



14785 Preston Road, Suite 550 | Dallas, Texas 75254  
Phone: 214 732 9359 | Fax: 972 980 7836

**DATE OF REVIEW:** X

**Date of Amended Decision:** X

**IRO CASE #** X

**DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:**

X

**A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION**

M.D. Board Certified in X

**REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

X

**PATIENT CLINICAL HISTORY [SUMMARY]:**

The patient is a X who sustained a X to X. This is described as a X. X is diagnosed with a X based on x-ray and MRI

findings. X-ray from X showed X. MRI from X showed X. It was also noted X in the X and a X without a X or X. It appears that X has been treated with medications, X. As of X most recent evaluation dated X continues to have pain in the X that has not improved with any of these X. The pain is worse with X. X is X but has pain when X and X. X has difficulty with X. X denies locking. X feels constant X. On exam X had a X. No X was noted. There was X. On prior exam X was noted to have X. At this point the request is for a X with a X.

**ANALYSIS AND EXPLANATION OF THE DECISION  
INCLUDE CLINICAL BASIS, FINDINGS AND  
CONCLUSIONS USED TO SUPPORT THE DECISION.**

Per ODG references, the requested X and X that was received on X is not medically necessary  
The patient meets criteria for an X patient but based on X mechanism of injury and imaging findings it is very likely that the X noted on MRI is a X. It is more likely that the injury has caused X of what is stated to be previously X changes than that the X. With this more likely being a X in the X changes and not having X and having symptoms present for a X is not recommended in this patient by ODG guidelines. X in a X has been shown to have X.

Also, it appears that the patient only had a X of X and the recommendation is that X is maintained for X. While the patient did not respond to a X has not had a X which may provide better relief in some patients. For these reasons, the requested surgery is not certified.

**A DESCRIPTION AND THE SOURCE OF THE  
SCREENING CRITERIA OR OTHER CLINICAL BASIS  
USED TO MAKE THE DECISION:**

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE KNOWLEDGE BASE
- AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
- INTERQUAL CRITERIA
- MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
- MILLIMAN CARE GUIDELINES
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
  - TMF SCREENING CRITERIA MANUAL
  - PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)
  - OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES