

PATIENT CLINICAL HISTORY [SUMMARY]:

Patient sustained a back injury on xx/xx/xx. Records indicate he received treatment including medication, physical therapy and individual psychotherapy. These treatment records were not submitted for review. Notes on 4/17/07 that the patient is on Motrin, Skelaxin, and Ultracet. Dr. documents on 5/18/07 that the patient is on Cymbalta. Also, the patient has moderate anxiety and depression symptoms persisting. Request for CPMP were denied and an appeal upheld that denial.

ANALYSIS AND EXPLANATION OF THE DECISION INCLUDE CLINICAL BASIS, FINDINGS AND CONCLUSIONS USED TO SUPPORT THE DECISION.

FROM THE RECORDS SUBMITTED, IT IS NOT CLEAR OR CONCLUSIVE THAT CONSERVATIVE TREATMENT HAS BEEN ADEQUATELY ATTEMPTED AND FAILED PRIOR TO CONSIDERATION FOR A CPMP. FURTHERMORE, DR. POINTS OUT MULTIPLE ISSUES CONCERNING SECONDARY GAINS THAT WOULD PRECLUDE ELIGIBILITY FOR THIS TYPE OF PROGRAM. LASTLY, THE PATIENT HAS SIGNIFICANT PSYCHIATRIC SYMPTOMS AND ISSUES THAT NEED TO BE ADDRESSED BEFORE HE WOULD BE AN APPROPRIATE CANDIDATE FOR THIS TYPE OF PROGRAM WHICH IS PHYSICALLY AND MENTALLY TAXING.

A DESCRIPTION AND THE SOURCE OF THE SCREENING CRITERIA OR OTHER CLINICAL BASIS USED TO MAKE THE DECISION:

- ACOEM- AMERICAN COLLEGE OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE UM KNOWLEDGEBASE**
- AHCPR- AGENCY FOR HEALTHCARE RESEARCH & QUALITY GUIDELINES**
- DWC- DIVISION OF WORKERS COMPENSATION POLICIES OR GUIDELINES**
- EUROPEAN GUIDELINES FOR MANAGEMENT OF CHRONIC LOW BACK PAIN**
- INTERQUAL CRITERIA**
- MEDICAL JUDGEMENT, CLINICAL EXPERIENCE AND EXPERTISE IN ACCORDANCE WITH ACCEPTED MEDICAL STANDARDS**
- MERCY CENTER CONSENSUS CONFERENCE GUIDELINES**
- MILLIMAN CARE GUIDELINES**
- ODG- OFFICIAL DISABILITY GUIDELINES & TREATMENT GUIDELINES**
- PRESSLEY REED, THE MEDICAL DISABILITY ADVISOR**
- TEXAS GUIDELINES FOR CHIROPRACTIC QUALITY ASSURANCE & PRACTICE PARAMETERS**
- TEXAS TACADA GUIDELINES**
- TMF SCREENING CRITERIA MANUAL**
- PEER REVIEWED NATIONALLY ACCEPTED MEDICAL LITERATURE (PROVIDE A DESCRIPTION)**
- OTHER EVIDENCE BASED, SCIENTIFICALLY VALID, OUTCOME FOCUSED GUIDELINES (PROVIDE A DESCRIPTION)**