Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jan-17

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/12/17	Knee	Electromyography	New entry: Not recommended; add xref: "Tourniquet during surgery" and "Electrodiagnostic testing (EMG/NCS) in the Pain Chapter"
01/12/17	Knee	Synovectomy	New entry: Recommended (Chalmers, 2011) (Triolo, 2016) (Rao, 2006) (Mollon, 2015) (Aurégan, 2014) (Colman, 2013) (Rodriguez-Merchan, 2014) (Yoon, 2005) (Dell'Era, 2008) (Karaman, 2014) (Schindler, 2014) (Prejbeanu, 2016) (Weckström, 2010) (Asik, 2001); add xrefs: "Arthroscopic surgery for osteoarthritis" and "Diagnostic arthroscopy"
01/12/17	Knee	Tourniquet during surgery	New entry: Recommended (Smith, 2009) (Smith, 2010) (Hooper, 1999) (Daniel, 1995) (Arciero, 1996) (Kokki, 2000) (Nicholas, 2011); add xrefs: "Anterior cruciate ligament (ACL) reconstruction" and "Knee joint replacement"
01/12/17	Pain	Topical analgesics	Fix bookmark for sub section " Non-steroidal anti-inflammatory agents (NSAIDs)"
01/20/17	Ankle	Functional electrical stimulation (FES) cycling	New xref
01/27/17	Pain	Belbuca™ (buprenorphine buccal film)	New entry: Not recommended, (FDA, 2015). Add xref "See Opioids, long-acting; Opioids for chronic pain; see Buprenorphine for chronic pain";
01/27/17	Pain	Mirtazapine Remeron®	New xref; Add xref "See Antidepressants for chronic pain"
01/27/17	Pain	Nortriptyline (Pamelor™)	New xref; Add xref "See Antidepressants for chronic pain" ; "Tricyclics"
01/27/17	Pain	Zuplenz® (Ondansetron)	New xref; Add xref "See Antiemetics (for opioid nausea). Also see Ondansetron (Zofran®)"
01/30/17	Knee	Enoxaparin (Lovenox®)	New entry: Recommended (World Health Organization, 2015); add xref: "Venous thrombosis"
01/30/17	Mental	Mirtazapine (Remeron®)	New entry: recommended; add xref: "Antidepressants for treatment of PTSD (post-traumatic stress disorder)"
01/30/17	Hip	Infection of total hip arthroplasty	New xref: "Revision total hip arthroplasty"
01/30/17	Knee	Infection of total knee arthroplasty	New xref: "Revision total knee arthroplasty"
01/30/17	Knee	Anticoagulants	New xref: "Rivaroxaban (Xarelto®)"; "Enoxaparin (Lovenox®)"; "Dabigatran (Pradaxa®)"; "Apixaban (Eliquis®)"
01/30/17	Knee	Functional electrical stimulation (FES)	New xref: same entry in the Ankle and Foot Chapter
01/30/17	Head	Functional electrical stimulation (FES)	New xref: same entry in the Ankle and Foot Chapter

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/30/17	Low back	Functional electrical stimulation (FES)	New xref: same entry in the Ankle and Foot Chapter
01/30/17	Neck	Functional electrical stimulation (FES)	New xref: same entry in the Ankle and Foot Chapter
01/31/17	Formulary	Triptans, Rizatriptan, (Maxalt®)	New entry: Y
01/31/17	Formulary	Triptans, Sumatriptan (Imitrex®)	New entry: Y
01/31/17	Formulary	Antidepressants, Nortriptyline (Pamelor™)	New entry: Y
01/31/17	Formulary	Antidepressants, Mirtazapine (mental) (Remeron®)	New entry: Y
01/31/17	Formulary	Anticoagulants, Rivaroxaban (Xarelto®)	New entry: Y
01/31/17	Formulary	Anticoagulants, Enoxaparin (Lovenox®)	New entry: Y
01/31/17	Formulary	Anticoagulants, Dabigatran (Pradaxa®)	New entry: Y
01/31/17	Formulary	Anticoagulants, Apixaban (Eliquis®)	New entry: Y
01/31/17	Formulary	Opioids, Buprenorphine buccal film, (Belbuca™)	New entry: N
01/31/17	Formulary	Antiemetics, Ondansetron (Zuplenz®)	New entry: N
01/31/17	Formulary	Antiemetics, Ondansetron (Zofran®)	New entry: N
01/31/17	Formulary	Antidepressants, Mirtazapine (pain) (Remeron®)	New entry: N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
01/12/17	Knee	Knee joint replacement	Update entry: "An institutional registry … BMI over 35 kg/m." (Wagner, 2016)
01/20/17	Elbow	Ulnar nerve conduction velocity test	Topic title change from "Ulnar motor nerve conduction velocity test" to "Ulnar nerve conduction velocity test"; Update entry: Add xref " Cubital tunnel syndrome (ulnar nerve entrapment) testing"
01/20/17	Elbow	Surgery for cubital tunnel syndrome (ulnar nerve entrapment)	Update entry: (Adkinson, 2015) (Aldekhayel, 2016) (Assmus, 2011) (Bacle, 2014) (Calfee, 2010) (Chen, 2014) (Gaspar, 2016) (Gaspar-2, 2016) (Harder, 2016) (Jariwala, 2015) (Liu, 2015) (Ren, 2016) (Rinkel, 2013) (vanVeen, 2015) (Soltani, 2013). Add xref See also Cubital tunnel syndrome (ulnar nerve entrapment) testing and Risk Vs Benefit
01/20/17	Ankle	Arthroplasty, ankle (TAR)	Update entry: (Coetzee, 2016)
01/20/17	Ankle	Salto Talaris total ankle system	Update entry: (Hofmann, 2016)
01/20/17	Ankle	Functional electrical stimulation (FES)	Update entry: Added "FES cycling" section; (Newham, 2007) (Kressler, 2014) (Mayson, 2014) (Hasnan, 2013) (Ralston, 2013) (Kuhn, 2014) (Sadowsky, 2013) (Aetna, 2016)
01/27/17	Pain	Yoga	Update entry: (Wieland, 2017)
01/27/17	Pain	Antiemetics (for opioid nausea)	Update entry: Add Ondansetron (Zuplenz®); (FDA, 2010)
01/30/17	Knee	Revision total knee arthroplasty	Update entry (Kuzyk, 2014) (Deirmengian, 2015); convert (NIH, 2003) from in-text link to proper citation
01/30/17	Knee	Diagnostic arthroscopy	Update entry and criteria; add xrefs: "Arthroscopic surgery for osteoarthritis" and "Chondroplasty"
01/30/17	Knee	Bone growth stimulators, ultrasound	Update entry: (TRUST, 2016); Update and revise formatting in blue criteria section
01/30/17	Hip	Revision total hip arthroplasty	Update entry: added criteria section; (Lübbeke, 2013) (Kuzyk, 2014) (Deirmengian, 2015)

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
01/30/17	Fitness	(multiple sections)	Add missing bookmarks
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/12/17	Pain	Introduction	Fix error: " an impact"
01/12/17	Pain	Chronic pain programs, opioids	Fix error: " Benzodiazepine"
01/12/17	Pain	Benzodiazepines	Fix error: " co-ingestion" "co-ingested"
01/12/17	Pain	Antiemetics (for opioid nausea)	Fix error: " dyskinesia"
01/12/17	Pain	Disclaimer	Fix error: " Focuses"
01/12/17	Pain	Acetaminophen (APAP)	Fix error: " high- quality"
01/12/17	Pain	All sections	Fix error: " high-quality" ; "one-third"; "two-thirds"; "first-line" ; "low-quality "; "double-blind" "placebo-controlled "; " long- lasting"' " follow-
01/12/17	Pain	Anti-epilepsy drugs (AEDs) for pain	Fix error: " Lamotrigine"; "hematologic"
01/12/17	Pain	Calcitonin	Fix error: " mobility"
01/12/17	Pain	OxyContin® (oxycodone)	Fix error: " OxyContin "
01/12/17	Pain	B vitamins & vitamin B complex	Fix error: " Pellagra"
01/12/17	Pain	Medications for subacute & chronic pain	Fix error: " recommended"
01/12/17	Pain	Antidepressants for chronic pain	Fix error: " Serotonin-discontinuation syndrome"
01/12/17	Pain	Anxiety medications in chronic pain	Fix error: " Sertraline"; "Clonazepam"
01/12/17	Pain	CRPS, diagnostic tests	Fix error: " silastic sweat"
01/12/17	Pain	Acupuncture	Fix error: " systematic review"
01/12/17	Pain	Introduction	Fix error: " the quality"
01/12/17	Pain	TENS, post operative pain (transcutaneous electrical nerve stimulation)	Fix error: " Topic title"
01/12/17	Pain	Botulinum toxin (Botox®; Myobloc®)	Fix error: " torticollis"
01/12/17	Pain	Abstral (fentanyl transmucosal)	Fix error: " transmucosal"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/12/17	Pain	Nonprescription medications	Fix error: "acetaminophen"
01/12/17	Hip	Urological injuries	Fix error: "American Urological Association"
01/12/17	Eye	Conjunctivoplasty	Fix error: "amniotic membrane"
01/12/17	Eye	Topical aminocaproic acid (for hyphema)	Fix error: "associated with nausea "
01/12/17	Hip	X-Ray	Fix error: "bone scintigraphy"
01/12/17	Pain	Lyrica® (pregabalin)	Fix error: "brand name"
01/12/17	Explanation	Tracking ODG updates	Fix error: "cited in the text"
01/12/17	Hip	Sacroiliac problems, diagnosis	Fix error: "clear-cut evidence"
01/12/17	Pain	Urine drug testing (UDT)	Fix error: "clorazepate"
01/12/17	Pain	Massage therapy	Fix error: "Cochrane"
01/12/17	Fitness for Duty	Seizures or syncope	Fix error: "cognitive behavioral therapy"
01/12/17	Eye	Work	Fix error: "conjunctivitis"
01/12/17	Pain	Introduction	Fix error: "consistency in"
01/12/17	Pain	Weaning, opioids (specific guidelines)	Fix error: "diphenhydramine"; " tachypnea"
01/12/17	Pain	Insomnia treatment	Fix error: "eszopiclone"; "blurred vision";" reassessed "
01/12/17	Pain	Kadian® (morphine sulfate)	Fix error: "FDA-approved "
01/12/17	Pain	Oxaydo™ (abuse deterrent immediate-release oxycodone)	Fix error: "formerly"
01/12/17	Fitness for Duty	Functional capacity evaluation (FCE)	Fix error: "future work capacity"
01/12/17	Pain	Muscle relaxants (for pain)	Fix error: "GABAB receptors"; "anxiolytic"
01/12/17	Hip	Hospital length of stay (LOS)	Fix error: "Hip Arthrotomy"
01/12/17	Hip	Tranexamic acid	Fix error: "Intravenous tranexamic acid"
01/12/17	Hip	Sacroiliac injections, diagnostic	Fix error: "lateral branch blocks"; "clear-cut evidence"
01/12/17	Hip	Return to work	Fix error: "long-term"
01/12/17	Pain	Diabetic neuropathy	Fix error: "lumbosacral"
01/12/17	Pain	Pregabalin (Lyrica®)	Fix error: "maximize pain relief and minimize"
01/12/17	Hip	Arthroscopy	Fix error: "mid- to long-term"; revise for clarity: "were deemed"
01/12/17	Pain	Bisphosphonates	Fix error: "mobility"
01/12/17	Pain	Cyclobenzaprine (Flexeril®)	Fix error: "Ortho-McNeil "
01/12/17	Pain	Opioids, specific drug list	Fix error: "Oxycontin tablets "; " "tramadol"
01/12/17	Explanation	(multiple sections)	Fix error: "peer-reviewed journal" and "peer-reviewed journals"
01/12/17	Pain	Implantable drug-delivery systems (IDDSs)	Fix error: "physical"
01/12/17	Pain	Qutenza (capsaicin) 8% patch	Fix error: "postherpetic"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/12/17	Fitness for Duty	Firefighters	Fix error: "Repetitions"
01/12/17	Hip	Urological injuries	Fix error: "retrograde urethrogram/cystogram"
01/12/17	Pain	Naloxone (Narcan®)	Fix error: "state laws"
01/12/17	Explanation	Ranking by type of evidence	Fix error: "studies whose effects are small but become apparent when"
01/12/17	Pain	Glucosamine (and Chondroitin sulfate)	Fix error: "Sulfate"
01/12/17	Pain	Psychological evaluations	Fix error: "superseded"
01/12/17	Fitness for Duty	Police officers	Fix error: "the candidate must"
01/12/17	Pain	Methadone	Fix error: "torsade de Pointes"
01/12/17	Hip	Sacroiliac injections, therapeutic	Fix error: (Maugars, 1996); "shorter-term period"
01/12/17	Pain	Introduction	Fix error: : "response to"
01/12/17	Pain	Lidoderm® (lidocaine patch)	Fix error:"antipruritics"
01/12/17	Pain	Lacosamide (Vimpat®)	Fix error:"as a first-line therapy "
01/12/17	Pain	Insomnia	Fix error:"gastroesophageal"
01/12/17	Hip	Tumor necrosis factor alpha (TNFalpha) blockers	Fix errors: "infliximab"
01/12/17	Hip	Sacroiliac radiofrequency neurotomy	Fix errors: "Long-term pain relief"; "lateral branch blocks"; "time, sham subjects"; revise for clarity: "Explanations for why approximately"; "Three major types have been described"; "whether lateral branch blocks"; "various techniques"; "whether steroids were used"; "were 18-88 years of age"; "these failures could be attributed to the fact"; (other small corrections)
01/12/17	Hip	Wound closure	Fix errors: "orthopedic"
01/12/17	Fitness for Duty	Multidimensional task ability profile (MTAP)	Fix errors: "self-reported measures" and "have led to"
01/12/17	Pain	Corticosteroids	Fix xref " Injection with anesthetics and/or steroids"
01/12/17	Pain	Medications for subacute & chronic pain	Fix xref " Injection with anesthetics and/or steroids"
01/12/17	Pain	Diclofenac, topical (Flector®, Pennsaid®, Voltaren® Gel)	Fix xref " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Surgery	Fix xref "CRPS, sympathectomy"
01/12/17	Pain	Flector® patch (diclofenac epolamine)	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Flurbiprofen (Ansaid®)	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Ketoprofen, topical	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Pennsaid® (diclofenac sodium topical solution)	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Topical NSAIDs	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Voltaren® Gel (diclofenac)	Fix xref: " Non-steroidal anti-inflammatory agents (NSAIDs)
01/12/17	Pain	Sympathectomy	Fix xref: "CRPS, sympathectomy"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/12/17	Hip	Prophylaxis (antibiotic and anticoagulant)	Revise for clarity: "around the time of surgery"
01/12/17	Hip	Piriformis injections	Revise for clarity: "electrophysiological studies"
01/12/17	Hip	Traction (manual)	Revise for clarity: "is not available"
01/12/17	Hip	Total hip resurfacing	Revise for clarity: "Metal-on-metal hip resurfacing"
01/12/17	Hip	Work conditioning, work hardening	Revise for clarity: "non-work-related"; "oversee the changes required"; "Vocational rehab"
01/12/17	Hip	Causality (determination)	Revise for clarity: "only essential criterion"
01/12/17	Hip	Sacroiliac fusion	Revise for clarity: "pre-score"
01/12/17	Hip	Viscosupplementation	Revise for clarity: "questions remain"
01/12/17	Explanation	Process for suggesting ODG updates	Revise for clarity: "ranking and review"; "a final notice"; "what, if any, change"; "A formal notice"; "the ODG Helpdesk via email at odg@worklossdata.com or by phone at"
01/12/17	Hip	Hip fracture surgery	Revise for clarity: "specific hip fracture patient populations"
01/12/17	Eye	Pepper spray injury (oleoresin capsicum)	Revise for clarity: "The factors with the largest independent associations with more severe outcomes included the following"; fix errors: "edema" and "dyspnea"
01/12/17	Hip	Reflexology	Revise for clarity: "to heal ailments"
01/12/17	Hip	Arthroplasty	Revise for clarity: "wear off the device and enter the space"; "unchecked commercialism"
01/12/17	Hip	Surgery for femoroacetabular impingement (FAI)	Revise for clarity: "were deemed"
01/12/17	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	Revise for clarity: "with long-term use"
01/12/17	Fitness for Duty	Carpal tunnel release & return to work	Topic title change: "Carpal tunnel release and return to work"; Fix error: "treated initially with"
01/12/17	Fitness for Duty	Modified duty & return to work	Topic title change: "Modified duty and return to work"; fix error: "an employer's RTW form"
01/12/17	Hip	Ultrasound (Sonography)	Topic title change: "Ultrasound (sonography)"; fix error: "MR imaging is able to"
01/20/17	Elbow	All sections	Fix error: " Add hyphen to words like "short-term ; " high-quality"; " double-blinded"
01/20/17	Ankle	Lisfranc injury (surgery)	Fix error: " arthrodesis"
01/20/17	Elbow	Ultrasound, therapeutic	Fix error: " favor"
01/20/17	Elbow	Nonprescription medications	Fix error: " musculoskeletal"
01/20/17	Ankle	Surgery for Morton's neuroma	Fix error: "intermetatarsal"
01/20/17	Elbow	Surgery for epicondylitis	Fix error: "longer-term results,percutaneous radiofrequency"
01/20/17	Elbow	Deep transverse friction massage	Fix error: "pain or improvement "
01/20/17	Elbow	Introduction	Fix error: "Versus"
01/20/17	Elbow	Tests for epicondylitis	Fix error: "versus"
01/20/17	Elbow	Injections (corticosteroid)	Fix error: "vs."
01/20/17	Elbow	Stretching	Fix error: "vs."
01/20/17	Elbow	Friction massage	Fix error:"pain or improvement "

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/20/17	Elbow	Imaging	Fix xref " MRI"
01/20/17	Elbow	Cubital tunnel syndrome (ulnar nerve entrapment) testing	Topic title change from "Tests for cubital tunnel syndrome (ulnar nerve entrapment)" to Cubital tunnel syndrome (ulnar nerve entrapment) testing. Update entry: (Novak, 1994) (Christopher, 2016); Add xref: Surgery for cubital tunnel syndrome.
01/20/17	Elbow	MRIs (magnetic resonance imaging)	Topic title change: MRI (magnetic resonance imaging)
01/27/17	Pain	NSAIDs, specific drug list & adverse effects	Changed Celecoxib (Celebrex®) GE to "Yes"
01/27/17	Pain	Anxiety medications in chronic pain	Changed Lexapro® &Cymbalta® GE to "Yes"
01/30/17	Mental	Treatment planning	Revise for clarity: "definition, which leads to"
01/30/17	Mental	Cognitive therapy for PTSD	Revise for clarity: "Empirical research has consistently supported the use of Cognitive Behavioral Therapy (CBT) for the treatment of PTSD"; "limited research regarding the exact"; "evidence to determine a specific number"; (other small editing changes)
01/30/17	Mental	Atypical antipsychotics	Revise for clarity: "indications, which are"
01/30/17	Hernia	Inguinal disruption (ID) treatment	Revise for clarity: "no obvious hernia"; "There are two MRI patterns typically seen in athletes with groin pain"; "edema, which can indicate"; "very active athletes"; "The condition involves pain in the inguinal region near the pubic tubercle; it may have an insidious or acute onset; and no obvious other pathology exists to explain the symptoms"
01/30/17	Hernia	Imaging	Revise for clarity: "Not recommended except as indicated below... ultrasound are rarely necessary."; "which may justify"; "choice for suspected groin hernias"; "may also be appropriate"; "If such imaging is positive, the provider can then perform"
01/30/17	Hernia	Ilioinguinal nerve ablation	Revise for clarity: "These treatments can therefore… combined neurectomies were reported"
01/30/17	Mental	Abilify® (aripiprazole)	Standardize link: "Aripiprazole (Abilify®)"
01/30/17	Eye	Medications	Standardize link: "Diphoterine®"
01/30/17	Mental	Medications	Standardize link: "Eszopiclone (Lunesta®)"
01/30/17	Eye	Emergency eye wash products	Standardize term: "Diphoterine®"
01/30/17	Mental	Aripiprazole (Abilify)	Topic title change: "Aripiprazole (Abilify®)"
01/30/17	Mental	Desvenlafaxine (Pristiq)	Topic title change: "Desvenlafaxine (Pristiq®)"
01/30/17	Eye	Diphoterine	Topic title change: "Diphoterine®"
01/30/17	Mental	Eszopiclone (Lunesta)	Topic title change: "Eszopiclone (Lunesta®)"; standardize entry: "Eszopiclone (Lunesta®)"
01/30/17	Eye	Lucentis	Topic title change: "Lucentis®"
01/30/17	Mental	Lunesta (Eszopiclone)	Topic title change: "Lunesta® (eszopiclone)
01/30/17	Mental	Neudexta	Topic title change: "Nuedexta®"; standardize term: "Nuedexta®"
01/31/17	Formulary	Antidepressants, Milnacipran (Savella/Ixel®)	GE status change to "Yes"

NOTES:			
horization is required when:			
ed as requiring preauthorization in rule 134.600, or			
ded, under study, or not listed in adopted treatment guidelines.			
NOTES:			
ization is NOT required when:			
sted as requiring preauthorization in rule 134.600, and			
recommended by adopted treatment guidelines.			
xas Department of Insurance, Division of Workers' Compensation			
, excluding Return to Work Pathways, published by the			
ork Loss Data Institute.			
n purposes and is not a substitute for law and rules.			
is not a substitute for the Official Disability Guidelines.			

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Dec-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/20/16	Knee	Intermittent pneumatic compression devices	New entry: Recommended (Craigie, 2015) (Dennis, 2015) (Ho, 2013) (Kakkos, 2016) (O'Connell, 2016) (Pavon, 2016) (Sakai, 2016) (Zhao, 2014)
12/20/16	Low back	Intermittent pneumatic compression devices	New xref: same entry in the Knee Chapter
12/20/16	Hip	Intermittent pneumatic compression devices	New xref: same entry in the Knee Chapter
12/22/16	Pain	NSAIDs, hypertension and cardiac disease	New entry: (Angiolillo, 2016) (Arfè, 2016) (Burmester, 2011) (Soubrier, 2013) (Bhala, 2013) (Fosbol, 2010) (Kassel, 2015) (MacDonald ,2016) (Meek, 2013) (Olsen,2012) (Pirlamarla, 2016) (Polzin, 2015) (Saxena, 2013) Snowden, 2011) (Trelle,2011) (Ungprasert, 2016) (Zheng L, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
12/20/16	Knee	Vasopneumatic cryotherapy	Add xref: "Cold compression therapy"
12/20/16	Hip	Surgery	Add xref: "Surgery for femoroacetabular impingement (FAI)"

REVISED INFORMATION

Date	Chapter	Section	Change
12/12/16	Shoulder	Extracorporeal shock wave therapy (ESWT)	Fix error: Topic title
12/20/16	Mental	Expatriate employee adjustment support	Fix bookmark; revise wording to rephrase
12/20/16	Pain	Acupuncture	Fix error : "systematic review"
12/20/16	Pain	Introduction	Fix error : "temporarily"
12/20/16	Knee	Unicompartmental knee replacement	Fix error: "15-year survivorship "
12/20/16	Mental	Transcranial magnetic stimulation (TMS)	Fix error: "6-treatment taper"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Knee	Custom fit total knee (CFTK) replacement	Fix error: "6-week delay"
12/20/16	Head	Working memory training	Fix error: "accessible treatments"
12/20/16	Knee	Tendon laceration repair surgery	Fix error: "Achilles tendon"
12/20/16	Knee	Hamstring injury treatment	Fix error: "Actovegin"
12/20/16	Knee	Static progressive stretch (SPS) therapy	Fix error: "adhesive capsulitis"
12/20/16	Knee	Tai Chi	Fix error: "after classes finish"
12/20/16	Knee	Aquatic therapy	Fix error: "and can minimize pain and injury"
12/20/16	Pain	Duexis® (ibuprofen & famotidine)	Fix error: "as"
12/20/16	Knee	Autologous chondrocyte implantation (ACI)	Fix error: "autologous chondrocyte implantation"
12/20/16	Head	Neuropsychological testing	Fix error: "Automated Neuropsychological Assessment Metrics"
12/20/16	Hip	Bone scan (radioisotope bone scanning)	Fix error: "bone scintigraphy"
12/20/16	Mental	PTSD pharmacotherapy	Fix error: "broad-spectrum effect"
12/20/16	Mental	Topiramate	Fix error: "broad-spectrum effect"
12/20/16	Knee	Bone growth stimulators, electrical	Fix error: "congenital pseudoarthrosis"
12/20/16	Knee	Insoles	Fix error: "consensus"
12/20/16	Knee	Loose body removal surgery (arthroscopy)	Fix error: "conservative treatment"
12/20/16	Head	Glasgow Coma Scale (GCS)	Fix error: "Criteria from the Glasgow Coma Scale"
12/20/16	Knee	Actovegin®	Fix error: "deproteinized substance"
12/20/16	Head	Oxygen therapy	Fix error: "did not affect clinical"
12/20/16	Hip	Causality (determination)	Fix error: "epidemiological effect on associations"; revise for clarity: "Using the specific Bradford-Hill criteria as a guide to determine causation is recommended but not required."
12/20/16	Low back	Tumor necrosis factor (TNF) modifiers	Fix error: "For sciatica, evidence"
12/20/16	Low back	Segmental rigidity (diagnosis)	Fix error: "inclinometer measurements "
12/20/16	Knee	Delayed treatment	Fix error: "initial treatment came late"
12/20/16	Head	TBI definition (traumatic brain injury)	Fix error: "injury/initial assessment"
12/20/16	Knee	Iovera cryoablation	Fix error: "Iovera cryoablation"
12/20/16	Low back	Mattress selection	Fix error: "large number of dropouts"
12/20/16	Hip	Manipulation	Fix error: "limited evidence"
12/20/16	Head	Work	Fix error: "long-term"
12/20/16	Knee	Focal joint resurfacing	Fix error: "low-quality studies"; revise for clarity: "(in particular, mechanical joint alignment, meniscal function, and healthy opposing cartilage surfaces)"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Knee	Lateral retinacular release	Fix error: "Maquet procedure"
12/20/16	Head	Transcranial magnetic stimulation (TMS)	Fix error: "migraineurs suffer"
12/20/16	Knee	Single photon emission computed tomography (SPECT)	Fix error: "MRI is preferable"
12/20/16	Head	Progesterone (Prometrium)	Fix error: "multicenter randomized controlled trials"
12/20/16	Knee	Meniscectomy	Fix error: "OA progression"; "positive Lachman"
12/20/16	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	Fix error: "Recommended patellofemoral pain syndrome"
12/20/16	Head	Video EEG	Fix error: "seizure is occurring"
12/20/16	Knee	Office visits	Fix error: "self-care"
12/20/16	Hip	Office visits	Fix error: "self-care"
12/20/16	Head	Office visits	Fix error: "self-care"
12/20/16	Low back	MRI (magnetic resonance imaging)	Fix error: "significant number of inappropriate referrals "
12/20/16	Head	Telephone intervention for TBI	Fix error: "stand-alone treatment"
12/20/16	Knee	Work	Fix error: "supposed to favor knee"
12/20/16	Knee	ACL injury rehabilitation	Fix error: "systematic review on methods"
12/20/16	Knee	Manipulation under anesthesia (MUA)	Fix error: "systematic review" and "anesthesia"
12/20/16	Knee	BioniCare® knee device	Fix error: "TKA versus 35%"
12/20/16	Knee	Causation	Fix error: "to favor knee or hip OA"
12/20/16	Knee	Corticosteroid injections	Fix error: "triamcinolone"
12/20/16	Knee	Meniscal allograft transplantation	Fix error: "underappreciated"
12/20/16	Head	VENG Testing	Fix error: "Video electronystagmography (VENG)"
12/20/16	Knee	Footwear, knee arthritis	Fix error: "walking barefoot"
12/20/16	Head	Vision therapy (for TBI)	Fix error: "well-qualified ophthalmologist"
12/20/16	Hip	Foam rollers	Fix error: "which are"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Low back	Spinal cord stimulation (SCS)	Fix error: "workers' comp"
12/20/16	Knee	Venous thrombosis	Fix error: replace (Cohen, 2010) with (Bergmann, 2010)… authors were in the wrong order; Fix error: "found several differences"; move xrefs: "See also Compression garments; Rivaroxaban (Xarelto, Johnson & Johnson/Bayer); Lymphedema pumps"; add xref: "Intermittent pneumatic compression devices"
12/20/16	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	Fix errors: "acetaminophen"
12/20/16	Hip	Bisphosphonates	Fix errors: "alendronate (Fosamax), ibandronate (Boniva), etidronate (Didronel), and risedronate (Actonel)"
12/20/16	Knee	Treatment planning	Fix errors: "both flexion and extension"… "cellulitis/infection of the skin"… "Osgood-Schlatter disease"; revise for clarity: "especially for evidence"… "decision of whether to"… "those whose activities do not"
12/20/16	Knee	Restless legs syndrome (RLS)	Fix errors: "dopaminergic agents"; "neuroleptics"; "tricyclics"; "Anticonvulsants"
12/20/16	Hip	Chi machine	Fix errors: "home-based therapy"; "treatment period, there were";
12/20/16	Hip	Manipulation under anesthesia (MUA)	Fix errors: "manipulation under anesthesia"
12/20/16	Hip	Arthroplasty	Fix errors: "orthopedic procedure"; "work and exercise postoperatively"; "thromboprophylaxis"
12/20/16	Knee	Popliteal cyst excision	Fix errors: "osteoarthritis" and "DVT suspicion"
12/20/16	Hip	Heparin	Fix errors: "polycythemia, paraproteinemia… hemoglobinuria"
12/20/16	Hip	Treatment planning	Fix errors: "possible hypovolemia"; "Anesthetic Management"; "MRI or ultrasonography"
12/20/16	Knee	Heterotopic ossification (HO) treatment	Fix errors: "Recommended Treatment for Heterotopic ossification" and "increased intensity gradually"; update entry: "However, this drug was taken off the market in 2004 due to its unfavorable cardiovascular risk profile."; revise for clarity: "Didronel®"
12/20/16	Head	MRI (magnetic resonance imaging)	Move text to recommendation: "Neuroimaging is not recommended in patients who sustained a concussion/mild TBI beyond the emergency phase (72 hours post-injury) except if the condition deteriorates or red flags are noted. (Cifu, 2009) See also Diffusion tensor imaging (DTI)."; revise for clarity: "unless the condition"
12/20/16	Head	CT (computed tomography)	Move text to recommendation: "Neuroimaging is not recommended in patients who sustained a concussion/mTBI beyond the emergency phase (72 hours post-injury) except if the condition deteriorates or red flags are noted. (Cifu, 2009)"; revise for clarity: "As noted above, neuroimaging…" and "unless the condition"
12/20/16	Hip	Impingement bone shaving surgery	Remove entry; add xref: "Surgery for femoroacetabular impingement (FAI)"
12/20/16	Hip	Vasopneumatic devices	Remove entry; add xref: same entry in the Knee Chapter
12/20/16	Supplemental Info	ODG Treatment in Workers	Remove section: Codes for Automated Approval; revise for clarity: "venous thromboembolisms (VTEs)"
12/20/16	Mental	Treatment planning	Remove text (reference to DSM-IV… reference to DSM 5 already included below: "According to the fourth edition… symptoms last for more than a month after item #1."; Update reference from DSM-IV to DSM-5: "Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5). (American Psychiatric Association, 2013)"
12/20/16	Carpal	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
12/20/16	Knee	Pivot shift test (MacIntosh test)	Revise for clarity: "(also known as the MacIntosh test)"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Knee	Platelet-rich plasma (PRP)	Revise for clarity: "3- and 12-month"
12/20/16	Knee	Collagen meniscus implant (CMI)	Revise for clarity: "a duration of over 3 months"
12/20/16	Knee	Nerve excision (following TKA)	Revise for clarity: "both the pain and the stiffness of the knee then resolves"; "with a positive Tinel's sign"
12/20/16	Knee	Iontophoresis	Revise for clarity: "current delivers ionically"
12/20/16	Hip	Osteotomy	Revise for clarity: "hip incongruence"
12/20/16	Knee	Anterior cruciate ligament (ACL) reconstruction	Revise for clarity: "is not conclusive"
12/20/16	Mental	Trazodone (Desyrel)	Revise for clarity: "It is also worth noting that"
12/20/16	Low back	Interspinous decompression device (X-Stop®)	Revise for clarity: "lumbar spinal stenosis. The failure rate of X-Stop"
12/20/16	Knee	Hyaluronic acid injections	Revise for clarity: "metatarsophalangeal joint"; "incidence of injection-related problems has been similar"; fix error: "4,866 patients"; "hylan G-F 20"
12/20/16	Knee	Work conditioning, work hardening	Revise for clarity: "oversee the changes required" and "Vocational rehab"
12/20/16	Low back	Work conditioning, work hardening	Revise for clarity: "oversee the changes"
12/20/16	Hip	Arthroscopy	Revise for clarity: "pigmented villonodular synovitis"
12/20/16	Mental	Polysomnography (PSG)	Revise for clarity: "Polysomnograms and/or sleep studies" and "above-mentioned symptoms"
12/20/16	Knee	Knee brace	Revise for clarity: "preferred over bracing because there… and also because taping produces better … bracing; plus, patients"
12/20/16	Knee	Knee joint replacement	Revise for clarity: "surgery based on radiographic" and "grow due to aging"
12/20/16	Head	Craniectomy/ Craniotomy	Revise for clarity: "to operate on"
12/20/16	Head	Occipital nerve stimulation (ONS)	Revise for clarity: "to prevent migraines"
12/20/16	Low back	Causation	Revise for clarity: "Using the specific Bradford-Hill criteria as a guide to determine causation is recommended but not required."
12/20/16	Knee	Osteotomy	Revise for clarity: "Viscosupplementation"
12/20/16	Carpal	Hospital length of stay (LOS)	Rewrite; no change in recommendation
12/20/16	Knee	Magnetic resonance imaging (MRI)	Standardize xref: "MRI (magnetic resonance imaging)"
12/20/16	Knee	Durable medical equipment (DME)	Standardize link: "Vasopneumatic devices"; revise for clarity: "Is generally not useful"
12/20/16	Hip	Complimentary and alternative medicine (CAM)	Topic title change (fix error): "Complementary and alternative medicine (CAM)"
12/20/16	Pain	NSAIDs and gastrointestinal symptoms	Topic title change from "NSAIDs, GI symptoms & cardiovascular risk" to " NSAIDs and gastrointestinal symptoms"; Separate entry is created to address concern over cardiovascular complications
12/20/16	Pain	NSAIDs and specific diseases (non-steroidal anti-inflammatory drugs)	Topic title change from"NSAIDs (non-steroidal anti-inflammatory drugs)" to NSAIDs and specific disease state recommendations (non-steroidal anti-inflammatories)"
12/20/16	Knee	Amniotic membrane allograft (AmnioFix)	Topic title change: "Amniotic membrane allograft (AmnioFix®)"
12/20/16	Low back	Differential Diagnosis	Topic title change: "Differential diagnosis"; also bookmark change
12/20/16	Knee	MRI's (magnetic resonance imaging)	Topic title change: "MRI (magnetic resonance imaging)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Knee	Vasopneumatic devices (wound healing)	Topic title change: "Vasopneumatic devices"; Update entry with explanation; add xref: "Intermittent pneumatic compression devices"
12/20/16	Knee	References	Update (Costello, 2016) (de Almeida, 2012)…previously Epubs ahead of print
12/20/16	Ankle	Physical therapy (PT)	Update blue criteria: "Abnormality of gait: 6-48 visits over 8-16 weeks (based on specific condition)"
12/20/16	Low back	Physical therapy	Update blue criteria: "Abnormality of gait: 8-48 visits over 8-16 weeks (based on specific condition)"
12/20/16	Hip	Physical medicine treatment	Update blue criteria: "Abnormality of gait: 9-24 visits over 8-16 weeks (based on specific condition)"; update xref: "Complementary and alternative medicine (CAM)"; fix errors: "Cochrane review on restoring"
12/20/16	Knee	Physical medicine treatment	Update blue criteria: "Abnormality of gait: 9-48 visits over 8-16 weeks (based on specific condition)"; Fix error: "randomized controlled trial"
12/20/16	Knee	Lymphedema pumps	Update entry to add evidence: (Blumberg, 2016) (Fife, 2012) (Karaca-Mandic, 2015) (Muluk, 2013) (Shao, 2014)
12/20/16	Pain	NSAIDs,specific drug list & adverse effects	Update entry: "Celebrex®: A generic is available"; Moved xrefs next to the recommendation statement.
12/20/16	Knee	Continuous passive motion (CPM)	Update entry: "CPM has also been shown in a systematic review to be relatively ineffective in reducing venous thromboembolism following total knee surgery. " (He, 2014); Minor revisions for clarity; Standardize reference: (BlueCross, 2005)
12/20/16	Knee	Cold compression therapy	Update entry: "home rental for up to 7 days"; "a more robust literature examining the… Also, intermittent pneumatic compression devices (IPCDs) are not generally recommended for home use."; "reserved only for more complex"; add xref: "Intermittent pneumatic compression devices"
12/20/16	Knee	Compression garments	Update entry: "telangiectasia"; "A high-quality study… following proximal DVT and concluded that there was no benefit in preventing PTS"; add xref: "Intermittent pneumatic compression devices"
12/20/16	Pain	NSAIDs and specific diseases (non-steroidal anti-inflammatory drugs)	Update entry: (da Costa, 2016) (Nelson, 2014) (Chou, 2016) (Enthoven, 2016) (Rasmussen-Barr, 2016) (Baron, 2016)
12/20/16	Carpal	Carpal tunnel release surgery (CTR)	Update entry: Add xref "Electrodiagnostic studies (EDS)"; Update criteria
12/20/16	Ankle	Vasopneumatic devices (wound healing)	Update entry: Add xref to same topic in the Knee chapter
12/20/16	Forearm	Lymphedema pumps	Update entry: Add xref to same topic in the Knee chapter
12/20/16	Carpal	Electrodiagnostic studies (EDS)	Update entry: Clarification on nerve conduction tests; Move xref next to the recommendation statement.
12/20/16	Pain	Duexis® (ibuprofen & famotidine)	Update xref " NSAIDs and gastrointestinal symptoms"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Ketorolac (Toradol®)	Update xref " NSAIDs and gastrointestinal symptoms"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Medications for subacute & chronic pain	Update xref " NSAIDs and gastrointestinal symptoms"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Acetaminophen (APAP)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function"; " NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Topical analgesics	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Arthrotec® (diclofenac/ misoprostol)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Celecoxib (Celebrex®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Pain	Diclofenac	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Diclofenac potassium (Cataflam®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Diflunisal (Dolobid®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Etodolac (Lodine®, Lodine XL®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Fenoprofen (Nalfon®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Flurbiprofen (Ansaid®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Ibuprofen (Motrin®, Advil®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Indomethacin (Indocin®, Indocin SR®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Ketoprofen	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Mefenamic Acid (Ponstel®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Meloxicam (Mobic®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Nabumetone (Relafen®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Naproxen (Naprosyn®, EC-Naprosyn®, Anaprox®, Anaprox DS®, Aleve® [otc], Naprelan®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	NSAIDs and specific disease state recommendations (non-steroidal anti-inflammatory drugs)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Oxaprozin (Daypro®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Piroxicam (Feldene®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Sulindac (Clinoril®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Tolmetin (Tolectin®, Tolectin DS)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	Diclofenac sodium (Voltaren®, Voltaren-XR®)	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and renal function";" NSAIDs and specific diseases"; Add xref "NSAIDs, hypertension and cardiac disease"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/20/16	Pain	Anti-inflammatory medications	Update xref " NSAIDs and gastrointestinal symptoms";" NSAIDs and specific diseases"; Add xref NSAIDs, hypertension and cardiac disease"
12/20/16	Pain	NSAIDs, specific drug list & adverse effects	Update xref " NSAIDs and renal function"
12/20/16	Pain	Celebrex® (celecoxib)	Update xref " NSAIDs and specific diseases"
12/20/16	Pain	Nonprescription medications	Update xref " NSAIDs and specific diseases"
12/20/16	Pain	Vioxx® (rofecoxib)	Update xref " NSAIDs and specific diseases"
12/20/16	Low back	Red flags	Xref link change: #Differentialdiagnosis
12/21/16	Neck	Cold packs	Fix error: "adverse effects"
12/21/16	Neck	Heat/cold applications	Fix error: "adverse effects"
12/21/16	Neck	Physical therapy (PT)	Fix error: "discectomy/laminectomy"
12/21/16	Neck	Computed tomography (CT)	Fix error: "e.g."; revise for clarity: "paresthesia in hands or feet"
12/21/16	Neck	Manipulation	Fix error: "first-line cervical manipulation"
12/21/16	Neck	Pillow	Fix error: "in conjunction with"
12/21/16	Neck	Bone-morphogenetic protein (BMP)	Fix error: "Medtronic supported this re-evaluation"
12/21/16	Neck	Osteocel Plus®	Fix error: "Osteocel Plus"
12/21/16	Neck	Disc prosthesis	Fix error: "plus these devices"
12/21/16	Neck	Facet joint therapeutic steroid injections	Fix error: "pneumothorax"
12/21/16	Neck	Treatment planning	Fix error: "progression of neurological"; revise for clarity: "because these tests"
12/21/16	Hernia	Office visits	Fix error: "self-care"
12/21/16	Hernia	Surgery	Fix error: "Shared decision-making"
12/21/16	Neck	Botulinum toxin (injection)	Fix error: "spasmodic torticollis"
12/21/16	Neck	Electromagnetic therapy (PEMT)	Fix error: "this modality"
12/21/16	Neck	Fusion, anterior cervical	Fix errors: "biopsychosocial tests" and "pseudoarthrosis rate"
12/21/16	Neck	Electromyography (EMG)	Fix errors: "reinnervation is found"; "denervated muscles"; revise for clarity: "This conclusion"; "paraspinal muscles"; "these signals"; "this feature"; "demonstrate cervical radiculopathy"
12/21/16	Neck	Causality (determination)	Fix errors: "symptoms in less than" and "epidemiological effect on associations"; revise for clarity: "essential criterion"; "Whiplash-Associated Disorder (WAD)"; "Using the specific Bradford-Hill criteria as a guide to determine causation is recommended but not required."
12/21/16	Neck	Epidural steroid injection (ESI)	Revise for clarity: "and at one year"
12/21/16	Hernia	Ventral hernia repair	Revise for clarity: "needed to determine whether"
12/21/16	Neck	Work conditioning, work hardening	Revise for clarity: "oversee the changes required" and "Vocational rehab"
12/21/16	Neck	Radiography (X-rays)	Revise for clarity: "paresthesia in hands or feet" and "3 months of conservative treatment"
12/21/16	Neck	Fusion, posterior cervical	Revise for clarity: "periodontal ligaments"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/21/16	Neck	Myelography	Revise for clarity: "post-lumbar puncture headache, post-spinal surgery headache"
12/21/16	Neck	Office visits	Revise for clarity: "self-care"
12/21/16	Neck	Current perception threshold (CPT) testing	Revise for clarity: "sensory nerve conduction threshold (sNCT) device"
12/21/16	Hernia	Causality (determination)	Revise for clarity: "study found that hernia was attributable to a single muscular strain in only 7% of patients"; "Using the specific Bradford-Hill criteria as a guide to determine causation is recommended but not required."
12/21/16	Neck	Nerve conduction studies (NCS)	Revise for clarity: "symptoms of radiculopathy"
12/21/16	Neck	Iliac crest donor-site pain treatment	Revise for clarity: "To reduce"
12/21/16	Neck	Collars (cervical)	Revise for clarity: "whiplash-associated disorder"
12/21/16	Neck	Soft collars	Revise for clarity: "whiplash-associated disorder"
12/21/16	Neck	Return to work	Revise for clarity: "whiplash-associated disorder" and "periodontal ligaments"
12/21/16	Neck	Delayed treatment	Revise for clarity: "whiplash-associated disorders"
12/21/16	Neck	Back brace, post operative (fusion)	Topic title change: "Back brace, post-operative (fusion)"
12/21/16	Neck	Cervical collar, post operative (fusion)	Topic title change: "Cervical collar, post-operative (fusion)"
12/21/16	Neck	Whiplash associated disorder (WAD) treatment	Topic title change: "Whiplash-associated disorder (WAD) treatment"; fix error: "General Practitioner"
12/21/16	Pain	NSAIDs and gastrointestinal symptoms	Update entry: (American College of Rheumatology, 2008) (Anglin, 2014) (Lanza, 2009) (Laine, 2010) (Burmester, 2011) (Soubrier, 2013); Add xref "NSAIDs in patients with hypertension and cardiac disease";"Proton pump inhibitors"
12/23/16	Pain	References	Add missing PMID number for the reference (McGettigan, 2011)
12/24/16	Pain	Proton pump inhibitors (PPIs)	Update entry: (Giuliano, 2012) (Juurlink, 2013) (Savarino, 2016) (Scarpignato, 2016) (Sierra, 2007) (Strand, 2016) (Talley, 2016); Add xref "NSAIDs and gastrointestinal symptoms"; "FDA-approved drugs for pathology related to NSAIDs"
12/25/16	Pain	NSAIDs and renal function	Update entry: (Harirforoosh, 2009) (Rahman, 2014) (Ungprasert, 2015) (Yaxley, 2016)
12/26/16	Pain	NSAIDs and renal function	Topic title change from "NSAIDS, hypertension, and renal function" to "NSAIDs and renal function"
NOTES:			
horization is required when:			
ed as requiring preauthorization in rule 134.600, or			
ded, under study, or not listed in adopted treatment guidelines.			
NOTES:			
ization is NOT required when:			
sted as requiring preauthorization in rule 134.600, and			
recommended by adopted treatment guidelines.			
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, excluding Return to Work Pathways, published by the			
ork Loss Data Institute.			
n purposes and is not a substitute for law and rules.			
is not a substitute for the Official Disability Guidelines.			

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Nov-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/16/16	Knee	Isokinetic strength testing	New entry: Not recommended (Abrams, 2014) (Almosnino, 2016) (Barber-Westin, 2011) (Coroian, 2016) (El Mhandi, 2013) (Hammami, 2012) (Kristensen, 2016) (Taylor, 2013) (Undheim, 2015); add xrefs: "Computerized muscle testing" and "Anterior cruciate ligament (ACL) reconstruction"
11/16/16	Hip	Computerized muscle testing	New xref: same entry in Knee Chapter
11/16/16	Hip	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/16/16	Low back	Computerized muscle testing	New xref: same entry in Knee Chapter
11/16/16	Low back	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/16/16	Neck	Computerized muscle testing	New xref: same entry in Knee Chapter
11/16/16	Neck	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/16/16	Fitness for Duty	Computerized muscle testing	New xref: same entry in Knee Chapter
11/16/16	Fitness for Duty	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/22/16	Neck	Hardware implant removal (fracture fixation)	New entry: Not recommended; add xref: same entry in Forearm/Wrist/Hand Chapter
11/22/16	Neck	Pin removal	New xref: "Hardware implant removal (fracture fixation)"
11/22/16	Knee	Pin removal	New xref: "Hardware implant removal (fracture fixation)"
11/22/16	Hip	Pin removal	New xref: "Hardware implant removal (fracture fixation)"
11/22/16	Low back	Pin removal	New xref: "Hardware implant removal (fracture fixation)"
11/22/16	Head	Computed tomography angiography (CTA)	New xref: "MRA (magnetic resonance angiography)"
11/23/16	Shoulder	Pulsed magnetic field therapy (PMFT)	New entry: Recommended.. (Shupak, 2004) (Binder, 1984) (Aktas, 2007) (Galace, 2014) (Osti, 2015) (Devereaux, 1985) (Thuile, 2002); Add xref "See Bone growth stimulators, electrical"
11/23/16	Forearm	Pin removal	New xref: "Hardware implant removal (fracture fixation)".

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/23/16	Shoulder	Pin removal	New xref: "See Hardware implant removal (fracture fixation)"
11/23/16	Ankle	Pin removal	New xref: "See Hardware implant removal (fracture fixation)"
11/23/16	Shoulder	Hardware implant removal (fracture fixation)	New xref: "See hardware implant removal in the Forearm wrist and hand chapter for more information"
11/23/16	Shoulder	OrthoCor™	New xref: "See Pulsed magnetic field therapy (PMFT)."
11/23/16	Shoulder	Computerized muscle testing	New xref: same entry in Knee Chapter
11/23/16	Shoulder	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/23/16	Ankle	Computerized muscle testing	New xref: same entry in Knee Chapter
11/23/16	Ankle	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/23/16	Elbow	Computerized muscle testing	New xref: same entry in Knee Chapter
11/23/16	Elbow	Isokinetic strength testing	New xref: same entry in Knee Chapter
11/23/16	Forearm	Isokinetic strength testing	New xref: same entry in the Knee Chapter
11/23/16	Elbow	Pin removal	New xref: See Hardware implant removal (fracture fixation)
11/23/16	Elbow	Hardware implant removal (fracture fixation)	New xref: See hardware implant removal in the Forearm wrist and hand chapter for more information

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/07/16	Low back	Mindfulness meditation	Add xref: Mindfulness meditation in the Pain Chapter
11/16/16	Knee	Computerized muscle testing	Add xref: "Isokinetic strength testing"; revise for clarity: "variations from day to day due to a multitude of factors that always influence human performance"
11/22/16	Fitness for Duty	Functional capacity evaluation (FCE)	Add xref: "Computerized muscle testing" and "Isokinetic strength testing" in the Knee Chapter
11/23/16	Shoulder	Bipolar interferential electrotherapy	Add xref " See Pulsed magnetic field therapy (PMFT)"
11/23/16	Forearm	Computerized muscle testing	Add xref: "Computerized muscle testing" in the Knee Chapter

REVISED INFORMATION

Date	Chapter	Section	Change
11/03/16	Fitness	Codes for Automated Approval	Delete from table of contents (section already deleted)
11/03/16	Neck	Codes for Automated Approval	Delete section; also delete from table of contents
11/03/16	Neck	Alexander technique	Fix error (starting a sentence with a number): "A total of 517 patients"
11/03/16	Neck	Acupuncture	Fix error (starting sentence with a number): "A total of 517 patients"
11/03/16	Neck	Prolotherapy (sclerotherapy)	Fix error: "Evidence in the neck is still limited"
11/03/16	Fitness	Treatment planning	Fix error: "includes the following"
11/03/16	Neck	McKenzie method	Fix error: "it is associated with"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
11/03/16	Head	Physical medicine treatment	Fix error: "three periods"
11/03/16	Head	Concussion severity	Format criteria: separate criteria section and add blue background
11/03/16	Head	Hearing aids	Format criteria: separate criteria section and add blue background
11/03/16	Head	(multiple sections)	Format entry: separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
11/03/16	Neck	(multiple sections)	Format entry: separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
11/03/16	Fitness	(multiple sections)	Format entry: separate recommendation statements with paragraph break; move sections: blue criteria, xref statements
11/03/16	Neck	Facet joint therapeutic steroid injections	Revise blue criteria for clarity: "Therapeutic intra-articular and medial branch blocks are Not Recommended by ODG. However, if the provider and payer agree to perform anyway, the following criteria should be met:"
11/03/16	Fitness	Drug use	Revise for clarity (not a status change): "Do not recommend"; rearrange xrefs for clarity (nothing added or removed)
11/03/16	Head	Video EEG	Revise for clarity (not a status change): "Not recommended as a routine procedure for TBI"
11/03/16	Neck	Disc prosthesis	Revise for clarity/fix error: "Currently, there are no"
11/03/16	Neck	Delayed treatment	Revise for clarity/fix error: "occurred when the initial treatment"
11/03/16	Head	Diffusion tensor imaging (DTI)	Revise for clarity: ""many patients… but who present DTI abnormalities"
11/03/16	Head	Vestibular studies	Revise for clarity: "a physician or provider"
11/03/16	Head	CT (computed tomography)	Revise for clarity: "a significant number of"
11/03/16	Fitness	BiomTec	Revise for clarity: "and existing technologies"
11/03/16	Neck	Rest	Revise for clarity: "and recommending bed rest should be avoided"
11/03/16	Neck	Education	Revise for clarity: "and that resumption"
11/03/16	Head	Audiometry	Revise for clarity: "association for audiologists are to… screen at least every decade"
11/03/16	Neck	Oral corticosteroids	Revise for clarity: "at high doses"
11/03/16	Head	Work	Revise for clarity: "can resume normal work"; "Most mild traumatic brain injury patients"; "because of the injury"
11/03/16	Head	Cognitive skills retraining	Revise for clarity: "Cognitive skills retraining needs to be focused"
11/03/16	Head	Modified Ashworth Scale (MAS)	Revise for clarity: "does not have a similar effect"
11/03/16	Head	Melatonin	Revise for clarity: "efficacy like that"

REVISED INFORMATION			
Date	Chapter	Section	Change
11/03/16	Neck	Discectomy-laminectomy-laminoplasty	Revise for clarity: "evidence of radiculopathy, evidence of a central location, and/or any degree of segmental kyphosis"; Fix error (word choice): "pronounced arm pain"
11/03/16	Neck	Spinal cord stimulation (SCS)	Revise for clarity: "except as a last resort for selected patients who meet detailed criteria and have either Complex Regional Pain Syndrome (CRPS) Type I or Failed Back Surgery Syndrome "
11/03/16	Neck	Electromyography	Revise for clarity: "highly correlated"
11/03/16	Neck	Cold packs	Revise for clarity: "However, due to"
11/03/16	Head	Concussion/mTBI assessment	Revise for clarity: "In most cases"
11/03/16	Neck	Current perception threshold (CPT) testing	Revise for clarity: "in order to detect" and "This approach"
11/03/16	Head	Testosterone replacement for hypogonadism (related to TBI)	Revise for clarity: "Low testosterone can cause"
11/03/16	Head	Interdisciplinary rehabilitation programs (TBI)	Revise for clarity: "most patients"
11/03/16	Neck	Office visits	Revise for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
11/03/16	Fitness	Multidimensional task ability profile (MTAP)	Revise for clarity: "option when they require"
11/03/16	Head	Oxygen therapy	Revise for clarity: "patients can sense"
11/03/16	Neck	Hypothermia (for spinal cord injury)	Revise for clarity: "patients with a spinal cord injury"
11/03/16	Head	Nutrition	Revise for clarity: "Providing an adequate supply"
11/03/16	Neck	Hospital length of stay (LOS)	Revise for clarity: "Recommend the best practice… data are not available"; "mean may be a better choice unless making comparisons to other medians (so as to compare like to like)"
11/03/16	Head	Speech therapy	Revise for clarity: "reduced because of acute"
11/03/16	Neck	Percutaneous electrical nerve stimulation (PENS)	Revise for clarity: "There is a lack of high-quality evidence"
11/03/16	Neck	Iliac crest donor-site pain treatment	Revise for clarity: "There is no support"
11/03/16	Head	Working memory training	Revise for clarity: "Therefore, the goal is"
11/03/16	Neck	Thermography (diagnostic)	Revise for clarity: "Thermography is not an accepted diagnostic" and "play a role"
11/03/16	Head	Acupuncture, headaches	Revise for clarity: "This finding is consistent"
11/03/16	Neck	CRMA (computed radiographic mensuration analysis)	Revise for clarity: "this procedure"
11/03/16	Neck	Standing MRI	Revise for clarity: "This procedure"
11/03/16	Neck	Epidural steroid injection (ESI)	Revise for clarity: "This treatment had been"
11/03/16	Head	TBI definition (traumatic brain injury)	Revise for clarity: "to determine the severity"
11/03/16	Neck	Whiplash associated disorder (WAD) treatment	Revise for clarity: "treatments as well as early physical therapy" and "an injury caused by"

REVISED INFORMATION			
Date	Chapter	Section	Change
11/03/16	Neck	Computed tomography (CT)	Revise for clarity: "whether the patient"
11/03/16	Neck	Magnetic resonance imaging (MRI)	Revise for clarity: "whether the patient"
11/03/16	Neck	Radiography (X-rays)	Revise for clarity: "whether the patient"
11/03/16	Head	MRA (magnetic resonance angiography)	Revise for clarity; "plays a role"
11/03/16	Head	Pulsed dye laser (PDL) therapy for scars	Revise for consistency/clarity: "CO2" and "Several lasers"
11/03/16	Head	Cognitive therapy	Revise to define acronym/fix error: "Moderate and severe traumatic brain injury (TBI) is often associated"
11/03/16	Neck	Bryan® cervical disc	Revise to define acronym: "ADR (artificial disc replacement)"; revise for clarity: "but this device"
11/03/16	Neck	Disc prosthesis	Revise to define acronym: "artificial disc replacement (ADR)"; revise for clarity: "There is also an additional problem" and "but there are currently no comparative studies"
11/03/16	Head	Botulinum toxin for chronic migraine	Revise to maintain formal tone: "which have mostly shown"
11/03/16	Supplemental Info	Contents page	Standardize "&" to "and"
11/03/16	Neck	(multiple sections)	Standardize "x-ray" to "X-ray"
11/03/16	Neck	Laminectomy	Standardize xref: "Discectomy-laminectomy-laminoplasty"
11/03/16	Neck	Medications	Standardize xref: "Pain Chapter"
11/03/16	Neck	Opioids	Standardize xref: Opioids in the Pain Chapter
11/03/16	Knee	Physical medicine treatment	Update status (user feedback): "Recommended as indicated below"
11/04/16	Shoulder	Surgery for rotator cuff repair	Updated blue critera; Added definition for "rotator cuff tear" (AAOS, 2011)
11/07/16	Low back	Codes for Automated Approval	Delete section; also delete from table of contents
11/07/16	Low back	Prostaglandin E1 (PGE1)	Fix error: "µg"
11/07/16	Low back	Mattress selection	Fix error: "a sole criterion"
11/07/16	Low back	Traction	Fix error: "and Orthotrac vest"
11/07/16	Low back	Bone growth stimulators (BGS)	Fix error: "bone-growth stimulators"
11/07/16	Low back	Adjacent segment disease/degeneration (fusion)	Format criteria: add blue shading: "Risk factors for adjacent segment disease"
11/07/16	Low back	(multiple sections)	Format entry: separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
11/07/16	Low back	Hardware implant removal (fixation)	Revise for clarity (not a status change): "Do not recommend"
11/07/16	Low back	Colchicine	Revise for clarity: "a lack of sufficient evidence"
11/07/16	Low back	Electromagnetic pulsed therapy	Revise for clarity: "a lack of sufficient evidence"
11/07/16	Low back	Kyphoplasty	Revise for clarity: "and any use for osteoporotic compression fractures"

REVISED INFORMATION			
Date	Chapter	Section	Change
11/07/16	Low back	Botulinum toxin (Botox®)	Revise for clarity: "Based on these" and "Several studies have evaluated"
11/07/16	Low back	Vacuum-assisted closure wound-healing	Revise for clarity: "Because there is"
11/07/16	Low back	Feldenkrais	Revise for clarity: "both yoga and massage"
11/07/16	Low back	Cold/heat packs	Revise for clarity: "cold packs should be used in the first few days… complaint, followed by applications of heat"
11/07/16	Low back	Conservative care	Revise for clarity: "exercise program with on-going back strengthening"
11/07/16	Low back	Epidurography	Revise for clarity: "However, there is conflicting"
11/07/16	Low back	Percutaneous discectomy	Revise for clarity: "not recommended because proof" and "procedure performed under"
11/07/16	Low back	Office visits	Revise for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
11/07/16	Low back	Adhesiolysis, percutaneous	Revise for clarity: "Percutaneous adhesiolysis is also referred"; "and it is a treatment"
11/07/16	Low back	Fluoroscopy (for ESIs)	Revise for clarity: "performed without fluoroscopy"
11/07/16	Low back	Hospital length of stay (LOS)	Revise for clarity: "Recommend the best practice… data are not available"; "mean may be a better choice unless making comparisons to other medians (so as to compare like to like)"
11/07/16	Low back	Anti-inflammatory medications	Revise for clarity: "reducing pain so that activity"
11/07/16	Low back	Surface electromyography (sEMG)	Revise for clarity: "should not replace"
11/07/16	Low back	Nerve conduction studies (NCS)	Revise for clarity: "symptoms of radiculopathy"
11/07/16	Low back	Thoracolumbar fracture treatment	Revise for clarity: "that is supported over the others"; "Recommended criteria for"
11/07/16	Low back	Facet joint chemical rhizotomy	Revise for clarity: "There are no studies, and this treatment is considered experimental"
11/07/16	Low back	Iliac crest donor-site pain treatment	Revise for clarity: "There is no support"
11/07/16	Low back	Transplantation, intervertebral disc	Revise for clarity: "This treatment is"
11/07/16	Low back	Causation	Revise for clarity: "using the specific Bradford-Hill criteria as a guide is recommended, but it is not a required checklist"
11/07/16	Low back	Videofluoroscopy (for range of motion)	Revise for clarity: "Videofluoroscopy is a diagnostic test… and this procedure is of"
11/07/16	Low back	(multiple sections)	Standardize xref: "MRI (magnetic resonance imaging)"
11/07/16	Low back	Differential Diagnosis	Topic title change: "Differential diagnosis"; revise for clarity: "whether radicular signs are present"
11/07/16	Low back	MRIs (magnetic resonance imaging)	Topic title change: MRI (magnetic resonance imaging); fix error: "MRI is the test of choice"
11/14/16	Knee	References	Delete (BlueCross, 2004): not cited in text, bookmark tag: BlueCrossBlueShield95
11/14/16	Low back	Wound dressings	Revise for clarity and to rephrase: "for the debridement stage… acute wounds, low-adherence dressing"; cite source (Vaneau, 2007)
11/14/16	Low back	Conservative care	Standardize recommendation statement (no status change): "Recommended for at least the first six months"

REVISED INFORMATION			
Date	Chapter	Section	Change
11/14/16	Neck	ProDisc™-C	Topic title change: "ProDisc®-C"
11/14/16	Hip	Sacroiliac fusion	Update entry: (Duhon, 2016) (FDA, 2016) (Lorio, 2016) (Nayak, 2016) (Polly, 2015) (Polly, 2016)
11/16/16	Low back	Hospitalization	Format blue criteria: add line breaks
11/16/16	Low back	CT (computed tomography)	Revise for clarity and remove "new": "A meta-analysis of randomized trials found… conditions, and the researchers recommended"
11/16/16	Low back	MRI (magnetic resonance imaging)	Revise for clarity and remove "new": "A meta-analysis of randomized trials found… conditions, and the researchers recommended"
11/16/16	Low back	Radiography (x-rays)	Revise for clarity and remove "new": "A meta-analysis of randomized trials found… conditions, and the researchers recommended"; fix error: "Indiscriminate imaging"
11/16/16	Supplemental Info	ODG Treatment in Workers	Revise for clarity: "CDC and OSHA as well as a comprehensive and ongoing"
11/22/16	Hernia	Office visits	Fix error (relative/absolute link): "ODG Utilization Review Advisor"
11/22/16	Eye	Office visits	Fix error (relative/absolute link): "ODG Utilization Review Advisor"
11/22/16	Neck	Myelopathy, cervical	Fix error (relative/absolute links): "Decompression, myelopathy" and (Rao, 2006)
11/22/16	Neck	Decompression, myelopathy	Fix error: "carefully, especially"
11/22/16	Knee	Venous thrombosis	Fix error: "there were limited data"
11/22/16	Supplemental Info	Contents page	Fix spacing errors; remove links to "sample.pdf" and "sample.ppt"
11/22/16	Supplemental Info	Home page	Fix spacing errors; remove links to "sample.pdf" and "sample.ppt"
11/22/16	Knee	Hardware implant removal (fracture fixation)	Revise entry for clarity
11/22/16	Hip	Hardware implant removal (fracture fixation)	Revise entry for clarity
11/22/16	Low back	Hardware implant removal (fracture fixation)	Revise entry for clarity
11/22/16	Mental	Insomnia	Revise for clarity: "Among the factors… were the following"
11/22/16	Mental	Insomnia treatment	Revise for clarity: "it is recommended to"
11/22/16	Mental	Low-field magnetic stimulation (LFMS)	Revise for consistency: "an RCT"
11/23/16	Ankle	STAR (Scandinavian total ankle replacement)	Delete xref " See the Back Chapter for references"
11/23/16	Forearm	Gustilo open fracture classification	Fix error: "a higher degree of" to "more"
11/23/16	Forearm	Arthroplasty, finger and/or thumb (joint replacement)	Fix error: "Non-reconstructable" , "because of "
11/23/16	Forearm	Targeted muscle reinnervation	Fix error: orthopedic
11/23/16	Forearm	Traction, arm (skeletal traction treatment)	Fixed typos
11/23/16	Forearm	Bone-morphogenetic protein (BMP)	Revise for Clarity: "are experimental"
11/23/16	Forearm	Collagenase clostridium histolyticum (Xiaflex)	Revise for Clarity: "except for"
11/23/16	Forearm	multiple sections	Revise for Clarity: "Most users"
11/23/16	Forearm	Anti-vibration gloves	Revise for Clarity: "Reduce"
11/23/16	Forearm	Myoelectric upper extremity (hand and/or arm) prosthesis	Revise for Clarity: Several approaches

REVISED INFORMATION

Date	Chapter	Section	Change
11/23/16	Elbow	Hospital length of stay (LOS)	Revise wording for clarity: "Recommend the best practice… data are not available"
11/23/16	Forearm	Hospital length of stay (LOS)	Revise wording for clarity: "Recommend the best practice… data are not available";
11/23/16	Ankle	Hospital length of stay (LOS)	Revise wording for clarity: "Recommend the best practice… data are not available";
11/23/16	Shoulder	PEMF (pulsed electromagnetic fields)	Revised topic title from Pulsed electromagnetic field to Pulsed electromagnetic fields (PEMF)
11/23/16	Elbow	Viscosupplementation	Topic title: remove hyphen
11/23/16	Shoulder	Surgery for rotator cuff repair	Update entry: (Huang, 2016)(Owens, 2015)(Huberty, 2009)(Vopat, 2016)(Shamsudin, 2015); Add Risk vs Benefit; Add xref " Surgery for impingement syndrome; Continuous passive motion (CPM)"
11/23/16	Shoulder	Flexionators (extensionators)	Update entry: Clarification on use of the device
11/23/16	Forearm	Hardware implant removal (fracture fixation)	Update entry; No change in the recommendation
11/23/16	Ankle	Hardware implant removal (fracture fixation)	Update entry; No change in the recommendation
11/23/16	Forearm	Gamekeeper's thumb surgery	Update entry; update blue criteria
11/23/16	Shoulder	PEMF (pulsed electromagnetic fields)	Updated entry. Deleted text and Add xref " See Pulsed magnetic field therapy (PMFT)"
NOTES:			
horization is required when:			
ed as requiring preauthorization in rule 134.600, or			
ded, under study, or not listed in adopted treatment guidelines.			
NOTES:			
rization is NOT required when:			
sted as requiring preauthorization in rule 134.600, and			
recommended by adopted treatment guidelines.			
xas Department of Insurance, Division of Workers' Compensation			
, excluding Return to Work Pathways, published by the			
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n purposes and is not a substitute for law and rules.			
is not a substitute for the Official Disability Guidelines.			

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Oct-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/03/16	Fitness for duty	Firefighter return to duty program	New entry: Recommended (Fahy, 2016) (Kales, 2003) (Kales, 2007) (Haynes, 2015); add xref: "Firefighters"
10/14/16	Forearm	Bone-morphogenetic protein (BMP)	New entry: Not Recommended (Ronga, 2013) (Garrison, 2010) (von Rüden, 2016) (Morison, 2016) (Brannan, 2016)
10/14/16	Shoulder	Bone-morphogenetic Protein (BMP)	New entry: Not Recommended (Ronga, 2013) (von Rüden, 2016)
10/14/16	Ankle	Bone graft substitutes	New xref
10/14/16	Shoulder	Bone graft substitutes	New xref
10/14/16	Elbow	Bone graft substitutes	New xref
10/14/16	Forearm	Bone graft substitutes	New xref
10/14/16	Elbow	Bone-morphogenetic Protein (BMP)	New xref
10/14/16	Ankle	Bone-morphogenetic Protein (BMP)	New xref
10/17/16	Knee	Bone graft substitutes	New entry: Not recommended (Calori, 2011) (Slevin, 2016); add xrefs: "Bone-morphogenetic protein;" "Bone-morphogenetic protein (BMP)" in the Forearm Chapter; and "Bone-morphogenetic protein (BMP)" in the Shoulder Chapter
10/17/16	Hip	Bone graft substitutes	New entry: Not recommended (Calori, 2011) (Slevin, 2016); xrefs: "Bone-morphogenetic protein;" "Bone-morphogenetic protein" in the Knee Chapter; "Bone-morphogenetic protein" in the Forearm Chapter; and "Bone-morphogenetic protein" in the Shoulder Chapter
10/17/16	Hip	Bone-morphogenetic protein (BMP)	New entry: Not recommended (Ronga, 2013); xrefs: "Knee Chapter;" "Forearm Chapter;" "Shoulder Chapter;" and "Bone graft substitutes"
10/17/16	Knee	Bone-morphogenetic protein (BMP)	New entry: Recommended (Ronga, 2013) (Garrison, 2010); add xrefs: "Forearm Chapter;" "Shoulder Chapter;" and "Bone graft substitutes"
10/27/16	Hip	Surgery for femoroacetabular impingement (FAI)	New entry: Recommended (Bryan, 2016) (Cvetanovich, 2015) (Degen, 2016) (FIRST, 2015) (Frank, 2016) (Gupta, 2016b) (Hetaimish, 2013) (Khan, 2016) (Larson, 2014) (Lee, 2015) (MacDonald, 2016) (Saadat, 2014) (Sardana, 2015) (Skendzel, 2014); add xref: Arthroscopy, Repair of labral tears

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/03/16	Low back	ProDisc	Add bookmark to heading

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/03/16	Knee	References	Update (Morrissey, 2006) to add PMID
10/03/16	Knee	References	Update (Philadelphia, 2001) to hyperlink PMID
10/03/16	Knee	References	Update (Ryu, 2002) to hyperlink PMID
10/03/16	Knee	References	Update (Schindler, 2009) to hyperlink PMID
10/03/16	Knee	References	Update (Schnohr, 2015) to add PMID
10/03/16	Knee	References	Update (Shamliyan, 2012) to add PMID
10/03/16	Knee	Knee joint replacement	Update blue criteria: remove "Limited range of motion (<90° for TKR)" and add "Stiffness"; other formatting changes to improve readability; revise main section for clarity: "In the short term, physical therapy"
10/03/16	Knee	Office visits	Update wording for clarity: "provide guidance about specific treatments and diagnostic procedures, but they do not cover"
10/03/16	Knee	Gustilo open fracture classification	Update wording of blue criteria: "Low-energy wound"
10/14/16	Diabetes	Fracture comorbidity	Added missing reference hyperlinks for references (Boddenberg, 2004) (Holmes, 1994) (Bibbo, 2001)(Gandhi, 2006) (Gandhi, 2005) (Rao, 2006)
10/14/16	Diabetes	References	Added missing references (Boddenberg, 2004) (Holmes, 1994) (Bibbo, 2001)(Gandhi, 2006) (Gandhi, 2005) (Rao, 2006) (Cheung, 2010)
10/14/16	Diabetes	Work	Add reference (FMCSA, 2010)
10/17/16	Knee	Work conditioning, work hardening	Add xref: "Firefighter return to duty program in the Fitness for Duty Chapter"
10/17/16	Neck	Work conditioning, work hardening	Add xref: "Firefighter return to duty program in the Fitness for Duty Chapter"
10/17/16	Hip	Work conditioning, work hardening	Add xref: "Firefighter return to duty program in the Fitness for Duty Chapter"
10/17/16	Low back	Work conditioning, work hardening	Add xref: "Firefighter return to duty program in the Fitness for Duty Chapter"; Revise link formatting: "See Functional capacity evaluation in the Fitness for Duty Chapter"
10/17/16	Hip	Intramedullary nails	Add xref: "Internal fixation"
10/17/16	Knee	Chondroplasty	Update entry for clarification: "or as an isolated procedure… and articular chondral degeneration"; update blue criteria: "Usually combined with other indicate knee procedures…"
10/17/16	Explanation	(NA)	Update links to research study databases; fix links to Texas and Kansas: http://www.tdi.state.tx.us/wc/dm/documents/odgupdates.pdf and http://www.dol.ks.gov/WorkComp/odg.aspx
10/19/16	Ankle	Manipulation	Added blue criteria shading to criteria; no text change
10/19/16	Forearm	Manipulation	Added blue criteria shading to criteria; no text change
10/19/16	Carpal	Low-level laser therapy (LLLT)	Added blue criteria shading to criteria; no text change

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/19/16	Carpal	Low-level laser therapy (LLLT)	Added missing hyper link to pain chapter
10/21/16	Knee	Platelet-rich plasma (PRP)	Update entry: (Mlynarek, 2016)
10/21/16	Pain	Compound drugs	Add xref Topical NSAIDs
10/21/16	Mental	Antidepressants for treatment of MDD (major depressive disorder)	Add blue shading to criteria section
10/21/16	Pain	Antidepressants for chronic pain	Added missing hyperlink to Comorbid psychiatric disorders
10/27/16	Hip	Arthroscopy	Update entry (extensive) and status change: Recommended (Bedard, 2016) (Chandrasekaran, 2016) (Cvetanovich, 2015) (Domb, 2015) (Domb, 2016) (Fukui, 2015) (Gupta, 2016a) (Gupta, 2016b) (Khan, 2015) (Krych, 2016) (Ladd, 2016) (Larson, 2014) (Levy, 2016) (Lodhia, 2016) (Lynch, 2016) (Sardana, 2015) (Weber, 2015) (Wylie, 2016) (Yeung, 2016); add xrefs: Surgery for femoroacetabular impingement (FAI), Repair or labral tears
10/27/16	Hip	Repair of labral tears	Update entry: (Ayeni, 2014a) (Ayeni, 2014b) (Krych, 2014) (Stake, 2013); add xref: Surgery for femoroacetabular impingement (FAI)
10/27/16	Hip	References	Update reference (Larson, 2012), previously an Epub
10/27/16	Knee	Stem cell autologous transplantation	Update status: Not recommended (Chahla, 2016) (Bauer, 2016); add xref: Stem cell autologous transplantation in the Shoulder Chapter
10/28/16	Shoulder	Stem cell autologous transplantation	Update status: Not recommended; Revised title from "Stem cell autologous transplantation (shoulder)" to "Stem cell autologous transplantation"; add xref: Stem cell autologous transplantation in the Knee Chapter
10/31/16	Elbow	Extracorporeal shockwave therapy (ESWT)	Add blue shading to criteria section

REVISED INFORMATION

Date	Chapter	Section	Change
10/03/16	Fitness for duty	Firefighters	Revise entry for clarity and rephrasing; add xref: "Firefighter return to duty"
10/03/16	Low back	Facet joint intra-articular injections (therapeutic blocks)	Revise entry for clarity and typos
10/03/16	Fitness for duty	Body mass index (BMI)	Revise entry to rephrase: "BMI has demonstrated value as a screening tool and may be used to identify firefighters who would benefit from health and fitness intervention measures."
10/03/16	Knee	Bicompartmental knee replacement	Revise for clarity: "criteria, and the advantages of performing bicompartmental or bi-unicompartmental knee replacement (compared to standard treatment options such as TKR) have not been clearly established"
10/03/16	Knee	Physical medicine treatment	Revise for clarity: "In the short term, physical therapy interventions"
10/03/16	Knee	SAMe (S-adenosylmethionine)	Revise for clarity: "in the short term, SAMe may decrease pain through decreasing depressive symptoms, but in the long term, the effectiveness related to pain"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/03/16	Knee	Bone densitometry	Revise for clarity: "risk factors after sustaining an injury such as a fracture"
10/03/16	Fitness for duty	Exercise fitness programs	Revise text to avoid starting sentence with a number: "Among truck drivers, 50% of those…"
10/03/16	Knee	(multiple sections)	Revise to add hyphens to compound terms (such as "high-quality") as appropriate
10/03/16	Knee	(multiple sections)	Revise to add new paragraph breaks after the recommendation statements
10/03/16	Knee	Arthroscopic surgery for osteoarthritis	Revise to move text into the recommendation statement: "Arthroscopic surgery in the presence of significant knee OA should only rarely be considered for major, definite and new mechanical locking/catching (i.e., large loose body) after failure of non-operative treatment."
10/03/16	Knee	ARP wave therapy	Standardize term: "MEDLINE"
10/03/16	Knee	BioCartilage	Standardize term: "MEDLINE"
10/03/16	Knee	Subchondroplasty	Standardize term: "MEDLINE"; revise for clarity: "as there are no published peer-reviewed studies"
10/04/16	Infectious	(multiple sections)	Correct spelling: "post-traumatic"
10/04/16	Infectious	Multiple sections	Fixed typos
10/04/16	Infectious	Tetanus	Fixed xref: Magnesium sulfate
10/04/16	Infectious	(multiple sections)	Removed underlined words in the middle of the text : nonpurulent
10/04/16	Infectious	Return to work	Replaced BP guideline table with a list of ICD 9 codes
10/04/16	Infectious	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
10/04/16	Infectious	Magnesium sulphate	Revised title: Magnesium sulfate
10/04/16	Infectious	Multiple sections	Standardized the term "hematogenous"
10/04/16	Infectious	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
10/11/16	Burns	(multiple sections)	Fix spelling: "Hyperglycemia"
10/11/16	Burns	(multiple sections)	Revise to add new paragraph breaks after the recommendation statements
10/14/16	Diabetes	Commercial drivers (fitness for duty)	Deleted reference (Flanagan, 2000) previously there was a missing hyperlink for this reference; updated reference to (FMCSA, 2010)
10/14/16	Diabetes	(multiple sections)	Fix spelling: "hypoglycemic" & "glycemic"
10/14/16	Diabetes	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
10/14/16	Diabetes	multiple sections	Revise to add new paragraph breaks after the recommendation statements
10/14/16	Diabetes	Vacuum-assisted closure wound-healing	Revised text around Ankle chapter link in recommendation statement; no change in recommendation
10/14/16	Diabetes	Surgery for charcot arthropathy	Revised text around Ankle chapter link; no change in recommendation. Added missing hyperlink for references (Sanders, 2004) (Pinzur, 2004) (Trepman, 2005) (Strauss, 1998)
10/14/16	Diabetes	Vitrectomy (for diabetic retinopathy)	Revised text around Eye chapter link; no change in recommendation. Added missing hyperlinks for references (Cheung, 2010) (Newman, 2010)(Nashed, 2011) (Globocnik, 2004)
10/14/16	Diabetes	Monofilament testing	Revised text around pain chapter link in recommendation statement; no change in recommendation. Added missing hyperlink for reference (Dros, 2009)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/17/16	Knee	Bone densitometry	Fix typo: "Recommended"
10/17/16	Hip	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/17/16	Hip	Heparin	Revise error: "due to the following"
10/17/16	Hip	(multiple sections)	Revise error: "high-quality"
10/17/16	Hip	Arthroscopy	Revise for clarity
10/17/16	Knee	Patellar tendinosis surgery (jumper's knee)	Revise for clarity: "a common and painful overuse disorder"
10/17/16	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	Revise for clarity: "a second-line therapy for patients who don't respond"; "Short-term use of NSAIDs during flares and long-term use of a simple analgesic seems to be the best approach"; "Although NSAIDs have been shown to be efficacious"
10/17/16	Knee	Wheelchair	Revise for clarity: "and if it is prescribed"
10/17/16	Knee	Neurotomy	Revise for clarity: "both to demonstrate the efficacy of neurotomy and to track any long-term adverse effects"
10/17/16	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	Revise for clarity: "interventions that address the short-term relief"
10/17/16	Hip	Home health services	Revise for clarity: "only to deliver otherwise recommended medical treatment to patients", "housekeeping services"
10/17/16	Knee	Osteochondral allograft (OCA) transplantation	Revise for clarity: "Recommended as an alternative to autograft transplantation" and "Although each approach (allograft and autograft) has tradeoffs, both are recommended"
10/17/16	Knee	Physical medicine treatment	Revise for clarity: "Recommended, with limited positive evidence"
10/17/16	Knee	Meniscal allograft transplantation	Revise for clarity: "the surgical principles for treating torn or damaged menisci have evolved to indicate their repair"
10/17/16	Hip	Hip-spine syndrome	Revise for clarity: "treatment for hip osteoarthritis"
10/17/16	Knee	Osteochondral autograft transplant system (OATS)	Revise for clarity: "who are under 40 years of age and have an active lifestyle"
10/17/16	Hip	Medications	Revise for consistency: "see the Pain Chapter"
10/17/16	Hip	Internal fixation	Revise for errors/clarity: "had increased mortality, and the survivors"; "significantly reduced technical problems and the reoperation rate as well as the time to union, nonunion, and delayed union"; "none of the other differences in the outcomes reported were statistically significant between open and closed reduction"; "concluded based on limited results that femoral neck fracture patients"
10/17/16	Hip	Prophylaxis (antibiotic and anticoagulant)	Revise text: "antibiotics are associated"
10/17/16	Hip	Skilled nursing facility (SNF) care	Revise text: "IRFs had better outcomes than did SNFs"
10/17/16	Knee	(multiple sections)	Revise to add paragraph breaks after the recommendation statements (finished chapter)
10/17/16	Hip	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements;
10/17/16	Knee	U-Step walker	Revise to fix errors: "including Parkinson's disease, ALS, stroke, PSP, multiple sclerosis, brain injuries, balance disorders, and MSA"
10/17/16	Knee	Loose body removal surgery (arthroscopy)	Revise to fix typo: "non-operative treatment is indicated"
10/17/16	Knee	Magnet therapy	Revise to fix typo: "The data from randomized, placebo-controlled clinical trials fail to demonstrate"
10/17/16	Knee	Posterior cruciate ligament (PCL) repair	Revise to move sentence to recommendation: "Management of PCL injuries remains controversial, and prognosis can vary widely."

