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IRO REVIEWER REPORT

**DATE NOTICE SENT TO ALL PARTIES:** X

IRO CASE #: X

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE X

## A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

The reviewer is a Medical Doctor who is board certified in X.

#### **REVIEW OUTCOME**

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

Χ

The reviewer agrees with the previous adverse determination regarding the medical necessity of: X

### **PATIENT CLINICAL HISTORY [SUMMARY]:**

The Patient was evaluated by X. X was noted to be a X. X has had X. On X had complained of pain in the X. X had no report of X. X had X. X had a X. X job description essential function was listed as X. X had not had any X. X was a X who already had X. A X examination by the X noted X noted; however, there was some X noted in the X. There were X noted. On X noted that it was X. They reported a X. They were X. X had a X. X would get X. The treatment provided included X. X was to progress to X. X was able to X. There were no complaints of X. X was continued. Similar records are noted on X and X. On X was complaining of X. X already had X. The X testing indicated that X had X. X also had X. On X an MRI of the X was X. On X a X was treating X for X. Treatment was provided and awaiting approval. X had begun X. X was X. On X an MRI of the X showed X. On X Dr. X ordered an X. On X an MRI of the X was reported to be X. X have been listed for X. All the 76 pages of records have been completely reviewed which include multiple visits of X.

On X a X evaluation indicated that X primary complaint appeared to be X. X also had some pain in the X. It appears that the same report is duplicated repeatedly on almost every visit at X. X reported that the X had helped X and improved X. X has had more than a sufficient number of visits with X the same elements over and over which included X. Clinical presentation does not seem to be changing on repeated visits. X has been found to have X.

The office visit of Dr. X on X has been reviewed. The doctor stated that X had used X. X had been prescribed X. On X was noted to be X pounds and X suggestive of X with a BMI of X. X were provided by Dr. X by X. The doctor gave X. X stated that X was X. The doctor was treating X unrelated X. X did not describe any X. X did not describe any X.

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

In my professional opinion, and in accordance with ODG guidelines, the request for X is not medically necessary. Based on the medical record review I do not find X. The medical literature including the ODG guidelines do not recommend such interventions in an X month old injury. The single episode of X has resolved. The current self-reported X.

In conclusion, this is a X with a mechanism of injury of X. X has been diagnosed to have a X. Prior treatments have X. All the x-ray reviews also indicate that X has X. X repeated evaluations have been found to be X. The treating physician does not clearly discuss X own X. There is no clinical rationale to exceed any clear ODG guidelines to require any further treatment.

The patient is X. X has been X. The ODG X guidelines updated X state that X is not recommended after X. X has had more than X. Similarly, the ODG X guidelines updated X recommends X. The ODG X guidelines updated on X recommends X. Similarly, the ODG X guidelines recommend X. Therefore, the request for X is not medically necessary.

# A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL &
ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
AHCPR- AGENCY FOR HEALTHCARE RESEARCH &
QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION
POLICIES OR GUIDELINES
<b>EUROPEAN GUIDELINES FOR MANAGEMENT OF</b>
CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND
EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL
STANDARDS
MERCY CENTER CONSENSUS CONFERENCE
GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES &
TREATMENT GUIDELINES
PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY
ASSURANCE & PRACTICE PARAMETERS
TMF SCREENING CRITERIA MANUAL
PEER REVIEWED NATIONALLY ACCEPTED MEDICAL
LITERATURE (PROVIDE A DESCRIPTION)
OTHER EVIDENCE BASED, SCIENTIFICALLY VALID,
OUTCOME
FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)