

IRO Certificate #4599

NOTICE OF INDEPENDENT REVIEW DECISION

December 23, 2003

Re: IRO Case # M2-04-0508

Texas Worker's Compensation Commission:

___ has been certified as an independent review organization (IRO) and has been authorized to perform independent reviews of medical necessity for the Texas Worker's Compensation Commission (TWCC). Texas HB. 2600, Rule133.308 effective January 1, 2002, allows a claimant or provider who has received an adverse medical necessity determination from a carrier's internal process, to request an independent review by an IRO.

In accordance with the requirement that TWCC assign cases to certified IROs, TWCC assigned this case to ___ for an independent review. ___ has performed an independent review of the proposed care to determine if the adverse determination was appropriate. For that purpose, ___ received relevant medical records, any documents obtained from parties in making the adverse determination, and any other documents and/or written information submitted in support of the appeal.

The case was reviewed by a physician who is Board Certified in Neurological Surgery, and who has met the requirements for the TWCC Approved Doctor List or who has been granted an exception from the ADL. He or she has signed a certification statement attesting that no known conflicts of interest exist between him or her and any of the treating physicians or providers, or any of the physicians or providers who reviewed the case for a determination prior to referral to ___ for independent review. In addition, the certification statement further attests that the review was performed without bias for or against the carrier, medical provider, or any other party to this case.

The determination of the ___ reviewer who reviewed this case, based on the medical records provided, is as follows:

History

The patient is a 48-year old diabetic female who was injured in ____. This led to a 1995 posterior lumbar interbody fusion at the L4-5 level. The patient did well following that for 4-5 years. But in 2000, the patient developed back pain. Facet injections were successful in helping her in August 2000. The level of those injections was bilateral L3-4, L4-5 and L5-S1. While an EMG on 3/15/02 failed to reveal any evidence of radiculopathy, physical examination certainly suggests radiculopathy as a possible source of the patient's back pain, and also her lower

extremity discomfort. A CT scan on 2/1/01 showed multiple levels of facet joint pathology, with the fusion at L4-5 probably being solid.

Requested Service(s)

Lumbar Botox injection x1

Decision

I agree with the carrier's decision to deny the requested treatment.

Rationale

Based on the records presented for this review, any relief of symptoms from Botox would probably be very transitory for this patient. A more definitive evaluation of possible surgery, especially at the L5-S1 level would be reasonable despite the patient's obesity and diabetes. The previous operation was successful, leaving the patient pain free for about five years. Facet injections have also been successful with this patient, and may be more beneficial than Botox. Weight loss is also another therapeutic consideration.

This medical necessity decision by an Independent Review Organization is deemed to be a Commission decision and order.

YOUR RIGHT TO REQUEST A HEARING

Either party to medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **10** (ten) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for a hearing and a **copy of this decision** must be sent to:

Chief Clerk of Proceedings / Appeals Clerk
P.O. Box 17787
Austin, Texas 78744
Fax: 512-804-4011

The party appealing this decision shall deliver a copy of its written request for a hearing to other party involved in this dispute.

In accordance with Commission Rule 102.4 (b), I hereby certify that a copy of this Independent Review Organization (IRO) decision was sent to the carrier and the requestor or claimant via facsimile or US Postal Service from the office of the IRO on this 29th day of December 2003.