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/17/16	Knee	KT 1000 arthrometer	Revise wording for clarity: "an alternative to the Lachman test" and "The Lachman test is as accurate"
10/17/16	Knee	Exoskeleton suits (for wheelchair users)	Revise wording for clarity: "Exoskeleton suits bring mobility"
10/17/16	Knee	Electrical stimulators (E-stim)	Revise wording for clarity: "such as the following choices"
10/17/16	Knee	Imaging	Revise wording for clarity: "such as the following choices"
10/17/16	Knee	Functional improvement measures	Revise wording for clarity: "These measures should include"
10/17/16	Knee	Gym memberships	Revise wording for clarity: "Under these circumstances" and "Although an individual exercise program"
10/17/16	Knee	Insoles	Revise wording for consistency: "Lateral wedge insoles are recommended for mild OA but not for advanced stages of OA"
10/17/16	Knee	Knee braces	Revise wording for consistency: "Valgus knee braces are recommended for knee OA"
10/17/16	Knee	iBot powered wheelchair	Revise wording to update verb tense: "and support for existing units was withdrawn at the end of 2013"
10/17/16	Hip	Arthroplasty	Standardize abbreviation: "total hip arthroplasty (THA)"
10/17/16	Knee	Viscosupplementation	Topic title: remove hyphen
10/17/16	Hip	Viscosupplementation	Topic title: remove hyphen; revise for clarity: "but recent quality studies indicate"
10/19/16	Ankle	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Burns	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Carpal	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Diabetes	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Forearm	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Elbow	Hospital length of stay (LOS)	Fix typo: "the median is a better choice than the mean"
10/19/16	Carpal	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Ankle	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Burns	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Carpal	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Diabetes	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Forearm	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Elbow	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Pulmonary	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/19/16	Burns	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/19/16	Ankle	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/19/16	Burns	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/19/16	Carpal	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/19/16	Diabetes	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval
10/19/16	Forearm	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/19/16	Elbow	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/19/16	Pulmonary	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements;
10/19/16	Ankle	Hyaluronic acid injections	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements;
10/21/16	Pain	Compound drugs	Deleted repeated xref "See also Topical analgesics, compounded"
10/21/16	Pain	Evzio (naloxone)	Deleted repeated xref "See Naloxone (Narcan®)"
10/21/16	Pain	Detoxification	Deleted repeated xref "See Substance abuse (substance related disorders, tolerance, dependence, addiction) for definitions"
10/21/16	Pain	Weaning, stimulants	Deleted repeated xref "See Weaning, scheduled medications (general guidelines). "
10/21/16	Pain	Botulinum toxin (Botox®; Myobloc®)	Deleted text " See more details below"
10/21/16	Pain	Spinal cord stimulators (SCS)	Deleted xref "See Complete list of SCS_References"
10/21/16	Mental	Hospital length of stay (LOS)	Fix bookmark to entry title; revise wording for clarity: "Recommend the best practice… data are not available"; "mean may be a better choice
10/21/16	Knee	Electrothermal shrinkage (for lax ACL)	Fix error: "data… indicate"
10/21/16	Mental	Stress & heart-related interventions	Fix errors: "A recent study" and "categories include the following"
10/21/16	Mental	Psychological debriefing (for preventing post-traumatic stress disorder)	Fix typo in reference: (Rose-Cochrane, 2002)
10/21/16	Knee	(multiple sections)	Move sections: blue criteria, orange risk/benefit, xref statements
10/21/16	Hip	(multiple sections)	Move xref statements
10/21/16	Knee	Codes for Automated Approval	Remove section; also remove from table of contents

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/21/16	Mental	Codes for Automated Approval	Remove section; also remove from table of contents
10/21/16	Pain	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/21/16	Infectious	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/21/16	Shoulder	Office visits	Replaced ODG Codes for Automated Approval (CAA) with UR advisor link
10/21/16	Mental	Emotional freedom techniques (EFT)	Revise for clarity: "evidence of successful outcomes for"
10/21/16	Mental	Stress, occupational	Revise for clarity: "following the steps"
10/21/16	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord	Revise for clarity: "prior to a trial for an intrathecal drug delivery system (IDDS) or spinal cord stimulator (SCS)"
10/21/16	Mental	Polysomnography (PSG)	Revise for clarity: "that is unresponsive to behavior intervention and sedative/sleep-promoting medications, after psychiatric etiology has been excluded"
10/21/16	Mental	Stress & cancer (effect)	Revise for clarity: "the increased secretion of hypothalamic"
10/21/16	Mental	MDD treatment, mild presentations	Revise for clarity: "the options indicated below"
10/21/16	Mental	MDD treatment, moderate presentations	Revise for clarity: "the options indicated below"
10/21/16	Mental	MDD treatment, severe presentations	Revise for clarity: "the options indicated below"
10/21/16	Mental	MDD treatment, psychotic presentations	Revise for clarity: "the options indicated below"
10/21/16	Mental	Imagery rehearsal therapy (IRT)	Revise for clarity: "The prevalence of nightmares is high"
10/21/16	Mental	Zolpidem (Ambien)	Revise for clarity: "This medication can be"
10/21/16	Hip	Causality (determination)	Revise for clarity: "Using the specific Bradford-Hill criteria as a guide is recommended but not required"
10/21/16	Mental	Virtual reality (VR)	Revise for clarity: "Virtual reality (VR) is not a treatment" and "This approach should be available to"
10/21/16	Mental	VAS (Visual Analogue Pain Scale)	Revise for clarity: "when a relative"
10/21/16	Pain	Budapest (Harden) criteria	Revise for clarity: Rearranged sentences
10/21/16	Pain	Calcitonin	Revise for clarity: Rearranged sentences
10/21/16	Pain	Celebrex® (celecoxib)	Revise for clarity: Rearranged sentences
10/21/16	Pain	Opioids, dosing	Revise formatting: make " dosage ranges" section blue
10/21/16	Pain	Actiq® (oral transmucosal fentanyl lollipop)	Revise formatting: make criteria section blue
10/21/16	Pain	Benzodiazepines	Revise formatting: make criteria section blue

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/21/16	Pain	Buprenorphine for chronic pain	Revise formatting: make criteria section blue
10/21/16	Pain	Opioids, criteria for use	Revise formatting: make criteria section blue
10/21/16	Pain	Opioids, dealing with misuse & addiction (plus aberrant behaviors & abuse)	Revise formatting: make criteria section blue
10/21/16	Pain	Whole body vibration (WBV) exercise	Revise formatting: make criteria section blue
10/21/16	Pain	Opioid-induced constipation treatment (OIC)	Revise formatting:Included references at the end in blue criteria
10/21/16	Pain	Opioids, long-term assessment	Revise formatting:Included references at the end in blue criteria
10/21/16	Pain	Anti-epilepsy drugs (AEDs) for pain	Revise sentences: Made recommendation statement as first sentence; no change in text
10/21/16	Pain	Bisphosphonates	Revise sentences: Made recommendation statement as first sentence; no change in text
10/21/16	Mental	Sedative hypnotics	Revise text for clarity: "and discouraging use"
10/21/16	Mental	Return to work	Revise text for clarity: "the best way to help"
10/21/16	Mental	St. John's wort (for depression)	Revise text for clarity: "There is mixed evidence but minimal side effects"
10/21/16	Mental	Spiritual support	Revise text for clarity: "to vent, defuse, share feelings, and talk"
10/21/16	Pain	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/21/16	Infectious	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/21/16	Shoulder	(multiple sections)	Revise to add paragraph breaks after the recommendation statements; move blue criteria sections to after the recommendation statements; move risk/benefit section after blue criteria; move xref next to recommendation statements; deleted "Codes for Automated Approval section"
10/21/16	Mental	Bupropion (Wellbutrin®)	Revise to fix error: "The FDA"
10/21/16	Mental	Optimism (and its effect on schema-focused therapy)	Revise to fix error: "Thirty-five"
10/21/16	Supplemental Info	ODG Treatment in Workers	Revise to fix typos and for clarity
10/21/16	Mental	Suvorexant (Belsomra)	Revise wording for clarity: "due to safety"
10/21/16	Knee	Office visits	Revise wording for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
10/21/16	Mental	Office visits	Revise wording for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
10/21/16	Hip	Office visits	Revise wording for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
10/21/16	Knee	Hospital length of stay (LOS)	Revise wording for clarity: "Recommend the best practice… data are not available"; "mean may be a better choice unless making comparisons to other medians (so as to compare like to like)"
10/21/16	Hip	Hospital length of stay (LOS)	Revise wording for clarity: "Recommend the best practice… data are not available"; "mean may be a better choice unless making comparisons to other medians (so as to compare like to like)"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/21/16	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	Revise wording in blue criteria: "Do not recommend"
10/21/16	Mental	BHI™ 2 (Battery for Health Improvement – 2nd edition)	Revise wording to clarify: "This instrument is useful"
10/21/16	Knee	Hamstring injury treatment	Revise wording: "Do not recommend"
10/21/16	Pain	Hospital length of stay (LOS)	Rewrite; no change in recommendation
10/21/16	Infectious	Hospital length of stay (LOS)	Rewrite; no change in recommendation
10/21/16	Shoulder	Hospital length of stay (LOS)	Rewrite; no change in recommendation
10/21/16	Mental	(multiple sections)	Separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
10/21/16	Mental	Antidepressants	Standardize xref: "Antidepressants - SSRIs versus tricyclics (class)"
10/21/16	Mental	Medications	Standardize xref: "Antidepressants - SSRIs versus tricyclics (class)"
10/21/16	Mental	Weaning of medications (antidepressants)	Standardize xref: "Antidepressants - SSRIs versus tricyclics (class)"
10/21/16	Knee	Knee joint replacement	Standardize xref: "Bone & joint infections: prosthetic joints in the Infectious Diseases Chapter"
10/21/16	Knee	Sit-stand workstation	Standardize xref: "Sitting in the Diabetes Chapter"
10/21/16	Knee	Topical NSAIDs (for knee arthritis)	Standardize xref: "Topical analgesics in the Pain Chapter"
10/21/16	Mental	Antidepressants - SSRIs versus tricyclics (class)	Topic title: remove apostrophe in "SSRIs"; revise to define abbreviations at first use: tricyclics (TCAs) and selective serotonin reuptake inhibitors (SSRIs); standardize "SSRIs" (no apostrophe)
10/27/16	Eye	Vitrectomy	Move statements to recommendation: "Early surgical repair with vitrectomy in open-globe injuries with retinal detachment is recommended. (Nashed, 2011) Open eye injury after trauma may be successfully managed with pars plana vitrectomy. (Globocnik, 2004)"
10/27/16	Eye	Codes for Automated Approval	Remove section; also remove from table of contents
10/27/16	Hip	Codes for Automated Approval	Remove section; also remove from table of contents
10/27/16	Hernia	Codes for Automated Approval	Remove section; also remove from table of contents
10/27/16	Hernia	Inguinal disruption (ID) treatment	Revise for clarity (various changes)
10/27/16	Hernia	Spermatic cord lipoma excision	Revise for clarity (various changes)
10/27/16	Eye	Retinal detachment	Revise for clarity: "and can lead to blindness"
10/27/16	Eye	Steroids (preoperative)	Revise for clarity: "and steroids"
10/27/16	Eye	Surgery for orbital floor fractures	Revise for clarity: "has traditionally been accomplished"
10/27/16	Hernia	Shouldice repair (surgery)	Revise for clarity: "However, open mesh"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/27/16	Hernia	Imaging	Revise for clarity: "See the Treatment Planning section for further discussion."
10/27/16	Eye	Conjuctivoplasty	Revise for clarity: "This condition may"; "The outcome is"
10/27/16	Hernia	Causality	Revise for clarity: "This finding provides support"
10/27/16	Eye	Nonpenetrating glaucoma surgery	Revise for formatting: linked reference (Hondur, 2008)
10/27/16	Hernia	Ventral hernia repair	Revise to remove "recent" and to fix error ("meta-analysis")
10/27/16	Eye	Antibiotic therapy (for treatment of acute bacterial conjunctivitis)	Revise to fix error: "self-limiting condition, but the use"
10/27/16	Hernia	Surgery	Revise to fix typos: "The data suggest"; "serious complications such as visceral"
10/27/16	Eye	Topical mitomycin C (MMC)	Revise to move abbreviation definition "Mitomycin C (MMC)" to the first use
10/27/16	Hernia	Laparoscopic repair (surgery)	Revise to remove "recent" in four places
10/27/16	Eye	Office visits	Revise wording for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
10/27/16	Hernia	Office visits	Revise wording for clarity: "opiates or certain antibiotics"; replace links to CAA with URA
10/27/16	Eye	(multiple sections)	Separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
10/27/16	Hip	(multiple sections)	Separate recommendation statements with paragraph break; move sections: blue criteria, orange risk/benefit, xref statements
10/27/16	Eye	Medications	Standardize xref: Pain Chapter
10/28/16	Pain	Benzodiazepenes	Complete rewrite; Not recommended for treatment of acute or chronic pain; (Gear,1997) (Jones,2014) (Gauntlett-Gilbert, 2016) (Cheatle, 2015) (Fenton, 2010) (Barker, 2004) (Smink, 2010) (Kroll, 2016) (Billioti, 2014) (Olfson, 2015) (FDA, 2016) (NIDA, 2015) (Bachhuber, 2016) (Pfister, 2016) (Park, 2015) (Nielsen, 2015) (Dasgupta, 2016) (Day, 2014) (Lavin, 2014)
10/28/16	Shoulder	Opioids	Deleted repeated xref " See the Pain Chapter for more information and studies, and for use in chronic pain"
10/28/16	Ankle	Opioids	Deleted repeated xref " See the Pain Chapter for more information and studies, and for use in chronic pain"
10/28/16	Shoulder	Office visits	Revise wording for clarity: "opiates or certain antibiotics"
10/28/16	Ankle	Office visits	Revise wording for clarity: "opiates or certain antibiotics"
10/28/16	Pain	Office visits	Revise wording for clarity: "opiates or certain antibiotics"
10/28/16	Ankle	Viscosupplementation	Topic title: remove hyphen
10/31/16	Elbow	Injections (corticosteroid)	Revise for clarity: "Based on"
10/31/16	Elbow	Platelet-rich plasma (PRP)	Revise to fix error: "revert"
10/31/16	Elbow	Office visits	Revise wording for clarity: "opiates or certain antibiotics"

NOTES:			
horization is required when:			
ed as requiring preauthorization in rule 134.600, or			
ded, under study, or not listed in adopted treatment guidelines.			
NOTES:			
rization is NOT required when:			
sted as requiring preauthorization in rule 134.600, and			
recommended by adopted treatment guidelines.			
xas Department of Insurance, Division of Workers' Compensation			
, excluding Return to Work Pathways, published by the			
ork Loss Data Institute.			
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Sep-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
09/23/16	Low back	Osteopathic manual therapy (OMT)	New xref: Manipulation

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/06/16	Neck	Epidural steroid injections	Update entry: add section on "Sedation" (Malhotra, 2009) (Rathmell, 2015); add item to blue criteria: "(12) Excessive sedation should be avoided."
09/06/16	Low back	Epidural steroid injections (ESIs), therapeutic	Update entry: add section on "Sedation" (Trentman, 2009) (Rathmell, 2015); add item to blue criteria: "(12) Excessive sedation should be avoided."
09/15/16	Knee	Autologous chondrocyte implantation (ACI)	Update entry: (BlueCross, 2016b) (Knutsen, 2016) (Washington, 2016)
09/15/16	Knee	Microfracture surgery (subchondral drilling)	Update entry: (Gobbi, 2016) (Knutsen, 2016)
09/26/16	Pulmonary	Intranasal cromolyn	Add xref "see Intranasal decongestants" ; Deletetd text that has same information in "Intranasal decongestants"
09/26/16	Pulmonary	Treatment planning	Added missing hyperlink to reference (Noth, 2007) under "Interstitial Lung Disease"
09/26/16	Pulmonary	Pneumonectomy	Added missing hyperlink to reference (Smythe, 2003)
09/26/16	Pulmonary	Reference section	Added missing reference (Smythe, 2003)
09/26/16	Shoulder	Cold compression therapy	Updated entry: (Kraeutler, 2015) (Alfuth, 2016); Add xref " See Cold compression therapy in the Knee Chapter"
09/26/16	Pulmonary	Reference section	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Cough suppressants	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Acute exacerbations of chronic bronchitis	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Antibiotics	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Anticholinergic (inhaled)	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/26/16	Pulmonary	Bullectomy	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Education	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Lung transplantation	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Noninvasive positive pressure ventilation (NPPV)	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Pulmonary rehabilitation program	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Respiratory muscle training	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Chest physiotherapy	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016) under Acute exacerbations of asthma
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016) under Initial Evaluation of COPD; updated dates in the text to 2016; updated
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007; p. 62) to (NHLBI/WHO, 2016; p. 40) under Acute exacerbations of COPD
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007; p. 67) to (NHLBI/WHO, 2016; pp 40-41) under Acute exacerbations of COPD
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007; pp 64-67) to (NHLBI/WHO, 2016; p. 26) under Indications for admission to an Intensive Care Unit
09/26/16	Pulmonary	Treatment planning	Updated reference (NHLBI/WHO, 2007; pp 64-67) to (NHLBI/WHO, 2016; p. 43) under Indications for admission to an Intensive Care Unit
09/26/16	Pulmonary	Treatment planning	Updated text from ' A more recent review article' to 'A review article' before reference (Raghu, 2010) in "IDIOPATHIC PULMONARY FIBROSIS (IPF) OR USUAL INTERSTITIAL PNEUMONITIS (UIP)" section
09/28/16	Pain	Antidepressants for chronic pain	Added missing hyperlink to reference (Movig, 2013)
09/28/16	Pain	Reference section	Added reference (Movig, 2013)
09/28/16	Pain	Opioids dosing	Updated entry: (Ilgen, 2016) (Hegmann, 2014) (Dowell, 2016) (Dowell, 2016a) (MTUS, 2015) (Washington, 2015) (Bohnert, 2016) (Dilokthornsakul, 2016) (Dasgupta, 2016) (Zedler, 2014) (ASHP, 2014); Standardized sub-head style

REVISED INFORMATION

Date	Chapter	Section	Change
09/01/16	Shoulder	Flexionators (extensionators)	Clarification of understudy
09/06/16	Head	Oxygen therapy	Correct spelling: "meta-analysis"
09/06/16	Head	Treatment planning	Correct spelling: "post-traumatic"
09/06/16	Head	Anosmia treatment	Correct spelling: "post-traumatic"
09/06/16	Head	Anticonvulsants	Correct spelling: "post-traumatic"
09/06/16	Head	Concussion/mTBI assessment	Correct spelling: "post-traumatic"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/06/16	Head	Sleep aids	Correct spelling: "post-traumatic"
09/06/16	Head	Mindfulness therapy	Correct typo: "A book and a compact disc"
09/06/16	Head	EEG (neurofeedback)	Reformat blue criteria shading; no text change
09/06/16	Head	Electrodiagnostic studies	Reformat blue criteria shading; no text change
09/06/16	Head	Hyperventilation	Reformat blue criteria shading; no text change
09/06/16	Head	Lumbar puncture	Reformat blue criteria shading; no text change
09/06/16	Head	Manipulation (for headache)	Reformat blue criteria shading; no text change
09/06/16	Head	Mannitol	Reformat blue criteria shading; no text change
09/06/16	Head	MRI (magnetic resonance imaging)	Reformat blue criteria shading; no text change
09/06/16	Low back	Work	Revise blue criteria: "lbs."; "hour"; "hours"
09/06/16	Head	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD"
09/06/16	Head	Olfactory loss (posttraumatic)	Revise title: "Olfactory loss (post-traumatic)"
09/06/16	Low back	CT (computed tomography)	Revise: "making a significant number of inappropriate referrals"
09/06/16	Low back	References	Revise: "Meta-Analysis"
09/06/16	Explanation	NA	Revise: BlueCross BlueShield… UnitedHealthcare
09/06/16	Low back	Yoga	Revise: correct typo "yoga" (lowercase); rearrange sentence: "According to an AHRQ comparative effectiveness study, effective therapies for chronic low back pain include…"
09/15/16	Knee	Knee joint replacement	Fix spelling: "most successful orthopedic procedure"
09/15/16	Knee	Arthroscopic surgery for osteoarthritis	Fix spelling: "orthopedic surgeons "
09/15/16	Knee	MRI's (magnetic resonance imaging)	Fix spelling: "some orthopedic surgeons"
09/15/16	Knee	Venous thrombosis	Fix spelling: "undergoing orthopedic surgery"
09/15/16	Mental	Acupressure	Fix typo: "decreasing pre-operative anxiety"
09/15/16	Mental	Duloxetine (Cymbalta)	Fix typo: wrong character for registered trademark; add character to other uses of the term
09/15/16	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	Move text: "See also Acetaminophen and Radiotherapy."; reformat blue criteria shading
09/15/16	Knee	Collagen meniscus implant (CMI)	Move text: "See also Meniscal allograft transplantation; Osteotomy"; delete empty line at end of entry

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/15/16	Hip	Heparin	Move text: "See also Prophylaxis."
09/15/16	Knee	Lateral retinacular release	Reformat blue criteria shading; no text change
09/15/16	Knee	Work	Reformat blue criteria shading; no text change
09/15/16	Hip	Internal fixation	Reformat blue criteria shading; no text change
09/15/16	Hip	Manipulation	Reformat blue criteria shading; no text change
09/15/16	Hip	Sacroiliac fusion	Reformat blue criteria shading; no text change
09/15/16	Hip	Sacroiliac problems, diagnosis	Reformat blue criteria shading; no text change
09/15/16	Hip	Traction (manual)	Reformat blue criteria shading; no text change
09/15/16	Low back	IDET (intradiscal electrothermal annuloplasty)	Reformat blue criteria shading; no text change
09/15/16	Low back	Adhesiolysis, percutaneous	Reformat blue criteria shading; no text change
09/15/16	Low back	Discography	Reformat blue criteria shading; no text change
09/15/16	Eye	Office visits	Reformat blue criteria shading; no text change
09/15/16	Eye	Ophthalmic consultation	Reformat blue criteria shading; no text change
09/15/16	Eye	Surgery for orbital floor fractures	Reformat blue criteria shading; no text change
09/15/16	Eye	Surgical treatment for hyphema	Reformat blue criteria shading; no text change
09/15/16	Eye	Tetanus toxoid (tetanus vaccine)	Reformat blue criteria shading; no text change
09/15/16	Knee	Hospital length of stay (LOS)	Revise blue criteria to add "ICD" in front of numbers
09/15/16	Low back	Hospital length of stay (LOS)	Revise blue criteria to add "ICD" in front of numbers
09/15/16	Hernia	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD"
09/15/16	Hip	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD"
09/15/16	Mental	Trazodone (Desyrel)	Revise entry: "double-blind"
09/15/16	Neck	Hospital length of stay (LOS)	Revise entry: "ICD9-CM procedure codes can be used to accurately define spine surgery at the cervical spine level as well as degenerative cervical spine surgery"; revise blue criteria to add "ICD" in front of code numbers
09/15/16	Fitness	Implantable defibrillator/ pacemaker	Revise entry: "Patients with an implantable cardioverter defibrillator (ICD)"
09/15/16	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord	Revise entry: "the following three-pronged approach"
09/15/16	Mental	Antidepressants - SSRI's versus tricyclics (class)	Revise recommendation wording (no change in recommendation): "Not recommended. SSRIs should not be recommended over TCAs for depression in every case because no definitive implications…"
09/15/16	Hip	Sacroiliac injections, therapeutic	Revise spelling: "double-blind"

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/15/16	Hip	Zoledronic acid	Revise spelling: "double-blind"
09/15/16	Knee	Pharmacotherapy	Revise spelling: "glycosaminoglycan polysulfate"
09/15/16	Knee	Treatment and planning	Revise spelling: "lumbar disc disease "
09/15/16	Hip	Anesthesia	Revise spelling: "meta-analysis"
09/15/16	Knee	Knee joint replacement	Revise spelling: "post-traumatic arthritis"
09/15/16	Knee	Osteochondral allograft (OCA) transplantation	Revise spelling: "post-traumatic arthritis"
09/15/16	Hip	Arthroscopy	Revise spelling: "post-traumatic"
09/15/16	Hip	Sacroiliac fusion	Revise spelling: "post-traumatic"
09/15/16	Knee	Glucosamine/ Chondroitin (for knee arthritis)	Revise spelling: "sulfate"
09/15/16	Mental	PDS™ (Post Traumatic Stress Diagnostic Scale)	Revise title: PDS™ (Post-Traumatic Stress Diagnostic Scale)
09/15/16	Hernia	Ilioinguinal nerve ablation	Revise wording: "option for persistent groin pain following hernia repair"
09/15/16	Hernia	Post-herniorrhaphy pain syndrome	Revise wording: "option for persistent groin pain following hernia repair"
09/15/16	Mental	Psychological evaluations	Revise xref: "PDS™ (Post-Traumatic Stress Diagnostic Scale)"
09/19/16	Shoulder	Flexionators (extensionators)	Clarification on Flexionator use
09/19/16	Pain	Rolfing	Fixed paragraph space
09/19/16	Shoulder	Treatment planning	Fixed typos
09/19/16	Pain	Opioids, indicators for addiction & misuse	Reformat blue criteria shading; no text change
09/19/16	Pain	Substance abuse (substance related disorders, tolerance, dependence, addiction)	Reformat blue criteria shading; no text change
09/19/16	Pain	Methadone	Reformat blue criteria shading; no text change
09/19/16	Pain	Naloxone (Narcan®)	Reformat blue criteria shading; no text change
09/19/16	Pain	Procedure summary	Removed extra column at the end; no text change
09/19/16	Pain	Quantitative sensory threshold (QST) testing	Removed extra paragraph spaces after the words "discrimination method.. "
09/19/16	Pain	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
09/19/16	Shoulder	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD",no text change
09/19/16	Pain	Rapid detox	Standardized the term "BlueCross Blue Shield" in the reference (Blue Cross/Blue Shield, 2006)
09/19/16	Shoulder	Multiple sections	Standardized the term "orthopedic"
09/19/16	Pain	Multiple sections	Standardized the term meta- analysis
09/20/16	Ankle	Fusion (arthrodesis)	Fix typo: wrong character for registered trademark in ODG Indications for Surgery

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/20/16	Ankle	Lateral ligament ankle reconstruction (surgery)	Fix typo: wrong character for registered trademark in ODG Indications for Surgery
09/20/16	Ankle	Surgery for ankle sprains	Fix typo: wrong character for registered trademark in ODG Indications for Surgery
09/20/16	Ankle	Ottawa ankle rules (OAR)	Reformat blue criteria shading; no text change
09/20/16	Ankle	Radiography	Reformat blue criteria shading; no text change
09/20/16	Ankle	Ultrasound, diagnostic	Reformat blue criteria shading; no text change
09/20/16	Ankle	Arthroplasty, ankle (TAR)	Reformat blue criteria shading; no text change
09/20/16	Ankle	Bone scan (imaging)	Reformat blue criteria shading; no text change
09/20/16	Ankle	Magnetic resonance imaging (MRI)	Reformat blue criteria shading; no text change
09/20/16	Ankle	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
09/20/16	Ankle	Extracorporeal shock wave therapy (ESWT)	Standardized the term "BlueCross Blue Shield" in the reference (Blue Cross Blue Shield, 2003)
09/20/16	Ankle	Multiple sections	Standardized the term "orthopedic"
09/23/16	Hernia	Ilioinguinal nerve ablation	Expand acronym: "ilioinguinal nerve" (not used elsewhere in topic or chapter)
09/23/16	Hernia	Spermatic cord block	Fix spelling: "anesthesia"
09/23/16	Fitness	Firefighters	Fix spelling: "Hypoesthesia"
09/23/16	Fitness	Commercial drivers	Fix spelling: "hypoglycemic symptoms"
09/23/16	Fitness	Diabetes	Fix spelling: "hypoglycemic symptoms"
09/23/16	Hernia	Causality (determination)	Fix spelling: "inguinal hernia"; fix typo: "epidemiological effect"
09/23/16	Hernia	Inguinal disruption (ID) treatment	Fix spelling: "local anesthetic"
09/23/16	Knee	Bone growth stimulators, ultrasound	Fix typo in blue criteria: "comminuted"; other revisions for clarity and consistency
09/23/16	Knee	Corticosteroid injections	Fix typo in blue criteria: superscript for cm3
09/23/16	Hernia	Laparoscopic repair (surgery)	Fix typo: "recent meta-analysis"
09/23/16	Fitness	Digital motion X-ray (DMX)	Fix typo: "the data are insufficient"
09/23/16	Hernia	Spermatic cord block	Fix typo: "which will usually provide permanent relief"
09/23/16	Fitness	Skin disorders & job fitness assessment	Fix typo: comma after "e.g."
09/23/16	Hip	(multiple sections)	Fix typos: commas after "e.g." and "i.e."
09/23/16	Knee	(multiple sections)	Fix typos: commas after "e.g." and "i.e."
09/23/16	Fitness	Pilots & airline staff	Format spacing; no text change
09/23/16	Hernia	Treatment planning	General editing for clarity and typos

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/23/16	Head	Craniectomy/ Craniotomy	Reformat blue criteria shading; no text change
09/23/16	Mental	Minnesota multiphasic personality inventory (MMPI)	Reformat blue criteria shading; no text change
09/23/16	Low back	Fusion (spinal)	Reformat blue criteria shading; no text change
09/23/16	Neck	Electromagnetic therapy (PEMT)	Reformat spacing; no text change
09/23/16	Mental	Stress, occupational	Remove blank line at end of entry; no text change
09/23/16	Knee	Game Ready accelerated recovery system	Replace entry with xref: "Cold compression therapy"
09/23/16	Knee	Cold compression therapy	Replace xref with entry from "Game Ready"; add (Song, 2016)
09/23/16	Knee	Compression cryotherapy	Replace xref: Continuous-flow cryotherapy with xref: Cold compression therapy
09/23/16	Hip	Acetaminophen (paracetamol)	Revise entry for clarity and typos: "NSAIDs are recommended only when acetaminophen is inadequate, especially in the presence of
09/23/16	Hip	Acupuncture	Revise entry for typos and clarity
09/23/16	Fitness	Physical demands	Revise for clarity: "These circumstances are reflected"
09/23/16	Neck	Botulinum toxin (injection)	Revise in-text citation from (Blue Cross Blue Shield, 2005) to (Blue, 2005)
09/23/16	Neck	Trigger point injections	Revise in-text citation from (BlueCross Blue Shield, 2002) to (BlueCross, 2004)
09/23/16	Neck	Transplantation, intervertebral disc	Revise spelling: "artificial disc replacement"
09/23/16	Neck	Facet joint pain, signs & symptoms	Revise spelling: "discogenic pain"
09/23/16	Head	Melatonin	Revise spelling: "double-blind"
09/23/16	Neck	Treatment and planning	Revise spelling: "intervertebral disc"
09/23/16	Hernia	Mesh repair (surgery)	Revise text for clarity: "Shouldice repairs"
09/23/16	Low back	Manipulation	Revise text: "testing OMT in adult patients"
09/23/16	Low back	ProDisc®	Revise title: symbol not rendering properly online
09/23/16	Neck	Adjacent segment disease/degeneration (fusion)	Revise xref spelling (consistent with target): "Disc prosthesis"
09/23/16	Neck	Surgery	Revise xref spelling (consistent with target): "Disc prosthesis"
09/26/16	Pulmonary	Treatment planning	(Canestaro, 2016) to "(IDIOPATHIC PULMONARY FIBROSIS (IPF) OR USUAL INTERSTITIAL PNEUMONITIS (UIP)" section
09/26/16	Pulmonary	Lung volume reduction surgery (LVRS)	(Deslée, 2016), Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)
09/26/16	Pulmonary	Treatment planning	(Idiopathic Pulmonary Fibrosis Clinical Research Network, 2014) under "IDIOPATHIC PULMONARY FIBROSIS (IPF) OR USUAL INTERSTITIAL PNEUMONITIS (UIP)"
09/26/16	Pulmonary	Treatment planning	(King, 2014) to "IDIOPATHIC PULMONARY FIBROSIS (IPF) OR USUAL INTERSTITIAL PNEUMONITIS (UIP)"
09/26/16	Pulmonary	Pulmonary function testing	(Lange, 2015), Updated reference (NHLBI/WHO, 2007) to (NHLBI/WHO, 2016)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/26/16	Pulmonary	Pulmonary function testing	(Mapel, 2015)
09/26/16	Pulmonary	Bronchodilators	(Martinez, 2016)
09/26/16	Pulmonary	Mepolizumab	(Ortega, 2014), (Bel, 2014)
09/26/16	Pulmonary	Corticosteroids (inhaled)	(Papazian, 2013) (Magnussen, 2014)
09/26/16	Pulmonary	Treatment planning	(Putman, 2016) under "Interstitial Lung Disease"
09/26/16	Pulmonary	Bronchoscopy	(Silvestri, 2015)
09/26/16	Pulmonary	CT (computed tomography)	(Smith, 2014), Added missing hyperlink to reference (Noth, 2007)
09/26/16	Pulmonary	Advair® (Salmeterol/Fluticasone)	(Stempel, 2016)
09/26/16	Pulmonary	Chronic obstructive pulmonary disease (COPD)	(Tho, 2016)
09/26/16	Pulmonary	Cough suppressants	(Vertigan, 2016) (Xu, 2016)
09/26/16	Pulmonary	Allergic rhinitis	(Virchow, 2016)
09/26/16	Pulmonary	Treatment planning	Clarification of (Castro, 2009) reference
09/26/16	Pulmonary	Treatment planning	Clarified the term "armamentarium"
09/26/16	Pulmonary	Treatment planning	Corrected MO to MD in "Second visit"
09/26/16	Pulmonary	Treatment planning	Corrected MO to MD in "Subsequent visits"
09/26/16	Pulmonary	Treatment planning	Deleted (Reddel, 2009) reference in Acute exacerbations of asthma
09/26/16	Pulmonary	Treatment planning	Deleted 'or nedocromil' from Exercise-induced Bronchospasm (EIB) in figure 1
09/26/16	Pulmonary	Treatment planning	Deleted 'or nedocromil' from SABA PRN
09/26/16	Pulmonary	Treatment planning	Fix typo: wrong character for β
09/26/16	Pulmonary	Corticosteroids (inhaled)	Fixed hyperlink and updated reference and page number from "NHLBI 2007, page 49" to (NHLBI/WHO, 2016; P 62)
09/26/16	Pulmonary	Lung volume reduction surgery (LVRS)	Reformat blue criteria shading; no text change
09/26/16	Shoulder	Game Ready™ accelerated recovery system	Replace entry with xref: "Cold compression therapy"
09/26/16	Pulmonary	Multiple sections	Standardized line spacing
09/29/16	Forearm	Surgery for scapho-lunate disorders	Fix typo: wrong character for registered trademark in ODG Indications for Surgery
09/29/16	Carpal Tunnel	Carpal tunnel release surgery (CTR)	Fix typo: wrong character for registered trademark in ODG Indications for Surgery
09/29/16	Elbow	Surgery for ruptured distal biceps tendon (elbow)	Fix typo: wrong character for registered trademark in ODG Indications for Surgery
09/29/16	Forearm	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
09/29/16	Carpal Tunnel	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change
09/29/16	Elbow	Hospital length of stay (LOS)	Revise blue criteria: capitalize "ICD", no text change

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/29/16	Elbow	Extracorporeal shockwave therapy (ESWT)	Revise: BlueCross BlueShield text in references
NOTES:			
Preauthorization is required when:			
1. Treatment or service is listed as requiring preauthorization in rule 134.600, or			
2. Treatment or service is not recommended, under study, or not listed in adopted treatment guidelines.			
NOTES:			
Preauthorization is NOT required when:			
1. Treatment or service is NOT listed as requiring preauthorization in rule 134.600, and			
2. Treatment or service is recommended by adopted treatment guidelines.			
*The adopted treatment guideline for the Texas Department of Insurance, Division of Workers' Compensation			
is the Official Disabililty Guidelines, excluding Return to Work Pathways, published by the			
Work Loss Data Institute.			
This publication is for information purposes and is not a substitute for law and rules.			
Likewise, this update to the ODG is not a substitute for the Official Disability Guidelines.			

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Aug-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/02/16	Neck	Patient education	Remove entry; new xref to "Education"
08/05/16	Pain	Rolfing/ Structural integration	New entry, Not recommended..(Jones, 2004) (Bernau, 1998) (Weinberg, 1979) (Jacobson, 2011)
08/25/16	Neck	Spinal stenosis surgery	New xref: Myelopathy, cervical; Discectomy-laminectomy-laminoplasty.
08/25/16	Knee	OrthoCor active knee system	New xref: Pulsed magnetic field therapy (PMFT)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/02/16	Knee	Skilled nursing facility (SNF) care	Update ref (CMS, 2007) to (CMS, 2015)… fix broken link
08/02/16	Knee	Wheelchair	Update ref (CMS, 2007) to (CMS, 2015)… fix broken link
08/05/16	Pain	Reiki	Add xref: Reiki in the Mental Illness & Stress Chapter
08/05/16	Pain	Massage therapy	Add xref: Rolfing
08/05/16	Pain	Craniosacral therapy	Add xref: Rolfing/ Structural integration; Reiki
08/05/16	Pain	Therapeutic touch	Add xref: Therapeutic touch in the Mental Illness & Stress Chapter
08/05/16	Pain	Reference section	Added PMID no to (Besson,1999)
08/05/16	Pain	Zolpidem (Ambien®)	Updated reference (Feinberg, 2008) to (Feinberg, 2014)
08/10/16	Ankle	Gait training	Add xref Gait training in knee chapter, Physical therapy
08/10/16	Shoulder	Flexionators (extensionators)	Updated reference to (Washington, 2016)
08/12/16	Eye	Corneal abrasions	Add xref: Patching
08/12/16	Knee	Autologous chondrocyte implantation (ACI)	Update ref (BCBS, 2014) to (BlueCross BlueShield of Tennessee, 2016)… same ref, just revised formatting
08/12/16	Knee	Hyaluronic acid injections	Update ref (Blue Cross Blue Shield, 2004) to (Blue Cross Blue Shield Association, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/12/16	Knee	TENS (transcutaneous electrical nerve stimulation)	Update ref (BlueCross BlueShield, 2005) to (BlueCross BlueShield of Alabama, 2016)
08/12/16	Knee	Bone growth stimulators, electrical	Update ref (BlueCross BlueShield, 2005) to (Regence BlueCross BlueShield of Oregon, 2015); update ref (BlueCross BlueShield, 2008) to (Regence BlueCross BlueShield of Oregon, 2015)
08/12/16	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord	Update ref (Doleys) to (Doleys, 1997)… remove dead external link in ref section
08/12/16	Knee	Pulsed magnetic field therapy (PMFT)	Update ref (Hulme-Cochrane, 2002) to (Li, 2013).. (update of same Cochrane review)
08/12/16	Knee	TENS (transcutaneous electrical nerve stimulation)	Update ref (Hulme-Cochrane, 2002) to (Li, 2013).. (update of same Cochrane review)
08/23/16	Shoulder	Extracorporeal shock wave therapy (ESWT)	Update ref (BlueCross BlueShield, 2004) to (Anthem BlueCross BlueShield, 2016)
08/23/16	Shoulder	Thermal capsulorrhaphy	Update ref (BlueCross BlueShield, 2004) to (Regence BlueCross BlueShield of Oregon, 2016)
08/23/16	Shoulder	Continuous passive motion (CPM)	Update ref (BlueCross BlueShield, 2005) to (BlueCross BlueShield North Carolina, 2016)
08/23/16	Shoulder	Hydroplasty/ hydrodilatation	Update xref from Hydroplasty/ hydrodilation to Hydroplasty/ hydrodilatation, Fixed typo hydrodilation
08/25/16	Low back	Manipulation under anesthesia	Add reference (Cigna, 2016)… update from (Cigna, 2011), but that was not a proper reference or an external link
08/25/16	Low back	Manipulation under anesthesia	Add reference (UnitedHealthcare, 2016)… update from (UnitedHealthcare, 2011), but that was not a proper reference or an

REVISED INFORMATION

Date	Chapter	Section	Change
08/02/16	Neck	(multiple sections)	Remove use of "&"; standardize links
08/05/16	Pain	Multiple sections	Fixed relative links
08/05/16	Pain	Multiple sections	Fixed typos, Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
08/10/16	Shoulder	Reference section	Updated (Washington, 2016), added retrieved on 8/10/2016
08/11/16	Carpal Tunnel	Iontophoresis	Clarification: Not recommended
08/11/16	Burns	Multiple sections	Fixed relative links, Fixed links to other chapters
08/11/16	Carpal Tunnel	Multiple sections	Fixed relative links, Missing hyperlinks are added to several chapters
08/11/16	Burns	Multiple sections	Fixed typos and revised phrasing
08/11/16	Carpal Tunnel	Multiple sections	Fixed typos, Standarize payor to payer
08/11/16	Burns	Multiple sections	Fixed typos, Standarize payor to payer
08/11/16	Burns	Biobrane® (Bertek Pharm)	Updated entry (Cassidy, 2005) (Klein, 1984) (Smith, 1995) (Kumar, 2004)
08/11/16	Burns	Burn size calculations	Updated entry (Collis,1999)
08/11/16	Burns	Benzodiazepines	Updated entry (Martyn, 1983)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
08/11/16	Burns	Acticoat	Updated entry (Ulkür, 2005)
08/12/16	Low back	Facet joint pain, signs & symptoms	Fix typos: 'predominately' and 'predominate' revised to 'predominantly' (first term is correct but a less common spelling, second term is incorrect)
08/12/16	Knee	References	Revise (Washington, 2003a) to add "Retrieved on 8/8/16"
08/12/16	Knee	Pulsed magnetic field therapy (PMFT)	Standardize "non union" to "nonunion"
08/12/16	Knee	Bone growth stimulators, electrical	Standardize "non-union" to "nonunion"
08/12/16	Hip	(multiple sections)	Standardize "non-union" to "nonunion"
08/12/16	Neck	Fusion, anterior cervical	Standardize "non-union" to "nonunion"
08/12/16	Neck	Fusion, posterior cervical	Standardize "non-union" to "nonunion"
08/12/16	Fitness	Police officers	Standardize "non-union" to "nonunion"
08/12/16	Eye	Corneal abrasions	Update entry: Not recommended patching (Lim, 2016)
08/12/16	Eye	Patching	Update entry: remove (Turner-Cochrane, 2006); add (Lim, 2016).. (update of same Cochrane review)
08/12/16	Mental	References	Update internal link for (Warren, 2005)
08/15/16	Carpal Tunnel	Iontophoresis	Clarification: Added description for Ionotophoresis and ketophoresis
08/15/16	Ankle	Magnetic resonance imaging (MRI)	Clarification: Recommended, updated blue criteria
08/15/16	Formulary	Multiple sections	Fixed absolute links, broken links
08/15/16	Ankle	Gait training	Update entry: removed bold sentences, add xref to Exercise
08/19/16	Pain	Multiple sections	Formatted over flowed blue criteria
08/23/16	Shoulder	Reference section	Fixed broken link for Technology Evaluation Center, Blue Cross Blue Shield Association reference.
08/23/16	Formulary	ODG Opioid MED Calculator	Fixed hyperlink
08/23/16	Shoulder	Multiple sections	Fixed TM symbol, fixed typos: heterogenous, anaesthaesia, hydrodilatation, orthopaedic, practioners, randomised, orthopaedist and standardized words: Payor, non-union
08/23/16	Shoulder	Extracorporeal shock wave therapy (ESWT)	Removed space between Blue and Cross in (Blue Cross Blue Shield, 2003) reference
08/23/16	Shoulder	Flexionators (extensionators)	Removed space between Blue and Cross in (Blue Cross Blue Shield, 2015) reference
08/25/16	Knee	NA	Correct typo: "Steve Norwood" to "Stephen Norwood"
08/25/16	Eye	Treatment planning	Edit section: reverse previous corrections to ICD-9 condition names

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
08/25/16	Low back	Treatment planning	Revise "TM" symbol
08/25/16	Low back	Discectomy/ laminectomy	Revise "TM" symbol
08/25/16	Hip	Arthroplasty	Revise "TM" symbol
08/25/16	Neck	Discectomy-laminectomy-laminoplasty	Revise "TM" symbol
08/25/16	Knee	(multiple sections)	Revise "TM" symbol associated with "ODG Indications for Surgery"… one form was not rendering correctly on the htm pages
08/25/16	Neck	Epidural steroid injection (ESI)	Revise (Benyamin, 2009) from broken external link (Pain Physician) to proper reference
08/25/16	Neck	Facet joint therapeutic steroid injections	Revise (Falco, 2009) from broken external link (Pain Physician) to proper reference
08/25/16	Neck	Facet joint diagnostic blocks	Revise (Falco, 2009) from broken external link (Pain Physician) to proper reference
08/25/16	Neck	Discography	Revise (Manchikanti, 2009) from broken external link (Pain Physician) to proper reference (Manchikanti, 2009b)
08/25/16	Neck	Facet joint therapeutic steroid injections	Revise (Manchikanti, 2009) to (Manchikanti, 2009a) to resolve duplicate entry
08/25/16	Neck	References	Revise (Peloso, 2006) reference to fix internal link
08/25/16	Low back	Percutaneous discectomy (PCD)	Revise (Singh, 2009) from broken external link (Pain Physician) to proper reference
08/25/16	Neck	Epidural steroid injection (ESI)	Revise formatting: make criteria section blue
08/25/16	Low back	Treatment planning	Revise link text: Epidural steroid injection (ESI)
08/25/16	Low back	Manipulation under anesthesia	Revise wording: "clinician assuredness" to "clinician confidence"
08/25/16	Knee	Pulsed magnetic field therapy (PMFT)	Update entry: complete rewrite with recent studies; add (Adravanti, 2014) (Bagnato, 2016) (Dündar, 2016) (Fary, 2011) (Fukuda, 2011) (Nelson, 2013) (Wuschech, 2015); remove (Fary, 2008) (Nicolakis, 2002) (Jacobson, 2001) (Pipitone, 2001) (Trock, 1994) (Thamsborg, 2005) (Zorzi, 2007) (Ozgüçlü, 2010)
08/25/16	Neck	Myelopathy, cervical	Update entry: make formatting consistent, add definition, add new refs (Davies, 2016) (Madhavan, 2016)
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is the Official Disabililty Guidelines, excluding Return to Work Pathways, published by the			
Work Loss Data Institute.			
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Likewise, this update to the ODG is not a substitute for the Official Disability Guidelines.			

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jul-16

Changes and additions made to the ODG are arranaged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occured, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	**Affected chapter in the ODG Treatment Procedure Summary**	**Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter**	**Lists the type of change or update cited in the affected chapter.**

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
07/12/16	Forearm	Surgery for Kienbock's disease	New entry: Recommended...(Lutsky, 2012) (Cross, 2014) (Rhee, 2015), Add xref: Surgery for scapho-lunate disorders; Arthrodesis (fusion); Carpectomy
07/12/16	Forearm	Surgery for scapho-lunate disorders	New entry: Recommended… (White, 2015) (Pappou, 2013) (Rohman, 2014) (Strauch, 2011) (Saltzman, 2015) (Wall, 2013) (Dacho, 2008) (Trail, 2015) (Delattre, 2015) (Wang, 2012); Add xref: Arthrodesis (fusion); Carpectomy; Surgery for Kienbock's disease.
07/14/16	Ankle	Cartiva SCI	New xref..Recommended
07/20/16	Pulmonary	Risk of MRI with inhaled metallic fragments	New xref

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
07/12/16	Forearm	Surgery	Add xref: Surgery of scapho-lunate disorders; Surgery for Kienbock's disease
07/12/16	Forearm	Carpectomy	Add xref: Surgery of scapho-lunate disorders; Surgery for Kienbock's disease, updated criteria
07/20/16	Elbow	Surgery	Add xref: Radiofrequency epicondylitis surgery
07/21/16	Mental	Lustral	Add xref: Sertraline
07/21/16	Mental	Acupuncture	Add xrefs: Acupuncture in multiple chapters: Knee, Shoulder, Elbow, Neck, CTS, Wrist, Low Back, Hip/Pelvis, Ankle, Pain, Head
07/28/16	Neck	Biofeedback	Add xref: Biofeedback in the Pain Chapter
07/28/16	Neck	Laser therapy	Add xref: Low level laser therapy in the Pain Chapter
07/28/16	Neck	Percutaneous neuromodulation therapy (PNT)	Add xref: Percutaneous neuromodulation therapy (PNT) in the Pain Chapter

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
07/28/16	Knee	Post-op ambulatory infusion pumps (local anesthetic)	Add xref: Post-op ambulatory infusion pumps (local anesthetic) in the Hernia Chapter
07/28/16	Neck	Percutaneous electrical nerve stimulation (PENS)	Add xrefs: Percutaneous electrical nerve stimulation in the Pain Chapter and Percutaneous electrical nerve stimulation in the Low back Chapter
07/28/16	Neck	Prolotherapy (sclerotherapy)	Add xrefs: Prolotherapy in the Pain Chapter and Prolotherapy in the Low back Chapter; revise title from "Prolotherapy (also known as

REVISED INFORMATION

Date	Chapter	Section	Change
07/08/16	Eye	Hyphema	Fixed xref: added bookmark
07/08/16	Neck	Autologous conditioned serum (ACS)	Fixed xref: added bookmark
07/08/16	Neck	Platelet rich plasma (PRP)	Fixed xref: added bookmark
07/08/16	Neck	Platelet lysate	Fixed xref: added bookmark
07/11/16	Shoulder	Multiple sections	Fixed absolute links to relative links, fixed broken links
07/11/16	Shoulder	Multiple sections	Fixed typos
07/11/16	Shoulder	Surgery for ruptured biceps tendon (at the shoulder)	Updated entry title to Surgery for ruptured proximal biceps tendon (shoulder), Updated entry…updated criteria, added information about
07/12/16	Forearm	Arthrodesis (fusion)	Complete rewrite, deleted (Marti,2006)
07/13/16	Elbow	Reference section	Added missing hyperlinks
07/13/16	Elbow	Multiple sections	Fixed absolute links to relative links, fixed links to other chapters, fixed typos
07/13/16	Elbow	Surgery for ruptured biceps tendon (at the elbow)	Updated entry title to Surgery for ruptured distal biceps tendon (elbow), Complete update & rewrite: Recommended…(Kelly, 2015) (Quach,
07/13/16	Elbow	Surgery	Updated xref to Surgery for ruptured distal biceps tendon
07/14/16	Ankle	Focal joint resurfacing	(Baumhauer, 2016)
07/14/16	Ankle	Fusion (arthrodesis)	Complete rewrite, Recommended….(Elmlund, 2015) (Cottino, 2012) (Dannawi, 2011) (Glanzmann, 2007) (Rungprai, 2016) (Tuijthof, 2010) (Kelly, 2001) Washington, 2002) (Kennedy, 2003) (Rockett, 2001) (Raikin, 2003). Added xref Arthroplasty, ankle
07/20/16	Elbow	Radiofrequency epicondylitis treatment (Topaz procedure)	Complete rewrite, updated entry title to Radiofrequency epicondylitis surgery (Topaz procedure) , Recommended…. (Meknas, 2013) (Tasto,
07/20/16	Elbow	Topaz procedure	Update xef: Radiofrequency epicondylitis surgery (Topaz procedure)
07/20/16	Elbow	Surgery for epicondylitis	Update: (Meknas, 2013) (Tasto, 2016) (Lin, 2011) , Add xref: Radiofrequency epicondylitis surgery
07/20/16	Pulmonary	MRI (magnetic resonance imaging)	Update: Added subhead Risk of MRI with inhaled metallic fragments:Under study...(Dill, 2007) (Shellock, 2002)(Eshed, 2010)
07/21/16	Knee	Acetaminophen	Add (Machado, 2015) and remove (Felson, 2015)… the latter was a comment on the former meta-analysis
07/21/16	Low back	(multiple sections)	Fix typos and edit for clarity
07/21/16	Mental	(multiple sections)	Fix typos and edit for clarity

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/21/16	Knee	(multiple sections)	Fix typos and edit for clarity
07/21/16	Low back	Heat therapy	Remove (AHRQ, 2015) (dead link) and replace with (Chou, 2016)… this is the same report updated, and the ref was already in the list of references.
07/21/16	Low back	Conservative care	Remove (AHRQ, 2015) (dead link) and replace with (Chou, 2016)… this is the same report updated, and the ref was already in the list of references.
07/21/16	Mental	Folate (for depressive disorders)	Remove entry; new xref: B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)
07/21/16	Mental	Folic acid	Remove xref: Folate (for depressive disorders); add xref: B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)
07/21/16	Low back	Alignmed posture garments	Revise title: "Alignmed posture garments" to "AlignMed posture garments" (also updated bookmark)
07/21/16	Low back	Percutaneous diskectomy	Revise title: "Percutaneous diskectomy" to "Percutaneous discectomy" (also updated bookmark)
07/21/16	Knee	Bone scan (imaging)	Update (Weissman, 2006) to (Weissman, 2011)
07/21/16	Knee	Computed tomography (CT)	Update (Weissman, 2006) to (Weissman, 2011)
07/21/16	Knee	MRI's (magnetic resonance imaging)	Update (Weissman, 2006) to (Weissman, 2011)
07/21/16	Low back	Physical therapy (PT)	Update entry
07/21/16	Low back	Muscle relaxants	Update entry (van Tulder, 2003)
07/21/16	Mental	Light therapy	Update entry: (Chojnacka, 2016) (Al-Karawi, 2016)
07/21/16	Mental	Psychotherapy for MDD (major depressive disorder)	Update entry: (Driessen, 2015)
07/21/16	Eye	Magnetic resonance imaging (MRI)	Update entry: (Kanal, 2007) (Boutin, 1994)
07/21/16	Mental	Transcranial magnetic stimulation (TMS)	Update entry: Recommended for PTSD; updated (Boggio, 2009) to (Boggio, 2010) (previously an Epub ahead of print); added (Cohen,
07/21/16	Mental	SAMe (S-adenosylmethionine)	Update entry: Recommended… remove (Papakostas, 2009), add (Sarris, 2016)
07/21/16	Low back	CT (computed tomography)	Update entry: revise wording of blue criteria
07/21/16	Low back	IDET (intradiscal electrothermal annuloplasty)	Update entry: revise wording of blue criteria
07/21/16	Low back	Adhesiolysis, percutaneous	Update entry: revise wording of blue criteria
07/21/16	Low back	Discography	Update entry: revise wording of blue criteria

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/21/16	Low back	MRIs (magnetic resonance imaging)	Update entry; add (Roudsari, 2010)
07/21/16	Mental	B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)	Update entry… (Başoğlu, 2009) (Bedson, 2014) (Coppen, 2000) (Resler, 2008) (Venkatasubramanian, 2013) (Sarris, 2016)
07/21/16	Low back	Manipulation	Update entry… (Kuczynski, 2012)
07/21/16	Low back	Epidural steroid injections (ESIs), therapeutic	Update reference (Buenaventura, 2009), remove dead external link and add to reference list
07/21/16	Low back	Facet joint diagnostic blocks (injections)	Update reference (Datta, 2009), remove dead external link and add to reference list
07/21/16	Low back	Adhesiolysis, percutaneous	Update reference (Epter, 2009), remove dead external link and add to reference list
07/21/16	Low back	Spinal cord stimulation (SCS)	Update reference (Frey, 2009), remove dead external link and add to reference list
07/21/16	Low back	Adhesiolysis, spinal endoscopic	Update reference (Hayek, 2009), remove dead external link and add to reference list
07/21/16	Low back	IDET (intradiscal electrothermal annuloplasty)	Update reference (Helm, 2009), remove dead external link and add to reference list
07/21/16	Low back	Discography	Update reference (Manchikanti, 2009), remove dead external link and add to reference list
07/21/16	Mental	Treatment planning	Update section to improve clarity and add sources (Fishbain, 1988)
07/28/16	Explanation	NA	Fix dead links; Fix typos and edit for clarity; Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Head	(multiple sections)	Fix typos; Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Hip	Surgical management	Revise title to "Surgery"; revise bookmark and xref in Treatment planning; add xref: Osteotomy
07/28/16	Low back	(multiple sections)	Standardize cross chapter links; Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Neck	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Knee	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Hip	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Hernia	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Fitness	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Eye	(multiple sections)	Standarize payor to payer; standardize "Mental Illness and Stress Chapter"
07/28/16	Low back	Manipulation under anesthesia	Update (Aetna, 2012) to (Aetna, 2016), same content
07/28/16	Low back	Manipulation	Update (Lawrence, 2008) from "in press"
07/28/16	Hip	Osteotomy	Update entry (Matheney, 2010) (Kamath, 2016); add xref: Impingement bone shaving surgery
07/28/16	Neck	Discography	Update entry: make criteria section blue and revise wording

REVISED INFORMATION

Date	Chapter	Section	Change
07/28/16	Explanation	NA	Update link for (Higgins, 2006)
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jun-16

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/03/16	Head	Vitamin B12	New entry: Under study... (Hooshmand, 2016)
06/09/16	Head	Acupuncture, acquired brain injury	New entry: Not recommended… (Lim, 2015) (Shih, 2013) (Wong, 2013) (Wu, 2006) (Zhang, 2005) (Zhao, 2015)
06/09/16	Head	Acupuncture	New xref: Acupuncture, acquired brain injury; Acupuncture, headaches
06/13/16	Infectious	Phototherapy unit for contact dermatitis (home use)	New entry: Not recommended… (Mowad, 2016) (Ayala, 2013) (Newman, 2016) (Koek, 2006) (Koek, 2009) (Rajpara, 2010) (Haykal, 2006)
06/13/16	Infectious	Contact dermatitis	New xref: Phototherapy unit for contact dermatitis
06/21/16	Eye	Hyphema	New xref: Topical aminocaproic acid (for hyphema); Surgical treatment for hyphema
06/23/16	Pulmonary	Indacaterol/glycopyrronium	New entry: Recommended…(Buhl, 2012) (Mahler, 2015) (Geake, 2015) (Han, 2013) (Donohue, 2010) (Chapman, 2011) (Dahl, 2010) (Wedzicha, 2016) (Beeh, 2014) (Zhong, 2015) (Bateman, 2013)
06/23/16	Pulmonary	Indacaterol/glycopyrronium	New xref: Inhaled long-acting beta-agonists (LABAs), COPD
06/29/16	Neck	Autologous blood-derived products	New entry: Recommended…(Beitzel, 2015) (Moraes, 2014) (Goni, 2015)
06/30/16	Neck	Autologous conditioned serum (ACS)	New xref: Autologous blood-derived products
06/30/16	Neck	Platelet rich plasma (PRP)	New xref: Autologous blood-derived products
06/30/16	Neck	Platelet lysate	New xref: Autologous blood-derived products

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/03/16	Head	Vitamin D (cholecalciferol)	Add xref: Vitamin B12
06/21/16	Eye	Topical aminocaproic acid (for hyphema)	Added xref: Surgical treatment for hyphema; updated entry (Gharaibeh, 2013)
06/21/16	Eye	Surgical treatment for hyphema	Added xref: Topical aminocaproic acid (for hyphema); updated entry (Gharaibeh, 2013)
06/29/16	Neck	Epidural steroid injections (ESI)	Added xref: Autologous blood-derived products
06/30/16	Neck	Injections	Added xref: Autologous blood-derived products

REVISED INFORMATION

Date	Chapter	Section	Change
06/13/16	Head	Acupuncture, acquired brain injury	Updated recommendation: Not recommended, except for spasticity…
06/14/16	Head	(multiple sections)	Fixed links to other chapters
06/16/16	Forearm	Physical/ Occupational therapy	Clarification: Amputation of thumb and finger without replantation, post amputation treatment of hand, Amputation of arm: Post amputation
06/20/16	Head	(multiple sections)	Fixed links to other chapters (converted absolute links to relative links)… complete
06/20/16	Knee	(multiple sections)	Fixed links to other chapters (converted absolute links to relative links)… still not complete
06/20/16	Knee	Game Ready accelerated recovery system	Updated entry, converted conference talk to the journal article (Murgier, 2014) (Waterman, 2012)
06/21/16	Head	(multiple sections)	Fixed broken outside links
06/21/16	Eye	(multiple sections)	Fixed links to other chapters… complete
06/21/16	Eye	Treatment planning	Fixed typos and revised awkward phrasing
06/21/16	Eye	(multiple sections)	Fixed typos and standardized xrefs (mostly capitalization)
06/21/16	Eye	Tetanus toxoid (tetanus vaccine)	Updated entry (Benson, 1993) (Mukherjee, 2003)
06/21/16	Eye	Computed tomography (CT)	Updated entry (Johari, 2016)
06/21/16	Eye	Ultrasound	Updated entry (Shazlee, 2016) (Johari, 2016); removed xref: CT; added xref: Imaging
06/21/16	Eye	Ophthalmic vasoconstrictor	Updated entry (Stavert, 2015)
06/21/16	Eye	Protection methods	Updated entry (Wan, 2014)
06/22/16	Infectious	(multiple sections)	Fixed links to other chapters and relative links
06/23/16	Knee	Juvenile cartilage allograft tissue implant	Fixed broken outside link (Cigna, 2010) and converted to new outside link (Cigna, 2016)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
06/23/16	Knee	Transportation (to & from appointments)	Fixed broken outside link (CMS, 2009) and converted to new outside link (CMS, 2011)
06/23/16	Knee	Bone densitometry	Fixed broken outside link (NOF, 2010)… turned into reference (Cosman, 2014)
06/23/16	Pulmonary	(multiple sections)	Fixed missing hyperlinks and relative links
06/23/16	Knee	Power mobility devices	Updated reference from (CMS, 2006) to (CMS, 2009)… also updated outside link in reference list (previously a dead link)
06/24/16	Hernia	(multiple sections)	Fixed absolute links to relative links
06/24/16	Hernia	References section	Fixed link to pdf for (Nieuwenhuizen, 2007) (previously a dead link)
06/28/16	Hernia	References section	Fixed a relative link
06/28/16	Fitness	(multiple sections)	Fixed absolute links to relative links
06/28/16	Hip	(multiple sections)	Fixed absolute links to relative links
06/28/16	Hip	References section	Removed external links to (Walsh, 2011) and (Karliner, 2010) because CTAF does not have the material online anymore (it may return)
06/28/16	Fitness	Police officers	Reorganized text; updated (Goldberg, 2004) to (Goldberg, 2015) and updated external link
06/28/16	Fitness	References section	Turned PMID numbers into hyperlinks
06/30/16	Forearm	Higher priority references	Alphabetized all the references, removed section headings
06/30/16	Forearm	(multiple sections)	Fixed absolute links to relative links
06/30/16	Forearm	(multiple sections)	Fixed links to other chapters and typos
06/30/16	Neck	Autologous blood-derived products	Revised: Not recommended
06/30/16	Forearm	Prostheses (artificial limbs)	Updated reference (BlueCross BlueShield, 2009) and hyperlinked to reference section
06/30/16	Forearm	Static progressive stretch (SPS) therapy	Updated reference (BlueCross BlueShield, 2016) and hyperlinked to reference section
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

May-16

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
05/02/16	Pain	Xtampza ER (oxycodone)	New entry: Not recommended
05/09/16	Pain	Naloxegol (Movantik®)	New entry: Recommended... (Chey, 2014) (Webster, 2014)
05/09/16	Pain	Lubiprostone (Amitiza®)	New entry: Recommended... (Jamal, 2015) (Cryer, 2014) (Spierings, 2015)
05/09/16	Back	Wheelchair	New xref: Recommended...
05/09/16	Pain	OTC laxatives	New xref: Recommended...
05/16/16	Pain	Step therapy	New entry: Recommended... (Nayak, 2014) (Happe, 2014)
05/23/16	Ankle	Percutaneous needle tenotomy (PNT)	New entry: Not recommended…
05/23/16	Ankle	Arthroplasty, metatarsal-phalangeal (MTPJ)	New entry: Not recommended… (Cook, 2009) (Titchener, 2015) (Dawson-Bowling, 2012) (Gross, 2013) (Greisberg, 2014) (Brewster, 2010) (Peace, 2012)
05/23/16	Ankle	Inbone total ankle system	New xref: Arthroplasty, ankle (TAR): (Hsu, 2015) (Adams, 2014)
05/23/16	Ankle	Salto Talaris total ankle system	New xref: Arthroplasty, ankle (TAR): (Roukis, 2015)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
05/23/16	Ankle	Arthroplasty	New xref: Arthroplasty, ankle (TAR); Arthroplasty, metatarsal-phalangeal (MTPJ)
05/24/16	Elbow	Dry needling	New entry: Not recommended... (Cagnie, 2013)
05/24/16	Head	Wheelchair	New xref: Knee: Recommended...
05/24/16	Neck	Wheelchair	New xref: Knee: Recommended...
05/24/16	Knee	Amniotic fluid injections	New xref: Not recommended. Stem cell autologous transplantation
05/31/16	Formulary	Laxatives, Lubiprostone (Amitiza®)	New entry: N
05/31/16	Formulary	Laxatives, Methylnaltrexone (Relistor®)	New entry: N
05/31/16	Formulary	Laxatives, Naloxegol (Movantik®)	New entry: N
05/31/16	Formulary	Laxatives, OTC laxatives	New entry: Y

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
05/02/16	Pain	Targiniq ER	Add: (oxycodone & naloxone)
05/02/16	Hip	Arthroplasty	Add: Prior intra-articular corticosteroid injections: (Charalambous, 2014) (Wang, 2014) (Xing, 2014) (Ravi, 2015) (Werner, 2016) Also add: Risk versus benefit:
05/02/16	Knee	Knee joint replacement	Add: Prior intra-articular corticosteroid injections: (Marsland, 2014) (Charalambous, 2014) (Xing, 2014) (Bedard, 2016)
05/09/16	Back	Exercise	Add xref: Wheelchair
05/16/16	Pain	Medications for subacute & chronic pain	Add xref: Step therapy
05/17/16	Forearm	Injection	Add xref: Collagenase clostridium histolyticum (Xiaflex)
05/23/16	Ankle	Surgery	Add xref: Arthroplasty, ankle (TAR); Arthroplasty, metatarsal-phalangeal (MTPJ)
05/23/16	Ankle	Injections (corticosteroid)	Add xref: Percutaneous needle tenotomy (PNT)
05/24/16	Knee	Physical medicine treatment	Add Hamstring strain
05/24/16	Knee	Injections	Add xref: Amniotic fluid injections

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
05/24/16	Elbow	Injections (corticosteroid)	Add xref: Dry needling

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
05/02/16	Knee	Hyaluronic acid injections	Corrections to: Brands of hyaluronic acid
05/09/16	Pain	Opioid-induced constipation treatment (OIC)	Complete rewrite & update: Add blue Criteria: (Clemens, 2013) (Rao, 2016) (Koopmans-Klein, 2016) (Gaertner, 2015) (Camilleri, 2011) (Ishihara, 2012) (Coyne, 2015) (Locasale, 2016) (Nelson, 2015) (Koopmans-Klein, 2016) (Argoff, 2015) (Jamal, 2015) (Cryer, 2014) (Spierings, 2015) (Chey, 2014) (Webster, 2014) (Michna, 2011) (Michna, 2011b) (McNicol, 2003) (Candy, 2015) (Pappagallo, 2001) (Singh, 2010) (Nelson, 2016) (Ahmedzai, 2010) (Gartlehner, 2007) (Siemens, 2015)
05/09/16	Back	H-Wave® device stimulation	Make consistent with Pain Chapter
05/09/16	Pain	Laxatives (OTC)	Make Recommended...
05/09/16	Pain	H-Wave® device stimulation	Remove McDowell studies as they relate to a different device; Remove Aetna & Blue Cross studies as they no longer meet criteria; Remove
05/16/16	Pain	Testosterone replacement for hypogonadism (related to opioids)	Cardiovascular risk: (Wallis, 2016)
05/16/16	Pain	Opioid-induced constipation treatment (OIC)	Corrections: Lactulose: 15 g to 30 g a day; Methylnaltrexone: 12 mg
05/17/16	Forearm	Collagenase clostridium histolyticum (Xiaflex)	(FDA, 2015) (Sood, 2014) (Smeraglia, 2016) (Gaston, 2015) (Mickelson, 2014)
05/17/16	Forearm	Injection	Number of injections: (Holland, 2012)
05/23/16	Ankle	Scandinavian total ankle replacement system (STAR®)	Complete update & rewrite: (Henricson, 2011) (Daniels, 2015) (Mann, 2011) (Jastifer, 2015) (Nunley, 2012)
05/23/16	Head	Physical therapy (PT)	Remove ICD9 codes
05/23/16	Head	Codes for Automated Approval	Remove ICD9 codes

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
05/23/16	Ankle	Arthroplasty, ankle (TAR)	Complete update & rewrite: (Bartel, 2015) (Henricson, 2011) (Kamrad, 2015) (Skyttä, 2010) (Daniels, 2014) (Mercer, 2016) (Singh, 2016) (Zhou, 2016) (Jiang, 2015) (Primadi, 2015) (Lee, 2011) (Lewis, 2015) (Horne, 2015) (Schipper, 2016) (Werner, 2015) (Bouchard, 2015) (Gross, 2016) (Schipper, 2015) (Choi, 2014) (Gross, 2015) (Bluth, 2013) (Asencio, 2014) (Pedersen, 2014) (Trajkovski, 2013) (Queen, 2013) (Nieuwe, 2015) (Kennedy, 2015) (Chambers, 2016) (Demetracopoulos, 2015) (Kane, 2015) (Matsumoto, 2015) (Jastifer, 2015) (Flavin, 2013) (Singer, 2013) (Tenenbaum, 2014) (Gross, 2015) (Kamrad, 2016) (Rahm, 2015) (Day, 2016) (Saltzman, 2009) (Daniels, 2015) (Mann, 2011) (Roukis, 2012) (Roukis, 2014) (DeVries, 2013) (Williams, 2015) (Hsu, 2015) (Adams, 2014) (Roukis, 2015)
05/24/16	Knee	Stem cell autologous transplantation	(Nogami, 2012) (Vines, 2015)
05/24/16	Mental	Zolpidem (Ambien)	Clarification: short-term (7-10 days)
05/24/16	Pulmonary	Treatment Planning	Remove ICD9 codes
05/24/16	Diabetes	Codes for Automated Approval	Remove ICD9 codes
05/24/16	Eye	Codes for Automated Approval	Remove ICD9 codes
05/24/16	Pulmonary	Codes for Automated Approval	Remove ICD9 codes
05/25/16	Explanation	Tracking ODG updates	Name change to xlsx
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Apr-16

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/18/16	Pulmonary	Work-related asthma	New xref: Asthma, occupational
04/19/16	Carpal Tunnel	Steroids	New xref: Corticosteroids, oral
04/19/16	Diabetes	Fish oil	New xref: Diet
04/19/16	Diabetes	Omega-6 PUFAs	New xref: Diet
04/19/16	Carpal Tunnel	Ketoprofen	New xref: Iontophoresis
04/19/16	Carpal Tunnel	Orthoses	New xref: Splinting
04/20/16	Knee	Dry needling	New entry: Not recommended... (Cagnie, 2013)
04/20/16	Knee	Vitamin D	New entry: Not recommended... (Jin, 2016)
04/20/16	Knee	Percutaneous needle tenotomy (PNT)	New entry: Not recommended... (McShane, 2006) (Kietrys, 2013)
04/20/16	Knee	Paracetamol	New xref: Acetaminophen
04/20/16	Knee	Sit-stand workstation	New xref: Recommended

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/22/16	Pain	Laxatives	New xref: Constipation
04/25/16	Shoulder	Dry needling	New entry: Not recommended... (Cagnie, 2013)
04/25/16	Back	Mindfulness meditation	New xref: Yoga & Mindfulness meditation
04/26/16	Eye	Computerized corneal topography	New entry: Not recommended... (Hashemi, 2010) (Kojima, 2015)
04/26/16	Eye	Pepper spray injury (oleoresin capsicum)	New entry: Recommend... (Kearney, 2014) (Yeung, 2015) (Brown, 2000)
04/26/16	Eye	Tarsorrhaphy	New entry: Recommended... (Bartlett, 2015)
04/26/16	Eye	Orbscan	New xref: Computerized corneal topography
04/26/16	Eye	Pentacam	New xref: Computerized corneal topography
04/26/16	Eve	Photokeratoscopy	New xref: Computerized corneal topography
04/27/16	Neck	AccuraScope procedure (North American Spine)	New entry: Not recommended...
04/27/16	Neck	Percutaneous endoscopic laser discectomy (PELD)	New entry: Not recommended...

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
04/18/16	Pulmonary	Medications	Add xref: Antibiotics
04/18/16	Fitness for Duty	Firefighters	Add: Medical Examination and Evaluation Protocols: (NFPA, 2007)
04/20/16	Knee	Injections	Add xref: Dry needling; Percutaneous needle tenotomy (PNT)
04/22/16	Pain	Injection	Add xref: Dry needling
04/26/16	Eye	Imaging	Add xref: Computerized corneal topography
04/26/16	Eye	Corneal abrasions	Add xref: Pepper spray injury (oleoresin capsicum)
04/26/16	Eye	Surgery	Add xref: Tarsorrhaphy
04/27/16	Neck	Surgery	Add xref: Percutaneous endoscopic laser discectomy (PELD)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
04/01/16	Hernia	Mesh repair (surgery)	(Niccolaï, 2015)
04/01/16	Hernia	Post-herniorrhaphy pain syndrome	(Niccolaï, 2015)
04/01/16	Hernia	Inguinal disruption (ID) treatment	(Voorbrood, 2016)
04/01/16	Hernia	Physical therapy (PT)	Remove ICD9 codes
04/01/16	Hernia	Treatment Planning	Remove ICD9 codes
04/01/16	Hernia	Codes for Automated Approval	Remove ICD9 codes
04/01/16	Elbow	Surgery for epicondylitis	Update to include Medial (Amin, 2015)
04/18/16	Pulmonary	Asthma, occupational	(Jolly, 2015) Add Criteria
04/18/16	Pulmonary	Antibiotics	(Meeker, 2016) Add Criteria for Use
04/18/16	Pulmonary	Acute exacerbations of chronic bronchitis	Clarification: postural drainage, chest physiotherapy, and if needed theophylline may be of value although not considered first line
04/19/16	Carpal Tunnel	Magnet therapy	(AAOS, 2016)
04/19/16	Carpal Tunnel	Corticosteroids, oral	(AAOS, 2016) Clarification: from Under study to Not recommended
04/19/16	Carpal Tunnel	Iontophoresis	(AAOS, 2016) Clarification: from Under study to Not recommended
04/19/16	Diabetes	Bariatric surgery	(Bhatti, 2016)
04/19/16	Diabetes	Hypertension treatment	(Brunström, 2016)
04/19/16	Carpal Tunnel	Low-level laser therapy (LLLT)	(D'Angelo, 2015)
04/19/16	Carpal Tunnel	Splinting	(D'Angelo, 2015)
04/19/16	Diabetes	Ergonomics	(Rezende, 2016)
04/19/16	Diabetes	Diet	(Yary, 2016)
04/19/16	Diabetes	Metformin (Glucophage)	Renal problems: (FDA, 2016)
04/20/16	Knee	Exoskeleton suits (for wheelchair users)	(Miller, 2016)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
04/20/16	Knee	Hyaluronic acid injections	Complete update & rewrite: (Johal, 2016) (Strand, 2015) (Trojian, 2016)
04/20/16	Knee	Acetaminophen	Not recommended... (Felson, 2015)
04/20/16	Knee	Viscosupplementation	Remove hyphen (for book)
04/22/16	Pain	Cannabinoids	(Volkow, 2016)
04/22/16	Pain	Botulinum toxin (Botox®; Myobloc®)	Neuropathic pain: (Attal, 2016)
04/22/16	Pain	Dry needling	Not recommended... (Cagnie, 2013)
04/22/16	Pain	Acetaminophen (APAP)	Osteoarthritis (hip, knee, and hand): Not recommended... (Felson, 2015)
04/22/16	Pain	Eszopiclone (Lunesta)	Typo: Eszopicolone
04/22/16	Pain	Lunesta (Eszopiclone)	Typo: Eszopicolone
04/22/16	Pain	Spinal cord stimulators (SCS)	Typos: Typcal; rechargable
04/25/16	Back	Behavioral treatment	(Cherkin, 2016)
04/25/16	Back	Yoga	(Cherkin, 2016)
04/25/16	Back	Herbal medicines	(Gagnier, 2016)
04/25/16	Back	Sit-stand workstation	(Shrestha, 2016)
04/25/16	Back	Discography	Adverse effects: (Cuellar, 2016)
04/25/16	Back	Physical therapy (PT)	Timing of PT initiation: (Ojha, 2016)
04/25/16	Shoulder	Percutaneous needle tenotomy (PNT)	Update & rewrite: (McShane, 2006) (Kietrys, 2013)
04/27/16	Burns	Physical therapy (PT)	Remove ICD9 codes
04/27/16	Burns	Treatment Planning	Remove ICD9 codes
04/27/16	Neck	Manipulation	Adverse effects: (Church, 2016)
04/27/16	Knee	Physical therapy (PT)	Remove ICD9 codes

REVISED INFORMATION

Date	Chapter	Section	Change
04/27/16	Neck	Physical therapy (PT)	Remove ICD9 codes
04/27/16	Neck	Treatment Planning	Remove ICD9 codes
04/27/16	Burns	Codes for Automated Approval	Remove ICD9 codes
04/27/16	Knee	Codes for Automated Approval	Remove ICD9 codes
04/27/16	Neck	Codes for Automated Approval	Remove ICD9 codes
04/30/16	Formulary	Celecoxib (Celebrex®)	Change GE to Yes, update cost

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Date	Chapter	Section	Change
03/08/16	Back	Meditation	New entry: Recommended... (Morone, 2016)
03/08/16	Back	Sit-stand workstation	New entry: Recommended... (Ognibene, 2016)
03/09/16	Pain	Budapest (Harden) criteria	New entry: Recommended...
03/10/16	Burns	Recombinant human growth hormone (rhGH)	New entry: Recommended... (Breederveld, 2014)
03/10/16	Burns	Glutamine	New entry: Recommended... (Tan, 2014)
03/10/16	Burns	Immunonutrition	New entry: Recommended... (Tan, 2014)
03/22/16	Infectious	Post-op antibiotics (for prophylaxis use)	New entry: Not recommend... (Shaffer, 2013)
03/22/16	Infectious	Preexposure prophylaxis (PrEP) for HIV prevention	New entry: Recommended... (McCormack, 2016)
03/31/16	Formulary	Meloxicam, Vivlodex	New entry: N
03/08/16	Back	PostureRay	New xref: Videofluoroscopy (for range of motion)
03/09/16	Pain	Harden criteria	(Budapest) New xref: Budapest (Harden) criteria

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/09/16	Pain	Vivlodex	New xref: Not recommended...
03/10/16	Burns	Human growth hormone for burns (HGH)	New xref: Recombinant human growth hormone (rhGH)
03/15/16	Head	SpringTMS (eNeura)	New xref: Transcranial magnetic stimulation (TMS)
03/22/16	Infectious	Antibiotic prophylaxis (in surgery)	New xref: Post-op antibiotics (for prophylaxis use)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/08/16	Back	Ergonomics interventions	Add xref: Sit-stand workstation
03/08/16	Back	Work	Add xref: Sit-stand workstation.
03/22/16	Infectious	HIV/AIDS	Add xref: Preexposure prophylaxis (PrEP) for HIV prevention

REVISED INFORMATION

Date	Chapter	Section	Change
03/01/16	Ankle	Platelet-rich plasma (PRP)	Complete update & rewrite: (Tice, 2010) (Moraes, 2014) (Di Matteo, 2015) (Martinelli, 2012) (Jain, 2015) (Monto, 2014) (Franceschi, 2014)
03/02/16	Shoulder	Platelet-rich plasma (PRP)	Complete update & rewrite: Changed to Not recommended... (Jo, 2015) (Moraes, 2014) (Saltzman, 2015) (Vavken, 2015) (Warth, 2015) (Zhao, 2015) (Li, 2014) (Wang, 2015) (Verhaegen, 2016)
03/08/16	Back	Heat therapy	(Chou, 2016)
03/08/16	Back	Massage	(Chou, 2016)
03/08/16	Back	Tai Chi	(Chou, 2016)
03/08/16	Back	Traction	(Chou, 2016)
03/08/16	Back	Yoga	(Chou, 2016) Add xref: Meditation; Feldenkrais; Tai Chi. Mindfulness meditation; Yoga in the Pain Chapter
03/09/16	Pain	Meloxicam (Mobic®)	(FDA, 2016)
03/10/16	Burns	Honey dressing	(Jull, 2015)

REVISED INFORMATION

Date	Chapter	Section	Change
03/10/16	Elbow	Platelet-rich plasma (PRP)	(Keene, 2016)
03/15/16	Head	Anticonvulsants	Complete update & rewrite (Temkin, 1990) (Rabinstein, 2010)
03/21/16	Mental	Insomnia	(Sivertsen, 2015)
03/21/16	Mental	Cognitive therapy for depression	(Wiles, 2016)
03/21/16	Mental	Eszopiclone (Lunesta)	Correct misspelling: Eszopicolone
03/21/16	Mental	Mindfulness therapy	Make Recommended... (Hempel, 2014)
03/22/16	Infectious	Sulfamethoxazole-Trimethoprim (Bactrim®, Septra®)	(Talan, 2016)
03/31/16	Formulary	Naloxone, Evzio®	Update cost: $3,881

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/02/16	Pain	Oxaydo™ (abuse deterrent immediate-release oxycodone)	New entry: Not recommended...
02/10/16	Knee	CMI	New xref: Collagen meniscus implant (CMI)
02/10/16	Knee	Rehab	New xref: Physical medicine treatment
02/10/16	Knee	Orthokine	New xref: Regenokine (orthokine)
02/10/16	Knee	Regenokine (orthokine)	New entry: Not recommended... (Baltzer, 2009) (Fox, 2010) (FDA, 2013)
02/10/16	Knee	Whole body cryotherapy	New entry: Not recommended... (Costello, 2016) (Costello, 2015)
02/10/16	Knee	Group physical therapy	New entry: Recommended... (Allen, 2013)
02/15/16	Neck	Alexander technique	New entry: Recommended... (MacPherson, 2015)
02/25/16	Pain	Definition, chronic pain	New entry: Definition... (ODG_TP, 2016)
02/25/16	Pain	Smoking cessation	New entry: Recommend... (Bastian, 2015) (Volkman, 2015) (Ditre, 2016) (Petre, 2015)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/26/16	Knee	Arthrodesis	New xref: Fusion (knee)
02/29/16	Formulary	Naloxone, Narcan intranasal	New entry: N
02/29/16	Forearm	Surgery for distal radius fracture	New entry: Not recommended... (Azzopardi, 2005) (Black, 2009) (Lichtman, 2012) (Gehrmann, 2008) (Wei, 2009) (Koval, 2008) Chen, 2016) (Diaz-Garcia, 2011) (Ju, 2015) (Arora, 2011) (Lutz, 2014) (Chaudhry, 2015) (Zong, 2015) (Costa, 2014) (Tubeuf, 2015) (Karantana, 2015) (Bentohami, 2014) (Asadollahi, 2013) (Williksen, 2015)(Mellstrand, 2015) (Richard, 2011) (Wei, 2012) (Esposito, 2013)
02/29/16	Forearm	Surgery for scaphoid fracture	New entry: Not recommended... (Dias, 2005) (Buijze, 2010)
02/29/16	Forearm	Anti-vibration gloves	New entry: Not recommended... (Hewitt, 2015) (Dong, 2014) (Forbes, 2013)
02/29/16	Formulary	Desvenlafaxine, Pristiq®	New entry: Y
02/29/16	Forearm	Vibration-reducing gloves	New xref: Anti-vibration gloves
02/29/16	Forearm	Surgery for radius/ulna fracture	New xref: Surgery for distal radius fracture
02/29/16	Forearm	Surgery for fractured wrist	New xref: Surgery for distal radius fracture; Surgery for scaphoid fracture

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
02/02/16	Pain	Naloxone (Narcan®)	Add (3) nasal; Narcan intranasal: (FDA, 2015)
02/10/16	Knee	Injections	Add xref: Regenokine (orthokine)
02/10/16	Knee	Cryotherapy	Add xref: Whole body cryotherapy
02/15/16	Back	Massage	Add Criteria for Massage Therapy: (CMS, 2016)
02/15/16	Neck	Physical therapy (PT)	Add Torticollis from Low Back

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
02/15/16	Back	Education	Add xref: Alexander technique; (Steffens, 2016)
02/15/16	Neck	Education (patient)	Add xref: Alexander technique; Back schools
02/25/16	Pain	Opioids, screening tests for risk of addiction & misuse	Add xref: Smoking cessation
02/25/16	Pain	Treatment Planning	Add: For the purpose of this publication, Chronic Pain is defined as pain that persists 30 days after the ODG Best Practice recommended disability duration for the injury or claimant in question.
02/26/16	Knee	Fusion (knee)	Add Criteria: (Kuchinad, 2014)
02/26/16	Knee	Injections	Add xref: Genicular nerve block; Nerve block
02/29/16	Forearm	Open reduction internal fixation (ORIF)	Add xref: Surgery for distal radius fracture; Surgery for scaphoid fracture; Surgery for metacarpal fracture
02/29/16	Forearm	Surgery	Add xref: Surgery for radius/ulna fracture; Surgery for scaphoid fracture
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/02/16	Pain	Oxecta (oxycodone)	Change to xref: Oxaydo™ (abuse deterrent immediate-release oxycodone)
02/10/16	Knee	Manipulation under anesthesia (MUA)	(Mamarelis, 2015) (Yoo, 2015)
02/10/16	Knee	Physical medicine treatment	(Pas, 2015) Add xref: Group physical therapy
02/10/16	Knee	Arthroscopic surgery for osteoarthritis	(Thorlund, 2015)
02/10/16	Knee	Meniscectomy	(Thorlund, 2015)
02/10/16	Knee	Collagen meniscus implant (CMI)	Complete update & rewrite: Change to Recommended... (Cicuttini, 2002) (Ding, 2007) (Mills, 2008) (Rodkey, 2008) (Zaffagnini, 2011) (Grassi, 2014) (Warth, 2015) (Monllau, 2011) (Bulgheroni, 2015) (Harston, 2012)
02/10/16	Knee	Platelet-rich plasma (PRP)	Hamstring injury: (Pas, 2015)
02/12/16	Hip	Sacroiliac injections, therapeutic	Clarification: change recommend to recommended
02/12/16	Hip	Urological injuries	Regular ongoing testing: (Linsenmeyer, 2013)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/15/16	Neck	Acupuncture	(MacPherson, 2015)
02/15/16	Back	Shoe insoles/shoe lifts	(Steffens, 2016)
02/15/16	Neck	Disc prosthesis	ADR in a workers' comp population: (Gornet, 2016)
02/15/16	Back	Exercise	Prevention: (Steffens, 2016)
02/15/16	Back	Lumbar supports	Prevention: (Steffens, 2016)
02/25/16	Pain	Delayed recovery	Clarification: For the purpose of this publication, Chronic Pain is defined as pain that persists 30 days after the ODG Best Practice recommended disability duration for the injury or claimant in question.
02/25/16	Pain	Proton pump inhibitors (PPIs)	Risks: (Gomm, 2016)
02/26/16	Knee	Meniscectomy	(Sihvonen, 2016)
02/26/16	Knee	Opioids	(Smith, 2016)
02/26/16	Knee	Genicular nerve block	Clarification: Not recommended...
02/26/16	Knee	Radiofrequency neurotomy (of genicular nerves in knee)	Clarification: Not recommended...
02/26/16	Knee	Nerve block	Clarification: Recommended for...
02/26/16	Knee	Exercise	Osteoarthritis: (Fransen, 2015)
02/26/16	Knee	Hamstring injury treatment	Typo: Recommened
02/29/16	Forearm	de Quervain's tenosynovitis surgery	(D'Angelo, 2015)
02/29/16	Formulary	Oxycodone	Change brand from Oxecta to Oxaydo
02/29/16	Forearm	Surgery for broken wrist	Change to xref: Surgery for fractured wrist

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/29/16	Forearm	Radius/ulna fracture surgery	Change to xref: Surgery for radius/ulna fracture
02/29/16	Forearm	Physical therapy (PT)	Remove ICD9 codes
02/29/16	Forearm	Treatment Planning	Remove ICD9 codes
02/29/16	Forearm	Codes for Automated Approval	Remove ICD9 codes
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jan-16

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/11/16	Back	Core stability exercise	New xref: Exercise
01/11/16	Back	Motor control exercise (MCE)	New xref: Exercise
01/11/16	Back	Tai Chi	New xref: Exercise
01/12/16	Pain	Dihydrocodeine (Trezix/ Synalgos-DC)	New entry: Not recommended... (Leppert, 2016) (Zamparutti, 2011) (Leppert, 2010)
01/12/16	Pain	Trezix®	New xref: Dihydrocodeine (Trezix/ Synalgos-DC)
01/18/16	Ankle	Continuous passive motion (CPM)	New entry: Recommended... Farsetti, 2009) (Lin, 2012)
01/18/16	Ankle	Bunions (hallux valgus)	New xref: Hallux valgus
01/18/16	Ankle	Hallux valgus	New xref: Surgery for hallux valgus
01/19/16	Carpal Tunnel	Tests (CTS diagnosis)	Add xref: CTS-6 score to diagnose CTS
01/19/16	Carpal Tunnel	CTS-6 score to diagnose CTS	New entry: Not recommended... (Atroshi, 2011) (Fowler, 2014) (Fowler, 2015)

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
01/20/16	Shoulder	Surgery for shoulder neuropathies	New entry: Recommended... (Piasecki, 2009) (Clavert, 2014) (Boykin, 2010) (Ogino, 1991) (Romeo, 2010) (Steinmann, 2003) (Wiater, 1999) (Guettler, 2006) (Perlmutter, 1999) (Wheelock, 2015) (Dahlin, 2012) (Brown, 2015) (Chen, 2015) (McAdams, 2008) (Gun, 2014) (Cesmebasi, 2015) (Teboul, 2005) (Kim, 2003) (Park, 2015) (Sultan, 2013) (Chen, 1995) (Argyriou, 2015)
01/20/16	Shoulder	Dorsal scapular nerve entrapment	New xref: Surgery for shoulder neuropathies
01/20/16	Shoulder	Nerve entrapment (shoulder)	New xref: Surgery for shoulder neuropathies
01/20/16	Shoulder	Neuropathies (shoulder)	New xref: Surgery for shoulder neuropathies
01/21/16	Diabetes	Oxygen	New xref: Hyperbaric oxygen therapy (HBOT) for diabetic skin ulcers
01/21/16	Diabetes	Sildenafil (Viagra)	New xref: Phosphodiesterase type-5 (PDE5) inhibitors
01/22/16	Eye	Optical coherence tomography (OCT)	New entry: Recommended... (Adhi, 2013) (Adhi, 2015)
01/22/16	Eye	Injection, intravitreal (IVT)	New entry: Recommended... (Avery, 2014)
01/25/16	Forearm	Continuous-flow cryotherapy	New entry: Not recommended...
01/25/16	Forearm	Cryotherapy	New xref: Cold packs; Continuous-flow cryotherapy; Game Ready™ accelerated recovery system; Pulsed electromagnetic field.
01/25/16	Forearm	Game Ready™ accelerated recovery system	New entry: Not recommended...
01/25/16	Forearm	Lunotriquetral ligament injuries	New entry: Recommended... (Shin, 2001) (Nicoson, 2015) (Atkinson, 2012)
01/25/16	Forearm	Vasopneumatic cryotherapy	New xref: Continuous-flow cryotherapy
01/26/16	Head	VENG Testing	New xref: Vestibular studies
01/26/16	Head	Compression vest	New xref: Weighted compression vest
01/30/16	Formulary	Dihydrocodeine (Trezix/ Synalgos-DC)	New entry: Status N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
01/11/16	Back	Exercise	Add xref: Aerobic exercise; Alexander technique; Aquatic therapy; Conservative care; Cybex® exercise machine; Education; Fear-avoidance beliefs questionnaire (FABQ); Fear-avoidance beliefs questionnaire (FABQ); Gym memberships; Lumbar extension exercise equipment; McKenzie method; MedX® lumbar extension machine; Physical therapy (PT); Roman chairs exercise equipment; Stretching; Walking; Water-based exercises; Work conditioning, work hardening; Yoga
01/11/16	Back	Pilates	Add xref: Exercise
01/12/16	Pain	Duragesic® (fentanyl transdermal system)	Add xref: Opioids, long-acting
01/20/16	Shoulder	Surgery	Add xref: Dorsal scapular nerve entrapment; Nerve entrapment (shoulder); Surgery for shoulder neuropathies
01/20/16	Shoulder	Shoulder repair	Add xref: Surgery
01/22/16	Eye	Imaging	Add xref: Optical coherence tomography (OCT)
01/25/16	Forearm	Surgery	Add xref: Lunotriquetral ligament injuries
01/25/16	Forearm	Vasopneumatic devices	Add xref: Vasopneumatic cryotherapy
01/26/16	Head	Mediterranean diet	Add xref: Diet
01/26/16	Head	Concussion/mTBI treatment	Add xref: Hypothermia; Weighted compression vest
01/26/16	Head	Vestibular studies	Add xref: VENG Testing

REVISED INFORMATION

Date	Chapter	Section	Change
01/11/16	Back	Treatment Planning	Clarification: No X-Rays...; While not indicated in the absence of red flags, if still disabled, then consider imaging study (AP/Lateral 2-view X-Ray of lumbar)...
01/11/16	Back	Delayed treatment	(Besen, 2016)
01/11/16	Back	Fusion (spinal)	(Cheriyan, 2015)
01/11/16	Back	Exercise	(Saragiotto, 2016)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/11/16	Back	XLIF® (eXtreme Lateral Interbody Fusion)	(Takata, 2015) (Berjano, 2015)
01/12/16	Pain	Barbiturate-containing analgesic agents (BCAs)	(AGS, 2015)
01/12/16	Pain	Benzodiazepines	(AGS, 2015)
01/12/16	Pain	Carisoprodol (Soma®)	(AGS, 2015)
01/12/16	Pain	Diclofenac	(AGS, 2015)
01/12/16	Pain	Meperidine (Demerol®)	(AGS, 2015)
01/12/16	Pain	MS Contin®	Clarification: Not recommended...; Xref: Opioids, long-acting
01/12/16	Pain	Embeda® (morphine /naltrexone)	Clarification: Not recommended...; Xref: Opioids, long-acting
01/12/16	Pain	Levorphanol (Levo-Dromoran®)	Clarification: Not recommended...; Xref: Opioids, long-acting
01/18/16	Ankle	Surgery for hallux valgus	Complete update & add Criteria (Vanore, 2003) (MacMahon, 2015) (Harb, 2015) (Barnish, 2016)
01/20/16	Shoulder	Arthroplasty (shoulder)	(Jawa, 2015)
01/20/16	Shoulder	Surgery for rotator cuff repair	(Kukkonen, 2015)
01/21/16	Diabetes	High-intensity interval training (HIIT)	(Cassidy, 2016)
01/21/16	Diabetes	Bariatric surgery	(Courcoulas, 2015)
01/21/16	Diabetes	Hyperbaric oxygen therapy (HBOT) for diabetic skin ulcers	(Fedorko, 2016)
01/21/16	Diabetes	Diet	(Muraki, 2015) (Gepner, 2015)
01/21/16	Diabetes	Phosphodiesterase type-5 (PDE5) inhibitors	(Ramirez, 2015)
01/21/16	Diabetes	Hypertension treatment	(SPRINT, 2015)
01/26/16	Head	Glasgow Coma Scale (GCS)	(Kehoe, 2015)
01/26/16	Head	Vitamin D (cholecalciferol)	(Miller, 2015)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/26/16	Head	Diet	(Morris, 2015) (Gu, 2015) Add xref: Vitamin D (cholecalciferol)
01/26/16	Head	CT (computed tomography)	Clarification: AND one or more of the following criteria...
01/26/16	Head	Hypothermia	Recent research: (Andrews, 2015) Change to Not recommended...
01/26/16	Head	Weighted compression vest	Recommended... (Bean, 2004) (Shaw, 1998) (Clinical Trials, 2016)
01/30/16	Formulary	Levorphanol (Levo-Dromoran®)	Change Status to N
01/30/16	Formulary	Morphine ER / Naltrexone (Embeda)	Change Status to N
01/30/16	Formulary	Fentanyl transdermal (Duragesic®)	Change Status to N
01/30/16	Formulary	Morphine ER (MS-Contin)	Change Status to N
01/30/16	Formulary	Codeine/acetamin.	Tylenol #3, add #4 also
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Dec-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/02/15	Pain	Craniosacral therapy	New entry: Not recommended...
12/02/15	Back	Epidurography	New entry: Not recommended... (Shin, 2012) (Kim, 2015)
12/02/15	Pain	Reflex sympathetic dystrophy (RSD)	New xref: CRPS (complex regional pain syndrome)
12/29/15	Knee	Autologous chondrocyte implantation (ACI)	New entry: Recommended... (Zaslav, 2009) (Schindler, 2009) (Saris, 2009)(Wasiak-Cochrane, 2006) (Ruano-Ravina, 2005) (Ruano-Ravina, 2006) (Vavken, 2010) (Peterson, 2010) (Vasiliadis, 2010) (Kon, 2011) (Filardo, 2012) (Mandelbaum, 2007) (Bode, 2015) (Minas, 2014) (Nawaz, 2014) (Biant, 2014) (Mundi, 2015) (Li, 2015) (Samsudin, 2015) (Oussedik, 2015) (Jaiswal, 2012) (Kreuz, 2013) (Gomoll, 2014)(Trinh, 2013) (Washington, 2003) (Bentley, 2003) (Wasiak, 2002) (UHC, 2014) (BCBS, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
12/02/15	Pain	Ketamine	Add xref:
12/02/15	Pain	Complementary & alternative medicine	Add xref: Craniosacral therapy

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
12/02/15	Pain	Manipulation	Add xref: Craniosacral therapy
12/02/15	Back	Imaging	Add xref: Epidurography
12/02/15	Pain	Topical analgesics	Add xref: Ketamine
12/02/15	Pain	Electrical stimulators (E-stim)	Add xref: RS-4i sequential stimulator
12/02/15	Back	Functional improvement measures	Add MTAP
12/02/15	Back	Physical therapy (PT)	Add Torticollis; Other unspecified back disorders
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/02/15	Pain	Cannabinoids	(Fitzcharles, 2015)
12/02/15	Back	Muscle relaxants	(Friedman, 2015)
12/02/15	Back	Physical therapy (PT)	(Fritz, 2015)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/02/15	Fitness	Multidimensional task ability profile (MTAP)	(Matheson, 2008)
12/02/15	Fitness	Functional capacity evaluation (FCE)	(Matheson, 2014)
12/02/15	Pain	Functional improvement measures	(Verna, 2015) (MTAP, 2015)
12/02/15	Back	MRIs (magnetic resonance imaging)	Typo: anular
12/02/15	Back	Dehydroepi-androsterone (DHEA)	Typo: as as
12/02/15	Back	TENS (transcutaneous electrical nerve stimulation)	Typo: as as
12/17/15	Mental	Cognitive therapy for depression	(Amick, 2015) (Gartlehner, 2015)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/17/15	Mental	Stress & depression (effect)	Fix link for (Hoge, 2008)
12/17/15	Mental	Insomnia treatment	Fix link for (NCQA, 2012) (Carney, 2014)
12/17/15	Back	Sacroiliac joint injections (SJI)	Update link to Hip, Not recommended...
12/17/15	Back	Sacroiliac joint fusion	Update link to Hip, Recommended...
12/28/15	Pain	Opioids, dosing	(Actiq, 2015) Add: Fentanyl oral
12/28/15	Pain	Opioids, long-acting	(CDC, 2015)
12/28/15	Pain	Telehealth	(NCSL, 2015)
12/28/15	Pain	Glucosamine (and Chondroitin sulfate)	(Pelletier, 2015)
12/29/15	Knee	Prostheses (artificial limb)	(FDA, 2015)
12/29/15	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Pelletier, 2015)
12/29/15	Knee	Tai Chi	(Wang, 2015)
12/29/15	Knee	Autologous cartilage implantation (ACI)	Becomes an xref
12/29/15	Knee	Microfracture surgery (subchondral drilling)	Complete update & rewrite: (Mundi, 2015); Risk versus benefit
12/29/15	Knee	Osteochondral autograft transplant system (OATS)	Complete update & rewrite: (Vasiliadis, 2010) (Mundi, 2015); Risk versus benefit
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/09/15	Ankle	Game Ready™ accelerated recovery system	New entry: Not recommended...
11/09/15	Ankle	Oral corticosteroids	New entry: Not recommended...
11/09/15	Ankle	Sural nerve block	New entry: Not recommended...
11/09/15	Ankle	Intermittent impulse compression therapy	New entry: Not recommended... (Rohner-Spengler, 2014)
11/09/15	Ankle	IDEO™ (intrepid dynamic exoskeletal orthosis)	New entry: Recommended... (Russell-Esposito, 2015) (Bedigrew, 2014) (Blair, 2014) (Patzkowski, 2012)
11/12/15	Mental	Stress, occupational	New entry: Recommend (ODG, 2015)
11/12/15	Mental	Topiramate	New entry: Recommended, xref: PTSD pharmacotherapy
11/06/15	Mental	Trauma-focused CBT	New xref: Cognitive therapy for PTSD
11/09/15	Ankle	Toe	New xref: Artificial toe; Closed reduction for toe; Focal joint resurfacing; Ingrown toenail surgery; Metatarsal; Surgery for hammer toe syndrome; Turf toe treatment (hyper dorsiflexion first meta tarso phalangeal joint)
11/09/15	Ankle	Metatarsal	New xref: Jones fracture (surgery); Lisfranc injury (surgery); Surgery for hammer toe syndrome; Surgery for Morton's neuroma

