

# MEDRx

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## **INFORMATION PROVIDED TO THE IRO FOR REVIEW**

Records were received and reviewed from the following parties:

X XX  
Dr. X

These records consist of the following (duplicate records are only listed from one source): Records reviewed from:

Dr. X  
Encounter/Visit notes, multiple dates  
Physical Therapy prescription X  
X Rehabilitation Progress Evaluation X  
X Rehabilitation Daily Notes, multiple dates  
X Imaging MR imaging report X

X XX  
Notice of Reconsideration Adverse Determination X  
X Orthopedics Pre-authorization request X

A copy of the ODG was not provided by the Carrier/URA for this review.

## **PATIENT CLINICAL HISTORY [SUMMARY]:**

The claimant was injured when X jerked the X while working. X had an immediate X pain. X medical history included a previous X, X. X chronic medications included X for an X, X for pain, X for anti-inflammatory action, X for XX loss, and X for XX. X was an X, and X also had a diagnosis of X. The doctor noted decreased range of motion in the X along with X.

An MRI of the X reported X. An MRI of the X reported a X of the X. There was X space.

X went to X and the therapist reported on X that X had X range of motion from X that had improved from the initial evaluation. Dr. X recommended surgery on the bases of failed X. The doctor has recently recommended referral for evaluation of X.

**ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.**

The request for X is not medically necessary and is non-certified. This claimant is X years old with XX XX-XX XX in the X as reported on the MRI. X MRI is actually quite good for X XX and X XX XX. X has a X. It is not clear how much X was provided.

ODG recommendations for X require extensive X care including X. This claimant has co-X treated with X, X treated with X, previous X, and X is an X. All of these issues X surgery. X has near normal X pain. The X is stable with no objective X. X has good strength in abduction and X has no atrophy in the X region. This claimant not only does not meet criteria for surgery, X is a XX XX candidate for surgery. Therefore, the requested procedure is not medically necessary and is non-certified.

**A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:**

**ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE**

- AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES**
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES**
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN**
- INTERQUAL CRITERIA**
- MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS**
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES**
- MILLIMAN CARE GUIDELINES**
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES**  
ODG Recommendations for XX XX XX XX
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR**
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS**
- TEXAS TACADA GUIDELINES**
- TMF SCREENING CRITERIA MANUAL**
- PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)**

**OTHER EVIDENCE BASED, SCIENTIFICALLY VALID,  
OUTCOME  
FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)**