

### **Notice of Independent Review Decision**

Date notice sent to all parties: X

# IRO CASE #: X

# DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE: $\boldsymbol{\chi}$

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION: The reviewer is a Medical Doctor who is board certified in Anesthesiology.

## **REVIEW OUTCOME:**

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld (Agree)

Overturned (Disagree)

Partially Overturned (Agree in part/Disagree in part)

#### **INFORMATION PROVIDED TO THE IRO FOR REVIEW:**

Records were received and reviewed from the following parties: X, X, MD, and X

These records consist of the following (duplicate records are only listed from one source): Records reviewed from X:

X: Denial Letters-X LHL009-X X XX XX / X XX XX /X, MD: Utilization Management Prior Authorization Requests-X Office Visit Notes-X Letter of Medical Necessity-X

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X Report-XX

Records reviewed from X MD:

X XX XX / X XX XX /X, MD: Office Visit Note-X

Records reviewed fromX: X:

Email chain-X

A copy of the ODG was not provided by the Carrier or URA for this review.

# PATIENT CLINICAL HISTORY [SUMMARY]:

The patient is a X year old X with a history of an X from X. The mechanism of injury is detailed as the patient was taking X X out of an X X while on a X and was X by another X. As X reached for the X in X of X to X X, X caught X X with X. Diagnoses included X of the muscle X of X of X, X X of X X. Progress note dated X indicated the patient had undergone X treatments including X with X, as well as medication management to include X and X. The patient continued to complain of X pain which was X. Clinical documentation indicated an X of the X X indicated X, X, X indenting on the anterior X and just approximating the X of the X without compression or significant X or X.

#### ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION:

Though the patient had X pain that is X and has exhausted X treatment without benefit, there is concern that X may negate the results of diagnostic X and should only be given in cases of X. As there was no documentation the patient had significant X to warrant the X, this request is non-certified. Per evidence-based guidelines, and the records submitted, this request is not medically necessary.

# A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
- AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
MEDICAL JUDGEMENT, CLINICAL EXPERIENCE, AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
TEXAS TACADA GUIDELINES
TMF SCREENING CRITERIA MANUAL
PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)