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/06/15	Mental	Omega-3 fatty acids (EPA/DHA)	Add: A concern...
11/09/15	Ankle	Compression	Add xref:
11/09/15	Ankle	Orthotic devices	Add xref: Ankle foot orthosis (AFO); IDEO™ (intrepid dynamic exoskeletal orthosis)
11/09/15	Ankle	Continuous-flow cryotherapy	Add xref: Game Ready™ accelerated recovery system
11/09/15	Ankle	Ankle foot orthosis (AFO)	Add xref: IDEO™ (intrepid dynamic exoskeletal orthosis)
11/09/15	Ankle	Prostheses (artificial limb)	Add xref: IDEO™ (intrepid dynamic exoskeletal orthosis)
11/09/15	Ankle	Corticosteroids (topical)	Add xref: Injections (corticosteroid); Oral corticosteroids
11/09/15	Ankle	Medications	Add xref: Oral corticosteroids
11/09/15	Ankle	Injections (corticosteroid)	Add xref: Sural nerve block

REVISED INFORMATION

Date	Chapter	Section	Change
11/06/15	Mental	Psychodynamic psychotherapy	Clarification: although there are briefer and more effective psychotherapies...
11/06/15	Mental	Aripiprazole (Abilify)	Clarification: as monotherapy
11/06/15	Mental	Atypical antipsychotics	Clarification: as monotherapy
11/06/15	Mental	Cognitive therapy for depression	Clarification: can be
11/06/15	Mental	Deplin® (L-methylfolate)	Clarification: delete until there are higher quality studies
11/06/15	Mental	Botulinum toxin injections	Clarification: Not recommended
11/06/15	Mental	Brain wave synchronizers (for stress reduction)	Clarification: Not recommended
11/06/15	Mental	Kava extract (for anxiety)	Clarification: Not recommended
11/06/15	Mental	Acupressure	Clarification: Not recommended from Under study

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
11/06/15	Mental	Folate (for depressive disorders)	Clarification: Not recommended from Under study
11/06/15	Mental	Low-field magnetic stimulation (LFMS)	Clarification: Not recommended from Under study
11/06/15	Mental	Magneto-encephalography (MEG) for PTSD	Clarification: Not recommended from Under study
11/06/15	Mental	MDMA (ecstasy)	Clarification: Not recommended from Under study
11/06/15	Mental	Nitrous oxide (for depression)	Clarification: Not recommended from Under study
11/06/15	Mental	Psychobiotics	Clarification: Not recommended from Under study
11/06/15	Mental	Antidepressants - SSRI's versus tricyclics (class)	Clarification: Not recommended from Under study (Cipriani, 2012)
11/06/15	Mental	Escitalopram (Lexapro®)	Clarification: or anxiety disorder
11/06/15	Mental	Depression: effect on heart health	Clarification: Recommend from Under study
11/06/15	Mental	Depression: the gene factor	Clarification: Recommend from Under study
11/06/15	Mental	Cognitive therapy for opioid dependence	Clarification: Recommended
11/06/15	Mental	Psychosocial /pharmacological treatments (for deliberate self harm)	Clarification: See MDD Treatment
11/06/15	Mental	Antidepressants	Clarification: simplify wording in evidence discussion
11/06/15	Mental	Antidepressants for treatment of MDD (major depressive disorder)	Clarification: simplify wording in evidence discussion
11/06/15	Mental	Electroconvulsive therapy (ECT)	Clarification: simplify wording in evidence discussion
11/06/15	Mental	Major depressive disorder, diagnosis	Clarification: simplify wording in evidence discussion
11/06/15	Mental	Post-traumatic stress disorder (PTSD), definition	Clarification: simplify wording in evidence discussion
11/06/15	Mental	Cognitive therapy for PTSD	Clarification: simplify wording in evidence discussion (Bisson, 2013)
11/06/15	Mental	Antidepressants for treatment of PTSD (post-traumatic stress disorder)	Clarification: simplify wording in evidence discussion (Friedman, 2013)
11/06/15	Mental	Eye movement desensitization & reprocessing (EMDR)	Del becoming
11/06/15	Mental	Nuedexta	Del: for conditions covered in ODG

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
11/06/15	Mental	Psychological evaluations	Del: Note...
11/06/15	Mental	Bupropion (Wellbutrin®)	Not recommended for PTSD. (Friedman 2013)
11/06/15	Mental	Ketamine	Not recommended from Under study: Recent systematic reviews: (ECRI, 2013) (Fond, 2014) (Papadimitropoulou, 2015)
11/06/15	Mental	Physical therapy (PT)	Remove ICD9 codes
11/06/15	Mental	Codes for Automated Approval	Remove ICD9 codes
11/06/15	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord stimulators)	Typo: Patients
11/06/15	Mental	Psychosocial adjunctive methods (for PTSD)	Typo: self care
11/06/15	Mental	PRIME-MD (Primary Care Evaluation for Mental Disorders)	Typo: validty
11/09/15	Ankle	Physical therapy (PT)	(Moseley, 2015)
11/09/15	Ankle	Treatment Planning	Body fracture, calcaneus, intra-articular, heavy manual work: 168 days (Mortelmans, 2002)
11/09/15	Ankle	Physical therapy (PT)	Remove ICD9 codes
11/09/15	Ankle	Treatment Planning	Remove ICD9 codes
11/09/15	Ankle	Causation	Remove ICD9 codes
11/09/15	Ankle	Codes for Automated Approval	Remove ICD9 codes
11/12/15	Mental	PTSD pharmacotherapy	(Watts, 2013) (Akuchekian, 2004) (Tucker, 2007) (Yeh, 2011) (Ahearn, 2011)
11/12/15	Mental	Quetiapine (Seroquel)	Clarification: as monotherapy
11/12/15	Mental	Spiritual support	Clarification: for mental conditions; Recent research: (Anderson, 2015) (Musarezaie, 2014)
11/12/15	Mental	Transcranial magnetic stimulation (TMS)	Clarification: Not recommended for PTSD from Under study
11/12/15	Mental	Reiki	Clarification: Not recommended from Under study
11/12/15	Mental	Therapeutic touch (TT)	Clarification: Not recommended from Under study

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
11/12/15	Mental	Vitamin use (for stress reduction)	Clarification: Not recommended from Under study
11/12/15	Mental	Sentra PM™	Clarification: Not recommended from Under study
11/12/15	Mental	Tension headaches (pharmaceuticals vs. behavioral therapy)	Clarification: Not recommended from Under study (Banzi, 2015)
11/12/15	Mental	SAMe (S-adenosylmethionine)	Clarification: Not recommended from Under study (Papakostas, 2009)
11/12/15	Mental	Stress & atherosclerosis (effect)	Clarification: Recommend from Under study
11/12/15	Mental	Stress & blood pressure (effect)	Clarification: Recommend from Under study
11/12/15	Mental	Stress & depression (effect)	Clarification: Recommend from Under study
11/12/15	Mental	Stress & physiology/mental performance (effect)	Clarification: Recommend from Under study
11/12/15	Mental	Stress & heart-related interventions	Clarification: Recommend from Under study (Huang, 2015)
11/12/15	Mental	Zolpidem (Ambien)	Clarification: simplify wording in evidence discussion
11/12/15	Mental	Virtual reality (VR)	psychologist might choose to use when implementing exposure therapy (which is recommended). This should be up to the clinician to use as needed.
11/24/15	Mental	Light therapy	(Lam, 2015)
11/24/15	Mental	PTSD pharmacotherapy	(McAllister, 2015)
11/24/15	Mental	Antidepressants - SSRI's versus tricyclics (class)	Correct typo: evert
11/24/15	Mental	Cognitive therapy for PTSD	Fix link: (URA, 2014)

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Oct-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/05/15	Pain	Transcranial direct current stimulation (tDCS)	New entry: Not recommended... (Boldt, 2014) (O'Connell, 2014) (Horvath, 2015) (Shiozawa, 2014) (Elsner, 2013) (Song, 2012)
10/05/15	Pain	Brain stimulation	New xref: Transcranial direct current stimulation (tDCS)
10/23/15	Carpal Tunnel	Extracorporeal shock wave therapy (ESWT)	New entry: Not recommended... (Seok, 2013) (Paoloni, 2015)
10/23/15	Carpal Tunnel	Shock wave therapy	New xref: Extracorporeal shock wave therapy (ESWT)
10/26/15	Shoulder	Surgery for biceps tenodesis	New entry: Recommended... (Denard, 2014) (Gottschalk, 2014) (Erickson, 2014) (Huri, 2014) (Patterson, 2014)
10/09/15	Pain	Telemedicine	New xref: Telehealth
10/23/15	Carpal Tunnel	Acute carpal tunnel syndrome (surgical release)	New xref: Traumatic CTS (surgery)
10/23/15	Carpal Tunnel	Urgent release for acute CTS	New xref: Traumatic CTS (surgery)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/05/15	Pain	Electrical stimulators (E-stim)	Add xref: Brain stimulation; Transcranial direct current stimulation (tDCS)

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
10/23/15	Carpal Tunnel	Ultrasound, therapeutic	Add xref: Extracorporeal shock wave therapy (ESWT)
10/23/15	Carpal Tunnel	Carpal tunnel release surgery (CTR)	Add xref: Traumatic CTS (surgery)
10/23/15	Carpal Tunnel	Surgery	Add xref: Traumatic CTS (surgery)
10/26/15	Shoulder	Surgery	Add xref: Surgery for biceps tenodesis

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/05/15	Pain	Duragesic® (fentanyl transdermal system)	(FDA, 2015)
10/05/15	Pain	Tramadol (Ultram®)	Clarification: within the ODG guidelines that dosing not exceed 100 mg MED
10/09/15	Pain	Telehealth	(Daniel, 2015)
10/09/15	Pain	Cannabinoids	(Friedman, 2015)
10/09/15	Pain	RS-4i sequential stimulator	Clarification: Not recommended... [dwc-cid]
10/09/15	Pain	Home health services	Clarification: OR/AND in (3) [dwc-cp]
10/23/15	Carpal Tunnel	Traumatic CTS (surgery)	Change to Recommended... from Under study... (Niver, 2012) (Dyer, 2008) (Koval, 2014) (Schnetzler, 2008)
10/23/15	Carpal Tunnel	Causation (determination)	Clarification: change aggravate to commonly associated with CTS
10/23/15	Carpal Tunnel	Work	Clarification: change aggravate to commonly associated with CTS
10/26/15	Shoulder	Biceps tenodesis	Becomes an xref: Surgery for biceps tenodesis
10/26/15	Shoulder	SLAP lesion diagnosis	Complete update & rewrite: (Phillips, 2013) (Sheridan, 2015) (Connolly, 2013) (Pappas, 2013) (Weber, 2012)
10/26/15	Shoulder	Surgery for SLAP lesions	Complete update & rewrite: (Verma, 2007) (Provencher, 2013) (Erickson, 2015) (Gottschalk, 2014) (Chalmers, 2015) (Kim, 2012) (Fedoriw, 2012) (Trantalis, 2015) (Choi, 2015) (Virk, 2013)
10/30/15	Elbow	Injections (corticosteroid)	(Dines, 2015)
10/30/15	Elbow	Exercise	(Menta, 2015)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/30/15	Elbow	Stretching	(Menta, 2015)
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TREATMENT GUIDELINES* UPDATES

Sep-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
09/08/15	Shoulder	Superior capsule reconstruction (Mihata procedure)	New entry: Not recommended... (Mihata, 2012) (Mihata, 2013)
09/08/15	Pain	Music (for postoperative recovery)	New entry: Recommended... (Hole, 2015)
09/08/15	Pain	Complementary & alternative medicine	New xref: Acupuncture; Aquatic therapy; Curcumin (turmeric); Herbal medicines; Hypnosis; Internal qigong; Magnet therapy; Manipulation; Massage therapy; Medical marijuana; Medical food; Melatonin; Mindfulness meditation; Music (for postoperative recovery); Tai Chi; Yoga
09/08/15	Pain	PPIs	New xref: Proton pump inhibitors (PPIs)
09/08/15	Shoulder	Mihata procedure	New xref: Superior capsule reconstruction (Mihata procedure)
09/09/15	Fitness for Duty	Multidimensional task ability profile (MTAP)	New entry: Recommend... (Verna, 2013) (Mooney, 2010) (Mayer, 2005)
09/09/15	Carpal Tunnel	Migraine (comorbidity)	New entry: Recommended... (Law, 2015)
09/09/15	Fitness for Duty	FCE	New xref: Functional capacity evaluation (FCE)
09/09/15	Fitness for Duty	MTAP	New xref: Multidimensional task ability profile (MTAP)
09/10/15	Diabetes	Negative pressure wound therapy (NPWT)	New entry: Recommended... (Rhee, 2015)

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
09/10/15	Diabetes	Vacuum-assisted closure wound-healing	New entry: Recommended... (Xie, 2010)
09/10/15	Diabetes	Phosphodiesterase type-5 (PDE5) inhibitors	New entry: Under study... (Heald, 2015)
09/10/15	Diabetes	Testosterone-replacement therapy	New entry: Under study... (Heald, 2015)
09/10/15	Diabetes	Sitting	New xref: Sedentary time
09/11/15	Pulmonary	Allergy medication	New entry: Recommended... (Banerji, 2007)
09/11/15	Pulmonary	Diphenhydramine (Benadryl)	New xref: Allergy medication
09/12/15	Infectious	Herpes zoster	New entry: Recommend... (Lal, 2015)
09/12/15	Infectious	Lyme disease diagnosis	New entry: Recommend... (Patrick, 2015)
09/12/15	Infectious	Chickenpox	New xref: Herpes zoster
09/12/15	Infectious	AIDS	New xref: HIV/AIDS
09/12/15	Infectious	Deer tick	New xref: Lyme disease diagnosis
09/22/15	Back	Three-dimensional (3D) image rendering	New entry: Not recommended... (Jiang, 2014) (Ohashi, 2009)
09/24/15	Hip	Sciatic nerve block	New entry: Not recommended... (Shahid, 2015) (Kim, 2015) (Corvetto, 2015)
09/24/15	Hip	Foam rollers	New entry: Recommended... (Schroeder, 2015)
09/24/15	Hip	Myofascial release	New xref: Active release technique (ART) manual therapy; Self myofascial release
09/24/15	Hip	Self myofascial release	New xref: Foam rollers
09/24/15	Hip	Massage	New xref: Low Back; Foam rollers

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
09/08/15	Shoulder	Shoulder repair	Add xref: Superior capsule reconstruction (Mihata procedure)
09/08/15	Shoulder	Surgery	Add xref: Superior capsule reconstruction (Mihata procedure)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/09/15	Carpal Tunnel	Comorbidities	Add xref: Migraine (comorbidity)
09/09/15	Fitness for Duty	Functional capacity evaluation (FCE)	Add xref: Multidimensional task ability profile (MTAP)
09/10/15	Diabetes	Lorcaserin (Belviq)	Add xref: Liraglutide (Saxenda)
09/10/15	Diabetes	Medications	Add xref: Lorcaserin (Belviq); Testosterone-replacement therapy; Phosphodiesterase type-5 (PDE5) inhibitors
09/11/15	Pulmonary	Antihistamines (oral)	Add xref: Allergy medication
09/11/15	Pulmonary	Medications	Add xref: Allergy medication
09/11/15	Burns	Wound care	Add xref: Ankle: Vacuum-assisted closure wound-healing; Diabetes: Negative pressure wound therapy (NPWT); Vacuum-assisted closure wound-healing;
09/12/15	Infectious	Hyperbaric oxygen therapy	Add Criteria from Diabetes
09/22/15	Back	Imaging	Add xref: Three-dimensional (3D) image rendering
09/22/15	Back	CT (computed tomography)	Add: If there is a contraindication to the magnetic resonance examination such as a cardiac pacemaker or severe claustrophobia, computed tomography myelography, preferably using spiral technology and multiplanar reconstruction is recommended...
09/24/15	Hip	Injections	Add xref: Psoas blocks; Sciatic nerve block
09/24/15	Hip	Piriformis injections	Add xref: Sciatic nerve block

REVISED INFORMATION

Date	Chapter	Section	Change
09/03/15	Pain	Cannabinoids	(Whiting, 2015) (D'Souza, 2015)
09/03/15	Pain	Progressive goal attainment program (PGAP™)	Claification: Fix (L&I, 2013) link; correct 5 mo to one year; add PGAP is often delivered in conjunction with an active physical therapy or restorative exercise program
09/03/15	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Correction: as as
09/08/15	Pain	Quantitative sensory threshold (QST) testing	(Hayes, 2015)
09/08/15	Shoulder	Biceps tenodesis	Correction: - Type II lesions (fraying and some detachment)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/09/15	Fitness for Duty	Firefighters	(Tsai, 2015)
09/10/15	Diabetes	Ergonomics	(Buckley, 2015)
09/10/15	Diabetes	Telehealth	(Chamany, 2015)
09/10/15	Diabetes	Dipeptidyl-peptidase inhibitors (DPP-4 inhibitors)	(FDA, 2015)
09/10/15	Diabetes	Statins	(Mansi, 2015)
09/10/15	Diabetes	Glucagon-like peptide-1 (GLP-1) agonists	(Pi-Sunyer, 2015)
09/10/15	Diabetes	PDE5 inhibitors	
09/11/15	Pulmonary	E-cigarettes	(FDA, 2015)
09/22/15	Back	Fusion (spinal)	(Anderson, 2015c)
09/22/15	Back	Epidural steroid injections (ESIs), therapeutic	(Chou, 2015b)
09/22/15	Back	Physical therapy (PT)	Remove ICD9 codes
09/22/15	Back	Treatment Planning	Remove ICD9 codes
09/22/15	Back	Causation	Remove ICD9 codes
09/22/15	Back	Codes for Automated Approval	Remove ICD9 codes
09/22/15	Back	Facet joint injections, multiple series	Typo: fact blocks
09/24/15	Hip	Physical therapy (PT)	Remove ICD9 codes
09/24/15	Hip	Treatment Planning	Remove ICD9 codes
09/24/15	Hip	Codes for Automated Approval	Remove ICD9 codes
09/30/15	Mental	Post-traumatic stress disorder (PTSD), definition	(American Psychiatric Association, 2013)
09/30/15	Mental	Treatment Planning	(American Psychiatric Association, 2013)
09/30/15	Mental	Omega-3 fatty acids (EPA/DHA)	(Li, 2015)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/30/15	Mental	Trazodone (Desyrel)	Clarification: Not recommended as a first-line treatment for insomnia in patients generally, or as a first-line treatment for depression or for pain/ with links to evidence
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NEW CHAPTERS, ENTRIES AND TOPICS

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08/04/15	Hip	Sacroiliac problems, diagnosis	New entry: Recommend... (King, 2015) (Laslett, 2008) (Mennell, 1960)(Whang, 2015) (Simopoulos, 2012) (Szadek, 2009) (Wong, 2012) (Laslett, 2005) (Laslett, 2008) (van der Wurff, 2006) (Cohen, 2013) (Vleeming, 2012) (Vallejo, 2006) (Cox, 2014) (Roberts, 2014) (Aydin, 2010) (Vanelderen, 2010) (Cohen, 2005) (Jans, 2014) (O'Shea, 2010) (Shibata, 2002) (Vallejo, 2006) (van der Wurff, 2006) (Szadek, 2009) (Bertholet, 2006)
08/05/15	Hip	Aspiration for Morel Lavallee lesion	New entry: Recommended... (Tejwani, 2007) (Tresley, 2014)
08/05/15	Hip	Cluneal nerve injection	New entry: Not recommended... (Kuniya, 2014) (Ermis, 2011) (Kuniya, 2013)
08/05/15	Hip	Ganglion impar sympathetic nerve block	New entry: Not recommended... (Oh, 2004) (Toshniwal, 2007) (Sağır, 2011)
08/05/15	Hip	Urological injuries	New entry: Recommend... (Morey, 2014) (Stein, 2015)
08/05/15	Hip	Morel Lavallee lesion	New xref: Aspiration for Morel Lavallee lesion
08/05/15	Hip	Peripheral nerve block	New xref: Cluneal nerve injection
08/05/15	Hip	Urotrauma	New xref: Urological injuries
08/05/15	Hip	Vasopneumatic devices	New xref: Forearm, Wrist, & Hand Chapter

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/06/15	Shoulder	Total shoulder	New xref: Arthroplasty (shoulder)
08/17/15	Hip	Sacroiliac injections, diagnostic	New entry: Not recommended... (Berthelot, 2006) (Dreyfuss, 2008) (Dreyfuss, 2009) (Yin, 2003) (Manchikanti, 2013) (King, 2015) (Bogduk, 2015) (Cohen, 2009) (Dreyfuss, 2008) (Cheng, 2012) (Cheng, 2013) (Vallejo, 2006) (King, 2015) (Cox, 2014) (Roberts, 2014) (Vleeming, 2012) (Aydin, 2010) (Cohen, 2013) (Simopoulos, 2012) (Vanelderen, 2010) (Cohen, 2005) (Berthelot, 2006) (Chou, 2009) (Vleeming, 2008) (Kennedy, 2015)
08/17/15	Hip	Sacroiliac	New xref: Sacroiliac problems, diagnosis; Sacroiliac injections, diagnostic; Sacroiliac injections, therapeutic; Sacroiliac radiofrequency
08/25/15	Eye	Alkali burn treatment	New entry: Recommended... (Al-Moujahed, 2015)
08/31/15	Mental	Mind/body interventions for depression	New entry: Recommended... (Kuyken, 2015)
08/31/15	Mental	Telehealth	New entry: Recommended... xref to Pain
08/31/15	Mental	Mindfulness	New xref: Mind/body interventions for depression; Mind/body interventions (for stress relief); Cognitive behavioral therapy (CBT); Meditation; Yoga
08/31/15	Mental	PUFAs (polyunsaturated fatty acids)	New xref: Omega-3 fatty acids (EPA/DHA)
08/31/15	Mental	E-therapy	New xref: Telehealth

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/05/15	Hip	Injections	Add xref: Cluneal nerve injection; Ganglion impar sympathetic nerve block
08/05/15	Hip	Physical medicine treatment	Add xref: Active release technique (ART) manual therapy; Aquatic therapy; Bed rest; Brace; Chi machine; Chiropractic treatment; Closed reduction; Complimentary and alternative medicine (CAM); Computer-aided training; Continuous passive motion (CPM); Cryotherapy; Diathermy; Education; Exercise; Gait training; Gym memberships; Hip protectors; Hip-spine syndrome; Home health services; Hydrotherapy; Low level laser therapy (LLLT); Magnet therapy; Manipulation; Reflexology; Return to work; Sacroiliac problems, diagnosis; Sacroiliac support belt; Skilled nursing facility (SNF) care; TENS (transcutaneous electrical nerve stimulation); Traction (manual); Vasopneumatic devices; Walking aids (canes, crutches, braces, orthoses, & walkers); Work; Work conditioning, work hardening

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
08/05/15	Hip	Ultrasound (Sonography)	Add: Ultrasound guidance for hip injections. Del Colorado inj guide
08/20/15	Hip	Sacroiliac joint injections (SJI)	Add xref: Sacroiliac injections, diagnostic; Sacroiliac injections, therapeutic
08/31/15	Mental	MDD treatment, mild presentations	Add xref: Mind/body interventions for depression

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
08/06/15	Shoulder	Arthroplasty (shoulder)	Risk versus benefit: (Smucny, 2015) (Anthony, 2015) (Werner, 2015)
08/06/15	Shoulder	Reverse shoulder arthroplasty	Risk versus benefit: (Saltzman, 2014) (Jiang, 2014) (Werner, 2015) (Hartzler, 2015)
08/17/15	Hip	Sacroiliac injections, therapeutic	Major update & rewrite, now Not recommended... (Chou, 2009) (Vanelderen, 2010) (Luukkainen, 2002) (Maugars, 1996) (Hansen, 2012) (Manchikanti, 2013) (Cohen, 2013) (Fischer, 2003) (Hanley, 2000) (Itz, 2015) (Chou, 2015) (Kim, 2010) (Lillang, 2009) (Borowsky, 2008) (Bollow, 1996)
08/20/15	Hip	Percutaneous sacroiliac joint fusion	Make xref: Sacroiliac fusion
08/20/15	Hip	Sacroiliac fusion	Major update & rewrite: (Shaffrey, 2013) (Whang, 2015) (King, 2015) (Maigne, 2005) (Lilang, 2011) (Zaida, 2015) (Buchowski, 2005) (Sherman, 2004) (Giannikas, 2003) (Guner,1998) (Shaffrey, 2013) (O'Shea, 2010) (Jans, 2014) (Miller, 2013) (Rudolf, 2012) (Rudolf, 2014) (Sachs, 2014) (Mason, 2013) (Sachs, 2013) (Duhon, 2013) (Whang, 2015) (Spiker, 2012) (Ashman, 2010) (Ha, 2008) (Slinkard, 2013) (Rudolf, 2013) (Zaidi, 2015) (NASS, 2015) (Health Net, 2014) (Cohen, 2013)
08/20/15	Hip	Sacroiliac joint blocks	Make xref: Sacroiliac injections, diagnostic; Sacroiliac injections, therapeutic; Sacroiliac radiofrequency neurotomy
08/20/15	Hip	Sacroiliac joint fusion	Make xref: Sacroiliac fusion
08/20/15	Hip	Sacroiliac joint radiofrequency neurotomy	Make xref: Sacroiliac radiofrequency neurotomy
08/20/15	Hip	Sacroiliac radiofrequency neurotomy	Major update & rewrite: (Cohen, 2009) (King, 2015) (Bogduk, 2015) (Aydin, 2010) (Cheng, 2013) (Cohen, 2008) (Kapural, 2008) (Ferrante, 2001) (Yin, 2003) (Cohen, 2005) (Vallejo, 2006) (Dreyfuss, 2008) (Cheng, 2012) (Manchikanti, 2013) (Stolzenberg, 2014) (Rupert, 2009) (Cheng, 2012) (Cheng, 2013) (Hansen, 2012) (Schmidt, 2014) (Patel, 2012) (King, 2015) (Patel, 2015) (Karaman, 2011) (Ho, 2013) (Stelzer, 2013)

REVISED INFORMATION

Date	Chapter	Section	Change
08/31/15	Mental	Cognitive therapy for panic disorder	(Milrod, 2015)
08/31/15	Mental	Insomnia treatment	(Trauer, 2015) (Wu, 2015)
08/31/15	Mental	Mind/body interventions (for stress relief)	(Polusny, 2015)
08/31/15	Mental	Omega-3 fatty acids (EPA/DHA)	(Amminger, 2015)
08/31/15	Mental	PTSD pharmacotherapy	Typo: change aripiperazole to aripiprazole
08/31/15	Mental	Treatment Planning	Clarification: Remove blanket rec for independent examination...

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jul-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
07/10/15	Knee	Neurotomy	New entry: moved from Radiofrequency neurotomy (of genicular nerves in knee)
07/10/15	Knee	Patellar tendinosis surgery (jumper's knee)	New entry: Not recommended... (Cook, 2001) (Kaeding, 2007) (Saithna, 2012) (Larsson, 2012) (Marcheggiani, 2013)
07/10/15	Knee	Trekking poles	New entry: Not recommended... (Howatson, 2011) (Saunders, 2008) (Bohne, 2007)
07/17/15	Back	Group physical therapy	New entry: Recommended... (Hidding, 1993) (Bakker, 1994) (Zanca, 2011)
07/24/15	Head	Video EEG	New entry: Not recommend... (Ghougassian, 2004)
07/24/15	Head	Vision therapy (for TBI)	New entry: Recommended... (Barnett, 2015) (Kontos, 2013)
07/24/15	Head	Testosterone replacement for hypogonadism (related to TBI)	New entry: Recommended... (Nakazawa, 2006) (Page, 2005) (Young, 2007) (Seidel, 2013) (Tritos, 2015) (Wagner, 2012)
07/30/15	Shoulder	Game Ready™ accelerated recovery system	New entry: Not recommended... (Alfuth, 2015)
07/10/15	Knee	VisionScope	New xref: Diagnostic arthroscopy
07/10/15	Knee	Cryoablation	New xref: Neurotomy
07/10/15	Knee	Iovera cryoablation	New xref: Neurotomy

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
07/10/15	Knee	Jumpers knee	New xref: Patellar tendinosis surgery (jumper's knee)
07/15/15	Pain	Sacroiliac	New xref: Sacroiliac joint blocks; Sacroiliac joint debridement (SJD); Sacroiliac joint fusion; Sacroiliac joint injections (SJI); Sacroiliac joint radiofrequency neurotomy; Sacroiliac support belt; Percutaneous sacroiliac joint fusion
07/17/15	Back	Extracorporeal shock wave therapy (ESWT)	New xref: Shock wave therapy
07/24/15	Head	Diet	New xref: Omega-3 fatty acids (EPA/DHA)
07/24/15	Head	Mediterranean diet	New xref: Omega-3 fatty acids (EPA/DHA)
07/30/15	Shoulder	Brace	New xref: Clavicle fracture surgery; Immobilization; Postoperative abduction pillow sling; Scapula fracture surgery; Work
07/30/15	Shoulder	Sling	New xref: Clavicle fracture surgery; Immobilization; Postoperative abduction pillow sling; Scapula fracture surgery; Work

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
07/10/15	Knee	Patellar tendon repair	Add Criteria; Add xref: Platelet-rich plasma (PRP)
07/10/15	Knee	Canes	Add xref: Trekking poles
07/10/15	Knee	Durable medical equipment (DME)	Add xref: Trekking poles
07/10/15	Knee	Walking aids (canes, crutches, braces, orthoses, & walkers)	Add xref: Trekking poles
07/10/15	Knee	Surgery	Add xref: VisionScope
07/17/15	Back	Physical therapy (PT)	Add xref: Group physical therapy
07/24/15	Head	Neuroendocrine screenings	Add xref: Testosterone replacement for hypogonadism (related to TBI)
07/24/15	Head	Concussion/mTBI treatment	Add xref: Testosterone replacement for hypogonadism (related to TBI); Vision therapy (for TBI)
07/24/15	Head	EEG (neurofeedback)	Add xref: Video EEG
07/24/15	Head	Vision evaluation	Add xref: Vision therapy (for TBI)
07/30/15	Shoulder	Physical therapy	Add xref: Game Ready™ accelerated recovery system

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
07/30/15	Shoulder	Postoperative abduction pillow sling	Add xref: Immobilization
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/10/15	Knee	Aquatic therapy	(Bocalini, 2015)
07/10/15	Knee	Corticosteroid injections	(Bodick, 2015)
07/10/15	Knee	Platelet-rich plasma (PRP)	Change to Recommended... (from Under study): Complete update & rewrite: Hsu, 2013) (Kon, 2011) (Sánchez, 2012) (Cerza, 2012) (Patel, 2013) (Laudy, 2015) (Campbell, 2015) (Gobbi, 2014) (Filardo, 2015) (Raeissadat, 2015) (Riboh, 2015) (DiMatteo, 2015) (Liddle, 2014) (Kaux, 2015)
07/10/15	Knee	Radiofrequency neurotomy (of genicular nerves in knee)	Change to xref: Neurotomy
07/10/15	Knee	Autologous cartilage implantation (ACI)	Fix xref
07/10/15	Knee	Physical medicine treatment	Update 820 to include medical
07/15/15	Pain	OxyContin® (oxycodone)	(CDC, 2015)
07/15/15	Pain	Cannabinoids	(Hill, 2015)
07/15/15	Pain	Chronic fatigue syndrome (CFS)	(Komaroff, 2015)
07/15/15	Pain	Home health services	Clarification: An employer or their insurer shall not be liable for household tasks the injured worker's spouse or other member of the injured worker's household performed prior to the industrial injury free of charge. (CMS, 2015); Criteria #2 & #4
07/15/15	Pain	Opioids, criteria for use	Correction: 6) (b) > 100 mg/day morphine equivalents)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/15/15	Pain	Opioids for chronic pain	Correction: Risk factors for progressing to long-term opioid use: (>100 mg morphine equivalent/day
07/15/15	Pain	Facet blocks	Fix link to Low Back
07/17/15	Back	Epidural steroid injections (ESIs), therapeutic	(Chou, 2015)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/17/15	Back	Facet joint medial branch blocks (therapeutic injections)	(Chou, 2015)
07/17/15	Back	Ultrasound, therapeutic	(Ebadi, 2014)
07/17/15	Back	Corticosteroids (oral/parenteral/IM for low back pain)	(Goldberg, 2015)
07/17/15	Back	Fusion (spinal)	Complete update & rewrite, change DDD to Not recommended: (Andrade, 2013) (Andrade, 2015) (Cole, 2009) (Daubs, 2010) (Deyo,
07/17/15	Back	Facet joint pain, signs & symptoms	Correction: facet mediated pain
07/24/15	Head	CT (computed tomography)	(Mitsunaga, 2015)
07/24/15	Head	Green tea	(Noguchi-Shinohara, 2015)
07/24/15	Head	Bed rest	(Thomas, 2015)
07/24/15	Head	Omega-3 fatty acids (EPA/DHA)	(Valls-Pedret, 2015) (Golomb, 2015)
07/30/15	Shoulder	Postoperative abduction pillow sling	(Handoll, 2014) (Hire, 2014) Add "other shoulder surgeries"
07/30/15	Shoulder	Surgery for SLAP lesions	Correction:Type II: detachment of superior labrum

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Division of Workers' Compensation

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Jun-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/05/15	Hernia	Ilioinguinal nerve excision	New entry: Recommend... (Johner, 2011) (Malekpour, 2008) (Dittrick, 2004) (Mui, 2006)
06/05/15	Hernia	Spermatic cord lipoma excision	New entry: Recommended... (Yener, 2013) (Carilli, 2004) (Lilly, 2002)
06/08/15	Infectious	HIV/AIDS	New entry: Recommend... (Geffen, 2015) (NIH, 2015)
06/08/15	Infectious	Rabies vaccination	New entry: Recommended... (Crowcroft, 2015) (CDC, 2015) (Brown, 2011)
06/15/15	Pain	Neurolumen device	New entry: Not recommended...
06/15/15	Pain	Ionsys™ (fentanyl iontophoretic transdermal system)	New entry: Not recommended... (FDA, 2015)
06/15/15	Pain	LED (light-emitting diode) therapy	New entry: Not recommended... (Kim, 2011) (Dungel, 2014)
06/25/15	Neck	Extracorporeal shock wave therapy (ESWT)	New entry: Not recommended... (Seco, 2011) (Damian, 2011) (Jeon, 2012)
06/29/15	Forearm	DRUJ posttraumatic arthritis surgery	New entry: Recommended... (Luchetti, 2008) (Lluch, 2010) (Thomas, 2012) (Ozer, 2015)
06/05/15	Hernia	Neurectomy	New xref: Ilioinguinal nerve excision
06/05/15	Hernia	Lipoma excision	New xref: Spermatic cord lipoma excision
06/08/15	Infectious	Antiretroviral treatment (ART)	New xref: HIV/AIDS

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
06/08/15	Infectious	Trimethoprim–sulfamethoxazole (TMP-SMX)	New xref: Sulfamethoxazole-Trimethoprim (Bactrim®, Septra®)
06/15/15	Pain	Willow Curve™	New xref: LED (light-emitting diode) therapy
06/15/15	Pain	E-photonic therapy	New xref: Neurolumen device
06/25/15	Neck	Shock wave therapy	New xref: Extracorporeal shock wave therapy (ESWT)
06/29/15	Forearm	Bower's HIT	New xref: DRUJ posttraumatic arthritis surgery
06/29/15	Forearm	Darrach procedure	New xref: DRUJ posttraumatic arthritis surgery
06/29/15	Forearm	Sauve-Kapandji procedure	New xref: DRUJ posttraumatic arthritis surgery
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
06/05/15	Hernia	Ilioinguinal nerve ablation	Add xref: Ilioinguinal nerve excision
06/05/15	Hernia	Surgery	Add xref: Ilioinguinal nerve excision; Spermatic cord lipoma excision
06/08/15	Infectious	Medications	Add xref: Antiretroviral treatment (ART); Rabies vaccination
06/08/15	Infectious	Needle stick, post-exposure prophylaxis (PEP)	Add xref: HIV/AIDS
06/08/15	Infectious	Cellulitis	Add xref: Pain Chapter, Cellulitis treatment
06/08/15	Infectious	Skin & soft tissue infections: bite wound	Add xref: Rabies vaccination

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
06/15/15	Pain	CRPS (complex regional pain syndrome)	Add xref: Acupuncture; Anti-epilepsy drugs (AEDs) for pain; Autonomic nervous system function testing; Autonomic test battery; Baclofen; Bier's block; Biofeedback; Bone scan (for CRPS); Calcitonin; CRPS, ketamine subanesthetic infusion; CRPS, spinal cord stimulators (SCS); CRPS, sympathectomy; DMSO (dimethylsulfoxide); Electroceutical therapy (bioelectric nerve block); Electrodiagnostic testing (EMG/NCS); Implantable drug-delivery systems (IDDSs); Intravenous regional sympathetic blocks (for RSD/CRPS); Ketamine; Lidocaine (anesthetic); Lumbar sympathetic block; MSM (methylsulfonylmethane); Nerve blocks; Physical medicine treatment; QSART; Regional sympathetic blocks; Spinal cord stimulators (SCS); Stellate ganglion block; Sudomotor axon reflex test; Sympathetically maintained pain (SMP); TENS, chronic pain (transcutaneous electrical nerve stimulation); Thermography (infrared stress thermography); Topical analgesics;
06/15/15	Pain	Phototherapy	Add xref: E-photonic therapy; LED (light-emitting diode) therapy; Neurolumen device; Willow Curve™
06/15/15	Pain	Electrodiagnostic testing (EMG/NCS)	Add xref: Forearm, Wrist, & Hand Chapter
06/15/15	Pain	Fentanyl	Add xref: Ionsys™ (fentanyl iontophoretic transdermal system)
06/15/15	Pain	Chronic fatigue syndrome (CFS)	Add xref: Systemic exertion intolerance disease (SEID)
06/22/15	Ankle	Ultrasound, diagnostic	Add: Ultrasound guidance for injections: Not generally recommended... (Gilliland, 2011) (Cunnington, 2010)
06/23/15	Elbow	Ultrasound, diagnostic	Add: Ultrasound guidance for injections: Not generally recommended... (Gilliland, 2011) (Cunnington, 2010)
06/29/15	Forearm	Arthroplasty, distal radioulnar joint (DRUJ)	Add xref: DRUJ posttraumatic arthritis surgery
06/29/15	Forearm	Surgery	Add xref: DRUJ posttraumatic arthritis surgery

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
06/08/15	Infectious	Travel medicine	(Bunn, 2014)
06/08/15	Infectious	Ebola prevention	(GENEX, 2014)
06/08/15	Infectious	Clindamycin (Cleocin®)	(Miller, 2015)
06/08/15	Infectious	Sulfamethoxazole-Trimethoprim (Bactrim®, Septra®)	(Miller, 2015)
06/08/15	Infectious	Skin & soft tissue infections: cellulitis	Recent research: (Miller, 2015)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
06/15/15	Pain	Buprenorphine for opioid dependence	(D'Onofrio, 2015)
06/15/15	Pain	CRPS, sympathetic blocks (therapeutic)	Clarification: Criteria #3: [Successful stellate block would be noted by Horner's syndrome, characterized by miosis (a constricted pupil), ptosis (a weak, droopy eyelid), or anhidrosis (decreased sweating).]
06/15/15	Pain	CRPS, spinal cord stimulators (SCS)	Overall update & rewrite, summarize body of evidence, add Criteria: (Turner, 2004) (Dworkin, 2013) (O'Connell, 2013) (Tran, 2010)
06/15/15	Pain	Proton pump inhibitors (PPIs)	Risks: (Shah, 2015) (Shih, 2014) (Lambert, 2015) (AGS, 2015)
06/22/15	Ankle	Lace-up ankle support	(Fu, 2014)
06/22/15	Ankle	Shoes	(Fu, 2014)
06/22/15	Ankle	Physical therapy (PT)	Clarification: ICD9 825 "stress" not part of diagnosis
06/25/15	Neck	Fusion, anterior cervical	ACDF in workers' comp (WC) patients: (Tabaraee, 2015)
06/25/15	Neck	Fluoroscopy (for ESI's)	Clarification: if ESIs are appropriate.
06/25/15	Neck	Fusion, anterior cervical	Criteria for Cervical Fusion: 6b, take out ESI based on ESI update
06/25/15	Neck	Epidural steroid injection (ESI)	Criteria: add: (12) Additional criteria based on evidence of risk... (Benzon, 2015)
06/25/15	Neck	Epidural steroid injection (ESI)	Recent evidence: Clarification: in the cervical region...
06/29/15	Forearm	Causation (determination)	(Inal, 2015)
06/29/15	Forearm	Ultrasound (diagnostic)	Ultrasound guidance for injections: (Gilliland, 2011) (Cunnington, 2010)
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NEW CHAPTERS, ENTRIES AND TOPICS

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05/05/15	Knee	High tibial osteotomy (HTO)	New xref: Osteotomy
05/06/15	Diabetes	SudoScan	New entry: Not recommended... (Calvet, 2013) (Casellini, 2013) (Eranki, 2013) (Névoret, 2015) (Raisanen, 2014) (Smith, 2014)
05/06/15	Diabetes	Sedentary time	New xref: Ergonomics
05/06/15	Diabetes	Telehealth	New xref: Pain; Recommended...
05/06/15	Diabetes	Sudomotor function testing	New xref: SudoScan
05/11/15	Forearm	Arthroplasty, distal radioulnar joint (DRUJ)	New entry: Recommended... (Ahmed, 2011) (van Schoonhoven, 2012) (Sabo, 2014) (Galvis, 2014)
05/11/15	Forearm	Aptis prosthesis	New xref: Arthroplasty, distal radioulnar joint (DRUJ)
05/11/15	Forearm	Herbert prosthesis	New xref: Arthroplasty, distal radioulnar joint (DRUJ)
05/11/15	Forearm	Scheker device	New xref: Arthroplasty, distal radioulnar joint (DRUJ)
05/12/15	Neck	Spacer, cervical interbody fusion	New entry: Recommended... (Balaram, 2014)
05/27/15	Pulmonary	E-cigarettes	New entry: Not recommended... (Born, 2015) (Jensen, 2015) (Whitsel, 2015) (Stanbrook, 2015)
05/27/15	Pulmonary	Low-dose computed tomography (LDCT)	New entry: Recommended... (CMS, 2015)

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
05/27/15	Pulmonary	Nicotine patches	New entry: Recommended... (Schnoll, 2015)
05/27/15	Pulmonary	Antihistamines (oral)	New entry: Recommended... (Seidman, 2015)
05/27/15	Pulmonary	Asthma, occupational	New xref: Advair® (Salmeterol/Fluticasone); Albuterol (Ventolin®); Anticholinergic (inhaled); Anti-immunoglobulin E therapy; Asthma medications; Bronchodilators; Budesonide (Pulmicort®); Causality (determination); Coenzyme Q10; Combination LABA/ICS; Combivent® (Albuterol/Ipratropium); Corticosteroids (inhaled); Corticosteroids (oral); Cough-variant asthma; CT (computed tomography); Education; FeNO (fractional exhaled nitric oxide); Fluticasone (Flovent®); Formoterol (Foradil®); Grass pollen allergoid immunotherapy; Inhaled long-acting beta-agonists (LABAs); Inhaled short-acting beta-agonists; Intranasal antihistamines; Leukotriene antagonists; Levalbuterol (Xopenex®); Mepolizumab; Montelukast (Singulair®); Omalizumab (Xolair®); Pirbuterol (Maxair®); Prednisone (Deltasone®); Prednisolone (Pediapred®); Proton-pump inhibitors (PPIs); Pulmonary function testing; Reslizumab; Respiratory muscle training; Salmeterol (Serevent®); Symbicort® (Formoterol/Budesonide); Theophyllines (Slo-Bid®; Uniphyl®); Thermoplasty; Zafirlukast (Accolate®); Treatment Planning.
05/27/15	Pulmonary	Chronic obstructive pulmonary disease (COPD)	New xref: Antibiotics; Anticholinergic (inhaled); Chest physiotherapy; Corticosteroids (inhaled); Corticosteroids (oral); Cough suppressants; Cough treatment (non-pharmacologic); Depression care for patients with COPD; Education; Inhaled long-acting beta-agonists (LABAs); Lung transplantation; Lung volume reduction surgery (LVRS); Noninvasive positive pressure ventilation (NPPV); Physical therapy (PT); Prednisone (Deltasone®); Pulmonary rehabilitation program; Respiratory muscle training; Roflumilast; Statins; Whole-body vibration for COPD (chronic obstructive pulmonary disease)
05/27/15	Pulmonary	Lung cancers	New xref: Brachytherapy; Bronchoscopy; Cancer of the lung; Chemoradiotherapy; CT (computed tomography); E-cigarettes; Fluorescence bronchoscopy; Fluorescence bronchoscopy; Lung cancer screening; Mesothelioma; MRI (magnetic resonance imaging); Photodynamic therapy (PDT); Positron emission tomography (PET scanning); Radiotherapy; Surgical management; Thoracostomy; Video assisted thoracic surgery (VATS); Treatment Planning.
05/27/15	Pulmonary	COPD	New xref: Chronic obstructive pulmonary disease (COPD)
05/27/15	Pulmonary	Allergic rhinitis	New xref: Corticosteroids (intranasal); Immunotherapy; Intranasal antihistamines; Nasal Spray; Omalizumab (Xolair®); Return to work

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
05/27/15	Pulmonary	Interstitial lung diseases (ILDs)	New xref: CT (computed tomography); Treatment Planning.
05/27/15	Pulmonary	Electronic cigarettes	New xref: E-cigarettes
05/27/15	Pulmonary	Tobacco	New xref: E-cigarettes; Nicotine patches
05/27/15	Pulmonary	Smoking	New xref: E-cigarettes; Nicotine patches; Marijuana
05/27/15	Pulmonary	Asbestosis	New xref: Interstitial lung diseases (ILDs)
05/27/15	Pulmonary	Coal workers' pneumoconiosis (CWP)	New xref: Interstitial lung diseases (ILDs)
05/27/15	Pulmonary	Silicosis	New xref: Interstitial lung diseases (ILDs)
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
05/04/15	Shoulder	Surgery for rotator cuff repair	Add xref: Stem cell autologous transplantation (shoulder)
05/05/15	Knee	Meniscectomy	Add xref: Loose body removal surgery (arthroscopy)
05/05/15	Knee	Knee joint replacement	Add xref: Osteotomy
05/11/15	Forearm	Surgery	Add xref: Arthroplasty, distal radioulnar joint (DRUJ)
05/12/15	Neck	Plate fixation, cervical spine surgery	Add xref: Fusion, anterior cervical; Spacer, cervical interbody fusion
05/15/15	Back	Microdiscectomy	Add xref: AccuraScope procedure (North American Spine); Laser discectomy; Mild® (minimally invasive lumbar decompression); Percutaneous diskectomy (PCD); Percutaneous endoscopic laser discectomy (PELD)
05/15/15	Back	Epidural steroid injections (ESIs), therapeutic	Add xref: Neck Chapter
05/27/15	Pulmonary	Medications	Add xref: Antihistamines (oral)
05/27/15	Pulmonary	Mesothelioma	Add xref: Asbestosis; Interstitial lung diseases (ILDs)
05/27/15	Pulmonary	CT (computed tomography)	Add xref: Low-dose computed tomography (LDCT)
05/27/15	Pulmonary	Lung cancer screening	Add xref: Low-dose computed tomography (LDCT)
05/27/15	Pulmonary	Imaging	Add xref: Low-dose computed tomography (LDCT); Lung cancer screening

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
05/27/15	Pulmonary	Combination LABA/ICS	Add rec for COPD: (Gershon, 2014)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
05/04/15	Shoulder	Hydroplasty/ hydrodilation	(Uppal, 2015)
05/04/15	Shoulder	Manipulation under anesthesia (MUA)	(Uppal, 2015) (Vastamäki, 2015)
05/04/15	Shoulder	Stem cell autologous transplantation (shoulder)	Complete evidence update & rewrite: (Kida, 2013) (Mazzocca, 2010) (Utsunomiya, 2013) (Song, 2014) (Lhee, 2013) (Oh, 2014) (Hernigou, 2014) (Gulotta, 2012) (Hernigou, 2015)
05/05/15	Knee	Osteotomy	(Brouwer, 2014); Add Criteria; Add xref: Knee joint replacement
05/05/15	Knee	Manipulation under anesthesia (MUA)	(Choi, 2015)
05/05/15	Knee	Corticosteroid injections	(Henriksen, 2015)
05/05/15	Knee	Anterior cruciate ligament (ACL) reconstruction	Autograft vs. allograft: (Kaeding, 2015)
05/05/15	Knee	Loose body removal surgery (arthroscopy)	Clarification: Arthroscopic surgery... Add xref: Arthroscopic surgery for osteoarthritis
05/05/15	Knee	Arthroscopic surgery for osteoarthritis	Clarification: Arthroscopic surgery... Add xref: Loose body removal surgery (arthroscopy); Knee joint replacement; Osteotomy.
05/05/15	Knee	Work	ODG Capabilities & Activity Modifications for Restricted Work: Add [kg]
05/05/15	Knee	Arthroscopic surgery for osteoarthritis	Other guidelines: (Abu-Ghanem, 2015)
05/06/15	Diabetes	Metformin (Glucophage)	(AHRQ, 2015); Prediabetes treatment: (Moin, 2015)
05/06/15	Diabetes	Exercise	(Beddhu, 2015)
05/06/15	Diabetes	Hypertension treatment	(Mossello, 2015)
05/06/15	Diabetes	Ergonomics	(Rockette-Wagner, 2015) (Beddhu, 2015)
05/06/15	Diabetes	High-intensity interval training (HIIT)	(Ross, 2015)
05/11/15	Forearm	Electrodiagnostic studies (EDS)	Definitions: (Melhorn, 2013) Bilateral studies: (Melhorn, 2013) (Dumitru, 2001)
05/11/15	Forearm	Work	ODG Capabilities & Activity Modifications for Restricted Work: Add [kg]

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
05/11/15	Forearm	Treatment Planning	Typo: Return-toWork; or hand
05/12/15	Neck	Epidural steroid injection (ESI)	Change to Not recommended... Recent evidence: (FDA, 2015) (Benzon, 2015) (AAN, 2015) (Cohen, 2014)
05/12/15	Neck	Work	ODG Capabilities & Activity Modifications for Restricted Work: Add [kg]
05/12/15	Neck	Codes for Automated Approval	Remove 62310, Epidural steroid injection
05/15/15	Back	Percutaneous endoscopic laser discectomy (PELD)	(Brouwer, 2015)
05/15/15	Back	Mild® (minimally invasive lumbar decompression)	(Brouwer, 2015) (Evaniew, 2014) (Kamper, 2014) (Rasouli, 2014)
05/15/15	Back	Percutaneous diskectomy (PCD)	(Brouwer, 2015) (Evaniew, 2014) (Kamper, 2014) (Rasouli, 2014)
05/15/15	Back	Fusion (spinal)	Lumbar fusion in workers' comp patients: (Anderson, 2015)
05/15/15	Back	Walking	Make Recommended... (Hanson, 2015) (Hurley, 2015)
05/27/15	Pulmonary	Allergic rhinitis	(Seidman, 2015)
05/27/15	Pulmonary	Corticosteroids (intranasal)	(Seidman, 2015)
05/27/15	Pulmonary	Immunotherapy	(Seidman, 2015)
05/27/15	Pulmonary	Intranasal antihistamines	(Seidman, 2015)
05/27/15	Pulmonary	Leukotriene antagonists	(Seidman, 2015)
05/27/15	Pulmonary	Asthma medications	Claification: Combivent®, Albuterol/Ipratropium: add: an anticholinergic)
05/27/15	Pulmonary	Combination LABA/ICS	Claification: Combivent®, Albuterol/Ipratropium: add: an anticholinergic)
05/27/15	Pulmonary	Combivent® (Albuterol/Ipratropium)	Claification: Combivent®, Albuterol/Ipratropium: add: an anticholinergic)
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Apr-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/02/15	Carpal	Paraffin bath therapy	New entry: Not recommended... (Chang, 2014)
04/03/15	Shoulder	Arthroscopic debridement (for shoulder arthritis)	New entry: Recommended... (Sayegh, 2014) (Namdari, 2013) (Denard, 2011) (Kerr, 2008) (Skelley, 2014) (Millett, 2013) (AAOS, 2009)
04/06/15	Pain	Evzio® (naloxone)	New entry: Not recommended... (Beletsky, 2015)
04/15/15	Back	MyoVision	New xref: Surface electromyography (SEMG)
04/15/15	Back	Telehealth	New xref: Pain Chapter
04/27/15	Fitness	Electrodiagnostic functional assessment (EFA)	New xref: Not recommended...
04/29/15	Back	Comprehensive muscular activity profiler (CMAPPro™)	New xref: Fitness For Duty
04/29/15	Back	Spinal stenosis surgery	New xref: Laminectomy/ laminotomy
04/30/15	Pain	Chronic fatigue syndrome (CFS)	New entry: Recommend... (IOM, 2015)
04/30/15	Formulary	Naloxone, Evzio®	New entry: N
04/30/15	Formulary	Naloxone, Narcan®	New entry: Y
04/30/15	Pain	Myalgic encephalomyelitis	New xref: Chronic fatigue syndrome (CFS)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/30/15	Pain	Systemic exertion intolerance disease (SEID)	New xref: Chronic fatigue syndrome (CFS)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
04/01/15	Pain	Cellulitis treatment	Add xref: Infectious Diseases Chaper, Skin & soft tissue infestions: cellulitis
04/01/15	Pain	Home health services	Add xref: Skilled nursing facility (SNF) care
04/02/15	Carpal	Heat therapy	Add xref: Paraffin bath therapy; Ultrasound, therapeutic
04/03/15	Shoulder	Arthroplasty (shoulder)	Add xref: Arthroscopic debridement (for shoulder arthritis)
04/03/15	Shoulder	Reverse shoulder arthroplasty	Add xref: Arthroscopic debridement (for shoulder arthritis)
04/03/15	Shoulder	Surgery	Add xref: Arthroscopic debridement (for shoulder arthritis)
04/15/15	Back	Home health services	Add xref: Pain Chapter
04/29/15	Back	Electrodiagnostic functional assessment (EFA)	Add xref: Fitness For Duty; Clarify recommendation; Remove company name
04/30/15	Pain	Oxycodone	Add xref: OxyContin® (oxycodone)

REVISED INFORMATION

Date	Chapter	Section	Change
04/01/15	Pain	H-wave stimulation (HWT)	Clarification: Other devices using the H-Wave name: McDowell sudies cover different device; How it works; Add: (Kumar 1997) (Kumar 1998)
04/01/15	Pain	Skilled nursing facility (SNF) care	Recommended... New xref: Knee Chapter; Skilled nursing facility LOS; Home health services
04/02/15	Carpal	Ultrasound, therapeutic	(Chang, 2014)
04/03/15	Shoulder	Work	ODG Capabilities & Activity Modifications for Restricted Work: add [kg]
04/06/15	Pain	Naloxone (Narcan®)	Complete update & rewrite: (Albert, 2011) (Bailey, 2014) (Beletsky, 2012) (Boyer, 2012) (Brason, 2013) (Coffin, 2013) (Doe-Simkins, 2014)
04/15/15	Back	Surface electromyography (SEMG)	Recent sEMG research & findings: (Ginn, 2015) (Hackett, 2014) (Johnson, 2011) (Meekins, 2008) (Geisser, 2005) (Brady, 2013) (CMS,
04/27/15	Fitness	Comprehensive muscular activity profiler (CMAPPro™)	Clarification: Not recommended...
04/27/15	Fitness	Functional capacity evaluation (FCE)	Recent research: (Trippolini, 2014) (Bieniek, 2014) (Soer, 2014) (Gross, 2014)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
04/29/15	Back	Conservative care	(AHRQ, 2015)
04/29/15	Back	Epidural steroid injections, diagnostic	Overall update & rewrite: (Beynon, 2013) (Datta, 2013) (Sasso, 2005)
04/29/15	Back	Epidural steroid injections (ESIs), therapeutic	(Cohen, 2015); update Criteria (2) and neuropathic drugs
04/29/15	Back	Gabapentin (Neurontin®)	(Cohen, 2015)
04/29/15	Back	Heat therapy	(AHRQ, 2015)
04/29/15	Back	Manipulation	(AHRQ, 2015)
04/29/15	Back	Work	ODG Capabilities & Activity Modifications for Restricted Work: Add [kg]
04/30/15	Pain	Cannabinoids	Marijuana workplace guidance: (Phillips, 2015) (Prium, 2015)
04/30/15	Pain	Opioids, dosing	(Liang, 2015)
04/30/15	Formulary	Trazodone	Delete: for Insomnia (clarification, not first-line for pain or depression either)
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/03/15	Back	Alignmed posture garments	New xref: Posture garments
03/03/15	Back	Posture garments	New entry: Not recommended...
03/09/15	Forearm	Carpectomy	New entry: Recommended... (DiDonna, 2004) (Laulan, 2015)
03/09/15	Forearm	Gamekeeper's thumb surgery	New entry: Recommended... (Madan, 2014) (Milner, 2015)
03/09/15	Forearm	Guyon's canal syndrome surgery	New entry: Recommended... (Hoogvliet, 2013) (Claassen, 2013) (Bachoura, 2012)
03/09/15	Forearm	Proximal row carpectomy	New xref: Carpectomy
03/09/15	Forearm	Ulnar collateral ligament (UCL) thumb reconstruction	New xref: Gamekeeper's thumb surgery
03/09/15	Forearm	Ulnar tunnel syndrome (of the wrist)	New xref: Guyon's canal syndrome surgery
03/23/15	Pain	Sarapin (pitcher plant)	New entry: Not recommended... (Manchikanti, 2004) (Levin, 2009)
03/23/15	Pain	Telehealth	New entry: Recommended... (McGeary, 2013) (Kroenke, 2010) (Kroenke, 2014) (Pronovost, 2009)
03/24/15	Back	Quadriplegia rehab	New xref: Spinal cord injury rehabilitation programs
03/25/15	Mental	Anticholinergic	New xref: Diphenhydramine (Benadryl)
03/25/15	Mental	Hypnotics	New xref: Sedative hypnotics

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
03/25/15	Mental	Nitrous oxide (for depression)	New entry: Under study... (Nagele, 2014)
3/26/2015	Ankle	Artificial toe	New entry: Recommended... (Kanzaki, 2014) (Gautam, 2013) (Esway, 2005) (Kampner, 1987)
03/26/15	Ankle	Cellulitis treatment	New xref: Pain; Recommended...
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
03/09/15	Forearm	Arthrodesis (fusion)	Add xref: Carpectomy
03/09/15	Forearm	Arthroplasty, wrist (joint replacement)	Add xref: Carpectomy
03/09/15	Forearm	Surgery	Add xref: Carpectomy; Gamekeeper's thumb surgery; Guyon's canal syndrome surgery; Proximal row carpectomy; Ulnar collateral ligament
03/18/15	Pain	Injection with anaesthetics and/or steroids	Add xref: Botulinum toxin (Botox®; Myobloc®)
03/18/15	Pain	Pregabalin (Lyrica®)	(FDA, 2015)
03/23/15	Pain	Acetaminophen (APAP)	(Wise, 2015)
03/23/15	Pain	Actiq® (oral transmucosal fentanyl lollipop)	Add xref: Fentanyl
03/23/15	Pain	Fentanyl	(DEA, 2015)
03/23/15	Pain	Home health services	Clarification: Accept DWC wording, (CMS, 2015)
03/23/15	Pain	Injection with anaesthetics and/or steroids	Add xref: Sarapin (pitcher plant)
03/23/15	Pain	Medications for subacute & chronic pain	Add xref: Sarapin (pitcher plant)
03/23/15	Pain	Office visits	Add xref: Telehealth
03/23/15	Pain	Opioids, long-acting	(Miller, 2015)
03/24/15	Back	Chronic pain programs	(Kamper, 2015)
03/24/15	Back	Exercise	(Smith, 2014)
03/24/15	Back	Fusion (spinal)	Lumbar fusion in workers' comp patients: (Anderson, 2015)
03/24/15	Back	Interdisciplinary rehabilitation programs	Add xref: Quadriplegia rehab; Spinal cord injury rehabilitation programs

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
03/24/15	Back	Interspinous decompression device (X-Stop®)	(Lønne, 2015)
03/24/15	Back	Laminectomy/ laminotomy	(Lurie, 2015)
03/24/15	Back	Quadriplegia rehab	New xref: Spinal cord injury rehabilitation programs
03/24/15	Back	Radiography (x-rays)	(Jarvik, 2015)
03/25/15	Mental	Atypical antipsychotics	(Marston, 2014)
03/25/15	Mental	Benzodiazepine	(Olfson, 2015)
03/25/15	Mental	Cognitive therapy for depression	Add xref: Mind/body interventions (for stress relief)
03/25/15	Mental	Electroconvulsive therapy (ECT)	(Schoeyen, 2015)
03/25/15	Mental	Insomnia treatment	(Smith, 2015) Add xref: Mind/body interventions (for stress relief)
03/25/15	Mental	Mind/body interventions (for stress relief)	(Black, 2015) (Sundquist, 2015)
03/25/15	Mental	Polysomnography	(AASM, 2015)
03/25/15	Mental	Sedative hypnotics	(AASM, 2015)
03/26/15	Ankle	Causality (determination)	(Werner, 2010)
03/26/15	Ankle	Orthotic devices	(Werner, 2010)
03/26/15	Ankle	Shoes	Add xref: Artificial toe; Orthotic devices
03/26/15	Ankle	Work	(Werner, 2010)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
03/03/15	Back	Botulinum toxin (Botox®)	Change from Under study to Not recommended... Recent research: (Waseem, 2011)
03/03/15	Back	Facet joint pain, signs & symptoms	Complete update & rewrite: (Cohen, 2013) (Schulte, 2006) (Tessitore, 2014) (van Kleef, 2010) (Wilde, 1988)
03/03/15	Back	Facet joint radiofrequency neurotomy	(ASA, 2014) Correct link
03/06/15	States page	General update	Arizona, Arkansas, California, Illinois, Louisiana, Michigan, Montana, Nebraska, Prince Edward Island, Tennessee

REVISED INFORMATION

Date	Chapter	Section	Change
03/18/15	Pain	Nexium® (esomeprazole magnesium)	(FDA, 2015) (FDA2, 2015) Make Recommended...
03/18/15	Pain	OxyContin® (oxycodone)	Clarification: Not recommended... (Cicero, 2015)
03/18/15	Pain	Proton pump inhibitors (PPIs)	Update based on Nexium® (esomeprazole magnesium)
03/24/15	Back	Alexander technique	Clarification: Recommended... (Little, 2014)
03/24/15	Back	MRIs (magnetic resonance imaging)	Clarification: Criteria: Repeat MRI
03/24/15	Back	Spinal cord injury rehabilitation programs	Recommended... Xref to Head Chapter
03/25/15	Mental	Diphenhydramine (Benadryl)	Clarify: Not recommended... (Gray, 2015)
03/25/15	Mental	Psychological evaluations	Typo: ther
03/31/15	Formulary	Nexium® (esomeprazole magnesium)	Change to Y, GE to Y-OTC

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/04/15	Pain	Manipulation	New entry: Clarification, change from Manual therapy & manipulation, delete Manual therapy
02/04/15	Pain	Horizant (gabapentin enacarbil ER)	New entry: Not recommended... (FDA, 2011)
02/10/15	Pain	Somnicin™	New entry: Not recommended. (Micromedex, 2015) (Lexi Comp, 2015) (Clinical Pharmacology, 2015)
02/10/15	Pain	B vitamins & vitamin B complex	New entry: Not recommended... (Ang-Cochrane, 2008)
02/10/15	Mental	Deplin® (L-methylfolate)	New entry: Not recommended... (Papakostas, 2012) (Shelton, 2013)
02/28/15	Formulary	Gralise (gabapentin ER)	New entry: N
02/28/15	Formulary	Horizant (gabapentin ER)	New entry: N

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
02/04/15	Pain	Zohydro (hydrocodone)	(FDA, 2015)
02/04/15	Pain	Topical analgesics	(Finnerup, 2015)
02/04/15	Pain	Duloxetine (Cymbalta®)	(Forte, 2015)
02/04/15	Pain	Gabapentin (Neurontin®)	Add xref: Gralise (gabapentin enacarbil ER); Horizant (gabapentin enacarbil ER)
02/10/15	Mental	Melatonin	Add xref: Pain Chapter
02/10/15	Mental	Omega-3 fatty acids (EPA/DHA)	Add xref: Pain Chapter
02/10/15	Mental	GABAdone™	Add xref: Pain Chapter, Not recommended
02/10/15	Mental	Somnicin™	Add xref: Pain Chapter, Not recommended
02/20/15	Intro	Explanation of Medical Literature Ratings	Add: Appendix – Number of Studies by Medical Literature Rating
02/23/15	Pain	Regenerative medicine (testing)	Add xref: Pharmacogenetic testing/ pharmacogenomics (opioids & chronic non-malignant pain)
02/27/15	Elbow	Deep transverse friction massage	(Loew, 2014)
02/27/15	Knee	Physical medicine treatment	(Mat, 2015)
02/27/15	Knee	Strengthening exercises	(Mat, 2015)
02/27/15	Knee	Tai Chi	(Mat, 2015)
02/27/15	Shoulder	Magnetic resonance imaging (MRI)	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011)
02/27/15	Shoulder	MR arthrogram	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011)
02/27/15	Shoulder	Surgery for SLAP lesions	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011)
02/27/15	Shoulder	Surgery for rotator cuff repair	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011) Update Criteria 3 & 4: delete Gadolinium
02/27/15	Shoulder	Surgery for ruptured biceps tendon (at the shoulder)	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011) Update Criteria 3: delete Gadolinium
02/27/15	Shoulder	Surgery for impingement syndrome	(Spencer, 2013) (Farshad-Amacker, 2013) (Arnold, 2012) (Major, 2011) Update Criteria 4: delete Gadolinium
02/27/15	Knee	Surgery	Add xref: Medial collateral ligament (MCL) surgery
02/27/15	Knee	Meniscectomy	Add: Risk versus benefit

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/04/15	Pain	Milnacipran (Savella®)	Change from Under study to Not recommended. (Forte, 2015)
02/04/15	Pain	Vitamin D (cholecalciferol)	Clarification: Although it is not recommended...
02/04/15	Pain	Chiropractic treatment	Clarification: Chiropractic treatment may include...
02/04/15	Pain	Cannabinoids	Clarification: Delete epilepsy
02/04/15	Pain	Topical analgesics	Clarification: Ketamine: Not recommended except for...
02/04/15	Pain	Chi machine	Clarification: May be used for lymphedema
02/04/15	Pain	Botulinum toxin (Botox®; Myobloc®)	Clarification: Not generally recommended for low back
02/04/15	Pain	Ketoprofen, topical	Clarification: Not recommended in the U.S., as there are currently no FDA-approved versions of this product, but it is a first-line drug in
02/04/15	Pain	Spinal cord stimulators (SCS)	Clarification: Recommended only for selected patients...
02/04/15	Pain	Topical analgesics	Clarification: See also Ketoprofen, topical separate listing, where it is Not recommended in the U.S., as there are currently no FDA-approved
02/04/15	Pain	Gralise (gabapentin enacarbil ER)	Clarification: There is no evidence to support use of Gralise for neuropathic pain conditions or fibromyalgia without a trial of generic
02/04/15	Pain	Antidepressants for chronic pain	Neuropathic pain: (Finnerup, 2015)
02/04/15	Pain	Manual therapy	New xref: Physical medicine treatment
02/04/15	Pain	Glucosamine (and Chondroitin sulfate)	Recent research: (Hochberg, 2015)
02/04/15	Pain	Opioids for chronic pain	Risk of overdose: (Pierce, 2015)
02/04/15	Pain	Fibromyalgia syndrome (FMS)	Typo: amitriptyline
02/05/15	Knee	Exercise	Dose: (Schnohr, 2015)
02/05/15	Knee	Glucosamine/ Chondroitin (for knee arthritis)	Recent research: (Hochberg, 2015)
02/09/15	Pain	Home health services	Clarification: (ACMQ, 2005) (CMS, 2014)
02/10/15	Pain	Vitamin B	Make xref
02/10/15	Mental	Vitamin B6	Make xref: B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)
02/10/15	Mental	Vitamin B12	Make xref: B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/10/15	Mental	Folate (for depressive disorders)	Make xref: Deplin® (L-methylfolate); B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)
02/10/15	Mental	B vitamins for depression (vitamin B6, folic acid/folate, vitamin B12)	New entry: Recommended... (Almeida, 2015) (Almeida, 2014) (Christensen, 2010) (Sengül, 2014) (Nahas, 2011) (Syed, 2013)
02/10/15	Pain	Deplin® (L-methylfolate)	Update & rewrite
02/10/15	Pain	GABAdone™	Update & rewrite
02/10/15	Pain	Trepadone™	Update & rewrite
02/10/15	Pain	UltraClear®	Update & rewrite
02/10/15	Pain	Sentra PM™	Update & rewrite
02/10/15	Pain	Melatonin	Update & rewrite (AHRQ, 2004) (van Geijlswijk, 2010) (Brzezinski, 2005) (Ramar, 2013) (McGrane, 2014) (Ferguson, 2010) (Buscemi,
02/10/15	Pain	Medical food	Update & rewrite (Iovieno, 2011) (Turner, 2006) (Shaw, 2002) (Sarris, 2011) (Pinals, 1977) (AltMedDex, 2015) (CFSAN, 2015) (Clinical
02/10/15	Pain	Theramine®	Update & rewrite (Micromedex, 2015)
02/10/15	Pain	Omega-3 fatty acids (EPA/DHA) Update & rewrite (Lopez, 2012) (Wang, 2004) (Proudman,	
02/23/15	Pain	Haveos™ genetics opioid abuse testing	Clarification: Not recommended. Change to was
02/23/15	Pain	Cytochrome p450 testing	Clarification: Not recommended. Change xref: Pharmacogenetic testing/ pharmacogenomics (opioids & chronic non-malignant pain)
02/23/15	Pain	Pharmacogenetic testing/ pharmacogenomics (opioids & chronic non-malignant pain)	Evidence review & update (FDA, 2015) (Xu, 2013) (Nielsen, 2014) (Hajj, 2013) (Branford, 2012)
02/23/15	Pain	Cytokine DNA testing	Remove www.cytokineinstitute.com, "which might no longer exist"
02/27/15	Elbow	Tests for cubital tunnel syndrome (ulnar nerve entrapment)	Clarification: Add: and physical and neurological examination
02/27/15	Elbow	Prolotherapy	Clarification: corticosteroid injection: weakly not recommended
02/27/15	Elbow	Surgery for epicondylitis	Clarification: Criteria: Delete: Long-term failure with at least one type of injection, ideally with documented short-term relief from the injection, as
02/27/15	Elbow	Surgery for epicondylitis	Clarification: Criteria: persistent symptoms that interfere with activities that have not responded to an appropriate period of nonsurgical
02/27/15	Elbow	MRI's	Clarification: delete chronic on biceps tendon tear
02/27/15	Knee	Medial collateral ligament (MCL) surgery	Not recommended... (Miyamoto, 2009) (Indelicato, 1995)

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jan-15

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/14/15	Back	Treatment Planning	New data: RTW Discectomy, heavy manual work: 42 days
01/14/15	Back	Amniotic membrane allograft (AmnioFix)	New xref: Not recommended...
01/19/15	Pain	NNT/NNH	New xref:
01/19/15	Pain	Omaprem (green lipped mussels)	New xref: Omega-3 fatty acids (EPA/DHA)
01/19/15	Pain	Disease-modifying antirheumatic drugs (DMARDs)	New xref: Tumor necrosis factor (TNF) modifiers
01/26/15	Diabetes	Hypertension screening	New entry: Recommended…(USPSTF, 2015)
01/26/15	Diabetes	Rosuvastatin (Crestor)	New xref: Statins
01/30/15	Knee	Acetaminophen	New xref: Medications
01/31/15	Formulary	Dyloject (Diclofenac sodium injection)	New entry: N
01/31/15	Formulary	Xyrem (Sodium oxybate)	New entry: N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
01/14/15	Back	Epidural steroid injections (ESIs), therapeutic	(Spijker-Huiges, 2014)
01/19/15	Pain	Number needed to treat (NNT) or harm (NNH)	(AHRQ1, 2015) (AHRQ2, 2015) (Laupacis, 1988)

01/19/15	Pain	Opioids for chronic pain	(Chou, 2015)
01/19/15	Pain	Tramadol (Ultram®)	(Fournier, 2014)
01/19/15	Pain	Functional restoration programs (FRPs)	(Theodore, 2014)
01/19/15	Pain	Tumor necrosis factor (TNF) modifiers	(van Nies, 2015) Clarification: for back pain
01/19/15	Pain	Diclofenac	Add xref: Arthrotec® (diclofenac/ misoprostol); Dyloject (diclofenac sodium injection); Flector® patch (diclofenac epolamine); Pennsaid®
01/26/15	Diabetes	Bariatric surgery	(Arterburn, 2015) (Aminian, 2015)
01/26/15	Diabetes	Ergonomics	(Biswas, 2015) Recommend minimize time spent sitting...
01/26/15	Diabetes	Lifestyle (diet & exercise) modifications	(Rawlings, 2014)
01/26/15	Diabetes	Statins	(Stone2, 2014)
01/26/15	Diabetes	Hypertension treatment	(USPSTF, 2015)
01/26/15	Diabetes	Work	Add xref: Exercise
01/30/15	Knee	Anterior cruciate ligament (ACL) reconstruction	(Ardern, 2014) (Shalvoy, 2014) (Luc, 2014)
01/30/15	Knee	Corticosteroid injections	(Bannuru, 2015)
01/30/15	Knee	Hyaluronic acid injections	(Bannuru, 2015)
01/30/15	Knee	Medications	(Bannuru, 2015) Change rec on acetaminophen
01/30/15	Knee	Exercise	(Wilcox, 2015)
01/30/15	Knee	Anterior cruciate ligament (ACL) reconstruction	Add Risk versus benefit
01/30/15	Knee	Knee joint replacement	Add Risk versus benefit (HCUP, 2015)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
01/21/15	Head	Concussion/mTBI treatment	Add xref: See Cognitive skills retraining; Cognitive therapy; Medications; Multidisciplinary community rehabilitation; Interdisciplinary

REVISED INFORMATION

Date	Chapter	Section	Change
01/14/15	Back	Spinal cord stimulation (SCS)	Clarification: Move FBSS studies from Pain Chapter
01/14/15	Back	Discectomy/ laminectomy	Risk versus benefit: (Bydon, 2015) (Pugely, 2014)
01/19/15	Pain	Dyloject (diclofenac sodium injection)	Not recommended... (FDA, 2015)
01/21/15	Explanation of Medical Literature Ratings	Ranking by Type of Evidence	Clarification: 4. Case Control Series

01/21/15	Head	Interdisciplinary rehabilitation programs (TBI)	Complete update & rewrite, add Criteria (Turner-Stokes, 2005b) (Engberg, 2006) (Prvu Bettger, 2007) (Turner-Stokes, 2007) (Turner-
01/26/15	Diabetes	Metformin (Glucophage)	Prediabetes treatment: (HHS, 2015)
01/30/15	Back	Discectomy/ laminectomy	Risk versus benefit: Clarification: Link to NNT definition; "they will likely improve…"
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Dec-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/03/14	Hernia	Amniotic membrane allograft (AmnioFix)	New entry: Not recommended... (FDA, 2013)
12/03/14	Diabetes	Amniotic membrane allograft	New entry: Recommended... (Zelen, 2014)
12/03/14	Diabetes	EpiFix®	New xref: Amniotic membrane allograft
12/03/14	Hernia	EpiFix®	New xref: Amniotic membrane allograft (AmnioFix)
12/03/14	Hernia	Purion®	New xref: Amniotic membrane allograft (AmnioFix)
12/05/14	Head	Vitamin D (cholecalciferol)	New entry: Recommend... (Toffanello, 2014)
12/22/14	Burns	Dermabrasion (for burn scars)	New entry: Not recommended... (Emsen, 2007)
12/22/14	Eye	Macular degeneration supplements	New entry: Recommend...
12/30/14	Pain	Sodium oxybate (Xyrem)	New entry: Not recommended... (FDA, 2014)
12/30/14	Pain	Gralise (gabapentin enacarbil ER)	New xref: Not recommended... Knee Chapter

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
12/30/14	Pain	Xyrem	New xref: Sodium oxybate (Xyrem)
12/31/14	Formulary	Hydrocodone ER, Hysingla	New entry: N drug
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
12/03/14	Diabetes	Wound care (diabetic foot ulcers)	Add xref: Amniotic membrane allograft
12/05/14	Head	Working memory training	(Lampit, 2014) Add: Recommend group-based brain training...
12/05/14	Head	Concussion severity	(Meehan, 2014)
12/05/14	Head	Medications	Add xref: Vitamin D (cholecalciferol)
12/22/14	Burns	Wound care	Add new xrefs to Diabetes: Amniotic membrane allograft; EpiFix®
12/22/14	Ankle	Physical therapy (PT)	Add Plantar Fasciitis (ICD9 728.71), Post-surgical treatment
12/22/14	Ankle	Physical therapy (PT)	Add Tarsal tunnel syndrome (ICD9 355.5), Post-surgical treatment
12/22/14	Ankle	Limb length temporary adjustment device	Add xref: Bilateral orthotics
12/22/14	Burns	Wound care	Add xref: Dermabrasion (for burn scars)
12/22/14	Eye	Medications	Add xref: Macular degeneration supplements
12/22/14	Ankle	Orthotic devices	Bilateral orthotics: (Song, 2009)
12/30/14	Pain	Benzodiazepines	Polypharmacy, sedatives & stimulants: (Atluri, 2012)
12/31/14	Pain	Chronic pain programs (functional restoration programs)	(Hartzell, 2014)
12/31/14	Pain	Home health services	Add criteria (4)
12/31/14	Pain	Psychological treatment	Add xref to Mental for Criteria
12/31/14	Pain	Nerve blocks	Add xref: CRPS, diagnostic tests; CRPS, sympathetic blocks (therapeutic); Facet blocks
12/31/14	Pain	Functional improvement measures	Add xref: Fitness for Duty: Serial Functional Capacity Evaluations should not be used to monitor functional improvement arising from

REVISED INFORMATION

Date	Chapter	Section	Change
12/30/14	Pain	Topical analgesics	Clarification: Custom compounding and dispensing of combinations...
12/30/14	Pain	Chi machine	Clarification: Not recommended for chronic pain
12/30/14	Pain	Cyclobenzaprine (Flexeril®)	Clarification: not recommended for longer than 2-3 weeks
12/30/14	Pain	Physician-dispensed drugs	Clarification: Not recommended...
12/30/14	Pain	SSRIs (selective serotonin reuptake inhibitors)	Clarification: Prescribing physicians should provide the indication...
12/30/14	Pain	Anxiety medications in chronic pain	Clarification: replace "long-term use" with "longer than two weeks"
12/31/14	Pain	Benzodiazepines	Clarification: (longer than two weeks)
12/31/14	Pain	Co-pack drugs	Clarification: Add Not generally recommended... They may also include convenience packaging of multiple medications, even in the absence of
12/31/14	Pain	Vimovo (esomeprazole magnesium/ naproxen)	Clarification: Add Not recommended...
12/31/14	Pain	Aquatic therapy	Clarification: Unsupervised pool use is not aquatic therapy

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Nov-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/17/14	Head	Telephone intervention for TBI	New entry: Not recommended... (Bell, 2005) (Bell, 2011) (Hart, 2013) (Bombardier, 2009)
11/17/14	Head	Sphenopalatine ganglion (SPG) nerve block for headaches	New entry: Not recommended... (Cady, 2014)
11/18/14	Neck	Cell-based fusion substitutes	New entry: Not recommended... (Eastlack, 2014) (Ammerman, 2013)
11/21/14	Pain	Hysingla (hydrocodone)	New entry: Not recommended... (FDA, 2014)
11/18/14	Neck	CRMA (computed radiographic mensuration analysis)	New entry: Not recommended... with xrefs
11/18/14	Neck	Spinal cord stimulation (SCS)	New entry: Not recommended... xref: Low Back; Pain
11/18/14	Neck	Stem cell autologous transplantation	New entry: Not recommended; xref to Back & knee
11/11/14	Infectious	Ebola prevention	New entry: Recommend... (CDC, 2014)
11/21/14	Mental	Physical medicine treatment	New entry: Recommended...
11/19/14	Mental	Paroxetine (Paxil®)	New entry: Recommended... & xref

NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
11/13/14	Forearm	Neuroma treatment	New entry: Recommended... (Watson, 2010) (Elliot, 2014)
11/21/14	Pain	Fear-avoidance beliefs questionnaire (FABQ)	New entry: Recommended... xref: Low Back
11/30/14	Formulary	Paroxetine (mental), Paxil	New entry: Y
11/13/14	Forearm	Interosseous implantation neuroma to bone	New xref:
11/13/14	Forearm	Carpometacarpal (CMC) arthritis treatment	New xref: Arthrodesis (fusion); Arthroscopy; Trapeziectomy
11/18/14	Neck	Osteocel Plus®	New xref: Cell-based fusion substitutes
11/18/14	Neck	Trinity Evolution Matrix™	New xref: Cell-based fusion substitutes
11/18/14	Neck	Digital motion X-ray (DXD)	New xref: CRMA (computed radiographic mensuration analysis)
11/11/14	Infectious	Kidney transplant	New xref: Diabetes
11/10/14	Diabetes	Diabetic nephropathy	New xref: Kidney transplant for end-stage renal disease (ESRD)
11/10/14	Diabetes	Transplantation	New xref: Kidney transplant for end-stage renal disease (ESRD)
11/21/14	Mental	Physical therapy	New xref: Physical medicine treatment
11/18/14	Neck	Manual traction	New xref: Physical therapy (PT); Recommended...
11/17/14	Head	Meditation	New xref: Relaxation treatment (for migraines)
11/17/14	Head	Yoga	New xref: Relaxation treatment (for migraines)
11/17/14	Head	Tx360®	New xref: Sphenopalatine ganglion (SPG) nerve block for headaches
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
11/10/14	Diabetes	Bariatric surgery	(Arterburn, 2014)
11/17/14	Head	Working memory training	(Belleville, 2014)

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
11/13/14	Forearm	Arthrodesis (fusion)	(Berger, 2014)
11/13/14	Forearm	Arthroscopy	(Berger, 2014)
11/13/14	Forearm	Trapeziectomy	(Berger, 2014)
11/17/14	Head	Interdisciplinary rehabilitation programs	(Brasure, 2012) (Brasure, 2013) Add: as indicated below; Add xref: Telephone intervention for TBI
11/11/14	Infectious	Sulfamethoxazole-Trimethoprim (Bactrim®, Septra®)	(Fralick, 2014)
11/18/14	Neck	Chronic pain programs	(Hartzell, 2014)
11/18/14	Neck	Functional restoration programs (FRPs)	(Hartzell, 2014)
11/19/14	Mental	Work	(Marquié, 2014)
11/10/14	Diabetes	Hypertension treatment	(Martin, 2014)
11/11/14	Carpal Tunnel	Ultrasound, therapeutic	(Page, 2013)
11/13/14	Forearm	Electrodiagnostic studies (EDS)	(Şahin, 2014) (AANEM, 2014) (Rettig, 1998) Also broaden: Also recommended...
11/10/14	Diabetes	Diet	(Suez, 2014) (Hernández-Alonso, 2014)
11/11/14	Infectious	Clarithromycin (Biaxin®)	(Svanström, 2014)
11/11/14	Carpal Tunnel	Diabetes (comorbidity)	(Thomsen, 2014)
11/11/14	Carpal Tunnel	Endoscopic surgery	(Vasiliadis, 2014)
11/17/14	Head	Exercise	(Weinberg, 2014) Add xref: Physical medicine treatment
11/17/14	Head	Relaxation treatment (for migraines)	(Wells, 2014)
11/21/14	Back	Fear-avoidance beliefs questionnaire (FABQ)	(Wertli, 2014) (Wertli, 2014b)
11/10/14	Diabetes	Vitamin D	(Ye, 2014)
11/18/14	Neck	Physical therapy (PT)	Active Treatment versus Passive Modalities: Add xref to Low Back

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/21/14	Pain	Insomnia treatment	Add xref to Mental Chapter.
11/18/14	Neck	Surgery	Add xref: Adjacent segment disease/degeneration (fusion)
11/13/14	Forearm	Surgery	Add xref: Arthroscopy; Carpometacarpal (CMC) arthritis treatment; Interosseous implantation neuroma to bone; Neuroma treatment
11/18/14	Neck	Surgery	Add xref: Cell-based fusion substitutes
11/18/14	Neck	Imaging	Add xref: CRMA (computed radiographic mensuration analysis)
11/17/14	Head	Physical medicine treatment	Add xref: Exercise
11/21/14	Back	Catastrophizing	Add xref: Fear-avoidance beliefs questionnaire (FABQ)
11/11/14	Infectious	Surgery	Add xref: Kidney transplant
11/10/14	Diabetes	Surgery	Add xref: Kidney transplant for end-stage renal disease (ESRD)
11/18/14	Neck	Traction (mechanical)	Add xref: Manual traction
11/17/14	Head	Injections	Add xref: Sphenopalatine ganglion (SPG) nerve block for headaches
11/17/14	Head	Migraine	Add xref: Sphenopalatine ganglion (SPG) nerve block for headaches
11/10/14	Diabetes	Hospital length of stay (LOS)	Add: 55.69 Kidney Transplant
11/18/14	Neck	Manipulation	Adverse effects: (Biller, 2014)

REVISED INFORMATION

Date	Chapter	Section	Change
11/30/14	Formulary	depression replaced by "mental"	Clarification for all SSRIs: broader Y-drug rec than just depression, eg, PTSD, anxiety, etc.
11/30/14	Formulary	Paroxetine (pain), Paxil	Clarification: for pain
11/21/14	Pain	Hydrocodone/ Acetaminophen (e.g., Vicodin®, Lortab®)	Clarification: Remove "but the DEA has yet to make any rules..."
11/21/14	Pain	Zolpidem (Ambien®)	Clarification: short-term treatment (7-10 days) - Consistent with Insomnia section, Recommended versus Approved

REVISED INFORMATION

Date	Chapter	Section	Change
11/18/14	Neck	Physical therapy (PT)	Clarification: Work conditioning 4 weeks, same as separate entry
11/17/14	Head	QEEG (brain mapping)	Correction: change Thornton 2,2005 to Thornton, 2003
11/21/14	Pain	Diabetic neuropathy	Fix link: (Wiffen-Cochrane, 2006), year to 2005
11/17/14	Head	Multidisciplinary institutional rehabilitation	Make an xref: Interdisciplinary rehabilitation programs
11/18/14	Neck	Adjacent segment disease/degeneration (fusion) Recent research: (Lee, 2014); Add xrefs:	posterior cervical; Disk prosthesis; Add Recommended...
11/21/14	Mental	Insomnia treatment	Recent research: (AHRQ, 2014)
11/13/14	Forearm	Physical/ Occupational therapy	Work conditioning: Clarify, make consistent with separate entry, 10 visits over 4 weeks

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10/07/14	Knee	Whole body vibration (WBV) exercise	New xref: Pain
10/09/14	Hip	Metal on metal hip resurfacing	New xref: Total hip resurfacing
10/23/14	Mental	Suvorexant (Belsomra)	New entry: Not recommended... (FDA, 2014)
10/23/14	Mental	Benzodiazepine	New entry: Not recommended... xref to Pain Recent research: (Billioti, 2014)
10/23/14	Mental	Polysomnography	New entry: Recommended... Xref to Pain
10/23/14	Mental	Low-field magnetic stimulation (LFMS)	New entry: Under study... (Rohan, 2014)
10/23/14	Mental	Sleep medicine	New xref: Insomnia treatment
10/23/14	Mental	Sleep studies	New xref: Polysomnography
10/23/14	Mental	Brainsway™ (TMS)	New xref: Transcranial magnetic stimulation (TMS)
10/23/14	Mental	NeoPulse (TMS)	New xref: Transcranial magnetic stimulation (TMS)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/27/14	Knee	Radiofrequency neurotomy (of genicular nerves in knee)	New entry: Not recommended... (Choi, 2011)

10/27/14	Knee	Genicular nerve block	New xref: Radiofrequency neurotomy (of genicular nerves in knee)
10/27/14	Knee	Nerve block	New xref: Radiofrequency neurotomy (of genicular nerves in knee)
10/28/14	Back	Digital motion X-ray (DMX)	New entry: Not recommended. xref: Flexion/extension imaging studies
10/28/14	Back	Thoracolumbar fracture treatment	New entry: Recommended... (Bakhsheshian, 2014)
10/28/14	Back	Dynamic spinal visualization	New xref: Digital motion X-ray (DMX); Videofluoroscopy (for range of motion)
10/28/14	Back	Biacuplasty	New xref: Percutaneous intradiscal radiofrequency; Thermal intradiscal procedures (TIPs)
10/28/14	Back	Regenerative medicine	New xref: Stem cell autologous transplantation
10/28/14	Back	Fracture treatment	new xref: Thoracolumbar fracture treatment
10/30/14	Pain	Pharmacogenetic testing, opioid metabolism	New entry: Not recommended... (Vuilleumier, 2012) (Stamer, 2010)
10/30/14	Pain	Methylprednisolone	New xref: Oral corticosteroids
10/30/14	Pain	Polymyalgia rheumatica (PMR)	New xref: Oral corticosteroids
10/30/14	Pain	Prednisone	New xref: Oral corticosteroids
10/31/14	Shoulder	Amniotic membrane allograft (AmnioFix) for shoulder surgery	New entry: Not recommended...
10/31/14	Shoulder	Bioengineered tissue grafts (for shoulder surgery)	New entry: Not recommended...
10/31/14	Shoulder	Extracellular matrix (for shoulder surgery)	New entry: Not recommended...
10/31/14	Shoulder	Glucosamine	New entry: Not recommended...
10/31/14	Shoulder	Graftjacket tissue matrix (for shoulder surgery)	New entry: Not recommended...
10/31/14	Shoulder	Whole body vibration (WBV) exercise	New entry: Recommended...

