

MDR Tracking Number: M5-03-1741-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective January 1, 2003 and Commission Rule 133.305 and 133.308 titled Medical Dispute Resolution by Independent Review Organizations, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent.

The Division has reviewed the enclosed IRO decision and determined that **the requestor did not prevail** on the issues of medical necessity. The IRO agrees with the previous adverse determination that the diathermy treatment, ultrasound therapy, therapeutic exercises, therapeutic activities, and aquatic therapy were not medically necessary. Therefore, the requestor is not entitled to reimbursement of the IRO fee.

Based on review of the disputed issues within the request, the Division has determined that the diathermy treatment, ultrasound therapy, therapeutic exercises, therapeutic activities, and aquatic therapy were the only fees involved in the medical dispute to be resolved. As the treatment was not found to be medically necessary, reimbursement for dates of service from 4/1/02 through 5/3/02 is denied and the Division declines to issue an Order in this dispute.

This Decision is hereby issued this 1<sup>st</sup> day of July 2003.

Medical Dispute Resolution Officer  
Medical Review Division

MQO/mqo

June 30, 2003

Re: Medical Dispute Resolution  
MDR #: M5-03-1741-01  
IRO#: 5055

\_\_\_ has performed an independent review of the medical records of the above-named case to determine medical necessity. In performing this review, \_\_\_ reviewed relevant medical records, any documents provided by the parties referenced above, and any documentation and written information submitted in support of the dispute.

The independent review was performed by a matched peer with the treating health care provider. This case was reviewed by a physician who is certified in Orthopedic Surgery.

Clinical History:

The claimant's work-related injury on \_\_\_\_ resulted in a shoulder decompression on \_\_\_\_ . She began physical therapy on 01/09/02.

Disputed Services:

Physical therapy treatment during the period of 04/01/02 through 05/03/02.

Decision:

The reviewer agrees with the determination of the insurance carrier. The reviewer is of the opinion that the physical therapy in question was not medically necessary in this case.

Rationale for Decision:

The patient did, appropriately, undergo three months of physical therapy. Following that period of post-op therapy, she should begin a regimen of home exercises.

I am Secretary and General Counsel of \_\_\_\_ and I certify that the reviewing healthcare professional in this case has certified to our organization that there are no known conflicts of interest that exist between him and any of the treating physicians or other health care providers or any of the physicians or other health care providers who reviewed this case for determination prior to referral to the Independent Review Organization.

Sincerely,