

## Notice of Independent Review Decision

## AMENDED REPORT

# DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:

Х

#### A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:

The reviewer is a Medical Doctor who is board certified in X

### **REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Х

The reviewer agrees with the previous adverse determination regarding the prospective medical necessity of: X

## INFORMATION PROVIDED TO THE IRO FOR REVIEW: $\boldsymbol{X}$

### PATIENT CLINICAL HISTORY [SUMMARY]:

This is a X who sustained an X. A review of the medical records indicates that the injured worker is undergoing treatment for X, X; X with X.

X of the X dated X had impressions of: X.

Progress report dated X has injured worker with complaints of X and X. X also reports X and X. X underwent an X and X. X notes X has X. The pain is X. The X into the X, X, X, and into X. Exam of the X reveals X. X is X. X, X, X, X; and X. Pain is reproduced with X. X is X. Treatment plan includes X and X with follow-up.

Progress report dated X notes X presents with X that X. The pain is described as a X. X rates the current pain level as X. X states that X include X and X. Pain is X. X advised X pain has gotten X. Exam reveals X, X, and X which X previously did not have. X is X on the X, X and X. X and X. X is X. Assessed diagnoses include X with X and X. Treatment plan included X and follow-up.

Progress report dated X notes X presents for management of X resulting from a X. X continues to X in X and X. X is being seen for X. X states X and X. The pain is X. X is a current, X. Exam revealed X and X of X. There is X noted in the X and X. X is X on the X. X is X on X. The pain is X in the X. X is X. Treatment plan included continued X, X, X, and follow-up.

X of the X dated X has findings of: X changes of X and X, there does appear to be X and X; there is X just X the X, this is present on X, may represent X but again X, there is X and X.

Progress report dated X has X in the X. It X to the X. It then X. X has a X. The X. X now presents with X. The X. Pain at the present X. Pain quality is X, X, and X. X is noted to have X, X. X included X, X, X. Exam reveals X. X to X. Pain

reproduced with X. X is X on the X. Assessed diagnosis is X, X. Plan is for X and X.

Utilization Review dated X did not support the request for X and X and below additional level; X. Rationale noted that the histories are X and X detailed and they don't support a diagnosis of a X or the need for the requested X. In the most recent exam on X there were X of a X. Exam dated X notes X is a current X. X should be documented prior to X and this was not done. The X of X should be provided to document the X at each X. It was not provided.

Letter of Medical Necessity dated X notes the injured worker was evaluated on X by Dr. X, X with X into X. X reports X is X than X. X had a X that required a X that helped X tremendously. A X was completed at X on X and it was reviewed by Dr. X. Imaging shows X. There is X at X and X and X. X has tried and X. It was recommended, by Dr. X, that X undergo a X and X. X has X. It is well documented in the research literature of X after previous X. If X should continue to have X after the X, then X would be a candidate for X.

Progress report dated X has injured worker being seen for management of X. X continues to X in X and X. X states X and X. X has followed up with X, Dr. X, and has been recommended to proceed with X. X is working on X. Exam revealed X and X. There is X noted in the X and X. X on the X. X on X. The pain is reproduced with X. X is X on the X. X, X, X and X. X reports X and X. X is X. Treatment plan included X, X, and follow-up.

Utilization Review dated X is an Appeal Request Denial. Rationale notes the available records did not address the previous reviewer's concerns in regards to: "The histories are X and insufficiently detailed and they don't support a diagnosis of a X or the need for the requested X. Dr. X saw the claimant on X with X. There is no mention of the X or which X were involved. Neither a X would cause pain X or X. Dr. X saw the claimant on X with X. 'It mostly X. It then X.' In this history, there is no mention of pain in the X and it is not clear if the X is involved. Dr. X stated X had no more details and the claimant clearly had X. There must be detailed history to support a diagnosis of X pain in a X. This was not provided." The claimant's current symptoms reported were X as it pertained to the X. No X were noted on the current X. The claimant's X noted X and X that would support a X at these X. Given these issues which do not meet guideline recommendations, certification for the X request is not given. Due to the X not being supported, the X are non-certified.

Progress report dated X has X with complaints of X and X. X had a X in the X. This is a X pain. The pain starts on the X, X and to the X. It X. X has X and X of X which occurred prior to X, but X with this X. Since this initial set of events, the X has X. X pain has X. X now has X of the X and is X. X at the X or X. X is X due to X, not due to any X. X needs to do some X, but is unable to do so because of X. X is not X getting on the X and knows that, in addition to the X, it will X. X is a current X. X is X, and X. Exam notes that since X was first evaluated, X has now developed X, X. The X and X and X. The remainder of the X are X. X has no objective X. X and X for a X. X of X is X. There is X. There is pain produced with X. X is X on the X. Treatment plan includes X and X.

Progress report dated X has injured worker being seen for X. X continues to X and X. X states X through the X and X. X has followed up with X, Dr. X, and has been recommended to proceed with X. X is working on X. Exam revealed X, X, X noted on the X, X. Treatment plan includes X and follow-up.

#### ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

This X sustained an X on X and is undergoing treatment for X, X; X. X presented with complaints of pain that starts in the X and X, X. X had a X in the X and did very well with that X. This is a more recent pain. The pain starts on the X and to the X. It stops at that X. X has X and X of X hand which occurred prior to X, but has not changed with this X. Since this initial set of events, the X. X pain has X. X now has X and is X. X cannot X or X. X is X due to X, not due to any X or X. Exam notes that since X was first evaluated, X has now developed X, X and X. The X and X are X and X is X. The remainder of the X are X. X has no X to X. X are X and X for X. X of X is X. There is X. There is pain produced with X. X on the X. X demonstrated X on the X, X: X with X, X. X is noted to have X and X.

However, X is documented to be a current, every day X. Detailed documentation is not evident regarding attempts at X for at X. Guidelines do not support X procedures due to X, without documentation of X. There is no compelling rationale presented or X noted to support the medical necessity of this request as an exception to guidelines. Therefore, the request for X and X and X; X is not medically necessary. This request is not indicated at this time as the X itself is not supported. Therefore, the request for X and X is not medically necessary. A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
MEDICAL JUDGEMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

<b>TEXAS GUIDELINES FOR CHIROPRACTIC</b> QUALITY ASSURANCE & PRACTICE PARAMETERS	
	TMF SCREENING CRITERIA MANUAL

Definition PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)