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/02/14	Pain	Clonidine, intrathecal	Add xref: Implantable drug-delivery systems (IDDSs); update recommendation
10/07/14	Knee	Work	(Apold, 2014)
10/07/14	Knee	Acupuncture	(Hinman, 2014)
10/07/14	Knee	Arthroscopic surgery for osteoarthritis	(Khan, 2014)
10/07/14	Knee	Meniscectomy	(Khan, 2014)
10/07/14	Knee	Exercise	Add xref: Whole body vibration (WBV) exercise

10/09/14	Hip	Hip fracture surgery	(AAOS, 2014)
10/09/14	Hip	Exercise	(Fransen, 2014)
10/09/14	Hip	Arthroplasty	(Nieuwenhuijse, 2014)
10/23/14	Mental	Electroconvulsive therapy (ECT)	(Brown, 2014) (Fink, 2014) (Ren, 2014) (Charlson, 2012) Add Criteria
10/23/14	Mental	Cognitive therapy for general stress	(Cuijpers, 2014)
10/23/14	Mental	Cognitive therapy for PTSD	(Gerger, 2014)
10/23/14	Mental	Exposure therapy (ET)	(Gerger, 2014)
10/23/14	Mental	Eye movement desensitization & reprocessing (EMDR)	(Gerger, 2014)
10/23/14	Mental	Post-traumatic stress disorder (PTSD), definition	(Hoge, 2014)
10/23/14	Mental	Atypical antipsychotics	(Hwang, 2014)
10/23/14	Mental	PHQ (Patient Health Questionnaire)	(Jerant, 2014)
10/23/14	Mental	Medications	(Köhler, 2014)
10/23/14	Mental	Antidepressants	(Leuchter, 2014)
10/23/14	Mental	Ketamine	(Paul, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/23/14	Mental	Zolpidem (Ambien)	(SAMHSA, 2014)
10/23/14	Mental	Cognitive behavioral therapy (CBT)	(Twomey, 2014)
10/23/14	Mental	Computer-assisted cognitive therapy	(Twomey, 2014)
10/23/14	Mental	Telephone CBT (cognitive behavioral therapy)	(Twomey, 2014)
10/23/14	Mental	Medications	Add xref: Benzodiazepine
10/23/14	Mental	Computer-assisted cognitive therapy	Add xref: Cognitive behavioral therapy (CBT)
10/23/14	Mental	Cognitive behavioral therapy (CBT)	Add xref: Computer-assisted cognitive therapy
10/23/14	Mental	Transcranial magnetic stimulation (TMS)	Add xref: Low-field magnetic stimulation (LFMS)
10/27/14	Knee	Knee joint replacement	(Nieuwenhuijse, 2014)
10/27/14	Knee	Venous thrombosis	(Ungprasert, 2014)
10/27/14	Knee	Nerve excision (following TKA)	Add xref: Radiofrequency neurotomy (of genicular nerves in knee)

10/28/14	Back	Delayed treatment	(Blatt, 2014)
10/28/14	Back	Manipulation	(Bronfort, 2014)
10/28/14	Back	Lumbar supports	(Chang, 2014)
10/28/14	Back	MRIs (magnetic resonance imaging)	(Fardon, 2014) (Fu, 2014) (Webster, 2014)
10/28/14	Back	Adjacent segment disease/degeneration (fusion)	(Mannion, 2014)
10/28/14	Back	Disc prosthesis	(Mannion, 2014)
10/28/14	Back	Videofluoroscopy	Add xref: Digital motion X-ray (DMX)
10/28/14	Back	Imaging	Add xref: Digital motion X-ray (DMX); Dynamic spinal visualization; Videofluoroscopy
10/28/14	Back	Surgery	Add xref: Thoracolumbar fracture treatment

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/29/14	Ankle	Autologous blood-derived injections	(Bell, 2014)
10/29/14	Ankle	Calcaneus fractures	Add xref: Surgery for calcaneal fractures
10/29/14	Ankle	Heel fractures	Add xref: Surgery for calcaneal fractures
10/30/14	Pain	Benzodiazepines	(Billioti, 2014)
10/30/14	Paon	Opioid-induced constipation treatment	(FDA, 2014)
10/30/14	Pain	Opioids for chronic pain	(Franklin, 2014)
10/30/14	Pain	Anti-epilepsy drugs (AEDs) for pain	(Moore, 2014)
10/30/14	Pain	Gabapentin (Neurontin®)	(Moore, 2014)
10/30/14	Pain	Pregabalin (Lyrica®)	(Moore, 2014)
10/30/14	Pain	Curcumin (turmeric)	(Nakagawa, 2014)
10/30/14	Pain	Theramine®	(Shell, 2014)
10/30/14	Pain	Oral corticosteroids	(Viapiana, 2014) (Nesher, 2014) Update rec for Polymyalgia rheumatica (PMR)
10/30/14	Pain	Genetic testing for potential opioid abuse	Add xref:
10/31/14	Shoulder	Graft, rotator cuff	Add xref: Amniotic membrane allograft (AmnioFix) for shoulder surgery; Bioengineered tissue grafts (for shoulder surgery); Extracellular matrix
10/31/14	Shoulder	Reverse shoulder arthroplasty	Add xref: Hospital length of stay (LOS)
10/31/14	Shoulder	Hospital length of stay (LOS)	Add: Reverse Shoulder (icd 81.88)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/02/14	Pain	Implantable drug-delivery systems (IDDSs)	(Washington State Health Care Authority, 2008) (Washington State Health Care Authority#2, 2008) Update criteria
10/02/14	Pain	Acetaminophen (APAP)	(Williams, 2014)

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
10/02/14	Pain	Intrathecal drug delivery systems, medications	Move to Implantable drug-delivery systems (IDDSs)
10/06/14	Pain	Spinal cord stimulators (SCS)	Clarification: Move failed back surgery syndrome (FBSS) to Low Back Chapter
10/09/14	Hip	Total hip resurfacing	Complete evidence update and rewrite: Change to Not recommended… (Walsh, 2012) (AAOS, 2011) (FDA, 2013)
10/20/14	Elbow	Treatment Planning	Add RTW Pathways: Ruptured Biceps Tendon
10/23/14	Mental	Transcranial magnetic stimulation (TMS)	Change to Recommended... Depression: (Lam, 2008) (Brunelin, 2014) (Gaynes, 2014) (Hovington, 2013) (Ren, 2014) Add Criteria
10/27/14	Knee	Transportation (to & from appointments)	Add Note:
10/27/14	Knee	Anterior cruciate ligament (ACL) reconstruction	Autograft vs. allograft: (Maletis, 2013) (Hettrich, 2013) (Kaeding, 2011) (Spindler, 2011) (Magnussen, 2013) (AAOS, 2014) (MARS, 2014)
10/30/14	Pain	Polysomnography	Add Criteria 8 from Mental Chap
10/30/14	Pain	NSAIDs, GI symptoms & cardiovascular risk	Clarification: Underline: Treatment of dyspepsia secondary to NSAID therapy

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Sep-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
09/10/14	Pain	Whole body vibration (WBV) exercise	New entry: Recommended... (Wang, 2014) (Tsuji, 2014) (Veqar, 2014) (Kessler, 2013) (Park, 2013) (Olivares, 2011)
09/10/14	Pain	Genetic engineering	New xref:
09/10/14	Pain	Stem cell autologous transplantation	New xref: Ankle; Diabetes; Knee; Low Back; Shoulder
09/10/14	Pain	Regenerative medicine	New xref: Cytochrome p450 testing; Cytokine DNA testing; Genetic testing for potential opioid abuse; Stem cell autologous transplantation;
09/10/14	Pain	Keppra	New xref: Levetiracetam (Keppra®)
09/10/14	Pain	Chlorzoxazone	New xref: Muscle relaxants (for pain)
09/10/14	Pain	Targiniq ER	New xref: Not recommended... (FDA, 2014)
09/10/14	Pain	Lorzone® (chlorzoxazone)	New xref: Not recommended... (Vertical, 2014) (FDA, 2014)
09/10/14	Pain	Bunavail	New xref: Recommended... Buprenorphine for opioid dependence
09/10/14	Pain	Acceleration training	New xref: Whole body vibration (WBV) exercise

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
09/22/14	Hernia	Abdominal sprain	New xref: Inguinal disruption (ID) treatment
09/22/14	Hernia	Athletic pubalgia	New xref: Inguinal disruption (ID) treatment
09/22/14	Hernia	Sportsman's groin (SG)	New xref: Inguinal disruption (ID) treatment
09/23/14	Fitness for Duty	Digital motion X-ray (DMX)	New entry: Not recommended... (Mieritz, 2012) (Finestone, 2013)
09/23/14	Fitness for Duty	Computerized motion diagnostic imaging	New xref: Digital motion X-ray (DMX)
09/23/14	Fitness for Duty	SpineScan	New xref: Digital motion X-ray (DMX)
09/25/14	Pain	Epigallocatechin-3-gallate (EGCG)	New xref: Green tea
09/30/14	Formulary	Muscle relaxants, Chlorzoxazone, Lorzone®	New entry: N
09/30/14	Formulary	Opioids, Buprenorphine/Naloxone buccal film for pain, Bunavail®	New entry: N
09/30/14	Formulary	Opioids, Oxycodone ER/naloxone, Targiniq ER®	New entry: N
09/30/14	Formulary	Opioids, Buprenorphine/Naloxone buccal film for detox, Bunavail®	New entry: Y

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/10/14	Pain	Hydrocodone	(DEA, 2014)
09/10/14	Pain	Buprenorphine for opioid dependence	(FDA, 2014)
09/10/14	Pain	Telomerase activators (TA-65)	(Sjögren, 2014)
09/10/14	Pain	Scrambler therapy (Calmare®)	(Smith, 2013) (Pachman, 2014)
09/10/14	Pain	Anti-epilepsy drugs (AEDs) for pain	(Wiffen, 2014)
09/10/14	Pain	Levetiracetam (Keppra®)	(Wiffen, 2014)
09/10/14	Pain	Exercise	Add xref: Whole body vibration (WBV) exercise

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
09/10/14	Pain	Opioids, specific drug list	Add Zohydro link
09/22/14	Hernia	Surgery	Add xref: Inguinal disruption (ID) treatment
09/22/14	Hernia	Physical therapy (PT)	Add xref: Inguinal disruption (ID) treatment, add recommended for Sportsman's groin (SG).
09/23/14	Pain	Anti-epilepsy drugs (AEDs) for pain	(Wiffen-Cochrane, 2013)
09/23/14	Pain	Anxiety medications in chronic pain	Add xref to Mental Chapter for PTSD; (Friedman, 2013) (Clinical Pharmacology, 2008) (Davidson, 2006) (Raskind, 2003) (Raskind,
09/25/14	Pain	Cannabinoids	(Markoff, 2014)
09/25/14	Pain	Gabapentin (Neurontin®)	(Wiffen-Cochrane, 2013)
09/25/14	Pain	Psychological treatment	Add xref: Behavioral interventions (CBT)
09/25/14	Pain	Cognitive behavioral therapy	Add xref: Behavioral interventions (CBT); Correction: psych to psychiatric
09/29/14	Pain	Hydrocodone	(FDA 2014)
09/30/14	Pain	Tramadol (Ultram®)	(DEA 2013)
09/30/14	Pain	Work conditioning, work hardening	(Schaafsma, 2010) Clarify: for treatment of chronic pain syndromes
09/30/14	Pain	Physician-dispensed drugs	(White, 2014)
09/30/14	Pain	Massage therapy	Add Criteria
09/30/14	Pain	Medications for acute pain (analgesics)	Add xref for Opioids

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/10/14	Pain	Cannabinoids	Impact on opioid risks: (Bachhuber, 2014)
09/10/14	Pain	Treatment Planning	Introduction, definition of chronic (Deyo, 2014)
09/23/14	Pain	Actiq® (oral transmucosal)	Clarification: chronic non-cancer pain

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/23/14	Pain	Behavioral interventions (CBT)	Clarification: consolidate guidelines
09/23/14	Pain	Antidepressants for chronic pain	Clarification: Define NNT elsewhere; Flipped the order because the SNRI's are less toxic than TCAs; Fibromyalgia FDA approval
09/23/14	Pain	Acetaminophen (APAP)	Clarification: Eliminate duplication in dose
09/23/14	Pain	Avinza® (morphine sulfate)	Correction: fumaric
09/23/14	Pain	Botulinum toxin (Botox®; Myobloc®)	Update Migraine from Head Chapter; Myofascial pain syndrome (MPS) (Soares Cochrane, 2014) (Climent, 2013)
09/25/14	Pain	Embeda® (morphine /naltrexone)	Clarification: Back on the market
09/25/14	Pain	Compound drugs	Clarification: FDA-approved drugs should be given an adequate trial...; Add Criteria 6
09/25/14	Pain	Capsaicin, topical (chili pepper/ cayenne pepper)	Clarification: remove low back pain
09/25/14	Pain	Fibromyalgia syndrome (FMS)	Clarification: remove NEJM
09/25/14	Pain	Chronic pain programs, early intervention	Clarification: replace depending with based
09/25/14	Pain	ConZip (tramadol ER)	Clarification: There are With no clear advantages over generic tramadol.
09/25/14	Pain	Co-pack drugs	Clarification: There is no evidence to support the medical necessity...
09/25/14	Pain	Duexis® (ibuprofen & famotidine)	Clarification: using Duexis as a first-line therapy is not justified
09/25/14	Pain	Curcumin (turmeric)	Recent research: (Panahi, 2014) (Kuptniratsaikul, 2014) (Cheppudira, 2013) (Agarwal, 2011); Clarification: Recommended...
09/25/14	Pain	Green tea	Recent research: (Yang, 2014) (Byun, 2014) (Riegsecker, 2013) (Wu, 2012) (Wu, 2012a) (Singh, 2010); Clarification: Recommended...
09/25/14	Pain	Chronic pain programs (functional restoration programs); Clarification: 4 weeks	
09/26/14	Pain	Herbal medicines	Clarification: Recommended... Add xref: Curcumin (turmeric); Green tea; Omega-3 fatty acids (EPA/DHA); Vitamin B; Vitamin D
09/29/14	Pain	Manual therapy & manipulation	Clarification: also known as chiropractic treatment; Manipulation under anesthesia is not recommended; del from state guidelines
09/29/14	Pain	Homeopathic topicals	Clarification: for the treatment of chronic pain
09/29/14	Pain	Integrative manual therapy (IMT™)	Clarification: proprietary

REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
09/29/14	Pain	Lidoderm® (lidocaine patch)	Clarification: remove post-herpetic neuralgia
09/29/14	Pain	Hypnosis	Clarification: Shorten (Tan, 2010)
09/29/14	Pain	Interferential current stimulation (ICS)	Clarification: Update criteria, add xref: H-wave stimulation (HWT)
09/29/14	Pain	Home health services	General update & rewrite, add Criteria (Ellenbecker, 2008) (ACMQ, 2000)
09/29/14	Pain	H-wave stimulation (HWT)	General update & rewrite, add Criteria (McDowell, 1995) (Blum, 2009)
09/29/14	Pain	Honey & cinnamon	Update: No studies, Not recommended for the treatment of chronic pain
09/30/14	Pain	Limbrel (flavocoxid)	Change: Not recommended… (Panduranga, 2013) (ACP, 2012) (Reichenbach, 2012)
09/30/14	Pain	Physical medicine treatment	Clarification/rewrite summary
09/30/14	Pain	Tai Chi	Clarification: add motivated patient
09/30/14	Pain	NSAIDs, GI symptoms & cardiovascular risk	Clarification: Del An opioid also remains a short-term alternative for analgesia.
09/30/14	Pain	Theramine®	Clarification: for the treatment of chronic pain
09/30/14	Pain	Naltrexone (Vivitrol® extended-release injectable suspension)	Clarification: nonopioid
09/30/14	Pain	Trepadone™	Clarification: Not recommended
09/30/14	Pain	Telomerase activators (TA-65)	Clarification: Not recommended except
09/30/14	Pain	Tapentadol (Nucynta™)	Clarification: only
09/30/14	Pain	Nonprescription medications	Clarification: Recommend...
09/30/14	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	Clarification: shorten (AGS, 2009)
09/30/14	Pain	Trigger point injections (TPIs)	Clarification: take out LB
09/30/14	Pain	Yoga	Clarify, not highly
09/30/14	Pain	Vitamin B	Clarify: for the treatment of chronic pain

REVISED INFORMATION

Date	Chapter	Section	Change
09/30/14	Pain	White willow bark	Clarify: Not recommended as a treatment for chronic pain
09/30/14	Pain	Vitamin K	Clarify: Not recommended for the treatment of chronic pain.
09/30/14	Pain	Pentazocine (Talwin/Talwin NX)	Fix links
09/30/14	Pain	Vitamin D (cholecalciferol)	Recent research: (McAlindon, 2013) (Wepner, 2014); Clarify, not for chronic pain, but for deficiency
09/30/14	Pain	Pycnogenol (maritime pine bark)	Recent research: (Vinciguerra, 2013) (Belcaro, 2008) (Cisár, 2008) (Suzuki, 2008) (Belcaro2, 2008)
09/30/14	Pain	Medical food	Summarize overall recs: Not recommended...
09/30/14	Pain	Uncaria Tomentosa (Cat's Claw)	Update: No studies, Not recommended for the treatment of chronic pain

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TREATMENT GUIDELINES* UPDATES

Aug-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/08/14	Forearm	DEKA arm system	New xref: Prostheses (artificial limbs)
08/08/14	Forearm	Tenosynovectomy	New xref: Tenolysis
08/11/14	Head	Occipital nerve stimulation (ONS)	New entry: Not recommended... (Ducic, 2014) (Young, 2014) (Notaro, 2014) (Dodick, 2014)
08/11/14	Head	Transcranial magnetic stimulation (TMS)	New entry: Recommended... (FDA, 2014) (Lipton, 2010) (Schoenen, 2013)
08/11/14	Head	Supraorbital transcutaneous stimulator	New entry: Under study... (Schoenen, 2013)
08/11/14	Head	Radiofrequency (RF) therapy	New xref: Greater occipital nerve block (GONB).
08/11/14	Head	Peripheral nerve stimulation (PNS)	New xref: Occipital nerve stimulation (ONS)
08/11/14	Head	Cerena (transcranial magnetic stimulator)	New xref: Transcranial magnetic stimulation (TMS)
08/22/14	Back	Electrodiagnostic functional assessment (EFA)	New entry: Not recommended... (Emerge, 2014) (Seidner, 2011) (Kulin, 2011)
08/22/14	Back	Nervomatrix	New xref: Hyperstimulation analgesia

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/25/14	Knee	BioCartilage	New entry: Not recommended... (Arthrex, 2014)

08/25/14	Knee	Three-dimensional MRI (3D)	New entry: Not recommended... (Swami, 2014)
08/25/14	Knee	Heterotopic ossification (HO) treatment	New entry: Recommend... (Edwards, 2014) (Board, 2007) (Iorio, 2002)
08/25/14	Knee	Tranexamic acid (TXA)	New entry: Recommended...
08/25/14	Knee	Resurfacing	New xref: Focal joint resurfacing
08/25/14	Knee	Myositis ossificans (MO)	New xref: Heterotopic ossification (HO) treatment
08/27/14	Shoulder	Rib fracture treatment	New entry: Recommend... (Fabricant, 2014) (Vana, 2014) (Truitt, 2011)
08/27/14	Shoulder	Biceps tenodesis	New entry: Recommended... (Denard, 2014) (Gottschalk, 2014) (Erickson, 2014) (Huri, 2014) (Patterson, 2014)
08/27/14	Shoulder	Tenodesis	New xref: Biceps tenodesis
08/27/14	Shoulder	Costovertebral blocks	New xref: Rib fracture treatment, Not recommended...

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/08/14	Forearm	Prostheses (artificial limbs)	(FDA, 2014)
08/08/14	Forearm	Surgery	Add xref: Tenolysis
08/11/14	Head	Concussion/mTBI assessment	Add Criteria. (Carney, 2014)
08/11/14	Head	Electrical stimulation	Add xref: Cerena (transcranial magnetic stimulator); Greater occipital nerve block (GONB); Occipital nerve stimulation (ONS); Peripheral
08/11/14	Head	Concussion severity	Add xref: Concussion/mTBI assessment
08/22/14	Back	Stem cell autologous transplantation	(Khashan, 2013) (Werner, 2014)
08/22/14	Back	Paracetamol	Add xref: Acetaminophen
08/22/14	Back	Surface electromyography (SEMG)	Add xref: Electrodiagnostic functional assessment (EFA)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/22/14	Back	Acetaminophen	Add xref: Nonprescription Medications
08/25/14	Knee	Hamstring injury treatment	(Askling, 2014) Add criteria
08/25/14	Knee	Strengthening exercises	(Lauersen, 2014)
08/25/14	Knee	Stretching and flexibility	(Lauersen, 2014)
08/25/14	Knee	Exercise	(Lauersen, 2014) Add xref: Strengthening exercises
08/25/14	Knee	Knee joint replacement	(Riddle, 2014)

08/25/14	Knee	Education	(Stacey, 2014)
08/25/14	Knee	Causation	(Sutton, 2013)
08/25/14	Knee	Anterior cruciate ligament (ACL) reconstruction	(Sutton, 2013) (Ajuied, 2013)
08/25/14	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Witvrouw, 2014) Add criteria
08/25/14	Knee	Electrical stimulators (E-stim)	Add xref: ARP wave therapy
08/25/14	Knee	MAKOplasty	Add xref: Focal joint resurfacing
08/25/14	Knee	Imaging	Add xref: Three-dimensional MRI (3D)
08/25/14	Knee	Three-dimensional CT (3D)	Add xref: Three-dimensional MRI (3D)
08/25/14	Knee	Medications	Add xref: Tranexamic acid (TXA)
08/27/14	Shoulder	Labrum tear surgery	Add xref: Biceps tenodesis
08/27/14	Shoulder	Shoulder repair	Add xref: Biceps tenodesis
08/27/14	Shoulder	Surgery	Add xref: Biceps tenodesis
08/27/14	Shoulder	Surgery for SLAP lesions	Add xref: Biceps tenodesis, Add Criteria
08/27/14	Shoulder	SLAP lesion diagnosis	Add xref: Biceps tenodesis; Labrum tear surgery

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/27/14	Shoulder	Injections	Add xref: Costovertebral blocks
08/27/14	Shoulder	Thoracic outlet syndrome (TOS) diagnosis	Add xref: Rib fracture treatment

REVISED INFORMATION

Date	Chapter	Section	Change
08/04/14	Neck	Whiplash associated disorder (WAD) treatment	Recent research: (Michaleff, 2014) (Ferrari, 2013) (Sterling, 2014)
08/04/14	Neck	Manipulation	Whiplash: (Michaleff, 2014) (Lamb, 2013) (Ferrari, 2013) (Sterling, 2014)
08/04/14	Neck	Physical therapy (PT)	Whiplash: (Michaleff, 2014) (Lamb, 2013) (Ferrari, 2013) (Sterling, 2014)
08/08/14	Forearm	Tenolysis	Recommended... (Wheeless, 2012) (Azari, 2005) (Tolat, 1996) (Fetrow, 1967)
08/22/14	Back	Return to work	Normal course of recovery: (Artus, 2014)
08/22/14	Back	Discectomy/ laminectomy	Patient Selection: (Marquez-Lara, 2014)
08/22/14	Back	Exercise	Prevention: (Aleksiev, 2014)

08/22/14	Back	Nonprescription medications	Recent research: (Williams, 2014) Add in conjunction with... & not recommended as primary treatment...
08/22/14	Back	Return to work	Return to work predictors: (Deyo, 2014)
08/25/14	Knee	Stem cell autologous transplantation	Major evidence update & rewrite (Pak, 2013) (Saw, 2013) (Wong, 2013) (Lopa, 2014)
08/25/14	Knee	Knee joint replacement	Minimally invasive total knee arthroplasty: (Harkess, 2014)
08/25/14	Knee	Venous thrombosis	Recent research: (Nakamura, 2014) (Chatterjee, 2014)
08/27/14	Shoulder	Physical therapy	Impingement syndrome: (Rhon, 2014)
08/27/14	Shoulder	Steroid injections	Impingement syndrome: (Rhon, 2014)
08/31/14	Formulary	All sections	Cost of Therapy updates
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
07/03/14	Back	Shoe insoles/shoe lifts	Customized insoles or customized shoes are not recommended. (Chuter, 2014)
07/03/14	Back	Fusion for adult idiopathic scoliosis	New entry: Recommended... (Cho, 2014) (Anand, 2014) (Sánchez-Mariscal, 2014)
07/03/14	Back	Zoledronic acid	New entry: Under study. (Koivisto, 2014)
07/03/14	Back	AposTherapy shoe	New xref: Not recommended
07/28/14	Diabetes	Metformin (Glucophage)	Glaucoma: (Richards, 2014)
07/29/14	Ankle	Alcohol injections (for Morton's neuroma)	New entry: Recommended... (Schreiber, 2011) (Hughes, 2007) (Musson, 2012) (Gurdezi, 2013)
07/30/14	Burns	Laser therapy (scar management)	New entry: Recommended... (Gold, 2014) (McGuire, 2014) (Friedstat, 2014)
07/30/14	Burns	Radiation burn treatment (radiodermatitis)	New entry: Recommended... (Salvo, 2010) (HHS, 2014)
07/30/14	Burns	Stem cell wound care	New entry: Under study... (Huang, 2012) (Shahrokhi, 2014) (Utah, 2014)
07/30/14	Burns	Scar management	New xref: Laser therapy (scar management)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
07/03/14	Back	Epidural steroid injections (ESIs), therapeutic	(Friedly, 2014)

07/03/14	Back	Fusion (spinal)	Add xref: Fusion for adult idiopathic scoliosis
07/03/14	Back	Surgery	Add xref: Fusion for adult idiopathic scoliosis
07/10/14	Pain	Tramadol (Ultram®)	(FDA, 2014) (DEA, 2014)
07/10/14	Pain	Opioids for neuropathic pain	(McNicol, 2013)
07/28/14	Diabetes	Insulin	(AHRQ, 2014)
07/28/14	Diabetes	Statins	(Corrao, 2014)
07/28/14	Diabetes	Bariatric surgery	(Courcoulas, 2014) (NICE, 2014)
07/28/14	Diabetes	Diet	(Kahleova, 2014)
07/29/14	Shoulder	Surgery for rotator cuff repair	(Abrams, 2014)
07/29/14	Shoulder	Surgery for impingement syndrome	(Abrams, 2014) Add Not recommended with full-thickness rotator cuff repair.
07/29/14	Pulmonary	Return to work	(Crans Yoon, 2014)
07/29/14	Shoulder	Platelet-rich plasma (PRP)	(Jo, 2013) Add Under study as a solo treatment. Recommend PRP augmentation as an option in conjunction with arthroscopic repair for
07/29/14	Shoulder	Arthroplasty (shoulder)	(van den Bekerom, 2013) Add Recommend total shoulder arthroplasty over hemiarthroplasty
07/29/14	Ankle	Surgery for Morton's neuroma	Add criteria, based on Alcohol injections; add xref: Jones fracture (surgery)
07/29/14	Ankle	Injections (corticosteroid)	Add xref: Alcohol injections (for Morton’s neuroma)
07/29/14	Ankle	Morton's neuroma treatment	Add xref: Alcohol injections (for Morton’s neuroma), update rec
07/30/14	Burns	Surgery	Add xref: Laser therapy (scar management)
07/30/14	Burns	Wound care	Add xref: Stem cell wound care

REVISED INFORMATION

Date	Chapter	Section	Change
07/09/14	Preface	Physical Therapy Guidelines	Clarification: OT vs PT
07/10/14	Pain	Opioids for chronic pain	Complete evidence update and rewrite, consistent with other topics. (DiBenedetto, 2014) (Baron, 2006) (McNicol, 2013)
07/10/14	Pain	Opioids, long-acting	Complete evidence update and rewrite, Not recommended. (Carson, 2011) (Chou, 2003) (Pedersen, 2014)
07/10/14	Pain	Opioids, dosing	Complete evidence update and rewrite, reduce MED to 100 & 50. (Baron, 2006) (Daniell, 2002) (Edlund, 2014) (Franklin, 2005) (Fulton-
07/10/14	Pain	Opioids	Update drug lists (Pederson, 2014)
07/31/14	Formulary	Butalbital combos (barbiturates)	Update: Added combos, No single ingredient, now only available combined with various OTCs

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jun-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/05/14	Eye	Topical tetracaine	New entry: Recommended... (Waldman, 2014)
06/05/14	Knee	Shaving /debridement (articular surface)	New xref: Arthroscopic surgery for osteoarthritis; Chondroplasty; Meniscectomy
06/09/14	Head	Omega-3 fatty acids (EPA/DHA)	New entry: Recommended... (Kumar, 2014) (Barrett, 2014) (Stonehouse, 2013) (Sydenham, 2012)
06/09/14	Head	Cod liver oil	New xref: Omega-3 fatty acids (EPA/DHA)
06/09/14	Head	Fish oil	New xref: Omega-3 fatty acids (EPA/DHA)
06/12/14	Mental	Omega-3 fatty acids (EPA/DHA)	New entry: Recommended... (Amminger, 2010) (Grosso, 2014)
06/12/14	Mental	Botulin injections	New entry: Under study... (Finzi, 2014)
06/12/14	Mental	Injections	New xref: Botulin injections; Ketamine
06/12/14	Mental	Cod liver oil	New xref: Omega-3 fatty acids (EPA/DHA)
06/26/14	Infectious	Vancomycin	New xref: Recommended... Bone & joint infections: osteomyelitis, acute; Skin & soft tissue infections: cellulitis

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/26/14	Infectious	Oritavancin	New xref: Recommended... Skin & soft tissue infections: cellulitis

06/30/14	Formulary	Aripiprazole (Abilify)	New entry: N Drug
06/30/14	Formulary	Olanzapine (Zyprexa)	New entry: N Drug

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/05/14	Knee	Arthroscopic surgery for osteoarthritis	(Marcus, 2002) (Moseley, 2002)
06/05/14	Knee	Meniscectomy	(Marcus, 2002) (Moseley, 2002)
06/05/14	Eye	Medications	Add xrefs: Topical mitomycin C (MMC); Topical tetracaine
06/09/14	Head	Oxygen therapy	(Feldman, 2013) (Murad, 2014) Clarify summary
06/09/14	Head	Medications	Add xref:
06/10/14	Back	XLIF® (eXtreme Lateral Interbody Fusion)	(Barbagallo, 2014)
06/10/14	Back	Fusion, endoscopic	(Barbagallo, 2014) & Add xref: XLIF® (eXtreme Lateral Interbody Fusion)
06/10/14	Back	Corticosteroids (oral/parenteral/IM for low back pain)	(Eskin, 2014) Update rec wording, Patients...
06/10/14	Pain	Functional improvement measures	(FOTO, 2014) (APTA, 2014) (Spectrum, 2014) (PTNow, 2014) (AHRQ, 2014)
06/10/14	Pain	Cannabinoids	(Panzer, 2014)
06/10/14	Pain	Alprazolam (Xanax®)	(SAMHSA, 2014)
06/10/14	Back	Surgery	Add xref: XLIF® (eXtreme Lateral Interbody Fusion)
06/12/14	Mental	Eszopicolone (Lunesta)	(FDA, 2014)
06/12/14	Mental	Ketamine	(Feder, 2014) Add PTSD
06/12/14	Mental	Aripiprazole (Abilify)	(Khanna, 2014) (FDA, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/12/14	Mental	Medications	Add xref: Botulin injections; Eszopicolone (Lunesta); Omega-3 fatty acids (EPA/DHA)

REVISED INFORMATION

Date	Chapter	Section	Change
06/10/14	Pain	Omega-3 fatty acids (EPA/DHA)	Changed name from Cod liver oil (Proudman, 2013) (Yates, 2014)
06/12/14	Mental	Fish oil	Change to xref: Omega-3 fatty acids (EPA/DHA)
06/26/14	Infectious	Skin & soft tissue infections: cellulitis	Recent research: (Boucher, 2014) (Corey, 2014)

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TREATMENT GUIDELINES* UPDATES

May-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
05/15/14	Pain	Tripterygium wilfordii	New xref: Herbal medicines
05/28/14	Head	Progesterone (Prometrium)	New entry: Not recommended...
05/28/14	Head	TMJ Surgery	New entry: Not recommended... (Greene, 2010) (NIH, 2014)
05/28/14	Head	Green tea	New entry: Recommended... (Schmidt, 2014)
05/31/14	Formulary	Opana ER (Oxymorphone ER)	New N drug

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
05/12/14	Back	Shoe insoles/shoe lifts	(Chuter, 2014)
05/12/14	Back	Facet joint diagnostic blocks (injections)	(Cohen, 2014)
05/12/14	Back	Epidural steroid injections (ESIs), therapeutic	(FDA, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
05/12/14	Back	Treatment Planning	Add new CPT Code 95907

05/15/14	Pain	Fibromyalgia syndrome (FMS)	(Clauw, 2014)
05/15/14	Elbow	Viscosupplementation	(Kumai, 2014)
05/15/14	Pain	Herbal medicines	(Lv, 2014)
05/15/14	Elbow	Platelet-rich plasma (PRP)	(Moraes, 2014) (Mishra, 2014)
05/15/14	Pain	Subsys® (fentanyl sublingual spray)	(NYT, 2014)
05/15/14	Pain	H-wave stimulation (HWT)	(Thiese, 2013)
05/15/14	Pain	Naloxone (Narcan®)	(Volkow, 2014)
05/28/14	Head	Botulinum toxin for chronic migraine	(Blumenfeld, 2014)
05/28/14	Head	Migraine pharmaceutical treatment	Add xref: Botulinum toxin for chronic migraine
05/28/14	Head	Complementary and alternative medicine (CAM) for headaches	Add xref: Green tea
05/28/14	Nead	Medications	add xref: Progesterone (Prometrium)
05/28/14	Head	Surgery	Add xref: TMJ Surgery
05/30/14	Neck	Epidural steroid injection (ESI)	(FDA, 2014)
05/30/14	Neck	Fusion, anterior cervical	(Verhagen, 2013) (Yoon, 2013) Clarification: Add Criteria based on existing discussion
05/30/14	Neck	Codes for Automated Approval	Add: 95907, Nerve conduction; 1-2 studies [new code]

REVISED INFORMATION

Date	Chapter	Section	Change
05/15/14	Elbow	Surgery for epicondylitis	Clarification: Replace 6-12 months with after 12 months
05/28/14	Head	Oxygen therapy	Recent research: (Bennett, 2012) (Boussi-Gross, 2013) (Rockswold, 2013) (Efrati, 2014) (Davis, 2014) (Cifu, 2014) (Wolf, 2012) (Walker,

REVISED INFORMATION

Date	Chapter	Section	Change
05/31/14	Formulary	Fentora (Fentanyl buccal)	Generics available

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/09/14	Mental	Eszopicolone (Lunesta)	New entry: Not recommended... (Kripke, 2012)
04/09/14	Mental	Sedative hypnotics	New entry: Not recommended... (Kripke, 2012) (Weich, 2014)
04/09/14	Mental	Lunesta (Eszopicolone)	New xref: Eszopicolone (Lunesta)
04/10/14	Pain	Eszopicolone (Lunesta)	New entry/xref: Not recommended... Xref Mental
04/10/14	Pain	Lunesta (Eszopicolone)	New xref: Eszopicolone (Lunesta)
04/10/14	Pain	Evzio (naloxone)	New xref: Naloxone (Narcan®)
04/10/14	Pain	Opioid provider outreach	Update link to ODG Opioid Flyer
04/14/14	Neck	Disc prosthesis	Recent additional research: (Bakar, 2014) (Lu, 2014)
04/25/14	Shoulder	Radiofrequency of suprascapular nerve	New xref: Nerve blocks
04/25/14	Shoulder	Suprascapular nerve block	New xref: Nerve blocks

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
04/30/14	Formulary	Tivorbex (indomethacin)	New N drug

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
04/09/14	Mental	Insomnia treatment	Add links: sedative-hypnotics; Lunesta; Ambien
04/10/14	Pain	Naloxone (Narcan®)	(Clinical Pharmacology, 2014) (FDA, 2014)
04/10/14	Pain	Opioids, dosing	(Paulozzi, 2012)
04/10/14	Pain	Opioids	Add xref: Buprenorphine
04/10/14	Pain	Opioids, dosing	Buprenorphine: (NHS, 2014) (ASHP, 2014) (Daitch, 2012) (Paulozzi, 2012)
04/25/14	Shoulder	Extracorporeal shock wave therapy (ESWT)	(Bannuru, 2014)
04/25/14	Shoulder	Venous thrombosis	(Chopra, 2013)
04/25/14	Shoulder	Nerve blocks	(Fernandes, 2012) (Lee, 2013) (Adey-Wakeling, 2013) Radiofrequency of suprascapular nerve: (Gofeld, 2013) (Simopoulos, 2012) (Luleci,
04/25/14	Shoulder	Brachial plexus nerve blocks (regional anesthesia)	Add xref: Nerve blocks
04/25/14	Shoulder	Interscalene nerve blocks (regional anesthesia)	Add xref: Nerve blocks
04/25/14	Shoulder	Injections	Add xrefs: Radiofrequency of suprascapular nerve; Suprascapular nerve block

REVISED INFORMATION

Date	Chapter	Section	Change
04/23/14	Explanation of Medical Literature Ratings	Evaluating the Body of Evidence	Clarifications
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NEW CHAPTERS, ENTRIES AND TOPICS

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03/10/14	Pain	SpeedGel RX	New entry: Not recommended... (NIH, 2014)
03/10/14	Pain	Radiofrequency ablation (RFA)	New xref: Facet joint radiofrequency neurotomy
03/10/14	Pain	Rhizotomy	New xref: Facet joint radiofrequency neurotomy
03/10/14	Pain	Homeopathic topicals	New xref: SpeedGel RX
03/18/14	Back	PRICE (pain recovery inventory)	New xref: Psychological screening
03/27/14	Pain	NeuroPhysiologic Pain Profile (NP3)	New entry: Not recommended...
03/27/14	Pain	Auricular electroacupuncture	New entry: Not recommended... (Holzer, 2011) (Zhang, 2014) (Sator-Katzenschlager, 2007)
03/27/14	Pain	Ear-acupuncture	New xref: Auricular electroacupuncture
03/27/14	Pain	P-Stim™ (pulse stimulation treatment)	New xref: Auricular electroacupuncture
03/27/14	Pain	Epidiolex™ (cannabidiol)	New xref: Cannabinoids

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/28/14	Head	Botulinum toxin for chronic migraine	New entry: Recommended... (Dodick, 2009) (FDA, 2010) (Iheanacho, 2011) (NICE, 2012) (Jackson, 2012) (Batty, 2013) (Shamliyan, 2013)

03/28/14	Head	Botulinum toxin for spasticity (following TBI)	New entry: Recommended... (Fock, 2004) (Fransisco, 2002) (Pavesi, 1998) (Smith, 2000) (Verplancke, 2005)
03/28/14	Head	Onabotulinum toxinA (Botox)	New xref: Botulinum toxin
03/31/14	Formulary	Oxycodone ER/acetamin., Xartemis XR	New entry: N
03/31/14	Knee	Robotic assisted knee arthroplasty	New entry: Not recommended... (Yaffe, 2013) (Cheng, 2011) (Cheng, 2012) (Quack, 2012) (Huang, 2013) (ODG, 2014)
03/31/14	Low Back	Surgical assistant	New entry: Recommended... (CMS, 2014)
03/31/14	Shoulder	Reverse shoulder arthroplasty	New entry: Recommended... (Khan, 2011) (Baudi, 2014) (Mata-Fink, 2013)
03/31/14	Knee	Osteochondral allograft (OCA) transplantation	New entry: Recommended... (Sherman, 2014)
03/31/14	Low Back	Laser therapy	New xref:
03/31/14	Knee	Computer-assisted navigation surgery	New xref: Robotic assisted knee arthroplasty
03/31/14	Knee	MAKOplasty arthroplasty	New xref: Robotic assisted knee arthroplasty

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/07/14	Neck	Laser therapy	(Kadhim-Saleh, 2013)
03/10/14	Pain	Tivorbex (indomethacin)	(FDA, 2014)
03/10/14	Pain	Zorvolex (diclofenac)	(FDA, 2014)
03/10/14	Pain	Polysomnography	(Littner, 2003) Add Not recommended for… Add (6) to Criteria
03/10/14	Pain	Insomnia	(McBeth, 2014) Add Recommend…
03/10/14	Pain	Indomethacin (Indocin®, Indocin SR®)	Add xref: Tivorbex (indomethacin)
03/10/14	Pain	Diclofenac	Add xref: Zorvolex (diclofenac)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/10/14	Pain	NSAIDs, specific drug list & adverse	Add xrefs: Tivorbex (indomethacin); Zorvolex (diclofenac)
03/14/14	Mental	Depression: effect on heart health	(Brunner, 2014)
03/14/14	Mental	Insomnia	(McBeth, 2014) Add Recommend…
03/18/14	Pain	Hydrocodone/ Acetaminophen (e.g., Vicodin®, L	(DEA, 2014) (Chang, 2014)
03/18/14	Back	Yoga	(Diaz, 2013) (Holtzman, 2013) (Sherman, 2013)
03/18/14	Pain	Xartemis XR (oxycodone & acetaminophen)	(FDA, 2014)

03/18/14	Back	Discectomy/laminectomy	(Lurie, 2014)
03/18/14	Back	Psychological screening	(Shaw, 2013)
03/18/14	Pain	Opioids, dosing	Add Methadone, <21mg per day - 4; 21 to 40mg per day - 8
03/18/14	Pain	Opioids, dosing	Add xref: ODG Opioid MED Calculator
03/18/14	Back	Psychological screening	Add xref: STarT Back Screening Tool (SBST)
03/25/14	Hip	Arthroscopy	(Register, 2012)
03/25/14	Hip	Repair of labral tears	(Register, 2012)
03/25/14	Hip	Causality (determination)	(Register, 2012) (Hill, 1965)
03/25/14	Hip	Arthrography	(Register, 2012) (Sundberg, 2006) (Smith, 2011)
03/25/14	Hip	MRI (magnetic resonance imaging)	(Register, 2012) (Sundberg, 2006) (Smith, 2011)
03/26/14	Ankle	Radiography	(Osborne, 2006) Update criteria: plantar fasciitis
03/26/14	Ankle	X-Ray	Add xref: Radiography
03/27/14	Pain	Tivorbex (indomethacin)	(Clinical Pharmacology, 2014)
03/27/14	Pain	Xartemis XR (oxycodone & acetaminophen)	(Clinical Pharmacology, 2014)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/27/14	Pain	Zorvolex (diclofenac)	(FDA, 2013)
03/27/14	Neck	Laser therapy	(Gross, 2013)
03/27/14	Neck	Disc prosthesis	(HCUP, 2014)
03/28/14	Head	Hearing aids	(CMS, 2014)
03/28/14	Head	Chronic traumatic encephalopathy (CTE)	(Gardner, 2014)
03/28/14	Head	Concussion/mTBI assessment	(Moyer, 2014)
03/31/14	Low Back	Low level laser therapy (LLLT)	(Alayat, 2013)
03/31/14	Knee	Restless legs syndrome (RLS)	(Allen, 2014)
03/31/14	Knee	ACL injury rehabilitation	(Grant, 2013)
03/31/14	Low Back	Disc prosthesis	(HCUP, 2014)
03/31/14	Knee	Stem cell autologous transplantation	(Vangsness, 2014)

03/31/14	Shoulder	Arthroplasty (shoulder)	Add criteria: (Duan, 2013) (Carter, 2012) (Singh, 2011)
03/31/14	Low Back	Behavioral treatment	Add updated ODG Psychotherapy Guidelines from Mental Chapter
03/31/14	Neck	Cognitive behavioral rehabilitation	Add updated ODG Psychotherapy Guidelines from Mental Chapter
03/31/14	Shoulder	Venous thrombosis	Add xref: Compression garments
03/31/14	Knee	Venous thrombosis	Add xref: Lymphedema pumps
03/31/14	Shoulder	Surgery	Add xref: Reverse shoulder arthroplasty
03/31/14	Knee	Surgery	Add xref: Robotic assisted knee arthroplasty; Osteochondral allograft (OCA) transplantation
03/31/14	Knee	Compression garments	Add xref: Venous thrombosis
03/31/14	Shoulder	Compression garments	Add xref: Venous thrombosis

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/31/14	Formulary	Buprenorphine SL tab pain	Bupren., Yes, N
03/31/14	Formulary	Buprenorphine SL tab detox	Bupren., Yes, Y
03/31/14	Formulary	Buprenorphine/Naloxone SL tab for pain	Bupren/Nalox, Yes, N
03/31/14	Formulary	Buprenorphine/Naloxone SL tab for detox	Bupren/Nalox, Yes, Y
03/31/14	Formulary	Buprenorphine inj. for pain	Buprenex®, Yes, N
03/31/14	Formulary	Buprenorphine inj. for detox	Buprenex®, Yes, Y
03/31/14	Formulary	Buprenorphine transdermal	Butrans™, No, N

REVISED INFORMATION

Date	Chapter	Section	Change
03/07/14	Neck	Disc prosthesis	Complications: (Hacker, 2013)
03/07/14	Neck	Manipulation	Thoracic spine manipulation for neck pain: (Walser, 2009) (Puentedura, 2011) (Dunning, 2012) (Martinez-Segura, 2012) (Masaracchio, 2013)
03/14/14	Mental	Insomnia treatment	Cognitive therapy for insomnia: (McCrae, 2014) (Carney, 2014) ODG Psychotherapy Guidelines
03/14/14	Mental	Cognitive therapy for PTSD	Number of psychotherapy sessions: (Butler, 1995) (Ward, 2000) (Leichsenring, 2001) General re-write and clarification of Criteria (ie, 6
03/14/14	Mental	CAA	Update 90806 to 13 from 6
03/14/14	Mental	Cognitive behavioral therapy (CBT)	Update ODG Psychotherapy Guidelines
03/14/14	Mental	Cognitive therapy for depression	Update ODG Psychotherapy Guidelines

03/14/14	Mental	PTSD psychotherapy interventions	Update ODG Psychotherapy Guidelines
03/18/14	Back	Facet joint radiofrequency neurotomy	Current research: (ASA, 2014)
03/18/14	Pain	Opioids, dosing	Recent research: (DiBenedetto, 2014)
03/18/14	Back	Epidural steroid injections (ESIs), therapeutic	Transforaminal approach: (Chien, 2014)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
03/18/14	Pain	Behavioral interventions	Update ODG Psychotherapy Guidelines from Mental Chapter
03/25/14	Hip	Viscosupplementation	Update to Recommended... Recent research: (Migliore, 2012)
03/26/14	Fitness	Functional capacity evaluation (FCE)	Recent research: (Gross, 2013) Update recommendation
03/27/14	Pain	Opioids, dosing	Clarification: methadone consistency with MED Calculator
03/27/14	Neck	Manipulation	Clarification: Not specify auto separately, but "apply to cervical strains, sprains, whiplash (WAD), acceleration/deceleration injuries, motor
03/27/14	Pain	Cannabinoids	Under study for epilepsy (Robson, 2014)
03/28/14	Head	Cognitive therapy	ODG Psychotherapy Guidelines: Make consistent with Mental Chapter updates
03/31/14	Formulary	Gabitril	Generics available
03/31/14	Formulary	Lamictal ER	Generics available
03/31/14	Formulary	Provigil	Generics available
03/31/14	Knee	Cognitive therapy for amputation	Make consistent with updated ODG Psychotherapy Guidelines in Mental Chapter
03/31/14	Formulary	Add new link	ODG Opioid MED Calculator
03/31/14	Knee	Compression garments	Recent research: (Kahn, 2014)
03/31/14	Formulary	Buprenorphine/Naloxone SL film for pain	Suboxone®, No, N
03/31/14	Formulary	Buprenorphine/Naloxone SL film for detox	Suboxone®, No, Y
03/31/14	Formulary	Buprenorphine	Update mix of products with recent FDA approvals, existing 5 listings become 11:
03/31/14	Formulary	Buprenorphine/Naloxone SL tab for pain	Zubsolv, No, N
03/31/14	Formulary	Buprenorphine/Naloxone SL tab for detox	Zubsolv, No, Y
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Feb-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/13/14	Back	SpineJet (HydroCision)	New entry: Not recommended. (Huh, 2010) (FDA, 2003)
02/13/14	Back	rhBMP-2	New xref: Bone-morphogenetic protein (BMP)
02/13/14	Back	Radiofrequency ablation (RFA)	New xref: Facet joint radiofrequency neurotomy
02/13/14	Back	Rhizotomy	New xref: Facet joint radiofrequency neurotomy
02/13/14	Back	PILD (percutaneous image guided lumbar decompression)	New xref: Mild® (minimally invasive lumbar decompression)
02/13/14	Back	Hydrosurgery	New xref: SpineJet (HydroCision)
02/13/14	Back	Spinal augmentation	New xref: Vertebroplasty; Kyphoplasty
02/14/14	Elbow	ASTYM therapy	New entry: Not recommended. (Stover, 2010)
02/14/14	Elbow	TX1 (Tenex)	New entry: Recommended... (Koh, 2013)
02/14/14	Elbow	Ulnar collateral ligament (UCL) reconstruction	New entry: Recommended... (Watson, 2013) (Hechtman, 2011) (Cain, 2010) (Vitale, 2008)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/14/14	Elbow	Tommy John surgery	New xref: Ulnar collateral ligament (UCL) reconstruction

02/17/14	Eye	Laser vision correction	New entry: Recommended... (Shortt, 2013) (FDA, 2013) (DOD, 2013)
02/17/14	Eye	LASIK surgery	New xref: Laser vision correction
02/17/14	Eye	PRK	New xref: Laser vision correction
02/17/14	Eye	Refractive eye surgery	New xref: Laser vision correction
02/18/14	Forearm	Platelet-rich plasma (PRP)	New entry: Not recommended...
02/18/14	Forearm	Intralesional steroid injections	New entry: Recommended... (Hayashi, 2012) (Williams, 2011) (Richards, 2010)
02/18/14	Forearm	Nonunions of distal phalanx	New entry: Recommended... (Ozçelik, 2009)
02/18/14	Forearm	Reconstruction of nail bed (prosthetic nail)	New entry: Recommended... (Tos, 2012) (Rai, 2014) (Hwang, 2013)
02/18/14	Burns	Platelet-rich plasma (PRP)	New entry: Under study. (Marck, 2014) (Pallua, 2010)
02/18/14	Forearm	Prosthetic nail	New xref: Reconstruction of nail bed (prosthetic nail)
02/18/14	Forearm	Extensor tendon repairs	New xref: Tendon repairs
02/20/14	Diabetes	Surgical decompression for diabetic neuropathy	New entry: Not recommended... (Nickerson, 2014) (Chaudhry, 2008) (Chaudhry, 2006)
02/21/14	Infectious	Antimicrobial prophylaxis, dental procedures (after total joint replacements)	New entry: Not recommended... (Enzler, 2011) (Berbari, 2010)
02/21/14	Infectious	Needle stick, post-exposure prophylaxis (PEP)	New entry: Recommend... (HRSA, 2005) (CDC, 2013)
02/21/14	Infectious	Simeprevir (Olysio™)	New entry: Recommended... (Hayashi, 2014) (IFDA, 2014)
02/21/14	Infectious	Sofosbuvir (Sovaldi™)	New entry: Recommended... (Lawitz, 2013) (Jacobson, 2013) (IFDA, 2014)
02/21/14	Infectious	Lariam® (Mefloquine)	New xref: Mefloquine (Lariam®)
02/21/14	Infectious	Olysio™ (simeprevir)	New xref: Simeprevir (Olysio™)
02/21/14	Infectious	Sovaldi™ (sofosbuvir)	New xref: Sofosbuvir (Sovaldi™)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/24/14	Pulmonary	FeNO (fractional exhaled nitric oxide)	New entry: Recommend... (Dweik, 2011)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
02/13/14	Back	Preoperative testing, general	(AHRQ, 2014)
02/13/14	Back	Mild® (minimally invasive lumbar decompression)	(CMS, 2013)
02/13/14	Back	Bone-morphogenetic protein (BMP)	(Hurlbert, 2013)

02/13/14	Back	Kyphoplasty	(McCullough, 2013)
02/13/14	Back	Vertebroplasty	(McCullough, 2013)
02/13/14	Back	Percutaneous decompression	Add xref: Mild® (minimally invasive lumbar decompression)
02/13/14	Back	Surgery	Add xref: SpineJet (HydroCision)
02/14/14	Elbow	Autologous blood injection	(Krogh, 2013)
02/14/14	Elbow	Botulinum toxin injection	(Krogh, 2013)
02/14/14	Elbow	Injections (corticosteroid)	(Krogh, 2013)
02/14/14	Elbow	Prolotherapy	(Krogh, 2013)
02/14/14	Elbow	Viscosupplement-ation	(Krogh, 2013)
02/14/14	Elbow	Exercise	(Murtaugh, 2013)
02/14/14	Elbow	Platelet-rich plasma (PRP)	(Podesta, 2013) (Krogh, 2013)
02/14/14	Elbow	Augmented soft tissue mobilization (ASTM)	Add xref: ASTYM therapy; Graston instrument assisted technique (manual therapy)
02/14/14	Elbow	Surgery	Add xref: Ulnar collateral ligament (UCL) reconstruction; TX1 (Tenex)
02/14/14	Elbow	Physical therapy	Add xrefs:

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
02/17/14	Eye	Surgery	Add xrefs: Laser vision correction; LASIK surgery; PRK; Refractive eye surgery
02/18/14	Hernia	Laparoscopic repair (surgery)	(Liang, 2013)
02/18/14	Hernia	Ventral hernia repair	(Liang, 2013)
02/18/14	Forearm	Injection	Add xref: Intralesional steroid injections; Platelet-rich plasma (PRP)
02/18/14	Burns	Wound care	Add xref: Platelet-rich plasma (PRP)
02/18/14	Forearm	Flexor tendon repairs	Add xref: Tendon repairs
02/18/14	Forearm	Surgery	Add xrefs: Extensor tendon repairs; Nonunions of distal phalanx; Prostheses (artificial limbs); Reconstruction of nail bed (prosthetic nail)
02/20/14	Diabetes	Vitamin D	(Autier, 2014)
02/20/14	Diabetes	Bariatric surgery	(Chang, 2013)
02/20/14	Diabetes	Sulfonylurea	(Currie, 2013)
02/20/14	Diabetes	Hypertension treatment	(James, 2014)

02/20/14	Diabetes	Prediabetes screening	(Lerner, 2013)
02/20/14	Carpal Tunnel	Causation (determination)	(Mediouni, 2014)
02/20/14	Carpal Tunnel	Work	(Mediouni, 2014)
02/20/14	Diabetes	Metformin (Glucophage)	(Moore, 2013) Anticancer effects of metformin: (Mamtani, 2014)
02/20/14	Diabetes	Statins	(Stone, 2014)
02/20/14	Diabetes	Diet	(Virtanen, 2014) (Lian, 2014) (Bao, 2013) (Allen, 2013)
02/20/14	Ankle	Injections (corticosteroid)	Achilles tendonitis: (Metcalfe, 2009) (Gross, 2013)
02/20/14	Ankle	Platelet-rich plasma (PRP)	Add xref: Injections (corticosteroid)
02/20/14	Diabetes	Surgery	Add xref: Surgical decompression for diabetic neuropathy

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
02/21/14	Infectious	Hepatitis C virus (HCV)	(IFDA, 2014) (Lawitz, 2013) (Jacobson, 2013) (Hayashi, 2014)
02/21/14	Infectious	Azithromycin (Zithromax®)	(Lex, 2014)
02/21/14	Infectious	Bone & joint infections: prosthetic joints	(Masters, 2013)
02/21/14	Infectious	Bone & joint infections: prosthetic joints	Add xref: Antimicrobial prophylaxis, dental procedures (after total joint replacements)
02/21/14	Infectious	Hepatitis C virus (HCV)	Add xref: Sofosbuvir (Sovaldi™); Simeprevir (Olysio™)
02/24/14	Pulmonary	Prednisone (Deltasone®)	Add Recommended for COPD: (Vestbo, 2013)

REVISED INFORMATION

Date	Chapter	Section	Change
02/13/14	Back	Return to work	Normal course of recovery: (Wynne-Jones, 2013)
02/13/14	Back	Epidural steroid injections (ESIs), therapeutic	Patient selection: (Brummett, 2013)
02/13/14	Back	Treatment Planning	Update Return-To-Work Pathways
02/14/14	Elbow	Surgery for epicondylitis	Change to Recommended... from Under study. Add criteria. Recent research: (Tosti, 2013) (Behrens, 2012) (Yeoh, 2012)
02/18/14	Hernia	Surgery	Clarification: Criteria added
02/20/14	ODG Appendix B	General update	
02/21/14	Infectious	Pegylated interferons (Peg-IFNs)	Change to Not recommended. (IFDA, 2014)
02/21/14	Infectious	Ribavirin (RBV)	Change to Not recommended. (IFDA, 2014)

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Division of Workers' Compensation

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Jan-14

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/07/14	Pain	Dry needling	New xref: Acupuncture; Trigger point injections (TPIs); Percutaneous needle tenotomy (PNT)
01/07/14	Knee	Cold compression therapy	New xref: Game Ready™ accelerated recovery system
01/07/14	Pain	Autonomic nervous system function testing	New xref: Not recommended... CRPS, diagnostic tests
01/07/14	Pain	QSART	New xref: Not recommended... CRPS, diagnostic tests
01/07/14	Pain	Sudomotor axon reflex test	New xref: Not recommended... CRPS, diagnostic tests
01/13/14	Mental	Emotional freedom techniques (EFT)	New entry: Recommended... (Stapleton, 2013) (Church, 2013) (Church, 2012) (Karatzias, 2011) (Feinstein, 2012)
01/13/14	Mental	Psychobiotics	New entry: Under study... (Dinan, 2013)
01/13/14	Mental	MDMA (ecstasy)	New entry: Under study... (Mithoefer, 2013)
01/13/14	Mental	Ketamine	New entry: Under study... (Murrough, 2013)
01/13/14	Mental	Self-directed CBT	New xref: Bibliotherapy; Computer-assisted cognitive therapy

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/13/14	Mental	Thought field therapy (TFT)	New xref: Emotional freedom techniques (EFT)

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
01/07/14	Pain	Manual therapy & manipulation	(Haas, 2013)
01/07/14	Pain	Polysomnography	(Kuna, 2011)
01/07/14	Knee	Chronic pain programs	(Mayer, 2013)
01/07/14	Pain	Weaning, opioids (specific guidelines)	(Sigmon, 2013)
01/07/14	Pain	Cannabinoids	(Smith, 2013)
01/07/14	Pain	Buprenorphine for opioid dependence	Add xref: Weaning, opioids (specific guidelines)
01/09/14	Knee	Meniscectomy	(Sihvonen, 2013) (Yim, 2013) Update recommendation
01/09/14	Knee	Anterior cruciate ligament (ACL) reconstruction	Age: (Legnani, 2011) (Gee, 2013) (Brown, 2013) (Desai, 2013)
01/13/14	Mental	Mind/body interventions (for stress relief)	(Goyal, 2014)
01/13/14	Mental	Cognitive therapy for PTSD	(Levy-Gigi, 2013) Clarification: Change objective functional improvement to symptom improvement
01/13/14	Mental	Acupuncture	Add xref: Emotional freedom techniques (EFT)
01/13/14	Mental	Medications	Add xref: Ketamine; MDMA (ecstasy); Psychobiotics
01/13/14	Mental	Cognitive therapy for PTSD	Number of psychotherapy sessions: (URA, 2014) (Cuijpers, 2013) (Nieuwsma, 2012) (Crits-Christoph, 2001) (Hayes, 2007) (Gunlicks-
01/20/14	Shoulder	Codes for Automated Approval	Add: 810 Fracture of clavicle
01/20/14	Knee	Hyaluronic acid injections	Typo: include/ unclude
01/20/14	Carpal Tunnel	Treatment Planning	Update Return-To-Work Pathways, also in RTW guides
01/20/14	Shoulder	Treatment Planning	Update Return-To-Work Pathways, also in RTW guides
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
01/22/14	RTW	Disability Duration guidelines	Annual update
01/27/14	Preface	All sections	Annual update
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
01/07/14	Pain	CRPS, pathophysiology (clinical presentation & diagnostic criteria)	Clarfication: CRPS-I (previously referred to as reflex sympathetic dystrophy RSD); CRPS-II (previously referred to as causalgia); CRPS
01/07/14	Pain	Progressive goal attainment program (PGAP™)	Clarification: kinesiologists, nurses, rehabilitation counselors and psychologists; and other debilitating health conditions

01/07/14	Pain	Functional MRI	Clarification: May be appropriate in a research setting
01/07/14	Pain	Electrodiagnostic testing (EMG/NCS)	Clarification: Surface EMG is not recommended
01/07/14	Pain	Opioids, dosing	Clarification: Tapentadol; Tramadol
01/07/14	Pain	GABAdone™	Clarification: Was an xref, now repeat Not recommended
01/07/14	Pain	Gabapentin (Neurontin®)	Clarification: Was an xref, now repeat Recommended for neuropathic pain
01/07/14	Pain	Chronic pain programs (functional restoration programs)	Knee (and other lower extremity disorders): (Mayer, 2013)
01/07/14	Knee	Functional restoration programs (FRPs)	Make xref: Chronic pain programs
01/09/14	Knee	Hyaluronic acid injections	Clarification: Remove reference to American College of Rheumatology (ACR) criteria
01/09/14	Knee	Amniotic membrane allograft (AmnioFix)	New entry: Not recommended
01/13/14	Mental	Cognitive therapy for depression	Clarification: Change objective functional improvement to symptom improvement (Crits-Christoph, 2001)
01/13/14	Mental	PTSD psychotherapy interventions	Clarification: Change objective functional improvement to symptom improvement (Crits-Christoph, 2001)
01/13/14	Mental	Cognitive behavioral therapy (CBT)	Clarification: Change objective functional improvement to symptom improvement, cut weeks (Crits-Christoph, 2001)
01/20/14	Carpal Tunnel	Treatment Planning	Clarification: Carpal Tunnel Release is recommended with Symptoms/findings of severe CTS, plus Positive electrodiagnostic testing
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/16/13	Neck	Infuse® bone graft	New xref: Bone-morphogenetic protein (BMP)
12/19/13	Ankle	Focal joint resurfacing	New entry: Recommended... (Kline, 2013) (Erdil, 2012) (Aslan, 2012)
12/19/13	Ankle	Vacuum-assisted closure wound-healing	New entry: Recommended... (Xie, 2010)
12/19/13	Ankle	Arthrosurface HemiCAP	New xref: Focal joint resurfacing
12/19/13	Ankle	Negative pressure wound therapy (NPWT)	New xref: Vacuum-assisted closure wound-healing
12/27/13	Back	Dry hydrotherapy (hydromassage, aquamassage, water massage)	New entry: Not recommended.
12/27/13	Shoulder	IntelliSkin posture garments	New entry: Not Recommended..
12/27/13	Shoulder	Cold compression therapy	New entry: Not recommended...
12/27/13	Shoulder	Compression garments	New entry: Not recommended... (Edgar, 2012) (Saleh, 2013) (Madhusudhan, 2013)
12/27/13	Shoulder	Percutaneous needle tenotomy (PNT)	New entry: Not recommended... (Kietrys, 2013) (Cagnie, 2013) (McShane, 2006)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/27/13	Back	Teriparatide (Forteo)	New entry: Recommended... (Su, 2013) (Tu, 2012)

12/27/13	Shoulder	Adhesive capsulitis (frozen shoulder)	New xref: Acupuncture; Arthroscopic release of adhesions; Capsular release (arthroscopic); Continuous passive motion (CPM);
12/27/13	Shoulder	Frozen shoulder	New xref: Adhesive capsulitis (frozen shoulder)
12/27/13	Back	AquaMED	New xref: Dry hydrotherapy (hydromassage, aquamassage, water massage)
12/27/13	Shoulder	Patient-actuated serial stretch (PASS)	New xref: ERMI Flexionater®/ Extensionater®; Flexionators (extensionators)
12/27/13	Shoulder	Dry needling	New xref: Percutaneous needle tenotomy (PNT)
12/27/13	Shoulder	Brachial plexus nerve blocks (regional anesthesia)	New xref: Regional anesthesia (for shoulder surgeries)
12/27/13	Shoulder	Interscalene nerve blocks (regional anesthesia)	New xref: Regional anesthesia (for shoulder surgeries)
12/27/13	Shoulder	Labrum tear surgery	New xref: See Surgery for SLAP lesions; Bankart repairs
12/27/13	Shoulder	Tests	New xref: Shoulder physical exam tests
12/27/13	Shoulder	Joint active system (JAS) splints	New xref: Static progressive stretch (SPS) therapy
12/27/13	Shoulder	Capsular release (arthroscopic)	New xref: Surgery for adhesive capsulitis

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
12/04/13	Back	Education	(Darlow, 2013)
12/09/13	Hip	Arthroplasty	(Hunt, 2013) Clarification: Add Exercise to Conservative Criteria (from Knee Arthroplasty)
12/09/13	Hip	Percutaneous sacroiliac joint fusion	(Shaffrey, 2013) (Rudolf, 2012) (Mason, 2013) (Sachs, 2013) (Kim, 2013) (Khurana, 2009)
12/09/13	Hip	Exercise	(Williams, 2013)
12/09/13	Hip	Surgical management	Add xref: Total hip resurfacing

NEW OR UPDATED REFERENCES

12/16/13	Neck	Bone-morphogenetic protein (BMP)	(Fu, 2013)
12/16/13	Neck	Ultrasound, diagnostic (imaging)	(Park, 2013)
12/19/13	Ankle	Arthroplasty (total ankle replacement)	Add xref: Focal joint resurfacing
12/19/13	Ankle	Surgery	Add xref: Focal joint resurfacing
12/27/13	Back	Nerve conduction studies (NCS)	(Charles, 2013)
12/27/13	Shoulder	Surgery for adhesive capsulitis	(Grant, 2013) Add xref: Manipulation under anesthesia (MUA)

12/27/13	Shoulder	Manipulation under anesthesia (MUA)	(Sokk, 2013) (Ghosh, 2012) (Grant, 2013) Add xref: Surgery for adhesive capsulitis; Knee
12/27/13	Back	Massage	Add xref: Dry hydrotherapy (hydromassage, aquamassage, water massage)
12/27/13	Shoulder	Injections	Add xref: Dry needling; Percutaneous needle tenotomy (PNT)
12/27/13	Shoulder	Surgery	Add xref: Manipulation under anesthesia (MUA)
12/27/13	Back	Vertebroplasty	Add xref: Teriparatide (Forteo)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/04/13	Back	Interspinous decompression device (X-Stop®)	Overall update & summary, Recent research: (Strömqvist, 2013) (Deyo, 2013) (Tuschel, 2013)
12/09/13	Hip	Total hip resurfacing	Change to Recommended... Add Criteria (Issa, 2013)
12/09/13	Hip	Sacroiliac joint fusion	General update: (O'Shea, 2010) (Hancock, 2007) (Manchikanti, 2013) (Shaffrey, 2013) (Spiker, 2012) (Schütz, 2006) (Rudolf, 2012) (Mason,
12/16/13	Neck	Discography	Correction: Move after Discectomy (alphabetize)
12/16/13	Neck	Discectomy-laminectomy-laminoplasty	Surgery versus nonoperative care: (Engquist, 2013)
12/27/13	Shoulder	Hyaluronic acid injections	Change to Not recommended from Under study; Recent research: (Maund, 2012) (Kwon, 2013)
12/27/13	Back	Epidural steroid injections (ESIs), therapeutic	Change: Not recommended for spinal stenosis; For spinal stenosis: (Radcliff, 2013) (Bresnahan, 2013) (Koc, 2009) (Chou, 2008)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/27/13	Back	Return to work	Normal course of recovery: (Itz, 2013)
12/27/13	Back	Manipulation	Number of Vists: (Haas, 2013)
12/27/13	Back	Epidural steroid injections (ESIs), therapeutic	Recent research: (Bicket, 2013) (Choi, 2013)
12/27/13	Shoulder	Surgery for SLAP lesions	Recent research: (Huang, 2013) (Mok, 2012) (Boesmueller, 2012) (Schrøder, 2012) (Onyekwelu, 2012) (Denard, 2012)
12/27/13	Back	Epidural steroid injections (ESIs), therapeutic	With discectomy: (Manchikanti, 2012)
12/31/13	Formulary	Duloxetine, Cymbalta®	Update GE to Yes
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/12/13	Fitness for Duty	Public safety jobs	New xref: Firefighters; Military; Police officers
11/12/13	Fitness for Duty	BiomTec	New xref: Functional capacity evaluation (FCE)
11/12/13	Fitness for Duty	Comprehensive muscular activity profiler (CMAPPro™)	New xref: Functional capacity evaluation (FCE)
11/12/13	Fitness for Duty	Law enforcement officers (LEO)	New xref: Police officers
11/14/13	Pain	Zohydro	New xref: Hydrocodone. Not recommended
11/18/13	Head	Diffusion tensor imaging (DTI)	New entry: Not recommended... (Aoki, 2012) (Hulkower, 2013) (Wortzel, 2011) (Davis, 2012)
11/18/13	Mental	Vagus nerve stimulation (VNS)	New entry: Not recommended... (Nahas, 2006) (Martin, 2012) (CMS, 2013)
11/18/13	Head	Working memory training	New entry: Not recommended... (Zickefoose, 2013) (Sternberg, 2013) (Redick, 2013) (Melby-Lervåg, 2013)
11/18/13	Mental	Bibliotherapy	New entry: Recommended... (Burns, 1999) (Naylor, 2010) (Usher, 2013) (Moldovan, 2012) (Smith, 1997)
11/18/13	Head	Computerized dynamic posturography (CDP)	New entry: Recommended... (Kaufman, 2006)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/18/13	Head	Balance disorder testing	New xref: Computerized dynamic posturography (CDP); Vestibular studies

11/18/13	Head	Games	New xref: Lumosity; Nintendo virtual reality Wii gaming system (for brain damage); Working memory training
11/18/13	Mental	Complex regional pain syndrome (CRPS)	New xref: Pain, CRPS (complex regional pain syndrome)
11/18/13	Mental	Melatonin	New xref: Recommended...
11/18/13	Head	Brain games	New xref: Working memory training
11/18/13	Head	Cogmed	New xref: Working memory training
11/18/13	Head	Lumosity	New xref: Working memory training. Not recommended...
11/21/13	Knee	ARP wave therapy	New xref: Not recommended: Electrical stimulators (E-stim)
11/21/13	Knee	Rehab, inpatient	New xref: Skilled nursing facility (SNF) care
11/21/13	Knee	Hot tub	New xref: Whirlpool bath equipment
11/26/13	Knee	Focal joint resurfacing	New entry: Not recommended... (Becher, 2011) (Bollars, 2012) (Brennan, 2013)
11/26/13	Knee	Arthrosurface HemiCAP™/ UniCAP™	New xref: Focal joint resurfacing
11/26/13	Knee	Balneotherapy	New xref: Whirlpool bath equipment
11/29/13	Knee	Tendon laceration repair surgery	New entry: Recommended... (Ballard, 2013) (Al-Qattan, 2007)
11/29/13	Knee	Incision & drainage	New entry: Recommended... (Macfie, 1977) (Stewart, 1985)
11/29/13	Knee	Revision total knee arthroplasty	New entry: Recommended... (NIH, 2003) (Singh, 2013)
11/29/13	Knee	Gralise (gabapentin enacarbil ER)	New xref Restless legs syndrome (RLS)
11/29/13	Knee	Incision of hematoma	New xref: Incision & drainage
11/29/13	Knee	Wedge insoles	New xref: Insoles
11/29/13	Knee	Negative pressure wound therapy (NPWT)	New xref: Vacuum-assisted closure wound-healing

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/30/13	Formulary	Hydrocodone ER, Zohydro	New entry: Status N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/12/13	Fitness for Duty	Firefighters	(Hong, 2013)
11/12/13	Fitness for Duty	Drug use	Add xref: Pain Chapter
11/12/13	Fitness for Duty	Firefighters	Add xref: Police officers

11/12/13	Fitness for Duty	Pulmonary testing	Add xref: Pulmonary Chapter
11/14/13	Pain	Hydrocodone (Vicodin®, Lortab®)	(FDA, 2013) (FDA, 2013a)
11/18/13	Head	Concussion/mTBI (mild traumatic brain injury)	(Anderson, 2006) (APA, 2013)
11/18/13	Head	Concussion/mTBI treatment	(APA, 2013)
11/18/13	Head	Post-concussion syndrome	(APA, 2013)
11/18/13	Head	TBI definition (traumatic brain injury)	(APA, 2013)
11/18/13	Head	TBI (traumatic brain injury)	(APA, 2013) (CDC, 2013) (Anderson, 2006)
11/18/13	Mental	Atypical antipsychotics	(APA, 2013) (Jin, 2013)
11/18/13	Mental	Work	(Burgard, 2013)
11/18/13	Head	Medications	(Heyer, 2013)
11/18/13	Mental	Zolpidem	(Kaestner, 2013)
11/18/13	Head	Vestibular studies	(Kaufman, 2006)
11/18/13	Mental	Mind/body interventions (for stress relief)	(Kim, 2013)
11/18/13	Mental	Cognitive therapy for depression	(Stangier, 2013)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/18/13	Head	Sleep aids	(Weber, 2013)
11/18/13	Mental	Antipsychotics	Add xref: Atypical antipsychotics
11/18/13	Mental	Cognitive therapy for depression	Add xref: Bibliotherapy
11/18/13	Head	Imaging	Add xref: Diffusion tensor imaging (DTI)
11/18/13	Head	MRI (magnetic resonance imaging)	Add xref: Diffusion tensor imaging (DTI)
11/18/13	Mental	Insomnia treatment	Add xref: Sentra PM™
11/18/13	Mental	Work	Add xref: Stress & atherosclerosis (effect); Stress & blood pressure (effect); Stress & cancer (effect); Stress & depression (effect); Stress &
11/21/13	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(AAOS, 2013) (Sawitzke, 2010)
11/21/13	Knee	Exercise	(Messier, 2013)
11/21/13	Knee	Physical medicine treatment	823 - Fracture of tibia and fibula, Medical treatment: 12-18 visits over 8 weeks
11/21/13	Knee	Durable medical equipment (DME)	Add xref: Whirlpool bath equipment

11/26/13	Knee	Unloader braces for the knee	(Gravlee, 2007) (Hungerford, 2013)
11/26/13	Knee	Whirlpool bath equipment	Add xref: Aquatic therapy
11/26/13	Knee	Electrical stimulators (E-stim)	Add xref: BioniCare® knee device
11/26/13	Knee	TENS (transcutaneous electrical nerve stimulation)	Add xref: BioniCare® knee device
11/26/13	Knee	Surgery	Add xref: Focal joint resurfacing
11/29/13	Knee	Restless legs syndrome (RLS)	(FDA, 2011)
11/29/13	Knee	Platelet-rich plasma (PRP)	(Halpern, 2013)
11/29/13	Knee	Insoles	(Parkes, 2013)
11/29/13	Knee	Surgery	Add xref: Incision & drainage; Manipulation under anesthesia (MUA); Revision total knee arthroplasty; Tendon laceration repair surgery
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
11/29/13	Knee	Physical medicine treatment	Add: Articular cartilage disorder; chondral defects (ICD9 718.0), Post-surgical (Chondroplasty, Microfracture, OATS)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
11/18/13	Mental	Acupuncture	Change to Recommended from Under study: Recent research: (MacPherson, 2013)
11/18/13	Head	Treatment Planning	Postconcussion Syndrome: Update for DSM-IV (Anderson, 2006) (APA, 2013) (Carr, 2007)
11/21/13	Knee	Whirlpool bath equipment	Recommended... (CMS, 2013)
11/26/13	Knee	BioniCare® knee device	Recent research: (Hungerford, 2013) xref: Unloader braces for the knee
11/29/13	Knee	Manipulation under anesthesia (MUA)	Change to Recommended from Under study: (Pivec, 2013)
11/29/13	Knee	Vacuum-assisted closure wound-healing	Change to Recommended from Under study: Recent research: (Xie, 2010)
11/29/13	Knee	Hyaluronic acid injections	More detail from (AAOS, 2013)
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Oct-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/06/13	Pain	Zubsolv (buprenorphine/ naloxone)	New xref: Buprenorphine
10/06/13	Pain	Cytochrome p450 testing	New xref: Cytokine DNA testing
10/06/13	Pain	Mindfulness meditation	New xref: Yoga & Mindfulness meditation
10/06/13	Pain	Opioids, long-acting	Not recommended... New xref: Opioids for chronic pain (FDA, 2013)
10/08/13	Back	Infuse® bone graft	New xref: Bone-morphogenetic protein (BMP)
10/08/13	Back	Recombinant bone morphogenetic protein	New xref: Bone-morphogenetic protein (BMP)
10/09/13	Back	Hyperstimulation analgesia	New entry: Not recommended... (Gorenberg, 2013) (Gorenberg, 2011)
10/09/13	Back	Discoblocks	New xref: Functional anesthetic discography (FAD)
10/09/13	Back	Sacroiliac joint fusion	New xref: Hip
10/09/13	Back	Localized high-intensity neurostimulation	New xref: Hyperstimulation analgesia

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/14/13	Pain	CRPS, diagnostic tests	New entry: Recommend... (Aker, 2008) (Harden, 2013) (Pankaj, 2006) (Wüppenhorst, 2010) (Moon 2012) (Ringer, 2012) (Lee, 1995)

10/14/13	Pain	CRPS, pathophysiology (clinical presentation & diagnostic criteria)	New entry: Recommend... (Marinus, 2011) (Bruehl, 2010) (Cooper, 2013) (Bruehl, 2010) (Harden, 2013) (Goebel, 2012) (Rodriguez-
10/14/13	Pain	Autonomic test battery	Now xref: CRPS, diagnostic tests
10/14/13	Pain	Bone scan (for CRPS)	Now xref: CRPS, diagnostic tests
10/14/13	Pain	CRPS, diagnostic criteria	Now xref: CRPS, pathophysiology (clinical presentation & diagnostic criteria)
10/14/13	Pain	CRPS, prevention	Now xref: CRPS, pathophysiology (clinical presentation & diagnostic criteria)
10/14/13	Pain	Regional sympathetic blocks (stellate ganglion block, thoracic sympathetic block, & lumbar	Now xref: CRPS, sympathetic blocks (therapeutic)
10/14/13	Pain	Stellate ganglion block	Now xref: CRPS, sympathetic blocks (therapeutic)
10/14/13	Pain	Bier's block	Now xref: Intravenous regional sympathetic blocks (for RSD/CRPS)
10/31/13	Formulary	Anxiety medications	New xref: Antidepressants; Atypical antipsychotics; Benzodiazepines
10/31/13	Formulary	Antipsychotics	New xref: Atypical antipsychotics

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/06/13	Pain	NSAIDs, GI symptoms & cardiovascular risk	(Bhala, 2013)
10/06/13	Pain	Buprenorphine for opioid dependence	(FDA, 2013)
10/06/13	Pain	Duragesic® (fentanyl transdermal system)	(FDA, 2013)
10/06/13	Pain	Opioids, dosing	(Gitlow, 2013)
10/06/13	Pain	Acupuncture	(Lam, 2013)
10/06/13	Pain	Acetaminophen (APAP)	(Ray, 2013)
10/06/13	Pain	Codeine (Tylenol with Codeine®)	(Ray, 2013)
10/06/13	Pain	Meperidine (Demerol®)	(Ray, 2013)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/06/13	Pain	Tramadol (Ultram®)	(Ray, 2013)
10/06/13	Pain	Genetic testing for potential opioid abuse	(Vuilleumier, 2012) Add xref: Cytokine DNA testing
10/06/13	Pain	Cytokine DNA testing	Add xref: Genetic testing for potential opioid abuse
10/08/13	Back	Preoperative testing, general	(AHRQ, 2013)
10/08/13	Back	DRX® (traction)	(Apfel, 2010)

10/08/13	Back	Laminectomy/ laminotomy	(Bae, 2013)
10/08/13	Back	Manipulation under anesthesia (MUA)	(Digiorgi, 2013)
10/08/13	Back	NSAIDs (non-steroidal anti-inflammatory drugs)	(Mafi, 2013)
10/08/13	Back	Powered traction devices	Add xref: DRX® (traction); IDD therapy (intervertebral disc decompression); Lordex® (traction); Vertebral axial decompression
10/09/13	Back	Functional anesthetic discography (FAD)	(Luchs, 2007) (Alamin, 2011) (Putzier, 2013) (NIH, 2013)
10/09/13	Back	Electrical stimulators (E-stim)	Add xref: Hyperstimulation analgesia; Localized high-intensity neurostimulation
10/29/13	Pulmonary	CT (computed tomography)	(Aberle, 2013)
10/29/13	Pulmonary	Omalizumab (Xolair®)	(Grimaldi-Bensouda, 2013)
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	(Schuetz, 2013)
10/29/13	Pulmonary	Treatment Planning: FIGURE 3 - ALGORITHM FOR MANAGEMENT OF PATIENTS WITH	4. Consider non-specific treatments...(Leech, 2012) (Lim, 2013)
10/29/13	Pulmonary	Treatment Planning: 3. Chronic cough, secondary to a resolved infection	A 2013 meta-analysis...(Kahrilas, 2013)
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	An article published...(Gross, 2012)
10/29/13	Pulmonary	Treatment Planning: Interstitial Lung Disease	At times, the degree...(Theodore, 2012)

REVISED INFORMATION

Date	Chapter	Section	Change
10/06/13	Pain	Yoga	Mindfulness meditation: (Barrows, 2002); xref for number of visits

REVISED INFORMATION

Date	Chapter	Section	Change
10/06/13	Pain	Opioids, long-term assessment	Typo: pruritis
10/08/13	Back	Manipulation under anesthesia (MUA)	Clarification: Not recommended except...
10/08/13	Back	Manipulation	Clarification: Switch modalities in Active Treatment versus...
10/08/13	Back	Physical therapy (PT)	Clarification: Switch modalities in Active Treatment versus...
10/08/13	Back	Manipulation	Current research: (Orrock, 2013)
10/08/13	Back	Epidural steroid injections (ESIs), therapeutic	Fracture risk: (Mandel, 2013)
10/08/13	Back	Physical therapy (PT)	Post-surgical (discectomy) rehab: (Oosterhuis, 2013)
10/08/13	Back	Bone-morphogenetic protein (BMP)	Recent research: (Fu, 2013)
10/08/13	Back	MRIs (magnetic resonance imaging)	Recent research: (Mafi, 2013)

10/09/13	Back	Spinal cord stimulation (SCS)	Recent research: (Hollingworth, 2011)
10/09/13	Back	Intraoperative neurophysiological monitoring (during surgery)	Remote monitoring: (Emerson, 2008) (Edmonds, 2011) (Razumovsky, 2013)
10/14/13	Pain	CRPS, medications	Major evidence review and update: (Harden, 2013) (Hsu, 2009) (Perez, 2001)
10/14/13	Pain	CRPS, sympathetic blocks (therapeutic)	Major evidence review and update: (Harden, 2013) (Perez, 2010) (Tran, 2010 (Dworkin, 2013) (O'Connell, 2013) (Tran, 2010) (van Eijs, 2012)
10/14/13	Pain	Thermography (infrared stress thermography)	Major evidence review and update: (Krumova, 2008) (Schurmann, 2007) (Gradl, 2003)
10/14/13	Pain	CRPS, treatment	Major evidence review and update: (O'Connell, 2013) (Harden, 2013) (Singh, 2004) (Albazaz, 2008) (Hsu, 2009) (Rauck, 1993) (Tran, 2010)
10/14/13	Pain	Intravenous regional sympathetic blocks (for RSD/CRPS)	Major evidence review and update: (Perez, 2010) (Harden, 2013) (Tran, 2010)
10/14/13	Pain	Baclofen	Update xref: CRPS, treatment
10/14/13	Pain	CRPS (complex regional pain syndrome)	Update xrefs: CRPS, pathophysiology (clinical presentation & diagnostic criteria); CRPS, diagnostic tests; CRPS, treatment; CRPS,
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	Intravenous or oral...(Leuppi, 2013)
10/29/13	Pulmonary	Treatment Planning: LUNG CANCER AND CANCER OF THE PLEURA	Low-dose CT screening...(Kovalchik, 2013) (The National Lung Screening Trial Research Team, 2013) (Aberle, 2013) (McWilliams,

REVISED INFORMATION

Date	Chapter	Section	Change
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	Similar results...(Wedzicha, 2013)
10/29/13	Pulmonary	Treatment Planning: Before step-up in therapy	Since the NHLBI...(Busse, 2011) (Wenzel, 2013) (Kerstjens, 2012) (Grimaldi-Bensouda, 2013)
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	Statins were found...(Miyata, 2013)
10/29/13	Pulmonary	Treatment Planning: Evaluation	The American college...(Detterbeck, 2013)
10/29/13	Pulmonary	Treatment Planning: Initial Evaluation of COPD	The degree of airway...(Scherr, 2012)
10/29/13	Pulmonary	Treatment Planning: 9. Psychogenic cough	While psychogenic causes...(Leech, 2012)
10/31/13	Formulary	Anti-epilepsy drugs (AEDs) for pain	Clarification: del for pain
10/31/13	Formulary	Muscle relaxants (for pain)	Clarification: del for pain
10/31/13	Formulary	Morphine ER, Morphine	Clarification: MS-Contin as innovator brand
10/31/13	Formulary	Buprenorphine (for pain), Suboxone®	Update GE to Yes
10/31/13	Formulary	Buprenorphine/Naloxone (for detox), Suboxone®	Update GE to Yes
10/31/13	Formulary	Escitalopram (depression), Lexapro®	Update GE to Yes
10/31/13	Formulary	Escitalopram (for pain), Lexapro®	Update GE to Yes
10/31/13	Formulary	Esomeprazole/Naproxen, Vimovo	Update GE to Yes

10/31/13	Formulary	Montelukast, Singulair®	Update GE to Yes
10/31/13	Formulary	Morphine ER, Avinza®	Update GE to Yes
10/31/13	Formulary	Pioglitazone, Actos	Update GE to Yes
10/31/13	Formulary	Rosiglitazone, Avandia	Update GE to Yes
10/31/13	Formulary	Lidocaine patch, Lidoderm®	Update GE to Yes; Clarification: topical
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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Sep-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
09/05/13	Diabetes	Maggot debridement therapy (wound healing)	New entry: Recommended... (Eron, 2011) (Chan, 2007)
09/05/13	Diabetes	Leech therapy	New entry: Recommended... (Riede, 2010) (Stange, 2012) (Whitaker, 2012)
09/05/13	Burns	Integumentary /wound management	New xref: Wound care

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/05/13	Diabetes	Metformin (Glucophage)	(Margel, 2013)
09/05/13	Diabetes	Diet	(Muraki, 2013)
09/05/13	Diabetes	High-intensity interval training (HIIT)	(Tjønna, 2013)
09/05/13	Burns	Wound care	Add xref: Leech therapy; Maggot debridement therapy (wound healing)
09/05/13	Diabetes	Wound care (diabetic foot ulcers)	Add xref: Leech therapy; Maggot debridement therapy (wound healing)

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TREATMENT GUIDELINES* UPDATES

Aug-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/19/13	Ankle	Tests	New xref: Anterior drawer test; Imaging (with separate links); Inversion stress test; Ottawa ankle rules (OAR); Talar tilt test; Thompson test

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/19/13	Ankle	Anterior drawer test	(Kaminski, 2013)
08/19/13	Ankle	Immobilization	(Kaminski, 2013)
08/19/13	Ankle	Inversion stress test	(Kaminski, 2013)
08/19/13	Ankle	Magnetic resonance imaging (MRI)	(Kaminski, 2013)
08/19/13	Ankle	MR arthrogram	(Kaminski, 2013)
08/19/13	Ankle	Ottawa ankle rules (OAR)	(Kaminski, 2013)
08/19/13	Ankle	Ultrasound, diagnostic	(Kaminski, 2013)

Date	Chapter	Section	Change
08/19/13	Ankle	Physical therapy (PT)	Add 355.5 Tarsal tunnel syndrome
08/19/13	Ankle	Hyaluronic acid injections	Change to Not recommended from Under study. Recent research: (DeGroot, 2012)

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
		NONE	

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
07/08/13	Hernia	Laparoscopic repair (surgery)	(Eker, 2013)
07/08/13	Hernia	Ventral hernia repair	(Eker, 2013) (Lee, 2013)

REVISED INFORMATION

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Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Jun-13

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Date	Chapter	Section	Change
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/04/13	Head	Endoscopy, nasal	New entry: Recommended... (Baugh, 2011)
06/04/13	Head	Anosmia treatment	New entry: Recommended... (Costanzo, 2006)
06/04/13	Head	Olfactory loss (posttraumatic)	New xref: Anosmia treatment
06/04/13	Head	Smell	New xref: Anosmia treatment
06/04/13	Head	Mindfulness therapy	New xref: Cognitive therapy & Recommended... (Bédard, 2013)
06/04/13	Head	Skilled nursing facility (SNF) care	New xref: Knee
06/04/13	Head	Laser	New xref: Pulsed dye laser (PDL) therapy for scars
06/04/13	Head	Scar treatment	New xref: Pulsed dye laser (PDL) therapy for scars
06/04/13	Head	Migraine pharmaceutical treatment	New xref: Recommended...
06/04/13	Head	Rizatriptan (Maxalt®)	New xref: Recommended...
06/07/13	Knee	Subchondroplasty	New entry: Not recommended... (Sharkey, 2012)
06/07/13	Knee	Exoskeleton suits (for wheelchair users)	New entry: Under study. (Mertz, 2012)
06/07/13	Knee	iBOT powered wheelchair	New xref: Power mobility devices (PMDs)
06/12/13	Shoulder	CT arthrography	New entry: Not recommended... (Wise, 2011) (Rhee, 2012)
06/12/13	Shoulder	Trigger point injections (TPIs)	New xref: Pain
06/12/13	Hip	Skilled nursing facility (SNF) care	New xref: Recommended...
06/28/13	Diabetes	Canagliflozin (Invokana)	New entry: Not recommended... (FDA, 2013)
06/28/13	Infectious	Prostalac (prosthesis of antibiotic-loaded acrylic cement)	New entry: Recommended... (Johnson, 2012) (Jawa, 2011) (Gooding, 2011) (Biring, 2009)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/28/13	Infectious	Magnesium sulphate	New entry: Under study... (Rodrigo, 2012) (Mathew, 2010) (Thwaites, 2006)
06/28/13	Diabetes	Atorvastatin (Lipitor)	New xref: Statins
06/28/13	Diabetes	Lovastatin (Mevacor)	New xref: Statins
06/28/13	Diabetes	Pravastatin (Pravachol)	New xref: Statins

06/28/13	Diabetes	Simvastatin (Zocor)	New xref: Statins

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/04/13	Head	Amantadine (Symmetrel)	(Giza, 2013)
06/04/13	Head	Neuropsychological testing	(Giza, 2013)
06/04/13	Head	Triptans	(Göbel, 2010) (Mullins, 2007) (McCormack, 2005) (FDA, 2013)
06/04/13	Head	Vestibular PT rehabilitation	(Kontos, 2013)
06/04/13	Head	Vestibular studies	(Kontos, 2013)
06/04/13	Head	Concussion severity	(Kontos, 2013) (Giza, 2013)
06/04/13	Head	Concussion/mTBI assessment	(Kontos, 2013) (Giza, 2013)
06/04/13	Head	Concussion/mTBI (mild traumatic brain injury)	Add xref: Chronic traumatic encephalopathy (CTE); Vestibular studies; Vestibular PT rehabilitation
06/04/13	Head	Surgery	Add xref: Endoscopy, nasal; Pulsed dye laser (PDL) therapy for scars
06/04/13	Head	Sleep aids	Add xref: Insomnia treatment
06/04/13	Head	Medications	Add xref: Migraine pharmaceutical treatment
06/04/13	Head	Migraine	Add xref: Migraine pharmaceutical treatment
06/04/13	Head	Triptans	Add xref: Migraine pharmaceutical treatment
06/04/13	Head	Melatonin	Add xref: Migraine pharmaceutical treatment (Peres, 2012)
06/04/13	Head	Cognitive therapy	Add xref: Mindfulness therapy
06/07/13	Knee	Hyaluronic acid injections	(AAOS, 2013) Update rec: to potentially delay total knee replacement, but in recent studies... Update Criteria
06/07/13	Knee	Manipulation under anesthesia (MUA)	(Evans, 2013)
06/07/13	Knee	Prostheses (artificial limb)	(Sansam, 2009) Update Criteria
06/07/13	Knee	Proprioception exercises	(Wang, 2012)
06/07/13	Knee	Strengthening exercises	(Wang, 2012)
06/07/13	Knee	Knee joint replacement	(Wang, 2012) (AAOS, 2013)
06/07/13	Knee	Physical medicine treatment	Active Treatment versus Passive Modalities: (Wang, 2012) (AAOS, 2013)
06/07/13	Knee	Imaging	Add xref: MR arthrography
06/07/13	Pain	Opioids	Add xref: Opioid provider outreach
06/07/13	Knee	Surgery	Add xref: Subchondroplasty
06/12/13	Hip	Manipulation	(Barbosa, 2013) Clarification: Some study...

