

**Core 400 LLC**  
**An Independent Review Organization**  
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***Review Outcome***

***Description of the service or services in dispute:***

X

***Description of the qualifications for each physician or other health care provider who reviewed the decision:***

X

***Upon Independent review, the reviewer finds that the previous adverse determination / adverse determinations should be:***

X

***Information Provided to the IRO for Review***

X

***Patient Clinical History (Summary)***

X is a X who was injured on X. X was X when X. The diagnosis was X.

X was evaluated by X, MD on X for complaints of X. X was X for X. X was able to X for X. The pain level was X at the time. Pain level at the X was X, and X was X. The X was described as X. "X." X had been denied on appeal. Examination noted X since the prior office visit. There was pain in X. Examination on X again noted X in the X since the prior office visit. X was noted with X. There was X, and X on X.

An X of the X dated X. No X was seen. At X, there was X. At X, there was X. X was seen without X. At X, there was X. No X was seen.

Treatment to date was X including X.

Per a utilization review adverse determination letter dated X, the request for X was denied by X, MD as not medically necessary. Rationale: Per ODG, Diagnostic X for X was "Recommended prior to considering X. Not recommended in X." There were no documented X to support an exception to the guidelines. X were not shown to be medically necessary.

Per a reconsideration review adverse determination letter dated X, the request for X was denied by X MD. Rationale: "The patient has X after X. The patient reports X with X. X are not recommended in X. There are no documented extenuating circumstances to support an exception to the guidelines. The request is not medically necessary."

***Analysis and Explanation of the Decision include Clinical Basis, Findings and Conclusions used to support the decision.***

Based on the clinical information provided, the request for X is not recommended as medically necessary, and the previous denials are upheld. There is insufficient information to support a change in determination, and the previous non-certifications are upheld. The Official Disability Guidelines note that the X is not recommended for X. Pain due to X is X in the X, where there is X due to X. X of X also presents a X, where recommendation for diagnostic or therapeutic purposes has been precluded by a X. Therefore, medical necessity is not established in accordance with current evidence based guidelines.

***A description and the source of the screening criteria or other clinical basis used to make the decision:***

- ACOEM-America College of Occupational and Environmental Medicine
- AHRQ-Agency for Healthcare Research and Quality Guidelines
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- DWC-Division of Workers Compensation Policies and Guidelines
- European Guidelines for Management of Chronic Low Back Pain
- Interqual Criteria
- Medical Judgment, Clinical Experience, and expertise in accordance with accepted medical standards

- Mercy Center Consensus Conference Guidelines
- Milliman Care Guidelines
- ODG-Official Disability Guidelines and Treatment Guidelines
- Pressley Reed, the Medical Disability Advisor
- Texas Guidelines for Chiropractic Quality Assurance and Practice Parameters
- TMF Screening Criteria Manual
- Peer Reviewed Nationally Accepted Medical Literature (Provide a description)
- Other evidence based, scientifically valid, outcome focused guidelines (Provide a description)