

NOTICE OF INDEPENDENT REVIEW DECISION

Date: June 20, 2003

RE: MDR Tracking #: M2-03-1061-01
IRO Certificate #: 5242

_____ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to _____ for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

_____ has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by an Orthopedic Surgeon physician reviewer who is board certified in Orthopedic Surgery. The Orthopedic Surgeon physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

Clinical History

The claimant reportedly sustained a compensable injury to the thoracic spine, cervical spine from blunt trauma on or about _____. The claimant complains of mid-thoracic spine pain with radiating pain extending up to the cervical spine. The claimant also complains of headaches and "feeling light headed". Extensive work up has been essentially negative with negative plain films, MRI showing "minimal bulging" of discs, electromyogram/nerve conduction study showing no evidence of cervical radiculopathy, and a negative myelogram. The claimant has had extensive chiropractic treatment.

Requested Service(s)

Cervical discogram at C4/5, C5/6 and C6/7

Decision

I agree with the insurance carrier that the requested intervention is not medically necessary.

Rationale/Basis for Decision

There is no documentation supporting a diagnosis of cervical radiculopathy. There is no significant pathology documented in the cervical spine. A significant component of the claimant's symptomatology relates to a thoracic spine condition and the cervical discogram does not address this condition. A significant portion of the claimant's symptomatology is central nervous system disorder with dizziness and headaches. It is not clear how a discogram address this condition. There is no documentation of exhaustion of conservative measures including medications (nonsteroidal anti-inflammatory medications, steroidal), conventional physical therapy, or epidural steroid injections.

YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10** (ten) days of your receipt of this decision (20 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This Decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for hearing should be sent to: Chief Clerk of Proceedings, Texas Workers' Compensation Commission, P.O. Box 40669, Austin, Texas, 78704-0012. **A copy of this decision should be attached to the request.**

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute (Commission Rule 133.308 (t)(2)).

This decision by the IRO is deemed to be a TWCC decision and order.