

Parker Healthcare Management Organization, Inc.

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Certificate # 5301

December 22, 2006

ATTN: Program Administrator

Texas Department of Insurance/Workers Compensation Division

7551 Metro Center Drive, Suite 100

Austin, TX 78744

Delivered by fax: 512.804.4868

Notice of Determination

MDR TRACKING NUMBER: M2-07-0376-01

RE: Independent review for ____

The independent review for the patient named above has been completed.

- Parker Healthcare Management received notification of independent review on 11.21.06.
- Faxed request for provider records made on 11.21.06.
- The case was assigned to a reviewer on 12.6.06.
- The reviewer rendered a determination on 12.21.06.
- The Notice of Determination was sent on 12.22.06.

The findings of the independent review are as follows:

Questions for Review

Medical necessity of proposed chronic pain management program (97799-CP) X 20 days/sessions

Determination

PHMO, Inc. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. After review of all medical records received from both parties involved, the PHMO, Inc. physician reviewer has determined to **uphold the denial** on the requested service(s).

Summary of Clinical History

The records document that this individual was injured when jumping over a fence and sustained an ankle injury. He had a workup including an MRI of the lumbar spine that was normal and electrodiagnostic studies of the legs by Dr. Donald Dutra, which were normal. He had an IME examination with Dr. Bruce Alter where he displayed nonphysiologic findings. X-rays also failed to show any fracture or dislocation.

Clinical Rationale

With evidence of symptomatic behavior, yet no physiologic injury, and non clinical findings to support his pain complaints, there does not appear to be an indication for a chronic pain management program. Simply the complaint of pain beyond the normal expected time frame for the pain from the injury does not warrant a pain management program. The physiologic injury and a documented treatment program as to how the pain management program would help would be necessary. Given his ability to complete a work hardening program even if he wasn't at pre-injury levels would be good evidence that there is no obvious retractable pain that requires pain management.

Clinical Criteria, Utilization Guidelines or other material referenced

This conclusion is supported by the reviewers' clinical experience with over 10 years of patient care.

The reviewer for this case is a Medical Doctor licensed by the Texas State Board of Medical Examiners. The reviewer specializes in Physical medicine and Rehabilitation, and is engaged in the full time practice of medicine.

The review was performed in accordance with Texas Insurance Code 21.58C and the rules of Texas Department of Insurance /Division of Workers' Compensation. In accordance with the act and the rules, the review is listed on the DWC's list of approved providers or has a temporary exemption. The review includes the determination and the clinical rationale to support the determination. Specific utilization review criteria or other treatment guidelines used in this review are referenced.

The reviewer signed a certification attesting that no known conflicts-of-interest exist between the reviewer and the treating and/or referring provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. The reviewer also attests that the review was performed without any bias for or against the patient, carrier, or other parties associated with this case.

Your Right To Appeal

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code §413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable.

If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision. The address for the Chief Clerk of Proceedings would be: P.O. Box 17787, Austin, Texas, 78744.

I hereby verify that a copy of this Findings and Decision was faxed to the Texas Department of Insurance /Division of Workers Compensation, the requestor (if different from the patient) and the respondent. I hereby verify that a copy of this Findings and Decision was mailed to the injured worker (the requestor) applicable to Commission Rule 102.5 this 22nd day of December, 2006.

Meredith Thomas
Administrator
Parker Healthcare Management Organization, Inc.

CC:

Alta Vista Healthcare
Attn: James Odom

Texas Mutual
Attn: Richard Ball