MAXIMUS Federal Services, Inc. 807 S. Jackson Rd., Suite B Pharr, TX 78577 Tel: 956-588-2900 + Fax: 1-877-380-6702

## **INFORMATION PROVIDED TO THE IRO FOR REVIEW**

- 1. Request for a Review by an Independent Review Organization dated X.
- 2. Confirmation of Receipt of a Request for a Review by an Independent Review Organization (IRO) dated X.
- 3. Notice of Assignment of Independent Review Organization dated X.
- 4. Health Plan denial letter dated X.
- 5. X Physicians office notes dated,X
- 6. X Surgical Hospital MRI X report dated X.
- 7. Non-contrast MRI dated X.
- 8. X Orthopedic Group, LLP X MRI report dated X.
- 9. X medical center operation notes dated X.
- 10. Doctor, X, & X operative notes dated X \_
- 11. X Orthopedic Group, LLP X evaluation notes dated X
- 12. X Physicians lab req. dated X.
- 13. Texas Workers' Compensations work status report X

X year old patient requests health insurance coverage for X for suspected and loose X. Clinical findings include X and mechanical signs and symptoms not responding to full measure of X treatment. MRI revealed abnormal X and could not rule-out definite X. Also noted was significant X. Patient has had several X procedures in past.

## ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

Criteria for X include X. Patient reported X. On exam, X noted.

Other criteria include full measure of X treatment and supportive MRI findings.

Patient in question had long course of X and X without improvement.

MRI revealed significant X. Imaging revealed X suggesting X and/or findings consistent with having had prior X surgery. Report does not rule-out possibility of significant tear which would be amenable to X.

Given the aforementioned clinical findings and that XX XX precludes consideration of X options, I believe requested services are medically indicated.

Therefore, I have determined the requested is medically necessary for treatment of the patient's medical condition.

## <u>A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER</u> <u>CLINICAL BASIS USED TO MAKE THE DECISION:</u>

ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
INTERQUAL CRITERIA
☐ MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
MILLIMAN CARE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
TEXAS TACADA GUIDELINES
TMF SCREENING CRITERIA MANUAL
<b>PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE</b> (PROVIDE A DESCRIPTION)

○ OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)