



MedHealth Review, Inc.  
422 Panther Peak Drive  
Midlothian, TX 76065  
Ph 972-921-9094  
Fax (972) 827-3707

**DATE NOTICE SENT TO ALL PARTIES:** X

**IRO CASE #:** X

**DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE**

X

**A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION**

The reviewer is a Medical Doctor who is board certified in X.

**REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

X

**INFORMATION PROVIDED TO THE IRO FOR REVIEW**

Records were received and reviewed from the following parties: X

**PATIENT CLINICAL HISTORY [SUMMARY]:**

Patient is a X who sustained an X when X. The MRI of the X. X examination on X. X level was X. It felt X. The X was described as X. On examination, X. X in X. Per exam on X,

patient complained of X. The X level was X. The X felt like X. The X made X. There were no X. There were no X. Prior treatments included X. Treatment X. The current request is for X.

**ANALYSIS AND EXPLANATION OF THE DECISION**  
**INCLUDE CLINICAL BASIS, FINDINGS AND**  
**CONCLUSIONS USED TO SUPPORT THE DECISION.**

Per X, the patient criteria for X:

- (1) X must be well documented, along with X findings on X examination. X must be X. A request for the procedure in a patient with X requires additional documentation of recent X.
- (2) X to X.

X for use of X:

*Note: The purpose of X is to X. There is no evidence that X alone offer any X.*

- (1) X should be X. X guidance is not recommended.
- (2) X: At the time of initial use of an X should be administered. A X is not recommended if there is X.

Approval of a X documentation of the response to X. There should be an X. This recommendation only applies to the X.

- (3) *Repeat X*: Repeat X are not routinely recommended unless there is evidence of an X. This X is based on an X. Evidence indicates that X should be restricted to patients with X. Therefore, the following criteria should be considered:

- (i) Repeat X.
- (ii) Repeat X is better supported with documentation of X.

- (iii) Based on X.

- (4) Best evidence does not support routine use of X. No more X.

- (5) No more than X levels should be X.

- (6) No more than X level should be X.

- (7) The X is recommended X. Research is available on X.

- (8) Administering X on the same day as other X.
- (9) X and X should not be administered on the same day to avoid X.
- (10) X is not generally recommended. When required for X.
- (11) X is not a stand-alone procedure. There should be evidence of active X. This can include a X.

Per X is recommended as a short-term treatment for X. In the case, the patient complained of X. Treatment plan included X. However, X were not evident to justify this request. There were no objective findings of recent symptom worsening associated with X. Moreover, guidelines further stated that this treatment should be administered in X with X, which was not specified in the medical records to justify this request. Per evidence-based guidelines, and the records submitted, this request is not medically necessary at this time.

**A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:**

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE**
- AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES**
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES**
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN**

- INTERQUAL CRITERIA**
- MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS**
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES**
- MILLIMAN CARE GUIDELINES**
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES**
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR**
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS**
- TMF SCREENING CRITERIA MANUAL**
- PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)**
- OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)**