Vanguard MedReview, Inc. 101 Ranch Hand Lane Aledo, TX 76008 P 817-751-1632 F 817-632-2619

#### IRO REVIEWER REPORT

X

**IRO CASE #:** X

### **DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:**

X

### A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:

This case was reviewed by a Board-Certified Doctor of X

#### **REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be: X

Provide a description of the review outcome that clearly states whether medical necessity exists for each of the health care services in dispute.

### PATIENT CLINICAL HISTORY [SUMMARY]:

X: MRI X without X by X, MD. **Impression:** Some X with X and X. Some X with X and X.

X with X by X, MD. **Preoperative Diagnosis:** 1. X **Procedure performed:** X guided, contrast X.

X: MRI X by X, MD. Impression: Multilevel X. X also X. X with X.

X: Report by X, MD. **Preoperative diagnosis:** 1. X. **Procedure performed:** X of the X.

X: Operative Report by X, MD. **Preoperative diagnosis:** 1. X. **Procedure Performed:** X of the X.

X: Office Visit by X, MD. **HPI:** This is a X who presents with X. Patient presents for follow up after the X. X states the X.

X interpreted by X, MD. Impression: 1. X produces a X. 3. No significant X.

X: Office Visit by X, MD. **HPI:** Pain is described as X and has X. X is having X. Described as X. X is currently taking X. **Plan:** Patient is continuing to have X. X recently underwent a X. X has X with temporary relief, along with a X evaluation. I have recommended X. I will see X in follow up in X.

X performed by X, MD. **Rationale for Denial:** This X sustained an injury on X. The patient was diagnosed with X. According to the documents provided, the patient has X. The patient has had several X. The most recent X was a X. Objective findings include X. The X indicates no evidence of X. ODG recommend X when there is well documented X. The documents do not meet these criteria. Therefore, the request is denied.

X: Office Visit by X, MD. **HPI:** Pain is described as X **Plan:** Patient notes X. X shows evidence of X. X has evidence of X. X has X. X had an old X which was within normal limits. X current symptoms are suggestive of X. I think X is an appropriate next step.

X: UR performed by X, MD. **X for Denial:** The ODG state that X is recommended with symptoms/findings that confirm X. Objective findings on examination need to be present including X. In the clinical records submitted for review, there was MRI findings of X and X. At X with X of the X. At X and X. X and X also impinging the X. At X also X. At X and X. X of X with X. No X or X noted. Examination of X. X was X. X

testing was X. The patient reported X. The examination findings were minimal. X was X and X was X is not medically reasonable or necessary to treat this patient's condition.

X: Office Visit by X, MD. **Plan:** Patient is continuing to experience X. This has been X, but X is also X. X sustained a X injury in the X and has X. X has undergone a X and X. X has had X at this point without X. I discussed options including X. One of the concerns was that X does not have X. X symptoms are suggestive of this, although there has not been X. One can still have symptoms without evidence on an X. X has some X and X on the X which I relate to X. X is going to talk with X adjuster. I think at this point that the guidelines are exactly that and not absolutes which is how they are being interpreted. I would have X get a second opinion so that X could be examined and not just looked at on paper.

X: Office Visit by X, MD. **HPI:** Patient presents for follow up on the X. X has recently been seen for a second opinion. Denies any X. States the pain X. Pain level X. X has undergone X and X. **Plan:** Patient is continuing to have X. X has X when compared to the X. X has X with X. X had a recent 2<sup>nd</sup> opinion to discuss X and X was made. X are not a major issue for X and therefore, I would not consider X to resolve X problems. I would consider X as the method of choice. X has undergone X and continues to be X.

# ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

The request for X is denied.

This patient was involved in a X. X underwent X. X currently has X with X. X has completed X as well as X. X has had no significant pain relief from these procedures. On examination, the patient has a X. X has X. X has X in X.

The X with X. No X was identified at these levels. The X performed on X identified X with X. X and X was identified at X. The treating provider has recommended a X.

The Official Disability Guidelines (ODG) supports X to X.

Based on the records reviewed, the patient does not have X. I would recommend repeat X to confirm X consideration.

Furthermore, the patient's X will not be resolved with a X. X has X on MRI, which is not addressed with this procedure.

The recommended X is not medically necessary.

## A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL
MEDICINE UM KNOWLEDGEBASE
AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE
WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
PRESLEY REED, THE MEDICAL DISABILITY ADVISOR
TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE
PARAMETERS
TMF SCREENING CRITERIA MANUAL
PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A
DESCRIPTION)
OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED
GUIDELINES (PROVIDE A DESCRIPTION)