# IRO Express Inc. An Independent Review Organization 2131 N. Collins, #433409 Arlington, TX 76011

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#### **DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:** X

## A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION: X

#### **REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

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#### INFORMATION PROVIDED TO THE IRO FOR REVIEW:

Χ

#### **PATIENT CLINICAL HISTORY [SUMMARY]:**

X who X. X and the X. The diagnoses included X and X. A X on X was X. Following the X was X by Dr. X. It was documented that that X had X. Following evaluation, recommendations were made for X. Instructions were given for a X. X were X. On X, Dr. X of the X. On X, Dr. X performed: X. X was seen by X, NP on X for X. X of X and X. X was noted in the X, and X. X rated the pain X. The X were X. The X or X. X and X. X had a X. The X. X revealed X – X and X - X. X was X and X. X was X. X revealed X. X was X from X and X. A X was X. An X demonstrated X and X and X and X. There were X and X. There was X and X. There was X. Treatment to date included X and X

and X. Per a peer review by X MD on X, the request for X was non-certified. Rationale: "The requested X is not medically necessary. Per the ODG, X. This X is based on an X. X is X. In this case, the X and X and X. The documentation notes that the X, there is X. Therefore, the requested X is not medically necessary." Per a peer review by X, MD on X, the request for X was non-certified. Rationale: "The Official Disability Guidelines X. X may be X. The benefit from a X. X, a X is not medically necessary at the time. The request should be non-authorized. Thus, the requested X is not medically necessary. Per a peer review by X, MD on X, the request for X was non-certified. Rationale: "The X. There is a request for a X. The documentation X. The injured worker's X, this request is not medically necessary."

### ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Given the current clinical data, the request for X is not recommended as medically necessary. There is X to X and the previous non-certifications are upheld. There is X at the requested level on the X. X notes X. The patient X. Office visit note dated X. There is X and X.

Therefore, medical necessity is not established in accordance with current evidence based guidelines.

### A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

| ☐ ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE                  |
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| ☐ AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES  |
| ☐ DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES                                       |
| $\hfill\square$ European Guidelines for management of Chronic Low back pain                          |
| ☐ INTERQUAL CRITERIA   |
| ☑ MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS |
| ☐ MERCY CENTER CONSENSUS CONFERENCE GUIDELINES   |
| ☐ MILLIMAN CARE GUIDELINES   |
| ☑ ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES   |
| ☐ OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)     |
| $\square$ PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE ADDESCRIPTION)               |
| $\square$ PRESLEY REED, THE MEDICAL DISABILITY ADVISOR   |
| ☐ TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS                          |
| ☐ TMF SCREENING CRITERIA MANUAL  |