

MedHealth Review, Inc. 422 Panther Peak Drive Midlothian, TX 76065 Ph 972-921-9094 Fax (972) 827-3707

Notice of Independent Review Decision

SENT TO: Texas Department of Insurance
Managed Care Quality Assurance Office
(MCQA) MC 103-5A Via E-mail
lRODecisions@tdi.texas.gov

DATE NOTICE SENT TO ALL PARTIES: >	X
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IRO CASE #: X

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

REVIEW OUTCOME

Upon independent review the reviewer finds that the
previous adverse determination/adverse determinations
should be:

Upheld	(Agree)
○ Overturned	(Disagree)

Partially Overturned	(Agree in part/Disagree in part)
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INFORMATION PROVIDED TO THE IRO FOR REVIEW

X PATIENT CLINICAL HISTORY [SUMMARY]:

This is a X who sustained an industrial injury on X and is seeking authorization for X. A review of the medical records indicates that the injured worker is undergoing treatment for X. X-rays of the cervical spine dated X have X.

X-rays of the cervical spine dated X have impressions of X. MRI of the cervical spine dated X has findings of X.

MRI of the cervical spine dated X has findings of X.

X-rays of the cervical spine dated X have findings of X. CT Myelography of the cervical spine dated X has findings of X. Previous treatment has included X, Previous surgeries included X.

Office visit dated X has the injured worker with sharp neck pain that radiates to the left upper extremity from the elbow to the hand. X has weakness on the left upper extremity. X is in physical therapy. The pain is rated at X. The examination and treatment plan are not clearly documented. Office visit dated X has the injured worker with a history of neck pain. The exam reveals decreased X. There is decreased X. There is X. X is X. The treatment plan included X. Office visit dated X has the injured worker X. The exam reveals he appears to be in discomfort. There is X. There is a limited X. The treatment plan included updated imaging including X.

Office visit dated X has the injured worker questioning if the X. X has pain that radiates into X upper extremities. The exam reveals a limited X. X are X. The treatment plan included a X. Office visit dated X has the injured worker noting some X.) X presented to the X last night and received a X. The treatment plan included X. Office visit dated X has the injured worker being X. The X continues to be beneficial for X low back and leg pain, however X continues to have right occipital, right shoulder, and radiating pain to the right biceps. The pain is electrical, burning, and shocking sensation. The treatment plan included a X. Office visit dated X has the injured worker with neck and upper extremity pain. X has a history of X. The exam reveals a pain level of X in the arm. The treatment plan included starting X.

Office visit dated X has the injured worker with persistent neck and back pain. The exam reveals a X. X are X. The treatment plan included right-sided X. Office Visit dated X has the injured worker with sharp neck pain. The pain radiates to the right shoulder with shocking pain at times. X wishes to consider surgical intervention, and this was discussed. The utilization review dated X non-certified the requested X. The rationale stated that while the claimant had X. A prior request for this procedure was non-certified on X for the same rationale.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION. As per ODG, "(X)X"

This is a X sustained an industrial injury on X, is seeking authorization for X. X presented on X with persistent neck and back pain. The exam reveals a X. X are X. X has X on

X. The current examinations do not X. However, the provided diagnostic imaging studies including the X.

Therefore, the X is medically reasonable and necessary based on ODG guidelines.

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

TEXAS GUIDELINES FOR CHIROPRACTIC
QUALITY ASSURANCE & PRACTICE PARAMETERS
TMF SCREENING CRITERIA MANUAL
PEER REVIEWED NATIONALLY ACCEPTED
MEDICAL LITERATURE (PROVIDE A DESCRIPTION)
OTHER EVIDENCE BASED, SCIENTIFICALLY
VALID, OUTCOME
FOCUSED GUIDELINES (PROVIDE A
DESCRIPTION)