Parker Healthcare Management Organization, Inc.
4030 N. Beltline Road, Irving, TX 75038
972.906.0603 972.906.0615(fax)
Certificate # 5301

March 7, 2007

ATTN: Program Administrator
Texas Department of Insurance/Workers Compensation Division
7551 Metro Center Drive, Suite 100
Austin, TX 78744
Delivered by fax: 512.804.4868

Notice of Determination

MDR TRACKING NUMBER: M2-07-0791-01
RE: Independent review for ___

The independent review for the patient named above has been completed.

- Parker Healthcare Management received notification of independent review on 2.6.07.
- Faxed request for provider records made on 2.6.07.
- TDI DWC issued an Order for Payment on 2.16.07.
- The case was assigned to a reviewer on 2.26.07.
- The reviewer rendered a determination on 3.7.07.
- The Notice of Determination was sent on 3.7.07.

The findings of the independent review are as follows:

Questions for Review

Medical necessity of proposed Chronic Behavioral Pain Management program (10 sessions)

Determination

PHMO, Inc. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. After review of all medical records received from both parties involved, the PHMO, Inc. physician reviewer has determined to **uphold the denial** on the requested service(s).

Summary of Clinical History

The patient sustained a work related on the job injury on ___, while employed with .
The records reflect that the patient has participated in 2 spinal surgeries in 2004 and in 2005. He has completed a chronic pain program in 2004. The requesting party indicates that lesser levels of care, including individual psychotherapy would not be effective and that he should go straight to a comprehensive pain management program.

Clinical Rationale

Comprehensive chronic pain management programs or education and training programs teach individuals how to cope and manage stress and anxiety and work on acceptance and pain behavior. The patient has already had that education and therefore, a chronic pain program to repeat the same education is not warranted or necessary. Individual psychological support may be of benefit to the individual in this case, but is not requested. Based on guidelines proposed by ODG as well as my medical judgment, experience, and expertise in accordance with accepted medical standards, I find that a comprehensive pain management program is unwarranted given the fact that the patient has already completed one of these programs for the same injury.

Clinical Criteria, Utilization Guidelines or other material referenced

- ODG guidelines
- medical judgment, experience, and expertise in accordance with accepted medical standards

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The reviewer for this case is a Medical Doctor licensed by the Texas State Board of Medical Examiners. The reviewer specializes in Physical medicine and Rehabilitation, and is engaged in the full time practice of medicine.

The review was performed in accordance with Texas Insurance Code 21.58C and the rules of Texas Department of Insurance /Division of Workers' Compensation. In accordance with the act and the rules, the review is listed on the DWC's list of approved providers or has a temporary exemption. The review includes the determination and the clinical rationale to support the determination. Specific utilization review criteria or other treatment guidelines used in this review are referenced.

The reviewer signed a certification attesting that no known conflicts-of-interest exist between the reviewer and the treating and/or referring provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. The reviewer also attests that the review was performed without any bias for or against the patient, carrier, or other parties associated with this case.

Your Right To Appeal

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code §413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable.

If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision. The address for the Chief Clerk of Proceedings would be: P.O. Box 17787, Austin, Texas, 78744.

I hereby verify that a copy of this Findings and Decision was faxed to the Texas Department of Insurance /Division of Workers Compensation, the requestor (if different from the patient) and the respondent. I hereby verify that a copy of this Findings and Decision was mailed to the injured worker (the requestor) applicable to Commission Rule 102.5 this 7th day of March, 2007.

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Meredith Thomas
Administrator
Parker Healthcare Management Organization, Inc.

CC: Valley Total Healthcare
Attn: Nick Kempisty
214.943.9407

Texas Mutual
Attn: Richard Ball
512.224.7094