

NOTICE OF INDEPENDENT REVIEW DECISION

February 3, 2006

Requestor

Work & Accident Clinic
ATTN: Danette Morgan
4924 Greenville Ave.
Dallas, TX 75206

Respondent

Downs & Stanford PC
ATTN: W. Jon Grove
2001 Bryan St., Ste 4000
Dallas, TX 75201

RE: Claim #:
Injured Worker:
MDR Tracking #: M2-06-0559-01
IRO Certificate #: IRO4326

TMF Health Quality Institute (TMF) has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Division of Workers' Compensation (DWC) has assigned the above referenced case to TMF for independent review in accordance with DWC Rule §133.308 which allows for medical dispute resolution by an IRO.

TMF has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a TMF physician reviewer who is board certified in Orthopedic Surgery, by the American Board of Orthopaedic Surgery, Inc., licensed by the Texas State Board of Medical Examiners (TSBME) in 1964, and who provides health care to injured workers. This is the same specialty as the treating physician. The TMF physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and the provider, the injured employee, the injured employee's employer, the injured employee's insurance carrier, the utilization review agent, or any of the treating doctors or insurance carrier health care providers who reviewed the case for decision before referral to the IRO. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

Clinical History

This patient sustained a work-related injury on ___ when a pallet jack was pushed into his left anterior hip area resulting in severe low back pain. The patient continues to complain of aggravation in his back pain and the treating physician is requesting that the patient undergo a lumbar discogram/CT scan.

Requested Service(s)

Lumbar discogram/CT scan

Decision

It is determined that the lumbar discogram/CT scan is not medically necessary to treat this patient's condition.

Rationale/Basis for Decision

Literature indicates that in degenerative disc disease, discograms are of no treatment value¹, and the proposed discogram will only show the degenerative changes already identified as age-related. Based on the medical information, this patient does not appear to be a candidate for spinal fusion. It appears that this patient experienced a soft tissue injury that would have resolved without sequelae and further documentation indicates that the patient is able to perform activities of daily living.

This decision by the IRO is deemed to be a DWC decision and order.

YOUR RIGHT TO APPEAL

If you are unhappy with all or part of this decision, you have the right to appeal the decision. The decision of the Independent Review Organization is binding during the appeal process.

If you are disputing the decision (other than a spinal surgery prospective decision), the appeal must be made directly to a district court in Travis County (see Texas Labor Code § 413.031). An appeal to District Court must be filed not later than 30 days after the date on which the decision that is the subject of the appeal is final and appealable. If you are disputing a spinal surgery prospective decision, a request for a hearing must be in writing and it must be received by the Division of Workers' Compensation, Chief Clerk of Proceedings, within ten (10) days of your receipt of this decision.

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for hearing and a **copy of this decision** must be sent to: Chief Clerk of Proceedings/Appeals Clerk, Texas Department of Insurance, Division of Workers' Compensation, P.O. Box 17787, Austin, Texas, 78744, Fax: 512-804-4011.

¹ Official Disability Guidelines, Work Loss Data Institute, Tenth Edition, 2005.

M2-06-0559-01

Page 3

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in this dispute.

Sincerely,

A handwritten signature in black ink, appearing to read "Gordon B. Strom, Jr.", written in a cursive style.

Gordon B. Strom, Jr., MD
Director of Medical Assessment

GBS:dm
Attachment

cc: Injured Worker
Program Administrator, Medical Review Division, DWC

In accordance with Division Rule 102.4 (h), I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 3rd day of February 2006.

Signature of IRO Employee:

Printed Name of IRO Employee: