

## NOTICE OF INDEPENDENT REVIEW DECISION

February 16, 2004

MDR Tracking #: M2-04-0685-01  
IRO Certificate #: IRO4326

The \_\_\_ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to \_\_\_ for independent review in accordance with TWCC Rule §133.308, which allows for medical dispute resolution by an IRO.

\_\_\_ has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a \_\_\_ physician reviewer who is board certified in anesthesiology and pain management, which is the same specialty as the treating physician. The \_\_\_ physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to \_\_\_ for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

### Clinical History

This patient sustained a back injury on \_\_\_ while being a passenger in a truck that hit a concrete curb. He reported feeling an immediate pop in his back and later complained of radiation down his right gluteal region, hip, and the front of his right anterior thigh. Conservative treatments include pain and anti-inflammatory medications, physical therapy, lumbar epidural injections, and right sacroiliac joint injection.

### Requested Service(s)

Lumbar discogram at L4-5 and L5-S1 under fluoroscopy and CT scan to follow

### Decision

It is determined that the proposed lumbar discogram at L4-5 and L5-S1 under fluoroscopy and CT scan to follow is not medically necessary to treat this patient's condition.

### Rationale/Basis for Decision

Discograms are used to determine if there is discogenic pain when considering a surgical endeavor. This patient has a minimal subligamentous bulging without herniation, stenosis, of nerve root compression.

His physical examination does not corroborate a L5-S1 nerve root injury. A medial thigh pain is not from L5-S1. As such, even if he had a surgical lesion, his pain would not arise from these discs. He does not have a surgical lesion and so no rationale exists for a discogram. Therefore, it is determined that the proposed lumbar discogram at L4-5 and L5-S1 under fluoroscopy and CT scan to follow is not medically necessary.

This decision by the IRO is deemed to be a TWCC decision and order.

### **YOUR RIGHT TO REQUEST A HEARING**

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

**If disputing a spinal surgery prospective decision** a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10** (ten) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5 (c))

**If disputing other prospective medical necessity (preauthorization) decisions** a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for hearing and a **copy of this decision** must be sent to: Chief Clerk of Proceedings/Appeals Clerk, Texas Workers' Compensation Commission, P.O. Box 17787, Austin, Texas, 78744, Fax: 512-804-4011.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in this dispute.

Sincerely,

<p>In accordance with Commission Rule 102.4 (h), I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 16<sup>th</sup> day of February 2004.</p>
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