

Parker Healthcare Management Organization, Inc.

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DATE OF REVIEW: MAY 1, 2007

IRO CASE #:

DESCRIPTION OF THE SERVICE OR SERVICES IN DISPUTE

Medical necessity of Rt shoulder arthroscopy w/ bursetomy and labral repair (29826)

A DESCRIPTION OF THE QUALIFICATIONS FOR EACH PHYSICIAN OR OTHER HEALTH CARE PROVIDER WHO REVIEWED THE DECISION

This case was reviewed by a Medical Doctor licensed by the Texas State Board of Medical Examiners. The reviewer specializes in orthopedic surgery and is engaged in the full time practice of medicine.

REVIEW OUTCOME

Upon independent review the reviewer finds that the previous adverse determination/adverse determinations should be:

- Upheld (Agree)
- Overturned (Disagree)
- Partially Overturned (Agree in part/Disagree in part)

Primary Diagnosis	Service being Denied	Billing Modifier	Type of Review	Units	Date(s) of Service	Amount Billed	Date of Injury	DWC Claim#	IRO Decision
840.9	29826		Prosp						Overturn

INFORMATION PROVIDED TO THE IRO FOR REVIEW

TDI-HWCN-Request for an IRO

Respondent records- a total of 49 pages of records received to include but not limited to:

DWC 73, transcription, 12.4.06-3.2.07; MRI Rt/LT shoulder, 2.27.07, Note, Dr. 3.6.07

Requestor records- a total of 8 pages of records received to include but not limited to: PHMO Notice of IRO, MRI Rt/Lt Shoulder, 2.27.07; Note, Dr. 3.6.07; DWC 73

PATIENT CLINICAL HISTORY [SUMMARY]:

The patient sustained a work related on the job injury. She fell at work and injured her right shoulder.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION. IF THERE WAS ANY DIVERGENCE FROM DWC'S POLICIES/GUIDLEINES OR THE NETWORK'S TREATMENT GUIDELINES, THEN INDICATE BELOW WITH EXPLANATION.

I have reviewed the available information, from a medical point of view, and I conclude that the requested procedure of shoulder arthroscopy with debridement and labral repair is medically necessary.

This is supported by articles in the American Journal of Sports Medicine including: Article #1, "Prospective Evaluation of Arthroscopic Stabilization of Acute, Initial Anterior Shoulder Dislocation in Young Athletes." This article is In the American Journal of Sports Medicine, Vol. 29, #5, 2001.

The second article is "A Prospective Randomized Evaluation of Arthroscopic Stabilization vs. Nonoperative Treatment in Patients with Acute, Traumatic, First-Time Shoulder Dislocations." This article is in the American Journal of Sports Medicine, Vol. 30, #5, 2002.

Based upon a review of these articles, there is an indication for consideration of surgery in patients with first-time shoulder dislocations. It appears that the patient is continuing to have signs and symptoms suggestive of instability and pain due to the Hill Sachs lesion and associated labral tear. Because of this, **the determination or the URA denial is overturned.**

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE
- AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN
- INTERQUAL CRITERIA
- XX MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES
- MILLIMAN CARE GUIDELINES
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS
- TEXAS TACADA GUIDELINES
- TMF SCREENING CRITERIA MANUAL
- XX PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (American Journal of Sports Medicine, Vol. 29, #5, 2001; American Journal of Sports Medicine, Vol. 30, #5, 2002)
- OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)