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Notice of Independent Review Decision

IRO Reviewer Report

X

IRO Case #: X

Description of the service to in dispute: X.

A description of the qualifications for each physician or other health care provider who reviewed the decision: X

Review Outcome: Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld

Information Provided to IRO for Review:

X

Patient Clinical History [Summary]:

All of the listed records were reviewed.

The member is a X individual who sustained an injury on X. The mechanism of injury was not described.

The member was diagnosed with a displaced fracture of the proximal phalanx of the left ring finger, for fracture with routine healing; a displaced fracture of the proximal phalanx of the left little finger, fracture with routine healing; and status post left hand tenolysis (X).

The member previously underwent left hand middle, ring, and small finger proximal X and recently had a X for flexor tendon tenolysis. The member presents with pain, impaired range of motion, decreased strength, and functional limitations in the left hand.

Upheld

The Analysis and explanation of the decision include clinical basis, findings, and conclusions used to support the decision. In this case, the member sustained an injury on X. The member previously underwent left hand middle, ring, and small finger proximal X. The member presents with pain, impaired range of motion, decreased strength, and functional limitations in the left hand. However, the number of sessions being requested greatly exceeds the medical guidelines and evidence-based medicine. Furthermore, no actual records from the treating provider have been submitted to review, including the operative report, clinic notes, etc., to explain the rationale for the X. Medical necessity cannot be established. Based on the submitted records, the requested X is not medically necessary.

A description, and the source of the screening criteria or other clinical basis used to make the decision:

ODG by MCG