

July 1, 2005

VIA FACSIMILE
Ms. Debra Derrickson
Zenith Star Insurance

NOTICE OF INDEPENDENT REVIEW DECISION

RE: MDR Tracking #: M2-05-1445-01
TWCC #:
Injured Employee:
Requestor:
Respondent: Zenith Star Insurance
MAXIMUS Case #: TW05-0101

MAXIMUS has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The MAXIMUS IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to MAXIMUS for independent review in accordance with this Rule.

MAXIMUS has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing physician on the MAXIMUS external review panel. The reviewer has met the requirements for the ADL of TWCC or has been approved as an exception to the ADL requirement. This physician is board certified in neurosurgery and is familiar with the condition and treatment options at issue in this appeal. The MAXIMUS physician reviewer signed a statement certifying that no known conflicts of interest exist between this physician and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to MAXIMUS for independent review. In addition, the MAXIMUS physician reviewer certified that the review was performed without bias for or against any party in this case.

Clinical History

This case concerns a male patient who sustained a work related injury to his back on _____. He has been treated with epidural steroid injections, hospitalization for treatment of intractable pain, physical therapy, nonsteroidal anti-inflammatory medications, prescription medications, and discectomy with annuloplasty. The patient has undergone several MRIs and the most recent MRI was reported to have shown annular bulging at L5 producing moderately severe foraminal stenosis. A discogram performed in 2002 was reported to be positive. Diagnoses for this patient included other postsurgical status. Purchase of a treadmill has been recommended for treatment of his condition.

Requested Services

Purchase of a treadmill.

Documents and/or information used by the reviewer to reach a decision:

Documents Submitted by Requestor:

1. None submitted

Documents Submitted by Respondent:

1. Notices of Utilization Review findings dated 1/26/05 and 3/25/05
2. Letter regarding an independent neurosurgical chart review dated 11/19/04

Decision

The Carrier's denial of authorization for the requested services is upheld.

Rationale/Basis for Decision

The MAXIMUS physician reviewer noted that this case concerns a male patient who sustained a work related injury to his back on _____. The MAXIMUS physician reviewer also noted that he has been treated with epidural steroid injections, inpatient services for pain, physical therapy, nonsteroidal anti-inflammatory and prescription medications and a discectomy with annuloplasty. The MAXIMUS physician reviewer further noted that purchase of a treadmill has been recommended for this patient. The MAXIMUS physician reviewer explained that the patient could walk outside or at a mall as needed. The MAXIMUS physician reviewer also explained that a treadmill is exercise equipment rather than durable medical equipment. Therefore, the MAXIMUS physician consultant concluded that a purchase of a treadmill is not medically necessary to treat this patient's condition at this time.

This decision is deemed to be a TWCC Decision and Order.

YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10 (ten)** days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **20 (twenty)** days of your receipt of this decision. (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed. (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings/Appeals Clerk
P.O. Box 17787
Austin, TX 78744

Fax: 512-804-4011

A copy of this decision should be attached to the request.

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute. (Commission Rule 133.308(t)(2)).

Sincerely,

MAXIMUS

Lisa K. Maguire, Esq.
Project Manager, State Appeals

cc: Texas Workers Compensation Commission

I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 1st day of July 2005.

Signature of IRO Employee: _____
External Appeals Department