

MedHealth Review, Inc. 422 Panther Peak Drive Midlothian, TX 76065 Ph 972-921-9094 Fax (972) 827-3707

### Amended Report X Notice of Independent Review Decision

# DATE NOTICE SENT TO ALL PARTIES: X

## IRO CASE #: X

#### DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE X

### A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION X.

### **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld

(Agree)

 $\boxtimes$  Overturned (Disagree)

Partially Overturne part)

Partially Overturned (Agree in part/Disagree in

INFORMATION PROVIDED TO THE IRO FOR REVIEW

### PATIENT CLINICAL HISTORY [SUMMARY]:

X is a X who is X. X has a history of low back pain beginning on X after a work-related injury. X has had multiple treatments including X: X. The pain has had a significant impact upon ADLs such as: bending/lifting, sitting, and sleeping. Nothing has provided significant sustainable relief. The severity of pain on VAS ranges between X and X.

X had an MRI performed on X at X. The MRI demonstrated moderate X. As such, X chronic low back pain is coming from the X.

#### ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION. X

Per evidence-based guidelines, and the records submitted, this request is medically reasonable and necessary. Though the requested procedure is novel, the literature reviewed shows it to be a reasonable and effective treatment modality for the patient. Based on the attached CMS National Coverage Policy, criteria for use include: pain for greater than X months, failed treatments greater than X months, and MRI demonstrating X. Therefore, this request for an X.is medically reasonable and necessary.

#### A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF	
<b>OCCUPATIONAL &amp;</b>	ENVIRONMENTAL
MEDICINE UM KNOWLEDGEBASE	

AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

INTERQUAL CRITERIA

MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS

MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

MILLIMAN CARE GUIDELINES

ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

TMF SCREENING CRITERIA MANUAL

PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)