

Notice of Independent Review Decision
Amended and sent on X

DATE OF REVIEW: X

Date of Amended Decision:X

IRO CASE # X

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:

X.

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

X.

REVIEW OUTCOME

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

- ☒ Upheld (Agree)
☐ Overturned (Disagree)
☐ Partially Overturned (Agree in part/Disagree in part)

**INFORMATION PROVIDED TO THE IRO FOR
REVIEW**

X

PATIENT CLINICAL HISTORY [SUMMARY]:

The patient is a X with reported date of injury X. To my understanding of the reports the injury involved X. X has had an x-ray that reported X and an MRI that showed X. Of note there is report in the notes of an X MRI from X prior to this injury that also showed X. Also, per the notes from X, PA-C, the patient was already limited for X right knee when X sustained this new injury. According to the last office visit note the patient was experiencing continued anterior knee pain and swelling that was worse with flexion and weight bearing activities, particularly stairs. X has had a X. Exam demonstrated X, X over the X. X has a report of a PT evaluation but no further PT notes or reports of results available. In the notes it states that X had a X. The current request is for a X.

**CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED
TO SUPPORT THE DECISION.**

Per ODG references, the requested "X is not medically necessary.

This request has been denied X. The ODG recommendation is for X. It has only been a little less than X months since the injury so this X has not been met. Outside of the X had, X. Also, it seems

that the patient has been treated since at least X. I agree with the prior decisions that the X should not be certified due mainly to the X

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- ☐ ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE KNOWLEDGE BASE
- ☐ AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
- ☐ DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
- ☐ EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
- ☐ INTERQUAL CRITERIA
- ☐ MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
- ☐ MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
- ☐ MILLIMAN CARE GUIDELINES
- ☒ ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
- ☐ PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
- ☐ TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

- ☐ TMF SCREENING CRITERIA MANUAL
- ☐ PEER REVIEWED NATIONALLY ACCEPTED
MEDICAL LITERATURE (PROVIDE A
DESCRIPTION)
- ☐ OTHER EVIDENCE BASED, SCIENTIFICALLY
VALID, OUTCOME FOCUSED GUIDELINES