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/12/13	Hip	Ibandronate (Boniva)	(Boniva, Genentech)
06/12/13	Hip	Manipulation under anesthesia (MUA)	(Tosounidis, 2012)
06/12/13	Shoulder	Imaging	Add xref: CT arthrography
06/12/13	Shoulder	Injections	Add xref: Trigger point injections (TPIs)
06/12/13	Shoulder	Ultrasound, diagnostic	Add xref: Ultrasound guidance for shoulder injections
06/12/13	Shoulder	Physical therapy	Add: Medical treatment, partial tear: 20 visits over 10 weeks
06/28/13	Diabetes	Metformin (Glucophage)	(Boyle, 2013)
06/28/13	Diabetes	Diet	(Christensen, 2013) (Pan, 2013)
06/28/13	Diabetes	Glucagon-like peptide-1 (GLP-1) agonists	(Cohen, 2013)
06/28/13	Diabetes	Bariatric surgery	(Ikramuddin, 2013) (Maglione, 2013) (Kashyap, 2013)
06/28/13	Diabetes	Education	(Katula, 2013)
06/28/13	Infectious	Travel medicine	(Leder, 2013)

06/28/13	Diabetes	Statins	(Mansi, 2013) (Mikus, 2013)
06/28/13	Diabetes	Exercise	(Sénéchal, 2013) (Henson, 2013) (Wilmot, 2012)
06/28/13	Infectious	Skin & soft tissue infections: abscess	(Singer, 2013)
06/28/13	Infectious	Methicillin-resistant staphylococcus aureus (MRSA)	Add to rec... (Huang, 2013)
06/28/13	Infectious	Tetanus	Add xref: Magnesium sulphate
06/28/13	Infectious	Bone & joint infections: prosthetic joints	Add xref: Prostalac (prosthesis of antibiotic-loaded acrylic cement)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
06/04/13	Head	Pulsed dye laser (PDL) therapy for scars	Recommended... (Hultman, 2013) (Elsaie, 2011) (Khatri, 2011) (Elsaie, 2010)
06/07/13	Knee	Microprocessor-controlled knee prostheses	Change to Recommended... (Sansam, 2009)
06/07/13	Knee	MR arthrography	Clarification: as an option
06/07/13	Pain	Avinza® (morphine sulfate)	Clarification: equivalent to MS Contin
06/07/13	Pain	Kadian® (morphine sulfate)	Clarification: equivalent to MS Contin
06/07/13	Pain	Opioid provider outreach	Recommended. (ODG, 2013)
06/12/13	Shoulder	Hyaluronic acid injections	Change to Under study... Recent research: (Kwon, 2013)
06/12/13	Shoulder	Platelet-rich plasma (PRP)	Change to Under study... Recent research: (Rha, 2013) (Ibrahim, 2013)
06/12/13	Shoulder	Steroid injections	Imaging guidance for shoulder injections: (Bloom, 2012) (Kraeutler, 2012) Add Criteria for Steroid injections
06/28/13	States	Colorado	Update: Remove Pinnacol
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Division of Workers' Compensation

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May-13

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NEW CHAPTERS, ENTRIES AND TOPICS

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05/06/13	Ankle	Barefoot running (versus shoes)	New entry: Recommended... (Bonacci, 2013)
05/06/13	Ankle	Shoes	New xref: Barefoot running (versus shoes); Heel pads; Insoles with magnetic foil; Barefoot walking; Footwear, knee arthritis; Insoles; Shoes
05/06/13	Ankle	Insoles (plantar fasciitis)	New xref: Heel pads
05/07/13	Carpal	Hydrodissection (as a nerve compression release procedure)	New entry: Not recommended... (Malone, 2009) (Dufour, 2012) (DeLea, 2011)
05/07/13	Burns	Pressure garment therapy	New entry: Recommended... (Engrav, 2010) (Ripper, 2009)
05/07/13	Burns	Ultrasound-assisted wound treatment (UAW)	New entry: Recommended... (Huljev, 2012) (Herberger, 2011)
05/07/13	Elbow	Triceps tendon repair	New entry: Recommended... (Kokkalis, 2013) (Bain, 2010) (Yeh, 2010)
05/07/13	Burns	Compression garments	New xref: Pressure garment therapy
05/07/13	Burns	Hydro-surgical wound debridement	New xref: Under study...
05/07/13	Burns	Versajet hydrosurgery system	New xref: Under study...
05/08/13	Forearm	Deep oscillation therapy	New xref: Pulsed electromagnetic field (PEMF)
05/09/13	Infectious	Tetanus	New entry: Bacterial...xref: DTaP Vaccine, Tdap Vaccine, Td Vaccine

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
05/09/13	Infectious	Tdap vaccine	New entry: Recommended...(Pichichero, 2005) (Thierry, 2012)
05/09/13	Infectious	Td vaccine	New entry: Recommended...xref: DTaP Vaccine, Tdap Vaccine

05/09/13	Infectious	DTaP vaccine	New entry: Recommended...xref: Tdap Vaccine
05/10/13	Back	Preoperative electrocardiogram (ECG)	New entry: Recommended... (Fleisher, 2008) (Feely, 2013) (Sousa, 2013)
05/10/13	Back	Preoperative lab testing	New entry: Recommended... (Fleisher, 2008) (Feely, 2013) (Sousa, 2013)
05/10/13	Back	Antibiotics (for back pain)	New entry: Under study... (Albert, 2013)
05/10/13	Back	Preoperative testing, general	New xref
05/13/13	Mental	Nuedexta	New entry: Not recommended... (FDA, 2012)
05/13/13	Mental	Ambien® (zolpidem tartrate)	New xref:
05/13/13	Mental	Abilify® (aripiprazole)	New xref: Aripiprazole (Abilify)
05/13/13	Mental	Pristiq® (desvenlafaxine)	New xref: Desvenlafaxine (Pristiq)
05/13/13	Mental	Aripiprazole (Abilify)	New xref: Not recommended...
05/13/13	Mental	Olanzapine (Zyprexa)	New xref: Not recommended...
05/13/13	Mental	Vilazodone (Viibryd®)	New xref: Not recommended...
05/13/13	Mental	Zyprexa® (olanzapine)	New xref: Olanzapine (Zyprexa)
05/13/13	Mental	Seroquel® (quetiapine)	New xref: Quetiapine (Seroquel)
05/13/13	Mental	Desvenlafaxine (Pristiq)	New xref: Recommended...
05/13/13	Mental	Risperdal® (risperidone)	New xref: Risperidone (Risperdal)
05/14/13	Pain	Integrative manual therapy (IMT™)	New xref: Chronic pain programs
05/14/13	Pain	Nuedexta	New xref: Not recommended...
05/15/13	Pain	Opioid-induced constipation treatment	New entry: Recommended... (Bader, 2013) (Gras-Miralles, 2013)
05/15/13	Pain	Lubiprostone (Amitiza®)	New xref: Opioid-induced constipation treatment
05/15/13	Pain	Methylnaltrexone (Relistor®)	New xref: Opioid-induced constipation treatment
05/16/13	Pain	Nausea	New xref: Antiemetics (for opioid nausea)
05/16/13	Pain	Constipation	New xref: Opioid-induced constipation treatment
05/16/13	Pain	SDET	New xref: Work conditioning, work hardening

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
05/07/13	Carpal	Injections	Add xref: Hydrodissection (as a nerve compression release procedure)
05/07/13	Carpal	Surgery	Add xref: Hydrodissection (as a nerve compression release procedure)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
05/07/13	Burns	Wound care	Add xref: Hydro-surgical wound debridement; Ultrasound-assisted wound treatment (UAW); Versajet hydrosurgery system
05/07/13	Elbow	Surgery	Add xref: Triceps tendon repair
05/08/13	Forearm	Pulsed electromagnetic field (PEMF)	Add xref: Bone growth stimulators, electrical
05/08/13	Forearm	Prostheses (artificial limbs)	Add xref: Myoelectric upper extremity (hand and/or arm) prosthesis
05/10/13	Back	Medications	Add xref: Antibiotics (for back pain)
05/10/13	Back	Surgery	Add xref: Preoperative electrocardiogram (ECG); Preoperative lab testing; Preoperative testing, general
05/13/13	Mental	Cognitive therapy for PTSD	(Jonas, 2013)

05/13/13	Mental	Exposure therapy (ET)	(Jonas, 2013)
05/13/13	Mental	PTSD pharmacotherapy	(Jonas, 2013)
05/13/13	Mental	Stress inoculation training	(Jonas, 2013)
05/13/13	Mental	Zolpidem	(SAMHSA, 2013)
05/13/13	Mental	Atypical antipsychotics	(Spielmans, 2013)
05/13/13	Mental	Quetiapine (Seroquel)	Add xref: Atypical antipsychotics
05/13/13	Mental	Risperidone (Risperdal)	Add xref: Atypical antipsychotics
05/13/13	Mental	Medications	Add xref: Atypical antipsychotics; Desvenlafaxine (Pristiq); Nuedexta; Quetiapine (Seroquel); Risperidone (Risperdal); Zolpidem
05/13/13	Mental	Zolpidem	Add xref: Pain
05/14/13	Neck	Intraoperative neurophysiological monitoring (during surgery)	(Godil, 2013) Add Not recommended in low-risk elective surgery.
05/14/13	Neck	Surgery	Add xref: Intraoperative neurophysiological monitoring (during surgery)
05/14/13	Pain	Zolpidem	Add xref: Mental
05/15/13	Pain	Topical analgesics	(FDA, 2013)
05/15/13	Pain	Modafinil (Provigil®)	(Peñaloza, 2013)
05/15/13	Pain	Medications for subacute & chronic pain	Add xref: Opioid-induced constipation treatment
05/15/13	Pain	Opioids	Add xref: Opioid-induced constipation treatment
05/16/13	Pain	Urine drug testing (UDT)	(CMS, 2012)
05/16/13	Pain	Functional imaging of brain responses to pain	(Wager, 2013)
05/16/13	Pain	Antiemetics (for opioid nausea)	Add xref: Nabilone (Cesamet®)
05/16/13	Pain	Electrical stimulators (E-stim)	Add xref: Scrambler therapy (Calmare®)
05/16/13	Pain	Opioid-induced constipation treatment	Add xref: Tapentadol (Nucynta™)
05/17/13	Explanation of Medical Literature Ratings	ODG Guiding Principles: 8. Cost. footnote	(HB7, 2005) (TDI, 2011)

REVISED INFORMATION

Date	Chapter	Section	Change
05/06/13	Ankle	Heel pads	Change to: Recommended as an option... (Yucel, 2013)
05/07/13	Elbow	Codes for Automated Approval	Remove Injection 20605 (PS update Not recommended)
05/08/13	Explanation of Medical Literature Ratings	ODG Guiding Principles	Add footnote to (8) Costs
05/08/13	Forearm	Casting	Clarification: for displaced fractures
05/08/13	Forearm	Splints	Clarification: for displaced fractures
05/08/13	Forearm	Immobilization (treatment)	Clarification: for undisplaced fractures or sprains
05/08/13	Forearm	Hardware implant removal (fracture fixation)	Clarification: Recommend removal of hardware when fractures are not involved
05/14/13	Pain	Cannabinoids	(NCSL, 2013) Recent research: (Meier, 2013) (Gitlow, 2013) (Cooper, 2013)
05/14/13	Pain	Hydrocodone/ Acetaminophen (e.g., Vicodin®)	Clarification on Sched II
05/14/13	Neck	Manipulation	Clarification: & also auto trauma
05/16/13	States	Impair. Guides	Add column to table
05/16/13	Pain	Scrambler therapy (Calmare®)	Under study... (Marineo, 2012) (Ricci, 2012)

05/23/13	Pain	Kadian® (morphine sulfate)	Evidence review & update. (Broomhead, 1997) (Gourlay 1997)
05/23/13	Pain	Opioids for chronic pain	Adverse effects: (Deyo, 2013)
05/23/13	Pain	Embeda® (morphine /naltrexone)	Clarification: for patients who are at risk for abuse... Black Box Warning
05/23/13	Pain	Avinza® (morphine sulfate)	Evidence review & update. (Portenoy, 2002) (Caldwell, 2004)
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NEW CHAPTERS, ENTRIES AND TOPICS

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04/09/13	Knee	Arthroscopic surgery for osteoarthritis	New entry: Not recommended.
04/09/13	Knee	Orthovisc (hyaluronan)	New xref
04/09/13	Knee	Euflexxa (hyaluronate)	New xref: (Kirchner, 2006)
04/11/13	Knee	Popliteal cyst excision	New entry: Not recommended... (Cho, 2012) (Fritschy, 2006)
04/11/13	Knee	U-Step walker	New entry: Recommended... (CMS, 2013)
04/11/13	Knee	Mud pack therapy	New entry: Recommended... (Espejo-Antúnez, 2013)
04/11/13	Knee	Baker's cyst removal	New xref: Popliteal cyst excision
04/15/13	Back	SpineCor brace	New entry: Under study. (Plewka, 2013)
04/15/13	Back	iO-Flex System®	New xref: (Lauryssen, 2012)
04/15/13	Back	Steroids (for spinal cord injury)	New xref: Not recommended...
04/17/13	Diabetes	High-intensity interval training (HIIT)	New entry: Recommended... (Adams, 2013) (Little, 2011)
04/17/13	Diabetes	Resistance training	New entry: Recommended... (Mavros, 2013)
04/17/13	Diabetes	Tabata protocol	New xref: High-intensity interval training (HIIT) (Tabata, 1996
04/22/13	Explanation of Medical Literature Ratings	ODG Guiding Principles	New subheading

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
04/09/13	Knee	Hylan	Add from xref: a series of three injections of Hylan are recommended as an option for osteoarthritis
04/09/13	Knee	Hyaluronic acid injections	(Waddell, 2007)

04/09/13	Knee	Knee joint replacement	(Fransen, 2008) Update Criteria: require Exercise
04/09/13	Knee	Hyalgan® (hyaluronate)	Add from xref: a series of three to five injections of Hyalgan (hyaluronate) are recommended as an option for osteoarthritis
04/09/13	Knee	Supartz (hyaluronate)	Add from xref: a series of three to five injections of Supartz (hyaluronate) are recommended as an option for osteoarthritis
04/09/13	Knee	Synvisc® (hylan)	Add from xref: where a series of three injections of Hylan or one of Synvisc-One hylan are recommended as an option for osteoarthritis.
04/09/13	Knee	Arthroscopy	Add xref: Arthroscopic surgery for osteoarthritis
04/09/13	Knee	Surgery	Add xref: Arthroscopic surgery for osteoarthritis
04/11/13	Knee	Strontium ranelate	(Reginster, 2013)
04/11/13	Knee	Venous thrombosis	(Stewart, 2013)
04/11/13	Knee	Surgery	Add xref: Popliteal cyst excision
04/11/13	Knee	Medications	Add xref: Strontium ranelate
04/11/13	Knee	Walking aids (canes, crutches, braces, orthoses, & walkers)	Add xref: U-Step walker
04/11/13	Knee	Physical medicine treatment	Add xrefs: Mud pack therapy; U-Step walker
04/15/13	Neck	Corticosteroid injection	Add xref:
04/15/13	Back	Methylprednisolone	Add xref: Corticosteroids (oral/parenteral for low back pain); Epidural steroid injection (ESI); & Steroids (for spinal cord injury)
04/15/13	Back	Nerve conduction studies (NCS)	(Al Nezari, 2013)
04/15/13	Back	Yoga	(Cramer, 2013)
04/15/13	Back	Manipulation	(Licciardone, 2013)
04/15/13	Back	Ultrasound, therapeutic	(Licciardone, 2013)
04/15/13	Back	Hospital length of stay (LOS)	(Pugely, 2013) Change BP to Outpatient
04/15/13	Back	Epidural steroid injections (ESIs), therapeutic	(Radcliff, 2013)
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
04/15/13	Neck	Steroids (for spinal cord injury)	Add xref: Epidural steroid injection; Corticosteroids (oral/parenteral/IM); Corticosteroid injection; Move (Peloso-Cochrane, 2006) (Bigos, 1999)
04/15/13	Back	Lumbar supports	Add xref: SpineCor brace
04/15/13	Back	Corticosteroids (oral/parenteral/IM)	Add xref: Steroids (for spinal cord injury)
04/17/13	Diabetes	Exercise	Add xref: High-intensity interval training (HIIT); Resistance training
REVISED INFORMATION			

Date	Chapter	Section	Change
04/09/13	Knee	Hyaluronic acid injections	After meniscectomy: (Baker, 2012)
04/09/13	Knee	Hyaluronic acid injections	Brands of hyaluronic acid: (FDA labeling)
04/09/13	Knee	Skilled nursing facility LOS (SNF)	Overall update (Kathrins, 2013)
04/09/13	Knee	Skilled nursing facility (SNF) care	Overall update (Kathrins, 2013) (Park, 2013)
04/09/13	Knee	Meniscectomy	Physical therapy vs. surgery: (Katz, 2013) (Herrlin, 2007) Update Criteria: require Exercise/PT
04/15/13	Neck	Methylprednisolone	Make xref:
04/15/13	Neck	Epidural steroid injection (ESI)	Moved (Peloso-Cochrane, 2006) (Bigos, 1999)
04/15/13	Back	MRIs (magnetic resonance imaging)	Recent research: (Emery, 2013) (el Barzouhi, 2013)
04/15/13	Neck	Steroids (for spinal cord injury)	Recent research: (Hadley, 2013) (Bracken, 2012) Change to Not recommended...
04/15/13	Neck	Hypothermia (for spinal cord injury)	Under study. (Hadley, 2013)
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TREATMENT GUIDELINES UPDATES

Mar-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/11/13	Mental	Stress & cancer (effect)	New entry: Not recommended ... (Heikkilä, 2013)
03/13/13	Mental	Cognitive therapy for amputation	New entry: Recommended. (Rybarczyk, 2004) (Pinzur, 1988) (Perkins, 2012) (Liu, 2010)
03/21/13	Pain	Weaning, pregabalin (Lyrica®)	New entry: Recommended...
03/21/13	Pain	Weaning, opioids (specific guidelines)	New entry: Recommended... (Benzon, 2005) (TIP 45, 2006) (Kraus, 2011) (TIP 40, 2004) (Tetrault, 2009) (Mannelli, 2012)
03/21/13	Pain	Weaning, carisoprodol (Soma®)	New entry: Recommended... (Dickenson, 2009) (Reeves,
03/21/13	Pain	Benzodiazepine dependence,	New entry: Recommended... (Liebrenz, 2010) (Maremmani,
03/21/13	Pain	Weaning, benzodiazepines (specific guidelines)	New entry: Recommended... (Liebrenz, 2010) (Rickels, 1999) (Maremmani, 2013) (Ashton, 2009) (Lingford-Hughes, 2004) (Voshaar, 2006) (Parr, 2009) (O'Brien, 2005) (Lee, 2002) (TIP 45, 2006) (Lader, 2009) (Morin, 2004) (Alexander, 1991) (Ashton, 1994) (Dickenson, 2009) (Petursson, 1994) (Denis, 2006) (Cluver, 2009) (Benzon, 2005) (Ashton, 2005) (Kahan, 2006) (Smith, 1990)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/07/13	Shoulder	Compression-rotation test (for SLAP tears)	New xref
03/07/13	Shoulder	Neer test (for subacromial impingement)	New xref

03/07/13	Shoulder	Passive distraction test (for SLAP tears)	New xref
03/07/13	Shoulder	Relocation test (for SLAP tears)	New xref
03/07/13	Shoulder	Yergason's test (for SLAP tears)	New xref
03/07/13	Pain	Naloxone (Narcan®)	New xref: Buprenorphine for chronic pain; Opioids (Partial agonists-antagonists); Propoxyphene (Overdose)
03/10/13	Pain	Progressive goal attainment program (PGAP™)	New entry: Recommended... (Sullivan2, 2006) (Sullivan, 2010) (Adams, 2007) (L&I, 2013)
03/10/13	Pain	Medrol dose pack	New xref
03/10/13	Pain	PGAP™	New xref
03/11/13	Mental	Cognitive therapy for opioid	New entry: Under study... (Fiellin, 2013)
03/11/13	Mental	Psychological treatment	New xref
03/13/13	Knee	Apixaban (Eliquis®)	New xref
03/13/13	Knee	Aspirin	New xref
03/13/13	Knee	Dabigatran (Pradaxa®)	New xref
03/13/13	Knee	Oral corticosteroids	New xref
03/13/13	Knee	Warfarin (Coumadin®)	New xref
03/18/13	Burns	Skin graft substitutes	New xref
03/18/13	Burns	Wound care	New xref
03/19/13	Hernia	Ilioinguinal nerve ablation	New entry: Recommended... (Parris, 2010) (Hakeem, 2011)
03/21/13	Pain	Weaning, stimulants	New entry: Recommended... (TIP 33, 1999)
03/21/13	Pain	Weaning, scheduled medications	New entry: Recommended... (TIP 40, 2004)
03/25/13	Ankle	Functional electrical stimulation (FES)	New entry: Recommended... (Springer, 2012) (Marsden, 2012) (Sabut, 2011) (van Swigchem, 2012)
03/25/13	Ankle	Arizona Brace	New xref: Bracing (immobilization)
03/25/13	Ankle	Richie Brace	New xref: Bracing (immobilization)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/07/13	Shoulder	Orthovisc injections	New xref: Hyaluronic acid injections
03/10/13	Pain	Corticosteroids	New xref: Oral corticosteroids; Injection with anaesthetics and/or steroids
03/10/13	Neck	Skilled nursing facility (SNF) care	New xref: Recommended...

03/11/13	Mental	Cognitive behavioral therapy (CBT)	New xref: Cognitive therapy for depression; Cognitive therapy for opioid dependence; Cognitive therapy for panic disorder; Cognitive therapy for PTSD; Cognitive therapy for general stress; Cognitive behavioral stress management (CBSM) to reduce injury and illness; Cognitive therapy for depression; Cognitive therapy for opioid dependence; Cognitive therapy for panic disorder; Cognitive therapy for PTSD; Cognitive therapy for general stress; Cognitive behavioral stress management (CBSM) to reduce injury and illness; Dialectical behavior therapy; Exposure therapy (ET); Eye movement desensitization & reprocessing (EMDR); Hypnosis; Imagery rehearsal therapy (IRT); Insomnia treatment; Mind/body interventions (for stress relief); Psychodynamic psychotherapy; Psychological debriefing (for preventing post-traumatic stress disorder); Psychological evaluations; Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord stimulators); Psychosocial /pharmacological treatments (for deliberate self harm); Psychosocial adjunctive methods (for PTSD); Psychotherapy for MDD (major depressive disorder); PTSD psychotherapy interventions; Stress management, behavioral/cognitive (interventions); Telephone CBT (cognitive behavioral therapy)
03/11/13	Mental	Psychological evaluations, surgery	New xref: Psychological evaluations, IDDS & SCS (intrathecal drug delivery systems & spinal cord stimulators)
03/13/13	Knee	Medrol	New xref: Oral corticosteroids
03/13/13	Knee	Cognitive therapy for amputation	New xref: Recommended...
03/18/13	Burns	Hyperbaric oxygen therapy	New xref: Diabetes; add Criteria for use...
03/25/13	Ankle	Parastep I system	New xref: Functional electrical stimulation (FES)
03/25/13	Ankle	Peroneal nerve functional electrical stimulation (pFES)	New xref: Neuromuscular electrical stimulation (NMES)
03/25/13	Ankle	Neuromuscular electrical stimulation (NMES)	New xref: Neuromuscular electrical stimulation (NMES); Pain Chapter

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/13/13	Knee	Amputation	New xref: Recommended... Cognitive therapy for amputation; Prostheses (artificial limb)
03/21/13	Pain	Weaning	New xref: Weaning, benzodiazepines (specific guidelines); Weaning, carisoprodol (Soma®); Weaning, opioids (specific guidelines); Weaning, pregabalin (Lyrica®); Weaning, scheduled medications (general guidelines); Weaning, stimulants

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/07/13	Shoulder	Exercises	(Conaghan, 2013)
03/07/13	Shoulder	Steroid injections	(Conaghan, 2013)
03/07/13	Shoulder	Shoulder physical exam tests	(Hegedus, 2012)

03/10/13	Pain	Chronic pain programs (functional restoration programs)	Add xref
03/10/13	Neck	Nerve conduction studies (NCS)	Update recommendation: Not recommended to demonstrate radiculopathy if radiculopathy has already been clearly identified ... but recommended if the EMG is not clearly radiculopathy or clearly negative... (Lin, 2013)(Emad, 2010) Add xref: Shoulder
03/10/13	Pain	Hydrocodone/ Acetaminophen (e.g., Vicodin®)	(FDA, 2013)
03/11/13	Mental	Psychological evaluations	Add hyperlinks for all 26 tests
03/11/13	Mental	Meditation	Add xref: Mind/body interventions (for stress relief)
03/12/13	Back	Behavioral treatment	Add xref: Psychological treatment
03/12/13	Back	Manipulation	(Balthazard, 2012)
03/13/13	Knee	Medications	Add xref: Aspirin; Apixaban (Eliquis®); Dabigatran (Pradaxa®); Oral corticosteroids; Warfarin (Coumadin®)
03/13/13	Knee	Rivaroxaban (Xarelto®)	Update: FDA approval
03/13/13	Knee	Venous thrombosis	(Agnelli, 2013) (Schulman, 2013)
03/19/13	Forearm	Splints	Add xref: Casting; Casting versus splints
03/19/13	Hernia	Surgery	Add xref: Ilioinguinal nerve ablation
03/19/13	Forearm	Casting versus splints	Add xref: Splints
03/25/13	Ankle	Foot drop treatment	Add xref: Ankle foot orthosis (AFO); Functional electrical stimulation (FES)
03/25/13	Ankle	Electrical stimulators (E-stim)	Add xref: Functional electrical stimulation (FES)
03/25/13	Ankle	Extracorporeal shock wave therapy (ESWT)	(Chang, 2012)
03/25/13	Ankle	Botulinum toxin	(Díaz-Llopis, 2013) (Elizondo-Rodriguez, 2013)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/07/13	Shoulder	Chronic pain programs	(Howard, 2012)
03/07/13	Shoulder	Surgery for Thoracic Outlet Syndrome (TOS)	(Vemuri, 2013)
03/07/13	Shoulder	Continuous passive motion (CPM)	Adhesive capsulitis: recommended as an option... (Dundar, 2009)(Page, 2010)
03/07/13	Pain	Chronic pain programs (functional restoration programs)	Shoulder: (Howard, 2012)
03/10/13	Neck	Whiplash associated disorder (WAD) treatment	(Lamb, 2013)
03/10/13	Neck	Botulinum toxin (injection)	Criteria for use... (Velickovic, 2001)
03/10/13	Pain	Antidepressants for chronic pain	Fibromyalgia: (Häuser, 2013)
03/11/13	Mental	Mind/body interventions (for stress relief)	(Marchand, 2012)
03/11/13	Mental	Bupropion (Wellbutrin®)	(Woodcock, 2012)
03/11/13	Mental	Insomnia treatment	Zolpidem: (FDA, 2013) Add link to Pain Chapter. Add Intermezzo (FDA, 2011); add Edluar (FDA, 2009)
03/19/13	Elbow	Platelet-rich plasma (PRP)	(Krogh, 2013)
03/19/13	Carpal Tunnel	Return to work	(Spector, 2012)
03/19/13	Eye	Work	(Thorud, 2012)
03/19/13	Eye	Corneal abrasions	(Wipperman, 2013)

03/19/13	Eye	Patching	(Wipperman, 2013)
03/19/13	Hip	Physical medicine treatment	355.0 Piriformis syndrome
03/21/13	Pain	Carisoprodol (Soma®)	(Reeves, 2012)
03/25/13	Ankle	Platelet-rich plasma (PRP)	(Martinelli, 2012)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
03/07/13	Pain	Tramadol (Ultram®)	Clarification: designated schedule IV drug in 13 states.
03/11/13	Mental	Minnesota multiphasic personality inventory (MMPI)	Clarification: Del 'The tool has not been shown to be useful as a screening tool for multidisciplinary pain treatment or for surgery'; now updated version rec, & rec for IDDS
03/12/13	Back	Adhesiolysis, percutaneous	Clarification: Adhesiolysis is Not Recommended by ODG; Patient selection criteria for Adhesiolysis if provider & payor agree to perform anyway:
03/13/13	Mental	Cognitive behavioral therapy (CBT)	Clarification: Add visits criteria...
03/19/13	Forearm	Immobilization (treatment)	Clarification: except for displaced fractures. See Splints
03/21/13	Pain	Benzodiazepines	Clarification: Criteria for use
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
03/10/13	Pain	GABAdone™	Correction: Physician Therapeutics (Shell, 2009)
03/10/13	Pain	Oral corticosteroids	Not recommended for chronic pain... (Tarner, 2012) (FDA, 2013)
03/11/13	Mental	Major depressive disorder, diagnosis	Clarification: If there is an IME physician in a workers' comp setting...
03/11/13	Mental	Cognitive therapy for depression	Clarification: Psychotherapy visits are generally separate from physical therapy visits
03/12/13	Back	Behavioral treatment	Clarification: Psychotherapy visits are generally separate from physical therapy visits, and psychotherapy may be appropriate after physical therapy has been exhausted
03/12/13	Back	Work conditioning, work hardening	Exceptions to the 2-year post-injury cap... (L&I, 2013)
03/13/13	Head	Neuropsychological testing	Clarification: should symptoms persist beyond 30 days, testing should be recommended; Correction: concussion (McCrory, 2013)
03/18/13	Burns	Cooling (with ice or cold water)	Under study (Tobalem, 2013)
03/19/13	Hip	Home health services	Clarification: Home health skilled nursing is recommended for wound care or IV antibiotic administration
03/21/13	Pain	Muscle relaxants (for pain)	Fix xref: Weaning, carisoprodol (Soma®)
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Division of Workers' Compensation

TREATMENT GUIDELINES UPDATES

Feb-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/12/13	Diabetes	Psoriasis	New entry: Recommend... (Armstrong, 2012)
02/12/13	Diabetes	Ergonomics	New entry: Under study... (Pronk, 2012) (Wilmot, 2012)
02/12/13	Diabetes	Diabetic foot ulcers	New xref: Diabetic skin ulcers; Foot problems; Hyperbaric oxygen therapy (HBOT); Wound care (diabetic foot ulcers)
02/12/13	Diabetes	Pump	New xref: Insulin pump therapy
02/18/13	Pain	Buprenorphine for opioid dependence	New entry: Recommended... (Alford, 2011) (Clark, 2011) (Weiss, 2011) (Bart, 2012) (Ducharme, 2012) (Mark, 2012) (Colson, 2012)
02/18/13	Pain	Buprenorphine for chronic pain	New entry: Recommended... (Johnson, 2005) (Koppert, 2005) (Pergolizzi, 2008) (Malinoff, 2005) (Landau, 2007) (Kress, 2008) (Heit, 2008) (Helm, 2008) (Silverman, 2009) (Pergolizzi, 2010) (Lee, 2011) (Rosenblum, 2012) (Daitch, 2012) (Colson, 2012)
02/18/13	Pain	Buprenorphine	Xref: Break into two entries; major evidence review & update
02/20/13	Head	Chronic traumatic encephalopathy (CTE)	New entry: Definition... (Stern, 2011) (Yi, 2013)
02/20/13	Head	Speech therapy (ST)	New entry: Recommended... (McCurtin, 2012) (Brady, 2012)
02/20/13	Head	Multidisciplinary institutional rehabilitation	New entry: Under study... (Brasure, 2012)

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change

02/20/13	Head	Headache	New xref: Acupuncture (for headaches); Botulinum toxin; Cervicogenic headache; Concussion/mTBI treatment; CT (computed tomography); Electrical stimulation; Greater occipital nerve block (GONB); Lumbar puncture; Manipulation (for headache); Physical medicine treatment; Relaxation treatment (for migraines); Triptans; Work
02/20/13	Head	Migraine	New xref: Acupuncture (for headaches); Botulinum toxin; Electrical stimulation; Greater occipital nerve block (GONB); Manipulation (for headache); Relaxation treatment (for
02/20/13	Head	Sports concussion	New xref: Chronic traumatic encephalopathy (CTE)
02/22/13	Infectious	Interferon	New xref: Pegylated interferons (Peg-IFNs)
02/22/13	Infectious	Peginterferon-ribavirin	New xref: Pegylated interferons (Peg-IFNs)
02/22/13	Infectious	Hepatitis C virus (HCV)	New xref: Pegylated interferons (Peg-IFNs); Protease inhibitors; Ribavirin (RBV)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
02/12/13	Diabetes	Education	(Gregg, 2012)
02/12/13	Diabetes	Lifestyle (diet & exercise) modifications	(Gregg, 2012)
02/12/13	Diabetes	Sulfonylurea	(Roumie, 2012)
02/12/13	Diabetes	Foot problems	(Waaijman, 2012) (Brownrigg, 2012)
02/12/13	Diabetes	Work	(Wilmot, 2012) (Pronk, 2012)
02/12/13	Diabetes	Comorbidities	Add xref: Psoriasis
02/18/13	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	(Embeda, 2012)
02/18/13	Pain	Diclofenac	(McGettigan, 2013)
02/19/13	Elbow	Physical therapy	(Coombes, 2013)
02/19/13	Diabetes	Diet	(Fagherazzi, 2013)
02/19/13	Diabetes	Lifestyle (diet & exercise) modifications	(Fagherazzi, 2013)
02/19/13	Forearm	Surgery for metacarpal fractures	(Rhee, 2012)

NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
02/20/13	Head	Concussion/mTBI treatment	(Harmon, 2013)
02/20/13	Head	Concussion/mTBI assessment	(Harmon, 2013)
02/20/13	Head	Concussion/mTBI treatment	Add xref: Amantadine (Symmetrel); Anticonvulsants; Antidepressants; Bed rest; Botulinum toxin; Cognitive skills retraining; Cognitive therapy; Craniectomy/ Craniotomy; Fluid resuscitation; Human growth hormone (HGH) for memory loss; Medications; Multidisciplinary community rehabilitation; Multidisciplinary institutional rehabilitation; Nintendo virtual reality Wii gaming system (for brain damage); Oxygen therapy; Post-concussion syndrome; Sleep aids; Vestibular PT rehabilitation; Work
02/22/13	Back	MRIs (magnetic resonance imaging)	(Davis, 2011)
02/22/13	Infectious	Bone & joint infections: prosthetic joints	(Osmon, 2013)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
02/12/13	Diabetes	Insulin pump therapy	Recommended as indicated below... (NICE, 2011) (CMS, 2012)
02/12/13	Diabetes	Metformin (Glucophage)	Cardiovascular events: (Roumie, 2012)
02/19/13	Elbow	Injections (corticosteroid)	Recent research: Change to Not recommended... (Coombes, 2013)
02/22/13	Infectious	Pegylated interferons (Peg-IFNs)	Recommended... (Kanda, 2011) (Popescu, 2012) (Hepatitis C Resource Center, 2012) (Brjalin, 2012)
02/22/13	Infectious	Ribavirin (RBV)	Recommended... (Kanda, 2011) (Popescu, 2012) (Hepatitis C Resource Center, 2012) (Brjalin, 2012)
02/22/13	Back	Lumbar supports	Clarification: Under study for post operative use (fusion). (McIntosh, 2011)
02/22/13	Infectious	Protease inhibitors	Under study... (Popescu, 2012)
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Jan-13

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/08/13	Pain	Antiemetics (for opioid nausea)	New entry: Not recommended... (Moore 2005)
01/08/13	Pain	Medications for subacute & chronic pain	Add xref: Antiemetics (for opioid nausea)
01/08/13	Pain	Ondansetron (Zofran®)	Add xref: Antiemetics (for opioid nausea), Not recommended...
01/08/13	Pain	Promethazine (Phenergan®)	Add xref: Antiemetics (for opioid nausea), Not recommended...
01/14/13	Pain	Medical marijuana	New xref: Cannabinoids
01/28/13	Knee	I-ONE therapy	New xref: Pulsed magnetic field therapy (PMFT)
01/28/13	Knee	Electrical stimulators (E-stim)	Add xref: Pulsed magnetic field therapy (PMFT)
01/29/13	Knee	Aerobic exercises	New xref (Shamliyan, 2012)
01/29/13	Knee	Heat	New xref (Shamliyan, 2012)
01/29/13	Knee	Joint mobilization	New xref (Shamliyan, 2012)
01/29/13	Knee	Proprioception exercises	New xref (Shamliyan, 2012)
01/29/13	Knee	Physical medicine treatment	Add xrefs

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
01/30/13	Pain	Vicoprofen®	New xref: Hydrocodone/Ibuprofen (Vicoprofen®)
01/30/13	Pain	MS Contin®	New xref: Morphine
01/30/13	Pain	Imaging	Add xref: Functional MRI
01/31/13	Infectious	Insecticide-treated mosquito nets (ITNs)	New Entry: Recommended...(Eisele, 2012) (Gautret, 2012)

01/31/13	Infectious	Atovaquone-proguanil	New Entry: Recommended...(Jacquerioz, 2009)
01/31/13	Infectious	Antimalarial intermittent preventive therapy	New Entry: Recommended...(Lwin, 2012) (Eisele, 2012)
01/31/13	Infectious	Artemisinin-based combination therapies (ACTs)	New Entry: Recommended...(Sagara, 2012) (Sinclair, 2012) (4ABC Study Group, 2011)
01/31/13	Infectious	Mefloquine	New Entry: Under study...(Jacquerioz, 2009)
01/31/13	Infectious	Malaria	New xref
01/31/13	Infectious	Travel medicine	New xref: Education; Malaria
01/31/13	Infectious	Mosquito nets	New xref: Insecticide-treated mosquito nets (ITNs)
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
01/11/13	Pulmonary	Lung Cancer Screening	(Bach, 2012)
01/11/13	Pulmonary	Roflumilast	(Calverley, 2007) (Baye, 2012)
01/11/13	Pulmonary	Treatment Planning	(Calverly, 2007) (Baye, 2012) (Bach, 2012) (Idiopathic Pulmonary Fibrosis Clinical Research Network, 2012)
01/14/13	Pain	Opioids, dealing with misuse & addiction	Additional update & rewrite for clarity, merge with Opioids, steps to avoid misuse/addiction
01/14/13	Pain	Kadian® (morphine sulfate)	(Amabile, 2006)
01/14/13	Pain	Insomnia treatment, Zolpidem	(FDA, 2013)
01/14/13	Pain	Zolpidem (Ambien®)	(FDA, 2013)
01/14/13	Pain	Functional MRI	(Ung, 2012) add except in a research setting...
01/28/13	Knee	Pulsed magnetic field therapy (PMFT)	(Moretti, 2012)
01/28/13	Knee	Stretching and flexibility	(Shrier, 2012)
01/29/13	Knee	Aquatic therapy	(Shamliyan, 2012)
01/29/13	Knee	Cold/heat packs	(Shamliyan, 2012)
01/29/13	Knee	Cryotherapy	(Shamliyan, 2012)
NEW OR UPDATED REFERENCES			
Date	**Chapter**	**Section**	**Change**
01/29/13	Knee	Diathermy	(Shamliyan, 2012)
01/29/13	Knee	Education	(Shamliyan, 2012)
01/29/13	Knee	Electrical stimulators (E-stim)	(Shamliyan, 2012)
01/29/13	Knee	Massage therapy	(Shamliyan, 2012)
01/29/13	Knee	Orthoses	(Shamliyan, 2012)
01/29/13	Knee	Pulsed magnetic field therapy (PMFT)	(Shamliyan, 2012)
01/29/13	Knee	Strapping	(Shamliyan, 2012)
01/29/13	Knee	Tai Chi	(Shamliyan, 2012)
01/29/13	Knee	Taping	(Shamliyan, 2012)
01/29/13	Knee	Ultrasound, therapeutic	(Shamliyan, 2012)
01/30/13	Pain	Limbrel (flavocoxid)	Complete evidence update & rewrite (Youssef, 2010)
01/30/13	Pain	Hydrocodone/Ibuprofen (Vicoprofen®)	(Vicoprofen prescribing information)
01/31/13	Infectious	Doxycycline (Vibramycin®, Doryx®)	(Jacquerioz, 2009)
REVISED INFORMATION			

Date	Chapter	Section	Change
01/14/13	Pain	Opioids, tools for risk stratification & monitoring	Clarification: in an overall Risk Evaluation and Management Strategy (REMS)... (Chou, 2009)
01/29/13	Knee	Knee joint replacement	Clarfication: Limited range of motion (<90° for TKR); conservative care (as above)
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TREATMENT GUIDELINES UPDATES

Dec-12

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/19/12	Elbow	Growth factor injections	New xref: Autologous blood injection; Platelet-rich plasma (PRP)
12/21/12	Diabetes	Blood pressure	New xref: Hypertension treatment
12/28/12	Ankle	Achilles tendon ruptures (treatment)	Add xref: Surgery for achilles tendon ruptures
12/31/12	Neck	Laryngoscopy	New entry: Recommended... (Razfar, 2012) (Paniello, 2008) (Beutler, 2001) (Kriskovich, 2000) (Apfelbaum, 2000)
12/31/12	Neck	Fusion, anterior cervical	Add xref: Laryngoscopy (screening for recurrent laryngeal nerve injury prior to revision ACDF)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
12/21/12	Diabetes	Hypertension treatment	(ADA, 2013) add to rec: but 130 may be appropriate for younger patients...
12/28/12	Knee	Knee joint replacement	Obesity: (Kerkhoffs, 2012)

NEW OR UPDATED REFERENCES

12/28/12	Knee	ACL injury rehabilitation	Recommended... from Under study (Kruse, 2012)
12/28/12	Knee	Hospital length of stay (LOS)	(Cram, 2012)
12/28/12	Knee	Knee brace	(Kruse, 2012)

12/28/12	Knee	Physical medicine treatment	(Kruse, 2012)
12/28/12	Ankle	Achilles tendon ruptures (treatment)	(Soroceanu, 2012)
12/28/12	Ankle	Surgery for achilles tendon ruptures	(Soroceanu, 2012)
12/31/12	Mental	Stress & heart-related interventions	(Kivimäki, 2012)
12/31/12	Mental	Work	(Kivimäki, 2012)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/19/12	Elbow	Autologous blood injection	Change to Recommend... Recent research: (Kazemi, 2010) (Ozturan, 2010) (Thanasas, 2011) (Creaney, 2011)
12/19/12	Elbow	Platelet-rich plasma (PRP)	Change to Recommend... Recent research: (Peerbooms, 2010) (Gosens, 2011) (Thanasas, 2011) (Creaney, 2011)
12/21/12	Diabetes	Exenatide (Byetta)	Correction: hyperglycemia
12/31/12	Pain	Buprenorphine	Clarification (under Massachusetts Medicaid)
12/31/12	Pain	Milnacipran (Savella, Ixel®)	Clarification: (Savella®)
12/31/12	Pain	Propoxyphene (Darvon®)	Clarification: [Off market in U.S.]
12/31/12	Pain	Nonprescription medications	Clarification: Acetaminophen Dose 3 g/day
12/31/12	Pain	Actiq® (oral transmucosal fentanyl lollipop)	Clarification: Actiq is Not Recommended by ODG. Patient selection criteria if provider & payor agree to prescribe anyway...
12/31/12	Pain	Codeine (Tylenol with Codeine®)	Clarification: codeine with acetaminophen is a C-III controlled substance
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
12/31/12	Pain	Acetaminophen (APAP)	Clarification: Dose: In calculating the new maximum daily dose...
12/31/12	Pain	Behavioral interventions	Clarification: See Fear-avoidance beliefs questionnaire (FABQ) in the Low Back Chapter.
12/31/12	Pain	Muscle relaxants (for pain)	Clarification: short-term (less than two weeks); Clarification: Carisoprodol: Not recommended in ODG

12/31/12	Pain	Opioids, specific drug list	Oxycodone/acetaminophen: Typo: sever; Clarification: Propoxyphene: [Off market in U.S.]; Clarification: Acetaminophen Dose 3 g/day (Hydrocodone/Acetaminophen; Codeine; Oxycodone/acetaminophen; Propoxyphene)
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NEW CHAPTERS, ENTRIES AND TOPICS

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11/06/12	Pain	Opioids, screening tests for risk of addiction & misuse	New entry: Recommend... (Savage 1999) (Portenoy, 1996) (Chou, 2009b) (Bohn, 2011) (Turk, 2008) (Moore, 2009) (Jones, 2012) (Jones, 2011) (Jamison, 2011) (Atluri, 2012) (Sehgal, 2012) (Jones, 2012) (Atluri, 2012) (Akbik, 2006 (Butler, 2008) (Butler, 2009) (Holmes, 2006) (Dowling, 2007) (Compton, 2008) (Kahan, 2006) (Sundwall-Utah, 2009) (Smith, 2010) (NIDA, 2012) (Meltzer, 2011) (Butler, 2007) (Brown, 1995) (Wu, 2006) (Belgrade, 2006) (Atluri, 2004)
11/06/12	Pain	Opioids, tools for risk stratification & monitoring	New entry: Recommend... (Sehgal, 2012) (Manchikanti, 2012) (Atluri, 2012) (Gourlay, 2009) (Savage, 2009) (Manubay, 2011) (Kirsh, 2011)
11/06/12	Pain	Opioids, risk evaluation & mitigation strategy (REMS)	New entry: Recommended. Moved from Opioids, dealing with misuse & addiction
11/06/12	Pain	Opioids, indicators for addiction & misuse	New entry: Recommended. Moved from Opioids, indicators for addiction
11/15/12	RTW guidelines	RTW Prescription	New Feature
11/16/12	Ankle	Ganglion cyst removal	New entry: Recommended... (Ahn, 2010)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/06/12	Pain	Opioids, dealing with misuse & addiction	Complete evidence review & update
11/06/12	Pain	Urine drug testing (UDT)	Complete evidence review & update: (Manchikanti, 2011b) (Moeller, 2008) (Gourlay, 2010) (Heit, 2004) (Chou, 2009b) (Katz, 2002) (Katz, 2003) (Brahm, 2010) (Compton, 2007) (Gourlay 2009) (Heit, 2010) (Jaffee, 2008) (Nafziger, 2009) (Schneider, 2008) (Starrels, 2010) (Chou, 2009b) (McCarberg, 2011) (Owen, 2012) (Christo, 2011) (Melanson, 2009) (Peppin, 2012) (Atluri, 2012) (Standridge, 2010) (DOT, 2010)
11/16/12	Ankle	Surgery	Add xref: Ganglion cyst removal
11/16/12	Ankle	Compression	New xref: Rest (RICE)
11/16/12	Ankle	Elevation	New xref: Rest (RICE)
11/16/12	Ankle	RICE	New xref: Rest (RICE)
11/16/12	Ankle	Bracing (immobilization)	(Kerkhoffs, 2012)
11/16/12	Ankle	Diathermy	(Kerkhoffs, 2012)
11/16/12	Ankle	Electrical stimulators (E-stim)	(Kerkhoffs, 2012)
11/16/12	Ankle	Exercise	(Kerkhoffs, 2012)
11/16/12	Ankle	Functional treatment	(Kerkhoffs, 2012)
11/16/12	Ankle	Ice packs	(Kerkhoffs, 2012)
11/16/12	Ankle	Immobilization	(Kerkhoffs, 2012)
11/16/12	Ankle	Laser therapy (LLLT)	(Kerkhoffs, 2012)
11/16/12	Ankle	Manipulation	(Kerkhoffs, 2012)
11/16/12	Ankle	Massage	(Kerkhoffs, 2012)
11/16/12	Ankle	Ottawa ankle rules (OAR)	(Kerkhoffs, 2012)
11/16/12	Ankle	Rest (RICE)	(Kerkhoffs, 2012)
11/16/12	Ankle	Return to work	(Kerkhoffs, 2012)
11/16/12	Ankle	Surgery for ankle sprains	(Kerkhoffs, 2012)
11/16/12	Ankle	Taping	(Kerkhoffs, 2012)

11/16/12	Ankle	Ultrasound, therapeutic	(Kerkhoffs, 2012)
11/27/12	Pain	Percura®	New xref: Not recommended...
11/28/12	Back	Lumbar supports	Add xref: IntelliSkin posture garments
11/28/12	Back	IntelliSkin posture garments	New entry: Not recommended...
11/28/12	Back	Fusion (spinal)	(Clancy, 2012) (Gum, 2012)
11/28/12	Back	Epidural steroid injections (ESIs), therapeutic	(Pinto, 2012)
11/29/12	Knee	Glucosamine/ Chondroitin (for knee arthritis)	General update (Rozenfeld, 2004)
11/29/12	Pain	Glucosamine (and Chondroitin Sulfate)	General update (Rozenfeld, 2004)
11/29/12	Shoulder	Specific proprioceptive response taping (SPRT)	New xref: Kinesio tape
11/29/12	Shoulder	Manipulation under anesthesia (MUA)	(Sokk, 2012)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
11/30/12	Knee	Surgery	Add xref: Hamstring injury treatment
11/30/12	Knee	Strontium ranelate	New entry: Under study... (Reginster, 2012)
11/30/12	Knee	Manipulation under anesthesia (MUA)	(Bawa, 2012)
11/30/12	Knee	Autologous cartilage implantation (ACI)	(Filardo, 2012)
11/30/12	Knee	Physical medicine treatment	Add: Fracture of patella (ICD9 822), Medical treatment

REVISED INFORMATION

Date	Chapter	Section	Change
11/06/12	Pain	Opioids, differentiation: dependence & addiction	Deleted entry, now covered elsewhere
11/16/12	RTW guidelines	Fusion BP	Clarification: Make 722.1 consistent with 722.2, 722.6, & 722.7: heavy manual work: indefinite
11/27/12	Pain	Detoxification	Clarification: replace dependence with misuse; working with efficacious
11/27/12	Pain	Theramine®	Clarification: Was an xref to Medical Food. Now quote from Medical food: Not recommended. See Medical food, Gamma-aminobutyric acid (GABA), where it says, “There is no high quality peer-reviewed literature that suggests that GABA is indicated”; Choline, where it says, “There is no known medical need for choline supplementation”; L-Arginine, where it says, “This medication is not indicated in current references for pain or inflammation”; & L-Serine, where it says, “There is no indication for the use of this product.”
11/29/12	Knee	Topical NSAIDs (for knee arthritis)	Clarification: change ibuprofen to NSAIDs
11/29/12	Pain	Medical food	Clarification: change product to supplement
11/29/12	Shoulder	Ketorolac injections	Clarification: subacromial

11/30/12	Knee	Hamstring injury treatment	Clarfication: Move to top: Not recommend surgery... Under study for injections.
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/22/12	Pain	CRPS, ketamine subanesthetic infusion	New xref: Ketamine
10/29/12	Forearm	Hand transplantation	New entry: Recommended... (Brandacher, 2012) (Jensen, 2012) (NICE, 2011) (Oda, 2010)
10/29/12	Forearm	Amputation (surgery)	New entry: Recommended... (Louis, 1999) (Tooms, 1998) (Blume, 2007)
10/29/12	Forearm	Transplantation	New xref: Hand transplantation
10/31/12	Forearm	Versajet hydrosurgery system	New entry: Under study... (Sainsbury, 2009) (Matsumura, 2012)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/22/12	Pain	CRPS (complex regional pain syndrome)	Add xref: CRPS, ketamine subanesthetic infusion
10/22/12	Pain	Ketamine	Complete evidence update: (Noppers, 2011) (Morgan, 2012) (Chu, 2008) (Morgan, 2012) (Correll, 2004) (Patil, 2011) (Sigtermans, 2009) (Schwartzman, 2009) (Hardy, 2012)
10/22/12	Pain	Carisoprodol (Soma®)	(DEA, 2012)
10/24/12	Back	Manipulation under anesthesia (MUA)	Complete evidence review and update: (Dagenais, 2008) (Kohlbeck, 2002) (Palmieri, 2002) (West, 1999) (Kohlbeck, 2005) (Haldeman, 1993) (UnitedHealthcare, 2012) (BlueCross BlueShield, 2011) (Aetna, 2012) (Cigna, 2011) (Aspegren, 1997) (Ben-David, 1994) (Dougherty, 2004)
10/24/12	Back	CT (computed tomography)	(Daffner, 2009)
10/26/12	Shoulder	Acupuncture	(Maund, 2012)

10/26/12	Shoulder	Deep friction massage	(Maund, 2012)
10/26/12	Shoulder	Hyaluronic acid injections	(Maund, 2012)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
10/26/12	Shoulder	Hydroplasty/ hydrodilation	(Maund, 2012)
10/26/12	Shoulder	Manipulation	(Maund, 2012)
10/26/12	Shoulder	Physical therapy	(Maund, 2012)
10/26/12	Shoulder	Steroid injections	(Maund, 2012)
10/26/12	Shoulder	Surgery for adhesive capsulitis	(Maund, 2012)
10/26/12	Shoulder	Manipulation under anesthesia (MUA)	(Vastamäki, 2012) (Maund, 2012)
10/29/12	Forearm	Hospital length of stay (LOS)	Add 82.56
10/29/12	Forearm	Surgery	Add xrefs: Amputation (surgery); Hand transplantation
10/31/12	Forearm	Prostheses (artificial limbs)	Add xref: Amputation (surgery); Hand transplantation
10/31/12	Forearm	Hand transplantation	Add xref: Amputation (surgery); I-Limb® (bionic hand); Prostheses (artificial limbs); Targeted muscle reinnervation.
10/31/12	Forearm	Amputation (surgery)	Add xref: Hand transplantation; I-Limb® (bionic hand); Prostheses (artificial limbs); Targeted muscle reinnervation
10/31/12	Forearm	Wound dressings	Add xref: Versajet hydrosurgery system
10/31/12	Forearm	Prostheses (artificial limbs)	(Harvey, 2012)

REVISED INFORMATION

Date	Chapter	Section	Change
10/22/12	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Clarification: add (6) & (7)
10/22/12	Pain	Opioid hyperalgesia	Clarification: Diagnosis (4); Treatment (1) (2) (4)
10/24/12	Back	Discography	Carification: Eliminate duplicate sentence: Discography may be justified...
10/24/12	Back	Causation	Clarification: replace aggravation with exacerbation

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NEW CHAPTERS, ENTRIES AND TOPICS

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09/07/12	Back	Mild® (minimally invasive lumbar decompression)	New xref: Percutaneous diskectomy (PCD). Not recommended. (FDA, 2006) (NY Times, 2012)
09/25/12	Knee	ACL reconstruction	New xref: Anterior cruciate ligament (ACL) reconstruction
09/25/12	Knee	Magnetic resonance imaging (MRI)	New xref: MRI's (magnetic resonance imaging)
09/30/12	Formulary	Anti-infectives, Amoxicillin-Clavulanate, Augmentin®	New entry: Y
09/30/12	Formulary	Anti-infectives, Azithromycin, Zithromax®	New entry: Y
09/30/12	Formulary	Anti-infectives, Cefadroxil, Duricef®	New entry: Y
09/30/12	Formulary	Anti-infectives, Cefdinir, Omnicef®	New entry: Y
09/30/12	Formulary	Anti-infectives, Cefprozil, Cefzil®	New entry: Y
09/30/12	Formulary	Anti-infectives, Cefuroxime, Ceftin®	New entry: Y
09/30/12	Formulary	Anti-infectives, Cephalexin, Keflex®	New entry: Y
09/30/12	Formulary	Anti-infectives, Clarithromycin, Biaxin®	New entry: Y
09/30/12	Formulary	Anti-infectives, Clindamycin, Cleocin®	New entry: Y
09/30/12	Formulary	Anti-infectives, Dicloxacillin, Dynapen®	New entry: Y
09/30/12	Formulary	Anti-infectives, Doxycycline, Vibramycin®, Doryx®	New entry: Y
09/30/12	Formulary	Anti-infectives, Levofloxacin, Levaquin®	New entry: Y
09/30/12	Formulary	Anti-infectives, Linezolid, Zyvox®	New entry: N
09/30/12	Formulary	Anti-infectives, Metronidazole, Flagyl®	New entry: Y
09/30/12	Formulary	Anti-infectives, Minocycline, Minocin®, Dynacin®	New entry: Y

09/30/12	Formulary	Anti-infectives, Moxifloxacin, Avelox®	New entry: Y
09/30/12	Formulary	Anti-infectives, Penicillin, Veetids®	New entry: Y
09/30/12	Formulary	Anti-infectives, Amoxicillin, Amoxil®	New entry: Y
09/30/12	Formulary	Anti-infectives, Sulfamethoxazole-Trimethoprim, Bactrim®, Septra®	New entry: Y

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
09/07/12	Back	Disc prosthesis	(Health Net, 2012) (Jacobs, 2012) (Wiesel, 2012)
09/07/12	Back	Epidural steroid injections (ESIs), therapeutic	(Weiner, 2012)
09/07/12	Back	Fusion, endoscopic	(Arnold, 2012)
09/07/12	Back	XLIF® (eXtreme Lateral Interbody Fusion)	(Arnold, 2012)
09/11/12	Infectious Diseases	New Chapter	
09/21/12	Pain	Acupuncture	Recent research: (Vickers, 2012)
09/21/12	Pain	Capsaicin, topical (chili pepper/ cayenne pepper)	(FDA, 2012)
09/21/12	Pain	Hospital length of stay (LOS)	SCS: % workers' comp
09/21/12	Pain	Salicylate topicals	(FDA, 2012)
09/25/12	Knee	MRI's (magnetic resonance imaging)	(Guermazi, 2012)
09/25/12	Knee	Platelet-rich plasma (PRP)	(Cohen, 2012)
09/25/12	Knee	Venous thrombosis	(Sobieraj, 2012)
09/27/12	Diabetes	Glucose monitoring	(Aakre, 2012)
09/27/12	Diabetes	Statins	(Rautio, 2012)

REVISED INFORMATION

Date	Chapter	Section	Change
09/07/12	Back	MRIs (magnetic resonance imaging)	(Graves, 2012) Clarification: copy 5th criterion to top
09/07/12	Back	Disc prosthesis	Clarification: Not repeat what is already in Neck Chapter
09/07/12	Back	Disc prosthesis	Clarification: Remove repititious info (eg insurance coverage)
09/21/12	Pain	Acupuncture	Clarification: Move "No particular acupuncture procedure has been found" to top
09/21/12	Pain	Limbrel (flavocoxid/ arachidonic acid)	Correction: Remove last sentence under (Chalasani, 2012) as it is from another article in same journal
09/25/12	Knee	Procedure Summary	Correct alphabetizing of A's

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NEW CHAPTERS, ENTRIES AND TOPICS

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08/13/12	Ankle	Jones fracture (surgery)	New entry: Not recommend surgery... (Dean, 2012) (Smith, 2011) (Zwitser, 2010)
08/13/12	Ankle	Lisfranc injury (surgery)	New entry: Recommend surgery... (Stavlas, 2010) (Watson, 2010) (Chaney, 2010) (Panagakos, 2012)
08/13/12	Ankle	Closed reduction for toe	New xref: Turf toe treatment
08/14/12	Burns	Collagenase ointment (wound healing)	New entry: Recommended... (Shi, 2009) (Mosher, 1999) (Hansbrough, 1995)
08/14/12	Burns	Santyl ointment	New xref: Collagenase ointment (wound healing)
08/14/12	Diabetes	Collagenase ointment (wound healing)	New xref: Recommended...
08/15/12	Elbow	Computed tomography (CT)	New entry: Recommended...
08/15/12	Elbow	Chronic pain programs	New entry: Recommended... (Howard, 2012)
08/15/12	Forearm	Chronic pain programs	New entry: Recommended... (Howard, 2012)
08/15/12	Elbow	Functional restoration programs (FRPs)	New xref: Chronic pain programs
08/15/12	Elbow	Hivamat	New xref: Electrical stimulation (E-STIM)
08/15/12	Elbow	Hybresis	New xref: Iontophoresis
08/15/12	Forearm	Skin grafts	New xref: Recommended for severe wounds. See Burns
08/16/12	Knee	Loose body removal surgery (arthroscopy)	New entry: Recommended... (Kirkley, 2008)
08/16/12	Knee	PEMF (pulsed electromagnetic fields)	New xref
08/16/12	Hip	Hardware implant removal (fracture fixation)	New xref: Not recommend...
08/21/12	Mental	BAP-2 (Behavioral Assessment of Pain-2)	New entry: Not recommended… (Buros, 2012)
08/21/12	Mental	Telephone CBT (cognitive behavioral therapy)	New entry: Recommended... (Mohr, 2012)
08/21/12	Back	METRx®	New xref: Microdiscectomy

08/21/12	Mental	Atypical antipsychotics	New xref: Not recommended...
08/21/12	Mental	CES-D (Center for Epidemiological Studies Depression Scale)	New xref: Not recommended...
08/21/12	Mental	MBHI™ (Millon Behavioral Health Inventory)	New xref: Not recommended...
NEW CHAPTERS, ENTRIES AND TOPICS			
Date	**Chapter**	**Section**	**Change**
08/21/12	Mental	MCMI-111™ (Millon Clinical Multiaxial Inventory, 3rd edition)	New xref: Not recommended...
08/21/12	Mental	Oswestry Disability Questionnaire (ODI)	New xref: Not recommended...
08/21/12	Mental	P-3™ (Pain Patient Profile)	New xref: Not recommended...
08/21/12	Mental	PAB (Pain Assessment Battery)	New xref: Not recommended...
08/21/12	Mental	PAI™ (Personality Assessment Inventory)	New xref: Not recommended...
08/21/12	Mental	PDS™ (Post Traumatic Stress Diagnostic Scale)	New xref: Not recommended...
08/21/12	Mental	PHQ (Patient Health Questionnaire)	New xref: Not recommended...
08/21/12	Mental	PPI (Pain Presentation Inventory)	New xref: Not recommended...
08/21/12	Mental	PRIME-MD (Primary Care Evaluation for Mental Disorders)	New xref: Not recommended...
08/21/12	Mental	Quetiapine (Seroquel)	New xref: Not recommended...
08/21/12	Mental	Risperidone (Risperdal)	New xref: Not recommended...
08/21/12	Mental	SCL-90-R® (Symptom Checklist –90 Revised)	New xref: Not recommended...
08/21/12	Mental	VAS (Visual Analogue Pain Scale)	New xref: Not recommended...
08/21/12	Mental	Zung Depression Inventory	New xref: Not recommended...
08/21/12	Back	Thrombin/ fibrinogen injection	New xref: Platelet-rich plasma (PRP)
08/21/12	Mental	BBHI™ 2 (Brief Battery for Health Improvement – 2nd edition)	New xref: Recommended...
08/21/12	Mental	BDI ®–II (Beck Depression Inventory-2nd edition)	New xref: Recommended...
08/21/12	Mental	BHI™ 2 (Battery for Health Improvement – 2nd edition)	New xref: Recommended...
08/21/12	Mental	BSI® (Brief Symptom Inventory)	New xref: Recommended...
08/21/12	Mental	BSI® 18 (Brief Symptom Inventory-18)	New xref: Recommended...
08/21/12	Mental	Bupropion (Wellbutrin®)	New xref: Recommended...
08/21/12	Mental	Escitalopram (Lexapro®)	New xref: Recommended...
08/21/12	Mental	Fluoxetine (Prozac®)	New xref: Recommended...
08/21/12	Mental	MBMD™ (Millon Behavioral Medical Diagnostic)	New xref: Recommended...
08/21/12	Mental	MMPI-2™ (Minnesota Inventory- 2nd edition ™)	New xref: Recommended...
08/21/12	Mental	MPI (Multidimensional Pain Inventory)	New xref: Recommended...
08/21/12	Mental	MPQ (McGill Pain Questionnaire)	New xref: Recommended...
08/21/12	Mental	MPQ-SF (McGill Pain Questionnaire – Short Form)	New xref: Recommended...
08/21/12	Mental	Sertraline (Zoloft®)	New xref: Recommended...
08/21/12	Mental	SF 36 ™	New xref: Recommended...
08/21/12	Mental	SIP (Sickness Impact Profile)	New xref: Recommended...

08/22/12	Shoulder	Chronic pain programs	New entry: Recommended... (Howard, 2012)
08/22/12	Shoulder	Functional restoration programs (FRPs)	New xref: Chronic pain programs
08/23/12	Pain	Genetic testing for potential opioid abuse	New entry: Not recommended. (Levran, 2012)
08/23/12	Pain	Haveos™ genetics opioid abuse testing	New xref: Genetic testing for potential opioid abuse
08/31/12	Formulary	Atypical antipsychotics, Risperidone, Risperdal	New entry: N
08/31/12	Formulary	Buprenorphine (for detox), Buprenex® injection	New entry: Y
08/31/12	Formulary	Bupropion (for depression), (Wellbutrin®)	New entry: Y

NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
08/31/12	Formulary	Escitalopram (for depression), (Lexapro®)	New entry: Y
08/31/12	Formulary	Atypical antipsychotics, Quetiapine, Seroquel	New entry: N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
08/10/12	Pain	Barbiturate-containing analgesic agents (BCAs)	(AGS, 2012)
08/10/12	Pain	Benzodiazepines	(AGS, 2012)
08/10/12	Pain	Carisoprodol (Soma®)	(AGS, 2012)
08/10/12	Pain	Diclofenac	(AGS, 2012)
08/10/12	Pain	Meperidine (Demerol®)	(AGS, 2012)
08/10/12	Pain	Methadone	(CDC, 2012)
08/10/12	Pain	Telomerase activators (TA-65)	(Honig, 2012)
08/10/12	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	(Jacques, 2012)
08/13/12	Ankle	Surgery	Add xref: Lisfranc injury; Jones fracture
08/13/12	Ankle	Hyperbaric oxygen therapy (HBOT)	Add xref: Diabetes
08/13/12	Ankle	Achilles tendon ruptures (treatment)	(Wilkins, 2012)
08/14/12	Diabetes	Wound care (diabetic foot ulcers)	Add xref: Collagenase ointment (wound healing)
08/14/12	Diabetes	Exercise	(Grøntved, 2012) (Sluik, 2012)
08/14/12	Diabetes	Lorcaserin (Belviq)	(O'Neil, 2012)
08/14/12	Diabetes	Statins	(Ridker, 2012) (Machan, 2012)
08/15/12	Elbow	Imaging	Add xref: Computed tomography (CT)
08/15/12	Ankle	Wound dressings	Add xref: Diabetes
08/15/12	Forearm	Hyperbaric oxygen therapy (HBOT)	Add xref: Diabetes
08/15/12	Head	Imaging	Add xref: MRA (magnetic resonance angiography)
08/15/12	Forearm	Wound dressings	Add xref: Skin grafts
08/15/12	Forearm	Physical/ Occupational therapy)	Add: 923; 927
08/15/12	Ankle	Physical therapy (PT)	Add: 924; 928
08/15/12	Head	Human growth hormone (HGH) for memory loss	(Baker, 2012)
08/16/12	Knee	Surgery	Add xref: Loose body removal surgery (arthroscopy)
08/16/12	Knee	Physical medicine treatment	Add: 727.65 Quadriceps tendon; 727.66 Patellar tendon
08/16/12	Knee	Corticosteroid injections	(Douglas, 2012)

08/16/12	Knee	Platelet-rich plasma (PRP)	(Kon, 2012)
08/17/12	Hernia	Surgery	(Treadwell, 2012)
08/21/12	Mental	Diphenhydramine (Benadryl)	(AGS, 2012)
08/21/12	Back	MRIs (magnetic resonance imaging)	(Fardon, 2001)
08/21/12	Mental	Cognitive therapy for depression	(Mohr, 2012)
08/22/12	Pulmonary	Causality (determination)	(CDC, 2012)
08/22/12	Pain	Manual therapy & manipulation	(Cifuentes, 2011)
08/22/12	Shoulder	Surgery for SLAP lesions	(Fedoriw, 2012)
08/22/12	Knee	MRI's (magnetic resonance imaging)	(Weissman, 2011)
08/23/12	Pain	Manual therapy & manipulation	(Bronfort, 2012)
08/31/12	Formulary	Salmeterol/Fluticasone, Advair®	Add hyperlink to Pulmonary Chapter

REVISED INFORMATION

Date	Chapter	Section	Change
08/10/12	Pain	Anti-epilepsy drugs (AEDs) for pain	Clarification: Pregabalin: increasing daily doses
08/10/12	Pain	Opioids for chronic pain	Clarification: Take out 'generally' for consistency with Low Back Chapter update
08/16/12	Knee	Pulsed magnetic field therapy (PMFT)	Change to Recommended... Recent research: (Vavken, 2009) (Zorzi, 2007) (Ozgüçlü, 2010) (Fary, 2008)
08/16/12	Knee	Pulsed magnetic field therapy (PMFT)	Clarification: Concerning use for non union of fractures, see Bone growths timulators electrical.
08/22/12	Neck	Bone scan	Change to Not recommended... (Spitzer, 1995) (Daffner, 2010) (Fitzgerald, 2011)
08/31/12	Formulary	Morphine ER, Kadian®	Change GE to Yes
08/31/12	Formulary	Antidepressants	Eliminate duplicate listings by class & subclass

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Division of Workers' Compensation

TREATMENT GUIDELINE UPDATES

Jul-12

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
07/17/12	Shoulder	Home exercise kits	New entry: Recommended... (Holmgren, 2012)
07/17/12	Shoulder	Venous thrombosis	New entry: Recommended... (Saseedharan, 2012) (Ojike, 2011) (Garofalo, 2010) (Willis, 2009)
07/17/12	Shoulder	Deep vein thrombosis (DVT)	New xref: Venous thrombosis
07/30/12	Diabetes	Vitamin D	New entry: Recommended... (Leblanc, 2012)
07/30/12	Diabetes	Lorcaserin (Belviq)	New entry: Under study
07/30/12	Diabetes	Low-carbohydrate diet	New xref
07/30/12	Diabetes	Low-fat diet	New xref
07/30/12	Diabetes	Low-glycemic-index diet	New xref
07/30/12	Diabetes	Roux-en-Y gastric bypass	New xref
07/30/12	Diabetes	Sleeve gastrectomy	New xref

Date	Chapter	Section	Change
07/17/12	Shoulder	Hydroplasty/ hydrodilation	(Tashjian, 2012)

07/17/12	Shoulder	Manipulation	(Tashjian, 2012)
07/17/12	Shoulder	Nerve blocks	(Tashjian, 2012)
07/17/12	Shoulder	Steroid injections	(Tashjian, 2012) (Johansson, 2011)
07/17/12	Shoulder	Physical therapy	Add: 840.7 Superior glenoid labrum lesion
07/19/12	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Swart, 2012)
07/30/12	Diabetes	Bariatric surgery	(Angrisani, 2012) (Maciejewski, 2012)
07/30/12	Diabetes	Lifestyle (diet & exercise) modifications	(Ebbeling, 2012)
07/31/12	Back	Causation	(Battié, 2004) (Battié, 2006) (Hancock, 2010) (Samartzis, 2012)
07/31/12	Back	Discography	(Gruber, 2012)
07/31/12	Back	TENS (transcutaneous electrical nerve stimulation)	(Jacques, 2012)
REVISED INFORMATION			
Date	**Chapter**	**Section**	**Change**
07/17/12	Shoulder	Low level laser therapy (LLLT)	Clarification: Recommended for adhesive capsulitis... (Tashjian, 2012) (Abrisham, 2011) (Stergioulas, 2008) (Bingöl, 2005)
07/17/12	Shoulder	Extracorporeal shock wave therapy (ESWT)	Clarification: Recommended for calcifying tendinitis...
07/17/12	Shoulder	Acupuncture	Clarification: Recommended for... (Johansson, 2011)
07/17/12	Shoulder	Massage	Recent research, change to Recommended... (Yang, 2012) (van den Dolder, 2010) (Tashjian, 2012)
07/19/12	Knee	Hyaluronic acid injections	Recent research: (Rutjes, 2012) (CTAF, 2012)
07/19/12	Knee	Glucosamine/ Chondroitin (for knee arthritis) (Rovati , 2012)	
07/30/12	Diabetes	Diet	Clarification: Recommend a low-glycemic-index diet as a component of a low-carbohydrate diet. Not recommend a low-fat diet.
07/31/12	Back	Opioids	Clarification: Take out 'generally' for consistency with Pain Chapter update
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Division of Workers' Compensation

TREATMENT GUIDELINE UPDATES

Jun-12

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
06/18/12	Ankle	Limb length temporary adjustment device	New entry: Recommended... (Song, 2009)
06/18/12	Ankle	Allograft for ankle reconstruction	New entry: Recommended... (Youn, 2012)
06/18/12	Ankle	Neuromuscular reeducation	New xref: Physical therapy (PT)
06/19/12	Diabetes	MRIs (magnetic resonance imaging)	New entry: Not recommended... (Callaghan, 2012)
06/19/12	Diabetes	Paleolithic diet	New entry: Recommended... (Lindeberg, 2007) (Frassetto, 2009) (Jönsson, 2009)
06/19/12	Diabetes	Neuropathy	New xref: Diabetic neuropathy
06/19/12	Diabetes	Peripheral neuropathy	New xref: Diabetic neuropathy
06/19/12	Diabetes	Nutritional counseling	New xref: Lifestyle (diet & exercise) modifications
06/29/12	Back	AccuraScope procedure (North American Spine)	New entry: Not recommended... (Payer, 2011) (Bloomberg, 2011) See Percutaneous endoscopic laser discectomy (PELD)
06/29/12	Back	Epiduroscopic laser neural decompression	New xref: AccuraScope procedure (North American Spine)
06/29/12	Back	VibraCussor® (percussion massage device)	New xref: Massage

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change

06/18/12	Ankle	Physical therapy (PT)	Add xref: Active Treatment versus Passive Modalities
06/18/12	Ankle	Lateral ligament ankle reconstruction (surgery)	Add xref: Allograft for ankle reconstruction
06/18/12	Ankle	Surgery	Add xref: Allograft for ankle reconstruction
06/18/12	Ankle	Injections	(McMillan, 2012)
06/18/12	Ankle	Cast (immobilization)	(Song, 2009) Add xref: Limb length temporary adjustment device
06/19/12	Diabetes	Pioglitazone (Actos)	(Azoulay, 2012)
06/19/12	Diabetes	Hyperbaric oxygen therapy (HBOT) for diabetic skin ulcers	(Boudreau, 2011) (Zamboni, 1997) (CMS, 2003) Add Criteria
06/19/12	Diabetes	Metformin (Glucophage)	(Bray, 2012) (Desai, 2012)
06/19/12	Diabetes	Diabetic neuropathy	(Callaghan, 2012)
06/19/12	Pain	Medical food	(Chalasani, 2012)
06/19/12	Diabetes	Ketogenic diet	(Hussain, 2012)
06/19/12	Pain	Acetaminophen (APAP)	(McNeil, 2012)
06/19/12	Pain	Medications for acute pain (analgesics)	(McNeil, 2012)
06/19/12	Diabetes	Lifestyle (diet & exercise) modifications	(Odegaard, 2012) (Hussain, 2012)
06/29/12	Back	Surgery	Add xref: Intraoperative neurophysiological monitoring (during surgery); Percutaneous endoscopic laser discectomy (PELD)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
06/29/12	Back	Percutaneous endoscopic laser discectomy (PELD)	(NICE, 2009) (NICE, 2010) (Payer, 2011) add xref: AccuraScope procedure (North American Spine)
06/29/12	Back	Intraoperative neurophysiological monitoring (during surgery)	(Nuwer, 2012)
06/29/12	Back	Percutaneous diskectomy (PCD)	(Payer, 2011)
06/29/12	Back	Radiography (x-rays)	(Srinivas, 2012)

REVISED INFORMATION

Date	Chapter	Section	Change
06/19/12	Pain	Limbrel (flavocoxid/ arachidonic acid)	Change to Under study... with recent evidence that Limbrel is capable of causing acute liver injury and should be used with caution. (Chalasani, 2012)

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End of Excel Spreadsheet			

Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES UPDATES
May-12

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		NEW CHAPTERS, ENTRIES AND TOPICS	
Date	**Chapter**	**Section**	**Change**
05/09/12	Knee	Three-dimensional CT (3D)	New entry: Not recommended... (Davis, 2010) (Kobayashi, 2012) (Nowakowski, 2012)
05/29/12	Back	Biofreeze® cryotherapy gel	New entry: Recommended... (Zhang, 2008)
05/23/12	Pain	Telomerase activators (TA-65)	New entry: Under study (Sibille, 2012) (Harley, 2011)
05/09/12	Knee	CT (Computed tomography)	New xref
05/09/12	Knee	CT-based 3D procedures	New xref
05/09/12	Knee	KneeCAS software	New xref
05/23/12	Pain	Melatonin	New xref: Insomnia treatment (Wilhelmsen, 2011)
05/29/12	Back	Percutaneous decompression	New xref: Percutaneous diskectomy (PCD)
05/15/12	Pain	Aspirin	New xref: Recommended. (FDA, 2012)
		NEW OR UPDATED REFERENCES	

Date	Chapter	Section	Change
05/29/12	Back	Cold/heat packs	Add xref: Biofreeze® cryotherapy gel
05/30/12	Carpal	Work	Add xref: Ergonomic interventions
05/22/12	Shoulder	Injections	Add xref: Platelet-rich plasma (PRP)
05/09/12	Knee	Imaging	Add xref: Three-dimensional CT (3D)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
05/15/12	Pulmonary	Formoterol (Foradil®)	Clarification: Recommend long-acting beta2-agonists in combination with corticosteroids, but Foradil is a single ingredient and not recommended alone as first-line. (O'Lenic, 2012)
05/15/12	Pulmonary	Salmeterol (Serevent®)	Clarification: Recommend long-acting beta2-agonists in combination with corticosteroids, but Serevent is a single ingredient and not recommended alone as first-line. (O'Lenic, 2012)
05/23/12	Pain	Oral corticosteroids	Remove duplicate listing
05/23/12	Pain	Oral morphine	Remove duplicate listing
05/29/12	Back	Tumor necrosis factor (TNF) modifiers	Change to Not recommended from Under study. (Cohen2, 2012)
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Texas Department of Insurance
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TREATMENT GUIDELINES* UPDATES
Apr-12

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NEW CHAPTERS, ENTRIES AND TOPICS

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04/16/12	Diabetes	Prediabetes screening	New entry: Recommended... (Zhuo, 2012)
04/16/12	Pain	Lacosamide (Vimpat®)	New entry: Not recommended... (O'Lenic, 2012)
04/18/12	Shoulder	MR neurography	New entry: Not recommended... (Du, 2010) (Faridian-Aragh, 2011) (Chhabra, 2011) (Mallouhi, 2011)
04/18/12	Shoulder	Stem cell autologous transplantation	New entry: Under study... (Ahmad, 2012) (Nixon, 2012) (Isaac, 2012) (Ellera, 2012) (Obaid, 2010)
04/18/12	Shoulder	Autologous blood injection	New entry: Under study... (Bashir, 2012)

Date	Chapter	Section	Change
04/26/12	Eye	Cataract removal	New entry: Recommended... (Ashwin, 2009) (Rosado-Adames, 2012)
04/26/12	Eye	Conjunctivoplasty	New entry: Recommended... (Doss, 2012)
04/26/12	Eye	Retinal reattachment	New entry: Recommended... (Saw, 2006) (Koch, 2012)

04/30/12	Formulary	Asthma medications, Albuterol oral tablet, Albuterol	New entry: N
04/30/12	Formulary	Asthma medications, Cromolyn, Cromolyn	New entry: N
04/30/12	Formulary	Asthma medications, Formoterol, Foradil®	New entry: N
04/30/12	Formulary	Asthma medications, Indacaterol, Arcapta®	New entry: N
04/30/12	Formulary	Asthma medications, Ipratropium, Atrovent®	New entry: N
04/30/12	Formulary	Asthma medications, Montelukast, Singulair®	New entry: N
04/30/12	Formulary	Asthma medications, Omalizumab, Xolair®	New entry: N
04/30/12	Formulary	Asthma medications, Salmeterol, Serevent®	New entry: N
04/30/12	Formulary	Asthma medications, Theophylline, Slo-Bid®	New entry: N
04/30/12	Formulary	Asthma medications, Zafirlukast, Accolate®	New entry: N
04/30/12	Formulary	Asthma medications, Zileuton, Zyflo®	New entry: N
04/30/12	Formulary	Diphenhydramine for insomnia, Benadryl	New entry: N
04/30/12	Formulary	Famotidine (H2 blocker)/ Ibuprofen, Duexis®	New entry: N
04/30/12	Formulary	Lacosamide, Vimpat®	New entry: N
04/30/12	Formulary	Promethazine for insomnia, Phenergan	New entry: N
04/30/12	Formulary	Amantadine, Symmetrel	New entry: Y
04/30/12	Formulary	Asthma medications, Albuterol inhalation, Proventil®/ Ventolin®	New entry: Y
04/30/12	Formulary	Asthma medications, Albuterol/Ipratropium, Combivent®	New entry: Y
04/30/12	Formulary	Asthma medications, Beclomethasone, Qvar®	New entry: Y
04/30/12	Formulary	Asthma medications, Budesonide, Pulmicort®	New entry: Y
04/30/12	Formulary	Asthma medications, Ciclesonide, Alvesco®	New entry: Y
04/30/12	Formulary	Asthma medications, Fluticasone, Flovent®	New entry: Y
04/30/12	Formulary	Asthma medications, Formoterol/Budesonide, Symbicort®	New entry: Y
04/30/12	Formulary	Asthma medications, Formoterol/Mometasone, Dulera®	New entry: Y
04/30/12	Formulary	Asthma medications, Levalbuterol, Xopenex®	New entry: Y
04/30/12	Formulary	Asthma medications, Mometasone, Asmanex®	New entry: Y
		NEW CHAPTERS, ENTRIES AND TOPICS	
Date	**Chapter**	**Section**	**Change**
04/30/12	Formulary	Asthma medications, Pirbuterol, Maxair®	New entry: Y
04/30/12	Formulary	Asthma medications, Salmeterol/Fluticasone, Advair®	New entry: Y
04/30/12	Formulary	Carbidopa/Levodopa, Sinemet®	New entry: Y
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
04/16/12	Diabetes	Statins	(FDA, 2012)
04/16/12	Diabetes	Bariatric surgery	(Mingrone, 2012) (Schauer, 2012) (Zimmet, 2012) Criteria: add: BMI of 30 to 35 if the patient has poorly controlled diabetes
04/16/12	Diabetes	Metformin (Glucophage)	Add xref: Prediabetes screening
04/16/12	Pain	Limbrel (flavocoxid/ arachidonic acid)	(O'Lenic, 2011) Remove link to full text to allow for monograph updating

04/16/12	Pulmonary	Antibiotics	(Chow, 2012)
04/16/12	Pulmonary	Levalbuterol (Xopenex®)	(FDA, 2012)
04/16/12	Pulmonary	Asthma medications	(O'Lenic, 2012)
04/18/12	Shoulder	Exercises	(Holmgren, 2012)
04/18/12	Shoulder	Injections	Add xref: Autologous blood injection; Stem cell autologous transplantation
04/18/12	Shoulder	Imaging	Add xref: MR neurography
04/26/12	Hernia	Laparoscopic repair (surgery)	(Eker, 2012)
04/26/12	Hernia	Surgery	(Eker, 2012)
05/09/12	Knee	Computed tomography (CT)	(Davis, 2010) (Kobayashi, 2012) (Nowakowski, 2012)
05/09/12	Knee	Platelet-rich plasma (PRP)	(de Almeida, 2012)
05/22/12	Shoulder	Surgery for rotator cuff repair	(Downie, 2012)
05/22/12	Shoulder	MR arthrogram	(Fox, 2012)
05/29/12	Back	Laminectomy/ laminotomy	(Jarrett, 2012)
05/09/12	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Kettunen, 2012)
05/09/12	Knee	Knee joint replacement	(Nguyen, 2011) (Carr, 2012)
05/30/12	Carpal	Ergonomic interventions	(O'Connor, 2012)
05/30/12	Carpal	Ultrasound, therapeutic	(Page, 2012)
05/09/12	Knee	Anterior cruciate ligament (ACL) reconstruction	(Pallis, 2012)
05/22/12	Shoulder	Platelet-rich plasma (PRP)	(Rodeo, 2012)
05/09/12	Knee	Manipulation under anesthesia (MUA)	(Sambaziotis, 2011)
05/30/12	Carpal	Carpal tunnel release surgery (CTR)	(Shi, 2011)
05/30/12	Carpal	Acupuncture	(Sim, 2011)
05/22/12	Elbow	Iontophoresis	(Stefanou, 2012)
05/22/12	Elbow	Injections (corticosteroid)	(Stefanou, 2012)
		REVISED INFORMATION	
Date	Chapter	Section	Change
04/12/12	Pain	Opioids, criteria for use	Complete evidence update and rewrite
04/12/12	Pain	Opioids, dosing	Complete evidence update and rewrite
		REVISED INFORMATION	
Date	Chapter	Section	Change

04/12/12	Pain	Opioids for chronic pain	Complete evidence update and rewrite: Not recommended... (Ballantyne, 2008) (Bohnert, 2012) (Braden, 2010) (Braden, 2009) (CDC, 2012) (CDC, 2011) (Chapman, 2010) (Chou, 2009) (VA/DOD, 2010) (Edlund, 2010) (Edlunda, 2010) (Eriksen, 2006) (Franklin, 2009) (Franklin, 2008) (Furlan, 2010) (Hochberg, 2012) (Kahan, 2011) (Kidner, 2010) (Kidner, 2009) (Manchikanti, 2011) (Martin, 2011) (Mirakbari, 2003) (Morasco, 2010) (MMWR, 2012) (Papaleontiou, 2010) (Sullivan, 2012) (Sullivan, 2005) (Toblin, 2010) (Webster, 2011) (Weisner, 2009) (White, 2011) (Von Korff, 2011)
04/30/12	Formulary	GE or Gener Equiv explanation	Change Y to Yes
04/30/12	Mental	Insomnia treatment	Clarification: (4) Sedating antihistamines (primarily over-the-counter medications). (NCQA, 2012) (Richardson, 2002)
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Texas Department of Insurance

Division of Workers' Compensation

TREATMENT GUIDELINES* UPDATES

Mar-12

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
03/22/12	Forearm	Surgery for metacarpal fractures	New entry: Not recommended... (Zyluk, 2006) (Wong, 2006) (Potenza, 2012)
03/22/12	Head	Amantadine (Symmetrel)	New entry: Recommended... (Giacino, 2012) (FDA, 2012)
03/29/12	Burns	Bioengineered skin substitutes	New entry: Recommended... (Pham, 2007) (Límová, 2010) (Barendse-Hofmann, 2007)

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
03/09/12	Hip	Arthroplasty	(Cohen, 2012)
03/09/12	Hip	Manipulation	(Brantingham, 2012) (Brantingham2, 2012)

03/20/12	Pain	Opioids for neuropathic pain	Complete update (Attal, 2006) (Attal, 2010) (de Leon-Casasola, 2011) (Dworkin, 2010) (Finnerup, 2010) (Moulin, 2007) (O'Connor, 2009)
03/22/12	Forearm	Surgery	Add xref: Surgery for distal radius fracture; Surgery for metacarpal fractures
03/22/12	Forearm	Surgery for broken wrist	(Lichtman, 2012)
03/22/12	Forearm	Surgery for distal radius fracture	New xref: Surgery for broken wrist
03/22/12	Head	Botulinum toxin	(Royle, 2012)
03/22/12	Head	Craniectomy/ Craniotomy	(Whitmore, 2012)
03/22/12	Head	Medications	Add xref: Amantadine (Symmetrel)
03/29/12	Burns	Apligraf® (Organogenesis)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Biobrane® (Bertek Pharm)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Celaderm® (Celadon)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Dermagraft® (Smith & Nephew)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Epicel® (Genzyme)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Extracellular matrix	New xref: Bioengineered skin substitutes
03/29/12	Burns	Flucloxacillin	(FDA, 2012)
03/29/12	Burns	MatriStem® (ACell)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Oasis® wound matrix (Health Point)	New xref: Bioengineered skin substitutes
03/29/12	Burns	Skin grafts	Add xref: Bioengineered skin substitutes
03/29/12	Burns	Teicoplanin	(FDA, 2012)
03/29/12	Burns	TransCyte® (Smith & Nephew)	New xref: Bioengineered skin substitutes
03/30/12	Mental	Antidepressants for treatment of MDD (major depressive disorder)	(Barber, 2012)
03/30/12	Mental	Diphenhydramine (Benadryl)	New xref
03/30/12	Mental	Eye movement desensitization & reprocessing (EMDR)	(Nijdam, 2012)
03/30/12	Mental	Promethazine (Phenergan)	New xref
03/30/12	Mental	Psychotherapy for MDD (major depressive disorder)	(Barber, 2012)
03/30/12	Pain	Lidoderm® (lidocaine patch)	(Coventry, 2012)
03/30/12	Pain	Oramorph® (morphine)	New xref
03/30/12	Pain	OxyContin® (oxycodone)	(Coventry, 2012)
03/30/12	Pain	Roxicodone® (oxycodone)	New xref
03/30/12	Pain	Topamax® (topiramate)	New xref
03/30/12	Pain	Vicodin®	(Coventry, 2012)

