

# Parker Healthcare Management Organization, Inc.

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Certificate # 5301

November 1, 2006

**ATTN: Program Administrator**

**Texas Department of Insurance/Workers Compensation Division**

7551 Metro Center Drive, Suite 100

Austin, TX 78744

Delivered by fax: 512.804.4868

## Notice of Determination

MDR TRACKING NUMBER: M2-07-0111-01

RE: Independent review for \_\_\_\_

The independent review for the patient named above has been completed.

- Parker Healthcare Management received notification of independent review on 10.3.06.
- Faxed request for provider records made on 10.3.06.
- The case was assigned to a reviewer on 10.20.06.
- The reviewer rendered a determination on 10.31.06.
- The Notice of Determination was sent on 11.1.06.

The findings of the independent review are as follows:

### Questions for Review

Medical necessity of 6 individual psychotherapy sessions

### Determination

PHMO, Inc. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. After review of all medical records received from both parties involved, the PHMO, Inc. physician reviewer has determined to **uphold the denial** on the requested service(s).

### Summary of Clinical History

The claimant was injured as a result of a work related injury. He was participating in the unloading of a water heater. He lost his balance and twisted his right ankle and sustained injuries to the cervical spine, lumbar spine, wrist, knee and rib cage.

### Clinical Rationale

The diagnoses given are depression with no diagnosis of anxiety. The true objective clinical findings at this point are minimal in regards to the aspect of depressed mood. It appears that the claimant has general concerns about his condition and possible future treatment, which is to be expected. The claimant has not been prescribed medication to control symptoms and none of the other documentation from any other practitioner mentions psychological issues. There is even mention of the claimant being very pleasant by one doctor. At this point, the documentation does not support the medical need for individual psychotherapy.

## Clinical Criteria, Utilization Guidelines or other material referenced

- *Occupational Medicine Practice Guidelines*, Second Edition.
- *The Medical Disability Advisor*, Presley Reed MD
- *A Doctors Guide to Record Keeping*, Utilization Management and Review, Gregg Fisher

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The reviewer for this case is a doctor of chiropractic peer matched with the provider that rendered the care in dispute. The reviewer is engaged in the practice of chiropractic on a full-time basis.

The review was performed in accordance with Texas Insurance Code 21.58C and the rules of Texas Department of Insurance /Division of Workers' Compensation. In accordance with the act and the rules, the review is listed on the DWC's list of approved providers or has a temporary exemption. The review includes the determination and the clinical rationale to support the determination. Specific utilization review criteria or other treatment guidelines used in this review are referenced.

The reviewer signed a certification attesting that no known conflicts-of-interest exist between the reviewer and the treating and/or referring provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. The reviewer also attests that the review was performed without any bias for or against the patient, carrier, or other parties associated with this case.

### Your Right To Appeal

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code §413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable.

If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision. The address for the Chief Clerk of Proceedings would be: P.O. Box 17787, Austin, Texas, 78744.

I hereby verify that a copy of this Findings and Decision was faxed to the Texas Department of Insurance /Division of Workers Compensation, the requestor (if different from the patient) and the respondent. I hereby verify that a copy of this Findings and Decision was mailed to the injured worker (the requestor) applicable to Commission Rule 102.5 this 1<sup>st</sup> day of November, 2006.

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Meredith Thomas  
Administrator  
Parker Healthcare Management Organization, Inc.

CC: San Antonio Spine/ Rehab

Indemnity Ins/ Downs and Stanford