



MedHealth Review, Inc.  
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## Notice of Independent Review Decision

### **DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE**

X

### **A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION**

The reviewer is a Medical Doctor who is board certified in X.

### **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

X

The reviewer agrees with the previous adverse determination regarding the prospective medical necessity of X.

### **INFORMATION PROVIDED TO THE IRO FOR REVIEW**

X

### **PATIENT CLINICAL HISTORY [SUMMARY]:**

This X sustained an injury on X. Review of documentation notes the injured worker is X. X dated X has injured worker undergoing a X to include X; and X. X of the X dated X have X, X. Progress report dated X has injured worker presenting with X of the X. X is now X. Exam reveals X, X along the X

which is X. There is evidence of X. There is X. X of the X. X are noted to show some X. X notes the X. At some X may be considered.

Procedure report dated X has injured worker presenting for X to the X. X dated X has the injured worker following up regarding X. X has been a X which was treated X. X has since been having X. Pain has been on a X. X has tried X to include X, X, X, as well as X. X has had X. X pain X and X. Exam reveals X. There is X. X has X noted X. X is X. X are noted to show X, X, X. Treatment plan included X.

Utilization review dated X has non-certified the requested X. Rationale states there were X findings documented for the X. There were X documented in this visit. There was X documented as the guidelines indicate that X.

Utilization review dated X for the appeal of the requested X was non-certified. Rationale states the presented findings were insufficient to support the current request for X. There was no documentation of X and X. Also, there was X noted that revealed advanced, X. Furthermore, X is not over X. X were not identified. Progress report dated X has injured worker presenting with X. X is known to have X. X is on X. Exam reveals X. Evidence of X is present. X is noted. X was provided with a X on this date. Treatment plan is again for X.

**ANALYSIS AND EXPLANATION OF THE DECISION**  
**INCLUDE CLINICAL BASIS, FINDINGS AND**  
**CONCLUSIONS USED TO SUPPORT THE DECISION.**

The Official Disability Guidelines state criteria for X as: X: (a) X. X should be delayed at least X due to the X. X: (a) X (d) Documentation of current significant X. PLUS 3. Objective Clinical Findings: (a) X (b) X, X. X is not supported but may be otherwise indicated for X) PLUS 4. Imaging Clinical

Findings: X in at X compartments, as well as X with medial or X OR X are noted).

In this case, this X sustained an injury on X and is undergoing treatment for X. X presented with X. Exam reveals X. X is present. X is noted. X is noted to have X. However, detailed documentation is X. X is noted from X, and most recent X does not have results documented. X is noted to have X. However, the X are not provided that X this. It is noted on exams. However, the X report of the images is not provided. Furthermore, X is noted to have had X; however, X were not noted. Guidelines do not support the procedure with X, as there are X for X.

Overall, there is X presented or extenuating circumstances noted to support the medical necessity of this request as an exception to guidelines. Therefore, the request for X is not medically reasonable or necessary.

**A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:**

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE**
- AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES**
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES**
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN**

- INTERQUAL CRITERIA**
- MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS**
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES**
- MILLIMAN CARE GUIDELINES**
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES**
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR**
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS**
- TMF SCREENING CRITERIA MANUAL**
- PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)**
- OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)**