Health Decisions, Inc. 1900 Wickham Drive Burleson, TX 76028 P 972-800-0641 F 888-349-9735

#### IRO REVIEWER REPORT

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**IRO CASE #:** X

### **DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:**

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## A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:

This is a licensed physician with over X years of experience in X.

#### **REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

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Provide a description of the review outcome that clearly states whether **medical necessity exists** for **each** of the health care services in dispute.

### **PATIENT CLINICAL HISTORY [SUMMARY]:**

- X: Progress Note by X, MD. X symptoms X. X is still using X. X has been X. X has
- X. Assessment/Plan: 1.X. 2.X. 3.X. 4.X. X's X. I'm in order some X. If X, I may

consider X.

X: UR performed by X, MD. Rationale for Denial: The claimant presented to Dr. X with complaints of X. It was noted there was X. The claimant has X. There is X. Additionally, there is X. Therefore, medical necessity has not been established.

X: Appeal Letter by X, MD. X is still X. X presents with X. As of X, per X notes patient is at X.

X: X Re-Eval by X, PT. Total visits: X. # of X visits authorized: X. # of authorized visits used: X. X within X except as noted: X. X. Goal: X has reached X of X goal at this visit. X Assessment: Overall Progress: As expected. Pt performed X. X. Pt still X. Response to current treatment: The patient X. Treatment Progression: X per treatment plan.

X: Progress Note by X, MD. X has improved a little since last visit. X completed therapy today, X continues to use X ERMI machine three times a day which helps. X current pain level is a X. X Exam: X:X. X X has also improved from previous. Plan: X developed rather X. X underwent a X. Since then we've been doing X. X continues to make progress. I think another X. I think this will X. The only other treatment option would be X.

X: UR performed by X, MD. Rationale for Denial: Per ODG, "While this X. In this situation, it could be considered on a case-by-case basis for an X." In this case, the claimant has X. There has X. Therefore, another X is not medically appropriate.

# ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Determination: Denial of an additional X is UPHELD/AGREED UPON since the request exceeds ODG recommended time frame for use and clinically after more than X. This request is not medically necessary at this time.

## A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

|                           | ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL            |
|---------------------------|--|
| MEDICINE UM KNOWLEDGEBASE |  |
|                           | AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES          |
|                           | DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES       |
|                           | EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN        |
|                           | INTERQUAL CRITERIA   |
|                           | MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE |
| WI                        | TH ACCEPTED MEDICAL STANDARDS                                      |
|                           | MERCY CENTER CONSENSUS CONFERENCE GUIDELINES                       |
|                           | MILLIMAN CARE GUIDELINES   |
|                           | ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES         |
|                           | PRESLEY REED, THE MEDICAL DISABILITY ADVISOR                       |
|                           | TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE     |
| PARAMETERS                |  |
|                           | TMF SCREENING CRITERIA MANUAL                                      |
|                           | PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A    |
| DESCRIPTION)              |  |
|                           | OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED        |
| GU                        | IDELINES (PROVIDE A DESCRIPTION)                                   |