



# Texas Medical Foundation

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## NOTICE OF INDEPENDENT REVIEW DECISION

June 14, 2005

### Requestor

RS Medical  
ATTN: Joe Basham  
P.O. Box 872650  
Vancouver, WA 98687-2650

### Respondent

Texas Mutual Insurance Company  
ATTN: Ron Nesbitt  
221 W. 6<sup>th</sup> Street, Ste 300  
Austin, TX 78701

RE: Injured Worker:  
MDR Tracking #: M2-05-1677-01  
IRO Certificate #: IRO4326

The Texas Medical Foundation (TMF) has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to TMF for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

TMF has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a TMF physician reviewer who is board certified in Physical Medicine & Rehabilitation, by the American Board of Physical Medicine and Rehabilitation, Inc. licensed by the Texas State Board of Medical Examiners (TSBME) in 2002, and who provides health care to injured workers. This is the same specialty as the treating physician. The TMF physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to TMF for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

### Clinical History

This 33 year-old female injured her lower back on \_\_\_ while bending forward to pick up an object. She has been treated with therapy, epidural injections and medications.

### Requested Service(s)

Purchase of an RS4i Sequential Stimulator 4-channel Combination Interferential and Muscle Stimulator Unit

### Decision

It is determined that there is no medical necessity for the purchase of a RS4i Sequential Stimulator 4-channel Combination Interferential and Muscle Stimulator Unit (RS4i) to treat this patient's medical condition.

### Rationale/Basis for Decision

Medical record documentation does not indicate the RS4i is medically necessary. The unit has not been proven effective for treatment on a long-term basis and there is no reliable study that proves that these units are effect for chronic pain. Additionally, according to current standards of care, electrical therapies are

considered supplemental treatment rather than primary treatment; therefore, the purchase of an RS4i Sequential Stimulator 4-channel combination Interferential and Muscle Stimulator Unit is not medically necessary to treat this patient's medical condition.

This decision by the IRO is deemed to be a TWCC decision and order.

### YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

**If disputing a spinal surgery prospective decision** a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10** (ten) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5 (c)).

**If disputing other prospective medical necessity (preauthorization) decisions** a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for hearing and a **copy of this decision** must be sent to: Chief Clerk of Proceedings/Appeals Clerk, Texas Workers' Compensation Commission, P.O. Box 17787, Austin, Texas, 78744, Fax: 512-804-4011.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in this dispute.

Sincerely,



Gordon B. Strom, Jr., MD  
Director of Medical Assessment

GBS:dm

Attachment

cc: Injured Worker  
Program Administrator, Medical Review Division, TWCC

In accordance with Commission Rule 102.4 (h), I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 14<sup>th</sup> day of June 2005.

Signature of IRO Employee:

Printed Name of IRO Employee:

**Information Submitted to TMF for TWCC Review**

**Patient Name:**

**TWCC ID #: M2-05-1677-01**

**Information Submitted by Requestor:**

- Progress Notes
- Diagnostic Tests
- Procedures
- Prescription

**Information Submitted by Respondent:**

- Progress Notes
- Maximum Medication Improvement