		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
03/20/12	Pain	Treatment Planning	Clarification: Comorbid psychiatric disease:
03/22/12	Fitness	Functional capacity evaluation (FCE)	Correction typo: enties
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Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Feb-12

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
02/13/12	Hip	Percutaneous sacroiliac joint fusion	New entry: Not recommended. (Al-Khayer, 2008) (Wise, 2008)
02/13/12	Hip	Platelet-rich plasma (PRP)	New entry: Under study. (Sánchez, 2012) (Klaassen, 2011)
02/13/12	Hip	Repair of labral tears	New entry: Recommended... (Groh, 2009) (Haviv, 2011) (Larson, 2012)
02/15/12	Knee	Actovegin®	New entry: Not recommended. (Lee, 2011) (FDA, 2011)
02/15/12	Knee	Hamstring injury treatment	New entry: Recommended... (Reurink, 2012) (Lee, 2011)
02/16/12	Head	Vestibular PT rehabilitation	New entry: Recommended... (Cohen, 2006) (Alsalaheen, 2010) (Gottshall, 2011) (Whitney, 2011) (Yang, 2012)

02/20/12	Back	Platelet-rich plasma (PRP)	New entry: Not recommended. (Sys, 2012) (Hartmann, 2010)
02/20/12	Pain	Platelet-rich plasma (PRP)	New entry: Not recommended... (Andia, 2012) (Bava, 2011)
02/21/12	Pulmonary	Asthma medications	New entry: Recommended... (Dememter, 2011) (NHLBI, 2007)
02/21/12	Pulmonary	Whole-body vibration for COPD (chronic obstructive pulmonary disease)	New entry: Under study... (Gloeckl, 2012)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
02/13/12	Hip	Aquatic therapy	(Liebs, 2012)
02/13/12	Hip	Arthroplasty	(Deirmengian, 2011) (Mariconda, 2011)
02/13/12	Hip	Continuous passive motion (CPM)	New xref to Knee. Recommended... (Wilk, 2004)
02/13/12	Hip	iFuse™ implant system	New xref: Percutaneous sacroiliac joint fusion
02/13/12	Hip	Injections	Add xref: Platelet-rich plasma (PRP)
02/13/12	Hip	Sacroiliac joint fusion	Add xref: Percutaneous sacroiliac joint fusion
02/13/12	Hip	Surgical management	Add xref: Percutaneous sacroiliac joint fusion; Repair of labral tears; Sacroiliac joint fusion
02/14/12	Diabetes	Counseling	New xref
02/14/12	Diabetes	Education	(Morrison, 2012)
02/14/12	Diabetes	Glucose monitoring	(Malanda, 2012)
02/14/12	Diabetes	Insulin	(Bodmer, 2012)
02/14/12	Diabetes	Medications	(ACP, 2012) (Hung, 2012)
02/14/12	Diabetes	Metformin (Glucophage)	(Bodmer, 2012) (ACP, 2012) (Moutzouri, 2011) (Malin, 2012) (Svacina, 2010)
Date	**Chapter**	**Section**	**Change**
02/14/12	Diabetes	Patient education	New xref
02/14/12	Diabetes	Self-monitoring of blood glucose (SMBG)	New xref:
02/14/12	Diabetes	Sulfonylurea	(Bodmer, 2012) (ACP, 2012) (Hung, 2012)
02/14/12	Diabetes	Thiazolidinedione (TZD)	(ACP, 2012)
02/14/12	Shoulder	Manipulation under anesthesia (MUA)	(Jenkins, 2012)
02/14/12	Shoulder	Physical therapy	Add 811 Fracture of scapula
02/14/12	Shoulder	Surgery for rotator cuff repair	(Murrell, 2012)
02/15/12	Knee	Aquatic therapy	(Liebs, 2012)
02/15/12	Knee	Flexionators (extensionators)	(Papotto, 2012) Update recommendation
02/15/12	Knee	High-intensity stretch (HIS) home mechanical therapy device	New xref
02/15/12	Knee	Patient-actuated serial stretch (PASS) devices	New xref

02/15/12	Knee	Physical medicine treatment	Add: Fracture of patella Post-surgical treatment (ORIF)
02/16/12	Head	Acupuncture (for headaches)	(Li, 2012)
02/16/12	Head	Physical medicine treatment	Add xref: Vestibular PT rehabilitation
02/20/12	Back	Injections	Add xref: Platelet-rich plasma (PRP)
02/20/12	Pain	Injections	Add xref: Platelet-rich plasma (PRP)
02/20/12	Pain	Massage therapy	(Crane, 2012)
02/21/12	Pulmonary	Corticosteroids (oral)	(Alía, 2011)
02/21/12	Pulmonary	Medications	Add xref: Asthma medications
02/24/12	Pulmonary	Advair® (Salmeterol/Fluticasone)	New xref: Rec 1st line
02/24/12	Pulmonary	Albuterol (Ventolin®)	New xref: Rec 1st line
02/24/12	Pulmonary	Anti-immunoglobulin E therapy	New xref: Rec 1st line
02/24/12	Pulmonary	Budesonide (Pulmicort®)	New xref: Rec 1st line
02/24/12	Pulmonary	Combination LABA/ICS	New xref: Rec 1st line
02/24/12	Pulmonary	Combivent® (Albuterol/Ipratropium)	New xref: Rec 1st line
02/24/12	Pulmonary	Fluticasone (Flovent®)	New xref: Rec 1st line
02/24/12	Pulmonary	Formoterol (Foradil®)	New xref: Rec 1st line
02/24/12	Pulmonary	Inhaled short-acting beta-agonists	New xref: Rec 1st line
02/24/12	Pulmonary	Levalbuterol (Xopenex®)	New xref: Rec 1st line
02/24/12	Pulmonary	Montelukast (Singulair®)	New xref: Not rec 1st line
02/24/12	Pulmonary	Omalizumab (Xolair®)	New xref: Not rec 1st line
02/24/12	Pulmonary	Pirbuterol (Maxair®)	New xref: Rec 1st line
02/24/12	Pulmonary	Prednisolone (Pediapred®)	New xref: Not rec 1st line
02/24/12	Pulmonary	Prednisone (Deltasone®)	New xref: Not rec 1st line
02/24/12	Pulmonary	Salmeterol (Serevent®)	New xref: Rec 1st line
02/24/12	Pulmonary	Symbicort® (Formoterol/Budesonide)	New xref: Rec 1st line
02/24/12	Pulmonary	Theophyllines (Slo-Bid®; Uniphyl®)	New xref: Not rec 1st line
02/24/12	Pulmonary	Zafirlukast (Accolate®)	New xref: Not rec 1st line
02/29/12	Pain	Benzodiazepines	(Kripke, 2012)
02/29/12	Pain	ConZip (tramadol ER)	(FDA2, 2012) (FDA3, 2012)
02/29/12	Pain	Hypnotics	New xref: Benzodiazepines; Insomnia medications
02/29/12	Pain	Insomnia treatment	(Kripke, 2012)
02/29/12	Pain	Opioids	(Rubinstein, 2012)
02/29/12	Pain	Ryzolt (tramadol ER)	(FDA2, 2012) (FDA3, 2012)
02/29/12	Pain	Sleeping pills	New xref: Insomnia medications
02/29/12	Pain	Testosterone replacement for hypogonadism (related to opioids)	(Rubinstein, 2012)
02/29/12	Pain	Vitamin D (cholecalciferol)	(Lasco, 2012)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
02/20/12	Pain	Injections	Clarification: Pain injections general:

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Texas Department of Insurance
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TREATMENT GUIDELINES* UPDATES
Jan-12

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NEW CHAPTERS, ENTRIES AND TOPICS

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01/11/12	Diabetes	Diabetes screening	New entry: Recommmended. (Villarivera, 2012)
01/11/12	Diabetes	Statins	New entry: Under study. (Culver, 2012) (Handelsman, 2011)
01/11/12	Diabetes	Wound care (diabetic foot ulcers)	New entry: Recommended... (Buchberger, 2001)
01/20/12	Ankle	MR arthrogram	New entry: Recommended... (Chou, 2006) (Jacobson, 2009)
01/24/12	Diabetes	Stem cell therapy	New entry: Under study. (Zhau, 2012)
01/30/12	Knee	Microfracture surgery (subchondral drilling)	New entry: Recommended... (Vasiliadis, 2010) (Kon, 2011)
01/31/12	Formulary	Lazanda, fentanyl nasal spray	New entry: N
01/31/12	Formulary	Subsys®, fentanyl sublingual spray	New entry: N

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
01/11/12	Diabetes	Antidiabetics	New xref: Medications
01/11/12	Diabetes	Antihypertensives	New xref: Hypertension treatment

01/11/12	Diabetes	Bariatric surgery	(Pournaras, 2012)
01/11/12	Diabetes	Cholesterol medications	New xref: Statins
01/11/12	Diabetes	Dermagraft®	New xref: Wound care (diabetic foot ulcers)
01/11/12	Diabetes	Driving risk assessment	(ADA, 2012)
01/11/12	Diabetes	Dyslipidemia	New xref: Statins
01/11/12	Diabetes	Hypercholesterolemia	New xref: Statins
01/11/12	Diabetes	Hypoglycemic medication	New xref: Medication
01/11/12	Diabetes	Insomnia	(Kita, 2011)
01/11/12	Diabetes	Lipid-lowering drugs	New xref: Statins
01/11/12	Diabetes	Medications	(Bennett, 2012)
01/11/12	Diabetes	Medications	Add xref: Statins
01/11/12	Diabetes	Metformin (Glucophage)	(Bennett, 2012)
01/11/12	Diabetes	Metformin (Glucophage)	(Romero, 2012)
01/11/12	Diabetes	Sleep	New xref: Insomnia
01/11/12	Diabetes	Thiazolidinedione (TZD)	(Bennett, 2012)
01/11/12	Diabetes	Work	Add xref: Driving risk assessment
01/18/12	Pain	Cannabinoids	(Bhattacharyya, 2012)
01/18/12	Pain	ConZip (tramadol ER)	(FDA, 2012)
01/18/12	Pain	Lazanda (fentanyl nasal spray)	New xref: Not recommended for musculoskeletal pain. See Fentanyl.
01/18/12	Pain	Opioids, dosing	(Franklin, 2011)
01/18/12	Pain	Yoga	(Büssing, 2012)
01/18/12	Pain	Zipsor (diclofenac potassium liquid-filled capsules)	(Zuniga, 2011)
01/20/12	Ankle	Arthrography	New xref: MR arthrogram
01/20/12	Ankle	Imaging	Add xref: MR arthrogram
01/20/12	Ankle	Surgery for ankle sprains	(Kamper, 2012)
01/20/12	Pain	Ryzolt (tramadol ER)	(FDA, 2012)
01/20/12	Pain	Tramadol (Ultram®)	(FDA, 2012)
01/24/12	Diabetes	Bariatric surgery	(Romy, 2012)
01/24/12	Diabetes	Glucagon-like peptide-1 (GLP-1) agonists	(Vilsbøll, 2012)
01/30/12	Back	C-arm fluoroscopy	New xref: Fluoroscopy (for ESI's)
01/30/12	Back	Epidural steroid injections (ESIs), therapeutic	(Cohen, 2012)
01/30/12	Back	Exercise	(Rantonen, 2012)
01/30/12	Back	Hardware implant removal (fixation)	New xref: Not recommended..
01/30/12	Back	Imaging	Add xref: Fluoroscopy (for ESI's)
01/30/12	Back	Kyphoplasty	(Fritzell, 2011)
01/30/12	Back	Physical therapy (PT)	(Rantonen, 2012)
01/30/12	Knee	Footwear, knee arthritis	(Sacco, 2011)
01/30/12	Knee	Segways	New xref: Power mobility devices (PMDs)
01/30/12	Knee	Subchondral drilling	New xref: Microfracture surgery (subchondral drilling)
01/30/12	Knee	Surgery	Add xref: Microfracture surgery (subchondral drilling)
01/30/12	Neck	Exercise	(Bronfort, 2012)
01/30/12	Neck	Manipulation	(Bronfort, 2012) (Bronfort, 2010)
01/30/12	Neck	Massage	(Bronfort, 2010)

		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
01/30/12	Knee	Knee joint replacement	Add subhead: Revision total knee arthroplasty (Saleh, 2002)
01/31/12	Formulary	Central adrenergic agonists, Clonidine	Add intrathecal, Change primary brand to Duraclon, update GE
01/31/12	Formulary	Chili pepper, Topical analgesics	Delete, no longer FDA approved generic product
01/31/12	Formulary	Ryzolt	Delete, now included as generic Tramadol ER
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TREATMENT GUIDELINES* UPDATES
Dec-11

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
12/12/11	Diabetes	New chapter	
12/12/11	Hip	Bisphosphonates	New entry: Recommended. (Prieto-Alhambra, 2011)
12/12/11	Hip	Impingement bone shaving surgery	New entry: Under study. (Philippon, 2006) (Philippon, 2011) (Hartofilakidis, 2011)
12/15/11	Back	Shock wave therapy	New entry: Not recommended. (Seco, 2011)
12/23/11	Shoulder	Corticosteroids, oral	New entry: Recommended... (Lorbach, 2010) (Saeidian, 2007) (Buchbinder, 2004) (Binder, 1986)
12/30/11	Formulary	Antidiabetics, Acarbose, Precose	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Exenatide, Byetta	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Glimepiride, Amaryl	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Glipizide, Glucotrol	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Glyburide, Glynase	New entry: N Diabetes Chapter add

12/30/11	Formulary	Antidiabetics, Insulin, Humalog	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Insulin, Humulin	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Insulin, Novolin	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Insulin, NovoLog	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Metformin, Glucophage	New entry: Y Diabetes Chapter add
Date	**Chapter**	**Section**	**Change**
12/30/11	Formulary	Antidiabetics, Miglitol, Glyset	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Nateglinide, Starlix	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Pioglitazone, Actos	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Repaglinide, Prandin	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Rosiglitazone, Avandia	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Saxagliptin, Onglyza	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antidiabetics, Sitagliptin, Januvia	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Aliskiren, Tekturna	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Amlodipine, Norvasc	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Atenolol, Tenormin	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Benazepril, Lotensin	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Captopril, Capoten	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Clonidine, Catapres	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Doxazosin, Cardura	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Enalapril, Vasotec	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Hydralazine, Apresoline	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Hydrochlorothiazide, HCTZ	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Lisinopril, Zestril	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Losartan, Cozaar	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Metoprolol, Lopressor	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Minoxidil, Loniten	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Nadolol, Corgard	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Nicardipine, Cardene	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Nifedipine, Procardia	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Olmesartan, Benicar	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Prazosin, Minipress	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Propranolol, Inderal	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Ramipril, Altace	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Spironolactone, Aldactone	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Terazosin, Hytrin	New entry: N Diabetes Chapter add
12/30/11	Formulary	Antihypertensives, Valsartan, Diovan	New entry: Y Diabetes Chapter add
12/30/11	Formulary	Bisphosphonates, Etidronate, Didronel®	New entry: Y Hip Chapter add
12/30/11	Formulary	Bisphosphonates, Ibandronate, Boniva®	New entry: Y Hip Chapter add
12/30/11	Formulary	Bisphosphonates, Risedronate, Actonel®	New entry: Y Hip Chapter add
12/30/11	Formulary	Bisphosphonates, Risedronate, Atelvia®	New entry: Y Hip Chapter add
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
12/12/11	Hip	Alendronate (Fosamax)	New xref: Bisphosphonates
12/12/11	Hip	Arthroplasty	(Sedrakyan, 2011) (Prieto-Alhambra, 2011)
12/12/11	Hip	Etidronate (Didronel)	New xref: Bisphosphonates
12/12/11	Hip	Ibandronate (Boniva)	New xref: Bisphosphonates

12/12/11	Hip	Medications	Add xref: Bisphosphonates
12/12/11	Hip	Risedronate (Actonel, Atelvia)	New xref: Bisphosphonates
12/12/11	Hip	Surgical management	Add xref: Impingement bone shaving surgery
12/13/11	Back	Delayed treatment	(Wickizer, 2011)
12/13/11	Back	Discectomy/laminectomy	(Tosteson, 2011)
12/13/11	Back	Fusion (spinal)	(Tosteson, 2011) (Campbell, 2011)
12/13/11	Back	Laminectomy/laminotomy	(Tosteson, 2011)
12/14/11	Knee	Barefoot walking	New xref
12/14/11	Knee	Exercise	(Reeves, 2011) Recommend strengthening the lateral hamstring muscles and hip abductor muscles.
12/14/11	Knee	Footwear, knee arthritis	(Reeves, 2011) Recommend thin-soled flat walking shoes (or even flip-flops or walking barefoot). Recommend lateral wedge insoles in mild OA but not advanced stages of OA.
12/14/11	Knee	Gait training	(Reeves, 2011)
12/14/11	Knee	Insoles	(Reeves, 2011) Recommend lateral wedge insoles in mild OA but not advanced stages of OA.
Date	**Chapter**	**Section**	**Change**
12/14/11	Knee	Knee brace	(Reeves, 2011) Recommend valgus knee braces for knee OA.
12/14/11	Knee	Knee joint replacement	(Dieppe, 2011) Criteria: AND Documentation of current functional limitations demonstrating necessity of intervention
12/14/11	Knee	Patellar tendon repair	(Bitar, 2011)
12/14/11	Knee	Physical medicine treatment	Add xrefs
12/14/11	Knee	Shoes	Add xref: Footwear, knee arthritis
12/14/11	Knee	Valgus knee brace	New xref
12/14/11	Knee	Walking aids (canes, crutches, braces, orthoses, & walkers)	(Reeves, 2011)
02/15/11	Back	Mattress selection	(McInnes, 2011)
12/15/11	Back	Physical therapy (PT)	(Rushton, 2011)
12/15/11	Back	Ultrasound, therapeutic	(Seco, 2011)
12/15/11	Back	Vertebroplasty	(Staples, 2011)
12/21/11	Mental	Depression screening	(Thombs, 2011)
12/22/11	Pulmonary	Anticholinergic (inhaled)	(Vogelmeier, 2011)
12/22/11	Pulmonary	Leukotriene antagonists	(Price, 2011)
12/22/11	Pulmonary	Omalizumab	(Busse, 2011)
12/22/11	Pulmonary	TP: Initial Evaluation of Athsma	(Castro, 2011)
12/22/11	Pulmonary	TP: Initial Evaluation of COPD	(Criner, 2011a) (Criner, 2011b) (Albert, 2011)
12/22/11	Pulmonary	TP: Initial Evaluation of Chronic Cough	(Birring, 2011) (National Lung Screening Trial Research Team, 2011) (Halmos, 2011) (Raghu, 2010)
12/22/11	Pulmonary	Reslizumab	(Castro, 2011)

12/23/11	Neck	Inversion therapy	New xref
12/23/11	Pain	Buprenorphine	(Jalili, 2011)
12/23/11	Pain	Cannabinoids	(Abrams, 2011)
12/23/11	Pain	Carisoprodol (Soma®)	(SAMHSA, 2011)
12/23/11	Pain	Chronic pain programs (functional restoration programs)	(AHRQ, 2011)
12/23/11	Shoulder	Exercises	(Zebis, 2011)
12/23/11	Shoulder	Hardware implant removal	New xref
12/23/11	Shoulder	Medrol dose pack	New xref
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
12/13/11	Back	Discography	Clarification: screening tool to assist surgical decision making
12/13/11	Back	Electrodiagnostic studies (EDS)	Clarification: (i.e. to rule out radiculopathy, lumbar plexopathy, peripheral neuropathy)
12/13/11	Back	Epidural steroid injections, diagnostic	Clarification: radicular
12/13/11	Back	Facet joint radiofrequency neurotomy	Clarification: decreased medications
12/13/11	Back	Fusion (spinal)	Clarification: correlated with symptoms and exam findings
12/13/11	Back	Gym memberships	Clarification: documented home exercise program with periodic assessment and revision
12/13/11	Back	Implantable drug-delivery systems (IDDSs)	Clarification: decreased opioid dependence, and medication use
12/13/11	Back	Kyphoplasty	Clarification: by CT or MRI, (5) Fracture age not exceeding 3 months, since some studies did not evaluate older fractures
12/14/11	Knee	Total knee arthroplasty (THA)	Correction: TKA
12/15/11	Back	Electrodiagnostic studies (EDS)	Clarification: See also Nerve conduction studies (NCS) which are not recommended for low back conditions, and EMGs (EMG) which are recommended as an option for low back. (7) If both tests are done...
12/23/11	Pain	RSD (reflex sympathetic dystrophy)	Fix xref
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Nov-11

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Date	Chapter	Section	Change
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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
11/02/11	Ankle	Gym memberships	New entry, xref to Back
11/02/11	Ankle	Opioids	New entry, xref
11/14/11	Ankle	Autologous whole blood	New entry: Not recommended. (Kampa, 2010)
11/02/11	Forearm	Gym memberships	New entry, xref to Back
11/02/11	Forearm	Opioids	New entry, xref
11/30/11	Formulary	Adalimumab, Humira®, Tumor necrosis factor (TNF) modifiers	New entry: N
11/02/11	Hernia	Gym memberships	New entry, xref to Back
11/02/11	Hernia	Opioids	New entry, xref
11/03/11	New York	Impairment Guidelines	New chapter
11/14/11	New York	Carpal Tunnel Syndrome	New chapter
11/07/11	Pain	Ketoprofen, topical	New entry/xref: Under study…

		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
11/02/11	Ankle	Foot drop treatment	New xref: Surgery for peroneal nerve dysfunction
11/02/11	Ankle	Hammer toe treatment	New xref: Surgery for hammer toe syndrome
11/14/11	Ankle	Actovegin	(FDA, 2011)
11/14/11	Ankle	Autologous blood-derived injections	New xref: Autologous conditioned serum (ACS); Autologous whole blood; Platelet-rich plasma (PRP). Not recommended. (Creaney, 2008)
11/14/11	Ankle	Growth factor injections	New xref: Autologous blood-derived injections
11/14/11	Ankle	Immobilization	(de Vries, 2011)
11/14/11	Ankle	Injections	Add xref: Autologous blood-derived injections
11/14/11	Ankle	Lateral ligament ankle reconstruction (surgery)	(de Vries, 2011)
11/14/11	Ankle	Physical therapy (PT)	(de Vries, 2011)
11/14/11	Ankle	Platelet-rich plasma (PRP)	Add xref: Autologous blood-derived injections
11/14/11	Ankle	Scandinavian total ankle replacement system (STAR®)	(Zhao, 2011) (Seth, 2011)
11/14/11	Ankle	Ultrasound, therapeutic	(van den Bekerom, 2011)
11/02/11	Back	Exercise	(Sherman, 2011)
11/02/11	Back	Physical therapy (PT)	(Sherman, 2011)
11/02/11	Back	Stretching	(Sherman, 2011)
11/02/11	Back	Yoga	(Sherman, 2011) (Tilbrook, 2011)
11/09/11	Back	Computed tomography (CT)	New xref: CT (computed tomography)
11/09/11	Back	CT myelography	New xref: Myelography, take out of CT (computed tomography)
11/09/11	Back	Imaging	Add xref: Computed tomography (CT); CT myelography
11/09/11	Back	Myelography	(Mukherji, 2009)
11/11/11	Back	Autologous stem cells	New xref: Stem cell autologous transplantation
11/11/11	Back	Bone-morphogenetic protein (BMP)	(Carragee, 2011)
11/11/11	Back	Injections	Add xref: Stem cell autologous transplantation; Tumor necrosis factor (TNF) modifiers
11/11/11	Back	Stem cell autologous transplantation	(Orozco, 2011)
11/11/11	Back	TNF modifiers	New xref
11/11/11	Back	Tumor necrosis factor (TNF) modifiers	(Genevay, 2011) (Ohtori, 2011) (Okoro, 2010)
11/30/11	Back	Delayed treatment	(Rihn, 2001)

11/30/11	Back	Discectomy/ laminectomy	(Rihn, 2001)
11/30/11	Back	Epidural steroid injections (ESIs), therapeutic	(Manchikanti, 2011) (Iversen, 2011)
11/30/11	Back	Opioids	(Deyo, 2011)
11/14/11	Carpal Tunnel	Carpal tunnel release surgery (CTR)	(Bernardino, 2011) (Thomsen, 2010)
11/14/11	Carpal Tunnel	Diabetes (comorbidity)	(Thomsen, 2010)
11/14/11	Carpal Tunnel	Injections	(Bernardino, 2011)
11/14/11	Carpal Tunnel	Night pain symptoms	Add xref: Wrist pain. Clarification: where pain is in hand or digits but not the wrist.
11/14/11	Carpal Tunnel	Splinting	(Bernardino, 2011)
Date	**Chapter**	**Section**	**Change**
11/14/11	Carpal Tunnel	Ultrasound, therapeutic	(Bernardino, 2011)
11/02/11	Elbow	Prolotherapy	Update to Recommended... (Carayannopoulos, 2011) (Coombes, 2010)
11/02/11	Forearm	Arthroplasty, finger and/or thumb (joint replacement)	(Calfee, 2009)
11/30/11	Head	Cognitive therapy	(IOM, 2011)
11/30/11	Head	Concussion/mTBI treatment	(IOM, 2011)
11/30/11	Head	Dental trauma treatment (facial fractures)	(Sharabi, 2011) (Sharif, 2010) (Olate, 2010) (Krastl, 2011)
11/30/11	Head	Facial fracture treatment	New xref
11/30/11	Head	Jaw fracture treatment	New xref
11/02/11	Hernia	Ventral hernia repair	(Unadkat, 2011)
11/02/11	Knee	Autologous cartilage implantation (ACI)	(Kon, 2011)
11/09/11	Neck	CT (computed tomography)	New xref: Computed tomography (CT)
11/09/11	Neck	CT myelography	New xref: Myelography
11/09/11	Neck	Imaging	Add xref: CT (computed tomography); CT myelography
11/09/11	Neck	Myelography	(Mukherji, 2009)
11/07/11	Pain	Diclofenac topical	New xref: Not recommended as a first-line treatment...
11/07/11	Pain	Voltaren gel® (diclofenac)	Clarification & xref: Not recommended as a first-line treatment... See Diclofenac Sodium
11/30/11	Pain	Botulinum toxin (Botox®; Myobloc®)	Recommended for spasticity following TBI. add xref: Head Chapter
11/30/11	Pain	Botulinum toxin (Botox®; Myobloc®)	Recommended: urinary incontinence following spinal cord injury. (Cruz, 2011) (Herschorn, 2011)
11/30/11	Pain	Buprenorphine	(Weiss, 2011)
11/30/11	Pain	Naltrexone (Vivitrol® extended-release injectable suspension)	(Krupitsky, 2011)
11/30/11	Pain	NSAIDs, GI symptoms & cardiovascular risk	(Adams, 2011)
11/07/11	Pain	Anxiety medications in chronic pain	Effexor XR®: Update: generic available
		REVISED INFORMATION	

Date	Chapter	Section	Change
11/14/11	Ankle	Autologous conditioned serum (ACS)	Not recommended. (Creaney, 2008)
11/14/11	Ankle	Causality (determination)	Clarification: both occupational and non-occupational, statistically to estimate costs by workers' comp, not be used in an industrial injury setting to imply a likelihood of causation
11/30/11	Back	Causation	Clarification: both occupational and non-occupational, statistically to estimate costs by workers' comp…
11/30/11	Formulary	Effexor ER®	Correction: Effexor XR®
11/30/11	Formulary	Ketoprofen, topical, Topical analgesics	Delete listing: Not within Scope (also no ODG-TWC recommendation)
11/30/11	Formulary	Orudis®, Ketoprofen	delete, Orudis brand no longer available
11/30/11	Formulary	Scope of the ODG Drug Formulary	New background section: Clarification: only includes FDA approved drugs...
11/02/11	Knee	Bicompartmental knee replacement	Clarification: Not generally recommended at this time, but may be an option for very selective indications with a perfectly preserved third compartment.
11/07/11	Pain	Bone scan (for CRPS)	Clarification: A negative bone scan does not rule out CRPS.
11/07/11	Pain	Chronic pain programs, early intervention	Clarification: Risk factors are identified with available screening tools or
11/07/11	Pain	CRPS, spinal cord stimulators (SCS)	Typo: del with
11/07/11	Pain	Flector® patch (diclofenac epolamine)	Clarification & xref: Not recommended as a first-line treatment... See Diclofenac Sodium
Date	Chapter	Section	Change
11/07/11	Pain	Functional restoration programs (FRPs)	Clarification: take out back
11/07/11	Pain	Hydrocodone (Vicodin®, Lortab®)	Typo: del or
11/07/11	Pain	Ibuprofen (Motrin®, Advil®)	Clarification: Recommended as an option.
11/07/11	Pain	Ketamine	Current research: (Patil, 2011) (Noppers, 2011) (Schwartzman, 2009) (Sigtermans, 2009)
11/07/11	Pain	Ketoprofen	Clarification: Recommended as an option.
11/07/11	Pain	Medical food	Typo: Micromedix
11/07/11	Pain	Naproxen	Clarification: Recommended as an option.
11/07/11	Pain	Pennsaid® (diclofenac sodium topical solution)	Clarification & xref: Not recommended as a first-line treatment... See Diclofenac Sodium

11/07/11	Pain	Topical analgesics	Complete update: NSAIDs: (Niethard, 2005) (Conaghan, 2008) (Wenham, 2010) (NICE, 2008) (Zhang, 2010) (Altman, 2011) (Rother, 2007) (Haroutiunian, 2010) (Kienzler, 2010) (Roth, 2011) (Noize, 2010) (Devleeschouwer, 2008) (Matthieu, 2004) (Barbaud, 2009) (Esparza, 2007) (Drucker, 2011) (Makris, 2010)
11/30/11	Pain	Botulinum toxin (Botox®; Myobloc®)	Correction: spacticity
11/30/11	Pain	Electrodiagnostic testing (EMG/NCS)	Clarification: EMG and NCS are separate studies and should not necessarily be done together...
11/30/11	Pain	Ketoprofen, topical	Clarification: Note: Topical ketoprofen is not listed on the ODG Drug Formulary for two reasons...
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Oct-11

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NEW CHAPTERS, ENTRIES AND TOPICS

Date	Chapter	Section	Change
10/26/11	Ankle	Surgery for hammer toe syndrome	New entry: Recommended... (Thomas, 2009) (AAFAS, 2003)
10/26/11	Ankle	Surgery for peroneal nerve dysfunction	New entry: Recommended... (King, 2008)
10/21/11	Back	STarT Back Screening Tool (SBST)	New entry: Recommended. (Hill, 2011) (Hill, 2008)
10/05/11	Burns	Human growth hormone (HGH) for memory loss	New entry: Under study for memory loss following electrical injury (eg, lightning or voltage).
10/31/11	Formulary	ConZip, Tramadol ER, Opioids	New entry: N
10/31/11	Formulary	Oxecta, Oxycodone, Opioids	New entry: N
10/05/11	Head	Human growth hormone (HGH) for memory loss	New entry: Under study, with promising preliminary results, for memory loss following traumatic brain injury in patients with growth hormone deficiency. (Zgaljardic, 2011) (High, 2010) (Reimunde, 2011) (Maric, 2010)
10/31/11	Hip	Gait training	New entry, xref

10/31/11	Hip	Gym memberships	New entry, xref to Back
10/31/11	Hip	Opioids	New entry, xref
10/28/11	Knee	Gait training	New entry: Recommended. (Dejong, 2011) (Brosseau, 2006)
10/28/11	Knee	Gym memberships	New entry, xref to Back
10/28/11	Knee	Opioids	New entry, xref
10/31/11	Knee	Bicompartmental knee replacement	New entry: Not recommended... (Callahan, 1995) (Morrison, 2011) (Palumbo, 2011)
10/31/11	Knee	Patellar tendon repair	New entry: Recommended... (Scuderi, 2001) (Ramseier, 2006)
10/18/11	Pain	ConZip (tramadol ER)	New entry: Not recommended as a first-line medication
10/19/11	Pain	Bone scan (for CRPS)	New entry: Under study. (Horowitz, 2007) (Nitzsche, 2011) (ODG-UR, 2011)
10/19/11	Pain	Oxecta (oxycodone)	New entry: Recommended only... (FDA, 2011)
10/31/11	Shoulder	Gym memberships	New entry, xref to Back
10/31/11	Shoulder	Opioids	New entry, xref
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
10/26/11	Ankle	Injections	Morton's Neuroma subhead (Thomson, 2004)
10/26/11	Ankle	Morton's neuroma treatment	New xref: Surgery for Morton's neuroma (Thomson, 2004)
10/26/11	Ankle	Peroneal nerve decompression	New xref: Surgery for peroneal nerve dysfunction
10/26/11	Ankle	Surgery	Add xref: Surgery for hammer toe syndrome; Surgery for peroneal nerve dysfunction
10/26/11	Ankle	Surgery for Morton's neuroma	(Thomson, 2004)
10/21/11	Back	Acupuncture	(McIntosh, 2011) (Lin, 2011)
10/21/11	Back	Adhesiolysis, percutaneous	(Veihelmann, 2006) rating change
10/21/11	Back	Exercise	(van Middelkoop, 2011) (Bronfort, 2011)
10/21/11	Back	Keele STarT Back Screening Tool	New xref: STarT Back Screening Tool (SBST)
10/21/11	Back	Lumbar supports	(Roelofs, 2010) (van Duijvenbode, 2008) Also reorganize Prevention & Treatment
10/21/11	Back	Manipulation	(Dagenais, 2010) (Bronfort, 2011)
10/21/11	Back	MRIs (magnetic resonance imaging)	(Wassenaar, 2011) (Sigmundsson, 2011)
10/21/11	Back	Predictive screening	New xref
10/21/11	Back	Screening questionnaires for disability	New xref
10/19/11	Elbow	Autologous blood injection	(Creaney, 2011) (Bisset, 2011)
10/19/11	Elbow	Platelet-rich plasma (PRP)	(Creaney, 2011) (Bisset, 2011)
10/31/11	Formulary	Ziconotide (morphine pump), Prialt®	Add: & related entities

10/05/11	Head	Growth hormone	New xref: Human growth hormone (HGH) for memory loss
10/05/11	Head	HGH (human growth hormone)	New xref: Human growth hormone (HGH) for memory loss
10/05/11	Head	Imaging	Add xref: SPECT (single photon emission computed tomography)
10/05/11	Head	Injections	New xref: Acupuncture for headaches; Botulinum toxin; Facet joint radiofrequency neurotomy; Greater occipital nerve block (GONB); Human growth hormone (HGH) for memory loss; Imitrex® (sumatriptan); Lumbar puncture; Mannitol; Triptans; Wilsonii injecta
10/05/11	Head	rhGH (recombinant human Growth Hormone)	New xref: Human growth hormone (HGH) for memory loss
10/05/11	Head	Somatotropin	New xref: Human growth hormone (HGH) for memory loss
10/31/11	Hip	Arthroplasty	(Hossain, 2011)
10/31/11	Knee	Aquatic therapy	(Batterham, 2011)
10/31/11	Knee	Cellulitis treatment	New xref: Recommended
10/31/11	Knee	Gait training	(ODG-CPT, 2001)
10/31/11	Knee	Knee joint replacement	Add subhead xref: Bicompartmental knee replacement
10/31/11	Knee	Surgery	Add xref: Patellar tendon repair
10/17/11	Pain	Armodafinil (Nuvigil)	(SEC, 2011)
10/17/11	Pain	Arthrotec® (diclofenac/ misoprostol)	Add xref: Diclofenac & (FDA, 2011)
10/17/11	Pain	Diclofenac (Voltaren®)	(FDA, 2011)
10/17/11	Pain	Zolpidem (Ambien®)	(Morin, 2009) (Ambien & Ambien CR package insert)
10/18/11	Pain	Cytokine DNA testing	(Kokkonen, 2010)
10/18/11	Pain	Functional imaging of brain responses to pain	(Brown, 2011)
10/18/11	Pain	Functional MRI	(Brown, 2011)
10/19/11	Pain	Imaging	Add xref: Bone scan (for CRPS)
10/19/11	Pain	Opioids, dealing with misuse & addiction	(Dhalla, 2011)
10/19/11	Pain	Opioids, dosing	(AMDG, 2010)
10/19/11	Pain	Tapentadol (Nucynta™)	(FDA, 2011)
10/21/11	Pain	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	(Varas-Lorenzo, 2011)
10/31/11	Shoulder	Prolotherapy	New xref: Not recommended
10/31/11	Shoulder	Steroid injections	(Hong, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
10/31/11	Formulary	Ambien CR	Clarification: Add ER next to the generic name
10/31/11	Formulary	Column GE	Change to: Gener Equiv; make Yes & No

10/31/11	Formulary	EC-Naprosyn®	Clarification: Add ER next to the generic name
10/31/11	Formulary	Indocin SR	Clarification: Add ER next to the generic name
10/31/11	Formulary	Ketoprofen ER	Clarification: Add ER next to the generic name
10/31/11	Formulary	Lodine XL®	Clarification: Add ER next to the generic name
10/31/11	Formulary	Naprelan CR	Clarification: Add ER next to the generic name
10/31/11	Formulary	NSAIDs, Diclofenac Potassium, Cataflam®	Change status to N [not recommended in Pain Chapter as first line due to increased risk profile]
10/31/11	Formulary	NSAIDs, Diclofenac Sodium ER, Voltaren-XR®	Change status to N [not recommended in Pain Chapter as first line due to increased risk profile]
10/31/11	Formulary	NSAIDs, Diclofenac Sodium, Voltaren®	Change status to N [not recommended in Pain Chapter as first line due to increased risk profile]
10/31/11	Formulary	NSAIDs, Diclofenac, Voltaren®	Change status to N [not recommended in Pain Chapter as first line due to increased risk profile]
10/31/11	Formulary	NSAIDs, Diclofenac/ misoprostol, Arthrotec®	Change status to N [not recommended in Pain Chapter as first line due to increased risk profile]
10/31/11	Formulary	Tramadol ER, Ultram ER®	Change GE to Yes from Yes (not 300mg)
10/31/11	Formulary	Voltaren-XR®	Clarification: Add ER next to the generic name
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TREATMENT GUIDELINES* UPDATES
Sep-11

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		NEW CHAPTERS, ENTRIES AND TOPICS	
09/15/11	Burns	Extracorporeal shockwave therapy (ESWT)	New entry: Under study (Ottomann, 2011)
09/15/11	Forearm	Glucosamine/Chondroitin (for hand arthritis)	New entry: Recommended... (Gabay, 2011)
09/30/11	Formulary	Trazodone for insomnia	New entry: N
09/30/11	Formulary	Dexlansoprazole (Dexilant®)	New entry: N
09/30/11	Formulary	Oxycodone/aspirin (Percodan®)	New entry: N
09/30/11	Formulary	Pantoprazole (Protonix®)	New entry: N
09/30/11	Formulary	Rabeprazole (Aciphex®)	New entry: N
09/20/11	Pain	Oxycodone/aspirin (Percodan®)	New entry: Not recommended (Huang, 2011)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
09/21/11	Back	Causation	(Carragee, 2006) (Carragee2, 2006) Clarification: Recent research: Add "an association with" aggravation
09/21/11	Back	Epidural steroid injections (ESIs), therapeutic	(Ghahreman, 2011) Clarification (Koc, 2009)
09/15/11	Burns	Shockwave therapy	New xref: Extracorporeal shockwave therapy (ESWT)

09/15/11	Elbow	Platelet-rich plasma (PRP)	(Thanasas, 2011)
09/15/11	Forearm	Chondroitin sulfate	New xref: Glucosamine/Chondroitin (for hand arthritis)
09/16/11	Knee	Manipulation under anesthesia (MUA)	(Ipach2, 2011)
09/19/11	Mental	Insomnia	New xref: to Pain Chapter
09/19/11	Mental	Insomnia treatment	New xref: to Pain Chapter
09/15/11	Pain	Piroxicam (Feldene®)	(Chou, 2006) (Massó, 2010)
09/16/11	Pain	Fibromyalgia syndrome (FMS)	(Lange, 2011) (Lederman, 2011)
09/16/11	Pain	Limbrel (flavocoxid/ arachidonic acid)	(O'Lenic, 2011)
09/19/11	Pain	Fibromyalgia syndrome (FMS)	(Calandre, 2011)
09/20/11	Pain	Proton pump inhibitors (PPIs)	(Shi, 2008)
09/21/11	Pain	Manual therapy & manipulation	(Senna, 2011)
09/21/11	Pain	Prolotherapy	(Distel, 2011)
09/21/11	Pain	Voltaren® Gel	(FDA, 2011) Clarification: Not recommended as a first-line treatment.
09/30/11	Pain	Celecoxib (Celebrex®)	(McGettigan, 2011)
09/30/11	Pain	Etodolac (Lodine®, Lodine XL®)	(McGettigan, 2011)
09/30/11	Pain	Meloxicam (Mobic®)	(McGettigan, 2011)
09/30/11	Pain	NSAIDs, GI symptoms & cardiovascular risk	(McGettigan, 2011)
09/30/11	Pain	Proton pump inhibitors (PPIs)	(AHRQ, 2011)
09/30/11	Shoulder	Steroid injections	(Soh, 2011)
09/30/11	Shoulder	Ultrasound, diagnostic	(Soh, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
09/21/11	Back	Adhesiolysis, percutaneous	Correct typo "literarure"
09/21/11	Back	Imaging	Add xre: Bone scan
09/15/11	Forearm	Medications	Add xref: Chondroitin sulfate; Glucosamine/Chondroitin
09/19/11	Mental	Medications	Add xref: Trazodone (Desyrel)
09/20/11	Pain	Medications for subacute & chronic pain	Add xref: Proton pump inhibitors (PPIs)
09/20/11	Pain	Oxymorphone (Opana®)	Clarification: Not recommended. (Opana FDA labeling)
09/30/11	Pain	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	Not recommended as first line due to increased risk profile. (McGettigan, 2011)
09/30/11	Pain	Indomethacin (Indocin®, Indocin SR®)	Clarification: Not recommended. (McGettigan, 2011)
09/30/11	Shoulder	Chiropractic	Add xref: Physical therapy

09/30/11	Shoulder	Physical therapy	Add xrefs: Activity restrictions; Acupuncture; Bipolar interferential electrotherapy; Biofeedback; Biopsychosocial rehab; Cold lasers; Cold packs; Continuous-flow cryotherapy; Continuous passive motion (CPM); Cutaneous laser treatment; Deep friction massage; Diathermy; Dynasplint system; Electrical stimulation; Ergonomic interventions; ERMI Flexionater®/ Extensionater®; Exercises; Flexionators (extensionators); Graston instrument assisted technique (manual therapy); Ice packs; Interferential current stimulation (ICS); Iontophoresis; Kinesio tape (KT); Low level laser therapy (LLLT); Manipulation; Massage; Mechanical traction; Neuromuscular electrical stimulation (NMES devices); Occupational therapy; Polar care (cold therapy unit); Range of motion; Return to work; Static progressive stretch (SPS) therapy; TENS (transcutaneous electrical nerve stimulation); Thermotherapy; Ultrasound, therapeutic; Work; Work conditioning, work hardening.
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August, 2011

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08/31/11	Formulary	Armodafinil (Nuvigil)	New entry: N
08/31/11	Formulary	Buprenorphine/Naloxone, Suboxone®	New entry: Clarification: separate Suboxone (no GE) and Subutex (with GE)
08/31/11	Formulary	Pentazocine lactate (Talwin)	New entry: N (previously in Pain, but not indexed)
08/31/11	Formulary	Pentazocine/Naloxone (Talwin NX)	New entry: N (previously in Pain, but not indexed)
08/22/11	Hip	Active release technique (ART) manual therapy	New entry: Under study (Robb, 2011)
08/24/11	Mental	Meditation	New xref
08/05/11	Pain	Botox	New xref: Botulinum toxin
08/05/11	Pain	Dysport	New xref: Botulinum toxin
08/05/11	Pain	Myobloc	New xref: Botulinum toxin
08/05/11	Pain	Nuvigil	New xref: Armodafinil (Nuvigil)
08/05/11	Pain	Talwin	New xref: Pentazocine (Talwin/Talwin NX)
08/05/11	Pain	Toradol	New xref: Ketorolac (Toradol®)
08/05/11	Pain	Xeomin	New xref: Botulinum toxin

08/08/11	Shoulder	Electrothermal shrinkage (for shoulder instability)	New entry: Not recommended. (Johnson, 2010) (Mohtadi, 2006) (Hawkins, 2007)
08/08/11	Shoulder	Graston instrument assisted technique (manual therapy)	New entry: Under study (Hammer, 2008)
08/08/11	Shoulder	Instrument assisted technique	New xref: Graston instrument assisted technique (manual therapy)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
08/04/11	Back	Fusion (spinal)	(ISASS, 2011)
08/04/11	Back	Manipulation	(Rubinstein, 2011)
08/04/11	Back	Psychological screening	(DeBerard, 2011)
08/04/11	Back	Return to work	(Chanda, 2011)
08/04/11	Back	Vertebroplasty	(AAOS, 2010) (CTAF, 2011)
08/04/11	Back	Discectomy/ laminectomy	Patient Selection: (DeBerard, 2011)
08/09/11	Explanation of Medical Literature Ratings	Tracking ODG updates	Fix Kansas link
08/22/11	Hip	Exercise	(Hölmich, 2011)
08/24/11	Hip	Arthroplasty	(FDA, 2011)
08/24/11	Mental	Music (for relaxation/stress management)	08/09/11
08/24/11	Mental	Post-traumatic stress disorder (PTSD), definition	08/09/11
08/24/11	Mental	Work	(Bush, 2009)
08/24/11	Mental	Yoga	(Rosenthal, 2011) (Verma, 2011)
08/24/11	Neck	Disc prosthesis	(ECRIb, 2009) (Tumialán, 2010) (Delamarter, 2010) (Kelly, 2011)
08/23/11	Pain	Buprenorphine	(Clark, 2011)
08/23/11	Pain	Curcumin (turmeric)	(Buhrmann, 2011)
08/24/11	Shoulder	Manipulation under anesthesia (MUA)	(Khan, 2009) (Sun, 2011)
08/24/11	Shoulder	Platelet-rich plasma (PRP)	(Jo, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
08/08/11	Contents Page	Section A (Treatment Guidelines)	Clarfication: Add (Appendix A) to III. Drug Formulary
08/31/11	Formulary	Botulinum toxin	Clarification: add brand Dysport
08/31/11	Formulary	Botulinum toxin	Clarification: add brand Xeomin
08/31/11	Formulary	Butalbital (Fioricet®)	Clarification: (a barbiturate)
08/31/11	Formulary	Cannabinoids, Marijuana	Clarification: add /dronabinol; also update GE to Y
08/31/11	Formulary	Lamotrigine, Lamictal®	Update GE to Y (not ER)
08/31/11	Formulary	Levetiracetam, Keppra®	Update GE to Y
08/31/11	Formulary	OxyContin®	Clarification: add ER to Oxycodone
08/31/11	Formulary	Oxymorphone, Opana®	Update GE to Y

08/31/11	Formulary	Pramipexole, Mirapex®	Update GE to Y (not ER)
08/31/11	Formulary	Ropinirole, Requip®	Update GE to Y (not ER)
08/31/11	Formulary	Topiramate, Topamax®	Update GE to Y
08/31/11	Formulary	Tramadol ER, Ultram ER®	Update GE to Y (not 300)
08/31/11	Formulary	Zaleplon, Sonata®	Update GE to Y
08/24/11	Neck	Percutaneous electrical nerve stimulation (PENS)	Correct typo: log-term
08/05/11	Pain	Pentazocine (Talwin/Talwin NX)	Clarification: Xref to other sections, where Not recommended
08/23/11	Pain	Anti-epilepsy drugs (AEDs) for pain	Update generics: Levetiracetam (Keppra®, no generic), Zonisamide (Zonegran®, no generic), Topiramate (Topamax®, no generic)
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		NEW CHAPTERS, ENTRIES AND TOPICS	
07/22/11	Ankle	Coblation therapy	New entry: Under study (Sherk, 2002) (Sean, 2010) (Liu, 2008)
07/22/11	Ankle	Radiofrequency treatment	New xref: Coblation therapy
07/22/11	Ankle	Topaz radiofrequency treatment	New xref: Coblation therapy
07/31/11	Formulary	Ketorolac injection	New entry: Y
07/31/11	Formulary	Voltaren® Gel	New entry: N
07/26/11	Knee	Electrothermal shrinkage (for lax ACL)	New entry: Not recommended (Halbrecht, 2005) (Smith, 2008) (Kondo, 2005) (Lubowitz, 2005)

Date	Chapter	Section	Change
07/26/11	Knee	Thermal shrinkage (for lax ACL)	New xref: Electrothermal shrinkage (for lax ACL)
07/15/11	Shoulder	Ketorolac injections	New entry: Recommended... (Min, 2011)
		NEW OR UPDATED REFERENCES	

Date	Chapter	Section	Change
07/22/11	Ankle	Lace-up ankle support	(McGuine, 2011)
07/12/11	Back	Disc prosthesis	(Hellum, 2011)
07/12/11	Back	Return to work	(Jensen, 2011) (Jensen2, 2011)
07/26/11	Knee	Meniscectomy	(Wasserstein, 2011)
07/15/11	Pain	Topical analgesics	(Baraf, 2011)
07/15/11	Shoulder	Manipulation	(Brantingham, 2011)
07/15/11	Shoulder	Surgery for rotator cuff repair	(Kluger, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
07/12/11	Back	Fusion (spinal)	Lumbar fusion in workers' comp patients: (Rutka, 2011)
07/12/11	Back	Massage	Recent research: (Cherkin, 2011)
07/26/11	Knee	Knee joint replacement	Bilateral knee replacement: (Memtsoudis, 2011)
07/15/11	Pain	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	Clarification: Repeat rec from xref
07/15/11	Pain	Ketorolac (Toradol®)	Clarification: Repeat rec from xref (Min, 2011) (DeAndrade, 1994)
07/15/11	Pain	Opioid hyperalgesia	Recent research: (Lee, 2011) (Silverman, 2009)
07/15/11	Pain	Voltaren®	Xref: Diclofenac Sodium (Voltaren®, Voltaren-XR®)
07/15/11	Pain	Voltaren® Gel	Xref: Diclofenac Sodium (Voltaren®, Voltaren-XR®)
07/15/11	Shoulder	Injections	Add xref: Ketorolac injections
07/15/11	Shoulder	Steroid injections	Clarification: summarize text in body: up to three injections
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06/08/11	Back	Transforaminal lumbar interbody fusion (TLIF)	New xref: Fusion (spinal)
06/10/11	Eye	Vitrectomy	New entry: Recommended (Cheung, 2010) (Newman, 2010) (Nashed, 2011) (Globocnik, 2004)
06/10/11	Hernia	Incisional hernia repair	New xref: Ventral hernia repair
06/10/11	Hernia	Inguinal hernia repair	New xref: Surgery
06/10/11	Hernia	Ventral hernia repair	New xref: Surgery (Sauerland, 2011) (Nieuwenhuizen, 2007)
06/15/11	Neck	IDD therapy (intervertebral disc decompression)	New xref: Not recommended.
06/10/11	Shoulder	Arterial ultrasound TOS testing	New entry: Not recommended. (Stapleton, 2009)
06/13/11	Shoulder	ERMI Flexionater®/ Extensionater®	New xref: Flexionators (extensionators)
06/13/11	Shoulder	Flexionators (extensionators)	New entry: Under study (Dempsey, 2011)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
06/17/11	Back	Shoe insoles/shoe lifts	(Cambron, 2011)
06/29/11	Back	Fusion (spinal)	(ECRI, 2007)

06/29/11	Back	Disc prosthesis	(ECRIa, 2009)
06/29/11	Back	Exercise	(Engbert, 2011)
06/10/11	Carpal Tunnel	Causation (determination)	(Mikkelsen, 2011)
06/10/11	Forearm	Causation (determination)	(Mikkelsen, 2011)
06/29/11	Fusion	New references	(ECRI, 2007) (ECRIa, 2009) (ECRIb, 2009)
06/29/11	Hernia	Imaging	(Bradley, 2003)
06/10/11	Knee	Continuous-flow cryotherapy	(Levy, 1993) (Kullenberg, 2006) (Cina-Tschumi, 2007) (Adie, 2010) (Markert, 2011)
06/10/11	Knee	Exercise	(Matthews, 2011)
06/13/11	Knee	Flexionators (extensionators)	(LNI, 2011) (Aetna, 2011) (Cigna, 2011) (United, 2011) (BlueCross, 2010)
06/08/11	Mental	Exercise	(Herring, 2011)
06/08/11	Mental	Major depressive disorder, diagnosis	(Breslau, 2011)
06/15/11	Neck	Disc prosthesis	Complete update and re-write (Anderson, 2008) (Bono, 2011) (Burkus, 2010) (Cepoiu-Martin, 2011) (Garrido, 2010) (Jawahar, 2010) (Nunley, 2011) (Peng, 2011) (Quan, 2011) (Tu, 2011) (Yi, 2010) (Zechmeister, 2011)
06/15/11	Neck	Electromyography (EMG)	(Plastaras, 2011) (Lo, 2011) (Fuglsang-Frederiksen, 2011)
06/15/11	Neck	Nerve conduction studies (NCS)	(Plastaras, 2011) (Lo, 2011) (Fuglsang-Frederiksen, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
06/17/11	Back	Flexion/extension imaging studies	Correct typo: instabilty
06/17/11	Back	Treatment Planning	Reassure patient: Add xref to RTW
06/10/11	Eye	Surgery of the cornea	Add xref: Vitrectomy
06/15/11	Formulary	NDC Code (National Drug Code) Inquiry	Add code format explanation
06/15/11	Fusion	Reference list	Remove date added
06/29/11	Hernia	Surgery	Add xref: Ventral hernia repair
06/08/11	Mental	Depression screening	Add xref: Major depressive disorder (MDD)
06/03/11	Pulmonary	Medications	Add xref: Mepolizumab
06/10/11	Shoulder	Thoracic outlet syndrome (TOS) diagnosis	Add xref: Arterial ultrasound TOS testing
06/10/11	Shoulder	Ultrasound, diagnostic	Add xref: Arterial ultrasound TOS testing
06/17/11	States	Rhode Island	Correct link
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05/24/11	Ankle	Surgery for posterior tibial tendon ruptures	New entry: Recommended... (Hintermann, 2010) (Lin, 2011)
05/24/11	Ankle	Gustilo open fracture classification	New entry: Recommended... (Gustilo, 1984)
05/26/11	Carpal Tunnel	Electrical stimulation	New xref: TENS (transcutaneous electrical neurostimulation)
05/26/11	Forearm	Gustilo open fracture classification	New entry: Recommended... (Gustilo, 1984)
05/31/11	Hernia	Spermatic cord block	New entry: Recommended... (Heidelbaugh, 2010) (Magoha, 1998)
05/26/11	Knee	Gustilo open fracture classification	New entry: Recommended... (Gustilo, 1984)
05/26/11	Knee	Nerve excision (following TKA)	New entry: Recommended (Nahabedian, 2001) (Kachar, 2008)
05/09/11	Pain	Deplin® (L-methylfolate)	New xref
05/09/11	Pain	GABAdone™	New xref
05/09/11	Pain	Sentra PM™	New xref
05/09/11	Pain	Theramine®	New xref
05/09/11	Pain	Trepadone™	New xref
05/09/11	Pain	UltraClear	New xref
05/27/11	Pulmonary	Diaphragm pacing	New xref: Phrenic nerve stimulation (diaphragm pacing)

05/27/11	Pulmonary	Electrophrenic respiration	New xref: Phrenic nerve stimulation (diaphragm pacing)
05/27/11	Pulmonary	Phrenic nerve stimulation (diaphragm pacing)	New entry: Recommended (Hirschfeld, 2008) (Khong, 2010)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
05/24/11	Ankle	Tai Chi	(Lee, 2011)
05/24/11	Back	MRIs (magnetic resonance imaging)	(Aguilar, 2011)
05/24/11	Back	Surface electromyography (SEMG)	(Ekstrom, 2008) (Maffiuletti, 2010) Under study as a management tool in patient rehabilitation.
05/24/11	Carpal Tunnel	Causation (determination)	(Andersen, 2011)
05/24/11	Carpal Tunnel	Iontophoresis	(Yildiz, 2011)
05/24/11	Carpal Tunnel	Ultrasound, therapeutic	(Yildiz, 2011)
05/26/11	Forearm	Ultrasound (therapeutic)	(Yildiz, 2011)
05/24/11	Hip	Intra-articular steroid hip injection (IASHI)	(Brinks, 2011) Recommended as an option for short-term relief in hip trochanteric bursitis.
05/31/11	Hip	Acupuncture	(Abou-Setta, 2011)
05/31/11	Hip	Hip fracture surgery	(Abou-Setta, 2011)
05/31/11	Hip	Sacroiliac joint blocks	(Abou-Setta, 2011)
05/31/11	Hip	TENS (transcutaneous electrical nerve stimulation)	(Abou-Setta, 2011)
05/13/11	Pain	NSAIDs, GI symptoms & cardiovascular risk	(Schjerning, 2011)
05/13/11	Pain	Opioids, dealing with misuse & addiction	(Becker, 2011)
05/24/11	Pain	Acupuncture	(Witt, 2011)
05/24/11	Pain	Manual therapy & manipulation	(Rubinstein, 2011)
05/24/11	Pain	Tapentadol (Nucynta™)	(Prommer, 2010) (Nelson, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
05/24/11	Ankle	Adult aquired flatfoot (pes planus)	Add xref: Surgery for posterior tibial tendon ruptures
05/24/11	Ankle	Surgery	Add xref: Surgery for posterior tibial tendon ruptures
05/26/11	Elbow	Surgery for cubital tunnel syndrome (ulnar nerve entrapment)	Simple decompression vs anterior transposition: (Heithoff, 1999) (Bimmler, 1996) (Chan, 1980) (Lugnegård, 1982) (Posner, 1998) (Nathan, 1992) (Biggs, 2006) (Elhassan, 2007)

05/31/11	Head	MRI (magnetic resonance imaging)	Correction: concussion/mild TBI
05/31/11	I. ICD Index	ICD-10	Introduced a new parallel version ODG using the ICD-10 diagnostic coding system
05/26/11	Knee	Surgery	Add xref: Nerve excision (following TKA)
05/09/11	Pain	Urine Drug Testing (UDT) in patient-centered clinical situations	Clarification: Criteria #1, For example...
05/13/11	Pain	Medical food	Add xref for Deplin® (L-methylfolate); GABAdone™; Sentra PM™; Theramine®; Trepadone™; & UltraClear
05/24/11	Pain	Limbrel (flavocoxid/ arachidonic acid)	Add xref: Medical food
05/31/11	Pain	Cellulitis treatment	Recommended... (Stevens, 2005) (Liu, 2011)
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Texas Department of Insurance
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TREATMENT GUIDELINES* UPDATES
Apr-11

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		NEW CHAPTERS, ENTRIES AND TOPICS	
04/29/11	Pain	Flavocoxid (Limbrel)	New xref
04/29/11	Pain	Limbrel (flavocoxid/ arachidonic acid)	New entry: Recommended as an option for arthritis in patients at risk of adverse effects from NSAIDs (Gottlieb, 2011) (Levy, 2010) (Levy2, 2010) (Walton, 2010) (Pillai, 2010) (Levy, 2009)
04/29/11	Pain	Naltrexone (Vivitrol® extended-release injectable suspension)	New entry (FDA, 2010) (Krupitsky, 2010)
04/29/11	Pain	Vivitrol® (naltrexone)	New xref
		NEW OR UPDATED REFERENCES	
04/11/11	Carpal Tunnel	Carpal tunnel release surgery (CTR)	Adjunctive procedures: (Keith, 2010)
04/28/11	Elbow	Radial head fracture surgery	(Müller, 2011)
04/28/11	Head	Concussion/mTBI treatment	(AHRQ, 2011)
04/28/11	Head	Concussion/mTBI treatment	(IOM, 2011)
04/28/11	Head	Manipulation (for headache)	(Posadzki, 2011)
04/28/11	Hip	Hospital length of stay (LOS)	(Cram, 2011)
04/28/11	Hip	Physical medicine treatment	(Handoll, 2011)
04/11/11	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(AHRQ, 2011)
04/11/11	Knee	Hyaluronic acid injections	(AHRQ, 2011)
04/11/11	Knee	Meniscectomy	(AHRQ, 2011)
04/28/11	Knee	Manipulation under anesthesia (MUA)	(Ipach, 2011)
04/11/11	Pain	Opioids, dosing	(Bohnert, 2011)
04/15/11	Pain	Muscle relaxants (for pain)	(Landy, 2011)
04/15/11	Pain	NSAIDs, GI symptoms & cardiovascular risk	(Massó, 2010)

04/15/11	Pain	NSAIDs, specific drug list & adverse effects	(Massó, 2010)
04/28/11	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	(FDA, 2011)
04/28/11	Pain	Opioids, dealing with misuse & addiction	(FDA, 2011)
04/29/11	Pain	Manual therapy & manipulation	(Farabaugh2, 2010)
04/28/11	Pain	Opioids, dosing	(Gomes, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
04/07/11	Ankle	Physical therapy (PT)	Add: Arthritis (ICD9 716.9), was already in RTW
04/07/11	Ankle	Physical therapy (PT)	Add: Calcaneus fracture (ICD9 825.0), was covered under 825
04/18/11	Background & Description	Procedure Summary	In many cases the Procedure Summary entry will start off with “Recommended as an option…”
04/07/11	Neck	Codes for Automated Approval	Correct 805.0 to 805.0x, 805.1 to 805.1x
04/07/11	Pain	Buprenorphine	Clarification: replace "not available in the US" with "such as Butrans" which was already referenced
04/15/11	Pain	Compound drugs	Typo: (1) Include a least
04/29/11	Pain	Medical food	Add xref: Limbrel (flavocoxid/ arachidonic acid)
04/29/11	Pain	Medications for subacute & chronic pain	Add xref: Medical food
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Mar-11

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		NEW CHAPTERS, ENTRIES AND TOPICS	
03/21/11	Ankle	Exostosis excision (for hallux valgus)	New xref: Surgery for hallux valgus
03/21/11	Ankle	Kinesio tape (KT)	New entry: Not recommended. (Briem, 2011)
03/09/11	CPT Procedure Code Index	Return-To-Work "Best Practice" Guidelines	New sub-sections
03/03/11	Explanation of Medical Literature Ratings	Commercial reference to ODG	New entry
03/21/11	Hip	Nursing facility	New xref: Skilled nursing facility (SNF)
03/21/11	Hip	Skilled nursing facility LOS (SNF)	New entry: Recommend... (Dejong, 2009) (DeJong, 2009) (Stott, 2011)
03/14/11	Knee	Kinesio tape (KT)	New entry: Not recommended... (Fu, 2007)
03/14/11	Knee	Taping	New entry: Recommended... (Mostamand, 2011) (Crossley, 2009) (Warden, 2008)
03/14/11	Knee	Patellar tape	New xref: Taping
03/14/11	Knee	Strapping	New xref: Knee brace; Taping; & Kinesio tape (KT)
03/21/11	Knee	Skilled nursing facility LOS (SNF)	New entry: Recommend... (Dejong, 2009) (DeJong, 2009)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
03/21/11	Ankle	Lace-up ankle support	(Seah, 2011)
03/21/11	Ankle	Orthotic devices	(Seah, 2011)
03/21/11	Ankle	Scandinavian total ankle replacement system (STAR®)	(Zuckerman, 2011)
03/21/11	Ankle	Semi-rigid ankle support	(Seah, 2011)
03/21/11	Ankle	Surgery for ankle sprains	(Seah, 2011)
03/21/11	Ankle	Taping	(Seah, 2011)
03/21/11	Ankle	Bracing (immobilization)	(Seah, 2011)
03/21/11	Ankle	Cast (immobilization)	(Seah, 2011)

03/21/11	Ankle	Elastic bandage (immobilization)	(Seah, 2011)
03/21/11	Ankle	Hyaluronic acid injections	(Seah, 2011)
03/21/11	Ankle	Immobilization	(Seah, 2011)
03/31/11	Head	Craniectomy/ Craniotomy	(Cooper, 2011)
03/21/11	Hip	Arthroplasty	(Stott, 2011)
03/21/11	Hip	Physical medicine treatment	(Dejong, 2009) (Stott, 2011)
03/14/11	Knee	Knee brace	(Raja, 2011)
03/31/11	Neck	Collars (cervical)	(Miller, 2010)
03/31/11	Neck	Qigong	(Rendant, 2011)
03/03/11	Pain	Opioids for osteoarthritis	(Solomon, 2010)
03/21/11	Pain	Acetaminophen (APAP)	(FDA, 2011)
03/21/11	Pain	Buprenorphine	(Alford, 2011)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
03/21/11	Ankle	Taping	Add xref: Kinesio tape (KT)
03/09/11	Back	Discectomy/ laminectomy	Clarification: Move reference to AMA 5th (now that 6th is out) from ODG blue criteria to discussion section
03/09/11	Back	Epidural steroid injections (ESIs), therapeutic	Clarification: Move reference to AMA 5th (now that 6th is out) from ODG blue criteria to discussion section
03/09/11	Back	Fusion (spinal)	(Brox, 2010)
03/09/11	Back	Fusion (spinal)	(Pearson, 2011)
03/09/11	Back	Fusion (spinal)	Clarification: Move reference to AMA 5th (now that 6th is out) from ODG blue criteria to discussion section
03/09/11	Back	MRIs (magnetic resonance imaging)	Clarification: Move reference to AMA 5th (now that 6th is out) from ODG blue criteria to discussion section
03/14/11	Back	Bed rest	(Belavý, 2011)
03/21/11	Background & Description	Procedure Summary	Add: Any extenuating patient specific information...
03/09/11	Explanation of Medical Literature Ratings	Commercial reference to ODG	Clarification: Add: Coverage of an organization's treatments...
03/31/11	Formulary	Alprazolam, Xanax, Benzodiazepines N	Was in Pain, not indexed in Form
03/31/11	Formulary	Diazepam, Valium, Benzodiazepines N	Was in Pain, not indexed in Form
03/21/11	Hip	Arthroplasty	Add xref: Skilled nursing facility (SNF)
03/21/11	Hip	Home health services	Add xref: Skilled nursing facility (SNF)
03/21/11	Hip	Hospital length of stay (LOS)	Add xref: Skilled nursing facility (SNF)
03/14/11	Knee	Orthoses	Add xref: Knee brace
03/21/11	Knee	Arthroplasty	Add xref: Skilled nursing facility LOS (SNF)
03/21/11	Knee	Hospital length of stay (LOS)	Add xref: Skilled nursing facility LOS (SNF)
03/21/11	Knee	Nursing facility	New xref: Skilled nursing facility LOS (SNF)
03/03/11	Pain	Benzodiazepines	Add xref links to each drug
03/03/11	Pain	Weaning of medications (opioids, benzodiazepines, carisoprodol)	Correction: temazepam
03/21/11	Pain	Hypnosis	Change from Under study to Recommended (Tan, 2010) (Jensen, 2011)

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Feb-11

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		NEW CHAPTERS, ENTRIES AND TOPICS	
02/11/11	Ankle	Hospital length of stay (LOS)	New entry (HCUP, 2011)
02/18/11	Ankle	Peroneal tendinitis/ tendon rupture (treatment)	New entry: Recommended... (Cerrato, 2009)
02/18/11	Ankle	Tibialis posterior tendon ruptures	New xref: Adult aquired flatfoot (pes planus)
02/09/11	Back	Coccygectomy	New entry: Recommended (Karadimas, 2010)
02/16/11	Burns	Hospital length of stay (LOS)	New entry (HCUP, 2011)
02/16/11	Burns	Surgery	New xref
02/21/11	Forearm	Hospital length of stay (LOS)	New entry (HCUP, 2011)
02/28/11	Formulary	Opioids, Fentanyl transmucosal, Abstral	New entry: N
02/16/11	Head	Hospital length of stay (LOS)	New entry (HCUP, 2011)
02/16/11	Head	Surgery	New xref
02/17/11	Head	Septoplasty	New entry: Recommended... (AAOHNS, 2011)
02/17/11	Head	Surgery	Add xref: Septoplasty
02/18/11	Head	Audiologic testing	New xref: Audiometry
02/18/11	Head	Audiometry	New entry: Recommended... (Mueller, 2005) (ASHA, 2011)
02/23/11	Hernia	Hospital length of stay (LOS)	New entry (HCUP, 2011)
02/11/11	Hip	Hospital length of stay (LOS)	New entry (HCUP, 2011)

02/17/11	Knee	Computed tomography (CT)	New entry: Recommended... (Weissman, 2006)
02/28/11	Knee	DeNovo® (juvenile cartilage allograft)	New xref
02/28/11	Knee	Juvenile cartilage allograft tissue implant	New entry: Not recommended.
02/09/11	Mental	Hospital length of stay (LOS)	New entry: (HCUP, 2011)
02/08/11	Pain	Abstral	New xref: See Fentanyl
02/08/11	Pain	Compound drugs	New entry (Wynn, 2011) (FDA, 2011) Not recommended as a first-line therapy for most patients, but recommended as an option after a trial of first-line FDA-approved drugs, if the compound drug uses FDA-approved ingredients that are recommended in ODG.
02/08/11	Pain	Hospital length of stay (LOS)	New entry
02/08/11	Pain	Surgery	New xref
02/09/11	Pain	Co-pack drugs	New xref
02/09/11	Pain	Physician-dispensed drugs	New xref
02/09/11	Pain	Repackaged drugs	New xref
02/11/11	Shoulder	Hospital length of stay (LOS)	New entry (HCUP, 2011)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
02/11/11	Ankle	Platelet-rich plasma (PRP)	(Tice, 2010)
02/18/11	Ankle	Achilles tendon ruptures (treatment)	(Kearney, 2010)
02/09/11	Back	MRIs (magnetic resonance imaging)	(Chou, 2011)
02/09/11	Back	Radiography (x-rays)	(Chou, 2011)
02/09/11	Back	Spinal cord stimulation (SCS)	(Turner, 2010)
02/17/11	Back	Manipulation	(Leininger, 2011)
02/21/11	Forearm	Exercises	(Kjeken, 2011)
02/21/11	Forearm	Splints	(Kjeken, 2011)
02/17/11	Knee	Game Ready™ accelerated recovery system	(Waterman, 2011)
02/28/11	Knee	Knee joint replacement	(Schroer, 2011)
02/28/11	Knee	MRI's (magnetic resonance imaging)	(Khanuja, 2011)
02/28/11	Knee	Pharmacotherapy	(Schroer, 2011)
02/28/11	Knee	Stretching and flexibility	(Pereles, 2011)
02/09/11	Mental	Electroconvulsive therapy (ECT)	(FDA, 2010)
02/09/11	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery sys	(Van Dorsten, 2006)
02/08/11	Pain	Fentanyl	(FDA, 2011)
02/08/11	Pain	Manual therapy & manipulation	(Farabaugh, 2010)
02/09/11	Pain	Spinal cord stimulators (SCS)	(Turner, 2010)
02/23/11	Pain	Fibromyalgia syndrome (FMS)	(Wolfe, 2010) (Schmidt, 2011)
02/17/11	Shoulder	Surgery for rotator cuff repair	(Kuhn, 2011)

		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
02/11/11	Ankle	Arthroplasty (total ankle replacement)	Add xref: Hospital length of stay (LOS)
02/11/11	Ankle	Fusion	Add xref: Hospital length of stay (LOS)
02/11/11	Ankle	Lateral ligament ankle reconstruction (surgery)	Add xref: Hospital length of stay (LOS)
02/11/11	Ankle	Surgery for ankle sprains	Add xref: Hospital length of stay (LOS)
02/18/11	Ankle	Hospital length of stay (LOS)	Add: charges (mean)
02/18/11	Ankle	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/18/11	Ankle	Surgery	Add xref: Peroneal tendinitis/ tendon rupture (treatment)
02/09/11	Back	Surgery	Add xref: Coccygectomy
02/15/11	Back	Hospital length of stay (LOS)	Add: charges (mean)
02/15/11	Back	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
Date	**Chapter**	**Section**	**Change**
02/16/11	Burns	Skin grafts	Add xref: Hospital length of stay (LOS)
02/17/11	Carpal Tunnel	Hospital length of stay (LOS)	Add: charges (mean)
02/17/11	Carpal Tunnel	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/21/11	Elbow	Humerus fracture surgery	Add xref: Hospital length of stay (LOS)
02/21/11	Elbow	Open reduction internal fixation (ORIF)	Add xref: Hospital length of stay (LOS)
02/21/11	Elbow	Radial head fracture surgery	Add xref: Hospital length of stay (LOS)
02/21/11	Elbow	Total elbow replacement (TER)	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Arthrodesis (fusion)	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Arthroplasty, finger and/or thumb (joint replacement)	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Arthroplasty, wrist (joint replacement)	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Open reduction internal fixation (ORIF)	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Radius/ulna fracture surgery	Add xref: Hospital length of stay (LOS)
02/21/11	Forearm	Surgery for broken wrist	Add xref: Hospital length of stay (LOS)

02/28/11	Formulary	Antidepressants, Venlafaxine ER, Effexor ER®	Change GE to Y
02/28/11	Formulary	Sedative-hypnotics, Zolpidem, Ambien CR	Change GE to Y
02/16/11	Head	Cell transplantation therapy	Add xref: Hospital length of stay (LOS)
02/16/11	Head	Craniectomy/Craniotomy	Add xref: Hospital length of stay (LOS)
02/16/11	Head	Cranioplasty	Add xref: Hospital length of stay (LOS)
02/16/11	Head	Lumbar puncture	Add xref: Hospital length of stay (LOS)
02/16/11	Head	Rhinoplasty	Add xref: Hospital length of stay (LOS)
Date	**Chapter**	**Section**	**Change**
02/11/11	Hip	Arthroplasty	Add xref: Hospital length of stay (LOS)
02/11/11	Hip	Hemiarthroplasty	Add xref: Hospital length of stay (LOS)
02/11/11	Hip	Hip fracture surgery	Add xref: Hospital length of stay (LOS)
02/11/11	Hip	Revision total hip arthroplasty	Add xref: Hospital length of stay (LOS)
02/24/11	Hip	Hospital length of stay (LOS)	Add: charges (mean)
02/24/11	Hip	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/17/11	Knee	Hospital length of stay (LOS)	Add: charges (mean)
02/17/11	Knee	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/17/11	Knee	Imaging	Add xref: Computed tomography (CT)
02/09/11	Mental	Electroconvulsive therapy (ECT)	Add xref: Hospital length of stay (LOS)
02/24/11	Mental	Hospital length of stay (LOS)	Add: charges (mean)
02/24/11	Mental	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/17/11	Neck	Hospital length of stay (LOS)	Add: charges (mean)
02/17/11	Neck	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/17/11	Neck	Magnetic resonance imaging (MRI)	Clarification: Add from Back: Upper back/thoracic spine trauma with neurological deficit
02/17/11	Neck	Manipulation	Prevention: (Martel, 2011)

02/08/11	Pain	Avinza® (morphine sulfate)	Clarification: Avinza is not appropriate as a prn (as needed) treatment for pain. (FDA, 2008)
Date	**Chapter**	**Section**	**Change**
02/08/11	Pain	CRPS, symathectomy	Add xref: Hospital length of stay (LOS)
02/08/11	Pain	Detoxification	Add xref: Hospital length of stay (LOS)
02/08/11	Pain	Flurbiprofen (Ansaid®)	Add xref: For topical use, see Topical analgesics, Non-steroidal antinflammatory agents (NSAIDs).
02/08/11	Pain	Implantable drug-delivery systems (IDDSs)	Add xref: Hospital length of stay (LOS)
02/08/11	Pain	Medications for subacute & chronic pain	Add xref: Compound drugs
02/08/11	Pain	Spinal cord stimulators (SCS)	Add xref: Hospital length of stay (LOS)
02/09/11	Pain	Avinza® (morphine sulfate)	Correction: delete: acute or breakthrough
02/11/11	Pain	Avinza® (morphine sulfate)	Clarification: Already says Avinza is not a recommended first-line drug; add: Avinza should only be used once other therapy options (non-opioid drugs and short-acting narcotics) are not providing consistent/stable pain relief and an extended release preparation is needed.
02/11/11	Pain	Physician-dispensed drugs	Correction: for example, California's pharmacy code allowing dispensing of not more than a 72-hour supply of compound medications (but this section is for the pharmacist supplying physicians for dispensing, but the physician may not receive the medications they dispense from pharmacists)
Date	**Chapter**	**Section**	**Change**

02/15/11	Pain	Implantable drug-delivery systems (IDDSs)	Patient selection: (Cole, 2003)
02/15/11	Pain	Implantable drug-delivery systems (IDDSs)	Refills: (Bennett, 2000)
02/15/11	Pain	Spinal cord stimulators (SCS)	Battery Life for SCS: (Restore, 2011)
02/23/11	Pain	Antidepressants for chronic pain	Clarification: Tricyclic antidepressants: Side-effect profile: cyclobenzaprine (FDA, 2011)
02/23/11	Pain	Hospital length of stay (LOS)	Add: charges (mean)
02/23/11	Pain	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
02/23/11	Pain	Opioids	Add xref: Urine Drug Testing (UDT) in patient-centered clinical situations
02/23/11	Pain	Salicylate topicals	Clarification: but especially acute pain... (Mason-BMJ, 2004)
02/23/11	Pain	Urine Drug Testing (UDT) in patient-centered clinical situations	Correction: False-negative tests on immunoassay testing...
02/23/11	Pain	Zolpidem (Ambien®)	Add xref: Insomnia treatment
Date	**Chapter**	**Section**	**Change**
02/11/11	Shoulder	Arthroplasty (shoulder)	Add xref: Hospital length of stay (LOS)
02/11/11	Shoulder	Diagnostic arthroscopy	Add xref: Hospital length of stay (LOS)
02/11/11	Shoulder	Surgery for rotator cuff repair	Add xref: Hospital length of stay (LOS)
02/11/11	Shoulder	Surgery for shoulder dislocation	Add xref: Hospital length of stay (LOS)
02/17/11	Shoulder	Hospital length of stay (LOS)	Add: charges (mean)
02/17/11	Shoulder	Hospital length of stay (LOS)	Clarification: Length of stay is the number of nights...
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Jan-11

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		NEW CHAPTERS, ENTRIES AND TOPICS	
01/14/11	Back	Hospital length of stay (LOS)	New entry (HCUP, 2011)
01/24/11	Knee	Hospital length of stay (LOS)	New entry (HCUP, 2011)
01/24/11	Knee	Hyaluronic acid injections	New subsction: Repeat series of injections
01/24/11	Knee	Quadriceps tendon repair	New entry: Recommended
01/28/11	Neck	Quebec task force whiplash grades	New entry: Definition: (Spitzer, 1995)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
01/24/11	Knee	Flexionators (extensionators)	(Dempsey, 2010) Change to: Recommended as an option in conjunction with continued physical therapy if PT alone has been unsuccessful in adequately correcting range of motion limitations 10 weeks after knee arthroplasty.
01/24/11	Knee	MRI's (magnetic resonance imaging)	(Bernthal, 2010)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
01/14/11	Back	Disc prosthesis	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Discectomy/ laminectomy	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Fusion (spinal)	Add xref: Hospital length of stay (LOS)

01/14/11	Back	Hospitalization	Add xref: Hospital length of stay (LOS)
01/14/11	Back	IDET (intradiscal electrothermal anuloplasty)	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Implantable drug-delivery systems (IDDSs)	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Interspinous decompression device (X-Stop®)	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Kyphoplasty	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Laminectomy/ laminotomy	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Microdiscectomy	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Percutaneous intradiscal radiofrequency (thermocoagulation)	Add xref: Hospital length of stay (LOS)
01/14/11	Back	Spinal cord stimulation (SCS)	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Anterior cruciate ligament (ACL) reconstruction	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Autologous cartilage implantation (ACI)	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Chondroplasty	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Diagnostic arthroscopy	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Fusion (knee)	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Knee joint replacement	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Meniscal allograft transplantation	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Meniscectomy	Add xref: Hospital length of stay (LOS)
Date	**Chapter**	**Section**	**Change**
01/24/11	Knee	Open reduction internal fixation (ORIF)	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Osteochondral autograft transplant system (OATS)	Add xref: Hospital length of stay (LOS)
01/24/11	Knee	Surgery	Add xref: Quadriceps tendon repair
01/28/11	Neck	Corpectomy & stabilization	Add xref: Hospital length of stay (LOS)
01/28/11	Neck	Disc prosthesis	Add xref: Hospital length of stay (LOS)
01/28/11	Neck	Discectomy-laminectomy-laminoplasty	Add xref: Hospital length of stay (LOS)
01/28/11	Neck	Fusion, anterior cervical	Add xref: Hospital length of stay (LOS)

01/28/11	Neck	Fusion, posterior cervical	Add xref: Hospital length of stay (LOS)
01/28/11	Neck	Hospital length of stay (LOS)	New entry (HCUP, 2011) (Wang, 2011)
01/28/11	Neck	Hospitalization	Add xref: Hospital length of stay (LOS)
01/28/11	Neck	Manipulation	Add link to Quebec task force whiplash grades
01/28/11	Neck	Traction	Add link to Quebec task force whiplash grades
01/28/11	Neck	Treatment Planning	Add links to Quebec task force whiplash grades
01/24/11	Knee	Game Ready™ accelerated recovery system	Clarification: The Game Ready system combines Continuous-flow cryotherapy with the use of vaso-compression. While there are studies on Continuous-flow cryotherapy, there are no quality studies on the Game Ready device or any other combined system.
01/24/11	Knee	MRI's (magnetic resonance imaging)	Clarification: Acute trauma to the knee, "including" significant trauma (e.g, motor vehicle accident), "or" if suspect posterior knee dislocation or "ligament or cartilage disruption"
01/24/11	Knee	MRI's (magnetic resonance imaging)	Clarification: remove "experienced clinician"
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Texas Department of Insurance
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TREATMENT GUIDELINES* UPDATES
Dec-10

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		NEW CHAPTERS, ENTRIES AND TOPICS	
12/17/10	Ankle	Arthroscopy	New entry: Recommended. (Stufkens, 2009) (de Leeuw, 2009) (Glazebrook, 2009)
12/17/10	Ankle	Diagnostic arthroscopy	New entry: Recommended. (Stufkens, 2009) (Lee2, 2010) (Joshy, 2010)
12/17/10	Ankle	Subtalar arthroscopy	New entry: Recommended. (Williams, 1998)
12/17/10	Ankle	Surgery	Add xref: Arthroscopy, Diagnostic arthroscopy, Subtalar arthroscopy, Surgery for Morton's neuroma, Turf toe treatment
12/17/10	Ankle	Surgery for Morton's neuroma	New entry: Recommended. (Pace, 2010)
12/07/10	Carpal Tunnel	Work conditioning, work hardening	New entry: xref to Low Back Chapter.
12/20/10	Elbow	Arthroscopy	New xref
12/20/10	Forearm	Arthroscopy	New xref
12/20/10	Forearm	Diagnostic arthroscopy	New entry: Recommended. (Adolfsson, 2004)
12/31/10	Formulary	Chlordiazepoxide, Librium, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Citalopram (for pain), Celexa, SSRIs	New entry (based on new xref to existing entry in Pain Chapter): N

12/31/10	Formulary	Clonazepam, Klonopin, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Clorazepate, Tranxene, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Estazolam, ProSom, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Flurazepam, Dalmane, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Fluvoxamine (for pain), Luvox , SSRIs	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Lorazepam, Ativan, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Midazolam, Versed, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Oxazepam, Serax, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Paroxetine (for pain), Paxil, SSRIs	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Quazepam, Doral, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Temazepam, Restoril, Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/31/10	Formulary	Triazolam, Halcion , Benzodiazepines	New entry (based on new xref to existing entry in Pain Chapter): N
12/07/10	Head	Modafinil (Provigil®)	New xref: See the Pain Chapter.
12/07/10	Head	Neuroendocrine screenings	New entry: Recommended. (Tanriverdi, 2010)
12/07/10	Head	Provigil®	New xref: See Modafinil (Provigil®)
12/15/10	Head	Ginseng	New entry: Under study (Geng, 2010)
12/15/10	Head	Panax ginseng	New xref
12/07/10	Pulmonary	Mepolizumab	New entry: Under study. (Haldar, 2009) (Nair, 2009)
12/07/10	Pulmonary	Thermoplasty	New entry: (Castro, 2009)

12/07/10	Shoulder	Claviculectomy	New xref: See Partial claviculectomy (Mumford procedure).
12/07/10	Shoulder	Mumford procedure	New xref: See Partial claviculectomy (Mumford procedure).
12/07/10	Shoulder	Partial claviculectomy (Mumford procedure)	New xref: See Surgery for shoulder dislocation
12/07/10	Shoulder	Shoulder repair	Add xref: Partial claviculectomy (Mumford procedure)
12/15/10	Shoulder	Ultrasound-guided hydrodilatation (for frozen shoulder)	New xref: Hydroplasty/ hydrodilation
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
12/07/10	Ankle	Exercise	(Silbernagel, 2010)
12/07/10	Ankle	Magnetic resonance imaging (MRI)	(Mays, 2008)
12/17/10	Ankle	Fusion	(Glanzmann, 2007)
12/17/10	Ankle	Injections	(Coombes, 2010)
12/17/10	Ankle	Magnetic resonance imaging (MRI)	(Lee2, 2010) (Joshy, 2010)
12/17/10	Ankle	Orthotic devices	Recommended for plantar fasciitis (Thomas, 2010)
12/17/10	Ankle	Turf toe treatment (hyperdorsiflexion first metatarsophalangeal joint)	Recommended... (Coughlin, 2010)
12/15/10	Back	Hyperbaric oxygen therapy (HBOT)	Under study for sciatic nerve injury. (Thompson, 2010)
12/07/10	Carpal Tunnel	Work	(Dick, 2010)
12/07/10	Elbow	MRI's	(Mays, 2008)
12/07/10	Elbow	Work	(Dick, 2010)
12/07/10	Forearm	MRI's (magnetic resonance imaging)	(Mays, 2008)
12/07/10	Forearm	Physical/ Occupational therapy	Add: Post-surgical treatment/tendon repair: 24 visits over 16 weeks
12/07/10	Forearm	Physical/ Occupational therapy	Add: Post-surgical treatment/tendon repair: 24 visits over 16 weeks
12/07/10	Head	MRI (magnetic resonance imaging)	Diffusion tensor imaging (DTI) (Jiang, 2010)
12/15/10	Head	Medications	Add xref: Ginseng
12/15/10	Pain	Antidepressants for chronic pain	SNRIs: Duloxetine: FDA-approved for ... and chronic musculoskeletal pain. (FDA, 2010)
12/15/10	Pain	Anti-epilepsy drugs (AEDs) for pain	Pregabalin (Salinsky, 2010)
12/15/10	Pain	Bisphosphonates	(Mehrotra, 2006)
12/15/10	Pain	Ziconotide (Prialt®)	(Maier, 2010)
12/07/10	Pulmonary	Anticholinergic (inhaled)	(Peters, 2010) (Michelle, 2010) (Ogale, 2010) (Celli, 2010)
12/07/10	Pulmonary	Bronchodilators	(Weatherall, 2010)
12/07/10	Pulmonary	Chemotherapy	(Maimondo, 2010)

12/07/10	Pulmonary	CT (computed tomography)	(Gupta, 2009)
12/07/10	Pulmonary	Inhaled long-acting beta-agonists (LABAs)	(Donohue, 2010)
12/07/10	Pulmonary	Lung volume reduction surgery (LVRS)	(Berger, 2010)
12/07/10	Pulmonary	Radiotherapy	(Timmerman, 2010)
12/07/10	Pulmonary	Treatment Planning	A 2010 article... (Sciurba, 2010)
12/07/10	Pulmonary	Ultrasound	(Annema, 2010) (Hwangbo, 2010)
12/07/10	Shoulder	Magnetic resonance imaging (MRI)	(Mays, 2008)
12/15/10	Shoulder	Hydroplasty/ hydrodilation	(Nayeemuddin, 2010)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
12/17/10	Ankle	Adult aquired flatfoot	Clarification: pes planus
12/17/10	Ankle	Adult aquired flatfoot	Clarification: (2) Stage 2 - UCBL orthosis (well fitted anti pronation foot orthotic)
12/15/10	Back	Trigger point injections (TPIs)	Clarification: (4) Radiculopathy is not an indication (trigger point injections are indicated for myofascial pain syndrome, but the presence of radiculopathy does not rule out TPI if the patient has MPS)
12/07/10	Forearm	Work conditioning, work hardening	Duplicate, xref to Low Back Chapter.
12/07/10	Head	Physical medicine treatment	Correction: postacute
12/07/10	Head	Vision evaluation	Clarification: The patient may need to see a neurodevelopmental optometrist for the evaluation since a regular eye doctor may only consider the health of the eye and not how the brain is interpreting visual information.
12/15/10	Mental	Psychological evaluations, IDDS & SCS (intrathecal drug delivery sy	Clarification: However, the screening should be performed by an neutral independent psychologist or psychiatrist unaffiliated with treating physician/ spine surgeon to avoid bias.
12/15/10	Pain	Electrodiagnostic testing (EMG/NCS)	Clarification: Electrodiagnostic studies should be performed by appropriately trained Physical Medicine and Rehabilitation or Neurology physicians.
12/07/10	Pulmonary	Treatment Planning	Clarification: A 2008 meta-analysis suggested that while both medications

12/07/10	Pulmonary	Treatment Planning	Correction: a. In order to achieve the goals outlined above, assess
12/07/10	Pulmonary	Treatment Planning	However, this issue was critically reappraised... (Roghberg, 2010) (Daniels, 2010)
12/07/10	Pulmonary	Treatment Planning	In recent years... (Kwak, 2010)
12/07/10	Pulmonary	Treatment Planning	Other causes of COPD include infections and, possibly, asthma. (Eisner, 2010)
12/07/10	Pulmonary	Treatment Planning	Recent studies have found... (Annema, 2010) (Hwangbo, 2010)
12/07/10	Pulmonary	Treatment Planning	Since the NHLBI publication... (Castro, 2009) (Gupta, 2009)
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		NEW CHAPTERS, ENTRIES AND TOPICS	
11/26/10	Carpal Tunnel	Continuous cold therapy (CCT)	(Wilke, 2003) with regular assessment to avoid frostbite
11/24/10	Eye	Avastin	New entry. See Bevacizumab
11/24/10	Eye	Bevacizumab	New entry. (Schmucker, 2010) (Andriolo, 2009) (Fong, 2010) (Chang, 2009) (Takamura, 2009) (Valmaggia, 2009) (Bashshur, 2009) (Lai, 2009)
11/24/10	Eye	Chlorhexidine gluconate 0.02%	New entry. (Geffen, 2009) (Rahman, 2008)
11/24/10	Eye	Fibrin glue (versus N-butyl-2-cyanoacrylate in corneal perforations)	(Hall, 2009)
11/24/10	Eye	Implant (in surgical treatment of glaucoma)	New entry. (Papaconstantinou, 2010)
11/24/10	Eye	Nonpenetrating glaucoma surgery	New entry. (Hondur, 2008) (Cheng, 2009)
11/24/10	Eye	OloGen	New entry. See Implant (in surgical treatment for glaucoma)
11/24/10	Eye	Radiotherapy (for age-related macular degeneration)	New entry. (Evans, 2010)
11/24/10	Eye	Ranibizumab injection	New entry. (Ip, 2008) (Vedula, 2008) (Gerding, 2010) (Schmucker, 2010) (Fong, 2010) (Chang, 2009) (Valmaggia, 2009)
11/24/10	Eye	Regenerative factor-rich plasma (RFRP) for burns	New entry. (Marquez, 2009)
11/24/10	Eye	Steroids (preoperative)	New entry. (Breusegem, 2010)
11/24/10	Eye	Surgery for orbital floor fractures	(Ridgway, 2009)
11/24/10	Eye	Topical aminocaproic acid (for hyphema)	(Breda, 2009)

11/24/10	Eye	Topical mitomycin C (MMC)	New entry. (Gupta, 2010) (Ballalai, 2009) (Leccisotti, 2009)
11/12/10	Hip	Botulinum toxin (Botox®)	New entry: Under study (Lee, 2010)
11/23/10	Knee	Bone densitometry	New entry: Recommeded for selected workers' compensation patients... (NOF, 2010) (BWC, 2004)
11/26/10	Knee	Causation	(Bui, 2008)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
11/12/10	Back	Adjacent segment disease/degeneration (fusion)	(Videbaek, 2010)
11/12/10	Back	Disc prosthesis	(Patel, 2008)
11/12/10	Back	Discectomy/ laminectomy	(Danon-Hersch, 2010)
11/12/10	Back	Education	(Sloan, 2010)
11/12/10	Back	Facet joint diagnostic blocks (injections)	(Cohen, 2010)
11/24/10	Eye	Antibiotic therapy (for treatment of acute bacterial conjunctivitis)	(Sheikh, 2006)
11/30/10	Head	Behavioral therapy	(Bratton, 2007)
11/23/10	Knee	Continuous-flow cryotherapy	(Woolf, 2008)
11/29/10	Mental	Antidepressants for treatment of MDD (major depressive disorder)	(Kasper, 2010)
11/29/10	Neck	Computed tomography (CT)	(Roberts, 2010)
11/29/10	Neck	Corpectomy & stabilization	(Cunningham, 2010)
11/29/10	Neck	Decompression, myelopathy	(Cunningham, 2010)
11/29/10	Neck	Delayed treatment	(Rosenfeld2, 2003) (Côté2, 2007) (Kongsted, 2007)
11/29/10	Neck	Discectomy-laminectomy-laminoplasty	(Persson, 1997)
11/12/10	Pain	Duloxetine (Cymbalta®)	(FDA2, 2010)
11/15/10	Pain	Acetaminophen (APAP)	(FDA, 2010)
11/15/10	Pain	Cannabinoids	(Narang, 2008) (Berlach, 2006)
11/15/10	Pain	CRPS, medications	(FDA, 2010)
11/15/10	Pain	Milnacipran (Savella, Ixel®)	(FDA, 2009)
11/29/10	Pain	Implantable drug-delivery systems (IDDSs)	Refills: (FDA, 2010)
11/30/10	Pain	Vitamin D	(IOM, 2010)
11/30/10	Pain	SSRIs (selective serotonin reuptake inhibitors)	(Clinical Pharmacology, 2010)
11/08/10	Shoulder	MR arthrogram	(Hodler, 1992)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
11/12/10	Back	Bone-morphogenetic protein (BMP)	Change from xref to Not recommended. (Carragee, 2009) (Ong, 2010) (Mroz, 2010)
11/12/10	Back	Botulinum toxin (Botox®)	Change to Under study (De Andrés, 2010)
11/12/10	Back	Disc prosthesis	Clarification: facet mediated pain
11/12/10	Back	Disc prosthesis	Clarification: with single level disease

11/12/10	Back	Electrodiagnostic studies (EDS)	Clarification: Electrodiagnostic studies should be performed by appropriately trained Physical Medicine and Rehabilitation or Neurology physicians.
11/12/10	Back	Epidural steroid injections (ESIs), therapeutic	Clarification versus AMA guides reference alone: (1) Radiculopathy must be corroborated by imaging studies and/or electrodiagnostic testing [as indicated in AMA Guides]
11/12/10	Back	Epidural steroid injections (ESIs), therapeutic	Clarification: (7) radicular
11/12/10	Back	Epidural steroid injections (ESIs), therapeutic	Clarification: (7) supported i/o required
11/12/10	Back	Epidural steroid injections (ESIs), therapeutic	Clarification: reduction of medication use
11/12/10	Back	MRIs (magnetic resonance imaging)	Clarification: Repeat MRI is not routinely recommended, and should be reserved for ... with previous criteria
Date	**Chapter**	**Section**	**Change**
11/12/10	Back	Psychological screening	Clarification: However, the screening should be performed by an neutral independent psychologist or psychiatrist unaffiliated with treating physician/ spine surgeon to avoid bias.
11/30/10	Formulary	Dimethylsulfoxide, DMSO	Change from Y to N
11/30/10	Head	Treatment Planning	Clarification: ODG Return-To-Work Pathways: Minor
11/23/10	Knee	Continuous passive motion (CPM)	Add: or for home use in patients at risk of a stiff knee, based on demonstrated compliance and measured improvements (Dempsey, 2010)
11/23/10	Knee	Custom fit total knee (CFTK) replacement	New entry (Spencer, 2009) (Mont, 2010)
11/23/10	Knee	OtisMed system (Stryker)	New xref
11/23/10	Knee	Signature system (Biomet)	New xref
11/26/10	Knee	Imaging	New xref: Bone densitometry
11/26/10	Knee	Work conditioning, work hardening	Typo: should be documentation
11/29/10	Neck	Bone-morphogenetic protein (BMP)	Change from not recommended for use in anterior cervical fusion to Not recommended. (Carragee, 2009) (Ong, 2010) (Mroz, 2010)
11/29/10	Neck	Electrodiagnostic studies (EDS)	Add xref to Carpal Tunnel Syndrome Chapter for Minimum Standards from that chapter.

