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IRO Certificate #

DATE OF REVIEW: 10/06/15

IRO CASE NO.

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE
50 units Botox Injection into Right Trapezius, CPT: J0585, 64615

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION
Physician Board Certified in Physical Medicine & Pain Management

REVIEW OUTCOME

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld	(Agree) <input checked="" type="checkbox"/>
Overtaken	(Disagree)
Partially Overtaken	(Agree in part/Disagree in part)

PATIENT CLINICAL HISTORY SUMMARY

Patient was injured in xxxx while xxxx. The xxxxx rolled and the lid hit the patient's head causing her to fall on the ground. Per, MRI of the cervical spine on xxxxx showed a right sided disc bulge at C5-6 causing mild right neural foraminal narrowing. I have available an MRI of the C spine report from 2/27/14, which showed C5-6 mild subluxation with a 3mm disc herniation at C5-6 and a C6-7 disc bulge both flattening the thecal sac WITHOUT foraminal narrowing. On 10/16/12, she was seen by who diagnosed her with "post traumatic right upper extremity neuropathy and right shoulder rotator cuff tendinopathy". Apparently, according to 11/02/12 note, EMG.NCS showed no evidence for compression neuropathy. She was prescribed Valium, Voltaren Gel, Flexeril, and Norco. On 12/21/12, she received a shoulder injection. At that time, assessed her as having "work related right shoulder contusion, mild rotator cuff tendinopathy". Patient was referred to pain management on 3/08/13. According to notes, she received two injections into the cervical spine on 10/21/13 and 11/18/13 with 0% pain relief. On 3/04/14, she was referred to a spine surgeon for consultation for her neck pain. On her visit on 7/17/15, she complained of right neck, shoulder, and arm pain. He diagnosed her with "*right shoulder contusion, trapezius muscle mid-section area tenderness/hardening, consistent with spastic muscle...patient will benefit from 50 units of botox injections into spastic portion of the right trapezius muscle once a week for 3 weeks*".

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS, AND CONCLUSIONS USED TO SUPPORT THE DECISION (continuation)

Opinion: I agree with the benefit company's decision to deny the requested service.

Rationale: This review pertains to the need for botulinum toxin injection into a spastic muscle. Official Disability Guidelines (ODG) recommends use of botulinum toxin injection in cervical dystonia of moderate or greater severity with clonic and/or tonic involuntary contractions of multiple neck muscles with sustained head torsion and/or tilt with limited ROM in the neck. There is no clinical documentation that this patient has cervical dystonia. Furthermore, even if botulinum toxin injections were needed, it would not be standard of care to do 3 injections one week apart as the duration of effect of botulinum toxin is at least 3 months.

DESCRIPTION AND SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE

THE DECISION

ACOEM-AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL
MEDICINE UM KNOWLEDGE BASE

AHCPR-AGENCY FOR HEALTH CARE RESEARCH & QUALITY GUIDELINES

DWC-DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

INTERQUAL CRITERIA

**MEDICAL JUDGEMENT, CLINICAL EXPERIENCE & EXPERTISE IN ACCORDANCE WITH
ACCEPTED MEDICAL STANDARDS X**

MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

MILLIMAN CARE GUIDELINES

ODG-OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES X

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

TEXAS TACADA GUIDELINES

TMF SCREENING CRITERIA MANUAL

PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES
(PROVIDE DESCRIPTION)