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## **Notice of Independent Review Decision**

## $\frac{\text{DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE}{X}$

#### A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION X

## **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

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The reviewer agrees with the previous adverse determination regarding the medical necessity of: X

# INFORMATION PROVIDED TO THE IRO FOR REVIEW X

## PATIENT CLINICAL HISTORY [SUMMARY]:

This X sustained an X on X, and is seeking authorization for X. A review of the medical records indicates that the X is undergoing treatment for X. Past medical history was X for X. Past X history was X for X.

Conservative treatment has included X.

X of the X dated X has impressions of: the study is degraded by X; however, there appears to be a X of the X without X of the X; X throughout the X. X changes are seen at the X, there are X at the X from prior X, currently there is X throughout the X; X is X, X of the X which is X and X, difficult to evaluation due to the X, however likely represents X without X, X is X, X is not well seen; X is X, no X is seen, no X is seen, no X are noted, no X is seen.

Progress report dated X has injured worker with X. X cannot X. X has a history of X. Exam reveals X. X is X with X. The X is noted to feel X during X. Treatment plan included X. Progress report dated X has injured worker with X. X is in X with X; however, X describes X. Exam of the X reveals X. X is X with X. The X is noted to feel X during X. Treatment plan included X.

Utilization review dated X non-certified the request for X. Denial rational states the claimant had X previous X. Physical exam findings revealed X. However, the claimant did not have subjective findings of X. Furthermore, the claimant has had X and guidelines recommend only having X. Furthermore, X findings revealed X. Guidelines recommend X for claimants with X. In addition, the claimant is X and has X of X. Because the adverse determination for X has been X, an adverse determination for any associated X is also X.

Progress report dated X has injured worker with X that X with X and X. Exam of the X reveals X. X is X with X. The X is noted to feel X during X. Treatment plan included X.

### ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

In Regards to the requested X:

As per ODG, "<u>X</u>: Results of X are X to those of X. While X may be achieved in most patients, selection criteria should include patients with X. (X) (X) Although X had similar short-term outcomes with X, by X was X."

This X sustained an X on X, is seeking authorization for X and X, and is undergoing treatment for X. X initially presented with X. X could not X. X has a history of X and X on X, and, a X procedure including X. On X, Exam reveals X. X is X with X. The X is noted to feel X during X. X dated X notes X appearance of the X which is X and X, difficult to evaluation due to the X, however likely represents a X.

The claimant is X, in addition to X (as X procedures.) X documents X of the X. Provided documentation demonstrates subjective and objective X that are corroborated by imaging studies. X and X of X modalities has been documented.

However, the considered procedures do not meet applicable clinical guidelines. Exceptional indications and/or rationale are not evident. Rationale for this reviewer's opinions includes as follows:

The claimant has X without X (unlike prior presentations.) X has not been detailed. The claimant has had X in X. However, applicable clinical guidelines specifically support potential for X post only X prior X procedure. X revealed X appearance of the X, supporting the plausibility of a X of X. Guidelines do not support another X (including X) in cases of X. In addition, X include X. These place the claimant at X, and which do not appear to have been discussed in detail. Overall, therefore; the X is not medically reasonable and necessary. In regards to the requested X:

As per ODG, "The X keeps the X in X that takes X. X for X and X may X to the X but are not used for X."

The requested X is not supported. Therefore, the request for X is also not medically reasonable and necessary.

### A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE

AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

INTERQUAL CRITERIA

MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS

MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

MILLIMAN CARE GUIDELINES

ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

**TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY** ASSURANCE & PRACTICE PARAMETERS

TMF SCREENING CRITERIA MANUAL

**DEER REVIEWED NATIONALLY ACCEPTED MEDICAL** LITERATURE (PROVIDE A DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME

FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)