11/29/10	Neck	Electrodiagnostic studies (EDS)	Clarification: Electrodiagnostic studies should be performed by appropriately trained Physical Medicine and Rehabilitation or Neurology physicians.
11/29/10	Neck	Epidural steroid injection (ESI)	Clarification: Criteria for the use of Epidural steroid injections, diagnostic: (3) Change but imaging studies are inconclusive to and imaging studies have suggestive cause for symptoms
Date	**Chapter**	**Section**	**Change**
11/29/10	Neck	Magnetic resonance imaging (MRI)	Clarification: Repeat MRI is not routinely recommended, and should be reserved for ... with previous criteria
11/29/10	Neck	Massage	Clarification: as an adjunct to an exercise program, although there is conflicting evidence of efficacy (Haraldsson 2006)
11/29/10	Neck	Muscle relaxants	Clarification: as a short-term option in acute cases with spasm who cannot utilize NSAIDS or have persistent symptoms despite NSAID treatment (Khwaja, 2010)
11/29/10	Neck	Psychological screening	Clarification: However, the screening should be performed by an neutral independent psychologist or psychiatrist unaffiliated with treating physician/ spine surgeon to avoid bias.
11/08/10	Pain	H-wave stimulation (HWT)	Typo: defintive
11/08/10	Pain	Weaning of medications (opioids, benzodiazepines, carisoprodol)	Correction: Carisoprodol: a schedule C-IV controlled anxiolytic agent.
11/15/10	Pain	Botulinum toxin (Botox®; Myobloc®)	Under study: migraine headache. (FDA, 2010)
11/15/10	Pain	Botulinum toxin (Botox®; Myobloc®)	xref Low Back now Under study
11/15/10	Pain	Cannabinoids	Add xref: See also Nabilone (Cesamet®)
11/15/10	Pain	Dronabinol (Marinol)	new xref
11/15/10	Pain	Nexium® (esomeprazole magnesium)	Clarification: where it says, a trial of omeprazole or lansoprazole is recommended before Nexium therapy.
11/15/10	Pain	Opioids, specific drug list	Oxycodone/ibuprofen (Clinical Pharmacology, 2008)
Date	**Chapter**	**Section**	**Change**

11/15/10	Pain	OxyContin® (oxycodone)	Clarification: Due to issues of abuse and Black Box FDA warnings, Oxycontin is recommended as second line therapy for long acting opioids.
11/15/10	Pain	Oxymorphone (Opana®)	Clarification: Due to issues of abuse and Black Box FDA warnings, Oxymorphone is recommended as second line therapy for long acting opioids.
11/15/10	Pain	Proton pump inhibitors (PPIs)	Clarification: A trial of omeprazole or lansoprazole is recommended before Nexium therapy.
11/15/10	Pain	Tapentadol (Nucynta™)	Change to: Recommended as second line therapy for patients who develop intolerable adverse effects with first line opioids.
11/15/10	Pain	Vimovo (esomeprazole magnesium/ naproxen)	Clarification: As with Nexium, a trial of omeprazole and naproxen or similar combination is recommended before Vimovo therapy.
11/22/10	Pain	Opioids, specific drug list	Propoxyphene listing: As of 2010, being withdrawn from US market.
11/22/10	Pain	Propoxyphene (Darvon®)	Not recommended. As of 2010, being withdrawn from US market. (FDA, 2010)
11/29/10	Pain	Milnacipran (Savella, Ixel®)	Clarification: a dual serotonin- and norepinephrine-reuptake inhibitor (SNRI) [not NSRI] (Kasper, 2010)
11/30/10	Pain	Benzodiazepines	(Clinical Pharmacology, 2010)
11/30/10	Pain	Chlordiazepoxide	New xref: See Benzodiazepines.
11/30/10	Pain	Citalopram	New xref: See SSRIs (selective serotonin reuptake inhibitors).
11/30/10	Pain	Clonazepam	New xref: See Benzodiazepines.
11/30/10	Pain	Clorazepate	New xref: See Benzodiazepines.
11/30/10	Pain	Estazolam	New xref: See Benzodiazepines.
11/30/10	Pain	Fluoxetine	New xref: See SSRIs (selective serotonin reuptake inhibitors).
Date	**Chapter**	**Section**	**Change**
11/30/10	Pain	Fluvoxamine	New xref: See SSRIs (selective serotonin reuptake inhibitors).
11/30/10	Pain	Lorazepam	New xref: See Benzodiazepines.
11/30/10	Pain	Midazolam	New xref: See Benzodiazepines.
11/30/10	Pain	Oxazepam	New xref: See Benzodiazepines.
11/30/10	Pain	Paroxetine	New xref: See SSRIs (selective serotonin reuptake inhibitors).
11/30/10	Pain	Quazepam	New xref: See Benzodiazepines.
11/30/10	Pain	Sertraline	New xref: See SSRIs (selective serotonin reuptake inhibitors).

11/30/10	Pain	Temazepam	New xref: See Benzodiazepines.
11/30/10	Pain	Triazolam	New xref: See Benzodiazepines.
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Oct-10

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		NEW CHAPTERS, ENTRIES AND TOPICS	
10/21/10	Ankle	Stem cell autologous transplantation	New entry: Under study (Lee, 2010)
10/08/10	Forearm	Nerve repair surgery	New entry (Dorf, 2010)
10/28/10	Head	Home health services	New entry: Recommended. (CMS, 2004)
10/20/10	Pain	Vitamin K	New entry: Under study (Oka, 2010) (Neogi, 2008) (Neogi, 2006)
		NEW OR UPDATED REFERENCES	
10/26/10	Ankle	Lateral ligament ankle reconstruction (surgery)	(Pihlajamäki, 2010)
10/26/10	Ankle	Surgery for ankle sprains	(Pihlajamäki, 2010)
10/07/10	Back	Kyphoplasty	(Esses, 2010)
10/07/10	Back	Vertebroplasty	(Esses, 2010)
10/20/10	Back	Adjacent segment disease/degeneration (fusion)	(Toyone, 2010)
10/20/10	Back	Fusion (spinal)	(Toyone, 2010)
10/28/10	Back	MRIs (magnetic resonance imaging)	(Webster, 2010)
10/22/10	Elbow	Injections (corticosteroid)	(Coombes, 2010)
Date	**Chapter**	**Section**	**Change**
10/08/10	Forearm	Electrodiagnostic studies (EDS)	(Day, 2010)
10/20/10	Head	Botulinum toxin	(FDA, 2010)
10/08/10	Pain	Vitamin D	(Kalyani, 2010)
10/07/10	Shoulder	MR arthrogram	(Steinbach, 2005) Add to Recommended: and for suspected re-tear post-op rotator cuff repair
10/26/10	Shoulder	Arthroplasty (shoulder)	(Schumann, 2010)

		REVISED INFORMATION	
10/28/10	Back	Facet joint diagnostic blocks (injections)	Clarification: Change to: last at least 2 hours
10/08/10	Forearm	Surgery	Add xref: Nerve repair surgery
10/28/10	Formulary	Formatting of supplementary tables	Clarification: put sort in col 1: Table #2 Generic Name in col 1; Table #3 Brand Name in col 1
10/26/10	Hip	Total hip resurfacing	Change to recommended under 65 (Karliner, 2010)
10/26/10	Hip	Resurfacing the hip	New xref
10/28/10	ODG	Contents	Add: III. Drug Formulary
10/07/10	Pain	Opioids, specific drug list	Correction: Codeine (Tylenol with Codeine®; generic available): acetaminophen 300mg to 1000mg per dose (Max 4000mg/24hr)
10/08/10	Pain	Opioids	Add xref: Opioids, specific drug list
10/28/10	Pain	Spinal cord stimulators (SCS)	Take out hyperlink: Complete list of SCS_References
10/28/10	Pain	Spinal cord stimulators (SCS)	Typo: primarily
10/07/10	Shoulder	Imaging	Add xref Arthrography, & alphabetize
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		NEW CHAPTERS, ENTRIES AND TOPICS	
09/24/10	Pain	Urine Drug Testing (UDT) in patient-centered clinical situations	New entry (Moeller, 2008) (Gourlay, 2010) (Heit, 2004) (Brahm, 2010) (Compton, 2007) (Gourlay 2009) (Heit, 2010) (Jaffee, 2008) (Nafziger, 2009) (Schneider, 2008) (Starrels, 2010)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
09/08/10	Back	Fusion (spinal)	(Carreon, 2010)
09/08/10	Knee	Knee joint replacement	(Wülker, 2010) Minimally invasive total knee arthroplasty
09/24/10	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Wandel, 2010)
Date	**Chapter**	**Section**	**Change**
09/08/10	Mental	Computer-assisted cognitive therapy	(Roy-Byrne, 2010) (Topolovec-Vranic, 2010) (Gerhards, 2010)
09/08/10	Pain	Buprenorphine	(FDA, 2010) a new sublingual film formulation of Suboxone
09/24/10	Pain	Glucosamine (and Chondroitin Sulfate)	(Wandel, 2010)
		REVISED INFORMATION	
09/08/10	Mental	Contents	Remove: Chapter lead: Robert J. Barth, Ph.D.

09/08/10	Pain	Methadone	Major update: remains Recommended as a second-line drug (ICSI, 2009) (National Drug Intelligence Center, 2007) (Fingerhut, 2008) (Dart, 2007) (Center for Substance Abuse Treatment, 2009) (Krantz, 2009)
09/24/10	Pain	Drug testing	Add xref: Urine Drug Testing (UDT) in patient-centered clinical situations
09/24/10	Pain	Muscle relaxants (for pain)	Cyclobenzaprine: Clarification (primary reason for Amrix N is clinical): add "also note" before "substantial increase in cost for extended release without corresponding benefit for short course of therapy"
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		NEW CHAPTERS, ENTRIES AND TOPICS	
08/05/10	Ankle	Osteochondral autologous transfer system (OATS)	New entry: Not recommended (Zengerink, 2010) (Easley, 2003)
08/17/10	Back	Stem cell autologous transplantation	New entry & xref: Under study (Yoshikawa, 2010)
08/17/10	Formulary	Diclofenac sodium topical Pennsaid®	New entry: N
08/17/10	Formulary	Esomeprazole /naproxen Vimovo	New entry: N
08/17/10	Formulary	Esomeprazole magnesium Nexium®	New entry: N
08/17/10	Formulary	Ketorolac nasal spray Sprix	New entry: N
08/30/10	Knee	Bone scan (imaging)	New entry: Recommended (Weissman, 2006)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
08/05/10	Ankle	Extracorporeal shock wave therapy (ESWT)	(Tice, 2009)
08/05/10	Back	Psychological screening	(Chou, 2010)
08/05/10	Back	Kyphoplasty	(Karliner, 2010)
08/05/10	Back	Vertebroplasty	(Karliner2, 2010)
08/17/10	Back	Vertebroplasty	(Klazen, 2010)
08/30/10	Back	Fusion (spinal)	(Nguyen, 2010)
08/11/10	Forearm	Surgery for broken wrist	(Buijze, 2010)

08/10/10	Hip	Arthroscopy	(Clarke, 2003) (Griffin, 1999) (Narvani, 2003) (Enseki, 2006) (Sampson, 2001) (Funke, 1996) (Kim, 1998) (Farjo, 1999) (Fitzgerald, 1995) (Hase 1999) (Lage, 1996) (O'leary, 2001) (Potter, 2005) (Santori, 2000) (Kelly, 2005) (Philippon, 2006) (McCarthy, 2001)
08/10/10	Hip	Trochanteric bursitis injections	(Cormier, 2006) (Lonner, 2002) (Bird, 2001) (Chung, 1999) (Kingzett-Taylor, 1999) (Howell, 2001) (Ege Rasmussen, 1985) (Schapira, 1986) (Shbeeb, 1996) (Cohen, 2009)
08/10/10	Hip	Prophylaxis (antibiotic & anticoagulant)	(Espehaug, 1997) (McQueen, 1990) (Heit, 2000) (Planes, 1996) (Planes 2, 1996) (Turpie, 1986) (Arnesen, 2003)
08/10/10	Hip	Work conditioning, work hardening	(Niemeyer, 1994) (Lechner, 1994)
08/10/10	Hip	Exercise	(Pisters, 2010)
08/10/10	Hip	Physical medicine treatment	(Pisters, 2010)
08/10/10	Hip	Arthroplasty	(Rorabeck, 1994) (Laupacis, 1993) (Havelin, 2000) (Malchau, 1993) (Keggi, 1993) (Callaghan, 2004) (Berry, 2002) (Schulte, 1993) (Smith, 1997) (Collis, 1984) (Ries, 1997) (Visuri, 1980) (Gschwend, 2000) (Mallon, 1992) (Powell, 2009) (Jacobs, 2009) (Healy, 2008)
Date	**Chapter**	**Section**	**Change**
08/10/10	Hip	Viscosupplementation	(Tikiz, 2005) (van den Bekerom, 2008) (Dagenais, 2007) (Brocq, 2002) typo: (Caglar-Yagci, 2005)
08/10/10	Hip	Aquatic therapy	(Hinman, 2007) (Foley, 2003) (Minor, 1989)
08/10/10	Hip	Glucosamine (and Chondroitin Sulfate)	(Houpt, 1999) (Largo, 2003) (Jomphe, 2008) (Reichelt, 1994) (Vajaradul, 1981) (Muniyappa, 2006) (Biggee, 2007) (Pham, 2007) (Scroggie, 2003) (Monfort, 2008)
08/05/10	Knee	Stem cell autologous transplantation	(Lee, 2010)
08/30/10	Knee	Acupuncture	(Suarez-Almazor, 2010)
08/30/10	Mental	Antidepressants	(Pigott, 2010)
08/05/10	Neck	Disc prosthesis	(Walsh, 2010)
08/30/10	Pain	Duloxetine (Cymbalta®)	(FDA, 2010)

08/30/10	Pain	Acupuncture	(Suarez-Almazor, 2010) (Sherman, 2010)
08/30/10	Pain	Fibromyalgia syndrome (FMS)	(Wang, 2010)
08/30/10	Pain	Tai Chi	(Wang, 2010) Recommended for fibromyalgia
08/31/10	Pain	Avinza® (morphine sulfate)	(FDA, 2008) (FDA, 2010)
08/31/10	Pain	Kadian® (morphine sulfate)	(FDA, 2010)
		REVISED INFORMATION	
08/05/10	Back	Injections	Add xref: Corticosteroids (oral/parenteral/IM for low back pain)
08/17/10	Back	Disc regeneration therapy	New xref
08/30/10	Back	Causation	Clarification: change topic name from Causality (determination)
Date	**Chapter**	**Section**	**Change**
08/30/10	Back	Causation	Clarification: Recent research: Much of the evidence relates to aggravation, not independent causation
08/05/10	Explanation of Medical Literature Ratings	Process for suggesting ODG updates	Rewrite for clarity
08/31/10	Formulary	Opioids, Morphine ER, Avinza®, N, N, $307.33	Change status to N
08/31/10	Formulary	Opioids, Morphine ER, Kadian®, N, N, $489.35	Change status to N
08/05/10	Knee	Regenerative medicine	New xref: Stem cell
08/05/10	Knee	Knee joint replacement	Obesity: (Parks, 2010) (Stets, 2010)
08/30/10	Knee	Imaging	Add xref: Bone scan (imaging)
08/30/10	Knee	Causation	Clarification: change topic name from Causality (determination)
08/30/10	Knee	Hyaluronic acid injections	Clarification: While osteoarthritis of the knee is a recommended indication, there is insufficient evidence for other conditions, including patellofemoral arthritis, chondromalacia patellae, osteochondritis dissecans, or patellofemoral syndrome (patellar knee pain).
08/05/10	Neck	Corticosteroid injection	Clarification: for injection into the epidural space. For systemic intramuscular injections, see the Low Back
08/11/10	Pain	Topical analgesics, compounded	Clarification: repeat what says under Topical analgesics, Any compounded product that contains at least one drug (or drug class) that is not recommended is not recommended...

08/11/10	Pain	Nexium® (esomeprazole magnesium)	New xref
08/11/10	Pain	Prevacid® (lansoprazole)	New xref
08/11/10	Pain	Prilosec® (omeprazole)	New xref
Date	**Chapter**	**Section**	**Change**
08/11/10	Pain	Sprix (ketorolac tromethamine nasal Spray)	New xref (FDA, 2010)
08/11/10	Pain	Vimovo (esomeprazole magnesium/naproxen)	New xref (FDA, 2010)
08/11/10	Pain	Pennsaid® (diclofenac sodium topical solution)	New xref (FDA, 2010) (Towheed, 2006)
08/11/10	Pain	Proton pump inhibitors (PPIs)	New xref (Miner, 2010) (Donnellan, 2010)
08/30/10	Pain	Muscle relaxants (for pain)	Clarification: Cyclobenzaprine: Immediate release (eg, Flexeril, generic) recommended over extended release (Amrix) due to recommended short course of therapy and substantial increase in cost for extended release without corresponding benefit.
08/30/10	Pain	NSAIDs, specific drug list & adverse effects	Clarification: Indomethacin: Indocin is not commonly used any more, now that its risks are known, so it is not recommended as a first-line NSAID.
08/30/10	Pain	NSAIDs, specific drug list & adverse effects	Clarification: Ketorolac: The FDA boxed warning would relegate this drug to second-line use unless there were no safer alternatives.
08/30/10	Pain	Muscle relaxants (for pain)	Correct error in reference link to (Schnitzer, 2004) (Van Tulder, 2004) (Airaksinen, 2006) in Low Back
08/31/10	Pain	Exalgo (hydromorphone)	New xref (FDA, 2010)
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07/09/10	Back	Glucosamine	New Entry (Wilkens, 2010) Not recommended
07/27/10	Formulary	Buprenorphine (transdermal), Butrans™	New Entry: N
07/07/10	Hip	Reflexology	New Entry (Poole, 2007)
07/07/10	Hip	Tumor necrosis factor alpha (TNFalpha) blockers	New Entry (Schwarz, 2003) (Kesteman, 2007)
07/07/10	Hip	Wound closure	New Entry (Smith, 2010)
07/07/10	Hip	Opioids	New Entry; Cross-reference (Pain Chapter)
07/28/10	Knee	Stem cell autologous transplantation	New Entry: Under study (Farge, 2010) (Centeno, 2010) (Mobasheri, 2009) (FDA, 2010)
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
07/30/10	Ankle	Orthotic devices	(Hutchins, 2009)
07/30/10	Ankle	Exercise	(Lin, 2009)
07/30/10	Ankle	Immobilization	(Lin, 2009)
07/30/10	Ankle	Physical therapy (PT)	(Lin, 2009)
07/30/10	Ankle	Surgery for plantar fasciitis	(Tweed, 2010)
07/07/10	Back	Bed rest	(Dahm-Cochrane, 2010)
07/07/10	Back	Return to work	(Dahm-Cochrane, 2010)
07/07/10	Back	Fear-avoidance beliefs questionnaire (FABQ)	(Truchon, 2010)
07/07/10	Back	Psychological screening	(Truchon, 2010)
07/07/10	Back	Return to work	(Truchon, 2010)
07/28/10	Back	Dynamic neutralization system (Dynesys®)	(Maserati, 2010)

07/28/10	Back	Laminectomy/ laminotomy	(Weinstein, 2010)
07/30/10	Back	Acupuncture	(Berman, 2010)
07/30/10	Back	MRIs (magnetic resonance imaging)	(Matsumoto, 2010)
07/27/10	Hernia	Causality (determination)	(Hendry, 2008) (Smith, 1996)
07/07/10	Hip	Low level laser therapy (LLLT)	(Brosseau, 2004)
07/07/10	Hip	Manipulation	(Cibulka, 1993) (Hoeksma, 2004)
07/07/10	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	(Garner, 2005) (Berenbaum, 2005) (Jagtap, 2002)
07/07/10	Hip	X-Ray	(Gossec, 2009) (Conrozier, 2001)
07/07/10	Hip	Imaging	(Kirby, 2010)
07/07/10	Hip	MRI (magnetic resonance imaging)	(Kirby, 2010)
07/07/10	Hip	X-Ray	(Kirby, 2010)
07/07/10	Hip	TENS (transcutaneous electrical nerve stimulation)	(Lang, 2007) (van Tulder, 2006) (Long, 1991) (Khadilkar, 2005) (Richardson, 1981) (Rushton, 2002)
Date	**Chapter**	**Section**	**Change**
07/07/10	Hip	Acupuncture	(MacPherson, 2003) (Andersson, 1999) (Kwon, 2006) (Puett, 1994) (Boutron, 2003) (Baldry, 2002) (Haake, 2007) (Brinkhaus, 2006) (Leibing, 2002) (Manheimer, 2009)
07/07/10	Hip	Bone scan (radioisotope bone scanning)	(Scheiber, 1999)
07/07/10	Hip	MRI (magnetic resonance imaging)	(Scheiber, 1999) (Helenius, 2006) (Sakai, 2008) (Koo, 1995) (Coombs, 1994) (Cherian, 2003) (Radke, 2003) (Nelson, 2005) (Leunig, 2004) (Armfield, 2006) (Bredella, 2005)
07/28/10	Knee	Anterior cruciate ligament (ACL) reconstruction	(Frobell, 2010)
07/30/10	Knee	Acupuncture	(Manheimer, 2010)

07/07/10	Neck	Disc prosthesis	Complete update/rewrite (Beaurain, 2009) (Fekete, 2010) (Goffin, 2010) (Heidecke, 2008) (Lee, 2010) (Leung, 2005) (Mehren, 2006) (Nabhan2, 2007) (Phillips, 2005) (Seo, 2008) | (Anderson, 2009) (Cummins, 1998) (Kim, 2009) (Murrey, 2009) (Riina, 2009) (Robertson, 2004) (Robertson, 2005) (Steinmetz, 2008)
07/09/10	Neck	Whiplash associated disorder (WAD) treatment	(Cobo, 2010)
Date	**Chapter**	**Section**	**Change**
07/07/10	Pain	Tapentadol (Nucynta™)	(Daniels, 2009) (Daniels2, 2009) (Hale, 2009) (Hartrick, 2009) (Stegmann, 2008) Add: as a first-line therapy
07/07/10	Pain	Topical analgesics	(Massey-Cochrane, 2010)
07/27/10	Pain	Buprenorphine	(FDA, 2010)
07/27/10	Pain	Tapentadol (Nucynta™)	(Wild, 2010)
07/15/10	Shoulder	Continuous passive motion (CPM)	(Seida, 2010)
07/15/10	Shoulder	Surgery for rotator cuff repair	(Seida, 2010)
07/28/10	Shoulder	Steroid injections	(Crawshaw, 2010)
07/28/10	Shoulder	Surgery for ruptured biceps tendon (at the shoulder)	(Koh, 2010)
		REVISED INFORMATION	
07/07/10	Back	Wound closure	New xref
07/28/10	Back	Medications	Add xref: Glucosamine
07/07/10	Hip	Staples	New xref
07/07/10	Hip	Sutures	New xref
07/28/10	Knee	Injections	Add xref: Stem cell autologous transplantation; Platelet-rich plasma (PRP)
07/07/10	Neck	ADR (artificial disc replacement)	New xref
07/07/10	Neck	TDR (total disc replacement)	New xref
07/27/10	Pain	Butrans™ (buprenorphine)	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
06/08/10	Explanation of Medical Literature Ratings	Tracking ODG updates	Add: After updates have been made to ODG and noted in the update log file, ODG will notify individuals suggesting an update.
06/08/10	Formulary	Contents	NEW: NDC Code (National Drug Code) Inquiry
06/17/10	Head	Exercise	New entry (Yarrow, 2010)
06/15/10	Knee	Knee joint replacement	New subsection: Obesity (Gandhi, 2010) (Dowsey, 2010); clarification: 3. Body Mass Index of less than 35, where increased BMI poses elevated risks for post-op complications
Date	**Chapter**	**Section**	**Change**

06/17/10	Back	Causality (determination)	Recent research: (Wai-Lifting, 2010) (Roffey-Handling, 2010) (Roffey-Sitting, 2010) (Roffey-Standing, 2010) (Roffey-Standing, 2010) (Wai-Carrying, 2010) (Roffey-Postures, 2010)
06/08/10	Explanation of Medical Literature Ratings	Process for suggesting ODG updates	Delete: (this is not generally done)
06/03/10	Forearm	Causality (determination)	(Waersted, 2010)
06/03/10	Forearm	Work	(Waersted, 2010)
06/08/10	Fusion	references	incorporate suggestions by Dr. Gornet
06/17/10	Knee	Extracorporeal shock wave therapy (ESWT)	(Zwerver, 2010)
06/28/10	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Scholtissen, 2010)
06/28/10	Knee	Diagnostic arthroscopy	(von Engelhardt, 2010)
06/28/10	Knee	Functional restoration programs (FRPs)	Add xref, clarify Chronic pain programs (functional restoration programs) versus Work conditioning, work hardening
06/28/10	Knee	Hyaluronic acid injections	Criteria for Hyaluronic acid or Hylan - Clarification: or one of Synvisc-One hylan
06/28/10	Knee	Meniscectomy	Typo: positve
06/30/10	Knee	Autologous cartilage implantation (ACI)	(Vasiliadis, 2010)
06/30/10	Knee	Flexionators (extensionators)	Change to Under study (Stephenson, 2010) (Uhl, 2010) (Branch, 2003)
06/03/10	Neck	Causality (determination)	(Waersted, 2010)
Date	**Chapter**	**Section**	**Change**
06/03/10	Neck	Work	(Waersted, 2010)
06/09/10	Neck	Facet joint diagnostic blocks	Updated summary of evidence (Cohen, 2010) (Nordin, 2009) (Lee, 2009) (Manchikanti, 2008) (Manchikanti, 2004)
06/09/10	Neck	Facet joint pain, signs & symptoms	Updated summary of evidence (Kirpalani, 2008) (van Eerd, 2010)
06/09/10	Neck	Facet joint radiofrequency neurotomy	Updated summary of evidence (van Eerd, 2010) (Caragee, 2009) (Kirpalani, 2008) (van Eerd, 2010) (Manchikanti, 2008)

06/09/10	Neck	Facet joint therapeutic steroid injections	Updated summary of evidence (van Eerd, 2010) (Manchikanti, 2009) (Carragee, 2009) (Manchikanti, 2008)
06/28/10	Neck	Whiplash associated disorder (WAD) treatment	(Pato, 2010)
06/28/10	Neck	Cognitive behavioral rehabilitation	(Pato, 2010) Also xref Low Back guidelines
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
06/15/10	Back	Adalimumab	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
05/05/10	Burns	Graftjacket tissue matrix	New entry (Brigido, 2004)
05/05/10	Burns	Water-Jel burn cooling dressing	New entry (Caroline, 2008) (Singer, 2006) (Dolecek, 1990)
05/05/10	Burns	AlloDerm	New entry (Gore, 2005) (Callcut, 2006)
05/05/10	Burns	Work conditioning, work hardening	New entry, Xref to Low Back
05/12/10	Fitness for Duty	Police officers	New entry (Samo, 2010)
05/28/10	Hip	Low level laser therapy (LLLT)	New entry, xref to Knee, Pain
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
05/18/10	Back	Work	(Lambeek, 2010)
05/05/10	Burns	Codes for Automated Approval	Clarification: add 994.8 Electrocution
05/28/10	Hip	Arthroplasty	(Thillemann, 2010)
05/28/10	Hip	Revision total hip arthroplasty	(Thillemann, 2010)
05/10/10	Knee	Knee joint replacement	(Borus, 2008) (McAllister, 2008) (Dalury, 2009) in subhead Unicompartmental knee replacement
Date	**Chapter**	**Section**	**Change**
05/12/10	Mental	Work	(Allesøe, 2010)
05/28/10	Mental	Virtual reality (VR)	(McLay, 2010)
05/18/10	Pain	Fibromyalgia syndrome (FMS)	(Mork, 2010)
05/18/10	Pain	Chronic pain programs (functional restoration programs)	Clarificantion #9: This cautionary statement should not preclude patients off work for over two years
05/28/10	Pain	NSAIDs, specific drug list & adverse effects	Ketorolac (FDA, 2010)

		REVISED INFORMATION	
05/12/10	Fitness for Duty	Law enforcement officers	New xref
05/28/10	Hip	Cryotherapy	New xref
05/28/10	Hip	Diathermy	New xref
05/28/10	Hip	Magnet therapy	New xref
05/18/10	Knee	Manual therapy	New xref
05/10/10	Knee	Physical medicine treatment	New xref: Active Treatment versus Passive Modalities
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		NEW CHAPTERS, ENTRIES AND TOPICS	
04/16/10	Back	Intraoperative neurophysiological monitoring (during surgery)	New topic (Resnick, 2005) (Gonzalez, 2009)
04/20/10	Forearm	Contrast bath therapy	New entry (Breger, 2009) (Janssen, 2009) Recommended as an option...
04/20/10	Forearm	Physical/ Occupational therapy	New listing Crushing injury of hand/finger
04/16/10	Head	Intraoperative neurophysiological monitoring (during surgery)	New topic/xref to Low Back
04/08/10	Hip	Chi machine	New entry (Moseley, 2004)
04/16/10	Neck	Intraoperative neurophysiological monitoring (during surgery)	New topic/xref to Low Back
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
4/8/2010	Back	Fusion (spinal)	(Deyo-JAMA, 2010)
4/16/2010	Back	Exercise	(Dufour, 2010)
4/16/2010	Back	Lumbar extension exercise equipment	(Dufour, 2010)

4/27/2010	Back	Standing MRI	(Zou, 2008) (Zou, 2009)
4/22/2010	Hernia	Laparoscopic repair (surgery)	(Itani, 2010)
4/22/2010	Knee	Diagnostic arthroscopy	(Vanlauwe, 2007)
4/27/2010	Knee	Corticosteroid injections	(Chu, 2010)
4/27/2010	Knee	Autologous cartilage implantation (ACI)	(Vavken, 2010)
4/27/2010	Knee	Osteochondral autograft transplant system (OATS)	(Vavken, 2010)
4/8/2010	Mental	Weaning of medications (antidepressants)	(Piek, 2010) Typo: mnemonic
4/8/2010	Pain	OxyContin® (oxycodone)	(FDA, 2010)
		REVISED INFORMATION	
04/16/10	Back	Radiography (x-rays)	Clarification: Indications for imaging: Post-surgery:
04/27/10	Back	Kinetic magnetic resonance imaging (kMRI)	New xref
04/28/10	Elbow	Injections (corticosteroid)	Add to xref: Botulinum toxin injection
04/28/10	Elbow	Botulinum toxin injection	Now Under study [from Not recommended at this time] (Espandar, 2010)
04/08/10	Forearm	Physical/ Occupational therapy	New xref: Active Treatment versus Passive Modalities
Date	**Chapter**	**Section**	**Change**
04/28/10	Formulary	Antidepressants (SSRIs)	Clarification: separate Antidepressants (SSRIs) (for depression) as Y from SSRIs (for pain) as N
04/28/10	Formulary	Buprenorphine	Clarification: separate Buprenorphine (for detox) as Y from Buprenorphine (for pain) as N
04/22/10	Knee	Physical medicine treatment	Clarification: Work conditioning: See Work conditioning, work hardening
04/16/10	Neck	Radiography (x-rays)	Clarification: Indications for imaging: Post-surgery: evaluate status of fusion
04/08/10	Pain	Chi machine	New xref

04/28/10	Pain	CRPS, sympathectomy	Clarification: Add radiofrequency to The
04/14/10	Shoulder	Hyaluronic acid injections	Change to Recommended from Under study: (Saito, 2010)
04/14/10	Shoulder	Viscosupplementation	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
03/04/10	Appendix D	New chapter	"Documenting Exceptions to the Guidelines"
03/04/10	Back	Add update date	New feature
03/26/10	Back	Work	New subhead: DOL Job Class: (DOL-SSA, 2010) (NIOSH, 2010) (OSHA, 2010) (Kool, 2005) (Mahmud, 2000)
03/16/10	Formulary	Escitalopram (Lexapro®)	New entry N
03/16/10	Formulary	Exalgo (hydromorphone ER)	New entry N
03/26/10	Head	Nintendo virtual reality Wii gaming system (for brain damage)	New entry: Under study (Saposnik, 2010)
03/31/10	Mental	Weaning of medications (antidepressants)	New entry (Schweitzer, 2001) (Warner, 2006) (Looper, 2007) (Fava, 2006) (Schatzberg, 2006) (Lam, 2009) (Shelton , 2006) (Berber, 1998) (Lader, 2007) (Rosenbaum, 1997) (Hadded, 2001)
03/31/10	Neck	Kinesio tape (KT)	New entry (González-Iglesias, 2009)
03/26/10	Shoulder	Platelet-rich plasma (PRP)	New entry: Not recommended
03/26/10	Shoulder	Kinesio tape (KT)	New entry: Not recommended (Thelen, 2008)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**

03/26/10	Ankle	Platelet-rich plasma (PRP)	(AAOS, 2010)
03/26/10	Ankle	Achilles tendon ruptures (treatment)	(Helander, 2010)
03/04/10	Back	Differential Diagnosis	(Henschke, 2009)
03/04/10	Back	Behavioral treatment	(Lamb, 2010)
03/04/10	Back	Discectomy/ laminectomy	(Pearson, 2010)
03/04/10	Back	Fusion (spinal)	(Pearson, 2010)
03/04/10	Back	Laminectomy/ laminotomy	(Pearson, 2010)
03/16/10	Back	CT & CT Myelography (computed tomography)	(Lehnert, 2010)
03/16/10	Back	MRI's (magnetic resonance imaging)	(Lehnert, 2010)
03/26/10	Back	Delayed treatment	(Rihn, 2010)
03/26/10	Carpal Tunnel	Physical medicine treatment	(Pomerance, 2007)
03/26/10	Elbow	Platelet-rich plasma (PRP)	(AAOS, 2010)
03/16/10	Head	CT (computed tomography)	(Lehnert, 2010)
03/26/10	Knee	Platelet-rich plasma (PRP)	(AAOS, 2010)
03/26/10	Knee	Knee joint replacement	(Ayers, 2010)
03/31/10	Mental	Antidepressants	(Rayner, 2010)
03/31/10	Pain	Psychological evaluations	(Pang, 2010)
03/16/10	Shoulder	Magnetic resonance imaging (MRI)	(Lehnert, 2010)
		REVISED INFORMATION	
03/04/10	Back	Red flags	New xref
Date	**Chapter**	**Section**	**Change**
03/26/10	Back	Vertebroplasty	May be an option to treat multiple myeloma (MML) patients with nonosteoporotic vertebral compression fractures. (Erdem, 2010)
03/16/10	Explanation of Medical Literature Ratings	Tracking ODG updates	Add Kansas
03/16/10	Knee	Exercise equipment	New xref: See Durable medical equipment (DME)
03/16/10	Knee	Treadmill exerciser	New xref: See Durable medical equipment (DME)
03/16/10	Pain	Opioids, specific drug list	Add Exalgo to Hydromorphone listing (FDA, 2010)
03/16/10	Pain	Physical medicine treatment	Add xref: See the Knee Chapter, Durable medical equipment (DME), & the Low Back Chapter, Exercise
03/16/10	Pain	Escitalopram (Lexapro®)	New xref
03/31/10	Pain	Weaning of medications (opioids, benzodiazepines, carisoprodol)	Add xref: Weaning of medications (antidepressants)
03/31/10	Pain	Weaning of medications	Rename: Weaning of medications (opioids, benzodiazepines, carisoprodol)

03/31/10	Pain	Antidepressants for chronic pain	Selective serotonin reuptake inhibitors (SSRIs): Side Effects: Bleeding: (Movig, 2003) (Looper, 2007)
03/31/10	Pain	NSAIDs, GI symptoms & cardiovascular risk	Typo: antiplatelet
03/31/10	Pain	Weaning of medications (opioids, benzodiazepines, carisoprodol)	Typo: Psychiatric conditions
03/31/10	Pain	NSAIDs, GI symptoms & cardiovascular risk	Use of NSAIDs and SSRIs: (Looper, 2007)
Date	**Chapter**	**Section**	**Change**
03/31/10	Pain	Antidepressants for chronic pain	Xref to Mental: Antidepressant discontinuation
03/26/10	Shoulder	Physical therapy	New xref: Active Treatment versus Passive Modalities
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02/18/10	Explanation of Medical Literature Ratings	Evaluating the Body of Evidence (and Prognostic/Diagnostic/Economic studies)	New topic
02/12/10	Head	Vestibular studies	New entry (Curthoys, 2010)
02/12/10	Head	Hearing protection	New entry (El Dib - Cochrane, 2009)
02/24/10	Knee	Durable medical equipment (DME)	New entry: (CMS, 2005)
02/12/10	Mental	Fish oil	New entry (Amminger, 2010)
02/22/10	Mental	Transcranial magnetic stimulation (TMS)	New entry (Boggio, 2009)
		NEW OR UPDATED REFERENCES	
02/23/10	Back	Discectomy/ laminectomy	(Atlas, 2010)
02/23/10	Back	Kyphoplasty	(Liu, 2010) (Huber, 2009) (Dalbayrak, 2010) Change rec to: Recommended as an option for patients with pathologic fractures due to neoplasms, but under study for pain due to vertebral compression fractures
02/23/10	Back	Epidural steroid injections (ESIs), therapeutic	(Sayegh, 2009)
02/12/10	Forearm	Casting versus splints	(Black, 2009)
02/12/10	Forearm	Open reduction internal fixation (ORIF)	(Black, 2009)
02/12/10	Forearm	Radius/ulna fracture surgery	(Black, 2009)
02/12/10	Forearm	Surgery for broken wrist	(Black, 2009)
02/12/10	Head	Causality (determination)	(Engdahl, 2009)
02/22/10	Knee	Venous thrombosis	(Cohen, 2010) (AAOS/ACCP, 2010)
02/23/10	Knee	Exercise	(Ng, 2010)
02/23/10	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Ng, 2010)

02/22/10	Mental	Cognitive therapy for PTSD	(Botella, 2009)
02/22/10	Mental	Exposure therapy (ET)	(Botella, 2009)
02/24/10	Mental	Work	(Joyce, 2010)
02/26/10	Pain	Substance abuse (substance related disorders, tolerance, dependence, addiction)	(APA, 2000)
02/26/10	Pain	Opioids	(FDA, 2010) Purdue Pharma suspended Palladone® from the US market
02/26/10	Pain	Carisoprodol (Soma®)	(Owens, 2007) (Reeves, 2010)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
02/12/10	Back	Surgery	Addxref: Fusion, endoscopic
02/12/10	Back	Medrol dose pack	New xref: Corticosteroids (oral/parenteral for low back pain)
02/12/10	Back	Methylprednisolone	New xref: Corticosteroids (oral/parenteral for low back pain)
Date	**Chapter**	**Section**	**Change**
02/12/10	Back	Prednisone	New xref: Corticosteroids (oral/parenteral for low back pain)
02/12/10	Formulary	Combunox	Correction: Oxycodone/ibuprofen - not ~~Hydrocodone~~/ibuprofen
02/24/10	Knee	Bathtub seats	New xref
02/24/10	Knee	DME	New xref
02/24/10	Knee	Shower grab bars	New xref
02/22/10	Mental	Post-traumatic stress disorder	Add xrefs: Transcranial magnetic stimulation (TMS); Virtual reality (VR)
02/22/10	Mental	Brain stimulation (for treatment of PTSD)	New xref: Transcranial magnetic stimulation (TMS)
02/12/10	Pain	Topical analgesics	Correction: Trigger points & myofascial pain - not ~~injections~~
02/26/10	Pain	Methadone	Move: Abuse potential: Methadone does have the potential for abuse.
02/26/10	Pain	Weaning of medications	Re-write: (Benzon, 2005) (TIP 45, 2006) (Tetrault, 2009) (O'brien, 2005) (TIP 45, 2006) (Lader, 2009) (Morin, 2004) (Alexander, 1991) (Ashton, 1994) (Dickenson, 2009) (Petursson, 1994) (Smith, 1990) (Reeves, 2010) (Wright, 2009)

02/26/10	Pain	Benzodiazepines	Re-write: (Dickinson, 2009) (Lader, 2009)
02/26/10	Pain	Detoxification	Re-write: (TIP 45, 2006) (Wright, 2009)
02/12/10	Shoulder	Polar care (cold therapy unit)	New xref: See Continuous flow cryotherapy
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Jan-10

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		NEW CHAPTERS, ENTRIES AND TOPICS	
01/30/10	Formulary	Combunox (Opioids, Hydrocodone/ibuprofen)	New entry: N status as another brand of hydrocodone-ibuprofen
01/30/10	Formulary	Diazepam, Valium (Muscle relaxants)	New entry: N status based on new entry in Pain Chapter
01/30/10	Formulary	Edluar SL (Sedative-hypnotics, Zolpidem)	New entry: N status based on new entry in Pain Chapter
01/30/10	Formulary	Meprobamate (Muscle relaxants, Miltown)	New entry: N status based on new entry in Pain Chapter
01/30/10	Knee	Flexionators (extensionators)	New entry
01/30/10	Knee	Joint active systems (JAS) splints	New entry
01/21/10	Neck	Repetitive magnetic stimulation (rMS)	New entry
01/30/10	Pain	Edluar (zolpidem tartrate)	New entry (FDA, 2010)
01/30/10	Shoulder	Disodium EDTA	New entry (Cacchio, 2009)
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
01/21/10	Ankle	Platelet-rich plasma (PRP)	(de Vos, 2010) Update to Not recommended from Under study
01/30/10	Ankle	Semi-rigid ankle support	(Cooke, 2009)
01/21/10	Head	Cognitive therapy	(Bryant, 2010)
01/21/10	Head	Concussion/mTBI assessment	(Bryant, 2010)
01/21/10	Head	Concussion/mTBI treatment	(Bryant, 2010)
01/21/10	Head	TBI (traumatic brain injury)	(Bryant, 2010)
01/21/10	Hernia	Laparoscopic repair (surgery)	(Karthikesalingam, 2010)
01/21/10	Hernia	Mesh repair (surgery)	(Karthikesalingam, 2010)
01/21/10	Hernia	Surgery	(Karthikesalingam, 2010)

01/21/10	Knee	Corticosteroid injections	(Bannuru, 2009)
01/21/10	Knee	Hyaluronic acid injections	(Bannuru, 2009)
01/21/10	Knee	Exercise	(Farr, 2010)
01/30/10	Knee	Static progressive stretch (SPS) therapy	(Aetna, 2010)
01/30/10	Knee	Physical medicine treatment	(Mockford, 2008)
01/21/10	Mental	Antidepressants	(Fournier, 2010)
01/21/10	Mental	Antidepressants for treatment of MDD (major depressive disorder)	(Fournier, 2010) Not recommended for mild symptoms.
01/21/10	Mental	PTSD pharmacotherapy	(Holbrook, 2010)
01/30/10	Mental	Post-traumatic stress disorder (PTSD), definition	(Georgopoulos, 2010)
01/21/10	Neck	Electrical muscle stimulation (EMS)	(Kroeling, 2009)
01/21/10	Neck	Electromagnetic therapy (PEMT)	(Kroeling, 2009)
01/21/10	Neck	Electrotherapies	(Kroeling, 2009)
01/21/10	Neck	Galvanic current	(Kroeling, 2009)
01/21/10	Neck	Iontophoresis	(Kroeling, 2009)
01/21/10	Neck	Magnets	(Kroeling, 2009)
01/21/10	Neck	TENS (transcutaneous electrical nerve stimulation)	(Kroeling, 2009)
01/21/10	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	(Dubinsky, 2010)
01/21/10	Pain	Opioids, dosing	(Dunn, 2010)
01/21/10	Pain	Flector® patch (diclofenac epolamine)	(FDA, 2007) (FDA, 2009)
01/21/10	Pain	Diclofenac (Voltaren®)	(FDA, 2009)
01/21/10	Pain	Topical analgesics	(FDA, 2009)
01/21/10	Pain	NSAIDs, GI symptoms & cardiovascular risk	(Malfertheiner, 2009) (Chan, 2001) (Fock, 2009) (Chan, 2002) (Garcia Rodriguez, 1994)
01/21/10	Pain	Opioids, indicators for addiction	(Noble, 2010)
01/21/10	Shoulder	Exercises	(Ketola, 2009)
01/21/10	Shoulder	Surgery for impingement syndrome	(Ketola, 2009)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
01/21/10	Ankle	Injections	Add xref: Platelet-rich plasma (PRP)
01/21/10	Ankle	Physical therapy (PT)	New diagnosis: Crushing injury of ankle/foot (ICD9 928.2)
01/29/10	Back	Medications	Add xref: Corticosteroids (oral/parenteral for low back pain)
01/29/10	Back	Corticosteroids (oral/parenteral for low back pain)	Change rec to: Recommended in limited circumstances as noted below for acute radicular pain. Not recommended for acute non-radicular pain or chronic pain. New refs: (Clinical Pharmacology, 2010) (Kronenberg, 2008) (Holve, 2008) (Finckh, 2006) (Friedman, 2006) (Haimovic, 1986) (Hedeboe, 1982) (Porsman, 1979)
01/29/10	Back	Oral corticosteroids	Change to: Corticosteroids (oral/parenteral for low back pain)
01/29/10	Formulary	Oral corticosteroids, Methylprednisolone, Medrol	Change to Y based on updates to Back Chapter

01/29/10	Formulary	Oral corticosteroids, Prednisone	Change to Y based on updates to Back Chapter
01/29/10	Formulary	PPI (Proton Pump Inhibitor), Omeprazole, Prilosec®	Update OTC pricing: $53.78
01/30/10	Knee	Stretching and flexibility	Add xref: Mechanical stretching devices (for contracture & joint stiffness)
01/30/10	Knee	Dynamic splinting systems	New xref
01/30/10	Knee	ERMI knee Flexionater®/ Extensionater®	New xref
01/30/10	Knee	Mechanical stretching devices (for contracture & joint stiffness)	New xref
01/30/10	Mental	Post-traumatic stress disorder	Add xref: Magnetoencephalography (MEG) for PTSD
01/21/10	Neck	Electrical muscle stimulation (EMS)	Add xrefs
01/30/10	Pain	Topical analgesics	Lidocaine rewrite, new refs: (Affaitati, 2009) (Dalpaiz, 2004) (Fishbain, 2006) (Burch, 2004) (Gimbel, 2005) (O'Connor, 2009) (Kivitz, 2008) (Galer, 2004) (Argoff, 2004)
Date	**Chapter**	**Section**	**Change**
01/30/10	Pain	Diazepam (Valium)	New xref: See Benzodiazepines
01/30/10	Pain	Valium (diazepam)	New xref: See Benzodiazepines
01/30/10	Pain	Meprobamate	New xref: See Carisoprodol (Soma®).
01/30/10	Pain	Lidoderm® (lidocaine patch)	Update from Lidocaine rewrite in Topical analgesics
01/30/10	Pulmonary	Antibiotics	Evidence definitions
01/30/10	Pulmonnary	Treatment Planning	Evidence definitions: page 16
01/30/10	Pulmonnary	Treatment Planning	Evidence definitions: page 25
01/30/10	Pulmonnary	Treatment Planning	Evidence definitions: page 27
01/30/10	Shoulder	Injections	Add xrefs
01/30/10	Shoulder	Edetate disodium (EDTA)	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
12/29/09	Head	Concussion/mTBI assessment	New entry
12/29/09	Head	Concussion/mTBI treatment	New entry
12/29/09	Head	Post-concussion syndrome	New entry
12/29/09	Head	TBI definition (traumatic brain injury)	New entry
12/03/09	Hernia	Imaging	New entry
12/18/09	Knee	Platelet-rich plasma (PRP)	New entry
12/14/09	Pulmonary	Biologic lung volume reduction (BioLVR)	New entry
12/14/09	Pulmonary	Bronchodilators	New entry
12/14/09	Pulmonary	Depression care for patients with COPD	New entry
12/14/09	Pulmonary	Inhaled long-acting beta-agonists (LABAs)	New entry
12/14/09	Pulmonary	Mesothelioma	New entry
12/14/09	Pulmonary	Procalcitonin-based guidelines	New entry
12/14/09	Pulmonary	Statins	New entry
12/14/09	Pulmonary	X-Ray	New entry
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
12/03/09	Ankle	Bone growth stimulators, ultrasound	(Strauss, 1998)
12/03/09	Ankle	Surgery for charcot arthropathy	(Strauss, 1998)
12/03/09	Back	Facet joint pain, signs & symptoms	(Kalichman, 2008)
12/29/09	Head	Cognitive skills retraining	(Cifu, 2009)
12/29/09	Head	CT (computed tomography)	(Cifu, 2009)
12/29/09	Head	Imaging	(Cifu, 2009)
12/29/09	Head	Medications	(Cifu, 2009)
12/29/09	Head	MRI (magnetic resonance imaging)	(Cifu, 2009)
12/29/09	Head	Work	(Cifu, 2009)
12/30/09	Head	Glasgow Coma Scale (GCS)	(Teasdale, 1974)
12/18/09	Hip	Bone scan (radioisotope bone scanning)	(Cannon, 2009)

12/18/09	Hip	CT (computed tomography)	(Cannon, 2009)
12/18/09	Hip	Imaging	(Cannon, 2009)
12/18/09	Hip	MRI (magnetic resonance imaging)	(Cannon, 2009)
12/18/09	Hip	X-Ray	(Cannon, 2009)
12/08/09	Knee	Venous thrombosis	(Sweetland, 2009)
12/03/09	Neck	Laser therapy	(Chow, 2009) Change to Under study
12/14/09	Pulmonary	Causality (determination)	(Anguita, 2007) (Storaas, 2007) (Kogevinas, 2007) (Mirabelli, 2007) (Vyas, 2000) (Kogevinas, 2007) (Storaas, 2007) (Ray, 2009)
12/14/09	Pulmonary	Lung cancer screening	(Bach, 2007)
12/14/09	Pulmonary	Intranasal antihistamines	(Busse 2008) (Nair, 2009) (Haldar 2009)
12/14/09	Pulmonary	Chemotherapy	(Gray, 2009)
12/14/09	Pulmonary	Upper airway cough syndrome treatment	(Hwang, 2009)
12/14/09	Pulmonary	Bronchoscopy	(Merritt, 2008)
12/14/09	Pulmonary	Corticosteroids (inhaled)	(Singh, 2009)
12/14/09	Pulmonary	Proton-pump inhibitors (PPIs)	(The American Lung Association Asthma Clinical Research Centers, 2009)
12/14/09	Pulmonary	CT (computed tomography)	(Wilson, 2008) (Infante, 2009)
12/14/09	Pulmonary	Thoracostomy	(Zargar, 2007)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
12/18/09	Ankle	Rolling knee walker	New xref
12/18/09	Ankle	Walking aids (canes, crutches, braces, orthoses, & walkers)	New xref
12/18/09	Back	Fusion (spinal)	Lumbar fusion in workers' comp patients: (Carreon, 2009)
12/30/09	Back	Bone-morphogenetic protein (BMP)	New xref
12/03/09	Forearm	Bone growth stimulators, ultrasound	Criteria xref: See the Knee Chapter
12/03/09	Formulary	Opioids	Clarification: add: & related entities
12/29/09	Head	Concussion/mTBI (mild traumatic brain injury)	New xref
12/29/09	Head	Traumatic brain injury (TBI), mild	New xref
12/29/09	Head	TBI (traumatic brain injury)	New xref (Wood, 2004)
12/29/09	Head	Cognitive therapy	Recommended with restrictions below (Cifu, 2009)
12/29/09	Head	Neuropsychological testing	Recommended with restrictions below (Cifu, 2009)

12/03/09	Hernia	Computed tomography (CT)	New xref
12/03/09	Hernia	Magnetic resonance imaging (MRI)	New xref
12/03/09	Hernia	Ultrasound, diagnostic	New xref
12/18/09	Hip	Scintigraphy	New xref
12/03/09	Knee	Bone growth stimulators, ultrasound	Clarification: remove: of the tibia
Date	**Chapter**	**Section**	**Change**
12/08/09	Knee	Tai Chi	Add xref: See Physical therapy for recommended number of visits
12/03/09	Neck	Low-level laser therapy (LLLT)	New xref
12/08/09	Pain	Physical medicine treatment	Add Arthritis (ICD9 715)
12/14/09	Pulmonary	Treatment Planning	6. Bronchiectasis (O'Donnell, 2008)
12/14/09	Pulmonary	Treatment Planning	Acute exacerbations of asthma (Reddel, 2009)
12/14/09	Pulmonary	Psychological evaluation	Calification: are often present
12/14/09	Pulmonary	Intranasal anticholinergics	Calification: Recommended only after first considering
12/14/09	Pulmonary	Codes for Automated Approval	Calification: various
12/14/09	Pulmonary	Anabolic steroids	Clarification: Not Recommended.
12/14/09	Pulmonary	Treatment Planning	Cough: Clarification: F. Cardiac causes
12/14/09	Pulmonary	Treatment Planning	Cough: FIGURE 3: Clarification: Cardiac rate/rhythm causes
12/14/09	Pulmonary	Treatment Planning	Cough: FIGURE 3: Clarification: i. Check for disturbances in heart rate or rhythm
12/14/09	Pulmonary	Treatment Planning	Immunotherapy: typo: animal dander
12/14/09	Pulmonary	Treatment Planning	Initial Evaluation of COPD: (Rodrigo, 2008) (Celli, 2008) (Welte, 2009) (Barnes, 2008) (Briel, 2008) (Schuetz, 2009) (Mandell 2007)
12/14/09	Pulmonary	Treatment Planning	Lung Cancer (Wilson 2008, Infante 2009) (Detterbeck, 2009)(Merritt, 2008) (Yu, 2008) (Endo, 2009)

12/14/09	Pulmonary	Chest tube thoracostomy	New xref
Date	**Chapter**	**Section**	**Change**
12/14/09	Pulmonary	Inhaled corticosteroids	New xref
12/14/09	Pulmonary	Treatment Planning	Risk: typo: follow-up care
12/14/09	Pulmonary	Work-relatedness	Xref: See Causality.
12/18/09	Shoulder	Physical therapy	Take out Work Conditioning - already covered
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		NEW CHAPTERS, ENTRIES AND TOPICS	
11/07/09	Carpal Tunnel	Collagen implant (for CTR)	New entry
11/06/09	Elbow	Prolotherapy	New entry
11/30/09	Eye	Corneal abrasions	New entry
11/30/09	Eye	Corneal transplant	New entry
11/30/09	Eye	Dry eye	New entry
11/30/09	Eye	Limbal stem cell transplantation	New entry
11/30/09	Eye	Slit lamp examination	New entry
11/06/09	Formulary	General Guidelines:	New entry
11/23/09	Formulary	Qutenza (capsaicin) 8% patch	New entry
11/27/09	Hip	Intra-articular growth hormone (IAGH) injection	New entry
11/04/09	Homepage	Quick Links: How to Use ODG & How to Suggest ODG Updates	New entry
11/12/09	Pain	Monofilament testing	New entry
11/02/09	Shoulder	MR arthrogram	New entry
11/02/09	Shoulder	Postoperative abduction pillow sling	New entry
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
11/12/09	Back	Discography	(Carragee, 2009)
11/13/09	Back	IDET (intradiscal electrothermal anuloplasty)	(Carragee, 2009)
11/13/09	Back	Intradiscal steroid injection	(Carragee, 2009)
11/13/09	Back	Prolotherapy (sclerotherapy)	(Carragee, 2009)
11/13/09	Back	Adjacent segment disease/degeneration (fusion)	(Carragee, 2009)
11/13/09	Back	Disc prosthesis	(Carragee, 2009)
11/13/09	Back	Fusion (spinal)	(Carragee, 2009)
11/23/09	Back	Causality (determination)	(Bakker, 2009)
11/23/09	Back	MRI's (magnetic resonance imaging)	(Pham, 2009)
11/07/09	Carpal Tunnel	Surface EMG	(Meekins, 2008)

11/06/09	Elbow	Platelet-rich plasma (PRP)	(Rabago, 2009)
11/06/09	Elbow	Autologous blood injection	(Rabago, 2009)
11/30/09	Eye	Amniotic membrane transplantation	(Sangwan, 2007) (Kruse, 2008)
11/05/09	Fitness for Duty	Functional capacity evaluation (FCE)	(Gross, 2007) (Genovese, 2009)
11/04/09	Knee	Tai Chi	(Wang, 2009)
11/27/09	Knee	Extracorporeal shock wave therapy (ESWT)	(Cacchio, 2009)
11/23/09	Neck	Causality (determination)	(Okada, 2009)
11/23/09	Shoulder	SLAP lesion diagnosis	(Calvert, 2009)
11/23/09	Shoulder	Immobilization	(Finestone, 2009)
11/23/09	Shoulder	Vacuum-assisted closure wound-healing	(Ubbink-Cohrane, 2008) (FDA, 2009)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
11/06/09	Ankle	Platelet-rich plasma (PRP)	New xref
11/06/09	Ankle	K3 Promoter	New xref: Tensegrity prosthetic foot (K3 Promoter)
11/12/09	Back	Electrodiagnostic studies (EDS)	Add xref to CTS chapter, and copy Minimum Standards
11/12/09	Back	MRI's (magnetic resonance imaging)	Clarification: add other "red flags" to: Uncomplicated low back pain, suspicion of cancer, infection
11/23/09	Back	LTX 3000™	New xref
11/07/09	Carpal Tunnel	Carpal tunnel release surgery (CTR)	Clarification: II.D.5. See Injections. [Initial relief of symptoms can assist in confirmation of diagnosis and can be a good indicator for success of surgery if electrodiagnostic testing is not readily available.]
11/07/09	Carpal Tunnel	Electrodiagnostic studies (EDS)	Minimum Standards for electrodiagnostic studies (AANEM, 2009)
11/07/09	Carpal Tunnel	NeuraWrap™	New xref
11/06/09	Elbow	Injections (corticosteroid)	Add xref: Prolotherapy; Autologous blood injection; Platelet-rich plasma (PRP)
11/30/09	Eye	Eye exam	New xref
11/30/09	Eye	Keratolimbal allograft	New xref
11/30/09	Eye	Keratoplasty	New xref
11/30/09	Eye	Lamellar keratoplasty	New xref
11/30/09	Eye	Surgery of the cornea	New xref
11/30/09	Eye	Ophthalmic consultation	Opthalmic [typo]

11/30/09	Eye	Office visits	Recommended Eye Examinations Frequency for Adult Patients (American Optometric Association, 2005)
11/30/09	Eye	Treatment Planning	Red Eye: foreign body [typo]
11/30/09	Eye	Breaks	to reduce eyestrain [typo]
11/05/09	Fitness for Duty	Functional capacity evaluation (FCE)	Refer to WH in Low Back, where an FCE is Recommended prior to admission to a Work Hardening (WH) Program
11/04/09	Formulary	Milnacipran	Add other brand Savella
Date	**Chapter**	**Section**	**Change**
11/06/09	Formulary	Buprenorphine	Add brand Suboxone®
11/27/09	Hip	Intra-articular steroid hip injection (IASHI)	Add xref Intra-articular growth hormone (IAGH) injection
11/27/09	Hip	Sacroiliac joint blocks	Recent research: (Chou, 2009)
11/04/09	Knee	Synvisc® (hylan)	Add xref See Hyaluronic acid injections
11/04/09	Knee	Exercise	Add xrefs
11/12/09	Knee	Chondroplasty	Clarification: requiring ALL of the following
11/06/09	Pain	Suboxone® (buprenorphine)	New xref: See Buprenorphine
11/12/09	Pain	Electrodiagnostic testing (EMG/NCS)	Add xref to CTS chapter, and copy Minimum Standards
11/12/09	Pain	Electromyography (EMG)	New xref
11/12/09	Pain	Nerve conduction studies (NCS)	New xref
11/23/09	Pain	Qutenza (capsaicin) 8% patch	New xref
11/04/09	RTW Annual	ODG Treatment Procedure Summary	Add (not all recommended)
11/02/09	Shoulder	Imaging	Add xref
11/02/09	Shoulder	Immobilization	Add xref
11/02/09	Shoulder	MRI	New xref
11/23/09	Shoulder	Negative pressure wound therapy (NPWT)	New xref
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10/12/09	Head	Driver assessment & training	New topic (Classen, 2009)
10/13/09	Head	Rhinoplasty	New topic (Higuera, 2007)
10/30/09	Hip	Ilioinguinal nerve ablation	New entry
10/30/09	Hip	Manipulation under anesthesia (MUA)	New entry
10/30/09	Knee	Home exercise kits	New entry
10/30/09	Knee	Transportation (to & from appointments)	New entry
10/30/09	Shoulder	Dynasplint system	New entry
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
10/12/09	Back	Return to work	(Costa, 2009)
10/30/09	Back	Manipulation under anesthesia (MUA)	(Dagenais2, 2008)
10/30/09	Back	Kyphoplasty	(McGirt, 2009)
10/30/09	Back	Vertebroplasty	(McGirt, 2009)
10/12/09	Carpal tunnel	Carpal tunnel release surgery (CTR)	(Jarvik, 2009)
10/30/09	Hip	Arthroplasty	(Figved, 2009)
10/12/09	Knee	Aquatic therapy	(Greene, 2009)
10/30/09	Knee	Manipulation under anesthesia (MUA)	(Mohammed, 2009)
10/30/09	Knee	Knee joint replacement	(Newman, 2009)
10/30/09	Knee	MRI's (magnetic resonance imaging)	(Ramappa, 2007)
10/30/09	Knee	TENS (transcutaneous electrical nerve stimulation)	(Rutjes, 2009)
10/13/09	Neck	Exercise	(Hurwitz, 2009)
10/13/09	Neck	Laser therapy	(Hurwitz, 2009)
10/13/09	Neck	Manipulation	(Hurwitz, 2009)
10/13/09	Neck	Whiplash associated disorder (WAD) treatment	(Hurwitz, 2009)
10/21/09	Pain	Salicylate topicals	(Altman, 2009)
10/21/09	Pain	Topical analgesics	(Altman, 2009) twice
10/21/09	Pain	Opioids for osteoarthritis	(Nüesch-Cochrane, 2009)

10/12/09	Shoulder	Computed tomography (CT)	(Bahrs, 2009)
10/30/09	Shoulder	Physical therapy	(Gaspar, 2009)
10/30/09	Shoulder	Manipulation under anesthesia (MUA)	(Wang, 2007)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
10/12/09	Ankle	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
10/02/09	Back	Work conditioning, work hardening	Add subsection: Other established guidelines (Matheson, 1985) (Lechner, 1994) (AOTA, 1986) (Helm-Williams, 1993) (CARF, 1988) (Hoffman, 2007) (Wyrick, 1991)
10/02/09	Back	Work conditioning, work hardening	Add xref: Also see Exercise, where there is strong evidence for all types of exercise, but no evidence to suggest that the exercise needs to be specific to the job
10/02/09	Back	Work conditioning, work hardening	Add xref: See also Chronic pain programs (functional restoration programs), where there is strong evidence for selective use of programs offering comprehensive interdisciplinary/multidisciplinary treatment, beyond just work hardening.
10/02/09	Back	Work conditioning, work hardening	Add xref: See also Return to work, where the evidence presented is far stronger trhan the evidence for simulated work.
10/02/09	Back	Work conditioning, work hardening	Criteria for admission to a Work Conditioning Program: Add WC visits should be more intensive than regular PT vists, typically lasting twice as long
10/02/09	Back	Work conditioning, work hardening	Criteria for admission to a Work Hardening Program: Re-write based on detailed review of new references above
Date	**Chapter**	**Section**	**Change**

10/12/09	Carpal tunnel	Carpal tunnel release surgery (CTR)	Clarification: II. Change 'Mild/moderate' to 'Not severe' (criteria determine if qualify, mild may not)
10/30/09	Hip	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
10/12/09	Knee	Water-based exercises	New xref
10/12/09	Knee	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
10/12/09	Knee	Aquatic therapy	Clarification: especially deep water therapy with a floating belt as opposed to shallow water requiring weight bearing
10/30/09	Knee	Unicompartmental knee replacement	New xref
10/30/09	Knee	Braces	Add xref Unloader braces for the knee
10/13/09	Neck	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
10/13/09	Neck	Traction	Clarify recommendation: Recommend home cervical patient controlled traction (using a seated over-the-door device or a supine pneumatic device, which may be preferred due to greater forces), for patients with radicular symptoms, in conjunction with a home exercise program. Not recommend institutionally based powered traction devices.
10/15/09	Pain	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
10/12/09	Shoulder	Work conditioning, work hardening	Add xref to Low Back, Repeat Low Back Criteria
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		NEW CHAPTERS, ENTRIES AND TOPICS	
09/29/09	Ankle	Scandinavian total ankle replacement system (STAR®)	New entry: (Saltzman, 2009) (AOFAS, 2009) also move (FDA, 2009) from Arthroplasty
09/22/09	Forearm	Collagenase clostridium histolyticum (Xiaflex)	New entry (Hurst, 2009) (FDA, 2009)
09/28/09	Formulary	Flector patch	New entry
09/28/09	Formulary	Zipsor (diclofenac potassium)	New entry
09/28/09	Knee	Collagen meniscus implant (CMI)	New entry (FDA, 2008) (Rodkey, 2008) (FDA, 2009)
09/28/09	Pain	Zipsor (diclofenac potassium liquid-filled capsules)	New entry (FDA, 2009) (Kowalski, 2009)
		NEW OR UPDATED REFERENCES	
09/22/09	Ankle	Extracorporeal shock wave therapy (ESWT)	(Moretti, 2009)
09/09/09	Back	Herbal medicines	(Cao, 2008)
09/09/09	Back	Causality (determination)	(Wai, 2009)
09/28/09	Back	Exercise	(Ewert, 2009)
09/29/09	Back	Epidural steroid injections (ESIs), therapeutic	(Buenaventura, 2009)
09/29/09	Back	Facet joint diagnostic blocks (injections)	(Datta, 2009)
09/29/09	Back	Adhesiolysis, percutaneous	(Epter, 2009)
09/29/09	Back	Facet joint diagnostic blocks (injections)	(Franklin, 2008)
09/29/09	Back	Adhesiolysis, spinal endoscopic	(Hayek, 2009)
09/29/09	Back	IDET (intradiscal electrothermal anuloplasty)	(Helm, 2009)
09/29/09	Back	Discography	(Manchikanti, 2009)
09/29/09	Back	Percutaneous diskectomy (PCD)	(Singh, 2009)
09/22/09	Head	Botulinum toxin	(Dodick, 2009) Under study for prevention of headache in patients with chronic migraine

Date	Chapter	Section	Change
09/11/09	Hip	Arthroplasty	(Lombardi, 2006) & modify criteria: 3. Objective Clinical Findings: Over 50 years of age (but younger OK in cases of shattered hip when reconstruction is not an option)
09/09/09	Knee	Exercise	(Segal, 2009)
09/28/09	Knee	Physical medicine treatment	(Risberg, 2009)
09/30/09	Knee	Osteotomy	(van Raaij, 2009)
09/28/09	Mental	Return to work	(Bush, 2009)
09/28/09	Mental	St. John's wort (for depression)	(NIH, 2009) Add especially for minor depression
09/29/09	Neck	Epidural steroid injection (ESI)	(Benyamin, 2009)
09/29/09	Neck	Facet joint diagnostic blocks	(Falco, 2009)
09/29/09	Neck	Facet joint therapeutic steroid injections	(Falco, 2009)
09/29/09	Neck	Discography	(Manchikanti, 2009)
09/09/09	Pain	Exercise	(Busch-Cochrane, 2007)
09/09/09	Pain	Fibromyalgia syndrome (FMS)	(Busch-Cochrane, 2007)
09/09/09	Pain	Behavioral interventions	(Kröner-Herwig, 2009)
09/09/09	Pain	Psychological treatment	(Kröner-Herwig, 2009)
09/28/09	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	(Trevino, 2009) Change to: Recommended as an option to discourage tampering and drug abuse.
09/29/09	Pain	Spinal cord stimulators (SCS)	(Frey, 2009)
09/29/09	Pain	Implantable drug-delivery systems (IDDSs)	(Patel, 2009)
09/22/09	Shoulder	Exercises	(Engebretsen, 2009)
09/22/09	Shoulder	Extracorporeal shock wave therapy (ESWT)	(Engebretsen, 2009)
		REVISED INFORMATION	
09/09/09	Ankle	Thompson test	Clarification: supine to prone
09/29/09	Ankle	Arthroplasty (total ankle replacement)	Add xref to STAR
09/29/09	Ankle	STAR® device	New Xref
09/09/09	Back	Exercise	Post-surgical (discectomy) rehab: (Ostelo, 2009)
09/09/09	Back	Physical therapy (PT)	Post-surgical (discectomy) rehab: (Ostelo, 2009)
09/28/09	Back	Tubular discectomy	Change to Under study: (Kim, 2009) (Parikh, 2008)
09/09/09	Carpal Tunnel	Electrodiagnostic studies (EDS)	Typo: usefulness of EDS
09/22/09	Forearm	Dupuytren's release (fasciectomy or fasciotomy)	Add xref: Collagenase clostridium histolyticum (Xiaflex)
09/22/09	Forearm	Medications	Add xref: Collagenase clostridium histolyticum (Xiaflex)
09/22/09	Forearm	Xiaflex	New xref
09/28/09	Formulary	Embeda (morphine sulfate & naltrexone hydrochloride)	Change to Y

09/09/09	Hip	Acetaminophen (paracetamol)	Typo: acetaminophen
09/09/09	Knee	Compression garments	Typo: known
09/28/09	Knee	Surgery	Add new xrefs
Date	**Chapter**	**Section**	**Change**
09/28/09	Knee	Menaflex®	New xref
09/30/09	Knee	Autologous cartilage implantation (ACI)	Change to Recommended as a second-line therapy after failure of initial arthroscopic or surgical repair. Recent studies have confirmed the success of this technically demanding technique when done by experienced practitioners. (Zaslav, 2009) (Schindler, 2009) (Saris, 2009)
09/09/09	Mental	Kava extract (for anxiety)	Clarification: Recommend the aqueous extract (Sarris, 2009)
09/09/09	Mental	Piper methysticum	New xref
09/09/09	Neck	Traction	Correct typo: theses devices
09/09/09	Neck	Manipulation	Typo: less to fewer
09/09/09	Pain	Acupuncture	Clarification: Shoulder: Recommended as an option for rotator cuff tendinitis. (to be consistent with updates already made to Shoulder Chapter)
09/09/09	Pain	Propoxyphene (Darvon®)	Not recommended as a first-line (FDA2, 2009)
09/09/09	Pain	Opioids for chronic pain	Typo: as there is a lack of evidence
09/09/09	Pain	Opioids, specific drug list	Typo: Do not prescribe to patients at risk
09/09/09	Pain	Ziconotide (Prialt®)	Typo: expert consensuses panel
09/09/09	Pain	Opioids, specific drug list	Typo: It is recommended that doses be
09/09/09	Pain	Pregabalin (Lyrica®)	Typo: Recommended in in neuropathic pain
09/09/09	Pain	Opioids	Typo: referred to as
09/09/09	Pain	Chronic pain programs (functional restoration programs)	Typo: trail to trial
09/09/09	Pain	CRPS, medications	Typo: trails to trials
09/09/09	Pain	Opioids, indicators for addiction	Typo: Using prescription drugs in ways
09/09/09	Pain	Opioids, specific drug list	Typo: who are in need
09/28/09	Pain	Implantable drug-delivery systems (IDDSs)	Add Safety Precautions & Warnings: (Coffey, 2009) (Medtronic, 2009) (Phillips, 2008)
09/28/09	Pain	Opana®	New xref: See Oxymorphone

09/28/09	Pain	Flector® patch (diclofenac epolamine)	Repeat text already in Topical analgesics entry
09/09/09	Pulmonary	Fluorescence bronchoscopy	Clarification: autofluorescence bronchoscopy (AFB); conventional white light bronchoscopy (WLB)
09/09/09	Shoulder	Scapula fracture surgery	Typo: Clavicle (shoulder blade) fractures
09/09/09	Shoulder	Surgery for Thoracic Outlet Syndrome (TOS)	Typo: neurologic disfunction
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		NEW CHAPTERS, ENTRIES AND TOPICS	
08/20/09	Ankle	Microprocessor-controlled foot prostheses	New entry (Alimusaj, 2009)
08/20/09	Ankle	Prostheses (artificial limb)	New entry See the Knee Chapter
08/05/09	Back	Oxygen-ozone therapy (injection)	New topic (Paoloni, 2009)
08/24/09	Elbow	Manipulation under anesthesia (MUA)	New topic (Duke, 1991)
08/20/09	Formulary	Embeda (morphine sulfate & naltrexone hydrochloride)	New entry
08/20/09	Hip	Hemiarthroplasty	New entry (Butler, 2009)
08/20/09	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	New entry

Date	Chapter	Section	Change
		NEW OR UPDATED REFERENCES	
08/20/09	Ankle	Exercise	(Hupperets, 2009)
08/05/09	Back	Fusion, endoscopic	(Aryan, 2009)
08/05/09	Back	Discography	(Ohtori, 2009)
08/21/09	Back	Botulinum toxin (Botox®)	(FDA, 2009)
08/21/09	Back	Delayed treatment	(Sinnott, 2009)
08/24/09	Elbow	Surgery for olecranon bursitis	(Ogilvie, 2000)
08/20/09	Hip	Arthroplasty	(Butler, 2009)
08/21/09	Hip	Internal fixation	(Butler, 2009)
08/20/09	Knee	Knee joint replacement	(Núñez, 2009)
08/21/09	Knee	BioniCare® knee device	(Zizic, 1995) (Mont, 2006) (Farr, 2006) (Garland, 2007) Was an Xref to TENS, include overall TENS rec here
08/24/09	Pain	CRPS, diagnostic criteria	(Barth, 2009)
08/25/09	Shoulder	Acupuncture	(Szczurko, 2009) Recommended as an option

Date	Chapter	Section	Change
		REVISED INFORMATION	
08/20/09	Hip	Surgical management	Add xref Hip fracture surgery
08/05/09	Back	Injections	Add xref Oxygen-ozone therapy (injection)
08/25/09	Ankle	Prostheses (artificial limb)	Add xref: Microprocessor-controlled foot prostheses; Proprio-Foot (Ossur); Tensegrity prosthetic foot
08/25/09	Ankle	Orthotic devices	Add xref: Prostheses (artificial limb)
08/24/09	Elbow	Manipulation	Add xref: See also Manipulation under anesthesia (MUA), a different procedure.
08/13/09	Back	Vertebroplasty	Change to Not recommended based on recent higher quality studies. (Kallmes, 2009) (Buchbinder, 2009)
08/13/09	Back	Kyphoplasty	Change to Under study based on recent higher quality studies of a similar procedure. (Kallmes, 2009) (Buchbinder, 2009)
08/24/09	Forearm	Triangular fibrocartilage complex (TFCC) reconstruction	Clarification: as an option
08/24/09	Ankle	Bone scan (imaging)	Clarification: discontinued nomenclature
08/25/09	Preface	Physical Therapy Guidelines	Clarification: For example, in unusual cases where co-morbidities involve completely separate body domains...
08/24/09	Forearm	Arthrodesis (fusion)	Clarification: or digit
08/24/09	Ankle	Lateral ligament ankle reconstruction (surgery)	Clarification: performed by a physician
08/05/09	Back	Endoscopic fusion	New xref
08/05/09	Back	Percutaneous fusion	New xref
08/05/09	Back	XLIF® (eXtreme Lateral Interbody Fusion)	New Xref
08/20/09	Ankle	Proprio-Foot (Ossur)	New xref
08/20/09	Ankle	Tensegrity prosthetic foot	New xref
08/21/09	Back	AbobotulinumtoxinA (Dysport)	New xref see Botulinum toxin
08/21/09	Back	OnabotulinumtoxinA (Botox)	New xref see Botulinum toxin
08/21/09	Back	RimabotulinumtoxinB (Myobloc)	New xref see Botulinum toxin

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		NEW CHAPTERS, ENTRIES AND TOPICS	
07/14/09	Back	Tubular discectomy	New topic (Arts-JAMA, 2009)
07/28/09	Back	Godelive Denys-Struyf (GDS) method	New entry
07/10/09	Forearm	Manipulation under anesthesia (MUA)	New entry
07/22/09	Forearm	Arteriography/Angiography/CTA	New topic
07/07/09	Formulary	Tapentadol (Nucynta™)	New entry
07/22/09	Formulary	Onsolis™ (fentanyl buccal film)	New entry
07/22/09	Pain	Internal qigong	New entry (Lee, 2009)

Date	Chapter	Section	Change
		NEW OR UPDATED REFERENCES	
07/21/09	Ankle	Venous thrombosis	(Felcher, 2009)
07/21/09	Ankle	Extracorporeal shock wave therapy (ESWT)	(Rasmussen, 2008) Clarification: concluded that there is no convincing evidence for recommendation of ESWT.
07/16/09	Back	IDD therapy (intervertebral disc decompression)	(Schimmel, 2009)
07/16/09	Back	Powered traction devices	(Schimmel, 2009)
07/22/09	Back	Aquatic therapy	(Dundar, 2009)
07/28/09	Back	Exercise	(Arribas, 2009)
07/28/09	Back	Physical therapy (PT)	(Arribas, 2009)
07/21/09	Elbow	Exercise	(Tyler, 2009)
07/13/09	Eye	Patching	(Turner-Cochrane, 2006)
07/10/09	Forearm	Injection	(Peters-Veluthamaningal, 2009)
07/13/09	Hernia	Laparoscopic repair (surgery)	(Forbes, 2009)
07/07/09	Knee	Knee joint replacement	(Losina, 2009)
07/21/09	Knee	Insoles	(Hinman, 2009)
07/07/09	Neck	Fusion, anterior cervical	(Cahill-JAMA, 2009)
07/07/09	Pain	Acetaminophen (APAP)	(FDA, 2009)
07/07/09	Pain	Tapentadol (Nucynta™)	(FDA, 2009)

07/07/09	Pain	Medical food	(Shell, 2009)
07/10/09	Pain	Salicylate topicals	(Matthews-Cochrane, 2009)
07/10/09	Pain	Pregabalin (Lyrica®)	(Moore-Cochrane, 2009)
07/13/09	Pain	Modafinil (Provigil®)	(Kumar, 2008) (Volkow-JAMA, 2009)
07/13/09	Pulmonary	Positron emission tomography (PET scanning)	(Maziak, 2009)
07/14/09	Shoulder	Physical therapy	(Byram, 2009)
07/14/09	Shoulder	Ultrasound, therapeutic	(Serafini, 2009)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
07/21/09	Ankle	PE (pulmonary embolism)	New xref
07/21/09	Ankle	VTE (venous thromboembolism)	New xref
07/14/09	Back	Surgery	Add xref
07/16/09	Back	Traction	(Cai, 2009)
07/16/09	Back	Traction	Add xref
07/22/09	Back	Exercise	Add xref
07/22/09	Back	Physical therapy (PT)	Add xref
07/22/09	Back	Disc prosthesis	Clarification: Current US treatment coverage recommendations: Washington State Department of Labor and Industries: just describe lumbar
07/22/09	Back	Water-based exercises	New xref
07/10/09	Forearm	Manipulation	Add xref
07/13/09	Formulary	Modafinil (Provigil®)	Change to N based on new studies in Pain Chapter
07/07/09	Knee	Manipulation	Add xref to Manipulation under anesthesia (MUA)
07/21/09	Knee	Shoes	New xref
07/07/09	Neck	Bone-morphogenetic protein (BMP)	New xref
07/22/09	Neck	Disc prosthesis	Clarification: Current US treatment coverage recommendations: Washington State Department of Labor and Industries: just describe cervical
07/07/09	Pain	Nucynta™ (tapentadol)	New xref
07/10/09	Pain	Topical analgesics	Add xref: Salicylate topicals
07/10/09	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) a trial of 10 visits (80 hours)
07/22/09	Pain	Fentanyl	Add xref
07/22/09	Pain	Qigong	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
06/03/09	Burns	Debridement	New entry - Clarification, already recommended in CAA (Grunwald, 2008)
06/25/09	Back	Dehydroepiandrosterone (DHEA)	New topic (Weiss, 2009)
06/23/09	Forearm	Electrodiagnostic studies (EDS)	New topic (Bienek, 2006)
06/19/09	Shoulder	Neuromuscular electrical stimulation (NMES devices)	New entry (Reinold, 2008)

Date	Chapter	Section	Change
06/03/09	Ankle	Arthroplasty (total ankle replacement)	(FDA, 2009)
06/19/09	Ankle	Wound dressings	(Lee, 2009)
06/25/09	Back	Fusion (spinal)	(Dai, 2009)
06/25/09	Back	Epidural steroid injections (ESIs), therapeutic	(Koc, 2009)
06/25/09	Back	Shoe insoles/shoe lifts	(Sahar, 2009)
06/19/09	Hip	Exercise	(Maddalozzo, 2009)
06/03/09	Knee	Exercise	(Van Linschoten, 2009)
06/03/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Van Linschoten, 2009) Recommend specific exercises aimed at realignment of the patella rather than interventions just addressing short-term relief of symptoms.
06/25/09	Knee	Venous thrombosis	(Slobogean, 2009)
06/25/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Song, 2009)
06/03/09	Neck	Disc prosthesis	(FDA, 2009)

06/03/09	Pain	Opioids, specific drug list	(Nicholson, 2009) Tramadol (Ultram®; Ultram ER®)
06/23/09	Pain	Muscle relaxants (for pain)	(Zanaflex-FDA, 2008)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
06/03/09	Ankle	Scandinavian total ankle replacement system (STAR)	New xref
06/25/09	Back	Medications	Add to xref
06/23/09	Forearm	Electromyography (EMG)	New xref
06/23/09	Forearm	Nerve conduction studies (NCS)	New xref
06/03/09	Formulary	Ultram ER®	Change to Y based on new study (Nicholson, 2009)
06/25/09	Knee	Patellofemoral pain syndrome (PFPS)	New xref
06/23/09	Pain	Tizanidine (Zanaflex®)	Add xref
06/23/09	Pain	A-delta fiber electrodiagnostic testing	New xref
06/23/09	Pain	Axon-II neural scan	New xref
06/23/09	Pain	Nucynta™ (tapentadol)	New xref
06/23/09	Pain	Quantitative sensory threshold (QST) testing	New xref
06/23/09	Pain	Zanaflex® (tizanidine)	New xref
06/19/09	Shoulder	Electrical stimulation	Add xrefs
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
May-09

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		NEW CHAPTERS, ENTRIES AND TOPICS	
05/15/09	Ankle	Adult aquired flatfoot	New entry (Deland, 2008) (Lee, 2005) (Kelly, 2001)
05/20/09	Formulary	Ryzolt	New entry
05/20/09	Formulary	Ambien CR	New entry: No (was under Ambien® and said "not CR")
05/20/09	Formulary	Cyclobenzaprine ER (Amrix®)	New entry: No (was under Cyclobenzaprine)
05/12/09	Knee	Compression garments	New entry (Partsch, 2008) (Nelson-Cochrane, 2008)
05/12/09	Knee	Rivaroxaban (Xarelto, Johnson & Johnson/Bayer)	New entry (Turpie, 2009)
		NEW OR UPDATED REFERENCES	
05/11/09	Back	Adhesiolysis, percutaneous	(Boswell, 2007)
05/11/09	Back	Adhesiolysis, spinal endoscopic	(Boswell, 2007)
05/11/09	Back	Disc prosthesis	(Chou, 2009)
05/11/09	Back	Discectomy/laminectomy	(Chou, 2009)
05/11/09	Back	Fusion (spinal)	(Chou, 2009)
05/11/09	Back	Interspinous decompression device (X-Stop®)	(Chou, 2009)
05/11/09	Back	Discography	(Chou2, 2009)
05/11/09	Back	Facet joint diagnostic blocks (injections)	(Chou2, 2009)
05/11/09	Back	Epidural steroid injections (ESIs), therapeutic	(Chou3, 2009)
05/11/09	Back	IDET (intradiscal electrothermal anuloplasty)	(Chou3, 2009)
05/11/09	Back	Intradiscal steroid injection	(Chou3, 2009)
05/11/09	Back	Percutaneous intradiscal radiofrequency (thermocoagulation)	(Chou3, 2009)
05/11/09	Back	Prolotherapy (sclerotherapy)	(Chou3, 2009)
05/11/09	Back	Spinal cord stimulation (SCS)	(Chou3, 2009)
05/11/09	Back	Dynamic neutralization system (Dynesys®)	(FDA, 2008) (Schaeren, 2008)

