

**Independent Review Organization (IRO)  
Notice of Decision Template WC Physio**

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**Notice of Independent Review Decision**

**IRO**

**Reviewer**

**Report X**

**IRO Case number: X X**

**Description of the services in dispute**

X.

**Description of the qualifications for each physician or health care provider who reviewed the decision**

X.

**Review outcome**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld

(Agr

ee)

Overturned

(Disagree)

Partially Overturned (Agree in part/Disagree in part)

**Information provided to the IRO for review**

X

## **Patient clinical history**

The claimant is a X who sustained an injury on X. Prior to the date of injury, the claimant had a X. The claimant was involved in a motor vehicle accident on the date of the injury which caused lower back and right leg pain. The claimant was initially placed on X with reported relief. The claimant X. The claimant reported no relief with X. The claimant reported X. The X lumbar MRI report detailed the X. A X was noted at X. There was X noted at X. At X, there was X noted contributing to X. The X lumbar radiograph report noted X. The X measured X. The X evaluation noted X. The X psychological consult detailed X.

## **Analysis and explanation of the decision, including clinical basis, findings, and conclusions used to support the decision**

The proposed surgery at X and X was denied by utilization review as a pre-operative psychological consult was not completed.

In review of the clinical records, the claimant has continued to describe lower back and right leg pain despite X. The claimant did have X completed in X. However, the claimant did have a X. Radiographs did not detail any evidence of X. Review of the last clinical evaluation detailed X. Therefore, these findings would not support proceeding with the proposed request for X per ODG treatment guideline recommendations for the low back as imaging did not X. There would be no requirement for a X request is not indicated. Therefore, it is this reviewer's opinion that medical necessity for the X is not established, and the previous denials are upheld.

## Description and source of the screening criteria or other clinical basis used to make the decision

- ACOEM - American College of Occupational and Environmental Medicine
- Um Knowledgebase AHRQ - Agency for Healthcare Research and Quality Guidelines

- DWC- Division of Workers Compensation Policies or Guidelines
- European Guidelines for Management of Chronic Low Back Pain InterQual Criteria

- Medical Judgment, Clinical Experience, and Expertise in Accordance with Accepted Medical Standards Mercy Center Consensus Conference Guidelines
- Milliman Care Guidelines

- ODG - Official Disability Guidelines & Treatment Guidelines Presley Reed, The Medical Disability Advisor

- Texas Guidelines for Chiropractic Quality
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Assurance & Practice Parameters TMF

Screening Criteria Manual

Peer Reviewed Nationally Accepted Medical Literature (Provide A Description)

- Other Evidence Based, Scientifically Valid, Outcome Focused Guidelines (Provide A Description)