

# Parker Healthcare Management Organization, Inc.

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Certificate # 5301

January 23, 2007

**ATTN: Program Administrator**

**Texas Department of Insurance/Workers Compensation Division**

7551 Metro Center Drive, Suite 100

Austin, TX 78744

Delivered by fax: 512.804.4868

## Notice of Determination

MDR TRACKING NUMBER: **M2-07-0473-01**

RE: Independent review for \_\_\_\_

The independent review for the patient named above has been completed.

- Parker Healthcare Management received notification of independent review on 12.15.06
- Faxed request for provider records made on 12.15.06
- The case was assigned to a reviewer on 1.3.07
- The reviewer rendered a determination on 1.18.07
- The Notice of Determination was sent on 1.23.07

The findings of the independent review are as follows:

### Questions for Review

Pre-Auth Request: IDET procedure at L4-L5 with fluoroscopy.

### Determination

PHMO, Inc. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. After review of all medical records received from both parties involved, the PHMO, Inc. physician reviewer has determined to **uphold the denial** on the requested service(s).

### Summary of Clinical History

The records reflect that Dr. Carrasco, a pain specialist, performed a discogram and myelogram. The post myelogram revealed dye in the needle track but no evidence of annular tear. Dr. Carrasco did feel that there was concordant pain in the leg, but not in the back. The patient has already completed a series of epidural steroid injections with no relief.

### Clinical Rationale

There is lack of evidence to support efficacy of and IDET procedure. It appears to efficacious less than 25% of the time based on peer reviewed literature. It is most effective with specific criteria being met including evidence of annular tear.

The radiologist's report feels that there is no annular tear, only extravasation of dye along the needle track. Therefore, since the pain is more preferred to the leg and not in the back and there is no obvious annular tear, these are 2 pieces of information that would not support the need for an IDET procedure, and therefore the procedure is considered not to be medically indicated based on clinical data provided.

## Clinical Criteria, Utilization Guidelines or other material referenced

N/A

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The reviewer for this case is a Medical Doctor licensed by the Texas State Board of Medical Examiners. The reviewer specializes in Physical medicine and Rehabilitation, and is engaged in the full time practice of medicine.

The review was performed in accordance with Texas Insurance Code 21.58C and the rules of Texas Department of Insurance /Division of Workers' Compensation. In accordance with the act and the rules, the review is listed on the DWC's list of approved providers or has a temporary exemption. The review includes the determination and the clinical rationale to support the determination. Specific utilization review criteria or other treatment guidelines used in this review are referenced.

The reviewer signed a certification attesting that no known conflicts-of-interest exist between the reviewer and the treating and/or referring provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. The reviewer also attests that the review was performed without any bias for or against the patient, carrier, or other parties associated with this case.

### Your Right To Appeal

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code §413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable.

If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision. The address for the Chief Clerk of Proceedings would be: P.O. Box 17787, Austin, Texas, 78744.

I hereby verify that a copy of this Findings and Decision was faxed to the Texas Department of Insurance /Division of Workers Compensation, the requestor (if different from the patient) and the respondent. I hereby verify that a copy of this Findings and Decision was mailed to the injured worker (the requestor) applicable to Commission Rule 102.5 this 23<sup>th</sup> day of January, 2007.

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Meredith Thomas  
Administrator  
Parker Healthcare Management Organization, Inc.

CC: Requestor: Specialty Surgery & Pain Center  
Arnulfo Carrasco, MD

Respondent: Indemnity Insurance Co  
Javier Gonzalez  
512.394.1412

