Health Decisions, Inc. 1900 Wickham Drive Burleson, TX 76028 P 972-800-0641 F 888-349-9735

IRO REVIEWER REPORT

X

IRO CASE #: X

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:

X

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:

Χ

REVIEW OUTCOME:

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Χ

Provide a description of the review outcome that clearly states whether **medical necessity exists** for **each** of the health care services in dispute.

PATIENT CLINICAL HISTORY [SUMMARY]:

The claimant is a X who was injured on X when a X. X and X onto the X. MRI of the X was performed on X and showed X in the X. There was no obvious X seen. Treatments have included X.

X: Telemedicine Visit by X, MD. The patient continued to have X despite X. X

continued to have X. X started X. Documented medications include X. The assessment revealed X. The treatment plan included X such as X referral to an X after the MRI review for possible X; the patient would be placed on X and X to help manage the X for now and follow-up in X.

X: UR performed by X, MD. Rationale for Denial: Based on the clinical information submitted for this review and using the evidence-based, peer-reviewed guidelines referenced below, this request is non-certified. Per guideline, MRI should be reserved for patients with X or X. In this case, the patient had X. X continued to have X. A request for X of the X without contrast was made; however, there were X findings that would warrant the need for the current request. The X or X was not established. Thus, the current request is not supported.

X: Office Visit by X, MD. The patient continued to have pain in the X. X had a X. X was treated with X which only helped for X. X had a X on X of the X. It also X. Examination of the X. The X was absent. The X. The range of motion in X. Current medications: X.

X: UR performed by X, DO. Rationale for Denial: Based on the clinical information submitted for this review and using the evidence-based, peer-reviewed guidelines referenced below, this request is non-certified. Per guideline, MRI is the procedure of choice for evaluating suspected X or X and for determining the integrity of X, particularly in X patients. MRI should be reserved for patients with X or X. In this case, the patient continued to have pain in the X. X had a X. The sensation was X. A request for appeal request for X without contrast was made; however, there were still X that would warrant the need for the current request. The X were still not established as there was no X documented from the medicals submitted to objectively justify that the patient had X or symptoms that should be evaluated with MRI. Thus, the current request is not supported.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Determination: Denial of X MRI without contrast is UPHELD/AGREED UPON since there is no documentation of recent X to the X; there is no documentation of X

suggestive of X there is no objective X following specific X and other than medications, there is no documentation of conservative treatment including X. Therefore, X MRI is not medically necessary.

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER
CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL
MEDICINE UM KNOWLEDGEBASE
AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE
WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
PRESLEY REED, THE MEDICAL DISABILITY ADVISOR
TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE
PARAMETERS
TMF SCREENING CRITERIA MANUAL
PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A
DESCRIPTION)
OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED
GUIDELINES (PROVIDE A DESCRIPTION)