Independent Resolutions Inc. An Independent Review Organization 835 E. Lamar Blvd. #394 Arlington, TX 76011 Phone: (682) 238-4977 Fax: (888) 299-0415 Email: carol@independentresolutions.com

## PATIENT CLINICAL HISTORY [SUMMARY]:

X who was injured on X. The diagnosis was X. On X, X underwent a X. Per note, an MRI of the X had been X. X was seen by X, MD on X for X. The pain X into X. It was noted that there was X. X was able to X. The pain was described as X. It was rated X. The symptoms were X. Per a progress note dated X by Dr. X, X required X, but it was denied. Otherwise, X ongoing symptoms remained unchanged, per X. Dr. X recommended a follow-up evaluation after one month after an appeal process. On X, Dr. X commented that X request for X was denied. X continued to X. The pain X. X was X. The treatment to date included X.

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Based on the clinical information provided, the request for X is not recommended as medically necessary. There is no current, detailed X examination submitted for review. There are X results submitted for review. There is X. There is X. The patient underwent X.

Therefore, medical necessity is not established in accordance with current evidence-based guidelines and the request is upheld.

## A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

□ ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE

□ AHRQ- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

□ DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

□ EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

□ INTERQUAL CRITERIA

MEDICAL JUDGMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS

□ MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

□ MILLIMAN CARE GUIDELINES

☑ ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

□ OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)

□ PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)

□ PRESLEY REED, THE MEDICAL DISABILITY ADVISOR

□ TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

□ TMF SCREENING CRITERIA MANUAL