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Notice of Independent Review Decision

Review Outcome

Description of the service or services in dispute:

Description of the qualifications for each physician or other health care provider who reviewed the decision:

Board Certified X

Upon Independent review, the reviewer finds that the previous adverse determination / adverse determinations should be:

X

Information Provided to the IRO for Review X

Patient Clinical History (Summary)

X is a X who sustained work-related injury on X while X. The diagnoses included X.

X was seen in a X on X with X, PT / X, PTA for the X. X attended X from X through X. X reported that X continued to X. On examination, X revealed X. X tests revealed X.

Treatment to date included X.

Per peer review by X, MD on X, the request for X was non-certified. Rationale: "According to X progress note X, there was documentation of the injured worker having a history of X that involved X. The injured worker reportedly continued to X. Objective findings included X, and no other objective X were listed. There was mention of X. Plan was to continue X. However, the injured worker has had X, which already exceeds the guideline criteria for the X and X being requested would be further in excess of the guidelines. There was also no documentation detailing why the injured worker could not X. Therefore, this request is non-authorized."

Per reconsideration review by X, MD on X, the request for X was non-certified. Rationale: "Based on the examination, the injured worker has X. X is not medically necessary."

Analysis and Explanation of the Decision include Clinical Basis, Findings and Conclusions used to support the decision.

The ODG recommends up to X following X. The provided documentation indicates the worker X. As of X, they had X, but some X. There is no reported inability to address X in a X. Based on available information, X are not medically necessary.

A description and the source of the screening criteria or other clinical basis used to make the decision:

	ACOEM-America College of Occupational and Environmental Medicine
	AHRQ-Agency for Healthcare Research and Quality Guidelines
	DWC-Division of Workers Compensation Policies and Guidelines
	European Guidelines for Management of Chronic Low Back Pain
	Interqual Criteria
✓	Medical Judgment, Clinical Experience, and expertise in accordance with accepted medical standards

	Mercy Center Consensus Conference Guidelines
	Milliman Care Guidelines
✓	ODG-Official Disability Guidelines and Treatment Guidelines
	Pressley Reed, the Medical Disability Advisor
	Texas Guidelines for Chiropractic Quality Assurance and Practice Parameters
	TMF Screening Criteria Manual
	Peer Reviewed Nationally Accepted Medical Literature (Provide a description)
	Other evidence based, scientifically valid, outcome focused guidelines (Provide a description)