



IRO REVIEWER REPORT – WC

DATE OF REVIEW: 04/12/16

IRO CASE #:

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE

Right knee diagnostic arthroscopy (with any meniscal/chondral work), Medial patellofemoral ligament reconstruction with Allograft, as Outpatient

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

Board certified in Orthopedic Surgery

REVIEW OUTCOME

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

- Upheld (Agree)
- Overturned (Disagree)
- Partially Overturned (Agree in part/Disagree in part)

Provide a description of the review outcome that clearly states whether or not medical necessity exists for each of the health care services in dispute:

- Right knee diagnostic arthroscopy (with any meniscal/chondral work), Medial patellofemoral ligament reconstruction with Allograft, as Outpatient - Upheld

PATIENT CLINICAL HISTORY [SUMMARY]:

The injured worker is XX years old who, with a slip and fall on a wet floor, sustained injuries to the left and right knees. The physical examination reveals tenderness about the medial patellar facet, with positive patellar apprehension right. There is no deformity noted. Active range of motion of the right knee is normal. There is no tenderness through the medial retinaculum. There is no documentation of joint line pain other than anterior compartment pain with positive provocation only for patellofemoral pain, Normal strength is noted. No significant patellar instability is documented The MRI of the knee notes that the patella tendon is intact, with no signal abnormalities. Symptoms were dressed in

physical therapy; there is no evidence the injured worker has continued exercise program.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

Although lateral tilt of the patella is present to a mild to moderate degree, there are no cartilage abnormalities seen in the patellofemoral joint. Therefore, there is no medical necessity for diagnostic arthroscopy and medial patellofemoral ligament reconstruction. There are no specific findings on physical examination that document any abnormalities with patellar alignment, movement or instability. There is no evidence that surgical intervention is indicated at this time, and therefore the prior determinations are upheld.

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- MEDICAL JUDGMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS**
- ODG - OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES**