

**Maximus Federal Services, Inc.  
807 S. Jackson Road., Suite B  
Pharr, TX 78577  
Tel: 956-588-2900 ♦ Fax: 1-877-380-6702**

---

**Notice of Independent Medical Review Decision**

**Reviewer's Report**

**DATE OF REVIEW: X**

**IRO CASE #: X**

**DESCRIPTION OF THE SERVICE OR SERVICES  
IN DISPUTE**

X.

**A DESCRIPTION OF THE QUALIFICATIONS FOR  
EACH PHYSICIAN OR OTHER HEALTH CARE  
PROVIDER WHO REVIEWED THE DECISION**

X

**REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld (Agree)

Overturned (Disagree)

Partially Overturned (Agree in part/Disagree in part)

## **INFORMATION PROVIDED TO THE IRO FOR REVIEW**

1. X

### **PATIENT CLINICAL HISTORY [SUMMARY]:**

This case concerns a X who sustained a work-related injury on X. The member was subsequently diagnosed with complex regional pain syndrome (CRPS) in the left upper extremity. X has undergone X. The member rated X pain as a X to X out of X in the left upper extremity and has suffered psychiatric complications, such as depression. A X was ordered to assess for the spread of CRPS into the central nervous system and to evaluate for

any central nervous system pathology that may be exacerbating the member's condition.

**ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.**

The American College of Occupational and Environmental Medicine (ACOEM) guidelines often address the necessity of X based on clinical symptoms and the potential impact of findings on treatment. The Maximus physician consultant explained that in the case of CRPS, ACOEM emphasizes the need for X.

The Maximus physician consultant noted that InterQual criteria provide detailed guidelines for medical necessity determinations, including when X. According to InterQual, X is typically indicated when there is a high suspicion of nerve damage or structural pathology, particularly if symptoms persist despite conservative management.

Official Disability Guidelines & Treatment Guidelines (ODG) guidelines recommend X for certain types of pain syndromes, particularly when there is evidence of neurological impairment and when the X results could guide further treatment decisions. The Maximus physician

consultant indicated that an X could be considered appropriate if there is concern about the spread or extension of CRPS into the central nervous system or for evaluation of potential spinal pathology.

The Maximus physician consultant explained that based on these guidelines, X may be considered medically necessary to rule out any structural pathology or central nervous system involvement that could contribute to or exacerbate the symptoms of CRPS. The Maximus physician consultant indicated that this member's history, the persistence of X symptoms and the need for an accurate diagnosis to guide treatment support the medical necessity of this X . Therefore, I have determined that X is medically necessary for treatment of this member's condition.

---

**A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:**

**ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE**

**AHRQ-AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES**

**DWC- DIVISION OF WORKERS  
COMPENSATION POLICIES OR GUIDELINES**

**EUROPEAN GUIDELINES FOR  
MANAGEMENT OF CHRONIC LOW BACK  
PAIN**

**INTERQUAL CRITERIA**

**MEDICAL JUDGEMENT, CLINICAL  
EXPERIENCE AND EXPERTISE IN  
ACCORDANCE WITH ACCEPTED MEDICAL  
STANDARDS**

**MERCY CENTER CONSENSUS  
CONFERENCE GUIDELINES**

**MILLIMAN CARE GUIDELINES**

**ODG- OFFICIAL DISABILITY  
GUIDELINES & TREATMENT GUIDELINES**

**PRESSLEY REED, THE MEDICAL  
DISABILITY ADVISOR**

**TEXAS GUIDELINES FOR  
CHIROPRACTIC QUALITY ASSURANCE &  
PRACTICE PARAMETERS**

**TMF SCREENING CRITERIA MANUAL**

**PEER REVIEWED NATIONALLY  
ACCEPTED MEDICAL LITERATURE  
(PROVIDE A DESCRIPTION):**

**OTHER EVIDENCE BASED,  
SCIENTIFICALLY VALID, OUTCOME  
FOCUSED GUIDELINES (PROVIDE A  
DESCRIPTION)**