

NOTICE OF INDEPENDENT REVIEW DECISION

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January 11, 2007

Requestor

Dean McMillan, MD
ATTN: Angie Velasquez
6660 Airline Dr.
Houston, TX 77076

Respondent

Liberty Mutual Insurance Co.
ATTN: Carolyn Guard
Fax#: (574) 258-5349

RE: Claim #:
Injured Worker:
MDR Tracking #: M2-07-0429-01
IRO Certificate #: IRO4326

TMF Health Quality Institute (TMF) has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Division of Workers' Compensation (DWC) has assigned the above referenced case to TMF for independent review in accordance with DWC Rule §133.308 which allows for medical dispute resolution by an IRO.

TMF has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a TMF physician reviewer who is board certified in Family Practice, by the American Board of Family Practice, Inc., licensed by the Texas State Board of Medical Examiners (TSBME) in 1980, and who provides health care to injured workers. This is the same specialty as the treating physician. The TMF physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and the provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

Clinical History

This patient sustained work related injury ___ when he was removing a tree and felt pain in his back. This resulted in protrusion of the L4-L5 spinal disc and tearing of the annulus. The patient has undergone conservative treatment.

Requested Service(s)

20 work hardening sessions

Decision

It is determined that the 20 work hardening sessions are medically necessary to treat this patient's condition.

Rationale/Basis for Decision

This patient is employed as a laborer for a landscaping company. This is an occupation which requires lifting, pulling, and carrying. It appears that the patient did show improvement with conservative treatment including steroid injections, medications, and physical therapy. This resulted in improvement; however, he was out of work for a protracted period of time. The issue is the necessity for work hardening to get him back to his pre-injury level. It would be appropriate to utilize this modality to get the patient from his current level of activity (light) to heavy activity as required in his job description.

This decision by the IRO is deemed to be a DWC decision and order.

YOUR RIGHT TO APPEAL

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code § 413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable. If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision.

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for hearing and a **copy of this decision** must be sent to: Chief Clerk of Proceedings/Appeals Clerk, Texas Department of Insurance, Division of Workers' Compensation, P.O. Box 17787, Austin, Texas, 78744, Fax: 512-804-4011.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in this dispute.

Sincerely,

Gordon B. Strom, Jr., MD
Director of Medical Assessment

GBS:dm
Attachment

cc: _____, Injured Worker
Program Administrator, Medical Review Division, DWC

In accordance with Division Rule 102.4 (h), I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 11th day of January 2007.

Signature of IRO Employee:

Printed Name of IRO Employee: