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# Notice of Independent Review Decision

## **DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE**

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# A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHERHEALTH CARE PROVIDER WHO REVIEWED THE DECISION

Physician, Board Certified in X

### **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

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# **INFORMATION PROVIDED TO THE IRO FOR REVIEW**

# X <u>PATIENT CLINICAL HISTORY [SUMMARY]:</u>

This patient is a X who sustained a X. X evaluation demonstrated X as well as X. X included X and X. The patient ultimately X. A X for the X was recommended as part of the X.

### ANALYSIS AND EXPLANATION OF THE DECISION

## INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

As it pertains to the use for the X, Official Disability Guidelines (ODG) state that X is not recommended, adding that while there is limited evidence supporting the X use of this treatment following X, it has not been shown to be X. A brief review of the medical literature is in keeping with ODG recommendations. One study investigated the X and reported on the results of a X. This study concluded that no clinically significant differences were determined. Earlier studies concluded that X or the X and recommended that attention be turned elsewhere to delineate how X and how it might be applied. Both the ODG and current peer-reviewed medical literature provide no support for the requested treatment.

Therefore, I have determined that authorization and coverage for X is not medically necessary for treatment of this patient's condition.

#### A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- □ ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
- □ AHRQ-AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

□ DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

□ EUROPEAN GUIDELINES FOR MANAGEMENT OF

#### CHRONIC LOW BACKPAIN

#### □ INTERQUAL CRITERIA

- □ MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE INACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
- □ MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

□ MILLIMAN CARE GUIDELINES

☑ ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

□ PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

- □ TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
- □ TMF SCREENING CRITERIA MANUAL
- ➢ PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION):
- □ OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOMEFOCUSED GUIDELINES (PROVIDE A DESCRIPTION)