

**True Resolutions Inc.**  
***Notice of Independent Review Decision***

Case Number X

Date of Notice: X: Amendment X

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**True Resolutions Inc.**  
**An Independent Review Organization**  
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***Notice of Independent Review Decision***  
***Amendment x***

**IRO REVIEWER REPORT**

**Date:** X: Amendment X

**IRO CASE #:** X

**DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:** X

**A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:** X

**REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

- Overturned                      Disagree
- Partially Overturned    Agree in part/Disagree in part
- Upheld                              Agree

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### **INFORMATION PROVIDED TO THE IRO FOR REVIEW:**

X

#### **PATIENT CLINICAL HISTORY [SUMMARY]:**

X who was injured on X. Per a utilization review adverse determination letter dated X and a peer review report dated X, the request for X was denied by X, MD as not medically necessary. Rationale: "The records provided indicate that the requested injections are intended to be both diagnostic and therapeutic; however X are not recommended by the ODG as such X have not been shown to provide significant long-term benefit. There is X. Finally, the most recent record from X does not address whether clinical exam findings consistent with X. Based on the information provided, the request is not shown to be supported by the mentioned guidelines. Therefore, X is not medically necessary. "Per a reconsideration review adverse determination letter dated X and peer review report dated X by X, DO, the request for X was denied as not medically necessary. Rationale: "In this case, the claimant has ongoing radicular complaints and findings on examination with X. The X showed corresponding X. X is a contraindication to doing X as per ODG so this request is not supported. Therefore, a X is not medically necessary Thoroughly reviewed provided documentation - which only included peer reviews. As mentioned in peer reviews, patient with X. Proceeding to perform X is not medically necessary, and non certified

#### **ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:**

As mentioned in peer reviews, patient with X. Proceeding to perform X. X is not medically necessary and non certified

Upheld

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### **A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:**

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
- AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
- INTERQUAL CRITERIA
- MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
- MILLIMAN CARE GUIDELINES
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
- OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)
- PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)
- PRESLEY REED, THE MEDICAL DISABILITY ADVISOR
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
- TMF SCREENING CRITERIA MANUAL