

SENT VIA EMAIL OR FAX ON

Oct/05/2010

P-IRO Inc.

An Independent Review Organization

1301 E. Debbie Ln. Ste. 102 #203

Mansfield, TX 76063

Phone: (817) 405-0878

Fax: (214) 276-1787

Email: resolutions.manager@p-iro.com

NOTICE OF INDEPENDENT REVIEW DECISION

DATE OF REVIEW:

Oct/05/2010

IRO CASE #:

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE:

Psychological Tests (3 hours) including MBMD, BHI-2

DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION:

Clinical psychologist; Member American Academy of Pain Management

REVIEW OUTCOME:

Upon independent review, the reviewer finds that the previous adverse determination/adverse determinations should be:

Upheld (Agree)

Overturned (Disagree)

Partially Overturned (Agree in part/Disagree in part)

INFORMATION PROVIDED TO THE IRO FOR REVIEW

OD Guidelines; Denial Letters 8/11/10 and 9/10/10; Injury 7/29/10-9/7/10; Dr. 6/17/10-8/26/10; Hospital 7/9/10

PATIENT CLINICAL HISTORY SUMMARY

The claimant is a male who was injured at work on xx/xx/xx. At the time of the injury, he was performing his usual job duties as a. Claimant reports that he injured his right shoulder when he slipped and fell on the sidewalk at work. Patient established care with Dr., and was recently returned to work with restrictions. Claimant has received the following diagnostics and treatments to date: x-rays, MRI (positive), physical therapy (6 sessions completed), and medications management to include Vicodin. He is currently diagnosed with rotator cuff tear, right shoulder pain/sprain, and R/O 307.9 pain disorder. Medical note of 8/26/10 states patient "has good range of motion to the right shoulder but still has a moderate amount of pain ...He is at work, though, without any difficulty. Treating physician referred the patient for a psychological evaluation to assess appropriateness for behavioral intervention. Current request is for 3 hours of testing to include MBMD and BHI-2.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDING CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION

Mental status exam revealed an alert and oriented x 5 patient whose mood was euthymic and affect appropriate to content. His thought process was goal-directed and judgment, insight, and impulse control were all noted as good. No current risk factors were indicated. BDI was normal and BAI was mild. Latest medical note shows that patient has responded well to interventions to date, and is back to performing his old job with his employer. Patient does not currently appear to be experiencing pain and disability after a usual course of recovery. As such, psychological testing is not considered medically reasonable or necessary at this time.

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL

BASIS USED TO MAKE THE DECISION

ACOEM-AMERICA COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE

AHCPR-AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES

DWC-DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES

EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN

INTERQUAL CRITERIA

MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS

MERCY CENTER CONSENSUS CONFERENCE GUIDELINES

MILLIMAN CARE GUIDELINES

ODG-OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES

PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR

TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS

TEXAS TACADA GUIDELINES

TMF SCREENING CRITERIA MANUAL

PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)

OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)