



# Texas Medical Foundation

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## NOTICE OF INDEPENDENT REVIEW DECISION

March 1, 2005

### Requestor

Jacob Rosenstein, MD  
ATTN: Cheryl  
800 W. Arbrook, Ste 150  
Arlington, TX 76015

### Respondent

Deep East Texas Self Insured Funds  
ATTN: John Fowler  
2615 Calder, #220  
Beaumont, TX 77702

RE: Injured Worker:  
MDR Tracking #: M2-05-0749-01  
IRO Certificate #: IRO4326

The Texas Medical Foundation (TMF) has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to TMF for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

TMF has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a TMF physician reviewer who is board certified in Neurological Surgery, by the American Board of Neurological Surgery, Inc. licensed by the Texas State Board of Medical Examiners (TSBME) in 1986, and who provides health care to injured workers. This is the same specialty as the treating physician. The TMF physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to TMF for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

### Clinical History

This 47 year-old female injured her low back and left lumbar on \_\_\_ when she lifted a 50-pound box of paper. She has been treated with therapy, medications and epidural steroid injections that did not provide any relief from her pain that is currently a 8 out of 10.

### Requested Service(s)

Proposed lumbar myelogram with post computed tomographic (CT)

### Decision

It is determined that there is medical necessity for the proposed lumbar myelogram with post computed tomographic (CT) to treat this patient's medical condition.

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Rationale/Basis for Decision

Medical record documentation indicates a "disc extrusion" at L5-S1 and a "prominent bulge" at L4-5. The surgeon's interpretation on 12/01/04 indicates the presence of "facet hypertrophy" at L4-5, L5-S1 and L3-4. With three levels of potential pathology, a lumbar myelogram with post CT is a very viable and commonly utilized diagnostic option. Therefore, proposed lumbar myelogram with post CT is appropriate and medically necessary to treat this patient's medical condition.

This decision by the IRO is deemed to be a TWCC decision and order.

**YOUR RIGHT TO REQUEST A HEARING**

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

**If disputing a spinal surgery prospective decision** a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10** (ten) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5 (c)).

**If disputing other prospective medical necessity (preauthorization) decisions** a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for hearing and a **copy of this decision** must be sent to: Chief Clerk of Proceedings/Appeals Clerk, Texas Workers' Compensation Commission, P.O. Box 17787, Austin, Texas, 78744, Fax: 512-804-4011.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in this dispute.

Sincerely,

Gordon B. Strom, Jr., MD  
Director of Medical Assessment

GBS:dm

Attachment

cc: Injured Worker  
Program Administrator, Medical Review Division, TWCC

In accordance with Commission Rule 102.4 (h), I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 1<sup>st</sup> day of March 2005.

Signature of IRO Employee:

Printed Name of IRO Employee:

Information Submitted to TMF for TWCC Review

**Patient Name:**

**TWCC ID #:** M2-05-0749-01

**Information Submitted by Requestor:**

- Progress Note

**Information Submitted by Respondent:**

- Disputes
- Progress Notes
- Physical Therapy Notes
- Diagnostic Tests
- Procedures
- Rehabilitation Notes