

Specialty Independent Review Organization

## PATIENT CLINICAL HISTORY [SUMMARY]:

The patient is a X with date of injury of X who presents with X pain. The patient has had X. Also, the patient reports X is experiencing X. An X reveals a X. Physical exam shows X. Sensation X

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Per ODG, X is recommended to X, thereby facilitating progress in more active treatment programs, and avoiding surgery, but this treatment alone X. As per medical report dated X, patient complained of X. As per medical report dated X it was noted that the patient X. Although the patient tried X. Also, the pain was relieved by medications. Furthermore, no more than X. In addition, X are not recommended X. Per evidence-based guidelines, and the records submitted, this request is not medically necessary.

| A DESCRIPTION AND THE SOURCE OF THE        |
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| SCREENING CRITERIA OR OTHER CLINICAL BASIS |
| USED TO MAKE THE DECISION:                 |
| ACOEM- AMERICAN COLLEGE OF                 |
| OCCUPATIONAL & ENVIRONMENTAL MEDICINE      |
| UM KNOWLEDGEBASE                           |
| AHRQ- AGENCY FOR HEALTHCARE                |
| <b>RESEARCH &amp; QUALITY GUIDELINES</b>   |
| DWC- DIVISION OF WORKERS                   |
| COMPENSATION POLICIES OR GUIDELINES        |
| EUROPEAN GUIDELINES FOR MANAGEMENT         |
| OF CHRONIC LOW BACK PAIN                   |
| INTERQUAL CRITERIA                         |
| MEDICAL JUDGEMENT, CLINICAL                |
| EXPERIENCE, AND EXPERTISE IN ACCORDANCE    |
| WITH ACCEPTED MEDICAL STANDARDS            |
| MERCY CENTER CONSENSUS CONFERENCE          |
| GUIDELINES                                 |
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| ODG- OFFICIAL DISABILITY GUIDELINES &      |
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| TMF SCREENING CRITERIA MANUAL              |
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| MEDICAL LITERATURE (PROVIDE A DESCRIPTION) |
| VALID, OUTCOME                             |
| FOCUSED GUIDELINES (PROVIDE A              |
| DESCRIPTION)                               |
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