05/20/09	Back	Education	(Bigos, 2009)
05/20/09	Back	Ergonomics interventions	(Bigos, 2009)
05/20/09	Back	Exercise	(Bigos, 2009)
05/20/09	Back	Lumbar supports	(Bigos, 2009)
05/20/09	Back	Shoe insoles/shoe lifts	(Bigos, 2009)
05/20/09	Back	Fear-avoidance beliefs questionnaire (FABQ)	(Hanney, 2009)
05/20/09	Back	Physical therapy (PT)	(Hanney, 2009)
05/20/09	Back	Return to work	(Hanney, 2009)
05/20/09	Back	Work	(Van Nieuwenhuyse, 2009)
05/22/09	Back	Acupuncture	(Cherkin, 2009)
05/28/09	Back	Herbal medicines	(Giannetti, 2009)
05/12/09	Carpal Tunnel	Electrodiagnostic studies (EDS)	(Graham, 2008)
05/12/09	Knee	Hyaluronic acid injections	(Karlsson, 2002)
05/11/09	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	(AGS, 2009)
05/20/09	Pain	Tramadol (Ultram®)	(Turturro, 1998)
05/28/09	Pain	Insomnia	(Morin, 2009)
05/12/09	Shoulder	SLAP lesion diagnosis	(Munro, 2009)
05/12/09	Shoulder	Manipulation under anesthesia (MUA)	(Ng, 2009)
05/15/09	Shoulder	Surgery for impingement syndrome	(Henkus, 2009)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
05/12/09	Ankle	Supartz (Artzal, Durolane)	New xref
05/15/09	Ankle	Flatfoot	New xref
05/15/09	Ankle	Posterior tibial tendon dysfunction (PTTD)	New xref
05/11/09	Back	Interspinous spacer device	New xref
05/22/09	Back	Disc prosthesis	(Washington, 2009) official Coverage Determination, take out Draft
05/28/09	Back	Facet joint medial branch blocks (therapeutic injections)	(Wasan, 2009)
05/28/09	Back	Medial branch blocks (MBBs)	New xref
05/20/09	Formulary	Stimulants	Clarification - add: adjunctive pain medication
05/20/09	Formulary	Brand Name (description of the table columns)	Clarification - Note: The brand name is provided for illustration, but if the indicator below shows that FDA approved generic equivalents are available, then generic substitution would be recommended dependining on availability and cost.
05/12/09	Knee	Lymphedema pumps	Add xref Compression garments
05/12/09	Knee	Medications	Add xref Compression garments; Rivaroxaban
Date	**Chapter**	**Section**	**Change**
05/12/09	Knee	Medications	Add xref Rivaroxaban
05/12/09	Knee	Supartz (Artzal, Durolane)	Modified heading
05/12/09	Knee	DVT (Deep vein thrombosis)	New xref

05/12/09	Knee	PE (Pulmonary embolism)	New xref
05/12/09	Knee	Stockings (compression)	New xref
05/12/09	Knee	VTE (Venous thromboembolism)	New xref
05/22/09	Neck	Disc prosthesis	(Washington, 2009) official Coverage Determination, take out Draft
05/20/09	Pain	Ryzolt (tramadol ER)	New xref
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Apr-09

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		NEW CHAPTERS, ENTRIES AND TOPICS	
04/07/09	Formulary	Arthrotec® (diclofenac/ misoprostol)	New listing
04/07/09	Formulary	Diclofenac Potassium (Cataflam®)	New listing
04/07/09	Formulary	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	New listing
04/07/09	Formulary	Diflunisal (Dolobid®)	New listing
04/07/09	Formulary	Etodolac (Lodine®, Lodine XL®)	New listing
04/07/09	Formulary	Fenoprofen (Nalfon®)	New listing
04/07/09	Formulary	Fentora® (fentanyl buccal tablet)	New listing
04/07/09	Formulary	Hydrocodone/Ibuprofen (Vicoprofen®)	New listing
04/07/09	Formulary	Indomethacin (Indocin®, Indocin SR®)	New listing
04/07/09	Formulary	Ketoprofen, Ketoprofen ER	New listing
04/07/09	Formulary	Levorphanol (Levo-Dromoran®)	New listing
04/07/09	Formulary	Mefenamic Acid (Ponstel®)	New listing
04/07/09	Formulary	Motrin®	New listing
04/07/09	Formulary	Nabumetone (Relafen®)	New listing
04/07/09	Formulary	Oxaprozin (Daypro®)	New listing
04/07/09	Formulary	Oxycodone (OxyIR®)	New listing
04/07/09	Formulary	Oxymorphone (Opana®)	New listing
04/07/09	Formulary	Sulindac (Clinoril®)	New listing
04/07/09	Formulary	Tolmetin (Tolectin®, Tolectin DS)	New listing
04/07/09	Formulary	Tramadol (Ultram ER®)	New listing
04/07/09	Formulary	Tramadol/Acetaminophen (Ultracet®)	New listing
04/07/09	Formulary	Naprosyn®, EC-Naprosyn®, Anaprox®, Anaprox DS®, Napre	New listings
04/21/09	Knee	Anakinra (Kineret)	New topic (Chevalier, 2009)
04/21/09	Knee	Neuromuscular electrical stimulation (NMES devices)	New topic (Wright, 2008) (Paillard, 2008) (Delitto, 1988) (Stevens, 2004) (Gaines, 2004) (Talbot, 2003) (Petterson, 2009)

04/30/09	Pain	Delayed recovery	New topic
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
04/21/09	Back	Fusion (spinal)	(Juratli, 2009) (Vaidya, 2009)
04/24/09	Back	Discectomy/ laminectomy	(DeBerard, 2008)
04/24/09	Back	MRI's (magnetic resonance imaging)	(Scholz, 2009)
04/24/09	Back	Opioids	(Volinn, 2009)
04/29/09	Pain	Spinal cord stimulators (SCS)	(Deer, 2001)
04/29/09	Pain	Opioids, pain treatment agreement	(Sundwall-Utah, 2009)
04/29/09	Pain	Opioids, screening for risk of addiction (tests)	(Sundwall-Utah, 2009)
04/27/09	Shoulder	Causality (determination)	(Bernard, 1997) (Frost, 1999) (Rolf, 2006) (Derebery, 1998) (Epstein, 1993) (Lo, 1990) (D'Alessandro, 2000)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
04/07/09	Formulary	Piroxicam (Feldene®)	Change to N (based on Pain Chapter NSAID listing "Pain: Not recommended.")
04/07/09	Formulary	Ketorolac (Toradol®)	Change to N (based on Pain Chapter NSAID listing "short-term" only)
04/07/09	Formulary	Propoxyphene	Change to N (based on Pain Chapter: "FDA panel voted to recommend that propoxyphene should be pulled from the market")
04/07/09	Formulary	Herbal medicines	Delete (these are not pharmaceuticals & do not belong on Formulary)
04/07/09	Formulary	OTC (Over The Counter)	New xref
04/21/09	Knee	Electrical stimulators (E-stim)	New xref
04/21/09	Knee	Injections	Add xref to Anakinra (Kineret)
04/07/09	Pain	Arthrotec® (diclofenac/ misoprostol)	New xref
04/07/09	Pain	Celecoxib (Celebrex®)	New xref
04/07/09	Pain	Diclofenac Potassium (Cataflam®)	New xref
04/07/09	Pain	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	New xref
04/07/09	Pain	Diflunisal (Dolobid®)	New xref
04/07/09	Pain	Etodolac (Lodine®, Lodine XL®)	New xref
04/07/09	Pain	Fenoprofen (Nalfon®)	New xref
04/07/09	Pain	Flurbiprofen (Ansaid®)	New xref
04/07/09	Pain	Hydrocodone/Acetaminophen (Vicodin®)	New xref
04/07/09	Pain	Hydrocodone/Ibuprofen (Vicoprofen®)	New xref
04/07/09	Pain	Indomethacin (Indocin®, Indocin SR®)	New xref
04/07/09	Pain	Levorphanol (Levo-Dromoran®)	New xref
04/07/09	Pain	Mefenamic Acid (Ponstel®)	New xref
04/07/09	Pain	Nabumetone (Relafen®)	New xref
04/07/09	Pain	Oxaprozin (Daypro®)	New xref

04/07/09	Pain	Oxycodone/acetaminophen (Percocet®)	New xref
04/07/09	Pain	Oxymorphone (Opana®)	New xref
04/07/09	Pain	Piroxicam (Feldene®)	New xref
04/07/09	Pain	Sulindac (Clinoril®)	New xref
04/07/09	Pain	Tolmetin (Tolectin®, Tolectin DS)	New xref
04/07/09	Pain	Tramadol/Acetaminophen (Ultracet®)	New xref
04/29/09	Pain	Opioids for chronic pain	Clarification: - Chronic back pain: and there is also limited evidence for the use of opioids for chronic low back pain. (Martell-Annals, 2007)
04/29/09	Pain	Biopsychosocial model of chronic pain	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs (functional restoration programs)	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs, early intervention	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs, opioids	Complete medical evidence evaluation review and update (MEERU)
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03/17/09	Ankle	Arthroplasty (total ankle replacement)	Under study for first metatarsophalangeal joint implant arthroplasty. (Cook, 2009)
03/17/09	Elbow	Viscosupplementation	New topic (van Brakel, 2006)
03/17/09	Hip	Viscosupplementation	Under study [from Recommended] (Richette, 2009) (Abate, 2008)
03/31/09	Pain	Vitamin D	New entry (Turner, 2008)
Date	**Chapter**	**Section**	**Change**
03/17/09	Back	Epidural steroid injections (ESIs), therapeutic	(Deyo, 2009)
03/17/09	Back	Fusion (spinal)	(Deyo, 2009)
03/17/09	Back	MRI's (magnetic resonance imaging)	(Deyo, 2009)
03/17/09	Back	Opioids	(Deyo, 2009)
03/17/09	Back	Discectomy/ laminectomy	(Hansson, 2008)
03/17/09	Back	Fusion (spinal)	(Hansson, 2008)
03/17/09	Back	Laminectomy/ laminotomy	(Hansson, 2008)
03/17/09	Back	Kyphoplasty	(Wardlaw, 2009)
03/17/09	Hip	Arthroplasty	(Hansson, 2008)
03/17/09	Hip	Hip-spine syndrome	(Sembrano, 2009)
03/17/09	Knee	Hyaluronic acid injections	(FDA, 2009)
03/17/09	Knee	Knee joint replacement	(Hansson, 2008)
03/17/09	Knee	Skilled nursing facility (SNF) care	Typo cae-care
03/31/09	Knee	Meniscectomy	(Englund, 2009)
03/31/09	Knee	Exercise	(Petterson, 2009)
03/31/09	Knee	Knee joint replacement	(Petterson, 2009)

03/31/09	Knee	TENS (transcutaneous electrical nerve stimulation)	(Petterson, 2009)
03/19/09	Neck	Exercise	(Griffiths, 2009)
03/31/09	Pain	Propoxyphene (Darvon®)	(FDA, 2009)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
03/17/09	Elbow	Hyaluronic acid injections	New xref
03/17/09	Hip	Back pain from hip	New xref
03/17/09	Hip	Hyaluronic acid injections	New xref
03/31/09	Pain	Cholecalciferol	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
02/10/09	Forearm	I-Limb® (bionic hand)	New entry
02/10/09	Forearm	Prostheses (artificial limbs)	New entry
02/16/09	Forearm	Home health services	New topic
02/16/09	Forearm	Targeted muscle reinnervation	New topic (Kuiken-JAMA, 2009)
02/17/09	Neck	Cervical collar, post operative (fusion)	New topic
02/16/09	Pain	Ryzolt	New entry
02/05/09	Stress	PTSD pharmacotherapy	New topic
02/05/09	Stress	PTSD psychotherapy interventions	New topic
02/06/09	Stress	Dialectical behavior therapy	New topic
02/06/09	Stress	Imagery rehearsal therapy (IRT)	New topic
02/06/09	Stress	Psychodynamic psychotherapy	New topic
02/11/09	Stress	Psychosocial adjunctive methods (for PTSD)	New topic
02/11/09	Stress	Spiritual support	New topic
02/13/09	Stress	Antidepressants for treatment of PTSD (post-traumatic stress d	New topic
02/13/09	Stress	Group therapy	New topic
02/13/09	Stress	Selective serotonin reuptake inhibitors (SSRIs)	New topic
Date	**Chapter**	**Section**	**Change**
		NEW OR UPDATED REFERENCES	
02/18/09	Ankle	Semi-rigid ankle support	(Lamb, 2009)
02/18/09	Ankle	Cast (immobilization)	(Lamb, 2009) "severe ankle sprain"
02/16/09	Back	Prolotherapy (sclerotherapy)	(Dagenais-Cochrane, 2007) (Dagenais, 2008)

02/16/09	Back	Behavioral treatment	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/16/09	Back	Disc prosthesis	Washington State Department of Labor and Industries: (Washington, 2009)
02/17/09	Back	CT & CT Myelography (computed tomography)	(Chou-Lancet, 2009)
02/17/09	Back	MRI's (magnetic resonance imaging)	(Chou-Lancet, 2009)
02/17/09	Back	Radiography (x-rays)	(Chou-Lancet, 2009)
02/17/09	Back	Return to work	(Mills, 2008)
02/17/09	Back	Epidural steroid injections (ESIs), therapeutic	(Staal-Cochrane, 2009)
02/17/09	Back	Facet joint intra-articular injections (therapeutic blocks)	(Staal-Cochrane, 2009)
02/17/09	Back	Trigger point injections (TPIs)	(Staal-Cochrane, 2009)
02/18/09	Back	Exercise	(Kell, 2009)
02/18/09	Back	Acupuncture	(Santaguida, 2009)
02/18/09	Back	Return to work	Return to work predictors (Turner, 2008)
02/19/09	Back	Discectomy/ laminectomy	(Madigan, 2009)
02/10/09	Forearm	Physical/ Occupational therapy	Fracture of radius/ulna Medical treatment
02/16/09	Forearm	Open reduction internal fixation (ORIF)	(Gehrmann, 2008)
02/16/09	Forearm	Prostheses (artificial limbs)	Clarification: See also I-Limb® (bionic hand); & Targeted muscle reinnervation
02/18/09	Forearm	Causality (determination)	(Wolf, 2009)
02/18/09	Forearm	Work	(Wolf, 2009)
02/16/09	Head	Acupuncture for headaches	(Linde-Cochrane, 2009) (Linde2-Cochrane, 2009)
02/17/09	Head	Botulinum toxin	Not recommended for headache. (Naumann, 2008)
02/16/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Collins, 2008)
02/16/09	Knee	Physical medicine treatment	(Collins, 2008)
02/16/09	Knee	Walking aids (canes, crutches, braces, orthoses, & walkers)	(Collins, 2008)
02/16/09	Knee	Topical NSAIDs (for knee arthritis)	(Underwood, 2008)
02/18/09	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Hungerford, 2009)
02/16/09	Neck	Disc prosthesis	Washington State Department of Labor and Industries: (Washington, 2009)
02/17/09	Neck	Discography	Clarification: Discography is Not Recommended in ODG. See also Low Back Chapter, source of abnormal MRI and caution with prior surgery criteria
02/17/09	Neck	Back brace, post operative (fusion)	Xref
02/18/09	Neck	Education (patient)	(Derebery, 2009)
02/19/09	Neck	Disc prosthesis	(Riew, 2008)
02/16/09	Pain	Prolotherapy	(Dagenais-Cochrane, 2007) (Dagenais, 2008)

02/16/09	Pain	Tramadol (Ultram®)	(FDA, 2008)
02/16/09	Pain	Milnacipran (Ixel®)	(FDA, 2009)
02/16/09	Pain	Topical analgesics	Clarification: See also the Knee Chapter
02/16/09	Pain	Biopsychosocial model of chronic pain	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/16/09	Pain	Psychological treatment	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/17/09	Pain	Implantable drug-delivery systems (IDDSs)	(Deer, 2009)
02/19/09	Pain	Acupuncture	(Madsen, 2009)
02/19/09	Shoulder	Steroid injections	(Ekeberg, 2009)
02/05/09	Stress	Cognitive therapy for PTSD	(Bisson, 2007) (Devilly, 1999) (Foa, 1997) (Foa, 2006)
02/05/09	Stress	Zoloft	(Brady, 2000) (Davidson, 2001)
02/05/09	Stress	Eye movement desensitization and reprocessing (EMDR)	(Macklin, 2000)
02/05/09	Stress	Post-traumatic stress disorder (PTSD), definition	(Nemeroff, 2006)
02/05/09	Stress	Cognitive therapy for PTSD	(VA/DoD, 2004) (Lovell, 2001) (Marks, 1998) (Resick, 2002)
02/05/09	Stress	Cognitive therapy for PTSD	ODG Psychotherapy Guidelines (Leichsenring, 2008)
02/06/09	Stress	Stress inoculation training	(Foa, 1991) (Foa, 1999) (Kilpatrick, 1982) (Rothbaum, 2000) (VA/DoD, 2004)
02/06/09	Stress	Education (to reduce stress related to illness)	(VA/DoD, 2004)
02/06/09	Stress	Hypnosis	(VA/DoD, 2004) (Brom, 1989) (Sherman, 1998)
02/06/09	Stress	Eye movement desensitization & reprocessing (EMDR)	now Recommended as an option. (Chemtob, 2000) (Davidson, 2001) (Foa, 1997) (Maxfield, 2002) (Shepherd, 2000) (VA/DoD, 2004) (Cahill, 2000) (Ironson, 2002) (Lee, 2002) (Power, 2002) (Taylor, 2002) (Van Etten, 1998)
02/09/09	Stress	Treatment Planning	Re-Write, replace "claimant" with "patient"
02/11/09	Stress	Major depressive disorder, initial treatment (MDD)	Correction of typo: replace Recommnd with Recommend
02/11/09	Stress	Hypnosis	Recommended as an option: (Brom, 1989) (Sherman, 1998)
02/13/09	Stress	Psychological debriefing (for preventing post-traumatic stress disorder)	(VA/DoD, 2004)
02/13/09	Stress	Antidepressants - SSRI's versus tricyclics (class)	(VA/DoD, 2004)
02/13/09	Stress	Post-traumatic stress disorder (PTSD), definition	Clarification: replace label/claimant with diagnosis/patient

02/13/09	Stress	Antidepressants	Clarification: See also more specific entries
02/13/09	Stress	Zoloft	Clarification: See Sertraline
02/13/09	Stress	Treatment planning	Post-traumatic stress disorder (PTSD) discussion added
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
02/18/09	Ankle	Aircast	New xref
02/18/09	Knee	Supartz	New xref
02/17/09	Neck	Cervical collar	New xref
02/19/09	Neck	Bryan® cervical disc	New xref
02/19/09	Neck	Prestige® ST	New xref
02/19/09	Neck	ProDisc™-C	New xref
02/16/09	Pain	Savella	New xref
02/05/09	Stress	Post-traumatic stress disorder	New xref
02/09/09	Stress	Patient education	New xref
02/09/09	Stress	Psychotherapy for PTSD	New xref
02/13/09	Stress	Sertraline	New xref
02/13/09	Stress	SSRIs	New xref
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The Work Loss Data Institute temporarily suspended publication of updates to the Official Disability Guidelines (ODG) for January 2009 in conjunction with the publication of the 15th edition of the ODG.

Publication of the ODG updates will resume in March 2009 with the publishing of updates from February 2009.

Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Dec-08

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		NEW CHAPTERS, ENTRIES AND TOPICS	
12/20/08	Ankle	Bone growth stimulators, electrical	New topic
12/20/08	Ankle	Bone growth stimulators, ultrasound	New topic
12/29/08	Back	Reflexology	New topic
12/21/08	Burns	Causality (determination)	New entry
12/21/08	Burns	Office visits	New topic
12/21/08	Burns	Return to work	New topic
12/19/08	Elbow	Elbow extension test	New topic (Appelboam,
12/20/08	Elbow	Bone growth stimulators, electrical	New topic
12/20/08	Elbow	Bone growth stimulators, ultrasound	New topic
12/08/08	Forearm	Causality (determination)	New entry
12/20/08	Forearm	Bone growth stimulators, electrical	New topic
Date	**Chapter**	**Section**	**Change**
12/20/08	Forearm	Bone growth stimulators, ultrasound	New topic
12/02/08	Head	Causality (determination)	New topic
12/02/08	Head	Office visits	New topic
12/08/08	Hip	Causality (determination)	New entry
12/20/08	Hip	Bone growth stimulators, electrical	New topic
12/20/08	Hip	Bone growth stimulators, ultrasound	New topic
12/17/08	Pain	Chronic pain programs (functional restoration programs)	New heading - Timing of
12/19/08	Pain	Tapentadol	New topic
12/29/08	Pain	Vitamin B	New topic: (Ang-
12/31/09	Pulmonary	New Chapter	New Chapter

12/02/08	Shoulder	Causality (determination)	New topic
12/02/08	Shoulder	Hyaluronic acid injections	New topic (Blaine, 2008)
12/02/08	Shoulder	Office visits	New topic
12/20/08	Shoulder	Bone growth stimulators, electrical	New topic
12/20/08	Shoulder	Bone growth stimulators, ultrasound	New topic
12/30/08	Stress	Causality (determination)	New entry
12/30/08	Stress	Office visits	New topic
		NEW OR UPDATED REFERENCES	
12/22/08	Ankle	Orthotic devices	Clarification: Outcomes from using a custom orthosis are highly variable and dependent on the skill of the fabricator and the material used. A trial of a prefabricated orthosis is recommended in the acute phase, but due to diverse anatomical differences many patients will require a custom
12/03/08	Back	Education	(Abásolo, 2005)
Date	**Chapter**	**Section**	**Change**
12/03/08	Back	Trigger point injections (TPIs)	Clarification: (9) & (10) - (Peloso, 2007) (Scott,
12/04/08	Back	Return to work	(TDI, 2007)
12/16/08	Back	IDET (intradiscal electrothermal anuloplasty)	Complete update & re-write (Andersson, 2006) (Boswell, 2007) (Derby, 2008) (Kapural, 2004)
12/20/08	Back	Acupuncture	(Yuan, 2008)
12/29/08	Back	Botulinum toxin (Botox®)	Clarification: (Chou, 2008)
12/29/08	Back	Chemonucleolysis (chymopapain)	Clarification: (Chymopapain is not
12/29/08	Back	Conservative care	Clarification: and recommended drug
12/29/08	Back	Decompression	Clarification: del xref Percutaneous epidural
12/29/08	Back	Massage	(Furlan-Cochrane, 2008)
12/29/08	Back	TENS (transcutaneous electrical nerve stimulation)	(Khadilkar-Cochrane, 2008) Recent research
12/29/08	Back	Treatment Planning	Clarification: (or rarely other specialists,
12/31/09	Back	Causality (determination)	(Hill, 1965) Bradford-Hill
12/31/09	Back	Discectomy/ laminectomy	(Weinstein2, 2008)
12/21/08	Burns	References	Formatting: PMID links
12/17/08	Carpal tunnel	References	Formatting: PMID links
12/20/08	Carpal Tunnel	Causality (determination)	(Thomsen, 2008)

12/20/08	Carpal Tunnel	Mouse use	(Thomsen, 2008)
12/19/08	Elbow	Radiography (x-rays)	(Appelboam, 2008)
12/23/08	Elbow	References	Formatting: PMID links
12/23/08	Eye	References	Formatting: PMID links
12/19/08	Forearm	Splints	(Veehof, 2008)
12/02/08	Head	Cognitive therapy	(deGuise, 2008)
12/31/08	Head	References	Formatting: PMID links
12/31/08	Hernia	Causality (determination)	New entry (Hill, 1965)
Date	**Chapter**	**Section**	**Change**
12/08/08	Hip	Total hip resurfacing	New entry (Della Valle, 2008) (Nunley, 2008)
12/22/08	Hip	Sacroiliac joint blocks	(Hansen, 2003)
12/29/08	Hip	References	Formatting: PMID links
12/08/08	Knee	Causality (determination)	(Grotle, 2008)
12/08/08	Knee	Causality (determination)	(Maly, 2008)
12/08/08	Knee	Education for knee replacement	(Mitchell, 2008)
12/08/08	Knee	Physical medicine treatment	(Mitchell, 2008)
12/08/08	Knee	Radiography (x-rays)	(Bedson, 2008)
12/20/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Ageberg, 2008)
12/20/08	Knee	Bone growth stimulators, electrical	Clarification: (except in cases where the bone is infected, and the 90-day
12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: Nonunions:
12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: or Grade I
12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: Other factors that may indicate use of ultrasound bone healing depending on their severity may include: Obesity, nutritional or hormonal deficiency, age,
12/20/08	Knee	Causality (determination)	(Messier, 2008)
12/20/08	Knee	Knee joint replacement	(George, 2008)
12/31/09	Knee	Exercise	(Fransen-Cochrane,
12/03/08	Neck	Botulinum toxin (injection)	(Peloso, 2007) (Scott, 2005) (Scott, 2008) (Ho,
12/03/08	Neck	Education (patient)	(Abásolo, 2005)
12/31/09	Neck	Causality (determination)	(Hill, 1965) Bradford-Hill
12/31/09	Neck	Disc prosthesis	(Auerbach, 2008) (Peolsson, 2008) (Heller,
12/31/09	Neck	Fusion, anterior cervical	(Peolsson, 2008)
12/31/09	Neck	Traction	Clarification: using an over-the-door mechanism
Date	**Chapter**	**Section**	**Change**
12/03/08	Pain	Epidural steroid injections (ESIs)	Clarification: Sedation (Hodges 1999) (Trentman 2008) (Kim 2007)

12/03/08	Pain	Trigger point injections (TPIs)	Clarification: (9) & (10) - (Scott, 2005) (Cummings, 2001) (Scott, 2008) (Staal, 2008) (Yentur, 2003) (Ho, 2007) (Peloso,
12/04/08	Pain	Opioids, criteria for use	(Webster, 2008) (Sullivan, 2006) (Sullivan, 2005) (Wilsey, 2008) (Savage, 2008) (Ballyantyne, 2007)
12/16/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: Move (8) "The worker must be no more than 2 years past date of injury. Workers that have not returned to work by two years post injury may not benefit." from blue text to white, "Workers that have not returned to work by two years continuously post injury (without intermittent RTW and/or modified duty) may not benefit, so these cases should be
12/16/08	Pain	Topical analgesics	Clarification: Any compounded product that contains at least one drug (or drug class) that is not
12/16/08	Pain	Topical analgesics	Clarification: Other antiepilepsy drugs: There is no evidence for use of
Date	**Chapter**	**Section**	**Change**
12/16/08	Pain	Topical analgesics	Clarification: Other muscle relaxants: There is no evidence for use of
12/19/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(FDA MedWatch, 2008)
12/19/08	Pain	Cannabinoids	(McCarberg, 2007)
12/19/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) remove parens around 10-visit
12/19/08	Pain	Ketamine	(Chu, 2008)
12/19/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Clarification: including reductions in medication
12/19/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Clarification: TENS should be differentiated from other types of electrical stimulators. See
12/29/08	Pain	Massage therapy	(Furlan-Cochrane, 2008)
12/29/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	(Khadilkar-Cochrane, 2008)

12/31/09	Pain	References	Formatting: PMID links
12/30/08	Stress	References	Formatting: PMID links
		REVISED INFORMATION	
12/20/08	Ankle	Bone growth stimulators	Make xref, move to 2 new
12/20/08	Ankle	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/22/08	Ankle	Causality (determination)	Add ODG Causality
12/20/08	Back	DRX® (traction)	Pull in xref (not
12/20/08	Back	Lordex® (traction)	Pull in xref (not
12/29/08	Back	Causality (determination)	Add ODG Causality Likelihood, link to RTW
12/30/08	Back	Massage	Xref to Manipulation visits
12/31/09	Back	Disc prosthesis	Add xref: See the Neck &
12/21/08	Burns	Drug therapy	New xref
12/21/08	Burns	Medications	New xrefs
12/21/08	Burns	Pharmaceuticals	New xref
Date	**Chapter**	**Section**	**Change**
12/21/08	Burns	Treatment Planning	Update disclaimer
12/17/08	Carpal tunnel	Drug therapy	New xref
12/17/08	Carpal tunnel	Medications	New xrefs
12/17/08	Carpal tunnel	Pharmaceuticals	New xref
12/17/08	Carpal tunnel	Treatment Planning	Update disclaimer
12/23/08	Carpal tunnel	Causality (determination)	Add ODG Causality Likelihood, link to RTW
12/20/08	Elbow	Bone growth stimulators	Make xref, move to 2 new
12/20/08	Elbow	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/23/08	Elbow	Causality (determination)	Add ODG Causality Likelihood, link to RTW
12/08/08	Forearm	Drug therapy	New xref
12/08/08	Forearm	Medications	New xrefs
12/08/08	Forearm	Pharmaceuticals	New xref
12/08/08	Forearm	Treatment Planning	Update disclaimer
12/20/08	Forearm	Bone growth stimulators	Make xref, move to 2 new
12/20/08	Forearm	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/16/08	Formulary	Front	Remove DRAFT
12/02/08	Head	Drug therapy	New xref
12/02/08	Head	Medications	New xrefs
12/02/08	Head	Pharmaceuticals	New xref
12/02/08	Head	Treatment Planning	Update disclaimer
12/31/08	Hernia	Drug therapy	New xref
12/31/08	Hernia	Medications	New xrefs
12/31/08	Hernia	Pharmaceuticals	New xref
12/31/08	Hernia	Treatment Planning	Update disclaimer
12/08/08	Hip	Drug therapy	New xref
12/08/08	Hip	Hip resurfacing	New xref
12/08/08	Hip	Medications	New xrefs
12/08/08	Hip	Pharmaceuticals	New xref

12/08/08	Hip	Treatment Planning	Update disclaimer
12/20/08	Hip	Bone growth stimulators	Make xref, move to 2 new
12/20/08	Hip	Ultrasound fracture healing (bone-growth stimulators)	Make xref
Date	**Chapter**	**Section**	**Change**
12/08/08	Knee	X-rays	New xref
12/31/09	Neck	Disc prosthesis	Add xref: See the Low Back Chapter for information on use in the
12/04/08	Pain	Actiq® (oral transmucosal fentanyl lollipop)	Rewrite: (Webster 2008) (Marsch 2001) (Savage 2008) (Ballyantyne 2007) (Naliboff, 2006) (Busto 1986) (Carr 1993) (McColl
12/04/08	Pain	Fentora® (fentanyl effervescent buccal tablet)	Rewrite: (Webster 2008) (Marsch 2001) (Savage 2008) (Ballyantyne 2007) (Naliboff, 2006) (Busto 1986) (Carr 1993) (McColl
12/16/08	Pain	Compounded topical analgesics	New xref
12/16/08	Pain	Topical analgesics, compounded	Made xref, now covered in
12/29/08	Pain	Thiamine (vitamin B1)	New xref
12/02/08	Shoulder	Drug therapy	New xref
12/02/08	Shoulder	Medications	New xrefs
12/02/08	Shoulder	Pharmaceuticals	New xref
12/02/08	Shoulder	Treatment Planning	Update disclaimer
12/20/08	Shoulder	Bone growth stimulators	Make xref, move to 2 new
12/20/08	Shoulder	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/30/08	Stress	Drug therapy	New xref
12/30/08	Stress	Lustral	New xref
12/30/08	Stress	Medications	New xrefs
12/30/08	Stress	Pharmaceuticals	New xref
12/30/08	Stress	Treatment Planning	Update disclaimer
12/30/08	Stress	Zoloft	New xref
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		NEW CHAPTERS, ENTRIES AND TOPICS	
11/11/08	Ankle	Hyaluronic acid injections	New topic (Cohen, 2008) (Carpenter, 2008) (Karatosun, 2008)
11/11/08	Ankle	Botulinum toxin	New topic (Babcock, 2005) (Jeynes, 2008)
11/13/08	Back	Causality (determination)	New topic
11/13/08	Elbow	Causality (determination)	New topic
11/17/08	Eye	Causality (determination)	New topic
11/17/08	Eye	Office visits	New topic
11/14/08	Neck	Causality (determination)	New topic
11/03/08	Pain	Polysomnography	New topic
11/17/08	Pain	Causality (determination)	New topic
		NEW OR UPDATED REFERENCES	
Date	**Chapter**	**Section**	**Change**
11/11/08	Ankle	Injections	(Ward, 2008)
11/11/08	Ankle	Surgery for plantar fasciitis	(Neufeld, 2008)
11/11/08	Ankle	Work	(Irving, 2007)
11/11/08	Ankle	Orthotic devices	(Hawke, 2008)
11/11/08	Ankle	Extracorporeal shock wave therapy (ESWT)	(Gerdesmeyer, 2008) (Höfling,
11/28/08	Ankle	References	Formatting: PMID links
11/13/08	Back	Stimulators, electrical	Add xref
11/13/08	Back	Bone growth stimulators (BGS)	(Kucharzyk, 1999) (Rogozinski, 1996) (Hodges, 2003)

11/13/08	Back	Aerobic exercise	(Helmhout, 2008)
11/13/08	Back	Exercise	(Helmhout, 2008)
11/13/08	Back	Lumbar extension exercise equipment	(Helmhout, 2008)
11/17/08	Back	Manipulation under anesthesia (MUA)	Clarification: When intravenous sedation is used...
11/17/08	Back	Spinal cord stimulation (SCS)	(Kumar, 2008)
11/13/08	Elbow	Extracorporeal shockwave therapy (ESWT)	(Staples, 2008)
11/17/08	Eye	Treatment Planning	del. Topical steroids after chemical
11/17/08	Eye	Patching	(Peate, 2007)
11/17/08	Eye	Work	(Peate, 2007)
11/12/08	Knee	Bone growth stimulators, electrical	New name, (Petrisor, 2005)
11/12/08	Knee	Bone growth stimulators, ultrasound	New name, (Leung, 2004)
11/12/08	Knee	TENS (transcutaneous electrical nerve stimulation)	(Mont, 2006) (Garland, 2007)
11/17/08	Knee	Hyaluronic acid injections	Clarification: del. The number of injections should be limited to three
11/14/08	Neck	Manipulation	del (Bakris, 2008) - not in scope of guidelines or practice
11/17/08	Neck	McKenzie method	Correct: Centralization iss
11/17/08	Neck	Work conditioning, work hardening	Clarification: There is no evidence that work hardening for neck
11/22/08	Neck	References	Formatting: PMID links
11/03/08	Pain	Ziconotide (Prialt®)	Clarification: FDA: Indicated for the management of... filling intervals...
Date	**Chapter**	**Section**	**Change**
11/03/08	Pain	Physical therapy (PT)	Clarification: "Physical therapy" to "Physical medicine treatment"
11/03/08	Pain	Methadone	(Peng 2008)
11/04/08	Pain	Hypnosis	New entry: (Grøndahl, 2008)
11/04/08	Pain	Acetaminophen (APAP)	Re-write: (Laine, 2008) (Zhang, 2007) (Zhang, 2008) (Towheed, 2008) (Davies, 2008) (Hunt, 2007) (Dart, 2007) (Kuffner, 2007) (Bartels, 2008) (Mazer, 2008) (Forman, 2007) (Montgomery, 2008) (Chan, 2006) (Laine, 2008)
11/17/08	Pain	Spinal cord stimulators (SCS)	(Kumar, 2008)
		REVISED INFORMATION	
11/10/08	Ankle	Plantar fasciitis	New xref
11/11/08	Ankle	Medications	New xrefs
11/11/08	Ankle	Drug therapy	New xref

11/11/08	Ankle	Hyalgan®	New xref
11/11/08	Ankle	Hylan	New xref
11/11/08	Ankle	Pharmaceuticals	New xref
11/11/08	Ankle	Synvisc® (hylan)	New xref
11/11/08	Ankle	Viscosupplementa-tion	New xref
11/11/08	Ankle	Treatment Planning	Update disclaimer
11/12/08	Ankle	Botox®	New xref
11/13/08	Back	Treatment Planning	Update disclaimer
11/17/08	Back	Medications	New xrefs
11/17/08	Back	Drug therapy	New xref
11/17/08	Back	Pharmaceuticals	New xref
11/13/08	Elbow	Medications	New xrefs
11/13/08	Elbow	Drug therapy	New xref
11/13/08	Elbow	Pharmaceuticals	New xref
Date	**Chapter**	**Section**	**Change**
11/13/08	Elbow	Treatment Planning	Update disclaimer
11/17/08	Eye	Medications	New xrefs
11/17/08	Eye	Drug therapy	New xref
11/17/08	Eye	Pharmaceuticals	New xref
11/17/08	Eye	Treatment Planning	Update disclaimer
11/13/08	Knee	Medications	New xrefs
11/13/08	Knee	Drug therapy	New xref
11/13/08	Knee	Pharmaceuticals	New xref
11/13/08	Knee	Treatment Planning	Update disclaimer
11/14/08	Neck	Medications	New xrefs
11/14/08	Neck	Drug therapy	New xref
11/14/08	Neck	Pharmaceuticals	New xref
11/14/08	Neck	Treatment Planning	Update disclaimer
11/03/08	Pain	Sleep studies	New xref
11/04/08	Pain	Paracetamol	New xref
11/17/08	Pain	Pharmaceuticals	New xref
11/17/08	Pain	Treatment Planning	Update disclaimer
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		NEW CHAPTERS, ENTRIES AND TOPICS	
10/27/08	Ankle	Work conditioning, work hardening	New entry
10/16/08	Back	Straight leg raising test	New entry; Clarification: already in Treatment Planning
10/26/08	Carpal tunnel	Office visits	New entry
10/07/08	Elbow	Radiofrequency epicondylitis treatment (Topaz procedure)	New topic
10/26/08	Elbow	Office visits	New entry
10/24/08	Hernia	Office visits	New entry
10/26/08	Hip	Office visits	New entry
10/26/08	Neck	Office visits	New entry
10/08/08	Pain	Honey & cinnamon	New topic
10/27/08	Pain	Office visits	New entry
10/09/08	Shoulder	Interferential current stimulation (ICS)	New topic
10/26/08	Shoulder	Office visits	New entry
		NEW OR UPDATED REFERENCES	
10/27/08	Ankle	Office visits	(Dixon, 2008) (Wallace, 2004)
10/31/08	Ankle	Physical therapy (PT)	Ankle/foot Sprain (ICD9 845)
10/06/08	Back	References	Formatting: PMID links
Date	**Chapter**	**Section**	**Change**
10/07/08	Back	IDET (intradiscal electrothermal anuloplasty)	(CMS, 2008)
10/07/08	Back	Nucleoplasty	(CMS, 2008)
10/07/08	Back	Percutaneous intradiscal radiofrequency (thermocoagulation)	(CMS, 2008)
10/07/08	Back	Epidural steroid injections (ESIs), therapeutic	(Rasmussen, 2008)
10/16/08	Back	Oral corticosteroids	(Gregory, 2008)
10/22/08	Back	Botulinum toxin (Botox®)	(Naumann, 2008)
10/22/08	Back	Percutaneous electrical nerve stimulation (PENS)	(Weiner, 2008)
10/28/08	Back	Flexibility	(Cherniack, 2001)
10/28/08	Back	Discography	(Cohen, 2005)

10/28/08	Back	Vertebral axial decompression (VAX-D®)	(Daniel, 2007)
10/28/08	Back	Office visits	(Dixon, 2008) (Wallace, 2004)
10/28/08	Back	Kyphoplasty	(Ledlie, 2006) Indications for
10/28/08	Back	Facet joint radiofrequency neurotomy	Factors associated with failed treatment: opioid dependence
10/22/08	Background	Summaries of Medical Studies	Evaluating the Body of Evidence
10/26/08	Carpal tunnel	Injections	(Stephens, 2008)
10/26/08	Elbow	Injections	(Stephens, 2008)
10/09/08	Forearm	References	Formatting: PMID links
10/26/08	Forearm	Office visits	(Dixon, 2008) (Wallace, 2004)
10/26/08	Forearm	Injection	(Stephens, 2008)
10/31/08	Forearm	Wound dressings	(Forsch, 2008)
10/24/08	Hernia	Surgery	(Neumayer, 2006)
10/24/08	Hernia	References	Formatting: PMID links
10/16/08	Knee	Venous thrombosis	(Bernardi, 2008)
10/16/08	Knee	Exercise	(Lange, 2008)
10/16/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Neuman, 2008)
10/16/08	Knee	Physical medicine treatment	(Neuman, 2008)
10/21/08	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Sawitzke, 2008)
10/24/08	Knee	Office visits	(Dixon, 2008) (Wallace, 2004)
10/24/08	Knee	References	Formatting: PMID links
10/26/08	Knee	Hyaluronic acid injections	(Spitzer, 2008)
10/26/08	Knee	Corticosteroid injections	(Stephens, 2008)
10/29/08	Knee	Massage therapy	(Bennell, 2005)
10/29/08	Knee	Physical medicine treatment	(Bennell, 2005) (Deyle, 2000) (Minns Lowe, 2007) (Morrissey,
10/26/08	Neck	Discography	(Cohen, 2005)
10/26/08	Neck	Traction	(Washington, 2002)
10/26/08	Neck	Facet joint radiofrequency neurotomy	Factors associated with failed treatment
Date	**Chapter**	**Section**	**Change**
10/08/08	Pain	Behavioral interventions	(Leichsenring, 2008)
10/09/08	Pain	Interferential current stimulation (ICS)	(Cheing, 2008)
10/13/08	Pain	Muscle relaxants (for pain)	Carisoprodol listing
10/13/08	Pain	Weaning of medications	Carisoprodol listing
10/21/08	Pain	Glucosamine (and Chondroitin Sulfate)	(Sawitzke, 2008)
10/21/08	Pain	Medical food	5-hydroxytryptophan: (De Benedittis, 1985)
10/21/08	Pain	Botulinum toxin (Botox®; Myobloc®)	Migraine headache (Blumenfeld, 2008) (Saper, 2007) (Naumann, 2008)
10/22/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(P-Codrea Tigaran, 2005) (Lorberg, 2008)
10/22/08	Pain	Percutaneous electrical nerve stimulation (PENS)	(Weiner, 2008)
10/22/08	Pain	Methadone	Methadone should only be prescribed by providers experienced in using it. (Clinical Pharmacology, 2008)
10/28/08	Pain	Massage therapy	(Haraldsson, 2007)
10/28/08	Pain	Psychological evaluations	(Doleys, 2003) based upon a

10/28/08	Pain	Botulinum toxin (Botox®; Myobloc®)	(Marciniak, 2008)
10/09/08	Shoulder	Acupuncture	(Cheing, 2008)
10/09/08	Shoulder	Surgery for rotator cuff repair	(Henn, 2008)
10/20/08	Shoulder	References	Formatting: PMID links
10/26/08	Shoulder	Steroid injections	(Stephens, 2008)
10/31/08	Shoulder	Ultrasound, diagnostic	(Miller, 2008)
		REVISED INFORMATION	
10/07/08	Back	Thermal intradiscal procedures (TIPs)	New xref
10/07/08	Back	TIPs (Thermal intradiscal procedures)	New xref
10/16/08	Back	Discography	Clarfication: (remove blue) Discography is Not Recommended in ODG. Patient selection criteria for Discography if provider & payor agree to perform anyway.
10/16/08	Back	IDET (intradiscal electrothermal anuloplasty)	Clarfication: (remove blue) IDET is Not Recommended in ODG. Patient selection criteria for IDET if provider & payor agree
10/22/08	Back	Botulinum toxin (Botox®)	Recommended for chronic low back pain, if a favorable initial response predicts…
10/22/08	Back	Percutaneous electrical nerve stimulation (PENS)	Clarification: Not recommended as a primary treatment
Date	**Chapter**	**Section**	**Change**
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: (10) or trigger point
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: (e.g., dermatomal distribution) but imaging studies are inconclusive.
10/28/08	Back	IDET (intradiscal electrothermal anuloplasty)	Clarification: at a single level
10/28/08	Back	Facet joint diagnostic blocks	Clarification: consistent with facet joint pain
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/28/08	Back	Facet joint intra-articular injections (therapeutic blocks)	Clarification: initial pain relief of 70%
10/28/08	Back	Acupuncture	Clarification: This passive
10/28/08	Back	Gym memberships	Clarification: unless a home exercise program
10/28/08	Back	Manipulation	Clarification: when there is
10/29/08	Back	Facet joint radiofrequency neurotomy	Clarification: 3 RCT with one suggesting pain benefit without functional gains
10/29/08	Back	Vacuum-assisted closure wound-healing	Clarification: Conflicting evidence (some literature for

10/29/08	Back	Back brace, post operative (fusion)	Clarification: Conflicting evidence... (few studies though
10/29/08	Back	Bone-growth stimulators (BGS)	Clarification: Conflicting evidence... (Some RCTs with
10/29/08	Back	Interspinous decompression device (X-Stop®)	Clarification: Not recommended (absent long term studies,
10/29/08	Back	Colchicine	Clarification: Not recommended (limited and conflicting literature)
10/29/08	Back	Electromagnetic pulsed therapy	Clarification: Not recommended (limited literarure)
10/29/08	Back	Oral corticosteroids	Clarification: Not recommended
10/29/08	Back	Acupressure	Clarification: Not recommended due to the lack of sufficient
10/29/08	Back	Adhesiolysis, percutaneous	Clarification: Not recommended... (risk vs.
10/29/08	Back	Mattress selection	Clarification: Not recommened to use firmness as sole criteria
10/29/08	Back	Nerve conduction studies (NCS)	Clarification: portable nerve conduction devices
10/29/08	Back	Ergonomics interventions	Clarification: Some literature
10/07/08	Elbow	Coblation	New xref
Date	**Chapter**	**Section**	**Change**
10/07/08	Elbow	Microtenotomy	New xref
10/07/08	Elbow	Topaz procedure	New xref
10/31/08	Forearm	Laceration repair	New xref
10/31/08	Forearm	Skin laceration repair	New xref
10/31/08	Forearm	Physical/ Occupational therapy	Clarification: Carpal tunnel
10/26/08	Hip	Bursitis injections	New xref
10/26/08	Hip	Injections	New xref
10/21/08	Knee	Glucosamine/ Chondroitin (for knee arthritis)	Clarification: Recommendation:
10/27/08	Knee	Work conditioning, work hardening	Clarification: And, as with all
10/29/08	Knee	Knee joint replacement	Clarification: 1. AND Visco
10/29/08	Knee	Knee joint replacement	Clarification: 2. AND Nighttime
10/29/08	Knee	Chondroplasty	Clarification: 4. Imaging Clinical
10/29/08	Knee	Static progressive stretch (SPS) therapy	Clarification: 4. Used as an
10/29/08	Knee	BioniCare® knee device	Clarification: additional claims of
10/29/08	Knee	Manipulation under anesthesia (MUA)	Clarification: by orthopedic
10/29/08	Knee	Meniscectomy	Clarification: Criteria: Suggest 2 symptoms and 2 signs (AT
10/29/08	Knee	Ultrasound fracture healing (bone-growth stimulators)	Clarification: Fresh Fractures: of the tibia
10/29/08	Knee	Ultrasound fracture healing (bone-growth stimulators)	Clarification: Nonunions: (4)
10/29/08	Knee	Skilled nursing facility (SNF) care	Clarification: or speech
10/29/08	Knee	Acupuncture	Clarification: This passive intervention should be an adjunct to active rehab efforts.

10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: (10) or trigger point injections
10/26/08	Neck	Facet joint diagnostic blocks	Clarification: 12. It is currently not recommended to perform facet blocks on the same day...
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: Clinical presentation consistent with
10/26/08	Neck	Facet joint diagnostic blocks	Clarification: Clinical presentation consistent with
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: Criteria for the use of Epidural steroid injections,
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: initial pain relief of
Date	**Chapter**	**Section**	**Change**
10/26/08	Neck	Continuous-flow cryotherapy	Clarification: Not recommended
10/26/08	Neck	Facet joint radiofrequency neurotomy	Clarification: Reorder 1 to 6
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: Reorder 1 to 6
10/26/08	Neck	Discectomy-laminectomy-laminoplasty	Clarification: Reorder A-E
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: therapeutic
10/26/08	Neck	Acupuncture	Clarification: This passive
10/29/08	Neck	Nerve conduction studies (NCS)	Clarification: portable nerve conduction devices
10/31/08	Neck	Massage	Clarification: Mechanical
10/08/08	Pain	Medical food	See Honey & cinnamon
10/09/08	Pain	Interferential current stimulation (ICS)	Clarification: Not recommended
10/13/08	Pain	Carisoprodol (Soma®)	Re-write: (AHFS, 2008) (Reeves, 1999) (Reeves, 2001)
10/14/08	Pain	Buprenorphine	Re-write: (Kress, 2008) (Heit, 2008) (Johnson, 2005) (Helm, 2008) (Koppert, 2005) (Hans, 2007) (Pergolizzi, 2005)
10/14/08	Pain	Insomnia treatment	Clarification: Pharmacological agents should only be used after careful evaluation
10/21/08	Pain	Botulinum toxin (Botox®; Myobloc®)	Recommended: chronic low back pain, if a favorable initial
10/21/08	Pain	Medical food	Clarification: 5-hydroxytryptophan: (AltMedDex, 2008) (Lexi-Comp, 2008)
10/21/08	Pain	Antidepressants for chronic pain	Clarification: Duloxetine: Used off-label for neuropathic pain
10/21/08	Pain	Percutaneous electrical nerve stimulation (PENS)	Clarification: long-term efficacy, Not recommended as a primary
10/21/08	Pain	Antidepressants for chronic pain	Clarification: Radiculopathy: Antidepressants are an option,

10/21/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: Recommendation: moderate
10/21/08	Pain	Medical food	Clarification: Recommended as
Date	**Chapter**	**Section**	**Change**
10/21/08	Pain	Nabilone	Clarification: Recommended for
10/21/08	Pain	Antidepressants for chronic pain	Clarification: tricyclics may also be used for the treatment of fibromyalgia. (Goldenberg, 2007)
10/21/08	Pain	Anti-epilepsy drugs (AEDs) for pain	Preconception counseling is recommended for
10/21/08	Pain	Autonomic test battery	Recommended (Sandroni, 1998) (Wasner, 2002)
10/21/08	Pain	Cyclobenzaprine (Flexeril®)	Treatment should be brief.
10/22/08	Pain	Functional imaging of brain responses to pain	Clarfication: Not recommended except in research settings.
10/22/08	Pain	Neuroreflexotherapy	Clarfication: Not recommended in the U.S. until specifically
10/22/08	Pain	Milnacipran (Ixel®)	Clarfication: shorten
10/22/08	Pain	Opioids, criteria for use	Clarification: 6b lack of
10/22/08	Pain	Epidural steroid injection (ESI)	Clarification: 9) not on the same
10/22/08	Pain	CRPS, sympathetic and epidural blocks	Clarification: and medication
10/28/08	Pain	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/28/08	Pain	Spinal cord stimulators (SCS)	Clarification: Failed back syndrome...
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: for other upper or
10/28/08	Pain	Comorbid psychiatric disorders	Clarification: for patients with
10/28/08	Pain	Functional restoration programs (FRPs)	Clarification: for selected
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: i.e., decreased
10/28/08	Pain	Interferential current stimulation (ICS)	Clarification: medications
10/28/08	Pain	Duragesic® (fentanyl transdermal system)	Clarification: not for use in
10/28/08	Pain	Fentanyl	Clarification: not for use in
10/28/08	Pain	Provigil® (modafinil)	Clarification: reducing the dose
Date	**Chapter**	**Section**	**Change**
10/28/08	Pain	Implantable drug-delivery systems (IDDSs)	Clarification: there are no
10/28/08	Pain	Acupuncture	Clarification: This passive intervention should be an
10/28/08	Pain	Myofascial pain	Clarification: up to 33-50% of adults

10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (1) Patient with a
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (11) At the
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) candidate for further diagnostics, injections or
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (5) and psychological
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (6) decrease opiate
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (8) The worker
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (9) compliance and significant
10/29/08	Preface	Physical Therapy Guidelines	Clarification: Physical medicine
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Sep-08

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		NEW CHAPTERS, ENTRIES AND TOPICS	
09/12/08	Ankle	Office visits	New topic
09/12/08	Forearm	Traction, arm (skeletal traction treatment)	New topic
09/12/08	Forearm	Paraffin wax baths	New entry
09/12/08	Forearm	Office visits	New topic
09/16/08	Hip	Venous thrombosis	New entry
09/16/08	Hip	Rivaroxaban	New entry
09/23/08	Knee	Footwear, knee arthritis	New topic
09/16/08	Pain	Fentora® (fentanyl buccal tablet)	New entry
09/30/08	Pain	Lymph drainage therapy	New topic
09/30/08	Pain	Anxiety medications in chronic pain	New entry

Date	Chapter	Section	Change
		NEW OR UPDATED REFERENCES	
09/02/08	Back	Spinal cord stimulation (SCS)	(NICE, 2008)
09/02/08	Back	Exercise	(Little, 2008)
09/02/08	Back	Education	(Little, 2008)
09/16/08	Back	Manipulation	(Jüni, 2008)
09/16/08	Back	Discectomy/ laminectomy	(Tosteson, 2008)
09/21/08	Back	Exercise	(Henchoz, 2008)
09/25/08	Back	Disc prosthesis	Recent research (Dettori, 2008) etc
09/25/08	Back	Disc prosthesis	(Resnick, 2007)
09/06/08	Elbow	Injections	(Lindenhovius, 2008)
09/06/08	Forearm	Injection	(Peters-Veluthamaningal, 2008)
09/12/08	Forearm	Ultrasound (therapeutic)	(Robinson-Cochrane, 2002)

09/12/08	Forearm	Heat therapy	(Robinson-Cochrane, 2002)
09/06/08	Hip	Sacroiliac joint radiofrequency neurotomy	(Cohen, 2008)
09/16/08	Hip	Exercise	(Hernández-Molina, 2008)
09/16/08	Hip	Enoxaparin	(Eriksson, 2008)
09/11/08	Knee	Meniscectomy	(Kirkley, 2008)
09/12/08	Knee	Meniscectomy	(Englund, 2008)
09/23/08	Knee	Tai Chi	(Wang, 2008)
09/23/08	Knee	Meniscectomy	(Pujol, 2008)
09/23/08	Knee	Interferential current therapy (IFC)	(Burch, 2008)
09/08/08	Neck	Fusion, anterior cervical	(FDA MedWatch, 2008)
09/25/08	Neck	Disc prosthesis	Recent research (Dettori, 2008) etc now Under study
09/25/08	Neck	Disc prosthesis	(Resnick, 2007)
09/02/08	Pain	Spinal cord stimulators (SCS)	(NICE, 2008)
09/02/08	Pain	Exercise	(Little, 2008)
09/02/08	Pain	Education	(Little, 2008)
09/04/08	Pain	Glucosamine (and Chondroitin Sulfate)	(Reginster, 2001)
09/04/08	Pain	CRPS, sympathetic and epidural blocks	(Hord, 1992)
09/08/08	Pain	OxyContin® (oxycodone)	(FDA, 2008)
09/08/08	Pain	Duloxetine (Cymbalta®)	(FDA, 2008)
09/23/08	Pain	Interferential current stimulation (ICS)	(Burch, 2008)
09/23/08	Pain	Antidepressants for chronic pain	(Perrot, 2008)
09/29/08	Pain	Capsaicin, topical (chili pepper/ cayenne pepper)	(Altman, 1994)
09/29/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(Backonja, 1998)
Date	**Chapter**	**Section**	**Change**
		REVISED INFORMATION	
09/12/08	Ankle	Cam walker	New xref
09/02/08	Back	Plasma disc decompression	New Xref
09/02/08	Back	Inversion therapy	New Xref
09/02/08	Back	Gravity boots	New Xref
09/02/08	Back	Alexander technique	New Xref
09/11/08	Back	Office visits	Clarification: The need for a clinical office visit with a health care provider is individualized...
09/12/08	Back	Physical therapy (PT)	and Therapeutic activities/exercises (97530)
09/23/08	Back	Radiography (x-rays)	Clarification: (a serious bodily injury)
09/23/08	Back	Physical therapy (PT)	Clarification: including assessment after a "six-visit clinical trial"
09/23/08	Back	Physical therapy (PT)	maturity
09/23/08	Back	Manipulation	Clarification: Active Treatment versus Passive Modalities
09/25/08	Back	Fear-avoidance beliefs questionnaire (FABQ)	The issue of fear-avoidance is a concept, and not just a measurable
09/06/08	Forearm	Corticosteroid injections	New xref
09/26/08	Back	Disc prosthesis	Current US treatment coverage recommendations
09/12/08	Forearm	Electrical stimulators (E-stim)	New xref

09/06/08	Hip	Radiofrequency neurotomy	New xref
09/16/08	Hip	Deep vein thrombosis (DVT)	New xref
09/21/08	Knee	Hylan	Merge 2 sections, add Blue criteria
09/21/08	Knee	Hyaluronic acid injections	Merge 2 sections, add Blue criteria
09/23/08	Knee	RS-4i sequential stimulator	New xref
09/23/08	Knee	Mobility shoe	New xref
09/30/08	Knee	Chondroplasty	Clarification: See Meniscectomy
09/23/08	Neck	Radiography (x-rays)	Clarification: (a serious bodily injury)
09/23/08	Neck	Physical therapy (PT)	after a "six-visit clinical trial"
Date	**Chapter**	**Section**	**Change**
09/23/08	Neck	Physical therapy (PT)	Clarification, fusion: after graft maturity
09/23/08	Neck	Manipulation	Clarification: Active Treatment versus
09/23/08	Neck	Magnetic resonance imaging (MRI)	Clarification: (sprain)
09/26/08	Neck	Disc prosthesis	Current US treatment coverage recommendations
09/02/08	Pain	Topical NSAIDs	New Xref
09/02/08	Pain	Topical analgesics	Clarification: indomethacin (Mason, 2004)
09/02/08	Pain	Rotta glucosamine sulfate	New Xref
09/02/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: glucosamine sulfate (GH) vs hydrochloride (GH)
09/02/08	Pain	Flector patch	New Xref
09/02/08	Pain	Dona™ glucosamine sulfate	New Xref
09/02/08	Pain	Alexander technique	New Xref
09/08/08	Pain	Tumor necrosis factor (TNF) modifiers	New Xref
09/10/08	Pain	Xanax® (Alprazolam)	New Xref
09/10/08	Pain	Alprazolam (Xanax®)	New Xref
09/21/08	Pain	SSRIs (selective serotonin reuptake inhibitors)	Clarification: remove primary
09/21/08	Pain	Pregabalin (Lyrica®)	Clarification: moved above
09/21/08	Pain	Manual therapy & manipulation	Clarification: Remove Mild (not chronic pain)
09/21/08	Pain	Manual therapy & manipulation	pain treatment)
09/21/08	Pain	Functional imaging of brain responses to pain	Clarification: delete chronic pain may harm the brain
09/21/08	Pain	Epidural steroid injections (ESIs)	Clarification: removed dupe (8)
09/21/08	Pain	Duloxetine (Cymbalta®)	Clarification: removed allowing
09/21/08	Pain	Duloxetine (Cymbalta®)	pregabalin (Lyrica®; Pfizer, Inc) was
09/21/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: remove MMI
09/21/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (Objective gains may be moving joints that are stiff from lack of use, despite increased subjective pain.)
09/21/08	Pain	Carisoprodol (Soma®)	Clarification: prefer cyclobenzaprine

09/21/08	Pain	Behavioral interventions	Clarification: reference ODG Psychotherapy Guidelines
Date	**Chapter**	**Section**	**Change**
09/21/08	Pain	Avinza® (morphine sulfate)	Clarification: acute or breakthrough pain
09/21/08	Pain	Acetaminophen (APAP)	Clarification: and chronic
09/23/08	Pain	Antidepressants for chronic pain	Duloxetine listing: FDA-approved for
09/24/08	Pain	Medications for acute pain (analgesics)	Clarification: acute exacerbations of chronic pain
09/24/08	Pain	Manual therapy & manipulation	Clarification: More information from the Low Back Chapter
09/24/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: for knee osteoarthritis
09/24/08	Pain	Boswellia Serrata Resin (Frankincense)	Clarification: for knee osteoarthritis
09/24/08	Pain	Boswellia Serrata Resin (Frankincense)	Clarification: a proprietary version
09/24/08	Pain	Acetaminophen (APAP)	Clarification: acute exacerbations of chronic pain
09/30/08	Pain	Medications for subacute & chronic pain	See also Insomnia treatment
09/30/08	Pain	Medications for subacute & chronic pain	See also Anxiety medications in chronic pain
09/30/08	Pain	Benzodiazepines	See also Insomnia treatment
09/30/08	Pain	Benzodiazepines	See also Anxiety medications in chronic pain
09/30/08	Pain	Anti-anxiety drugs	See Anxiety medications in chronic pain
09/25/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: Note: Patients may get
09/25/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (if a goal of treatment is to prevent or avoid controversial or
09/09/08	Shoulder	Postoperative pain pump	Adverse: (Hansen, 2007) (Busfield, 2008)
09/25/08	Shoulder	Surgery for impingement syndrome	Clarification: 4. ADD shows positive
09/25/08	Shoulder	Surgery for impingement syndrome	Clarification: 2. DEL (Tenderness over the greater tuberosity is
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Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Aug-08

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		NEW CHAPTERS, ENTRIES AND TOPICS	
08/28/08	Back	Office visits	New topic
08/13/08	Formulary	Bisphosphonates - Alendronate (Fosamax®)	New entry
08/13/08	Pain	Bisphosphonates	New entry
08/13/08	Pain	Calcitonin	New entry
08/22/08	Pain	Biopsychosocial model of chronic pain	New topic/xref
08/22/08	Pain	Work conditioning, work hardening	New topic/xref
		NEW OR UPDATED REFERENCES	
08/26/08	Ankle	Hardware implant removal (fracture fixation)	(Hanson, 2008)
08/22/08	Back	Physical therapy (PT)	(Fritz, 2007)
08/13/08	Knee	Knee joint replacement	(Cushnaghan, 2008)
08/26/08	Knee	Knee joint replacement	(Huang, 2008)
Date	**Chapter**	**Section**	**Change**
08/13/08	Mental	Stress & heart-related interventions	(Boscarino, 2008)
08/28/08	Neck	Traction	(Graham, 2008)
08/13/08	Pain	CRPS, medications	(Manicourt, 2004) (Fosamax®) (Miacalcin®)
08/13/08	Pain	Muscle relaxants (for pain)	(See 2, 2008)
08/13/08	Pain	Boswellia Serrata Resin (Frankincense)	(Sengupta, 2008)
08/22/08	Pain	Physical therapy (PT)	(Fritz, 2007)
08/22/08	Pain	Ketamine	(Kvarnström, 2003-4)
08/22/08	Pain	Medications for subacute & chronic pain	(Not all recommended)
08/26/08	Pain	CRPS, diagnostic criteria	(Perez, 2007)
08/31/08	Pain	H-wave stimulation (HWT)	(Blum, 2008)

		REVISED INFORMATION	
08/26/08	Ankle	Deep vein thrombosis (DVT)	New xref
08/26/08	Ankle	Implant removal	New xref
08/26/08	Ankle	Pulmonary embolus	New xref
08/26/08	Ankle	Removal of orthopedic fixation devices (after fracture healing)	New xref
08/13/08	Back	Facet joint diagnostic blocks (injections)	Blocking two joints will require blocks of three nerves (clarity)
08/28/08	Back	Ultrasound, therapeutic	Clarification: Not recommended based on the medical evidence.
08/28/08	Back	Standing MRI	Clarification: Not recommended over conventional MRIs
08/28/08	Back	Physical therapy (PT)	Clarification: The most commonly used active treatment modality
08/23/08	Carpal Tunnel	Physical medicine treatment	New name for PT
08/23/08	Head	Physical medicine treatment	New name for PT
08/23/08	Hip	Physical medicine treatment	New name for PT
08/23/08	Knee	Physical medicine treatment	New name for PT
08/26/08	Knee	Deep vein thrombosis (DVT)	New xref
08/26/08	Knee	Pulmonary embolus	New xref
08/13/08	Pain	Alendronate (Fosamax®)	New xref
08/22/08	Pain	Trigger point injections	Del. with or without steroid
08/22/08	Pain	CRPS, treatment	May not meet APA standards
08/23/08	Pain	Chronic pain programs (functional restoration programs)	Add: & occupational
08/23/08	Pain	Interferential current stimulation (ICS)	Del. generally
Date	**Chapter**	**Section**	**Change**
08/23/08	Pain	Epidural steroid injections (ESIs)	Direct to Low back & Neck chapters
08/23/08	Pain	Manual therapy & manipulation	Injured workers with complicating factors
08/23/08	Pain	Psychological evaluations	MBHI has been superceded by the MBMD. Add BHI 2nd Ed.
08/23/08	Pain	Behavioral interventions	ODG cognitive behavioral therapy guidelines
08/23/08	Pain	Return to work	Refer to body part chapters
08/23/08	Pain	Exercise	Unless exercise is contraindicated
08/26/08	Pain	Acetaminophen	Clarification: (APAP)
08/26/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: 2 weeks qualifier
08/26/08	Pain	Actiq® (fentanyl lollipop)	Clarification: Black Box
08/26/08	Pain	Substance abuse	Clarification: Cautionary red
08/26/08	Pain	Functional improvement measures	Clarification: Clarification: or maintenance
08/26/08	Pain	Oral morphine	Clarification: for persistent pain
08/26/08	Pain	Anti-epilepsy drugs (AEDs) for pain	Clarification: nociceptive pain (including somatic pain)
08/26/08	Pain	Education	Clarification: On-going
08/26/08	Pain	CRPS, medications	Clarification: recognized
08/26/08	Pain	Topical analgesics	transdermal

08/26/08	Pain	Serotonin norepinephrine reuptake inhibitors (SNRIs)	New xref topic
08/29/08	Pain	Interferential current stimulation (ICS)	Clarification: as directed or applied by the physician or
08/29/08	Pain	Ziconotide (Prialt®)	Clarification: FDA indications
08/29/08	Pain	H-wave stimulation (HWT)	Clarification: may be a different device than US
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		NEW CHAPTERS, ENTRIES AND TOPICS	
07/31/08	Pain	Insomnia	New topic
07/31/08	Pain	Insomnia treatment	New topic
07/21/08	Pain	Opioids, specific drug list	New topic
07/14/08	Pain	Regional sympathetic blocks (stellate ganglion block, thoracic sympathetic block, & lumbar sympathetic block)	New topic
07/08/08	Pain	Aquatic therapy	New topic
07/07/08	Pain	Medical food	New topic
07/03/08	Pain	Functional MRI	New topic
07/03/08	Pain	Topical analgesics, compounded	New topic

Date	Chapter	Section	Change
07/31/08	Formulary	Eszopicolone (Lunesta™)	New topic
07/31/08	Formulary	Ramelteon (Rozerem™)	New topic
07/31/08	Formulary	Zaleplon (Sonata®)	New topic
07/07/08	Back	Prostaglandin E1 (PGE1)	New topic (Nakanishi, 2008)
		NEW OR UPDATED REFERENCES	
07/10/08	Mental	Posttraumatic Stress Disorder (PTSD), definition	(American Psychiatric Association, 1994)
07/07/08	Shoulder	Exercises	(Andersen, 2008)
07/07/08	Neck	Cervical strengthening exercises	(Andersen, 2008)
07/07/08	Neck	Exercises	(Andersen, 2008)

07/21/08	Pain	Opioids	(Baumann, 2002) (Kumar, 2003)
07/29/08	Pain	Intrathecal drug delivery systems, medications	(Deer, 2007)
07/29/08	Pain	Topical analgesics	(Diaz, 2006) (Gammaitoni, 2000) (Gürol, 1996) (Hindsén, 2006) (Krummel, 2000) (Lynch, 2005) (Mason, 2004) (Scudds, 1995)
07/03/08	Pain	Neuromuscular electrical stimulation (NMES devices)	(Gaines, 2004)
07/03/08	Pain	Ketamine	(Goldberg2, 2005)
07/07/08	Back	Adjacent segment disease/degeneration (fusion)	(Ha, 2008)
07/10/08	Head	Concussion severity	(Hoge, 2008)
07/07/08	Pain	Interferential current stimulation (ICS)	(Humana, 2008)
07/14/08	Knee	Knee joint replacement	(Larsen, 2008)
07/14/08	Knee	Physical therapy	(Larsen, 2008)
07/14/08	Hip	Arthroplasty	(Larsen, 2008)
07/14/08	Hip	Physical therapy (PT)	(Larsen, 2008)
07/07/08	Knee	Continuous passive motion (CPM)	(Lenssen, 2008)
07/14/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Luber, 2008)
07/03/08	Pain	Testosterone replacement for hypogonadism (related to opioids)	(Nakazawa, 2006) (Page, 2005) (Rajagopal, 2004)
07/07/08	Back	Facet joint radiofrequency neurotomy	(Nath, 2008)
07/03/08	Pain	Intravenous regional sympathetic blocks (for RSD, nerve blocks)	(Ramamurthy2, 1995) (Jadad2, 1995)
		REVISED INFORMATION	
Date	**Chapter**	**Section**	**Change**
07/03/08	Pain	Clonidine, intrathecal	Additional studies
07/14/08	Pain	CRPS, sympathetic and epidural blocks	Complete update
07/10/08	Formulary	Intro	Formulary is a closed formulary
07/31/08	Pain	Sedative hypnotics	New Xref
07/14/08	Pain	Bier's block	New Xref
07/08/08	Pain	Regional sympathetic blocks	New Xref
07/03/08	Pain	Catapres® (Clonidine)	New Xref
07/03/08	Pain	DNA testing	New Xref
07/03/08	Pain	Nerve blocks	New Xref
07/03/08	Pain	Physical medicine	New Xref
07/03/08	Pain	Transcutaneous electrotherapy	new Xref
07/07/08	Back	Percutaneous radiofrequency neurotomy	New Xref
07/07/08	Back	PGE1	New Xref
07/03/08	Pain	Complex regional pain syndrome (CRPS)	New Xref
07/14/08	Back	Gym memberships	Not medical treatment
07/03/08	Pain	Milnacipran (Ixel®)	Not recommended as it is not FDA approved….
07/03/08	Pain	Chronic pain programs, intensity	Recommend adjustment….
07/03/08	Pain	Chronic pain programs, opioids	Recommend….
07/03/08	Pain	Facet blocks	Recommend….Xref Back/Neck
07/03/08	Pain	Chronic pain programs, early intervention	Recommended depending….
07/14/08	Knee	Aquatic therapy	See Physical Therapy
07/14/08	Hip	Aquatic therapy	See Physical Therapy

07/14/08	Pain	Stellate ganglion block	Xref
07/14/08	Back	Aquatic therapy	See Physical Therapy
07/14/08	Pain	Sympathetically maintained pain (SMP)	Xref
07/03/08	Pain	Injection with anaesthetics and/or steroids	Xref only
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		NEW CHAPTERS, ENTRIES AND TOPICS	
06/30/08	Elbow	Surgery for ruptured biceps tendon (at the elbow)	New entry
06/17/08	Formulary	Codeine	New entry
06/17/08	Formulary	Meperidine (Demerol®)	New entry
06/17/08	Formulary	Modafinil (Provigil®)	New entry
06/17/08	Formulary	Propoxyphene (Darvon®)	New entry
06/17/08	Pain	Codeine	New entry
06/17/08	Pain	Modafinil (Provigil®)	New entry
06/17/08	Pain	Propoxyphene (Darvon®)	New entry
06/30/08	Pain	NSAIDs, specific drug list & adverse effects	New entry
Date	**Chapter**	**Section**	**Change**
06/30/08	Stress	Posttraumatic Stress Disorder (PTSD), definition	New entry
06/24/08	Ankle	Hardware implant removal (fracture fixation)	New topic
06/24/08	Ankle	Open reduction internal fixation (ORIF)	New topic
06/24/08	Forearm	Hardware implant removal (fracture fixation)	New topic
		NEW OR UPDATED REFERENCES	
06/24/08	Pain	Stellate ganglion block	(Ackerman, 2006)
06/24/08	Pain	Acetaminophen	(ACOEM, 2008) (Manchikanti, 2008)
06/30/08	Forearm	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Knee	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria

06/30/08	Neck	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Shoulder	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Shoulder	Surgery for ruptured biceps tendon (at the shoulder)	(Mazzocca, 2008) (Chillemi, 2007)
06/24/08	Ankle	Extracorporeal shock wave therapy (ESWT)	(Rasmussen, 2008)
06/30/08	Back	Shoe insoles/shoe lifts	(Sahar-Cochrane, 2007)
06/30/08	Back	Work conditioning, work hardening	(Schonstein-Cochrane, 2008) Criteria
06/24/08	Pain	Duloxetine (Cymbalta®)	(Waknine, 2008)
06/24/08	Pain	Fibromyalgia syndrome (FMS)	(Waknine, 2008)
06/30/08	Pain	Cannabinoids	(Wilsey, 2008)
06/10/08	Back	Manipulation	Current research: (Lawrence, 2008) (Globe, 2008)
06/17/08	Pain	Intrathecal drug delivery systems, medications	Maximum concentrations (Deer, 2007)
		REVISED INFORMATION	
06/06/08	Preface	Physical Therapy Guidelines	4 modalities/procedural units per visit
06/24/08	Pain	CRPS, diagnostic criteria	Combination of criteria
06/30/08	Back	Physical therapy	Physical therapy provider
06/30/08	Forearm	Physical therapy	Physical therapy provider
06/30/08	Knee	Physical therapy	Physical therapy provider
06/30/08	Neck	Physical therapy	Physical therapy provider
06/30/08	Shoulder	Physical therapy	Physical therapy provider
Date	**Chapter**	**Section**	**Change**
06/30/08	Pain	H-wave stimulation (HWT)	Provider licensed to provide physical therapy
06/30/08	Pain	Interferential current stimulation (ICS)	Pprovider licensed to provide physical therapy
06/24/08	Ankle	Surgery	Xref
06/30/08	Back	Insoles	Xref
06/24/08	Forearm	Surgery	Xref
06/17/08	Pain	Darvon® (propoxyphene)	Xref
06/17/08	Pain	Demerol® (meperidine)	Xref
06/17/08	Pain	Provigil® (modafinil)	Xref
06/24/08	Pain	Dorsal column stimulators	Xref
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NEW CHAPTERS, ENTRIES AND TOPICS

05/28/08	Back	Mattress selection	New/replacement
05/28/08	Shoulder	Scapula fracture surgery	New, (Zlowodzki, 2006)
05/28/08	Shoulder	Clavicle fracture surgery	New, (Altamimi, 2008)
05/28/08	Shoulder	Surgery	New Xref
05/19/08	Mental	Treatment Planning	New intro
05/06/08	Knee	Computerized muscle testing	New entry
05/06/08	Knee	Restless legs syndrome (RLS)	New entry
05/07/08	Hip	Aquatic therapy	New entry

Date	Chapter	Section	Change
05/06/08	Formulary	Dopamine agonists	New entry
05/06/08	Formulary	Mirapex®	New entry
05/06/08	Formulary	Pramipexole	New entry
05/06/08	Formulary	Requip®	New entry
05/06/08	Formulary	Ropinirole	New entry
05/06/08	Forearm	Computerized muscle testing	New entry
05/28/08	Forearm	Radius/ulna fracture surgery	New
05/28/08	Elbow	Humerus fracture surgery	New
05/28/08	Elbow	Open reduction internal fixation (ORIF)	New
05/28/08	Elbow	Surgery	New

		NEW OR UPDATED REFERENCES	
05/13/08	Pain	Interferential current stimulation (ICS)	(Washington, 2008)
05/13/08	Pain	Interferential current stimulation (ICS)	(United, 2007)
05/30/08	Pain	Chronic pain programs, early intervention	(Schultz, 2008)
05/12/08	Pain	Spinal cord stimulators (SCS)	(North, 2007)
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	(Melhorn, 2008)
05/09/08	Carpal Tunnel Syndrome	Return to work	(Melhorn, 2005)
05/19/08	Carpal Tunnel Syndrome	Injections	(Marshall, 2007)
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	(Lozano-Calderón, 2008)
05/12/08	Pain	CRPS, spinal cord stimulators (SCS)	(Kemler, 2008)
05/12/08	Pain	Spinal cord stimulators (SCS)	(Kemler, 2008)
05/12/08	Pain	CRPS, spinal cord stimulators (SCS)	(Kemler, 2004)
05/12/08	Pain	Spinal cord stimulators (SCS)	(Kemler, 2004)
05/28/08	Forearm	Physical/Occupational therapy	(ICD9 841)
05/13/08	Pain	Interferential current stimulation (ICS)	(Humana, 2007)
05/07/08	Neck	Computed tomography (CT)	(Haldeman, 2008)
05/07/08	Neck	Disc prosthesis	(Haldeman, 2008)
05/07/08	Neck	Discectomy-laminectomy-laminoplasty	(Haldeman, 2008)
05/07/08	Neck	Discography	(Haldeman, 2008)
05/07/08	Neck	Education (patient)	(Haldeman, 2008)
05/07/08	Neck	Epidural steroid injection (ESI)	(Haldeman, 2008)
05/07/08	Neck	Facet joint radiofrequency neurotomy	(Haldeman, 2008)
05/07/08	Neck	Manipulation	(Haldeman, 2008)
Date	**Chapter**	**Section**	**Change**
05/07/08	Neck	Radiography (x-rays)	(Haldeman, 2008)
05/07/08	Neck	Return to work	(Haldeman, 2008)
05/07/08	Neck	Treatment Planning	(Haldeman, 2008)
05/07/08	Neck	Work	(Haldeman, 2008)
05/06/08	Back	Manipulation under anesthesia (MUA)	(Dagenais, 2008)
05/19/08	Back	Botulinum toxin (Botox®)	(Chou, 2008)
05/19/08	Back	Discectomy/laminectomy	(Chou, 2008)
05/19/08	Back	Discography	(Chou, 2008)
05/19/08	Back	Epidural steroid injections (ESIs), therapeutic	(Chou, 2008)
05/19/08	Back	Facet joint radiofrequency neurotomy	(Chou, 2008)
05/19/08	Back	Fusion (spinal)	(Chou, 2008)
05/19/08	Back	IDET (intradiscal electrothermal anuloplasty)	(Chou, 2008)
05/19/08	Back	Prolotherapy (sclerotherapy)	(Chou, 2008)
05/19/08	Back	Spinal cord stimulation (SCS)	(Chou, 2008)
05/28/08	Back	Mattress firmness	(Bergholdt, 2008)
05/13/08	Pain	Interferential current stimulation (ICS)	(BC/BS_TN, 2008)
05/28/08	Back	Radiography (x-rays)	(Ash, 2008)
05/30/08	Back	Epidural steroid injections (ESIs), therapeutic	(11) "dangerous"
		REVISED INFORMATION	
05/09/08	Carpal Tunnel Syndrome	Severity definitions	Refine
05/09/08	Carpal Tunnel Syndrome	Work	Refine
05/19/08	Pain	Chronic pain programs	part-day sessions
05/09/08	Carpal Tunnel Syndrome	Breaks (microbreaks)	Optional

05/29/08	Forearm	Codes for Automated Approval	ODG UR Advisor® ICD9 Codes Table
05/19/08	Mental	Treatment Planning	MDD treatment to PS
05/30/08	Mental	Treatment Planning	Major Depressive Disorder, diagnosis
05/06/08	Forearm	Physical/Occupational therapy	ICD9 886
05/28/08	Shoulder	Shoulder repair	Hyperlinks
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	History/exam
05/19/08	Pain	Chronic pain programs	functional restoration programs
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	First visit
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	Electrodiagnostic Testing
05/09/08	Carpal Tunnel Syndrome	Hypalgesia (in the median nerve territory)	Durkan's test
05/06/08	Neck	Epidural steroid injection (ESI)	Criteria #10,#11
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NEW CHAPTERS, ENTRIES AND TOPICS

04/21/08	Head	Medication overuse headache	New
04/24/08	Back	Sequestrectomy	New entry
04/15/08	Formulary	Nabilone	New entry
04/15/08	Formulary	Ziconotide	New entry
04/21/08	Pain	Medication overuse headache	New entry
04/23/08	Pain	NSAIDs, hypertension and renal function	New entry

NEW OR UPDATED REFERENCES

Date	Chapter	Section	Change
04/24/08	Back	Exercise	(Kraus, 1983)
04/07/08	Carpal	Diabetes (comorbidity)	(Makepeace, 2008)
04/24/08	Shoulder	Extracorporeal shock wave therapy (ESWT)	(Mouzopoulos, 2007)
04/07/08	Back	Topiramate (Topamax®)	(Muehlbacher, 2006)
04/07/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(Muehlbacher, 2006)
04/24/08	Shoulder	Ultrasound, therapeutic	(Perron, 1997)
04/17/08	Back	Nonprescription medications	(Roelofs-Cochrane, 2008)
04/17/08	Pain	Nonprescription medications	(Roelofs-Cochrane, 2008)
04/17/08	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	(Roelofs-Cochrane, 2008)
04/17/08	Pain	Medications for acute pain (analgesics)	(Roelofs-Cochrane, 2008)

04/11/08	Knee	Knee brace	(Warden, 2008)
04/11/08	Pain	Interferential current stimulation (ICS)	(Zambito, 2006/2007)
		REVISED INFORMATION	
04/11/08	Back	Physical therapy (PT)	Arthroplasty
04/23/08	Formulary	Methadone	Change
04/25/08	Formulary	Lidoderm	Change
04/21/08	Back	Epidural steroid injections (ESIs), therapeutic	Diagnostic vs. Therapeutic phase
04/21/08	Back	Facet joint diagnostic blocks (injections)	MBB procedure
04/15/08	Back	Stretching	McKenzie method link
04/15/08	Formulary	Drug class	No anesthesia
04/11/08	Back	Physical therapy (PT)	OK to concurrently work
04/11/08	Back	Work conditioning, work hardening	OK to concurrently work
04/07/08	Pain	H-wave stimulation (HWT)	Re-write
04/15/08	Pain	Medications for subacute & chronic pain	Rec upfront
04/21/08	Pain	Opioids for chronic pain	Reorganization
04/21/08	Pain	Opioids for neuropathic pain	Reorganization
04/21/08	Pain	Opioids for osteoarthritis	Reorganization
Date	**Chapter**	**Section**	**Change**
04/23/08	Pain	Acetaminophen	Reorganization
04/23/08	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	Reorganization
04/23/08	Pain	Methadone	Rewrite
04/23/08	Pain	NSAIDs, GI symptoms & cardiovascular risk	Rewrite
04/07/08	Back	Gabapentin (Neurontin®)	Synch with Pain
04/15/08	Back	Aerobic exercise	Walking link
04/11/08	Knee	Meniscal repair	Cross Reference
04/11/08	Pain	Horizontal therapy (HT)	Cross Reference
04/15/08	Pain	Implantable drug-delivery systems (IDDSs)	Cross Reference
04/21/08	Pain	Opioids for back pain	Cross Reference
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Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINE* UPDATE
March-08

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Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	Affected chapter in the ODG Treatment Procedure Summary	Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information with an existing chapter	Lists the type of change or update cited in the affected chapter.
		NEW CHAPTERS, ENTRIES AND TOPICS	
03/10/08	Ankle	Venous thrombosis	New topic
03/04/08	Back	Bupivacaine (Marcaine)	New topic
03/04/08	Back	Iliac crest donor-site pain treatment	New topic
03/31/08	Back	Upright MRI	New topic
03/31/08	Back	Weight-bearing MRI	New topic
03/04/08	Hip	Osteotomy	New topic

Date	Chapter	Section	Change
03/04/08	Knee	Fusion (knee)	New topic
03/04/08	Knee	Walking aids	New topic
03/10/08	Knee	Venous thrombosis	New topic
03/04/08	Neck	Iliac crest donor-site pain treatment	New topic
		NEW OR UPDATED REFERENCES	
03/04/08	Knee	Osteochondral autograft transplant system (OATS)	(Marcacci, 2007)
03/04/08	Knee	Knee joint replacement	(Restrepo, 2007)
03/10/08	Back	Iliac crest donor-site pain treatment	(Singh, 2007)
03/31/08	Back	Standing MRI	(Skelly, 2007)
03/12/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Wulf, 2008)
03/04/08	Hip	Acetaminophen (paracetamol)	(Zhang, 2008)

03/04/08	Hip	Education	(Zhang, 2008)
03/04/08	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	(Zhang, 2008)
03/04/08	Hip	Physical therapy	(Zhang, 2008)
03/04/08	Hip	Walking aids	(Zhang, 2008)
03/04/08	Knee	Acupuncture	(Zhang, 2008)
03/04/08	Knee	Corticosteroid injections	(Zhang, 2008)
03/04/08	Knee	Education	(Zhang, 2008)
03/04/08	Knee	Glucosamine/Chondroitin (for knee arthritis)	(Zhang, 2008)
03/04/08	Knee	Hyaluronic acid injections	(Zhang, 2008)
03/04/08	Knee	Insoles	(Zhang, 2008)
03/04/08	Knee	Knee brace	(Zhang, 2008)
03/04/08	Knee	Knee joint replacement	(Zhang, 2008)
03/04/08	Knee	Medications	(Zhang, 2008)
03/04/08	Knee	Osteotomy	(Zhang, 2008)
03/04/08	Knee	Physical therapy (PT)	(Zhang, 2008)
03/04/08	Knee	TENS (transcutaneous electrical nerve stimulation)	(Zhang, 2008)
03/04/08	Knee	Topical NSAIDs (for knee arthritis)	(Zhang, 2008)
03/04/08	Forearm	Vitamin C	(Zollinger, 2007)
		REVISED INFORMATION	
03/04/08	Hip	Physical therapy (PT)	ICD-9: 715
03/04/08	Knee	Work conditioning, work hardening	No PT Cross reference
03/04/08	Neck	Work conditioning	No PT Cross reference
Date	**Chapter**	**Section**	**Change**
03/18/08	Pain	Implantable drug-delivery systems (IDDSs)	Refills
03/18/08	Formulary	Muscle relaxants	Re-write
03/18/08	Pain	Muscle relaxants	Re-write
03/19/08	Formulary	Anti-epilepsy drugs (AEDs)	Update
03/19/08	Pain	Anti-epilepsy drugs (AEDs)	Update
03/04/08	Back	Surgery	Cross reference
03/04/08	Knee	Injections	Cross reference
03/04/08	Back	Fusion (spinal)	Cross reference
03/04/08	Neck	Fusion, anterior cervical	Cross reference
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Division of Workers' Compensation
TREATMENT GUIDELINE* UPDATE
February-08

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		NEW CHAPTERS, ENTRIES AND TOPICS	
02/13/08	Formulary		New Chapter
02/22/08	Shoulder	Selected Tests of the Shoulder	New entry
02/22/08	Shoulder	History Findings and Associated Shoulder Disorders	New entry
02/20/08	Stress	Major depressive disorder (MDD)	New topic
02/20/08	Stress	Major depressive disorder, definition	New topic
02/20/08	Stress	Major depressive disorder, diagnosis	New topic
02/20/08	Stress	MDD treatment, mild presentations	New topic
02/20/08	Stress	MDD treatment, moderate presentations	New topic
Date	Chapter	Section	Change
02/20/08	Stress	MDD treatment, psychotic presentations	New topic
02/20/08	Stress	MDD treatment, severe presentations	New topic
02/22/08	Shoulder	Range of motion	New topic
02/28/08	Pain	Cesamet®	New topic
02/28/08	Pain	Dronabinol	New topic
02/28/08	Pain	Nabilone	New topic
02/13/08	Pain	Opioids, dosing	New topic
02/13/08	Pain	Buprenorphine	New topic
02/22/08	Hip	Zoledronic acid	New topic
		NEW OR UPDATED REFERENCES	

02/15/08	Back	Discectomy	(Dewing, 2008)
02/15/08	Back	Return to work	(Dewing, 2008)
02/15/08	Back	Education	(Engers-Cochrane, 2008)
02/14/08	Back	Colchicine	(FDA, 2008)
02/18/08	Pain	Zolpidem (Ambien®)	(Feinberg, 2008)
02/28/08	Forearm	Wound dressings	(Fernandez, 2008)
02/26/08	Pain	Opioids, dosing	(Fudin, 2008)
02/28/08	Head	Concussion severity	(Hoge, 2008)
02/28/08	Stress	Stress & depression	(Hoge, 2008)
02/26/08	Back	Lumbar extension exercise equipment	(Huntoon, 2008)
02/26/08	Back	Vertebroplasty	(Huntoon, 2008)
02/19/08	Back	DRX® (traction)	(Macario, 2008)
02/19/08	Back	Powered traction devices	(Macario, 2008)
02/28/08	Stress	Music (for relaxation/stress management)	(Maratos, 2008)
02/14/08	Back	Fusion	(Martin, 2008)
02/14/08	Back	Radiography	(Martin, 2008)
02/26/08	Pain	Spinal cord stimulators (SCS)	(North, 2008)
02/21/08	Back	Epidural steroid injections, “series of three”	(Novak, 2008)
02/21/08	Back	TENS (transcutaneous electrical nerve stimulation)	(Poitras, 2008)
02/21/08	Pain	TENS, chronic pain	(Poitras, 2008)
02/15/08	Pain	Acetaminophen	(Roelofs-Cochrane, 2008)
02/15/08	Back	NSAIDs	(Roelofs-Cochrane, 2008)
02/15/08	Pain	NSAIDs	(Roelofs-Cochrane, 2008)
02/22/08	Hip	Glucosamine (and Chondroitin Sulfate)	(Rozendaal, 2008)
Date	**Chapter**	**Section**	**Change**
02/18/08	Neck	Disc prosthesis	(Sasso, 2007)
02/13/08	Back	CT & CT Myelography	(Shekelle, 2008)
02/13/08	Back	MRI’s	(Shekelle, 2008)
02/13/08	Back	Psychological screening	(Shekelle, 2008)
02/13/08	Back	Radiography (x-rays)	(Shekelle, 2008)
02/19/08	Ankle	Achilles tendon ruptures (treatment)	(Twaddle, 2007)
02/19/08	Ankle	Immobilization	(Twaddle, 2007)
02/19/08	Ankle	Physical therapy (PT)	(Twaddle, 2007)
02/18/08	Carpal	Ultrasound, diagnostic	(Visser, 2008)
02/26/08	Back	Discectomy/laminectomy	(Weinstein, 2008) (Katz, 2008)
02/26/08	Back	Laminectomy/laminotomy	(Weinstein, 2008) (Katz, 2008)
		REVISED INFORMATION	
02/14/08	Back	CAA	CPT 64483
02/14/08	Back	Work conditioning	No PT Cross reference
02/19/08	Shoulder	Work conditioning	No PT Cross reference
02/22/08	Hip	Work conditioning, work hardening	No PT Cross reference
02/28/08	Forearm	Work conditioning	No PT Cross reference
02/18/08	Carpal	Sonography	Cross reference
02/19/08	Shoulder	Scalenectomy	Cross reference
02/19/08	States	Wisconsin	Cross reference
02/14/08	Pain	Manipulation	Cross reference

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