety
Kitchen Safety: Pressure Cookers/Steamers – Take 5 for Safety
Kitchen Safety Training Program

Ladder Safety – Take 5 for Safety
Landscapers vs. Texas Critters Fact Sheet
Laser Pointer Safety Fact Sheet
Latex Allergy Fact Sheet
Laundering Work Clothes
Lawn Equipment Safety – Take 5 for Safety
Lift Truck Safety – Take 5 for Safety
Lifting Safety – Take 5 for Safety
Lightning – Safety Training Program
Lockout/Tagout Fact Sheet
Lockout/Tagout Safety Training Program
Lockout/Tagout Workplace Program

Machine Guarding – Take 5 for Safety
Management Safety Responsibilities Safety Training Program
Manual Material Handling Workplace Program
MRSA Fact Sheet
MSDS Safety Training Program

Night Blindness – Take 5 for Safety

Office Safety: Paper Shredder Safety Fact Sheet
Office Safety – Take 5 for Safety
OSHA Record Keeping Fact Sheet
OSHA Record Keeping Safety Training Program

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P
- Parking Lot Safety Fact Sheet*
- Peer Review Safety Program
- Personal Protective Equipment Analysis Worksheet*
- Personal Protective Equipment Fact Sheet*
- Personal Protective Equipment Safety Training Program*
- Personal Protective Equipment Workplace Program*
- Pesticide-Exposed Clothing Decontamination – Take 5*
- Pesticide Poisoning Safety Training Program*
- Pesticides: Safe Handling ESSI*
- Pinch Point Safety – Take 5 for Safety*
- Pneumatic Nail Gun Safety Fact Sheet*
- Powered Industrial Trucks – Forklifts Workplace Program
- Preventing Slips and Trips ESSI*
- Protective Clothing ESSI*
- Protective Headgear Safety Training Program*

R
- Railroad Crossing Safety Fact Sheet*
- Respirator Types Safety Training Program*
- Respirator Use ESSI*
- Respiratory Protection Sample OSHA Written Program
- Respiratory Protection Workplace Program*
- Return to Work Program Guide
- Ricin Fact Sheet*
- Rimmed Wheels Safety Training Program*

S
- SARS Fact Sheet*
- Safety Committees Safety Training Program*
- Safety Inspection: General Construction*
- Safety Meetings Safety Training Program*
- Safety Policy Sample OSHA Written Program*
- Safety Supervisor Training – Take 5 for Safety*
- Safety Training Program Development Safety Training Program
- Sawmills and Fall Prevention – Take 5 for Safety*
- Scaffold Safety Checklist*
- Severe Weather Action Planning Safety Training Program*
- Sharps Safety – Take 5 for Safety*
- Shift Workers Safety Training Program*
- Shoulder Injury Fact Sheet*
- Sleeping Restfully Fact Sheet*
- Slips and Falls – Take 5 for Safety*
- Small Business Crime Prevention Guide*
- Smallpox Fact Sheet*
- Stress Reduction Fact Sheet*
- Stroke Prevention Fact Sheet
- Sun Safety – Take 5 for Safety*

T
- Tailgate Toolbox Safety Meetings – Take 5 for Safety*
- Teen Construction Safety – Take 5 for Safety*
- Teen Workplace Safety*
- Teens in the Workplace ESSI*
- Teens Working in Food Service Teen Guide*
- Terrorism Fact Sheet*
- Tornado Safety – Take 5 for Safety*
- Tractor Road Safety Training Program*
- Training Program Descriptions
- Travel Safety Tips Fact Sheet*
- Tree Trimming Safety Tips for Hurricane/Tornado Cleanup Fact Sheet*
- Tuberculosis Fact Sheet*
- Tuberculosis Safety Training Program*

U
- U.S. DOT Drug and Alcohol Testing Safety Training Program

V
- Viral Hepatitis C – Take 5 for Safety*

W
- Waitstaff Health & Safety – Safety Training Program*
- Waterborne Illness Prevention Fact Sheet*
- Welding, Cutting and Brazing Checklist*
- Welding Hazards Workplace Program*
- West Nile Virus Fact Sheet*
- West Nile Virus Mosquito Control
- Whole-Body Vibration Safety Training Program*
- Wood Dust Hazards and Controls – Take 5 for Safety*
- Woodworking Machine – Take 5 for Safety*
- Work Area Safety Checklist*
- Workers’ Health & Safety Programs and Services List*
- Working Outdoors Fact Sheet*
- Working Outdoors: Poison Ivy, Oak and Sumac Fact Sheet*
- Workplace Emergencies Safety Training Program*
- Workplace Emergencies Workplace Program
- Workplace Violence: Preventing Attacks from Known Assailants Workplace Program*
- Workplace Violence Protecting Employees from External Threats Fact Sheet*
- Workplace Wellness Fact Sheet
- Workplace Wellness Strategies Fact Sheet

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Free Safety and Health Training Video Loans
The Resource Center has more than 3,000 training DVDs/videos that can be borrowed at no charge. Visit our web site at [www.tdi.texas.gov/wc/safety/videoresources/avcatalog.html](http://www.tdi.texas.gov/wc/safety/videoresources/avcatalog.html) to view our complete catalog, loan request form, and rules, or contact the Resource Center at (512) 804-4620 for assistance.

*X*  
- X-ray Machine Safety Fact Sheet

*Z*  
- Zero Turn Radius Riding Mower Safety – Take 5 for Safety

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