



TEXAS DEPARTMENT OF INSURANCE

Compliance Division - Consumer Protection (111-1A)
333 Guadalupe, Austin, Texas 78701 \* PO Box 149091, Austin, Texas 78714-9091
(800) 252-3439 | F: (512) 490-1007 | TDI.texas.gov | @TexasTDI

Get help with a surprise bill you got from a health care provider

Mediation for a health insurance claim

- 1. Fill out this form and return it: (a) by email at ConsumerProtection@tdi.texas.gov, or (b) by using the fax number or address listed at the top of this form.
2. Fill out and send the "Approval to share your health information and other private facts" section that is at the end of this form.
3. Send a copy of your bill and explanation of benefits with this form.

Person who got the care (patient)

Form with fields: Name (first, middle, last), Daytime phone number, Email address (optional), Mailing address, City, state, ZIP code

Attorney or representative Information (if you have one)

Form with fields: Name (first, middle, last), Phone number, Mailing address, City, state, ZIP code

Insurer or health plan administrator

Form with fields: Name, Phone number, Mailing address, City, state, ZIP code, Policyholder name, if different from the person who got the care, Group policy number, Enrollee (person who got the care) or subscriber number, Claim number assigned by insurer or administrator

Doctor or health care provider who billed you and is not in your health plan's network

Form with fields: Name (first and last name), Phone number, Mailing address, City, state, ZIP code, Dates of service on bill, Billed amount (don't include copays, deductibles, coinsurance, or amounts paid directly to you by an insurer or administrator)

Place where you got the care

Form with fields: Name, Phone number, Mailing address, City, state, ZIP code

Briefly tell us about your claim dispute (you must fill this out).

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I certify that the information above is true and correct.

(Please type your name on all signature lines in this document if you're filling out electronically.)

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Person who got the care or legal representative

Date

# Approval to share your health information and other private facts

## Authorization to disclose information

You filled out a form asking for help with a surprise bill you got from a health care provider. To help you, we might need to share information you gave us. Some of the information we need to share might be: (1) about your health, and (2) facts that ID you, for example, your address and birth date. By law, we need your approval to share this information.

### ► Who can get and use your information?

By signing this form, you allow us to share your information with those involved in your case. This can include all of the people and organizations listed on the forms you filled out asking for help and the following and their representatives:

- The hospital, clinic, emergency care provider, or other provider where you got services or supplies.
- Your health benefit plan's insurer or administrator.
- The State Office of Administrative Hearings and anyone they ask to work on your case.

### ► What can be shared?

By signing this form, you allow TDI to share: (1) the information you filled out on the form asking for help, (2) your health information, and (3) other private facts.

To allow us to share the following information, you must sign or type your name next to each item:

- \_\_\_\_\_ Mental health records (doesn't include psychotherapy notes)
- \_\_\_\_\_ Genetic information and test results
- \_\_\_\_\_ Drug, alcohol, or substance abuse records
- \_\_\_\_\_ HIV/AIDS test results and treatment
- \_\_\_\_\_ Motor vehicle records

### ► When will this approval end?

This approval will end if:

- The person who asked for our help turns 18 years old (the complaint was filed for a person age 17 or younger).
- The person who asked for our help tells us they no longer want our help.
- The person who asked for our help dies.
- The law about how we can help with surprise bills ends. (The law and rules can be found in Texas Insurance Code 1467).
- You enter an end date for this agreement here (this is optional): \_\_\_\_\_

Month (MM) / Day (DD) / Year (YYYY)

**► What are your rights?**

**You have the right to see and get facts we have about you:** If you want to get information we have about you, you must ask us in writing. You might need to pay to get a copy of this information. You can send your letter or email one of these ways:

**Email:** OpenRecords@tdi.texas.gov

**Fax:** 512-490-1021

**In person:** 333 Guadalupe, Austin, Texas 78701

**Mail:** Public Information Coordinator, MC 110-1C

Texas Department of Insurance

PO Box 149104

Austin, Texas 78714-9104

**You have the right to ask that we fix information we have about you that is wrong:** If you want to ask that we fix information we have about you that is wrong, you must ask us in writing. The letter or email must have: (1) your name and mailing address, (2) your phone number, (3) details about what needs to be fixed, and (4) the reason or proof showing why the information is wrong. You can send your letter or email one of these ways:

**Email:** RecordCorrections@tdi.texas.gov

**Fax:** 512-490-1025

**In person:** 333 Guadalupe, Austin, Texas 78701

**Mail:** Record Correction Request, MC 113-1C

Texas Department of Insurance

PO Box 149104

Austin, Texas 78714-9104

**You have the right to cancel or change this approval:** If you want to cancel this approval or change who can get your health information and other private facts, you must ask us in writing. You can email ConsumerProtection@tdi.texas.gov or send a letter to the address or fax number at the top of this form. Please note that any actions taken and information shared before we get your letter or email are covered by this signed agreement.

**► Sign below to show you:**

- agree to allow TDI to share my health information and other private facts as listed on this form.
- know TDI might share my information with organizations that are covered in Texas Health and Safety Code section 181.154(c).
- know TDI is not responsible for health information or private facts shared by the people or other organizations listed on this form.

\_\_\_\_\_  
Person who has the complaint or their authorized representative

\_\_\_\_\_  
Date

**If an authorized representative signs this form:**

1. Print their name: \_\_\_\_\_

2. How are they related to the person with the complaint:

Parent      Guardian      Other please list: \_\_\_\_\_

**If the complaint is on behalf of a person who is age 17 or younger,** that person must sign here to allow us to share facts about: (1) birth control / reproductive care; (2) sexually transmitted diseases; (3) drug, alcohol, or substance abuse; and (4) mental health treatment.

\_\_\_\_\_  
Person who is age 17 or younger

\_\_\_\_\_  
Date