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#

### Notice of Independent Review Decision

**DATE OF REVIEW:** X

IRO CASE NO. X

### DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE X

# A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

#### **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld (Agree) X

Overturned (Disagree)

Partially Overturned (Agree in part/Disagree in part)

### INFORMATION PROVIDED TO THE IRO FOR REVIEW X

### PATIENT CLINICAL HISTORY SUMMARY

This is a X who sustained a work related injury in X, when X was

injured in an MVA. X on X. X had X post op physical therapy sessions. Peer Reviewer documented patient has completed X total post op PT visits which exceed X sessions supported by ODG. Dr. X most current note from X states X is doing X. Physical examination showed X. The patient does not feel X is capable of full duty work due to continued X. Plan is for X. Dr. X note indicates... "I have ordered an X. If this shows X still has X. I will see X back after that X has been performed".

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION

Opinion: I AGREE with the benefit company's decision to deny the requested service.

**Rationale:** This review pertains to the need for X. ODG cited was for X. Number of X visits completed, to date, is at the over the minimum limit. There is no documentation about why the patient has had difficulty progressing in the expected fashion and why additional X.

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION (continuation)

would produce different results than the previous X. There is not enough information to disagree with the benefit company's decision to deny the requested service.

I would agree that a re-evaluation of this request would be indicated after the X has been completed; the requested service of X, is not medically necessary for the patient at this time.

## DESCRIPTION AND SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION

ACOEM-AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGE BASE

AHCPR-AGENCY FOR HEALTH CARE RESEARCH & QUALITY GUIDELINES

DWC-DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

INTERQUAL CRITERIA

MEDICAL JUDGEMENT, CLINICAL EXPERIENCE & EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS X

MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

MILLIMAN CARE GUIDELINES

## ODG-OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES $\underline{X}$

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

#### TMF SCREENING CRITERIA MANUAL

## PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE DESCRIPTION)